



Arena Grand Prix Puchar Polski Finał
Opole, 29- - 30-4-2017

Konkurencja 23
2017-04-29 - 18:45

M czynn, 1500m dowolny

14 lat i starsi
Wyniki

Punkty: FINA 2017

Pozycja			Rok ur.			Czas	Pkt.	
14 lat i starsi								
1.	Wojdak Wojciech		96	BOSiR Brzesko		15:23.12	840	
	100m: 58.24	58.24	500m: 5:01.44	1:00.84	900m: 9:06.73	1:01.75	1300m: 13:18.56	1:03.51
	200m: 1:58.88	1:00.64	600m: 6:02.34	1:00.90	1000m: 10:08.96	1:02.23	1400m: 14:22.09	1:03.53
	300m: 2:59.84	1:00.96	700m: 7:03.64	1:01.30	1100m: 11:11.73	1:02.77	1500m: 15:23.12	1:01.03
	400m: 4:00.60	1:00.76	800m: 8:04.98	1:01.34	1200m: 12:15.05	1:03.32		
2.	Kielczewski Amadeusz SSz		00	MKP Szczecin		15:40.29	794	
	100m: 59.98	59.98	500m: 5:12.41	1:03.39	900m: 9:24.93	1:03.02	1300m: 13:35.94	1:03.11
	200m: 2:02.67	1:02.69	600m: 6:15.83	1:03.42	1000m: 10:27.74	1:02.81	1400m: 14:39.11	1:03.17
	300m: 3:06.06	1:03.39	700m: 7:18.97	1:03.14	1100m: 11:30.36	1:02.62	1500m: 15:40.29	1:01.18
	400m: 4:09.02	1:02.96	800m: 8:21.91	1:02.94	1200m: 12:32.83	1:02.47		
3.	Krawczyk Paweł		99	BUKS Warszawa		15:49.58	771	
	100m: 58.61	58.61	500m: 5:08.87	1:03.67	900m: 9:23.01	1:03.54	1300m: 13:39.65	1:04.90
	200m: 2:00.35	1:01.74	600m: 6:12.17	1:03.30	1000m: 10:26.89	1:03.88	1400m: 14:45.18	1:05.53
	300m: 3:02.31	1:01.96	700m: 7:15.98	1:03.81	1100m: 11:30.64	1:03.75	1500m: 15:49.58	1:04.40
	400m: 4:05.20	1:02.89	800m: 8:19.47	1:03.49	1200m: 12:34.75	1:04.11		
4.	Dutkowiak Wojciech SWR		00	WKS lask Wrocław		16:01.95	742	
	100m: 1:00.95	1:00.95	500m: 5:19.45	1:04.59	900m: 9:38.34	1:04.70	1300m: 13:56.58	1:04.74
	200m: 2:05.67	1:04.72	600m: 6:23.80	1:04.35	1000m: 10:43.54	1:05.20	1400m: 15:00.33	1:03.75
	300m: 3:10.33	1:04.66	700m: 7:28.68	1:04.88	1100m: 11:47.76	1:04.22	1500m: 16:01.95	1:01.62
	400m: 4:14.86	1:04.53	800m: 8:33.64	1:04.96	1200m: 12:51.84	1:04.08		
5.	Pióro Artur		91	MKS Pałac Młodzie y Katowice		16:18.54	705	
	100m: 1:01.74	1:01.74	500m: 5:21.99	1:04.94	900m: 9:43.89	1:05.89	1300m: 14:07.27	1:06.04
	200m: 2:06.64	1:04.90	600m: 6:26.98	1:04.99	1000m: 10:49.39	1:05.50	1400m: 15:13.21	1:05.94
	300m: 3:11.97	1:05.33	700m: 7:32.49	1:05.51	1100m: 11:55.12	1:05.73	1500m: 16:18.54	1:05.33
	400m: 4:17.05	1:05.08	800m: 8:38.00	1:05.51	1200m: 13:01.23	1:06.11		
6.	Szwedzki Dawid		94	WKS lask Wrocław		16:20.83	700	
	100m: 1:04.12	1:04.12	500m: 5:26.99	1:05.53	900m: 9:49.42	1:05.68	1300m: 14:11.62	1:05.28
	200m: 2:10.06	1:05.94	600m: 6:32.51	1:05.52	1000m: 10:55.29	1:05.87	1400m: 15:16.90	1:05.28
	300m: 3:15.83	1:05.77	700m: 7:37.85	1:05.34	1100m: 12:00.97	1:05.68	1500m: 16:20.83	1:03.93
	400m: 4:21.46	1:05.63	800m: 8:43.74	1:05.89	1200m: 13:06.34	1:05.37		
7.	Pawlaczyk Patryk		00	UKS 190 Łód		16:22.95	695	
	100m: 1:00.34	1:00.34	500m: 5:20.68	1:05.59	900m: 9:46.25	1:06.76	1300m: 14:13.31	1:06.36
	200m: 2:05.21	1:04.87	600m: 6:26.67	1:05.99	1000m: 10:53.26	1:07.01	1400m: 15:20.28	1:06.97
	300m: 3:10.08	1:04.87	700m: 7:32.86	1:06.19	1100m: 12:00.62	1:07.36	1500m: 16:22.95	1:02.67
	400m: 4:15.09	1:05.01	800m: 8:39.49	1:06.63	1200m: 13:06.95	1:06.33		
8.	Paj k Bartosz		01	BUKS Warszawa		16:31.18	678	
	100m: 1:04.24	1:04.24	500m: 5:34.17	1:06.96	900m: 9:59.67	1:06.26	1300m: 14:21.93	1:06.04
	200m: 2:12.02	1:07.78	600m: 6:40.78	1:06.61	1000m: 11:06.02	1:06.35	1400m: 15:27.27	1:05.34
	300m: 3:19.37	1:07.35	700m: 7:47.40	1:06.62	1100m: 12:10.81	1:04.79	1500m: 16:31.18	1:03.91
	400m: 4:27.21	1:07.84	800m: 8:53.41	1:06.01	1200m: 13:15.89	1:05.08		
9.	Hano Grzegorz SWR		00	WKS lask Wrocław		16:34.82	671	
	100m: 1:03.37	1:03.37	500m: 5:27.59	1:06.05	900m: 9:54.69	1:06.92	1300m: 14:23.20	1:07.32
	200m: 2:09.46	1:06.09	600m: 6:34.00	1:06.41	1000m: 11:01.51	1:06.82	1400m: 15:30.11	1:06.91
	300m: 3:15.66	1:06.20	700m: 7:40.85	1:06.85	1100m: 12:08.54	1:07.03	1500m: 16:34.82	1:04.71
	400m: 4:21.54	1:05.88	800m: 8:47.77	1:06.92	1200m: 13:15.88	1:07.34		



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Konkurencja 23, M cżyn, 1500m dowolny, 14 lat i starsi

