



GRAND PRIX PUCHAR POLSKI
Opole, 16- - 17-4-2016

Event 20	Men, 200m Backstroke				14 years and older
2016-04-16 - 20:29	Sponsor K. Skrzypek Prezes Energopol Trade Opole				Results
Rekord Polski Open	1:54.24	Kaw cki Radosław	00304	Barcelona (ESP)	2013-08-02
Rekord Polski 14	2:09.94	Skierka Jakub	02010	Berlin (GER)	2012-12-16
Rekord Polski 15	2:05.41	Skierka Jakub	02010	Berlin (GER)	2013-12-22
Rekord Polski 16	2:02.82	Kaw cki Radosław	00304	Gorzow Wlkp.	2007-11-29
Rekord Polski 17	1:59.78	Skierka Jakub	02010	Baku (AZE)	2015-06-26
Rekord Polski 18	1:55.60	Kaw cki Radosław	00304	Rome (ITA)	2009-07-31

Points: FINA 2015

Rank	YB		Time	Pts	50m	100m	150m	200m
14 years								
1.	02	WKS Slask Wroclaw	2:25.82	452	35.09	37.89	37.42	35.42
2.	02	UKS 190 Lodz	2:26.35	447	34.68	37.48	38.74	35.45
3.	02	MKS-SMS Victoria Raciborz	2:26.94	441				
4.	02	Iskra Konin	2:28.48	428	34.36	38.64	38.45	37.03
5.	02	UKS SP 149 Lodz	2:29.37	420	34.78	38.36	39.49	36.74
6.	02	UKP UNIA Oswiecim	2:30.86	408	37.24	38.43	38.50	36.69
7.	02	UKP UNIA Oswiecim	2:31.40	403	34.78	39.35	39.50	37.77
8.	02	UKS SP 149 Lodz	2:32.05	398	35.58	40.18	38.72	37.57
9.	02	UKS Orka Luban	2:32.63	394	35.94	38.53	39.55	38.61
10.	02	UKS NAWA Skierniewice	2:35.93	369	36.53	39.92	42.13	37.35
11.	02	CSiR MOS Dabrowa Gornic	2:38.88	349	36.67	40.99	41.62	39.60
12.	02	MKS Znicz Koszalin	2:40.31	340	36.69	40.98	41.41	41.23
13.	02	CSiR MOS Dabrowa Gornic	2:41.15	334	39.12	40.50	41.38	40.15
14.	02	KS REKIN Swiebodzice	2:42.07	329	36.77	41.61	42.90	40.79
15.	02	UKP UNIA Oswiecim	2:42.22	328	39.37	41.15	41.45	40.25
16.	02	MMKS Kedzierzyn-Kozle	2:44.20	316	38.68	42.12	42.06	41.34
17.	02	UKS Aligator Gorzyce	2:45.62	308	39.86	42.60	42.83	40.33
18.	02	UKP UNIA Oswiecim	2:45.66	308	39.06	42.92	42.65	41.03
19.	02	WKS Slask Wroclaw	2:48.16	294	39.29	43.45	42.89	42.53

