

Grand Prix Puchar Regionów i Miast Partnerskich Opola 2016
Opole, 1- - 2-10-2016

Konkurencja 7
2016-10-01 - 11:07

Kobiet, 400m dowolny

Open
Wyniki

Punkty: FINA 2016

Pozycja			Rok ur.					Czas	Pkt.
kat. C 2004 i mł.									
1.	Bociek	Wiktorija	04	KS Górnik Sosnowiec				4:52.92	513
	50m:	33.33	33.33	150m:	1:47.03	37.18	250m:	3:01.42	37.39
	100m:	1:09.85	36.52	200m:	2:24.03	37.00	300m:	3:39.14	37.72
							350m:	4:16.61	37.47
							400m:	4:52.92	36.31
2.	Wrzesi ska	Wiktorija	04	Uks 190 Łód				5:05.47	452
	50m:	35.15	35.15	150m:	1:52.56	39.15	250m:	3:10.05	38.53
	100m:	1:13.41	38.26	200m:	2:31.52	38.96	300m:	3:49.72	39.67
							350m:	4:28.01	38.29
							400m:	5:05.47	37.46
3.	Matthias	Hannah	04	Potsdamer SV				5:13.23	419
	50m:	33.27	33.27	150m:	1:49.72	38.99	250m:	3:11.22	41.19
	100m:	1:10.73	37.46	200m:	2:30.03	40.31	300m:	3:52.80	41.58
							350m:	4:34.34	41.54
							400m:	5:13.23	38.89
4.	Wolny	Natalia	04	LKS Jedno 32 Przyszowice				5:13.73	417
	50m:	34.72	34.72	150m:	1:51.94	39.53	250m:	3:13.14	40.77
	100m:	1:12.41	37.69	200m:	2:32.37	40.43	300m:	3:54.20	41.06
							350m:	4:35.48	41.28
							400m:	5:13.73	38.25
5.	Spielhagen	Hannah	04	Potsdamer SV				5:19.82	394
	50m:	34.10	34.10	150m:	1:53.06	40.32	250m:	3:16.15	41.43
	100m:	1:12.74	38.64	200m:	2:34.72	41.66	300m:	3:58.42	42.27
							350m:	4:40.18	41.76
							400m:	5:19.82	39.64
6.	Browarska	Emilia	04	LKS Jedno 32 Przyszowice				5:20.39	392
	50m:	33.81	33.81	150m:	1:54.14	41.48	250m:	3:17.15	41.56
	100m:	1:12.66	38.85	200m:	2:35.59	41.45	300m:	3:59.32	42.17
							350m:	4:41.02	41.70
							400m:	5:20.39	39.37
7.	Mleczek	Natalia	05	LKS Jedno 32 Przyszowice				5:28.97	362
	50m:	36.71	36.71	150m:	2:00.72	42.32	250m:	3:25.08	42.38
	100m:	1:18.40	41.69	200m:	2:42.70	41.98	300m:	4:07.37	42.29
							350m:	4:49.07	41.70
							400m:	5:28.97	39.90
8.	Gorszanów	Jagoda	05	LKS Jedno 32 Przyszowice				5:32.26	351
	50m:	37.30	37.30	150m:	2:01.87	42.91	250m:	3:27.19	42.66
	100m:	1:18.96	41.66	200m:	2:44.53	42.66	300m:	4:09.82	42.63
							350m:	4:52.16	42.34
							400m:	5:32.26	40.10
9.	Zofia	Cencora	05	Uks 190 Łód				5:37.07	336
	50m:	37.62	37.62	150m:	2:03.76	43.93	250m:	3:31.00	43.81
	100m:	1:19.83	42.21	200m:	2:47.19	43.43	300m:	4:14.27	43.27
							350m:	4:57.37	43.10
							400m:	5:37.07	39.70
10.	Goj	Aleksandra	05	KS Górnik Sosnowiec				5:38.44	332
	50m:	36.83	36.83	150m:	2:04.33	44.17	250m:	3:31.42	43.83
	100m:	1:20.16	43.33	200m:	2:47.59	43.26	300m:	4:15.06	43.64
							350m:	4:57.48	42.42
							400m:	5:38.44	40.96
11.	Radek	Wiktorija	05	MOSM Tychy				5:48.77	304
	50m:	39.80	39.80	150m:	2:07.88	45.00	250m:	3:38.18	44.84
	100m:	1:22.88	43.08	200m:	2:53.34	45.46	300m:	4:23.09	44.91
							350m:	5:07.87	44.78
							400m:	5:48.77	40.90
12.	Gomułka	Weronika	06	Uks 190 Łód				5:57.86	281
	50m:	39.60	39.60	150m:	2:08.40	44.85	250m:	3:40.80	46.46
	100m:	1:23.55	43.95	200m:	2:54.34	45.94	300m:	4:27.18	46.38
							350m:	5:13.54	46.36
							400m:	5:57.86	44.32
13.	Muszy ska	Jagoda	04	MMKS K dzierzyn-Ko le				6:05.38	264
	50m:	40.43	40.43	150m:	2:11.86	46.74	250m:	3:45.15	46.98
	100m:	1:25.12	44.69	200m:	2:58.17	46.31	300m:	4:32.87	47.72
							350m:	5:20.05	47.18
							400m:	6:05.38	45.33