Pozycja			Rok ur.					Czas	Pkt.
10.	Jackowski Tomasz		02	WKS	lask Wrocław			16:35.72	669
	100m:	1:01.42 1:01.42	500m:	5:30.86 1:07.22	900m:	9:57.72 1:06.56	1300m:	14:25.80 1:07.11	
	200m:	2:08.69 1:07.27	600m:	6:37.40 1:06.54	1000m:	11:03.94 1:06.22	1400m:	15:33.06 1:07.26	
	300m:	3:15.99 1:07.30	700m:	7:44.97 1:07.57	1100m:	12:11.07 1:07.13	1500m:	16:35.72 1:02.66	
	400m:	4:23.64 1:07.65	800m:	8:51.16 1:06.19	1200m:	13:18.69 1:07.62			
11.	Karolczak Jan		01	UKS	G-8 Bielany			16:37.63	665
	100m:	1:01.48 1:01.48	500m:	5:25.69 1:06.42	900m:	9:53.58 1:07.27	1300m:	14:26.00 1:07.41	
	200m:	2:06.48 1:05.00	600m:	6:32.53 1:06.84	1000m:	11:02.70 1:09.12	1400m:	15:33.19 1:07.19	
	300m:	3:12.24 1:05.76	700m:	7:39.48 1:06.95	1100m:	12:10.72 1:08.02	1500m:	16:37.63 1:04.44	
	400m:	4:19.27 1:07.03	800m:	8:46.31 1:06.83	1200m:	13:18.59 1:07.87			
12.	Jó ków Cezary		01	WKS	lask Wrocław			16:40.59	659
	100m:	1:03.13 1:03.13	500m:	5:31.75 1:07.02	900m:	10:00.00 1:07.11	1300m:	14:27.80 1:07.05	
	200m:	2:10.40 1:07.27	600m:	6:39.03 1:07.28	1000m:	11:06.63 1:06.63	1400m:	15:34.47 1:06.67	
	300m:	3:17.50 1:07.10	700m:	7:45.96 1:06.93	1100m:	12:13.40 1:06.77	1500m:	16:40.59 1:06.12	
	400m:	4:24.73 1:07.23	800m:	8:52.89 1:06.93	1200m:	13:20.75 1:07.35			
13.	Dominiak Kacper SWR		00	WKS	lask Wrocław			16:40.80	659
	100m:	1:04.07 1:04.07	500m:	5:34.28 1:07.36	900m:	10:02.91 1:06.86	1300m:	14:30.44 1:06.53	
	200m:	2:11.66 1:07.59	600m:	6:41.50 1:07.22	1000m:	11:10.27 1:07.36	1400m:	15:36.63 1:06.19	
	300m:	3:19.44 1:07.78	700m:	7:48.87 1:07.37	1100m:	12:17.04 1:06.77	1500m:	16:40.80 1:04.17	
	400m:	4:26.92 1:07.48	800m:	8:56.05 1:07.18	1200m:	13:23.91 1:06.87			
14.	Kaczorowski Jakub		97	UKS	G-8 Bielany			16:42.18	656
	100m:	1:01.43 1:01.43	500m:	5:29.12 1:07.32	900m:	9:59.22 1:07.63	1300m:	14:30.41 1:07.51	
	200m:	2:07.79 1:06.36	600m:	6:36.84 1:07.72	1000m:	11:07.41 1:08.19	1400m:	15:37.83 1:07.42	
	300m:	3:14.72 1:06.93	700m:	7:43.96 1:07.12	1100m:	12:15.40 1:07.99	1500m:	16:42.18 1:04.35	
	400m:	4:21.80 1:07.08	800m:	8:51.59 1:07.63	1200m:	13:22.90 1:07.50			
15.	Bugala Krzysztof SSz		01	MKP	Szczecin			16:43.91	653
	100m:	1:03.61 1:03.61	500m:	5:33.36 1:07.30	900m:	10:02.27 1:07.28	1300m:	14:31.19 1:06.66	
	200m:	2:11.30 1:07.69	600m:	6:40.30 1:06.94	1000m:	11:09.71 1:07.44	1400m:	15:38.23 1:07.04	
	300m:	3:18.67 1:07.37	700m:	7:47.78 1:07.48	1100m:	12:16.86 1:07.15	1500m:	16:43.91 1:05.68	
	400m:	4:26.06 1:07.39	800m:	8:54.99 1:07.21	1200m:	13:24.53 1:07.67			
16.	Ma ka Filip		00	UKS	190 Łód			16:46.16	648
	100m:	1:04.53 1:04.53	500m:	5:34.28 1:06.72	900m:	10:06.31 1:08.14	1300m:	14:32.59 1:07.00	
	200m:	2:12.04 1:07.51	600m:	6:41.71 1:07.43	1000m:	11:13.12 1:06.81	1400m:	15:39.91 1:07.32	
	300m:	3:20.19 1:08.15	700m:	7:49.29 1:07.58	1100m:	12:19.17 1:06.05	1500m:	16:46.16 1:06.25	
	400m:	4:27.56 1:07.37	800m:	8:58.17 1:08.88	1200m:	13:25.59 1:06.42			
17.	Krzywania Oskar		02	UKS	SP 149 Łód			16:48.12	644
	100m:	1:02.88 1:02.88	500m:	5:33.99 1:07.42	900m:	10:04.02 1:07.04	1300m:	14:34.58 1:08.17	
	200m:	2:10.99 1:08.11	600m:	6:41.83 1:07.84	1000m:	11:11.51 1:07.49	1400m:	15:42.22 1:07.64	
	300m:	3:18.70 1:07.71	700m:	7:49.47 1:07.64	1100m:	12:18.93 1:07.42	1500m:	16:48.12 1:05.90	
	400m:	4:26.57 1:07.87	800m:	8:56.98 1:07.51	1200m:	13:26.41 1:07.48			
18.	Prószy ski Igor		99	MKP	Szczecin			16:48.75	643
	100m:	1:04.79 1:04.79	500m:	5:32.49 1:06.78	900m:	10:03.03 1:08.03	1300m:	14:35.33 1:08.35	
	200m:	2:12.15 1:07.36	600m:	6:39.93 1:07.44	1000m:	11:11.26 1:08.23	1400m:	15:42.85 1:07.52	
	300m:	3:19.05 1:06.90	700m:	7:47.30 1:07.37	1100m:	12:19.10 1:07.84	1500m:	16:48.75 1:05.90	
	400m:	4:25.71 1:06.66	800m:	8:55.00 1:07.70	1200m:	13:26.98 1:07.88			
19.	Kramarczyk Jakub SO		01	UKP	Unia O wi cim			16:50.48	640
	<i>Wyniki lepszy od Rekordu Polski Niestysz cych w kategorii 15-17 lat</i>								
	100m:	1:03.16 1:03.16	500m:	5:34.70 1:08.29	900m:	10:05.60 1:07.65	1300m:	14:36.62 1:07.92	
	200m:	2:11.06 1:07.90	600m:	6:42.51 1:07.81	1000m:	11:14.00 1:08.40	1400m:	15:44.51 1:07.89	
	300m:	3:18.75 1:07.69	700m:	7:50.05 1:07.54	1100m:	12:21.55 1:07.55	1500m:	16:50.48 1:05.97	
	400m:	4:26.41 1:07.66	800m:	8:57.95 1:07.90	1200m:	13:28.70 1:07.15			



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Konkurencja 23, M cżyn, 1500m dowolny, 14 lat i starsi

Pozycja			Rok ur.					Czas	Pkt.
20.	Wo niak Maciej		00	UKS 190 Łód				16:51.62	638
	100m: 1:03.83	1:03.83	500m: 5:34.59	1:07.68	900m: 10:06.26	1:08.58	1300m: 14:36.30	1:07.97	
	200m: 2:11.86	1:08.03	600m: 6:41.96	1:07.37	1000m: 11:13.92	1:07.66	1400m: 15:43.92	1:07.62	
	300m: 3:19.49	1:07.63	700m: 7:49.90	1:07.94	1100m: 12:20.77	1:06.85	1500m: 16:51.62	1:07.70	
	400m: 4:26.91	1:07.42	800m: 8:57.68	1:07.78	1200m: 13:28.33	1:07.56			
21.	Zaremba Jakub		01	WKS lask Wrocław				16:55.15	631
	100m: 1:04.50	1:04.50	500m: 5:35.91	1:07.79	900m: 10:07.40	1:08.48	1300m: 14:40.41	1:08.41	
	200m: 2:12.14	1:07.64	600m: 6:43.64	1:07.73	1000m: 11:15.56	1:08.16	1400m: 15:48.58	1:08.17	
	300m: 3:20.06	1:07.92	700m: 7:50.93	1:07.29	1100m: 12:23.63	1:08.07	1500m: 16:55.15	1:06.57	
	400m: 4:28.12	1:08.06	800m: 8:58.92	1:07.99	1200m: 13:32.00	1:08.37			
22.	Stawaruk Michał		99	MKS Jedyńka Łód				16:56.57	629
	100m: 1:01.73	1:01.73	500m: 5:30.61	1:08.19	900m: 10:02.17	1:08.63	1300m: 14:38.07	1:09.79	
	200m: 2:07.85	1:06.12	600m: 6:39.21	1:08.60	1000m: 11:11.07	1:08.90	1400m: 15:47.23	1:09.16	
	300m: 3:15.05	1:07.20	700m: 7:46.96	1:07.75	1100m: 12:19.36	1:08.29	1500m: 16:56.57	1:09.34	
	400m: 4:22.42	1:07.37	800m: 8:53.54	1:06.58	1200m: 13:28.28	1:08.92			
23.	Stanek Adam SO		99	UKP Unia O wi cim				16:58.66	625
	100m: 1:04.98	1:04.98	500m: 5:39.05	1:08.30	900m: 10:09.83	1:07.89	1300m: 14:44.14	1:09.13	
	200m: 2:13.74	1:08.76	600m: 6:47.05	1:08.00	1000m: 11:17.97	1:08.14	1400m: 15:52.73	1:08.59	
	300m: 3:22.24	1:08.50	700m: 7:54.34	1:07.29	1100m: 12:26.26	1:08.29	1500m: 16:58.66	1:05.93	
	400m: 4:30.75	1:08.51	800m: 9:01.94	1:07.60	1200m: 13:35.01	1:08.75			
24.	Girul Radosław SWR		01	WKS lask Wrocław				16:59.16	624
	100m: 1:04.89	1:04.89	500m: 5:35.31	1:07.50	900m: 10:09.06	1:08.84	1300m: 14:44.95	1:09.25	
	200m: 2:12.45	1:07.56	600m: 6:43.33	1:08.02	1000m: 11:17.90	1:08.84	1400m: 15:53.73	1:08.78	
	300m: 3:20.34	1:07.89	700m: 7:51.49	1:08.16	1100m: 12:26.72	1:08.82	1500m: 16:59.16	1:05.43	
	400m: 4:27.81	1:07.47	800m: 9:00.22	1:08.73	1200m: 13:35.70	1:08.98			
25.	Zieli ski Konrad		03	UKS 190 Łód				17:01.59	619
	100m: 1:04.05	1:04.05	500m: 5:34.48	1:07.61	900m: 10:08.44	1:09.60	1300m: 14:49.42	1:11.09	
	200m: 2:11.17	1:07.12	600m: 6:42.03	1:07.55	1000m: 11:18.04	1:09.60	1400m: 15:58.16	1:08.74	
	300m: 3:19.19	1:08.02	700m: 7:50.56	1:08.53	1100m: 12:28.32	1:10.28	1500m: 17:01.59	1:03.43	
	400m: 4:26.87	1:07.68	800m: 8:58.84	1:08.28	1200m: 13:38.33	1:10.01			
26.	Uryniuk Paweł		03	UKS G-8 Bielany				17:06.33	611
	100m: 1:05.37	1:05.37	500m: 5:41.55	1:08.92	900m: 10:18.44	1:09.01	1300m: 14:54.03	1:08.48	
	200m: 2:14.42	1:09.05	600m: 6:50.84	1:09.29	1000m: 11:27.73	1:09.29	1400m: 16:01.84	1:07.81	
	300m: 3:23.29	1:08.87	700m: 8:00.44	1:09.60	1100m: 12:36.44	1:08.71	1500m: 17:06.33	1:04.49	
	400m: 4:32.63	1:09.34	800m: 9:09.43	1:08.99	1200m: 13:45.55	1:09.11			
27.	Cielecki Kuba		02	WKS lask Wrocław				17:07.28	609
	100m: 1:05.52	1:05.52	500m: 5:40.76	1:09.23	900m: 10:17.29	1:08.68	1300m: 14:54.26	1:09.28	
	200m: 2:13.87	1:08.35	600m: 6:50.23	1:09.47	1000m: 11:26.82	1:09.53	1400m: 16:02.97	1:08.71	
	300m: 3:22.58	1:08.71	700m: 7:59.49	1:09.26	1100m: 12:35.87	1:09.05	1500m: 17:07.28	1:04.31	
	400m: 4:31.53	1:08.95	800m: 9:08.61	1:09.12	1200m: 13:44.98	1:09.11			
28.	Doroba Michał		02	WKS lask Wrocław				17:07.50	609
	100m: 1:05.48	1:05.48	500m: 5:40.89	1:09.02	900m: 10:17.31	1:08.76	1300m: 14:53.33	1:08.89	
	200m: 2:13.67	1:08.19	600m: 6:50.39	1:09.50	1000m: 11:26.62	1:09.31	1400m: 16:02.32	1:08.99	
	300m: 3:22.68	1:09.01	700m: 7:59.71	1:09.32	1100m: 12:35.33	1:08.71	1500m: 17:07.50	1:05.18	
	400m: 4:31.87	1:09.19	800m: 9:08.55	1:08.84	1200m: 13:44.44	1:09.11			
29.	Knyszy ski Maciej SŁ		02	MKS Jedyńka Łód				17:10.19	604
	100m: 1:03.88	1:03.88	500m: 5:35.95	1:08.24	900m: 10:13.88	1:10.03	1300m: 14:52.90	1:09.49	
	200m: 2:11.73	1:07.85	600m: 6:44.66	1:08.71	1000m: 11:23.60	1:09.72	1400m: 16:02.32	1:09.42	
	300m: 3:19.87	1:08.14	700m: 7:54.25	1:09.59	1100m: 12:33.58	1:09.98	1500m: 17:10.19	1:07.87	
	400m: 4:27.71	1:07.84	800m: 9:03.85	1:09.60	1200m: 13:43.41	1:09.83			



