

II Krajowy Festiwal Polskiego Pływania w Opolu - Debiuty 2016  
Opole, 4-6-2016

Konkurencja 26 400m dowolny Open Wyniki  
2016-06-04 - 15:06

Top Times "Poland" Open	3:45.71	Stanczyk Przemyslaw	00116	Chiba (JPN)	2007-08-21
Top Times "Poland" Open	3:45.71	Stanczyk Przemyslaw	00116	Chiba (JPN)	2007-08-21
Top Times "Poland" - 11	4:50.21	Uryniuk Paweł	00414	Warsaw	2014-11-28
Top Times "Poland" 12	4:32.86	Pietrzak Dawid	01402	Warsaw	2009-12-04
Top Times "Poland" 13	4:18.98	Bernatowicz Sebastian	00802	Oswiecim	2007-07-07
Top Times "Poland" 14	4:08.01	Bernatowicz Sebastian	00802	Oswiecim	2008-07-05
Top Times "Poland" 15	4:01.28	Wojdak Wojciech	03106	Oswiecim	2011-07-16
Top Times "Poland" 16	3:56.47	Kału y ski Antoni	03914	Hodmezovasarhely (HUN)	2015-12-12
Top Times "Poland" 17	3:51.80	Wojdak Wojciech	03106	Poznan	2013-07-10
Top Times "Poland" 17	3:51.80	Wojdak Wojciech	03106	Poznan	2013-07-10
Top Times "Poland" 18	3:49.21	Wojdak Wojciech		Dordrecht (NED)	2014-07-09
Top Times "Poland" Open	4:04.23	Jedrzejczak Otylia	00114	Melbourne (AUS)	2007-03-25
Top Times "Poland" - 11	4:58.27	Knop Aleksandra	01605	Warsaw	2014-11-28
Top Times "Poland" 12	4:42.05	Kami ska Aleksandra	00414	Warsaw	2004-12-04
Top Times "Poland" 13	4:29.54	Olczak Mirela	00104	Gorzow	2006-11-25
Top Times "Poland" 14	4:16.54	Kilija ska Donata	00612	Tampere (FIN)	2009-07-20
Top Times "Poland" 15	4:16.70	Kilija ska Donata	00612	Helsinki (FIN)	2010-07-15
Top Times "Poland" 16	4:12.62	Zukowska Paula	00107	Doha (QAT)	2009-12-09
Top Times "Poland" 17	4:15.07	Kilija ska Donata	00612	Olsztyn	2012-05-14
Top Times "Poland" 18	4:16.05	Budzis Joanna	00914	Prague (CZE)	2008-06-21

Punkty: FINA 2015

Pozycja	Rok ur.				Czas	Pkt.
1. Roman Mateusz	00	Zryw Opole		<b>4:24.46</b>	576	
50m: 30.27 30.27	150m: 1:38.06 33.72	250m: 2:45.15 33.12	350m: 3:52.49 33.21			
100m: 1:04.34 34.07	200m: 2:12.03 33.97	300m: 3:19.28 34.13	400m: 4:24.46 31.97			
2. Szyndler Michał	00	Zryw Opole		<b>4:29.77</b>	542	
50m: 30.67 30.67	150m: 1:39.69 34.75	250m: 2:49.59 34.98	350m: 3:58.89 33.99			
100m: 1:04.94 34.27	200m: 2:14.61 34.92	300m: 3:24.90 35.31	400m: 4:29.77 30.88			
3. Szal Mateusz	00	Zryw Opole		<b>4:29.99</b>	541	
50m: 30.32 30.32	150m: 1:40.00 35.24	250m: 2:50.79 35.09	350m: 3:59.75 34.29			
100m: 1:04.76 34.44	200m: 2:15.70 35.70	300m: 3:25.46 34.67	400m: 4:29.99 30.24			
4. Lewandowski Michał	00	Zryw Opole		<b>4:31.54</b>	532	
50m: 30.90 30.90	150m: 1:40.40 34.94	250m: 2:51.05 34.99	350m: 3:59.93 34.20			
100m: 1:05.46 34.56	200m: 2:16.06 35.66	300m: 3:25.73 34.68	400m: 4:31.54 31.61			
5. Ziółkowski Norbert	01	Nowy KP Bielsko-Biała		<b>4:46.32</b>	454	
50m: 32.31 32.31	150m: 1:45.27 37.50	250m: 2:59.82 37.43	350m: 4:12.77 36.78			
100m: 1:07.77 35.46	200m: 2:22.39 37.12	300m: 3:35.99 36.17	400m: 4:46.32 33.55			
6. Ko cielak Jacek	01	Zryw Opole		<b>4:48.95</b>	441	
50m: 30.62 30.62	150m: 1:43.14 37.22	250m: 2:58.47 37.34	350m: 4:12.57 36.38			
100m: 1:05.92 35.30	200m: 2:21.13 37.99	300m: 3:36.19 37.72	400m: 4:48.95 36.38			
7. Roman Matylda	02	Zryw Opole		<b>4:50.56</b>	552	
50m: 32.74 32.74	150m: 1:45.90 37.19	250m: 3:00.27 36.84	350m: 4:14.54 36.99			
100m: 1:08.71 35.97	200m: 2:23.43 37.53	300m: 3:37.55 37.28	400m: 4:50.56 36.02			
8. Sproski Maciej	02	Zryw Opole		<b>5:01.42</b>	389	
50m: 34.08 34.08	150m: 1:50.89 38.96	250m: 3:08.89 39.22	350m: 4:24.78 37.92			
100m: 1:11.93 37.85	200m: 2:29.67 38.78	300m: 3:46.86 37.97	400m: 5:01.42 36.64			
9. Gabor Martyna	02	UKS Shark Rudna		<b>5:07.58</b>	465	
50m: 35.09 35.09	150m: 1:53.23 39.04	250m: 3:12.20 39.44	350m: 4:30.81 39.27			
100m: 1:14.19 39.10	200m: 2:32.76 39.53	300m: 3:51.54 39.34	400m: 5:07.58 36.77			
10. Rzadek Natalia	01	Nowy KP Bielsko-Biała		<b>5:08.35</b>	461	
50m: 35.61 35.61	150m: 1:55.50 39.80	250m: 3:16.57 40.21	350m: 4:33.24 37.01			
100m: 1:15.70 40.09	200m: 2:36.36 40.86	300m: 3:56.23 39.66	400m: 5:08.35 35.11			