

Grand Prix Puchar Regionów i Miast Partnerskich Opola 2016
Opole, 1- - 2-10-2016

Konkurencja 8
2016-10-01 - 11:30

M czyzn, 400m dowolny

Open
Wyniki

Punkty: FINA 2016

| Pozycja | | | Rok ur. | | | | | Czas | Pkt. |
|-------------------|---------------------|---------|---------|--------------------------|---------|-------|-------|----------------|-------|
| kat. C 2004 i mł. | | | | | | | | | |
| 1. | Gołacki Sergiusz | | 04 | Uks 190 Łód | | | | 4:33.33 | 468 |
| | 50m: | 31.27 | 31.27 | 150m: | 1:40.05 | 34.83 | 250m: | 2:49.84 | 35.13 |
| | 100m: | 1:05.22 | 33.95 | 200m: | 2:14.71 | 34.66 | 300m: | 3:24.99 | 35.15 |
| | | | | 350m: | 4:00.38 | 35.39 | 400m: | 4:33.33 | 32.95 |
| 2. | Kalkan Jakub | | 04 | LKS Jedno 32 Przyszowice | | | | 4:42.72 | 423 |
| | 50m: | 30.98 | 30.98 | 150m: | 1:41.24 | 35.68 | 250m: | 2:53.83 | 36.31 |
| | 100m: | 1:05.56 | 34.58 | 200m: | 2:17.52 | 36.28 | 300m: | 3:30.32 | 36.49 |
| | | | | 350m: | 4:06.88 | 36.56 | 400m: | 4:42.72 | 35.84 |
| 3. | Le niak Maksymilian | | 04 | Uks 190 Łód | | | | 5:03.98 | 340 |
| | 50m: | 33.93 | 33.93 | 150m: | 1:49.56 | 38.45 | 250m: | 3:08.38 | 39.55 |
| | 100m: | 1:11.11 | 37.18 | 200m: | 2:28.83 | 39.27 | 300m: | 3:47.99 | 39.61 |
| | | | | 350m: | 4:26.35 | 38.36 | 400m: | 5:03.98 | 37.63 |
| 4. | Browarski Maciej | | 04 | LKS Jedno 32 Przyszowice | | | | 5:17.24 | 299 |
| | 50m: | 34.09 | 34.09 | 150m: | 1:53.41 | 40.59 | 250m: | 3:14.97 | 41.01 |
| | 100m: | 1:12.82 | 38.73 | 200m: | 2:33.96 | 40.55 | 300m: | 3:56.89 | 41.92 |
| | | | | 350m: | 4:37.86 | 40.97 | 400m: | 5:17.24 | 39.38 |
| 5. | Baranek Jakub | | 04 | Zryw Opole | | | | 5:20.70 | 289 |
| | 50m: | 34.76 | 34.76 | 150m: | 1:56.89 | 41.97 | 250m: | 3:19.74 | 41.52 |
| | 100m: | 1:14.92 | 40.16 | 200m: | 2:38.22 | 41.33 | 300m: | 4:02.26 | 42.52 |
| | | | | 350m: | 4:43.41 | 41.15 | 400m: | 5:20.70 | 37.29 |
| 6. | Pajerski Jakub | | 05 | UKP Kmita Zabierzów | | | | 5:37.67 | 248 |
| | 50m: | 37.80 | 37.80 | 150m: | 2:03.07 | 42.82 | 250m: | 3:29.42 | 42.81 |
| | 100m: | 1:20.25 | 42.45 | 200m: | 2:46.61 | 43.54 | 300m: | 4:13.03 | 43.61 |
| | | | | 350m: | 4:56.11 | 43.08 | 400m: | 5:37.67 | 41.56 |
| 7. | Gohla Kamil | | 05 | MMKS K dzierzyn-Ko le | | | | 5:45.70 | 231 |
| | 50m: | 39.29 | 39.29 | 150m: | 2:09.17 | 45.96 | 250m: | 3:37.41 | 44.46 |
| | 100m: | 1:23.21 | 43.92 | 200m: | 2:52.95 | 43.78 | 300m: | 4:20.85 | 43.44 |
| | | | | 350m: | 5:03.07 | 42.22 | 400m: | 5:45.70 | 42.63 |
| 8. | Płusa Maksymilian | | 04 | UKP Kmita Zabierzów | | | | 5:59.97 | 204 |
| | 50m: | 40.47 | 40.47 | 150m: | 2:14.10 | 47.27 | 250m: | 3:47.04 | 47.05 |
| | 100m: | 1:26.83 | 46.36 | 200m: | 2:59.99 | 45.89 | 300m: | 4:33.79 | 46.75 |
| | | | | 350m: | 5:18.40 | 44.61 | 400m: | 5:59.97 | 41.57 |
| 9. | Piechowski Jakub | | 05 | UKS Junior Kluczbork | | | | 6:00.51 | 204 |
| | 50m: | 39.29 | 39.29 | 150m: | 2:11.45 | 46.66 | 250m: | 3:43.49 | 45.85 |
| | 100m: | 1:24.79 | 45.50 | 200m: | 2:57.64 | 46.19 | 300m: | 4:29.78 | 46.29 |
| | | | | 350m: | 5:15.23 | 45.45 | 400m: | 6:00.51 | 45.28 |
| 10. | Górowski Cezary | | 04 | Zryw Opole | | | | 6:07.58 | 192 |
| | 50m: | 38.47 | 38.47 | 150m: | 2:12.27 | 47.70 | 250m: | 3:48.16 | 49.06 |
| | 100m: | 1:24.57 | 46.10 | 200m: | 2:59.10 | 46.83 | 300m: | 4:35.66 | 47.50 |
| | | | | 350m: | 5:23.16 | 47.50 | 400m: | 6:07.58 | 44.42 |