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Konkurencja 23, M cżyn, 1500m dowolny, 14 lat i starsi

Pozycja			Rok ur.					Czas	Pkt.
30.	Mayerberg Kacper SO		00	UKP Unia O wi cim				17:14.73	596
	100m: 1:04.88	1:04.88	500m: 5:42.65	1:10.20	900m: 10:21.07	1:09.24	1300m: 15:01.49	1:10.20	
	200m: 2:13.54	1:08.66	600m: 6:52.45	1:09.80	1000m: 11:31.04	1:09.97	1400m: 16:10.38	1:08.89	
	300m: 3:22.69	1:09.15	700m: 8:01.87	1:09.42	1100m: 12:41.24	1:10.20	1500m: 17:14.73	1:04.35	
	400m: 4:32.45	1:09.76	800m: 9:11.83	1:09.96	1200m: 13:51.29	1:10.05			
31.	Urbaniak Jan		95	KS Warta Pozna				17:19.42	588
	100m: 1:03.83	1:03.83	500m: 5:34.83	1:08.05	900m: 10:13.54	1:10.58	1300m: 14:57.69	1:11.47	
	200m: 2:11.57	1:07.74	600m: 6:43.66	1:08.83	1000m: 11:23.98	1:10.44	1400m: 16:09.42	1:11.73	
	300m: 3:19.03	1:07.46	700m: 7:53.78	1:10.12	1100m: 12:35.18	1:11.20	1500m: 17:19.42	1:10.00	
	400m: 4:26.78	1:07.75	800m: 9:02.96	1:09.18	1200m: 13:46.22	1:11.04			
32.	Fiks Krzysztof		00	UKS 190 Łód				17:20.71	586
	100m: 1:04.70	1:04.70	500m: 5:38.12	1:08.65	900m: 10:17.34	1:10.24	1300m: 15:00.12	1:10.60	
	200m: 2:13.07	1:08.37	600m: 6:47.47	1:09.35	1000m: 11:27.89	1:10.55	1400m: 16:10.99	1:10.87	
	300m: 3:21.26	1:08.19	700m: 7:57.28	1:09.81	1100m: 12:38.42	1:10.53	1500m: 17:20.71	1:09.72	
	400m: 4:29.47	1:08.21	800m: 9:07.10	1:09.82	1200m: 13:49.52	1:11.10			
33.	Lik Kacper SŁ		02	MKS Jedyńka Łód				17:22.18	583
	100m: 1:05.35	1:05.35	500m: 5:45.14	1:09.47	900m: 10:25.47	1:10.52	1300m: 15:05.87	1:09.18	
	200m: 2:15.29	1:09.94	600m: 6:54.85	1:09.71	1000m: 11:36.40	1:10.93	1400m: 16:15.25	1:09.38	
	300m: 3:25.61	1:10.32	700m: 8:04.82	1:09.97	1100m: 12:46.18	1:09.78	1500m: 17:22.18	1:06.93	
	400m: 4:35.67	1:10.06	800m: 9:14.95	1:10.13	1200m: 13:56.69	1:10.51			
34.	Lewicki Filip		03	Galicja Kraków				17:25.90	577
	100m: 1:04.33	1:04.33	500m: 5:45.33	1:10.63	900m: 10:29.07	1:11.07	1300m: 15:09.46	1:10.32	
	200m: 2:14.60	1:10.27	600m: 6:56.42	1:11.09	1000m: 11:39.30	1:10.23	1400m: 16:18.51	1:09.05	
	300m: 3:24.62	1:10.02	700m: 8:07.61	1:11.19	1100m: 12:49.25	1:09.95	1500m: 17:25.90	1:07.39	
	400m: 4:34.70	1:10.08	800m: 9:18.00	1:10.39	1200m: 13:59.14	1:09.89			
35.	Rytter Igor		01	WKS lask Wrocław				17:25.96	577
	100m: 1:04.68	1:04.68	500m: 5:42.39	1:09.67	900m: 10:22.78	1:10.50	1300m: 15:05.99	1:10.91	
	200m: 2:13.46	1:08.78	600m: 6:52.08	1:09.69	1000m: 11:33.13	1:10.35	1400m: 16:16.18	1:10.19	
	300m: 3:22.50	1:09.04	700m: 8:02.28	1:10.20	1100m: 12:44.37	1:11.24	1500m: 17:25.96	1:09.78	
	400m: 4:32.72	1:10.22	800m: 9:12.28	1:10.00	1200m: 13:55.08	1:10.71			
36.	Prus Mateusz		00	KP Astromal Leszno				17:27.14	575
	100m: 1:05.27	1:05.27	500m: 5:44.88	1:10.56	900m: 10:25.98	1:10.80	1300m: 15:08.71	1:10.96	
	200m: 2:14.19	1:08.92	600m: 6:54.75	1:09.87	1000m: 11:36.65	1:10.67	1400m: 16:19.55	1:10.84	
	300m: 3:24.20	1:10.01	700m: 8:04.91	1:10.16	1100m: 12:46.73	1:10.08	1500m: 17:27.14	1:07.59	
	400m: 4:34.32	1:10.12	800m: 9:15.18	1:10.27	1200m: 13:57.75	1:11.02			
37.	Senkowski Kacper		01	UKS G-8 Bielany				17:31.19	568
	100m: 1:05.14	1:05.14	500m: 5:47.72	1:10.20	900m: 10:29.55	1:10.46	1300m: 15:11.71	1:10.67	
	200m: 2:15.76	1:10.62	600m: 6:58.66	1:10.94	1000m: 11:39.95	1:10.40	1400m: 16:22.75	1:11.04	
	300m: 3:26.57	1:10.81	700m: 8:08.98	1:10.32	1100m: 12:50.45	1:10.50	1500m: 17:31.19	1:08.44	
	400m: 4:37.52	1:10.95	800m: 9:19.09	1:10.11	1200m: 14:01.04	1:10.59			
38.	Tasarz Kacper		03	Dwójka Tczew				17:32.55	566
	100m: 1:08.88	1:08.88	500m: 5:51.95	1:10.78	900m: 10:34.78	1:10.33	1300m: 15:16.41	1:10.02	
	200m: 2:19.35	1:10.47	600m: 7:02.82	1:10.87	1000m: 11:45.15	1:10.37	1400m: 16:26.32	1:09.91	
	300m: 3:29.91	1:10.56	700m: 8:13.69	1:10.87	1100m: 12:55.37	1:10.22	1500m: 17:32.55	1:06.23	
	400m: 4:41.17	1:11.26	800m: 9:24.45	1:10.76	1200m: 14:06.39	1:11.02			
39.	Malinowski Wojciech SŁ		03	MKS Jedyńka Łód				17:33.37	565
	100m: 1:08.94	1:08.94	500m: 5:53.02	1:10.82	900m: 10:36.76	1:10.49	1300m: 15:18.91	1:09.97	
	200m: 2:20.35	1:11.41	600m: 7:03.91	1:10.89	1000m: 11:47.66	1:10.90	1400m: 16:28.33	1:09.42	
	300m: 3:31.43	1:11.08	700m: 8:14.98	1:11.07	1100m: 12:58.46	1:10.80	1500m: 17:33.37	1:05.04	
	400m: 4:42.20	1:10.77	800m: 9:26.27	1:11.29	1200m: 14:08.94	1:10.48			



