

LETNIE MISTRZOSTWA POLSKI JUNIORÓW 17-18 lat
Opole, 19- - 21-7-2016

Event 20 Boys, 400m Freestyle 17 - 18 years
2016-07-20 - 9:45 Results Prelim

Rekord Polski Open	3:45.71	Stanczyk Przemyslaw	00116	Chiba (JPN)	2007-08-21
Rekord Polski 17	3:51.80	Wojdak Wojciech	03106	Pozna	2013-07-10
Rekord Polski 18	3:49.21	Wojdak Wojciech		Dordrecht (NED)	2014-07-09

Points: FINA 2015

Rank					YB					Time	Pts	
1.	Skierka Jakub				98	Trops Kartuzy				4:03.29	740	A
	50m:	29.02	29.02	150m:	1:31.35	31.45	250m:	2:33.30	30.74	350m:	3:33.96	30.24
	100m:	59.90	30.88	200m:	2:02.56	31.21	300m:	3:03.72	30.42	400m:	4:03.29	29.33
2.	Krawczyk Pawel				99	BUKS Warszawa				4:04.40	730	A
	50m:	27.94	27.94	150m:	1:30.36	31.47	250m:	2:33.89	31.76	350m:	3:35.37	30.69
	100m:	58.89	30.95	200m:	2:02.13	31.77	300m:	3:04.68	30.79	400m:	4:04.40	29.03
3.	Deren Kacper				98	MKS 9 Dzierzoniow				4:04.53	728	A
	50m:	28.21	28.21	150m:	1:30.14	31.40	250m:	2:33.54	31.98	350m:	3:35.55	30.49
	100m:	58.74	30.53	200m:	2:01.56	31.42	300m:	3:05.06	31.52	400m:	4:04.53	28.98
4.	Stokowski Kacper				99	UKS G - 8 Bielany				4:04.79	726	A
	50m:	28.16	28.16	150m:	1:30.34	31.18	250m:	2:33.45	31.57	350m:	3:35.12	31.12
	100m:	59.16	31.00	200m:	2:01.88	31.54	300m:	3:04.00	30.55	400m:	4:04.79	29.67
5.	Arndt Mateusz				98	KS Delfin Gdynia				4:04.91	725	A
	50m:	28.66	28.66	150m:	1:30.70	31.25	250m:	2:33.19	31.21	350m:	3:35.14	30.81
	100m:	59.45	30.79	200m:	2:01.98	31.28	300m:	3:04.33	31.14	400m:	4:04.91	29.77
6.	Kaluzynski Antoni				99	MUKP Warszawianka Wodny Park				4:05.06	724	A
	50m:	28.17	28.17	150m:	1:30.29	31.38	250m:	2:33.78	31.87	350m:	3:35.72	30.80
	100m:	58.91	30.74	200m:	2:01.91	31.62	300m:	3:04.92	31.14	400m:	4:05.06	29.34
7.	Kasztelan Mateusz SOL				98	MTP KORMORAN Olsztyn				4:06.73	709	A
	50m:	28.00	28.00	150m:	1:30.47	31.41	250m:	2:33.75	31.30	350m:	3:36.12	30.78
	100m:	59.06	31.06	200m:	2:02.45	31.98	300m:	3:05.34	31.59	400m:	4:06.73	30.61
8.	Chodan Alan SOL				98	MTP KORMORAN Olsztyn				4:06.88	708	A
	50m:	28.23	28.23	150m:	1:30.82	31.38	250m:	2:33.39	31.03	350m:	3:35.53	30.45
	100m:	59.44	31.21	200m:	2:02.36	31.54	300m:	3:05.08	31.69	400m:	4:06.88	31.35
9.	Debski DOMINIK SSz				98	MKP Szczecin				4:07.73	701	A
	50m:	28.66	28.66	150m:	1:30.87	31.25	250m:	2:33.74	31.38	350m:	3:36.98	31.83
	100m:	59.62	30.96	200m:	2:02.36	31.49	300m:	3:05.15	31.41	400m:	4:07.73	30.75
10.	Popis Emil SSz				98	MKP Szczecin				4:07.93	699	A
	50m:	28.34	28.34	150m:	1:30.46	31.39	250m:	2:33.75	31.58	350m:	3:36.98	31.50
	100m:	59.07	30.73	200m:	2:02.17	31.71	300m:	3:05.48	31.73	400m:	4:07.93	30.95
11.	Malyska Bartosz SL				99	UKS Skarpa Lublin				4:09.90	682	B
	50m:	28.73	28.73	150m:	1:31.49	31.79	250m:	2:35.11	31.97	350m:	3:39.12	32.07
	100m:	59.70	30.97	200m:	2:03.14	31.65	300m:	3:07.05	31.94	400m:	4:09.90	30.78
12.	Stanek Adam SO				99	Unia Oswiecim				4:10.99	674	B
	50m:	29.22	29.22	150m:	1:32.79	31.76	250m:	2:36.87	31.73	350m:	3:40.14	31.54
	100m:	1:01.03	31.81	200m:	2:05.14	32.35	300m:	3:08.60	31.73	400m:	4:10.99	30.85
13.	Bruzdziak Maciej SOL				98	MTP KORMORAN Olsztyn				4:11.46	670	B
	50m:	28.87	28.87	150m:	1:33.05	32.07	250m:	2:37.09	31.60	350m:	3:40.71	31.53
	100m:	1:00.98	32.11	200m:	2:05.49	32.44	300m:	3:09.18	32.09	400m:	4:11.46	30.75
14.	Roj Konrad SSz				98	MKP Szczecin				4:12.03	665	B
	50m:	28.04	28.04	150m:	1:30.83	31.71	250m:	2:34.64	31.92	350m:	3:40.15	32.83
	100m:	59.12	31.08	200m:	2:02.72	31.89	300m:	3:07.32	32.68	400m:	4:12.03	31.88
15.	Komosa Maciej SWwa				99	MKS Polonia Warszawa				4:12.07	665	B
	50m:	29.46	29.46	150m:	1:34.98	33.07	250m:	2:38.10	30.01	350m:	3:41.09	31.17
	100m:	1:01.91	32.45	200m:	2:08.09	33.11	300m:	3:09.92	31.82	400m:	4:12.07	30.98
16.	Macner Michal SOL				99	MTP KORMORAN Olsztyn				4:12.24	664	B
	50m:	28.73	28.73	150m:	1:32.07	31.95	250m:	2:36.05	32.00	350m:	3:41.45	32.72
	100m:	1:00.12	31.39	200m:	2:04.05	31.98	300m:	3:08.73	32.68	400m:	4:12.24	30.79