kat. B 2002-2003

1.	Gehrke	Tabea	02	Potsdamer SV				4:40.37	585
	50m:	30.24	30.24	150m:	1:39.23	35.31	250m:	2:51.07	36.02
	100m:	1:03.92	33.68	200m:	2:15.05	35.82	300m:	3:27.75	36.68
							350m:	4:04.68	36.93
							400m:	4:40.37	35.69
2.	Kocur	Sandra	03	LKS Jedno 32 Przyszowice				4:44.54	559
	50m:	31.99	31.99	150m:	1:42.25	35.71	250m:	2:54.25	36.06
	100m:	1:06.54	34.55	200m:	2:18.19	35.94	300m:	3:31.80	37.55
							350m:	4:08.99	37.19
							400m:	4:44.54	35.55
3.	Garula	Wiktorija	02	CSiR MOS D browa Górnicza				4:45.24	555
	50m:	31.21	31.21	150m:	1:42.15	36.01	250m:	2:54.95	36.25
	100m:	1:06.14	34.93	200m:	2:18.70	36.55	300m:	3:32.05	37.10
							350m:	4:09.31	37.26
							400m:	4:45.24	35.93

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Konkurencja 7, Dziewcz t, 400m dowolny, kat. B 2002-2003

Pozycja			Rok ur.					Czas	Pkt.
4.	Haładyn Karolina		03	Uks 190 Łód				4:51.60	520
	50m:	32.93 32.93	150m:	1:45.90	37.09	250m:	3:01.08 37.73	350m:	4:16.10 37.32
	100m:	1:08.81 35.88	200m:	2:23.35	37.45	300m:	3:38.78 37.70	400m:	4:51.60 35.50
5.	Szymczak Patrycja		02	UKS MANTA Kochłowice Ruda I s				4:51.86	518
	50m:	30.97 30.97	150m:	1:41.75	36.42	250m:	2:58.00 38.56	350m:	4:15.18 38.67
	100m:	1:05.33 34.36	200m:	2:19.44	37.69	300m:	3:36.51 38.51	400m:	4:51.86 36.68
6.	Szkoda Klaudia		02	CSiR MOS D browa Górnicza				4:53.86	508
	50m:	33.00 33.00	150m:	1:46.37	37.43	250m:	3:02.02 38.00	350m:	4:17.61 37.50
	100m:	1:08.94 35.94	200m:	2:24.02	37.65	300m:	3:40.11 38.09	400m:	4:53.86 36.25
7.	Swaczyna Magdalena		03	LKS Jedno 32 Przyszowice				4:56.80	493
	50m:	32.94 32.94	150m:	1:47.49	38.02	250m:	3:04.34 38.38	350m:	4:20.01 37.04
	100m:	1:09.47 36.53	200m:	2:25.96	38.47	300m:	3:42.97 38.63	400m:	4:56.80 36.79
8.	Szpiegowska Wiktoria		02	WKS I sk Wrocław				4:59.52	480
	50m:	32.75 32.75	150m:	1:47.18	37.86	250m:	3:04.23 38.58	350m:	4:21.67 38.72
	100m:	1:09.32 36.57	200m:	2:25.65	38.47	300m:	3:42.95 38.72	400m:	4:59.52 37.85
9.	Palonka Zuzanna		02	WKS I sk Wrocław				5:02.53	465
	50m:	34.78 34.78	150m:	1:51.27	39.02	250m:	3:09.03 39.02	350m:	4:25.51 37.78
	100m:	1:12.25 37.47	200m:	2:30.01	38.74	300m:	3:47.73 38.70	400m:	5:02.53 37.02