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Pozycja		Rok ur.						Czas	Pkt.
40.	Lewandowski Jakub SO	02	UKP Unia O wi cim					17:36.87	559
	100m: 1:06.06 1:06.06		500m: 5:48.18 1:10.90		900m: 10:33.06 1:11.62		1300m: 15:17.66 1:10.58		
	200m: 2:15.83 1:09.77		600m: 6:59.47 1:11.29		1000m: 11:44.48 1:11.42		1400m: 16:28.47 1:10.81		
	300m: 3:26.59 1:10.76		700m: 8:10.40 1:10.93		1100m: 12:55.53 1:11.05		1500m: 17:36.87 1:08.40		
	400m: 4:37.28 1:10.69		800m: 9:21.44 1:11.04		1200m: 14:07.08 1:11.55				
41.	Sieprawski Roch SO	03	UKP Unia O wi cim					17:46.23	545
	100m: 1:05.97 1:05.97		500m: 5:49.44 1:10.78		900m: 10:37.33 1:12.48		1300m: 15:24.97 1:11.74		
	200m: 2:16.69 1:10.72		600m: 7:00.14 1:10.70		1000m: 11:49.59 1:12.26		1400m: 16:36.07 1:11.10		
	300m: 3:27.83 1:11.14		700m: 8:12.02 1:11.88		1100m: 13:01.93 1:12.34		1500m: 17:46.23 1:10.16		
	400m: 4:38.66 1:10.83		800m: 9:24.85 1:12.83		1200m: 14:13.23 1:11.30				
42.	Danikiewicz Dawid SO	03	UKP Unia O wi cim					17:54.62	532
	100m: 1:06.34 1:06.34		500m: 5:53.71 1:12.56		900m: 10:42.16 1:11.96		1300m: 15:32.51 1:12.47		
	200m: 2:17.85 1:11.51		600m: 7:05.82 1:12.11		1000m: 11:54.73 1:12.57		1400m: 16:45.39 1:12.88		
	300m: 3:29.15 1:11.30		700m: 8:17.95 1:12.13		1100m: 13:07.02 1:12.29		1500m: 17:54.62 1:09.23		
	400m: 4:41.15 1:12.00		800m: 9:30.20 1:12.25		1200m: 14:20.04 1:13.02				
43.	Płatek Maciej SO	02	UKP Unia O wi cim					17:56.16	530
	100m: 1:08.78 1:08.78		500m: 5:58.47 1:12.68		900m: 10:47.35 1:12.11		1300m: 15:34.25 1:11.90		
	200m: 2:20.94 1:12.16		600m: 7:10.43 1:11.96		1000m: 11:58.94 1:11.59		1400m: 16:45.66 1:11.41		
	300m: 3:33.35 1:12.41		700m: 8:23.21 1:12.78		1100m: 13:10.30 1:11.36		1500m: 17:56.16 1:10.50		
	400m: 4:45.79 1:12.44		800m: 9:35.24 1:12.03		1200m: 14:22.35 1:12.05				
44.	Swojnóg Igor	03	MKS Park Wodny Tarnowskie Góry					18:06.82	514
	100m: 1:04.06 1:04.06		500m: 5:49.00 1:12.15		900m: 10:41.49 1:13.04		1300m: 15:40.28 1:15.20		
	200m: 2:14.42 1:10.36		600m: 7:01.51 1:12.51		1000m: 11:55.40 1:13.91		1400m: 16:54.03 1:13.75		
	300m: 3:25.54 1:11.12		700m: 8:14.72 1:13.21		1100m: 13:10.26 1:14.86		1500m: 18:06.82 1:12.79		
	400m: 4:36.85 1:11.31		800m: 9:28.45 1:13.73		1200m: 14:25.08 1:14.82				
45.	Gawron Oliwier	03	WKS łask Wrocław					18:11.54	508
	100m: 1:07.88 1:07.88		500m: 6:01.36 1:13.56		900m: 10:55.47 1:13.30		1300m: 15:49.05 1:12.97		
	200m: 2:21.30 1:13.42		600m: 7:15.11 1:13.75		1000m: 12:09.33 1:13.86		1400m: 17:02.22 1:13.17		
	300m: 3:34.02 1:12.72		700m: 8:28.95 1:13.84		1100m: 13:22.47 1:13.14		1500m: 18:11.54 1:09.32		
	400m: 4:47.80 1:13.78		800m: 9:42.17 1:13.22		1200m: 14:36.08 1:13.61				
46.	Tomaszowski Michał	03	MKS Park Wodny Tarnowskie Góry					18:15.07	503
	100m: 1:07.26 1:07.26		500m: 6:01.89 1:13.88		900m: 10:58.08 1:14.05		1300m: 15:51.81 1:13.01		
	200m: 2:20.60 1:13.34		600m: 7:16.06 1:14.17		1000m: 12:12.22 1:14.14		1400m: 17:04.30 1:12.49		
	300m: 3:33.88 1:13.28		700m: 8:30.08 1:14.02		1100m: 13:25.29 1:13.07		1500m: 18:15.07 1:10.77		
	400m: 4:48.01 1:14.13		800m: 9:44.03 1:13.95		1200m: 14:38.80 1:13.51				
47.	Daszkiewicz Michał SO	03	UKP Unia O wi cim					18:27.23	486
	100m: 1:07.75 1:07.75		500m: 6:00.98 1:13.20		900m: 10:56.83 1:14.75		1300m: 15:57.77 1:15.42		
	200m: 2:20.56 1:12.81		600m: 7:14.20 1:13.22		1000m: 12:11.86 1:15.03		1400m: 17:13.31 1:15.54		
	300m: 3:34.21 1:13.65		700m: 8:27.76 1:13.56		1100m: 13:27.13 1:15.27		1500m: 18:27.23 1:13.92		
	400m: 4:47.78 1:13.57		800m: 9:42.08 1:14.32		1200m: 14:42.35 1:15.22				
48.	Wleciał Damian	03	Solne Miasto Wieliczka					18:30.24	482
	100m: 1:10.96 1:10.96		500m: 6:07.39 1:14.32		900m: 11:05.67 1:15.31		1300m: 16:06.10 1:14.49		
	200m: 2:25.33 1:14.37		600m: 7:21.57 1:14.18		1000m: 12:20.69 1:15.02		1400m: 17:19.88 1:13.78		
	300m: 3:38.95 1:13.62		700m: 8:35.91 1:14.34		1100m: 13:35.96 1:15.27		1500m: 18:30.24 1:10.36		
	400m: 4:53.07 1:14.12		800m: 9:50.36 1:14.45		1200m: 14:51.61 1:15.65				
49.	Szel g Dawid	03	SP Meduza Paj czno					18:35.04	476
	100m: 1:05.79 1:05.79		500m: 6:05.67 1:15.52		900m: 11:08.35 1:15.10		1300m: 16:10.46 1:15.06		
	200m: 2:19.95 1:14.16		600m: 7:21.30 1:15.63		1000m: 12:23.53 1:15.18		1400m: 17:24.17 1:13.71		
	300m: 3:35.26 1:15.31		700m: 8:37.25 1:15.95		1100m: 13:39.68 1:16.15		1500m: 18:35.04 1:10.87		
	400m: 4:50.15 1:14.89		800m: 9:53.25 1:16.00		1200m: 14:55.40 1:15.72				



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Pozycja	Rok ur.	Club	Time	Pkt.
50.	03	MKS Park Wodny Tarnowskie Góry	18:39.34	471
100m:	1:08.85	500m:	6:08.76	1:15.33
200m:	2:22.72	600m:	7:24.03	1:15.27
300m:	3:38.16	700m:	8:39.60	1:15.57
400m:	4:53.43	800m:	9:54.97	1:15.37
900m:	11:10.33	1200m:	14:56.35	1:15.28
1300m:	16:12.16	1500m:	18:39.34	1:12.23
1400m:	17:27.11			1:14.95
1500m:	18:39.34			1:12.23
51.	02	CSiR MOS D browa Górnicza	18:57.71	448
100m:	1:11.82	500m:	6:21.51	1:18.16
200m:	2:28.44	600m:	7:38.64	1:17.13
300m:	3:45.60	700m:	8:55.22	1:16.58
400m:	5:03.35	800m:	10:11.89	1:16.67
900m:	11:28.51	1200m:	15:15.99	1:15.58
1300m:	16:31.47			1:15.48
1400m:	17:45.68			1:14.21
1500m:	18:57.71			1:12.03
52.	03	Galicja Kraków	19:47.10	395
100m:	1:12.42	500m:	6:28.25	1:19.59
200m:	2:30.77	600m:	7:48.13	1:19.88
300m:	3:49.74	700m:	9:07.60	1:19.47
400m:	5:08.66	800m:	10:27.57	1:19.97
900m:	11:47.98	1200m:	15:47.77	1:20.67
1300m:	17:08.10			1:20.33
1400m:	18:28.63			1:20.53
1500m:	19:47.10			1:18.47
53.	03	Galicja Kraków	20:07.11	375
100m:	1:14.83	500m:	6:38.45	1:22.10
200m:	2:34.81	600m:	8:01.04	1:22.59
300m:	3:55.93	700m:	9:22.89	1:21.85
400m:	5:16.35	800m:	10:43.42	1:20.53
900m:	12:05.43	1200m:	16:09.93	1:22.12
1300m:	17:30.74			1:20.81
1400m:	18:51.54			1:20.80
1500m:	20:07.11			1:15.57
54.	03	MKS ZRYW Opole	20:11.87	371
100m:	1:12.06	500m:	6:36.27	1:23.02
200m:	2:30.51	600m:	7:58.65	1:22.38
300m:	3:51.55	700m:	9:20.43	1:21.78
400m:	5:13.25	800m:	10:43.11	1:22.68
900m:	12:05.27	1200m:	16:12.42	1:21.59
1300m:	17:34.91			1:22.49
1400m:	18:55.65			1:20.74
1500m:	20:11.87			1:16.22
55.	03	Galicja Kraków	20:13.29	369
100m:	1:13.82	500m:	6:36.75	1:21.15
200m:	2:34.40	600m:	7:58.62	1:21.87
300m:	3:54.32	700m:	9:21.25	1:22.63
400m:	5:15.60	800m:	10:42.93	1:21.68
900m:	12:03.43	1200m:	16:08.82	1:21.86
1300m:	17:30.56			1:21.74
1400m:	18:51.88			1:21.32
1500m:	20:13.29			1:21.41
56.	03	UKS 5 plus 1 Opole	21:02.28	328
100m:	1:17.51	500m:	7:00.00	1:26.70
200m:	2:42.87	600m:	8:24.70	1:24.70
300m:	4:08.69	700m:	9:49.26	1:24.56
400m:	5:33.30	800m:	11:13.99	1:24.73
900m:	12:39.04	1200m:	16:54.72	1:25.23
1300m:	18:19.32			1:24.60
1400m:	19:42.48			1:23.16
1500m:	21:02.28			1:19.80
57.	03	WKS lask Wrocław	21:16.62	317
100m:	1:22.04	500m:	7:05.73	1:25.72
200m:	2:49.01	600m:	8:30.55	1:24.82
300m:	4:15.04	700m:	9:56.65	1:26.10
400m:	5:40.01	800m:	11:22.29	1:25.64
900m:	12:47.47	1200m:	17:02.69	1:25.00
1300m:	18:27.83			1:25.14
1400m:	19:52.88			1:25.05
1500m:	21:16.62			1:23.74