kat. B 2002-2003

| | | | | | | | | | |
|----|-------------------|---------|-------|---------------------------|---------|-------|-------|----------------|-------|
| 1. | Jackowski Tomasz | | 02 | WKS I sk Wrocław | | | | 4:11.20 | 603 |
| | 50m: | 27.50 | 27.50 | 150m: | 1:31.45 | 32.24 | 250m: | 2:35.39 | 31.68 |
| | 100m: | 59.21 | 31.71 | 200m: | 2:03.71 | 32.26 | 300m: | 3:07.69 | 32.30 |
| | | | | 350m: | 3:39.28 | 31.59 | 400m: | 4:11.20 | 31.92 |
| 2. | Cielecki Kuba | | 02 | WKS I sk Wrocław | | | | 4:24.53 | 516 |
| | 50m: | 29.99 | 29.99 | 150m: | 1:36.59 | 33.51 | 250m: | 2:44.27 | 33.58 |
| | 100m: | 1:03.08 | 33.09 | 200m: | 2:10.69 | 34.10 | 300m: | 3:18.41 | 34.14 |
| | | | | 350m: | 3:52.00 | 33.59 | 400m: | 4:24.53 | 32.53 |
| 3. | Chaffee Sean-Paul | | 03 | Potsdamer SV | | | | 4:29.12 | 490 |
| | 50m: | 30.61 | 30.61 | 150m: | 1:39.86 | 34.89 | 250m: | 2:49.15 | 34.15 |
| | 100m: | 1:04.97 | 34.36 | 200m: | 2:15.00 | 35.14 | 300m: | 3:22.96 | 33.81 |
| | | | | 350m: | 3:56.72 | 33.76 | 400m: | 4:29.12 | 32.40 |
| 4. | Czech Arkadiusz | | 03 | KS Górnik Sosnowiec | | | | 4:29.55 | 488 |
| | 50m: | 29.97 | 29.97 | 150m: | 1:37.51 | 33.86 | 250m: | 2:46.57 | 35.07 |
| | 100m: | 1:03.65 | 33.68 | 200m: | 2:11.50 | 33.99 | 300m: | 3:21.28 | 34.71 |
| | | | | 350m: | 3:55.98 | 34.70 | 400m: | 4:29.55 | 33.57 |
| 5. | Wyrobek Robert | | 03 | LKS Jedno 32 Przyszowice | | | | 4:30.88 | 481 |
| | 50m: | 30.56 | 30.56 | 150m: | 1:37.41 | 34.09 | 250m: | 2:47.07 | 35.29 |
| | 100m: | 1:03.32 | 32.76 | 200m: | 2:11.78 | 34.37 | 300m: | 3:22.63 | 35.56 |
| | | | | 350m: | 3:57.28 | 34.65 | 400m: | 4:30.88 | 33.60 |
| 6. | Majka Maksymilian | | 02 | CSiR MOS D browa Górnicza | | | | 4:46.13 | 408 |
| | 50m: | 30.96 | 30.96 | 150m: | 1:43.03 | 36.59 | 250m: | 2:57.13 | 36.89 |
| | 100m: | 1:06.44 | 35.48 | 200m: | 2:20.24 | 37.21 | 300m: | 3:34.53 | 37.40 |
| | | | | 350m: | 4:10.96 | 36.43 | 400m: | 4:46.13 | 35.17 |

