

LETNIE MISTRZOSTWA POLSKI JUNIORÓW 17-18 lat  
Opole, 19- - 21-7-2016

Event 19 Women, 400m Freestyle 17 - 18 years  
2016-07-20 - 17:30 Results Finals

Rekord Polski Open	4:04.23	Jedrzejczak Otylia	00114	Melbourne (AUS)	2007-03-25
Rekord Polski 17	4:12.62	Ukowska Paula	00107	Doha (QAT)	2009-12-09
Rekord Polski 18	4:12.62	ukowska Paula	00107	Doha (QAT)	2009-12-09

Points: FINA 2015

Rank			YB					Time	Pts	
<b>Final A</b>										
1.	Piechota Paulina		99	UKS 190 Lodz				<b>4:18.76</b>	781	
	50m:	29.74 29.74	150m:	1:34.21	32.44	250m:	2:39.68	32.80	350m:	3:46.14 33.35
	100m:	1:01.77 32.03	200m:	2:06.88	32.67	300m:	3:12.79	33.11	400m:	4:18.76 32.62
2.	Janiszewska Dominika		99	AZS AWF Warszawa				<b>4:23.34</b>	741	
	50m:	31.25 31.25	150m:	1:36.63	32.80	250m:	2:43.64	33.44	350m:	3:50.44 33.06
	100m:	1:03.83 32.58	200m:	2:10.20	33.57	300m:	3:17.38	33.74	400m:	4:23.34 32.90
3.	Wojciechowska Joanna		98	LUKS Orlik Lublin				<b>4:24.93</b>	728	
	50m:	30.95 30.95	150m:	1:35.99	32.62	250m:	2:42.82	33.40	350m:	3:50.51 34.06
	100m:	1:03.37 32.42	200m:	2:09.42	33.43	300m:	3:16.45	33.63	400m:	4:24.93 34.42
4.	Weclawiak Irena		98	UKS Gim 92 Ursynow W-wa				<b>4:29.06</b>	695	
	50m:	31.07 31.07	150m:	1:38.57	34.29	250m:	2:47.62	34.48	350m:	3:56.70 34.66
	100m:	1:04.28 33.21	200m:	2:13.14	34.57	300m:	3:22.04	34.42	400m:	4:29.06 32.36
5.	Jankowska Klaudia		98	UKS Gim 92 Ursynow W-wa				<b>4:29.31</b>	693	
	50m:	30.85 30.85	150m:	1:36.63	32.97	250m:	2:43.83	33.85	350m:	3:54.60 35.76
	100m:	1:03.66 32.81	200m:	2:09.98	33.35	300m:	3:18.84	35.01	400m:	4:29.31 34.71
6.	Gawlicka Maja		98	TP Zielona Gora				<b>4:32.36</b>	670	
	50m:	31.48 31.48	150m:	1:39.54	34.53	250m:	2:48.96	34.81	350m:	3:58.85 34.78
	100m:	1:05.01 33.53	200m:	2:14.15	34.61	300m:	3:24.07	35.11	400m:	4:32.36 33.51
7.	Andrzejewska Kamila SL		99	MKS Lider Chelm				<b>4:32.57</b>	668	
	50m:	30.29 30.29	150m:	1:38.70	34.19	250m:	2:48.59	35.11	350m:	3:59.44 35.28
	100m:	1:04.51 34.22	200m:	2:13.48	34.78	300m:	3:24.16	35.57	400m:	4:32.57 33.13
8.	Wardzinska Martyna		98	MKS Trojka Lodz				<b>4:32.63</b>	668	
	50m:	31.22 31.22	150m:	1:39.35	34.31	250m:	2:49.23	35.21	350m:	3:59.55 34.76
	100m:	1:05.04 33.82	200m:	2:14.02	34.67	300m:	3:24.79	35.56	400m:	4:32.63 33.08
9.	Krol Oliwia		99	MKS Trojka Lodz				<b>4:36.04</b>	643	
	50m:	32.19 32.19	150m:	1:41.02	34.91	250m:	2:51.36	35.40	350m:	4:01.56 34.90
	100m:	1:06.11 33.92	200m:	2:15.96	34.94	300m:	3:26.66	35.30	400m:	4:36.04 34.48
10.	Slupek Roksana SB		99	MUKS Pietnastka Bydgoszcz				<b>4:38.41</b>	627	
	50m:	31.39 31.39	150m:	1:40.97	35.24	250m:	2:52.49	35.54	350m:	4:03.53 35.80
	100m:	1:05.73 34.34	200m:	2:16.95	35.98	300m:	3:27.73	35.24	400m:	4:38.41 34.88
<b>Final B</b>										
11.	Zajac Oliwia		98	MKS Juvenia Wroclaw				<b>4:40.86</b>	611	
	50m:	32.19 32.19	150m:	1:43.10	35.67	250m:	2:54.99	35.78	350m:	4:06.56 35.73
	100m:	1:07.43 35.24	200m:	2:19.21	36.11	300m:	3:30.83	35.84	400m:	4:40.86 34.30
12.	Adamczyk Agata		99	UKS Aligator Gorzyce				<b>4:42.86</b>	598	
	50m:	32.36 32.36	150m:	1:43.53	36.06	250m:	2:56.56	36.60	350m:	4:09.06 36.12
	100m:	1:07.47 35.11	200m:	2:19.96	36.43	300m:	3:32.94	36.38	400m:	4:42.86 33.80
13.	Palka Maria SO		99	Unia Oswiecim				<b>4:43.04</b>	597	
	50m:	32.89 32.89	150m:	1:44.05	35.89	250m:	2:56.16	36.18	350m:	4:08.09 35.84
	100m:	1:08.16 35.27	200m:	2:19.98	35.93	300m:	3:32.25	36.09	400m:	4:43.04 34.95
14.	Zaduminska Weronika		99	AZS AWF Warszawa				<b>4:45.88</b>	579	
	50m:	32.86 32.86	150m:	1:44.39	36.04	250m:	2:56.79	36.31	350m:	4:10.18 36.79
	100m:	1:08.35 35.49	200m:	2:20.48	36.09	300m:	3:33.39	36.60	400m:	4:45.88 35.70
15.	Rzeczynska Patrycja		99	Unia Oswiecim				<b>4:46.03</b>	578	
	50m:	32.34 32.34	150m:	1:44.39	36.21	250m:	2:57.62	36.71	350m:	4:11.49 36.64
	100m:	1:08.18 35.84	200m:	2:20.91	36.52	300m:	3:34.85	37.23	400m:	4:46.03 34.54