14 lat

1.	03	UKS 190 Łód	17:01.59	619
100m:	1:04.05	500m:	5:34.48	1:07.61
200m:	2:11.17	600m:	6:42.03	1:07.55
300m:	3:19.19	700m:	7:50.56	1:08.53
400m:	4:26.87	800m:	8:58.84	1:08.28
900m:	10:08.44	1200m:	13:38.33	1:10.01
1300m:	14:49.42			1:11.09
1400m:	15:58.16			1:08.74
1500m:	17:01.59			1:03.43



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Pozycja		Rok ur.							Czas	Pkt.
2.	Uryniuk Paweł	03	UKS G-8 Bielany						17:06.33	611
	100m: 1:05.37 1:05.37		500m: 5:41.55 1:08.92		900m: 10:18.44 1:09.01		1300m: 14:54.03 1:08.48			
	200m: 2:14.42 1:09.05		600m: 6:50.84 1:09.29		1000m: 11:27.73 1:09.29		1400m: 16:01.84 1:07.81			
	300m: 3:23.29 1:08.87		700m: 8:00.44 1:09.60		1100m: 12:36.44 1:08.71		1500m: 17:06.33 1:04.49			
	400m: 4:32.63 1:09.34		800m: 9:09.43 1:08.99		1200m: 13:45.55 1:09.11					
3.	Lewicki Filip	03	Galicja Kraków						17:25.90	577
	100m: 1:04.33 1:04.33		500m: 5:45.33 1:10.63		900m: 10:29.07 1:11.07		1300m: 15:09.46 1:10.32			
	200m: 2:14.60 1:10.27		600m: 6:56.42 1:11.09		1000m: 11:39.30 1:10.23		1400m: 16:18.51 1:09.05			
	300m: 3:24.62 1:10.02		700m: 8:07.61 1:11.19		1100m: 12:49.25 1:09.95		1500m: 17:25.90 1:07.39			
	400m: 4:34.70 1:10.08		800m: 9:18.00 1:10.39		1200m: 13:59.14 1:09.89					
4.	Taszarz Kacper	03	Dwójka Tczew						17:32.55	566
	100m: 1:08.88 1:08.88		500m: 5:51.95 1:10.78		900m: 10:34.78 1:10.33		1300m: 15:16.41 1:10.02			
	200m: 2:19.35 1:10.47		600m: 7:02.82 1:10.87		1000m: 11:45.15 1:10.37		1400m: 16:26.32 1:09.91			
	300m: 3:29.91 1:10.56		700m: 8:13.69 1:10.87		1100m: 12:55.37 1:10.22		1500m: 17:32.55 1:06.23			
	400m: 4:41.17 1:11.26		800m: 9:24.45 1:10.76		1200m: 14:06.39 1:11.02					
5.	Malinowski Wojciech SŁ	03	MKS Jedyńka Łódź						17:33.37	565
	100m: 1:08.94 1:08.94		500m: 5:53.02 1:10.82		900m: 10:36.76 1:10.49		1300m: 15:18.91 1:09.97			
	200m: 2:20.35 1:11.41		600m: 7:03.91 1:10.89		1000m: 11:47.66 1:10.90		1400m: 16:28.33 1:09.42			
	300m: 3:31.43 1:11.08		700m: 8:14.98 1:11.07		1100m: 12:58.46 1:10.80		1500m: 17:33.37 1:05.04			
	400m: 4:42.20 1:10.77		800m: 9:26.27 1:11.29		1200m: 14:08.94 1:10.48					
6.	Sieprawski Roch SO	03	UKP Unia O wi cim						17:46.23	545
	100m: 1:05.97 1:05.97		500m: 5:49.44 1:10.78		900m: 10:37.33 1:12.48		1300m: 15:24.97 1:11.74			
	200m: 2:16.69 1:10.72		600m: 7:00.14 1:10.70		1000m: 11:49.59 1:12.26		1400m: 16:36.07 1:11.10			
	300m: 3:27.83 1:11.14		700m: 8:12.02 1:11.88		1100m: 13:01.93 1:12.34		1500m: 17:46.23 1:10.16			
	400m: 4:38.66 1:10.83		800m: 9:24.85 1:12.83		1200m: 14:13.23 1:11.30					
7.	Danikiewicz Dawid SO	03	UKP Unia O wi cim						17:54.62	532
	100m: 1:06.34 1:06.34		500m: 5:53.71 1:12.56		900m: 10:42.16 1:11.96		1300m: 15:32.51 1:12.47			
	200m: 2:17.85 1:11.51		600m: 7:05.82 1:12.11		1000m: 11:54.73 1:12.57		1400m: 16:45.39 1:12.88			
	300m: 3:29.15 1:11.30		700m: 8:17.95 1:12.13		1100m: 13:07.02 1:12.29		1500m: 17:54.62 1:09.23			
	400m: 4:41.15 1:12.00		800m: 9:30.20 1:12.25		1200m: 14:20.04 1:13.02					
8.	Swojnóg Igor	03	MKS Park Wodny Tarnowskie Góry						18:06.82	514
	100m: 1:04.06 1:04.06		500m: 5:49.00 1:12.15		900m: 10:41.49 1:13.04		1300m: 15:40.28 1:15.20			
	200m: 2:14.42 1:10.36		600m: 7:01.51 1:12.51		1000m: 11:55.40 1:13.91		1400m: 16:54.03 1:13.75			
	300m: 3:25.54 1:11.12		700m: 8:14.72 1:13.21		1100m: 13:10.26 1:14.86		1500m: 18:06.82 1:12.79			
	400m: 4:36.85 1:11.31		800m: 9:28.45 1:13.73		1200m: 14:25.08 1:14.82					
9.	Gawron Oliwier	03	WKS lask Wrocław						18:11.54	508
	100m: 1:07.88 1:07.88		500m: 6:01.36 1:13.56		900m: 10:55.47 1:13.30		1300m: 15:49.05 1:12.97			
	200m: 2:21.30 1:13.42		600m: 7:15.11 1:13.75		1000m: 12:09.33 1:13.86		1400m: 17:02.22 1:13.17			
	300m: 3:34.02 1:12.72		700m: 8:28.95 1:13.84		1100m: 13:22.47 1:13.14		1500m: 18:11.54 1:09.32			
	400m: 4:47.80 1:13.78		800m: 9:42.17 1:13.22		1200m: 14:36.08 1:13.61					
10.	Tomaszowski Michał	03	MKS Park Wodny Tarnowskie Góry						18:15.07	503
	100m: 1:07.26 1:07.26		500m: 6:01.89 1:13.88		900m: 10:58.08 1:14.05		1300m: 15:51.81 1:13.01			
	200m: 2:20.60 1:13.34		600m: 7:16.06 1:14.17		1000m: 12:12.22 1:14.14		1400m: 17:04.30 1:12.49			
	300m: 3:33.88 1:13.28		700m: 8:30.08 1:14.02		1100m: 13:25.29 1:13.07		1500m: 18:15.07 1:10.77			
	400m: 4:48.01 1:14.13		800m: 9:44.03 1:13.95		1200m: 14:38.80 1:13.51					
11.	Daszkiewicz Michał SO	03	UKP Unia O wi cim						18:27.23	486
	100m: 1:07.75 1:07.75		500m: 6:00.98 1:13.20		900m: 10:56.83 1:14.75		1300m: 15:57.77 1:15.42			
	200m: 2:20.56 1:12.81		600m: 7:14.20 1:13.22		1000m: 12:11.86 1:15.03		1400m: 17:13.31 1:15.54			
	300m: 3:34.21 1:13.65		700m: 8:27.76 1:13.56		1100m: 13:27.13 1:15.27		1500m: 18:27.23 1:13.92			
	400m: 4:47.78 1:13.57		800m: 9:42.08 1:14.32		1200m: 14:42.35 1:15.22					