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Event 20, Boys, 400m Freestyle, Prelim, 17 - 18 years

Rank					YB					Time	Pts	
17.	Kepa Kacper SWwa				99	MKS Polonia Warszawa				4:12.29	663 B	
	50m:	29.11	29.11	150m:	1:32.97	31.81	250m:	2:36.19	31.76	350m:	3:41.01	32.49
	100m:	1:01.16	32.05	200m:	2:04.43	31.46	300m:	3:08.52	32.33	400m:	4:12.29	31.28
18.	Fraczek Pawel				98	MKP Gdansk				4:12.65	660 B	
	50m:	29.37	29.37	150m:	1:33.51	32.22	250m:	2:37.74	31.86	350m:	3:42.04	32.02
	100m:	1:01.29	31.92	200m:	2:05.88	32.37	300m:	3:10.02	32.28	400m:	4:12.65	30.61
19.	Kempa Mikolaj SO				99	MMKS Kedzierzyn Kozle				4:12.89	659 B	
	50m:	29.90	29.90	150m:	1:34.96	32.34	250m:	2:39.23	32.11	350m:	3:43.10	31.96
	100m:	1:02.62	32.72	200m:	2:07.12	32.16	300m:	3:11.14	31.91	400m:	4:12.89	29.79
20.	Szczepanski Kacper				99	MKS - Astoria Bydgoszcz				4:13.05	657 B	
	50m:	28.87	28.87	150m:	1:32.37	31.97	250m:	2:36.85	32.48	350m:	3:42.10	32.34
	100m:	1:00.40	31.53	200m:	2:04.37	32.00	300m:	3:09.76	32.91	400m:	4:13.05	30.95
21.	Stoszek Szymon				99	UKS Aligator Gorzyce				4:13.74	652 R	
	50m:	29.37	29.37	150m:	1:33.83	32.63	250m:	2:38.87	32.38	350m:	3:43.58	32.16
	100m:	1:01.20	31.83	200m:	2:06.49	32.66	300m:	3:11.42	32.55	400m:	4:13.74	30.16
22.	Kolanowski Wiktor SK				99	UKS SMS Galicja Krakow				4:14.16	649 R	
	50m:	29.71	29.71	150m:	1:33.83	32.12	250m:	2:39.07	32.51	350m:	3:43.13	32.16
	100m:	1:01.71	32.00	200m:	2:06.56	32.73	300m:	3:10.97	31.90	400m:	4:14.16	31.03
23.	Michniewski Tadeusz				98	UKS Jagiellonka Warszawa				4:14.17	649	
	50m:	29.91	29.91	150m:	1:35.53	32.79	250m:	2:41.14	32.26	350m:	3:44.48	31.29
	100m:	1:02.74	32.83	200m:	2:08.88	33.35	300m:	3:13.19	32.05	400m:	4:14.17	29.69
24.	Rybak Konrad SOL				98	PIRANIA Targowek				4:14.61	645	
	50m:	29.42	29.42	150m:	1:35.29	33.10	250m:	2:40.54	32.10	350m:	3:44.18	31.57
	100m:	1:02.19	32.77	200m:	2:08.44	33.15	300m:	3:12.61	32.07	400m:	4:14.61	30.43
25.	Chrapek Marcin				98	Delfin Cieszyn				4:14.94	643	
	50m:	29.53	29.53	150m:	1:34.46	32.31	250m:	2:39.35	32.31	350m:	3:42.87	32.32