15 years								
1.	01	BUKS Warszawa	2:11.56	615	29.87	33.86	34.54	33.29
2.	01	UKS SMS Galicja Krakow	2:12.49	602	29.85	34.51	35.21	32.92
3.	01	WKS Slask Wroclaw	2:15.35	565	32.16	35.31	34.51	33.37
4.	01	KS Piatka Chorzow	2:20.33	507	33.23	35.73	36.70	34.67
5.	01	UKS Salmo Zory	2:21.02	499	32.09	36.07	37.30	35.56
6.	01	UKS SP 149 Lodz	2:21.06	499	32.02	36.18	36.97	35.89
7.	01	UKS SMS Galicja Krakow	2:24.49	464	33.47	36.83	37.34	36.85
8.	01	MKS Znicz Koszalin	2:24.53	464	34.34	36.60	38.21	35.38
9.	01	WKS Slask Wroclaw	2:24.77	462	34.12	36.95	38.09	35.61
10.	01	WKS Slask Wroclaw	2:25.78	452	35.09	36.83	37.54	36.32
11.	01	UKS Salmo Zory	2:26.02	450	33.69	36.83	37.83	37.67
12.	01	UKP MANTA Jelcz-Laskowic	2:26.86	442	34.46	37.73	38.32	36.35
13.	01	WKS Slask Wroclaw	2:26.99	441	34.58	37.37	38.23	36.81
14.	01	KKS Wlokniarz 1925 Kalisz	2:27.34	438	33.68	38.62	38.73	36.31
15.	01	MKS Znicz Koszalin	2:27.60	435	33.43	38.22	38.29	37.66
16.	01	JAGIELLONKA Warszawa	2:27.68	435	33.53	37.40	38.77	37.98
17.	01	UKS Salmo Zory	2:27.73	434	34.48	38.18	39.14	35.93
18.	01	CSiR MOS Dabrowa Gornic	2:27.73	434	35.12	38.24	38.67	35.70
19.	01	WKS Slask Wroclaw	2:29.14	422	35.39	38.03	38.49	37.23
20.	01	UKP UNIA Oswiecim	2:30.94	407	34.69	38.93	39.25	38.07



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Event 20, Boys, 200m Backstroke, 15 years

Rank	YB		Time	Pts	50m	100m	150m	200m	
21.	Marciow Jakub	01	WKS Slask Wroclaw	2:32.38	396	34.69	39.10	39.13	39.46
22.	Kaminski Damian	01	MKS Znicz Koszalin	2:32.63	394	34.23	38.88	39.82	39.70
23.	Janecki Mateusz	01	MKS Palac Mlodziezy Katow	2:38.21	354	37.15	39.82	41.62	39.62
24.	Puzio Radoslaw	01	UKS Orka Luban	2:38.43	352	36.09	40.83	41.86	39.65
25.	Uryga Bartlomiej	01	UKS Salmo Zory	2:38.66	351	36.86	39.88	41.28	40.64
26.	Krysiak Michal	01	MKS Trojka Lodz	2:38.72	350	38.30	40.58	40.86	38.98
27.	Piotrowski Natan	01	UKS Salmo Zory	2:39.82	343	37.00	41.50	41.96	39.36
DSQ	Koscielak Jacek	01	Zryw Opole						

G 1 - Głowa pływaka nie złamała powierzchni wody przed lub na linii 15 m

16 years

1.	Kedzia WIKTOR SSZ	00	MKP Szczecin	2:13.01	595	30.78	34.05	35.40	32.78
2.	Miciul Michal SMS ZG	00	Towarzystwo Plywackie Ziel	2:13.59	588	31.76	34.59	34.08	33.16
3.	Pawlaczyk Patryk	00	UKS 190 Lodz	2:15.12	568	31.31	35.42	36.03	32.36
4.	Balcerak Jakub	00	MKS Trojka Lodz	2:15.57	562	31.23	34.67	35.81	33.86
5.	Manka Filip	00	UKS 190 Lodz	2:17.23	542	32.29	35.56	35.45	33.93
6.	Opolka Kacper SO	00	UKP UNIA Oswiecim	2:17.30	541	33.29	35.59	35.56	32.86
7.	Kapias Michal	00	SiKReT Gliwice	2:20.15	509	31.46	35.90	36.79	36.00
8.	Hano Grzegorz	00	WKS Slask Wroclaw	2:20.30	507	33.55	35.78	36.17	34.80
9.	Dabrowski Patryk	00	WKS Slask Wroclaw	2:20.44	506	32.08	35.69	36.61	36.06
10.	Slominski Sebastian	00	KS REKIN Swiebodzice	2:20.61	504	32.98	35.95	36.94	34.74
11.	Bielski Jakub	00	MKS 9 Dzierzoniow	2:21.37	496	31.76	35.93	37.18	36.50
12.	Dominiak Kacper	00	WKS Slask Wroclaw	2:24.03	469	34.63	36.84	37.52	35.04
13.	Niedziela Hubert SO	00	UKP UNIA Oswiecim	2:26.25	448	34.80	37.58	37.19	36.68
14.	Greczanik Pawel SO	00	UKP UNIA Oswiecim	2:29.74	417	35.50	38.17	39.82	36.25
15.	Henke Marek SO	00	UKP UNIA Oswiecim	2:33.80	385	35.66	40.64	40.64	36.86
16.	Chmielowiec Mateusz	00	UKS NAWA Skierniewice	2:37.07	361	36.26	41.42	41.81	37.58