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Pozycja			Rok ur.					Czas	Pkt.			
12.	Wleciał Damian		03	Solne Miasto Wieliczka				18:30.24	482			
	100m:	1:10.96	1:10.96	500m:	6:07.39	1:14.32	900m:	11:05.67	1:15.31	1300m:	16:06.10	1:14.49
	200m:	2:25.33	1:14.37	600m:	7:21.57	1:14.18	1000m:	12:20.69	1:15.02	1400m:	17:19.88	1:13.78
	300m:	3:38.95	1:13.62	700m:	8:35.91	1:14.34	1100m:	13:35.96	1:15.27	1500m:	18:30.24	1:10.36
	400m:	4:53.07	1:14.12	800m:	9:50.36	1:14.45	1200m:	14:51.61	1:15.65			
13.	Szeląg Dawid		03	SP Meduza Pajęczno				18:35.04	476			
	100m:	1:05.79	1:05.79	500m:	6:05.67	1:15.52	900m:	11:08.35	1:15.10	1300m:	16:10.46	1:15.06
	200m:	2:19.95	1:14.16	600m:	7:21.30	1:15.63	1000m:	12:23.53	1:15.18	1400m:	17:24.17	1:13.71
	300m:	3:35.26	1:15.31	700m:	8:37.25	1:15.95	1100m:	13:39.68	1:16.15	1500m:	18:35.04	1:10.87
	400m:	4:50.15	1:14.89	800m:	9:53.25	1:16.00	1200m:	14:55.40	1:15.72			
14.	Karpiski Jakub		03	MKS Park Wodny Tarnowskie Góry				18:39.34	471			
	100m:	1:08.85	1:08.85	500m:	6:08.76	1:15.33	900m:	11:10.33	1:15.36	1300m:	16:12.16	1:15.81
	200m:	2:22.72	1:13.87	600m:	7:24.03	1:15.27	1000m:	12:25.85	1:15.52	1400m:	17:27.11	1:14.95
	300m:	3:38.16	1:15.44	700m:	8:39.60	1:15.57	1100m:	13:41.07	1:15.22	1500m:	18:39.34	1:12.23
	400m:	4:53.43	1:15.27	800m:	9:54.97	1:15.37	1200m:	14:56.35	1:15.28			
15.	Basa Szymon		03	Galicja Kraków				19:47.10	395			
	100m:	1:12.42	1:12.42	500m:	6:28.25	1:19.59	900m:	11:47.98	1:20.41	1300m:	17:08.10	1:20.33
	200m:	2:30.77	1:18.35	600m:	7:48.13	1:19.88	1000m:	13:07.19	1:19.21	1400m:	18:28.63	1:20.53
	300m:	3:49.74	1:18.97	700m:	9:07.60	1:19.47	1100m:	14:27.10	1:19.91	1500m:	19:47.10	1:18.47
	400m:	5:08.66	1:18.92	800m:	10:27.57	1:19.97	1200m:	15:47.77	1:20.67			
16.	Fortuna Filip		03	Galicja Kraków				20:07.11	375			
	100m:	1:14.83	1:14.83	500m:	6:38.45	1:22.10	900m:	12:05.43	1:22.01	1300m:	17:30.74	1:20.81
	200m:	2:34.81	1:19.98	600m:	8:01.04	1:22.59	1000m:	13:26.06	1:20.63	1400m:	18:51.54	1:20.80
	300m:	3:55.93	1:21.12	700m:	9:22.89	1:21.85	1100m:	14:47.81	1:21.75	1500m:	20:07.11	1:15.57
	400m:	5:16.35	1:20.42	800m:	10:43.42	1:20.53	1200m:	16:09.93	1:22.12			
17.	Prokopczyk Maksymilian		03	MKS ZRYW Opole				20:11.87	371			
	100m:	1:12.06	1:12.06	500m:	6:36.27	1:23.02	900m:	12:05.27	1:22.16	1300m:	17:34.91	1:22.49
	200m:	2:30.51	1:18.45	600m:	7:58.65	1:22.38	1000m:	13:28.69	1:23.42	1400m:	18:55.65	1:20.74
	300m:	3:51.55	1:21.04	700m:	9:20.43	1:21.78	1100m:	14:50.83	1:22.14	1500m:	20:11.87	1:16.22
	400m:	5:13.25	1:21.70	800m:	10:43.11	1:22.68	1200m:	16:12.42	1:21.59			
18.	Płoskonka Jakub		03	Galicja Kraków				20:13.29	369			
	100m:	1:13.82	1:13.82	500m:	6:36.75	1:21.15	900m:	12:03.43	1:20.50	1300m:	17:30.56	1:21.74
	200m:	2:34.40	1:20.58	600m:	7:58.62	1:21.87	1000m:	13:25.13	1:21.70	1400m:	18:51.88	1:21.32
	300m:	3:54.32	1:19.92	700m:	9:21.25	1:22.63	1100m:	14:46.96	1:21.83	1500m:	20:13.29	1:21.41
	400m:	5:15.60	1:21.28	800m:	10:42.93	1:21.68	1200m:	16:08.82	1:21.86			
19.	Szwienc Jakub		03	UKS 5 plus 1 Opole				21:02.28	328			
	100m:	1:17.51	1:17.51	500m:	7:00.00	1:26.70	900m:	12:39.04	1:25.05	1300m:	18:19.32	1:24.60
	200m:	2:42.87	1:25.36	600m:	8:24.70	1:24.70	1000m:	14:04.94	1:25.90	1400m:	19:42.48	1:23.16
	300m:	4:08.69	1:25.82	700m:	9:49.26	1:24.56	1100m:	15:29.49	1:24.55	1500m:	21:02.28	1:19.80
	400m:	5:33.30	1:24.61	800m:	11:13.99	1:24.73	1200m:	16:54.72	1:25.23			
20.	Małaczyński Jakub		03	WKS Łask Wrocław				21:16.62	317			
	100m:	1:22.04	1:22.04	500m:	7:05.73	1:25.72	900m:	12:47.47	1:25.18	1300m:	18:27.83	1:25.14
	200m:	2:49.01	1:26.97	600m:	8:30.55	1:24.82	1000m:	14:12.46	1:24.99	1400m:	19:52.88	1:25.05
	300m:	4:15.04	1:26.03	700m:	9:56.65	1:26.10	1100m:	15:37.69	1:25.23	1500m:	21:16.62	1:23.74
	400m:	5:40.01	1:24.97	800m:	11:22.29	1:25.64	1200m:	17:02.69	1:25.00			



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15 lat

1. Jackowski Tomasz	02	WKS	lask Wrocław	16:35.72	669
100m: 1:01.42 1:01.42	500m: 5:30.86 1:07.22	900m: 9:57.72 1:06.56	1300m: 14:25.80 1:07.11		
200m: 2:08.69 1:07.27	600m: 6:37.40 1:06.54	1000m: 11:03.94 1:06.22	1400m: 15:33.06 1:07.26		
300m: 3:15.99 1:07.30	700m: 7:44.97 1:07.57	1100m: 12:11.07 1:07.13	1500m: 16:35.72 1:02.66		
400m: 4:23.64 1:07.65	800m: 8:51.16 1:06.19	1200m: 13:18.69 1:07.62			
2. Krzywania Oskar	02	UKS	SP 149 Łód	16:48.12	644
100m: 1:02.88 1:02.88	500m: 5:33.99 1:07.42	900m: 10:04.02 1:07.04	1300m: 14:34.58 1:08.17		
200m: 2:10.99 1:08.11	600m: 6:41.83 1:07.84	1000m: 11:11.51 1:07.49	1400m: 15:42.22 1:07.64		
300m: 3:18.70 1:07.71	700m: 7:49.47 1:07.64	1100m: 12:18.93 1:07.42	1500m: 16:48.12 1:05.90		
400m: 4:26.57 1:07.87	800m: 8:56.98 1:07.51	1200m: 13:26.41 1:07.48			
3. Cielecki Kuba	02	WKS	lask Wrocław	17:07.28	609
100m: 1:05.52 1:05.52	500m: 5:40.76 1:09.23	900m: 10:17.29 1:08.68	1300m: 14:54.26 1:09.28		
200m: 2:13.87 1:08.35	600m: 6:50.23 1:09.47	1000m: 11:26.82 1:09.53	1400m: 16:02.97 1:08.71		
300m: 3:22.58 1:08.71	700m: 7:59.49 1:09.26	1100m: 12:35.87 1:09.05	1500m: 17:07.28 1:04.31		
400m: 4:31.53 1:08.95	800m: 9:08.61 1:09.12	1200m: 13:44.98 1:09.11			
4. Doroba Michał	02	WKS	lask Wrocław	17:07.50	609
100m: 1:05.48 1:05.48	500m: 5:40.89 1:09.02	900m: 10:17.31 1:08.76	1300m: 14:53.33 1:08.89		
200m: 2:13.67 1:08.19	600m: 6:50.39 1:09.50	1000m: 11:26.62 1:09.31	1400m: 16:02.32 1:08.99		
300m: 3:22.68 1:09.01	700m: 7:59.71 1:09.32	1100m: 12:35.33 1:08.71	1500m: 17:07.50 1:05.18		
400m: 4:31.87 1:09.19	800m: 9:08.55 1:08.84	1200m: 13:44.44 1:09.11			
5. Knyszy ski Maciej Sł	02	MKS	Jedynka Łód	17:10.19	604
100m: 1:03.88 1:03.88	500m: 5:35.95 1:08.24	900m: 10:13.88 1:10.03	1300m: 14:52.90 1:09.49		
200m: 2:11.73 1:07.85	600m: 6:44.66 1:08.71	1000m: 11:23.60 1:09.72	1400m: 16:02.32 1:09.42		
300m: 3:19.87 1:08.14	700m: 7:54.25 1:09.59	1100m: 12:33.58 1:09.98	1500m: 17:10.19 1:07.87		
400m: 4:27.71 1:07.84	800m: 9:03.85 1:09.60	1200m: 13:43.41 1:09.83			
6. Lik Kacper Sł	02	MKS	Jedynka Łód	17:22.18	583
100m: 1:05.35 1:05.35	500m: 5:45.14 1:09.47	900m: 10:25.47 1:10.52	1300m: 15:05.87 1:09.18		
200m: 2:15.29 1:09.94	600m: 6:54.85 1:09.71	1000m: 11:36.40 1:10.93	1400m: 16:15.25 1:09.38		
300m: 3:25.61 1:10.32	700m: 8:04.82 1:09.97	1100m: 12:46.18 1:09.78	1500m: 17:22.18 1:06.93		
400m: 4:35.67 1:10.06	800m: 9:14.95 1:10.13	1200m: 13:56.69 1:10.51			
7. Lewandowski Jakub SO	02	UKP	Unia O wi cim	17:36.87	559
100m: 1:06.06 1:06.06	500m: 5:48.18 1:10.90	900m: 10:33.06 1:11.62	1300m: 15:17.66 1:10.58		
200m: 2:15.83 1:09.77	600m: 6:59.47 1:11.29	1000m: 11:44.48 1:11.42	1400m: 16:28.47 1:10.81		
300m: 3:26.59 1:10.76	700m: 8:10.40 1:10.93	1100m: 12:55.53 1:11.05	1500m: 17:36.87 1:08.40		
400m: 4:37.28 1:10.69	800m: 9:21.44 1:11.04	1200m: 14:07.08 1:11.55			
8. Płatek Maciej SO	02	UKP	Unia O wi cim	17:56.16	530
100m: 1:08.78 1:08.78	500m: 5:58.47 1:12.68	900m: 10:47.35 1:12.11	1300m: 15:34.25 1:11.90		
200m: 2:20.94 1:12.16	600m: 7:10.43 1:11.96	1000m: 11:58.94 1:11.59	1400m: 16:45.66 1:11.41		
300m: 3:33.35 1:12.41	700m: 8:23.21 1:12.78	1100m: 13:10.30 1:11.36	1500m: 17:56.16 1:10.50		
400m: 4:45.79 1:12.44	800m: 9:35.24 1:12.03	1200m: 14:22.35 1:12.05			
9. Orłowski Jakub	02	CSiR	MOS D browa Górnicza	18:57.71	448
100m: 1:11.82 1:11.82	500m: 6:21.51 1:18.16	900m: 11:28.51 1:16.62	1300m: 16:31.47 1:15.48		
200m: 2:28.44 1:16.62	600m: 7:38.64 1:17.13	1000m: 12:44.43 1:15.92	1400m: 17:45.68 1:14.21		
300m: 3:45.60 1:17.16	700m: 8:55.22 1:16.58	1100m: 14:00.41 1:15.98	1500m: 18:57.71 1:12.03		
400m: 5:03.35 1:17.75	800m: 10:11.89 1:16.67	1200m: 15:15.99 1:15.58			



