

Grand Prix Puchar Regionów i Miast Partnerskich Opola 2016
Opole, 1- - 2-10-2016

Konkurencja 24
2016-10-02 - 10:26

Kobiet, 400m zmienny

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Punkty: FINA 2016

Pozycja			Rok ur.					Czas	Pkt.			
kat. C 2004 i mł.												
1.	Bociek Wiktoria		04	KS Górnik Sosnowiec				5:42.81	433			
	50m:	38.22	38.22	150m:	2:06.49	44.52	250m:	3:39.88	49.14	350m:	5:05.62	37.73
	100m:	1:21.97	43.75	200m:	2:50.74	44.25	300m:	4:27.89	48.01	400m:	5:42.81	37.19
2.	Kuczera Wiktoria		04	KS Górnik Sosnowiec				5:47.70	415			
	50m:	36.43	36.43	150m:	2:05.96	46.34	250m:	3:38.98	49.66	350m:	5:10.26	40.23
	100m:	1:19.62	43.19	200m:	2:49.32	43.36	300m:	4:30.03	51.05	400m:	5:47.70	37.44
3.	Spielhagen Hannah		04	Potsdamer SV				6:15.42	330			
	50m:	39.41	39.41	150m:	2:17.08	48.74	250m:	3:55.99	52.79	350m:	5:34.23	43.60
	100m:	1:28.34	48.93	200m:	3:03.20	46.12	300m:	4:50.63	54.64	400m:	6:15.42	41.19
4.	Dela Natalia		04	UKS ATUT SP 36 Cz stochowa				6:50.07	253			
	50m:	42.59	42.59	150m:	2:28.87	53.78	250m:	4:19.53	58.27	350m:	6:05.66	47.08
	100m:	1:35.09	52.50	200m:	3:21.26	52.39	300m:	5:18.58	59.05	400m:	6:50.07	44.41
kat. B 2002-2003												
1.	Berndt Pia-Sophie		02	Potsdamer SV				5:11.24	579			
	50m:	33.99	33.99	150m:	1:54.04	40.56	250m:	3:16.10	42.52	350m:	4:36.38	37.18
	100m:	1:13.48	39.49	200m:	2:33.58	39.54	300m:	3:59.20	43.10	400m:	5:11.24	34.86
2.	Garula Wiktoria		02	CSiR MOS D browa Górnicza				5:18.90	538			
	50m:	33.46	33.46	150m:	1:53.84	41.09	250m:	3:18.90	44.27	350m:	4:43.68	38.28
	100m:	1:12.75	39.29	200m:	2:34.63	40.79	300m:	4:05.40	46.50	400m:	5:18.90	35.22
3.	Noco Dominika		02	UKS MANTA Kochłowice Ruda I s				5:35.38	463			
	50m:	35.76	35.76	150m:	1:59.53	42.28	250m:	3:28.61	47.68	350m:	4:56.41	39.35
	100m:	1:17.25	41.49	200m:	2:40.93	41.40	300m:	4:17.06	48.45	400m:	5:35.38	38.97
kat. A 2001 i st.												
1.	W grzynowska Aleksandra		01	WKS I sk Wrocław				5:05.99	609			
	50m:	32.43	32.43	150m:	1:48.86	39.18	250m:	3:12.03	44.38	350m:	4:31.72	35.51
	100m:	1:09.68	37.25	200m:	2:27.65	38.79	300m:	3:56.21	44.18	400m:	5:05.99	34.27
2.	Szebesczyk Hanna		01	WKS I sk Wrocław				5:37.94	452			
	50m:	37.62	37.62	150m:	2:06.34	43.66	250m:	3:34.26	45.60	350m:	5:00.91	39.71
	100m:	1:22.68	45.06	200m:	2:48.66	42.32	300m:	4:21.20	46.94	400m:	5:37.94	37.03