Grand Prix Puchar Regionów i Miast Partnerskich Opola 2016
Opole, 1- - 2-10-2016

Konkurencja 8, Chłopców, 400m dowolny, kat. B 2002-2003

| Pozycja | | | Rok ur. | | | | | Czas | Pkt. |
|---------|---------------------|---------------|---------|---------------------------|-------|---------------|-------|----------------|------|
| 7. | Kistowski Jakub | | 02 | WKS I sk Wrocław | | | | 4:46.99 | 404 |
| | 50m: | 32.83 32.83 | 150m: | 1:45.08 36.36 | 250m: | 2:58.40 36.66 | 350m: | 4:11.85 36.50 | |
| | 100m: | 1:08.72 35.89 | 200m: | 2:21.74 36.66 | 300m: | 3:35.35 36.95 | 400m: | 4:46.99 35.14 | |
| 8. | Hudzikowski Mateusz | | 03 | LKS Jedno 32 Przyszowice | | | | 4:47.89 | 400 |
| | 50m: | 31.62 31.62 | 150m: | 1:42.63 36.14 | 250m: | 2:56.07 36.97 | 350m: | 4:10.70 37.44 | |
| | 100m: | 1:06.49 34.87 | 200m: | 2:19.10 36.47 | 300m: | 3:33.26 37.19 | 400m: | 4:47.89 37.19 | |
| 9. | Kłosek Krystan | | 02 | CSiR MOS D browa Górnicza | | | | 4:56.09 | 368 |
| | 50m: | 34.13 34.13 | 150m: | 1:50.02 38.56 | 250m: | 3:04.90 37.52 | 350m: | 4:20.28 37.45 | |
| | 100m: | 1:11.46 37.33 | 200m: | 2:27.38 37.36 | 300m: | 3:42.83 37.93 | 400m: | 4:56.09 35.81 | |

kat. A 2001 i st.