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16 lat

1. Paj k Bartosz	01	BUKS Warszawa	16:31.18	678
100m: 1:04.24 1:04.24	500m: 5:34.17 1:06.96	900m: 9:59.67 1:06.26	1300m: 14:21.93 1:06.04	
200m: 2:12.02 1:07.78	600m: 6:40.78 1:06.61	1000m: 11:06.02 1:06.35	1400m: 15:27.27 1:05.34	
300m: 3:19.37 1:07.35	700m: 7:47.40 1:06.62	1100m: 12:10.81 1:04.79	1500m: 16:31.18 1:03.91	
400m: 4:27.21 1:07.84	800m: 8:53.41 1:06.01	1200m: 13:15.89 1:05.08		
2. Karolczak Jan	01	UKS G-8 Bielany	16:37.63	665
100m: 1:01.48 1:01.48	500m: 5:25.69 1:06.42	900m: 9:53.58 1:07.27	1300m: 14:26.00 1:07.41	
200m: 2:06.48 1:05.00	600m: 6:32.53 1:06.84	1000m: 11:02.70 1:09.12	1400m: 15:33.19 1:07.19	
300m: 3:12.24 1:05.76	700m: 7:39.48 1:06.95	1100m: 12:10.72 1:08.02	1500m: 16:37.63 1:04.44	
400m: 4:19.27 1:07.03	800m: 8:46.31 1:06.83	1200m: 13:18.59 1:07.87		
3. Jó ków Cezary	01	WKS lask Wrocław	16:40.59	659
100m: 1:03.13 1:03.13	500m: 5:31.75 1:07.02	900m: 10:00.00 1:07.11	1300m: 14:27.80 1:07.05	
200m: 2:10.40 1:07.27	600m: 6:39.03 1:07.28	1000m: 11:06.63 1:06.63	1400m: 15:34.47 1:06.67	
300m: 3:17.50 1:07.10	700m: 7:45.96 1:06.93	1100m: 12:13.40 1:06.77	1500m: 16:40.59 1:06.12	
400m: 4:24.73 1:07.23	800m: 8:52.89 1:06.93	1200m: 13:20.75 1:07.35		
4. Bugała Krzysztof SSz	01	MKP Szczecin	16:43.91	653
100m: 1:03.61 1:03.61	500m: 5:33.36 1:07.30	900m: 10:02.27 1:07.28	1300m: 14:31.19 1:06.66	
200m: 2:11.30 1:07.69	600m: 6:40.30 1:06.94	1000m: 11:09.71 1:07.44	1400m: 15:38.23 1:07.04	
300m: 3:18.67 1:07.37	700m: 7:47.78 1:07.48	1100m: 12:16.86 1:07.15	1500m: 16:43.91 1:05.68	
400m: 4:26.06 1:07.39	800m: 8:54.99 1:07.21	1200m: 13:24.53 1:07.67		
5. Kramarczyk Jakub SO	01	UKP Unia O wi cim	16:50.48	640
<i>Wyniki lepszy od Rekordu Polski Niestłysz cych w kategorii 15-17 lat</i>				
100m: 1:03.16 1:03.16	500m: 5:34.70 1:08.29	900m: 10:05.60 1:07.65	1300m: 14:36.62 1:07.92	
200m: 2:11.06 1:07.90	600m: 6:42.51 1:07.81	1000m: 11:14.00 1:08.40	1400m: 15:44.51 1:07.89	
300m: 3:18.75 1:07.69	700m: 7:50.05 1:07.54	1100m: 12:21.55 1:07.55	1500m: 16:50.48 1:05.97	
400m: 4:26.41 1:07.66	800m: 8:57.95 1:07.90	1200m: 13:28.70 1:07.15		
6. Zaremba Jakub	01	WKS lask Wrocław	16:55.15	631
100m: 1:04.50 1:04.50	500m: 5:35.91 1:07.79	900m: 10:07.40 1:08.48	1300m: 14:40.41 1:08.41	
200m: 2:12.14 1:07.64	600m: 6:43.64 1:07.73	1000m: 11:15.56 1:08.16	1400m: 15:48.58 1:08.17	
300m: 3:20.06 1:07.92	700m: 7:50.93 1:07.29	1100m: 12:23.63 1:08.07	1500m: 16:55.15 1:06.57	
400m: 4:28.12 1:08.06	800m: 8:58.92 1:07.99	1200m: 13:32.00 1:08.37		
7. Girul Radosław SWR	01	WKS lask Wrocław	16:59.16	624
100m: 1:04.89 1:04.89	500m: 5:35.31 1:07.50	900m: 10:09.06 1:08.84	1300m: 14:44.95 1:09.25	
200m: 2:12.45 1:07.56	600m: 6:43.33 1:08.02	1000m: 11:17.90 1:08.84	1400m: 15:53.73 1:08.78	
300m: 3:20.34 1:07.89	700m: 7:51.49 1:08.16	1100m: 12:26.72 1:08.82	1500m: 16:59.16 1:05.43	
400m: 4:27.81 1:07.47	800m: 9:00.22 1:08.73	1200m: 13:35.70 1:08.98		
8. Rytter Igor	01	WKS lask Wrocław	17:25.96	577
100m: 1:04.68 1:04.68	500m: 5:42.39 1:09.67	900m: 10:22.78 1:10.50	1300m: 15:05.99 1:10.91	
200m: 2:13.46 1:08.78	600m: 6:52.08 1:09.69	1000m: 11:33.13 1:10.35	1400m: 16:16.18 1:10.19	
300m: 3:22.50 1:09.04	700m: 8:02.28 1:10.20	1100m: 12:44.37 1:11.24	1500m: 17:25.96 1:09.78	
400m: 4:32.72 1:10.22	800m: 9:12.28 1:10.00	1200m: 13:55.08 1:10.71		
9. Senkowski Kacper	01	UKS G-8 Bielany	17:31.19	568
100m: 1:05.14 1:05.14	500m: 5:47.72 1:10.20	900m: 10:29.55 1:10.46	1300m: 15:11.71 1:10.67	
200m: 2:15.76 1:10.62	600m: 6:58.66 1:10.94	1000m: 11:39.95 1:10.40	1400m: 16:22.75 1:11.04	
300m: 3:26.57 1:10.81	700m: 8:08.98 1:10.32	1100m: 12:50.45 1:10.50	1500m: 17:31.19 1:08.44	
400m: 4:37.52 1:10.95	800m: 9:19.09 1:10.11	1200m: 14:01.04 1:10.59		



Arena Grand Prix Puchar Polski Finał
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Konkurencja 23, M cżyn, 1500m dowolny