17 - 18 years

1.	Skierka Jakub	98	Trops Kartuzy	2:04.21	731	29.23	31.78	32.39	30.81
2.	Danilewski Maciej SOL	98	MKS Juvenia Bialystok	2:06.85	686	29.52	32.63	32.53	32.17
3.	Niedzialek Dominik SL	98	UKS Skarpa Lublin	2:08.85	655	30.57	33.19	33.04	32.05
4.	Bujak Dominik	99	Salos Cortile Kielce	2:09.98	638	31.33	33.46	33.43	31.76
5.	Chmielewski Jakub	99	WKS Slask Wroclaw	2:10.22	634	31.07	32.82	33.30	33.03
6.	Cecere Marco	99	KKS Wlokniarz 1925 Kalisz	2:13.34	591	31.13	33.64	34.54	34.03
7.	Bryla Kamil SL	99	AZS UMCS Lublin	2:13.74	586	31.86	33.60	34.36	33.92
8.	Szczepanski Kacper	99	MKS - Astoria Bydgoszcz	2:14.05	581	31.77	34.47	34.82	32.99
9.	Glab Karol SO	99	KP Sokol Rzeszow	2:15.91	558	30.96	34.27	35.64	35.04
10.	Bodzioch ANDRZEJ SSZ	98	MKP Szczecin	2:15.98	557	32.73	35.56	36.71	30.98
11.	Blachura Patryk SO	99	Victoria Kozy	2:16.29	553	30.72	34.74	36.51	34.32
12.	Ciaston Sebastian SO	99	UKP UNIA Oswiecim	2:17.17	543	32.24	35.49	36.02	33.42
13.	Bieronski Michal	99	WKS Slask Wroclaw	2:17.79	535	31.83	35.49	35.36	35.11
14.	Dobrzynski Tomasz	98	UKS G-8 Bielany Warszawa	2:18.71	525	32.63	36.67	36.08	33.33
15.	Wlazlowski Damian SWw	99	MKS Polonia Warszawa	2:18.92	522	31.65	34.81	36.33	36.13
16.	Franke Pawel	99	UKS G-8 Bielany Warszawa	2:21.53	494	31.29	34.94	37.43	37.87
17.	Grabek Filip SL	99	AZS UMCS Lublin	2:21.67	493	32.79	35.84	36.84	36.20
18.	Sedlak Wiktor	99	Orka Zamosc	2:35.91	369	36.88	39.22	40.15	39.66