	100m:	1:02.15	32.62	200m:	2:07.04	32.58	300m:	3:10.55	31.20	400m:	4:14.94	32.07
26.	Topolski Arkadiusz SO				98	Unia Oswiecim				4:15.50	639	
	50m:	28.81	28.81	150m:	1:33.17	32.92	250m:	2:38.21	32.48	350m:	3:44.57	33.43
	100m:	1:00.25	31.44	200m:	2:05.73	32.56	300m:	3:11.14	32.93	400m:	4:15.50	30.93
27.	Rogozinski Mateusz Soc				99	KS KSZO Ostrowiec Sw				4:16.06	634	
	50m:	29.47	29.47	150m:	1:33.61	32.52	250m:	2:38.12	32.22	350m:	3:44.21	32.65
	100m:	1:01.09	31.62	200m:	2:05.90	32.29	300m:	3:11.56	33.44	400m:	4:16.06	31.85
28.	Chalat Stanislaw SL				99	UKS Skarpa Lublin				4:16.88	628	
	50m:	29.86	29.86	150m:	1:34.59	32.45	250m:	2:40.22	32.80	350m:	3:45.69	32.56
	100m:	1:02.14	32.28	200m:	2:07.42	32.83	300m:	3:13.13	32.91	400m:	4:16.88	31.19
29.	Wasiuk Jakub SO				99	MMKS Kedzierzyn Kozle				4:17.00	627	
	50m:	28.92	28.92	150m:	1:32.82	32.35	250m:	2:38.79	32.99	350m:	3:44.91	32.94
	100m:	1:00.47	31.55	200m:	2:05.80	32.98	300m:	3:11.97	33.18	400m:	4:17.00	32.09
30.	Sieczek Adrian SWwa				99	MKS Polonia Warszawa				4:17.28	625	
	50m:	28.84	28.84	150m:	1:34.13	33.12	250m:	2:40.44	33.20	350m:	3:46.09	32.46
	100m:	1:01.01	32.17	200m:	2:07.24	33.11	300m:	3:13.63	33.19	400m:	4:17.28	31.19
31.	Bochnowski Maciej				98	MKP Bobry Debica				4:17.66	623	
	50m:	29.05	29.05	150m:	1:33.92	32.93	250m:	2:39.45	32.40	350m:	3:44.97	32.74
	100m:	1:00.99	31.94	200m:	2:07.05	33.13	300m:	3:12.23	32.78	400m:	4:17.66	32.69
32.	Napieraj Jan SOL				98	PIRANIA Targowek				4:18.03	620	
	50m:	29.15	29.15	150m:	1:33.63	32.56	250m:	2:39.62	33.40	350m:	3:46.24	33.42
	100m:	1:01.07	31.92	200m:	2:06.22	32.59	300m:	3:12.82	33.20	400m:	4:18.03	31.79
33.	Pawliniak Mariusz				99	UKS Wodnik 29 Katowice				4:18.80	614	
	50m:	29.55	29.55	150m:	1:33.63	32.57	250m:	2:38.94	32.69	350m:	3:45.65	33.52
	100m:	1:01.06	31.51	200m:	2:06.25	32.62	300m:	3:12.13	33.19	400m:	4:18.80	33.15
34.	Kuczma Jędrzej				98	WKS Slask Wroclaw				4:18.95	613	
	50m:	28.91	28.91	150m:	1:34.24	33.28	250m:	2:40.59	33.10	350m:	3:46.67	33.09
	100m:	1:00.96	32.05	200m:	2:07.49	33.25	300m:	3:13.58	32.99	400m:	4:18.95	32.28

