

Grand Prix Puchar Regionów i Miast Partnerskich Opola 2016
Opole, 1- - 2-10-2016

Event 8
2016-10-01 - 11:30

Men, 400m Freestyle

Open
Results

Points: FINA 2016

Rank			YB					Time	Pts
kat. C 2004 i mł.									
1.	Golacki Sergiusz		04	Uks 190 Lodz				4:33.33	468
	50m:	31.27	31.27	150m:	1:40.05	34.83	250m:	2:49.84	35.13
	100m:	1:05.22	33.95	200m:	2:14.71	34.66	300m:	3:24.99	35.15
				350m:	4:00.38		400m:	4:33.33	32.95
2.	Kalkan Jakub		04	LKS Jednosc 32 Przyszowice				4:42.72	423
	50m:	30.98	30.98	150m:	1:41.24	35.68	250m:	2:53.83	36.31
	100m:	1:05.56	34.58	200m:	2:17.52	36.28	300m:	3:30.32	36.49
				350m:	4:06.88		400m:	4:42.72	35.84
3.	Lesniak Maksymilian		04	Uks 190 Lodz				5:03.98	340
	50m:	33.93	33.93	150m:	1:49.56	38.45	250m:	3:08.38	39.55
	100m:	1:11.11	37.18	200m:	2:28.83	39.27	300m:	3:47.99	39.61
				350m:	4:26.35		400m:	5:03.98	37.63
4.	Browarski Maciej		04	LKS Jednosc 32 Przyszowice				5:17.24	299
	50m:	34.09	34.09	150m:	1:53.41	40.59	250m:	3:14.97	41.01
	100m:	1:12.82	38.73	200m:	2:33.96	40.55	300m:	3:56.89	41.92
				350m:	4:37.86		400m:	5:17.24	39.38
5.	Baranek Jakub		04	Zryw				5:20.70	289
	50m:	34.76	34.76	150m:	1:56.89	41.97	250m:	3:19.74	41.52
	100m:	1:14.92	40.16	200m:	2:38.22	41.33	300m:	4:02.26	42.52
				350m:	4:43.41		400m:	5:20.70	37.29
6.	Pajerski Jakub		05	UKP Kmita Zabierzow				5:37.67	248
	50m:	37.80	37.80	150m:	2:03.07	42.82	250m:	3:29.42	42.81
	100m:	1:20.25	42.45	200m:	2:46.61	43.54	300m:	4:13.03	43.61
				350m:	4:56.11		400m:	5:37.67	41.56
7.	Gohla Kamil		05	MMKS Kedzierzyn-Kozle				5:45.70	231
	50m:	39.29	39.29	150m:	2:09.17	45.96	250m:	3:37.41	44.46
	100m:	1:23.21	43.92	200m:	2:52.95	43.78	300m:	4:20.85	43.44
				350m:	5:03.07		400m:	5:45.70	42.63
8.	Plusa Maksymilian		04	UKP Kmita Zabierzow				5:59.97	204
	50m:	40.47	40.47	150m:	2:14.10	47.27	250m:	3:47.04	47.05
	100m:	1:26.83	46.36	200m:	2:59.99	45.89	300m:	4:33.79	46.75
				350m:	5:18.40		400m:	5:59.97	41.57
9.	Piechowski Jakub		05	UKS Junior Kluczbork				6:00.51	204
	50m:	39.29	39.29	150m:	2:11.45	46.66	250m:	3:43.49	45.85
	100m:	1:24.79	45.50	200m:	2:57.64	46.19	300m:	4:29.78	46.29
				350m:	5:15.23		400m:	6:00.51	45.28
10.	Gorowski Cezary		04	Zryw				6:07.58	192
	50m:	38.47	38.47	150m:	2:12.27	47.70	250m:	3:48.16	49.06
	100m:	1:24.57	46.10	200m:	2:59.10	46.83	300m:	4:35.66	47.50
				350m:	5:23.16		400m:	6:07.58	44.42