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14 years and older

1. Kawecki Radoslaw	91	AZS AWF Warszawa	2:00.73	796	27.78	30.25	31.32	31.38
2. Skierka Jakub	98	Trops Kartuzy	2:04.21	731	29.23	31.78	32.39	30.81
3. Morawski Krzysztof	94	AZS AWF Warszawa	2:05.32	712	29.00	32.66	33.56	30.10
4. Polewka Tomasz	94	AZS AWF Katowice	2:05.88	702	28.62	32.35	33.33	31.58
5. Danilewski Maciej SOL	98	MKS Juvenia Bialystok	2:06.85	686	29.52	32.63	32.53	32.17
6. Niedzialek Dominik SL	98	UKS Skarpa Lublin	2:08.85	655	30.57	33.19	33.04	32.05
7. Szwedzki Dawid	94	WKS Slask Wroclaw	2:08.91	654	30.99	32.41	33.18	32.33
8. Stec ADAM SSz	97	MKP Szczecin	2:09.88	639	30.62	32.63	33.60	33.03
9. Bujak Dominik	99	Salos Cortile Kielce	2:09.98	638	31.33	33.46	33.43	31.76
10. Chmielewski Jakub	99	WKS Slask Wroclaw	2:10.22	634	31.07	32.82	33.30	33.03
11. Karolczak Jan	01	BUKS Warszawa	2:11.56	615	29.87	33.86	34.54	33.29
12. Goraj Marcin	01	UKS SMS Galicja Krakow	2:12.49	602	29.85	34.51	35.21	32.92
13. Furman Lukasz	93	CSiR MOS Dabrowa Gornic	2:12.64	600	30.43	33.90	34.44	33.87
14. Kedzia WIKTOR SSz	00	MKP Szczecin	2:13.01	595	30.78	34.05	35.40	32.78
15. Kubkowski Bartlomiej	95	MTP KORMORAN Olsztyn	2:13.30	591	31.30	33.67	34.64	33.69
16. Cecere Marco	99	KKS Wlokniarz 1925 Kalisz	2:13.34	591	31.13	33.64	34.54	34.03
17. Marciow Mateusz	97	WKS Slask Wroclaw	2:13.57	588	31.46	33.22	34.68	34.21
18. Miciul Michal SMS ZG	00	Towarzystwo Plywackie Ziel	2:13.59	588	31.76	34.59	34.08	33.16
19. Bujak Piotr	97	Salos Cortile Kielce	2:13.67	586	32.21	34.05	34.22	33.19
20. Bryla Kamil SL	99	AZS UMCS Lublin	2:13.74	586	31.86	33.60	34.36	33.92
21. Szczepanski Kacper	99	MKS - Astoria Bydgoszcz	2:14.05	581	31.77	34.47	34.82	32.99
22. Balabuch Krystian	95	AZS-AGH Krakow	2:14.47	576	30.70	34.11	35.45	34.21
23. Pawlaczyk Patryk	00	UKS 190 Lodz	2:15.12	568	31.31	35.42	36.03	32.36
24. Piotrowski Kacper	01	WKS Slask Wroclaw	2:15.35	565	32.16	35.31	34.51	33.37
25. Balcerak Jakub	00	MKS Trojka Lodz	2:15.57	562	31.23	34.67	35.81	33.86