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Rank			YB					Time	Pts
16.	Leszczynska Klaudia Julia SO		99	Unia Oswiecim				<b>4:46.17</b>	577
	50m:	32.47 32.47	150m:	1:44.88	36.54	250m:	2:58.56 36.73	350m:	4:12.48 36.86
	100m:	1:08.34 35.87	200m:	2:21.83	36.95	300m:	3:35.62 37.06	400m:	4:46.17 33.69
17.	Bednarek Aleksandra		98	MKS Jedynka Lodz				<b>4:46.75</b>	574
	50m:	33.07 33.07	150m:	1:44.45	36.00	250m:	2:56.87 36.41	350m:	4:10.95 36.84
	100m:	1:08.45 35.38	200m:	2:20.46	36.01	300m:	3:34.11 37.24	400m:	4:46.75 35.80
18.	Rutkowska Wiktoria SB		99	MUKS Pietnastka Bydgoszcz				<b>4:46.85</b>	573
	50m:	33.00 33.00	150m:	1:45.27	36.76	250m:	2:58.86 36.78	350m:	4:12.27 36.54
	100m:	1:08.51 35.51	200m:	2:22.08	36.81	300m:	3:35.73 36.87	400m:	4:46.85 34.58
19.	Sikora Adrianna SK		99	UKS SMS Galicja Krakow				<b>4:53.55</b>	535
	50m:	34.28 34.28	150m:	1:47.79	37.34	250m:	3:01.84 37.01	350m:	4:17.14 37.97
	100m:	1:10.45 36.17	200m:	2:24.83	37.04	300m:	3:39.17 37.33	400m:	4:53.55 36.41
20.	Losak Wiktoria SK		98	KS KSZO Ostrowiec Sw				<b>5:00.83</b>	497
	50m:	33.24 33.24	150m:	1:47.58	37.70	250m:	3:04.59 38.43	350m:	4:22.47 38.56
	100m:	1:09.88 36.64	200m:	2:26.16	38.58	300m:	3:43.91 39.32	400m:	5:00.83 38.36