kat. B 2002-2003

1.	Jackowski Tomasz		02	WKS Slask Wroclaw				4:11.20	603
	50m:	27.50	27.50	150m:	1:31.45	32.24	250m:	2:35.39	31.68
	100m:	59.21	31.71	200m:	2:03.71	32.26	300m:	3:07.69	32.30
				350m:	3:39.28		400m:	4:11.20	31.92
2.	Cielecki Kuba		02	WKS Slask Wroclaw				4:24.53	516
	50m:	29.99	29.99	150m:	1:36.59	33.51	250m:	2:44.27	33.58
	100m:	1:03.08	33.09	200m:	2:10.69	34.10	300m:	3:18.41	34.14
				350m:	3:52.00		400m:	4:24.53	32.53
3.	Chaffee Sean-Paul		03	Potsdamer SV				4:29.12	490
	50m:	30.61	30.61	150m:	1:39.86	34.89	250m:	2:49.15	34.15
	100m:	1:04.97	34.36	200m:	2:15.00	35.14	300m:	3:22.96	33.81
				350m:	3:56.72		400m:	4:29.12	32.40
4.	Czech Arkadiusz		03	KS Gornik Sosnowiec				4:29.55	488
	50m:	29.97	29.97	150m:	1:37.51	33.86	250m:	2:46.57	35.07
	100m:	1:03.65	33.68	200m:	2:11.50	33.99	300m:	3:21.28	34.71
				350m:	3:55.98		400m:	4:29.55	33.57
5.	Wyrobek Robert		03	LKS Jednosc 32 Przyszowice				4:30.88	481
	50m:	30.56	30.56	150m:	1:37.41	34.09	250m:	2:47.07	35.29
	100m:	1:03.32	32.76	200m:	2:11.78	34.37	300m:	3:22.63	35.56
				350m:	3:57.28		400m:	4:30.88	33.60
6.	Majka Maksymilian		02	CSiR MOS Dabrowa Gornicza				4:46.13	408
	50m:	30.96	30.96	150m:	1:43.03	36.59	250m:	2:57.13	36.89
	100m:	1:06.44	35.48	200m:	2:20.24	37.21	300m:	3:34.53	37.40
				350m:	4:10.96		400m:	4:46.13	35.17

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Event 8, Boys, 400m Freestyle, kat. B 2002-2003

Rank			YB					Time	Pts			
7.	Kistowski Jakub		02	WKS Slask Wroclaw				4:46.99	404			
	50m:	32.83	32.83	150m:	1:45.08	36.36	250m:	2:58.40	36.66	350m:	4:11.85	36.50
	100m:	1:08.72	35.89	200m:	2:21.74	36.66	300m:	3:35.35	36.95	400m:	4:46.99	35.14
8.	Hudzikowski Mateusz		03	LKS Jednosc 32 Przyszowice				4:47.89	400			
	50m:	31.62	31.62	150m:	1:42.63	36.14	250m:	2:56.07	36.97	350m:	4:10.70	37.44
	100m:	1:06.49	34.87	200m:	2:19.10	36.47	300m:	3:33.26	37.19	400m:	4:47.89	37.19
9.	Klosek Krystan		02	CSiR MOS Dabrowa Gornicza				4:56.09	368			
	50m:	34.13	34.13	150m:	1:50.02	38.56	250m:	3:04.90	37.52	350m:	4:20.28	37.45
	100m:	1:11.46	37.33	200m:	2:27.38	37.36	300m:	3:42.83	37.93	400m:	4:56.09	35.81

kat. A 2001 i st.