10.	Mitka Klaudia		02	UKP Kmita Zabierzów				5:16.62	406
	50m:	34.22 34.22	150m:	1:51.79	39.88	250m:	3:12.90 40.90	350m:	4:34.96 41.35
	100m:	1:11.91 37.69	200m:	2:32.00	40.21	300m:	3:53.61 40.71	400m:	5:16.62 41.66
11.	Tatarzy ska Agata		02	WKS I sk Wrocław				5:16.86	405
	50m:	34.83 34.83	150m:	1:54.08	40.42	250m:	3:15.95 40.81	350m:	4:37.40 40.78
	100m:	1:13.66 38.83	200m:	2:35.14	41.06	300m:	3:56.62 40.67	400m:	5:16.86 39.46
12.	Pajerska Wiktoria		02	UKP Kmita Zabierzów				5:54.79	288
	50m:	38.40 38.40	150m:	2:07.16	45.22	250m:	3:38.92 46.05	350m:	5:10.81 45.76
	100m:	1:21.94 43.54	200m:	2:52.87	45.71	300m:	4:25.05 46.13	400m:	5:54.79 43.98
13.	Kalendauskaite Guoda		02	Alytus SRC				6:00.62	275
	50m:	36.54 36.54	150m:	2:01.85	43.60	250m:	3:36.48 47.64	350m:	5:15.27 50.27
	100m:	1:18.25 41.71	200m:	2:48.84	46.99	300m:	4:25.00 48.52	400m:	6:00.62 45.35

kat. A 2001 i st.

1.	W grzynowska Aleksandra		01	WKS I sk Wrocław				4:35.65	615
	50m:	30.14 30.14	150m:	1:37.29	34.21	250m:	2:47.78 35.46	350m:	4:00.36 36.47
	100m:	1:03.08 32.94	200m:	2:12.32	35.03	300m:	3:23.89 36.11	400m:	4:35.65 35.29
2.	Szebesczyk Hanna		01	WKS I sk Wrocław				4:50.32	527
	50m:	32.62 32.62	150m:	1:45.16	37.41	250m:	2:59.01 36.82	350m:	4:13.64 37.31
	100m:	1:07.75 35.13	200m:	2:22.19	37.03	300m:	3:36.33 37.32	400m:	4:50.32 36.68
3.	Kici ska Julia		01	UKP MANTA Jelcz-Laskowice				4:59.83	478
	50m:	32.98 32.98	150m:	1:48.69	38.92	250m:	3:04.19 38.06	350m:	4:23.54 40.05
	100m:	1:09.77 36.79	200m:	2:26.13	37.44	300m:	3:43.49 39.30	400m:	4:59.83 36.29
4.	Sm tek Wiktoria SR		01	MMKS K dzierzyn-Ko le				5:01.39	471
	50m:	32.95 32.95	150m:	1:48.66	38.66	250m:	3:06.73 38.70	350m:	4:24.64 38.60
	100m:	1:10.00 37.05	200m:	2:28.03	39.37	300m:	3:46.04 39.31	400m:	5:01.39 36.75
5.	Chwałczy ska Aleksandra		01	WKS I sk Wrocław				5:03.65	460
	50m:	33.52 33.52	150m:	1:49.23	38.23	250m:	3:07.39 39.17	350m:	4:25.95 39.10
	100m:	1:11.00 37.48	200m:	2:28.22	38.99	300m:	3:46.85 39.46	400m:	5:03.65 37.70
6.	Alosina Erika		00	Ridzene-Dsn				5:10.34	431
	50m:	33.61 33.61	150m:	1:49.65	38.61	250m:	3:09.13 40.00	350m:	4:30.45 40.78
	100m:	1:11.04 37.43	200m:	2:29.13	39.48	300m:	3:49.67 40.54	400m:	5:10.34 39.89