26. Glab Karol SO	99	KP Sokol Rzeszow	2:15.91	558	30.96	34.27	35.64	35.04
27. Bodzioch ANDRZEJ SSz	98	MKP Szczecin	2:15.98	557	32.73	35.56	36.71	30.98
28. Blachura Patryk SO	99	Victoria Kozy	2:16.29	553	30.72	34.74	36.51	34.32
29. Sobczyk Maciej	95	AZS-AGH Krakow	2:16.36	552	31.86	34.46	35.38	34.66
30. Ciaston Sebastian SO	99	UKP UNIA Oswiecim	2:17.17	543	32.24	35.49	36.02	33.42
31. Manka Filip	00	UKS 190 Lodz	2:17.23	542	32.29	35.56	35.45	33.93
32. Opolka Kacper SO	00	UKP UNIA Oswiecim	2:17.30	541	33.29	35.59	35.56	32.86
33. Bieronski Michal	99	WKS Slask Wroclaw	2:17.79	535	31.83	35.49	35.36	35.11
34. Suzin Marcin	93	AZS-AGH Krakow	2:17.88	534	32.64	35.22	35.85	34.17
35. Dobrzynski Tomasz	98	UKS G-8 Bielany Warszawa	2:18.71	525	32.63	36.67	36.08	33.33
36. Wlazlowski Damian SWw	99	MKS Polonia Warszawa	2:18.92	522	31.65	34.81	36.33	36.13
37. Kapias Michal	00	SiKReT Gliwice	2:20.15	509	31.46	35.90	36.79	36.00
38. Hano Grzegorz	00	WKS Slask Wroclaw	2:20.30	507	33.55	35.78	36.17	34.80
39. Szarpak Marcin	01	KS Piatka Chorzow	2:20.33	507	33.23	35.73	36.70	34.67
40. Dabrowski Patryk	00	WKS Slask Wroclaw	2:20.44	506	32.08	35.69	36.61	36.06
41. Slominski Sebastian	00	KS REKIN Swiebodzice	2:20.61	504	32.98	35.95	36.94	34.74
42. Jaworski Szymon	01	UKS Salmo Zory	2:21.02	499	32.09	36.07	37.30	35.56
43. Elgalal Sami	01	UKS SP 149 Lodz	2:21.06	499	32.02	36.18	36.97	35.89
44. Bielski Jakub	00	MKS 9 Dzierzoniow	2:21.37	496	31.76	35.93	37.18	36.50
45. Franke Pawel	99	UKS G-8 Bielany Warszawa	2:21.53	494	31.29	34.94	37.43	37.87
46. Grabek Filip SL	99	AZS UMCS Lublin	2:21.67	493	32.79	35.84	36.84	36.20
47. Dominiak Kacper	00	WKS Slask Wroclaw	2:24.03	469	34.63	36.84	37.52	35.04
48. Karwat Krzysztof	96	UKS NAWA Skierniewice	2:24.42	465	30.84	35.75	38.59	39.24
49. Dudzik Sebastian	01	UKS SMS Galicja Krakow	2:24.49	464	33.47	36.83	37.34	36.85
50. Szewczyk Bartosz	01	MKS Znicz Koszalin	2:24.53	464	34.34	36.60	38.21	35.38
51. Sznajder Filip	01	WKS Slask Wroclaw	2:24.77	462	34.12	36.95	38.09	35.61
52. Jochymek Oskar	01	WKS Slask Wroclaw	2:25.78	452	35.09	36.83	37.54	36.32