| | | | | | | | | | |
|-----|----------------------|---------------|-------|--------------------------|-------|---------------|-------|----------------|-----|
| 1. | Piotrowski Kacper | | 01 | WKS I sk Wrocław | | | | 4:03.94 | 658 |
| | 50m: | 27.81 27.81 | 150m: | 1:29.62 31.26 | 250m: | 2:32.38 31.41 | 350m: | 3:34.50 30.80 | |
| | 100m: | 58.36 30.55 | 200m: | 2:00.97 31.35 | 300m: | 3:03.70 31.32 | 400m: | 4:03.94 29.44 | |
| 2. | Pawlaczyk Patryk | | 00 | Uks 190 Łód | | | | 4:04.79 | 651 |
| | 50m: | 27.99 27.99 | 150m: | 1:29.64 31.11 | 250m: | 2:32.25 31.46 | 350m: | 3:35.45 31.46 | |
| | 100m: | 58.53 30.54 | 200m: | 2:00.79 31.15 | 300m: | 3:03.99 31.74 | 400m: | 4:04.79 29.34 | |
| 3. | Sionkowski Arkadiusz | | 00 | UKP Kmita Zabierzów | | | | 4:11.61 | 600 |
| | 50m: | 28.08 28.08 | 150m: | 1:30.25 31.29 | 250m: | 2:34.29 32.30 | 350m: | 3:39.36 32.55 | |
| | 100m: | 58.96 30.88 | 200m: | 2:01.99 31.74 | 300m: | 3:06.81 32.52 | 400m: | 4:11.61 32.25 | |
| 4. | Lewandowski Michał | | 00 | Zryw Opole | | | | 4:15.38 | 574 |
| | 50m: | 28.93 28.93 | 150m: | 1:33.53 32.69 | 250m: | 2:39.22 33.00 | 350m: | 3:43.59 31.95 | |
| | 100m: | 1:00.84 31.91 | 200m: | 2:06.22 32.69 | 300m: | 3:11.64 32.42 | 400m: | 4:15.38 31.79 | |
| 5. | Rytter Igor | | 01 | WKS I sk Wrocław | | | | 4:16.69 | 565 |
| | 50m: | 29.41 29.41 | 150m: | 1:34.13 32.74 | 250m: | 2:39.94 32.85 | 350m: | 3:45.35 32.38 | |
| | 100m: | 1:01.39 31.98 | 200m: | 2:07.09 32.96 | 300m: | 3:12.97 33.03 | 400m: | 4:16.69 31.34 | |
| 6. | Zaremba Jakub | | 01 | WKS I sk Wrocław | | | | 4:18.14 | 555 |
| | 50m: | 29.53 29.53 | 150m: | 1:34.49 32.66 | 250m: | 2:40.77 33.20 | 350m: | 3:46.90 33.00 | |
| | 100m: | 1:01.83 32.30 | 200m: | 2:07.57 33.08 | 300m: | 3:13.90 33.13 | 400m: | 4:18.14 31.24 | |
| 7. | Jó ków Cezary | | 01 | WKS I sk Wrocław | | | | 4:19.00 | 550 |
| | 50m: | 29.33 29.33 | 150m: | 1:33.20 32.20 | 250m: | 2:39.38 33.21 | 350m: | 3:45.95 33.17 | |
| | 100m: | 1:01.00 31.67 | 200m: | 2:06.17 32.97 | 300m: | 3:12.78 33.40 | 400m: | 4:19.00 33.05 | |
| 8. | Ko cielak Jacek | | 01 | Zryw Opole | | | | 4:23.86 | 520 |
| | 50m: | 28.32 28.32 | 150m: | 1:33.90 33.48 | 250m: | 2:41.65 33.98 | 350m: | 3:50.54 34.57 | |
| | 100m: | 1:00.42 32.10 | 200m: | 2:07.67 33.77 | 300m: | 3:15.97 34.32 | 400m: | 4:23.86 33.32 | |
| 9. | Wyrobek Rafał | | 00 | LKS Jedno 32 Przyszowice | | | | 4:24.93 | 514 |
| | 50m: | 29.42 29.42 | 150m: | 1:35.11 33.44 | 250m: | 2:42.51 33.88 | 350m: | 3:51.22 34.42 | |
| | 100m: | 1:01.67 32.25 | 200m: | 2:08.63 33.52 | 300m: | 3:16.80 34.29 | 400m: | 4:24.93 33.71 | |
| 10. | Krasowski Michał | | 01 | Zryw Opole | | | | 4:28.21 | 495 |
| | 50m: | 28.77 28.77 | 150m: | 1:35.73 34.09 | 250m: | 2:44.80 34.40 | 350m: | 3:54.49 34.93 | |
| | 100m: | 1:01.64 32.87 | 200m: | 2:10.40 34.67 | 300m: | 3:19.56 34.76 | 400m: | 4:28.21 33.72 | |
| 11. | Jochymek Oskar | | 01 | WKS I sk Wrocław | | | | 4:28.97 | 491 |
| | 50m: | 29.53 29.53 | 150m: | 1:36.55 34.31 | 250m: | 2:45.12 34.22 | 350m: | 3:55.44 35.05 | |
| | 100m: | 1:02.24 32.71 | 200m: | 2:10.90 34.35 | 300m: | 3:20.39 35.27 | 400m: | 4:28.97 33.53 | |
| 12. | Gavriluks Andrejs | | 01 | Ridzene-Dsn | | | | 4:30.25 | 484 |
| | 50m: | 30.57 30.57 | 150m: | 1:38.69 34.44 | 250m: | 2:47.85 34.56 | 350m: | 3:56.76 34.53 | |
| | 100m: | 1:04.25 33.68 | 200m: | 2:13.29 34.60 | 300m: | 3:22.23 34.38 | 400m: | 4:30.25 33.49 | |
| 13. | Majda Adam | | 01 | UKP Kmita Zabierzów | | | | 4:32.37 | 473 |
| | 50m: | 29.07 29.07 | 150m: | 1:39.07 35.57 | 250m: | 2:50.23 35.46 | 350m: | 3:59.56 34.09 | |
| | 100m: | 1:03.50 34.43 | 200m: | 2:14.77 35.70 | 300m: | 3:25.47 35.24 | 400m: | 4:32.37 32.81 | |
| 14. | Marciów Jakub | | 01 | WKS I sk Wrocław | | | | 4:38.15 | 444 |
| | 50m: | 28.84 28.84 | 150m: | 1:40.33 36.56 | 250m: | 2:52.06 36.00 | 350m: | 4:03.31 35.05 | |
| | 100m: | 1:03.77 34.93 | 200m: | 2:16.06 35.73 | 300m: | 3:28.26 36.20 | 400m: | 4:38.15 34.84 | |

Grand Prix Puchar Regionów i Miast Partnerskich Opola 2016
Opole, 1- - 2-10-2016

Konkurencja 8, M cżyn, 400m dowolny, kat. A 2001 i st.

| Pozycja | Rok ur. | | | | | | | | Czas | Pkt. | |
|--------------------|------------------------|-------|-------|---------|-------|-------|---------|-------|----------------|---------|-------|
| 15. Zawartka Jakub | 01 UKP Kmita Zabierzów | | | | | | | | 5:18.24 | 296 | |
| 50m: | 32.42 | 32.42 | 150m: | 1:53.21 | 42.38 | 250m: | 3:18.21 | 42.31 | 350m: | 4:40.32 | 38.56 |
| 100m: | 1:10.83 | 38.41 | 200m: | 2:35.90 | 42.69 | 300m: | 4:01.76 | 43.55 | 400m: | 5:18.24 | 37.92 |