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Rank					YB					Time	Pts	
35.	Pawelek Pawel SWwa				99	MKS Polonia Warszawa				4:18.98	613	
	50m:	29.34	29.34	150m:	1:35.01	32.94	250m:	2:39.91	32.27	350m:	3:45.76	33.15
	100m:	1:02.07	32.73	200m:	2:07.64	32.63	300m:	3:12.61	32.70	400m:	4:18.98	33.22
36.	Grzymiski Mateusz				98	WKS Slask Wroclaw				4:19.09	612	
	50m:	29.41	29.41	150m:	1:35.12	32.85	250m:	2:41.53	32.61	350m:	3:47.51	32.72
	100m:	1:02.27	32.86	200m:	2:08.92	33.80	300m:	3:14.79	33.26	400m:	4:19.09	31.58
37.	Matura Klaudiusz SR				98	MKS-SMS Victoria Raciborz				4:19.34	611	
	50m:	29.53	29.53	150m:	1:35.17	32.91	250m:	2:41.41	32.72	350m:	3:47.45	32.48
	100m:	1:02.26	32.73	200m:	2:08.69	33.52	300m:	3:14.97	33.56	400m:	4:19.34	31.89
38.	Oleksy Hubert SB				98	MUKS Pietnastka Bydgoszcz				4:20.42	603	
	50m:	29.84	29.84	150m:	1:36.76	33.59	250m:	2:41.92	31.73	350m:	3:47.35	32.34
	100m:	1:03.17	33.33	200m:	2:10.19	33.43	300m:	3:15.01	33.09	400m:	4:20.42	33.07
39.	Bryla Kamil SL				99	KU AZS UMCS Lublin				4:20.84	600	
	50m:	28.16	28.16	150m:	1:32.39	32.55	250m:	2:40.02	33.98	350m:	3:48.01	34.17
	100m:	59.84	31.68	200m:	2:06.04	33.65	300m:	3:13.84	33.82	400m:	4:20.84	32.83
40.	Mazur Dominik SO				99	Unia Oswiecim				4:21.87	593	
	50m:	29.09	29.09	150m:	1:35.46	33.26	250m:	2:42.67	33.43	350m:	3:49.56	32.94
	100m:	1:02.20	33.11	200m:	2:09.24	33.78	300m:	3:16.62	33.95	400m:	4:21.87	32.31
41.	Gier Olivier SOL				99	MTP KORMORAN Olsztyn				4:22.83	587	
	50m:	29.05	29.05	150m:	1:36.14	34.06	250m:	2:43.27	33.60	350m:	3:50.32	32.94
	100m:	1:02.08	33.03	200m:	2:09.67	33.53	300m:	3:17.38	34.11	400m:	4:22.83	32.51
42.	Chromik Szymon SR				99	CSiR MOS Dabrowa Gornicza				4:22.93	586	
	50m:	29.67	29.67	150m:	1:36.21	33.50	250m:	2:43.57	33.71	350m:	3:51.29	33.25
	100m:	1:02.71	33.04	200m:	2:09.86	33.65	300m:	3:18.04	34.47	400m:	4:22.93	31.64
43.	Proszynski Igor				99	MKP Szczecin				4:23.20	584	
	50m:	29.93	29.93	150m:	1:35.35	33.36	250m:	2:43.02	34.02	350m:	3:50.84	34.16
	100m:	1:01.99	32.06	200m:	2:09.00	33.65	300m:	3:16.68	33.66	400m:	4:23.20	32.36
44.	Stawaruk Michal				99	MKS Jedynka Lodz				4:24.10	578	
	50m:	29.15	29.15	150m:	1:35.55	32.95	250m:	2:42.86	33.37	350m:	3:50.95	33.50
	100m:	1:02.60	33.45	200m:	2:09.49	33.94	300m:	3:17.45	34.59	400m:	4:24.10	33.15
45.	Czerniak Konrad SL				98	UKS Skarpa Lublin				4:25.23	571	