1.	Piotrowski Kacper		01	WKS Slask Wroclaw				4:03.94	658			
	50m:	27.81	27.81	150m:	1:29.62	31.26	250m:	2:32.38	31.41	350m:	3:34.50	30.80
	100m:	58.36	30.55	200m:	2:00.97	31.35	300m:	3:03.70	31.32	400m:	4:03.94	29.44
2.	Pawlaczyk Patryk		00	Uks 190 Lodz				4:04.79	651			
	50m:	27.99	27.99	150m:	1:29.64	31.11	250m:	2:32.25	31.46	350m:	3:35.45	31.46
	100m:	58.53	30.54	200m:	2:00.79	31.15	300m:	3:03.99	31.74	400m:	4:04.79	29.34
3.	Sionkowski Arkadiusz		00	UKP Kmita Zabierzow				4:11.61	600			
	50m:	28.08	28.08	150m:	1:30.25	31.29	250m:	2:34.29	32.30	350m:	3:39.36	32.55
	100m:	58.96	30.88	200m:	2:01.99	31.74	300m:	3:06.81	32.52	400m:	4:11.61	32.25
4.	Lewandowski Michal		00	Zryw				4:15.38	574			
	50m:	28.93	28.93	150m:	1:33.53	32.69	250m:	2:39.22	33.00	350m:	3:43.59	31.95
	100m:	1:00.84	31.91	200m:	2:06.22	32.69	300m:	3:11.64	32.42	400m:	4:15.38	31.79
5.	Rytter Igor		01	WKS Slask Wroclaw				4:16.69	565			
	50m:	29.41	29.41	150m:	1:34.13	32.74	250m:	2:39.94	32.85	350m:	3:45.35	32.38
	100m:	1:01.39	31.98	200m:	2:07.09	32.96	300m:	3:12.97	33.03	400m:	4:16.69	31.34
6.	Zaremba Jakub		01	WKS Slask Wroclaw				4:18.14	555			
	50m:	29.53	29.53	150m:	1:34.49	32.66	250m:	2:40.77	33.20	350m:	3:46.90	33.00
	100m:	1:01.83	32.30	200m:	2:07.57	33.08	300m:	3:13.90	33.13	400m:	4:18.14	31.24
7.	Jozkow Cezary		01	WKS Slask Wroclaw				4:19.00	550			
	50m:	29.33	29.33	150m:	1:33.20	32.20	250m:	2:39.38	33.21	350m:	3:45.95	33.17
	100m:	1:01.00	31.67	200m:	2:06.17	32.97	300m:	3:12.78	33.40	400m:	4:19.00	33.05
8.	Koscielak Jacek		01	Zryw				4:23.86	520			
	50m:	28.32	28.32	150m:	1:33.90	33.48	250m:	2:41.65	33.98	350m:	3:50.54	34.57
	100m:	1:00.42	32.10	200m:	2:07.67	33.77	300m:	3:15.97	34.32	400m:	4:23.86	33.32
9.	Wyrobek Rafal		00	LKS Jednosc 32 Przyszowice				4:24.93	514			
	50m:	29.42	29.42	150m:	1:35.11	33.44	250m:	2:42.51	33.88	350m:	3:51.22	34.42
	100m:	1:01.67	32.25	200m:	2:08.63	33.52	300m:	3:16.80	34.29	400m:	4:24.93	33.71
10.	Krasowski Michal		01	Zryw				4:28.21	495			
	50m:	28.77	28.77	150m:	1:35.73	34.09	250m:	2:44.80	34.40	350m:	3:54.49	34.93
	100m:	1:01.64	32.87	200m:	2:10.40	34.67	300m:	3:19.56	34.76	400m:	4:28.21	33.72
11.	Jochymek Oskar		01	WKS Slask Wroclaw				4:28.97	491			
	50m:	29.53	29.53	150m:	1:36.55	34.31	250m:	2:45.12	34.22	350m:	3:55.44	35.05
	100m:	1:02.24	32.71	200m:	2:10.90	34.35	300m:	3:20.39	35.27	400m:	4:28.97	33.53
12.	Gavriluks Andrejs		01	Ridzene-Dsn				4:30.25	484			
	50m:	30.57	30.57	150m:	1:38.69	34.44	250m:	2:47.85	34.56	350m:	3:56.76	34.53
	100m:	1:04.25	33.68	200m:	2:13.29	34.60	300m:	3:22.23	34.38	400m:	4:30.25	33.49
13.	Majda Adam		01	UKP Kmita Zabierzow				4:32.37	473			
	50m:	29.07	29.07	150m:	1:39.07	35.57	250m:	2:50.23	35.46	350m:	3:59.56	34.09
	100m:	1:03.50	34.43	200m:	2:14.77	35.70	300m:	3:25.47	35.24	400m:	4:32.37	32.81
14.	Marcioiw Jakub		01	WKS Slask Wroclaw				4:38.15	444			
	50m:	28.84	28.84	150m:	1:40.33	36.56	250m:	2:52.06	36.00	350m:	4:03.31	35.05
	100m:	1:03.77	34.93	200m:	2:16.06	35.73	300m:	3:28.26	36.20	400m:	4:38.15	34.84

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Event 8, Men, 400m Freestyle, kat. A 2001 i st.

Rank				YB					Time	Pts		
15.	Zawartka Jakub			01	UKP Kmita Zabierzow				5:18.24	296		
	50m:	32.42	32.42	150m:	1:53.21	42.38	250m:	3:18.21	42.31	350m:	4:40.32	38.56
	100m:	1:10.83	38.41	200m:	2:35.90	42.69	300m:	4:01.76	43.55	400m:	5:18.24	37.92