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Event 20, Men, 200m Backstroke, 14 years and older

Rank	YB		Time	Pts	50m	100m	150m	200m	
53.	Jackowski Tomasz	02	WKS Slask Wroclaw	2:25.82	452	35.09	37.89	37.42	35.42
54.	Milbrant Kacper	01	UKS Salmo Zory	2:26.02	450	33.69	36.83	37.83	37.67
55.	Niedziela Hubert SO	00	UKP UNIA Oswiecim	2:26.25	448	34.80	37.58	37.19	36.68
56.	Rajca Wiktor	02	UKS 190 Lodz	2:26.35	447	34.68	37.48	38.74	35.45
57.	Kwapisz Arkadiusz	01	UKP MANTA Jelcz-Laskowice	2:26.86	442	34.46	37.73	38.32	36.35
58.	Bubak Dawid SR	02	MKS-SMS Victoria Raciborz	2:26.94	441				
59.	Jozkow Cezary	01	WKS Slask Wroclaw	2:26.99	441	34.58	37.37	38.23	36.81
60.	Sip Michal	01	KKS Wloknarz 1925 Kalisz	2:27.34	438	33.68	38.62	38.73	36.31
61.	Grzybowski Artur	01	MKS Znicz Koszalin	2:27.60	435	33.43	38.22	38.29	37.66
62.	Czerwinski Lukasz	01	JAGIELLONKA Warszawa	2:27.68	435	33.53	37.40	38.77	37.98
63.	Pajaczkowski Olaf	01	UKS Salmo Zory	2:27.73	434	34.48	38.18	39.14	35.93
	Woloszyn Roman	01	CSiR MOS Dabrowa Gornice	2:27.73	434	35.12	38.24	38.67	35.70
65.	Waliszewski Piotr	02	Iskra Konin	2:28.48	428	34.36	38.64	38.45	37.03
66.	Zaremba Jakub	01	WKS Slask Wroclaw	2:29.14	422	35.39	38.03	38.49	37.23
67.	Blizniewski Franciszek	02	UKS SP 149 Lodz	2:29.37	420	34.78	38.36	39.49	36.74
68.	Greczanik Pawel SO	00	UKP UNIA Oswiecim	2:29.74	417	35.50	38.17	39.82	36.25
69.	Blachura Oskar SO	02	UKP UNIA Oswiecim	2:30.86	408	37.24	38.43	38.50	36.69
70.	Janik Jakub SO	01	UKP UNIA Oswiecim	2:30.94	407	34.69	38.93	39.25	38.07
71.	Alencynowicz Maciej SO	02	UKP UNIA Oswiecim	2:31.40	403	34.78	39.35	39.50	37.77
72.	Kusinski Aleksy	02	UKS SP 149 Lodz	2:32.05	398	35.58	40.18	38.72	37.57
73.	Marciow Jakub	01	WKS Slask Wroclaw	2:32.38	396	34.69	39.10	39.13	39.46
74.	Kaminski Damian	01	MKS Znicz Koszalin	2:32.63	394	34.23	38.88	39.82	39.70
	Cepuchowicz Jakub	02	UKS Orka Luban	2:32.63	394	35.94	38.53	39.55	38.61
76.	Henke Marek SO	00	UKP UNIA Oswiecim	2:33.80	385	35.66	40.64	40.64	36.86
77.	Sedlak Wiktor	99	Orka Zamosc	2:35.91	369	36.88	39.22	40.15	39.66
78.	Skowronek Hubert	02	UKS NAWA Skierniewice	2:35.93	369	36.53	39.92	42.13	37.35
79.	Chmielowiec Mateusz	00	UKS NAWA Skierniewice	2:37.07	361	36.26	41.42	41.81	37.58
80.	Janecki Mateusz	01	MKS Palac Mlodziezy Katowice	2:38.21	354	37.15	39.82	41.62	39.62
81.	Puzio Radoslaw	01	UKS Orka Luban	2:38.43	352	36.09	40.83	41.86	39.65
82.	Uryga Bartlomiej	01	UKS Salmo Zory	2:38.66	351	36.86	39.88	41.28	40.64
83.	Krysiak Michal	01	MKS Trojka Lodz	2:38.72	350	38.30	40.58	40.86	38.98
84.	Zak Maciej	02	CSiR MOS Dabrowa Gornice	2:38.88	349	36.67	40.99	41.62	39.60
85.	Piotrowski Natan	01	UKS Salmo Zory	2:39.82	343	37.00	41.50	41.96	39.36
86.	Krawczyk Eryk	02	MKS Znicz Koszalin	2:40.31	340	36.69	40.98	41.41	41.23
87.	Majka Maksymilian	02	CSiR MOS Dabrowa Gornice	2:41.15	334	39.12	40.50	41.38	40.15
88.	Tokarski Stanislaw	02	KS REKIN Swiebodzice	2:42.07	329	36.77	41.61	42.90	40.79
89.	Platek Maciej So	02	UKP UNIA Oswiecim	2:42.22	328	39.37	41.15	41.45	40.25
90.	Stanczyk Jarema So	02	MMKS Kedzierzyn-Kozle	2:44.20	316	38.68	42.12	42.06	41.34
91.	Nachlik Szymon	02	UKS Aligator Gorzyce	2:45.62	308	39.86	42.60	42.83	40.33
92.	Lewandowski Jakub So	02	UKP UNIA Oswiecim	2:45.66	308	39.06	42.92	42.65	41.03
93.	Kistowski Jakub	02	WKS Slask Wroclaw	2:48.16	294	39.29	43.45	42.89	42.53
DSQ	Koscielak Jacek	01	Zryw Opole						

G 1 - Głowa pływaka nie złamała powierzchni wody przed lub na linii 15 m