	50m:	29.37	29.37	150m:	1:34.31	33.24	250m:	2:40.70	33.93	350m:	3:50.55	35.69
	100m:	1:01.07	31.70	200m:	2:06.77	32.46	300m:	3:14.86	34.16	400m:	4:25.23	34.68
46.	Bednarz Mateusz SL				99	UKS Skarpa Lublin				4:26.13	565	
	50m:	31.04	31.04	150m:	1:39.51	34.25	250m:	2:47.96	33.98	350m:	3:55.75	33.72
	100m:	1:05.26	34.22	200m:	2:13.98	34.47	300m:	3:22.03	34.07	400m:	4:26.13	30.38
47.	Szarek Dawid				99	WKS Slask Wroclaw				4:26.57	562	
	50m:	29.56	29.56	150m:	1:36.75	33.99	250m:	2:45.49	34.53	350m:	3:53.55	33.98
	100m:	1:02.76	33.20	200m:	2:10.96	34.21	300m:	3:19.57	34.08	400m:	4:26.57	33.02
48.	Lenartowicz Kacper				99	IKS Konstancin				4:26.83	561	
	50m:	29.12	29.12	150m:	1:35.00	33.91	250m:	2:43.28	34.41	350m:	3:53.15	34.92
	100m:	1:01.09	31.97	200m:	2:08.87	33.87	300m:	3:18.23	34.95	400m:	4:26.83	33.68
49.	Sadowski Adrian				99	UKS GOS Raszyn				4:28.01	553	
	50m:	29.50	29.50	150m:	1:35.83	33.95	250m:	2:44.54	34.31	350m:	3:54.70	35.27
	100m:	1:01.88	32.38	200m:	2:10.23	34.40	300m:	3:19.43	34.89	400m:	4:28.01	33.31
50.	Jeziorski Patryk SR				99	UKS Manta Kochlowice				4:28.86	548	
	50m:	31.86	31.86	150m:	1:41.57	35.00	250m:	2:51.48	34.52	350m:	3:56.46	31.25
	100m:	1:06.57	34.71	200m:	2:16.96	35.39	300m:	3:25.21	33.73	400m:	4:28.86	32.40
51.	Szymkowiak Krystian				98	MKP Slowianka Gorzow				4:31.58	532	
	50m:	28.95	28.95	150m:	1:35.72	34.22	250m:	2:46.14	35.34	350m:	3:57.60	35.58
	100m:	1:01.50	32.55	200m:	2:10.80	35.08	300m:	3:22.02	35.88	400m:	4:31.58	33.98
52.	Zbrozek Radoslaw				99	UKS SMS Galicja Krakow				4:32.22	528	
	50m:	29.91	29.91	150m:	1:38.38	34.91	250m:	2:48.15	34.94	350m:	3:58.30	34.56
	100m:	1:03.47	33.56	200m:	2:13.21	34.83	300m:	3:23.74	35.59	400m:	4:32.22	33.92

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Rank					YB					Time	Pts	
53.	Gasior Sebastian SL				99	KU AZS UMCS Lublin				4:36.96	501	
	50m:	29.94	29.94	150m:	1:38.09	34.42	250m:	2:48.07	35.25	350m:	4:01.53	36.81
	100m:	1:03.67	33.73	200m:	2:12.82	34.73	300m:	3:24.72	36.65	400m:	4:36.96	35.43
54.	Sedlak Wiktor				99	UKS Orka Zamosc				4:43.90	465	
	50m:	31.40	31.40	150m:	1:40.92	35.29	250m:	2:53.43	36.09	350m:	4:07.38	37.03
	100m:	1:05.63	34.23	200m:	2:17.34	36.42	300m:	3:30.35	36.92	400m:	4:43.90	36.52
55.	Turkiewicz Maciej				98	UKS Orka Luban				4:50.69	433	
	50m:	31.04	31.04	150m:			250m:	3:01.00	38.30	350m:	4:15.92	36.60
	100m:	1:06.79	35.75	200m:	2:22.70		300m:	3:39.32	38.32	400m:	4:50.69	34.77