17 - 18 lat

1.	Kiełczewski Amadeusz SSz	00	MKP Szczecin	15:40.29	794
	100m: 59.98 59.98	500m: 5:12.41 1:03.39	900m: 9:24.93 1:03.02	1300m: 13:35.94 1:03.11	
	200m: 2:02.67 1:02.69	600m: 6:15.83 1:03.42	1000m: 10:27.74 1:02.81	1400m: 14:39.11 1:03.17	
	300m: 3:06.06 1:03.39	700m: 7:18.97 1:03.14	1100m: 11:30.36 1:02.62	1500m: 15:40.29 1:01.18	
	400m: 4:09.02 1:02.96	800m: 8:21.91 1:02.94	1200m: 12:32.83 1:02.47		
2.	Krawczyk Paweł	99	BUKS Warszawa	15:49.58	771
	100m: 58.61 58.61	500m: 5:08.87 1:03.67	900m: 9:23.01 1:03.54	1300m: 13:39.65 1:04.90	
	200m: 2:00.35 1:01.74	600m: 6:12.17 1:03.30	1000m: 10:26.89 1:03.88	1400m: 14:45.18 1:05.53	
	300m: 3:02.31 1:01.96	700m: 7:15.98 1:03.81	1100m: 11:30.64 1:03.75	1500m: 15:49.58 1:04.40	
	400m: 4:05.20 1:02.89	800m: 8:19.47 1:03.49	1200m: 12:34.75 1:04.11		
3.	Dutkowiak Wojciech SWR	00	WKS lask Wrocław	16:01.95	742
	100m: 1:00.95 1:00.95	500m: 5:19.45 1:04.59	900m: 9:38.34 1:04.70	1300m: 13:56.58 1:04.74	
	200m: 2:05.67 1:04.72	600m: 6:23.80 1:04.35	1000m: 10:43.54 1:05.20	1400m: 15:00.33 1:03.75	
	300m: 3:10.33 1:04.66	700m: 7:28.68 1:04.88	1100m: 11:47.76 1:04.22	1500m: 16:01.95 1:01.62	
	400m: 4:14.86 1:04.53	800m: 8:33.64 1:04.96	1200m: 12:51.84 1:04.08		
4.	Pawlaczyk Patryk	00	UKS 190 Łód	16:22.95	695
	100m: 1:00.34 1:00.34	500m: 5:20.68 1:05.59	900m: 9:46.25 1:06.76	1300m: 14:13.31 1:06.36	
	200m: 2:05.21 1:04.87	600m: 6:26.67 1:05.99	1000m: 10:53.26 1:07.01	1400m: 15:20.28 1:06.97	
	300m: 3:10.08 1:04.87	700m: 7:32.86 1:06.19	1100m: 12:00.62 1:07.36	1500m: 16:22.95 1:02.67	
	400m: 4:15.09 1:05.01	800m: 8:39.49 1:06.63	1200m: 13:06.95 1:06.33		
5.	Hano Grzegorz SWR	00	WKS lask Wrocław	16:34.82	671
	100m: 1:03.37 1:03.37	500m: 5:27.59 1:06.05	900m: 9:54.69 1:06.92	1300m: 14:23.20 1:07.32	
	200m: 2:09.46 1:06.09	600m: 6:34.00 1:06.41	1000m: 11:01.51 1:06.82	1400m: 15:30.11 1:06.91	
	300m: 3:15.66 1:06.20	700m: 7:40.85 1:06.85	1100m: 12:08.54 1:07.03	1500m: 16:34.82 1:04.71	
	400m: 4:21.54 1:05.88	800m: 8:47.77 1:06.92	1200m: 13:15.88 1:07.34		
6.	Dominiak Kacper SWR	00	WKS lask Wrocław	16:40.80	659
	100m: 1:04.07 1:04.07	500m: 5:34.28 1:07.36	900m: 10:02.91 1:06.86	1300m: 14:30.44 1:06.53	
	200m: 2:11.66 1:07.59	600m: 6:41.50 1:07.22	1000m: 11:10.27 1:07.36	1400m: 15:36.63 1:06.19	
	300m: 3:19.44 1:07.78	700m: 7:48.87 1:07.37	1100m: 12:17.04 1:06.77	1500m: 16:40.80 1:04.17	
	400m: 4:26.92 1:07.48	800m: 8:56.05 1:07.18	1200m: 13:23.91 1:06.87		
7.	Ma ka Filip	00	UKS 190 Łód	16:46.16	648
	100m: 1:04.53 1:04.53	500m: 5:34.28 1:06.72	900m: 10:06.31 1:08.14	1300m: 14:32.59 1:07.00	
	200m: 2:12.04 1:07.51	600m: 6:41.71 1:07.43	1000m: 11:13.12 1:06.81	1400m: 15:39.91 1:07.32	
	300m: 3:20.19 1:08.15	700m: 7:49.29 1:07.58	1100m: 12:19.17 1:06.05	1500m: 16:46.16 1:06.25	
	400m: 4:27.56 1:07.37	800m: 8:58.17 1:08.88	1200m: 13:25.59 1:06.42		
8.	Prószy ski Igor	99	MKP Szczecin	16:48.75	643
	100m: 1:04.79 1:04.79	500m: 5:32.49 1:06.78	900m: 10:03.03 1:08.03	1300m: 14:35.33 1:08.35	
	200m: 2:12.15 1:07.36	600m: 6:39.93 1:07.44	1000m: 11:11.26 1:08.23	1400m: 15:42.85 1:07.52	
	300m: 3:19.05 1:06.90	700m: 7:47.30 1:07.37	1100m: 12:19.10 1:07.84	1500m: 16:48.75 1:05.90	
	400m: 4:25.71 1:06.66	800m: 8:55.00 1:07.70	1200m: 13:26.98 1:07.88		
9.	Wo niak Maciej	00	UKS 190 Łód	16:51.62	638
	100m: 1:03.83 1:03.83	500m: 5:34.59 1:07.68	900m: 10:06.26 1:08.58	1300m: 14:36.30 1:07.97	
	200m: 2:11.86 1:08.03	600m: 6:41.96 1:07.37	1000m: 11:13.92 1:07.66	1400m: 15:43.92 1:07.62	
	300m: 3:19.49 1:07.63	700m: 7:49.90 1:07.94	1100m: 12:20.77 1:06.85	1500m: 16:51.62 1:07.70	
	400m: 4:26.91 1:07.42	800m: 8:57.68 1:07.78	1200m: 13:28.33 1:07.56		
10.	Stawaruk Michał	99	MKS Jedyńka Łód	16:56.57	629
	100m: 1:01.73 1:01.73	500m: 5:30.61 1:08.19	900m: 10:02.17 1:08.63	1300m: 14:38.07 1:09.79	
	200m: 2:07.85 1:06.12	600m: 6:39.21 1:08.60	1000m: 11:11.07 1:08.90	1400m: 15:47.23 1:09.16	
	300m: 3:15.05 1:07.20	700m: 7:46.96 1:07.75	1100m: 12:19.36 1:08.29	1500m: 16:56.57 1:09.34	
	400m: 4:22.42 1:07.37	800m: 8:53.54 1:06.58	1200m: 13:28.28 1:08.92		



Arena Grand Prix Puchar Polski Finał
Opole, 29- - 30-4-2017

Konkurencja 23, Chłopców, 1500m dowolny, 17 - 18 lat

Pozycja		Rok ur.						Czas	Pkt.
11.	Stanek Adam SO	99	UKP Unia O wi cim					16:58.66	625
	100m: 1:04.98 1:04.98		500m: 5:39.05 1:08.30		900m: 10:09.83 1:07.89		1300m: 14:44.14 1:09.13		
	200m: 2:13.74 1:08.76		600m: 6:47.05 1:08.00		1000m: 11:17.97 1:08.14		1400m: 15:52.73 1:08.59		
	300m: 3:22.24 1:08.50		700m: 7:54.34 1:07.29		1100m: 12:26.26 1:08.29		1500m: 16:58.66 1:05.93		
	400m: 4:30.75 1:08.51		800m: 9:01.94 1:07.60		1200m: 13:35.01 1:08.75				
12.	Mayerberg Kacper SO	00	UKP Unia O wi cim					17:14.73	596
	100m: 1:04.88 1:04.88		500m: 5:42.65 1:10.20		900m: 10:21.07 1:09.24		1300m: 15:01.49 1:10.20		
	200m: 2:13.54 1:08.66		600m: 6:52.45 1:09.80		1000m: 11:31.04 1:09.97		1400m: 16:10.38 1:08.89		
	300m: 3:22.69 1:09.15		700m: 8:01.87 1:09.42		1100m: 12:41.24 1:10.20		1500m: 17:14.73 1:04.35		
	400m: 4:32.45 1:09.76		800m: 9:11.83 1:09.96		1200m: 13:51.29 1:10.05				
13.	Fiks Krzysztof	00	UKS 190 Łód					17:20.71	586
	100m: 1:04.70 1:04.70		500m: 5:38.12 1:08.65		900m: 10:17.34 1:10.24		1300m: 15:00.12 1:10.60		
	200m: 2:13.07 1:08.37		600m: 6:47.47 1:09.35		1000m: 11:27.89 1:10.55		1400m: 16:10.99 1:10.87		
	300m: 3:21.26 1:08.19		700m: 7:57.28 1:09.81		1100m: 12:38.42 1:10.53		1500m: 17:20.71 1:09.72		
	400m: 4:29.47 1:08.21		800m: 9:07.10 1:09.82		1200m: 13:49.52 1:11.10				
14.	Prus Mateusz	00	KP Astromal Leszno					17:27.14	575
	100m: 1:05.27 1:05.27		500m: 5:44.88 1:10.56		900m: 10:25.98 1:10.80		1300m: 15:08.71 1:10.96		
	200m: 2:14.19 1:08.92		600m: 6:54.75 1:09.87		1000m: 11:36.65 1:10.67		1400m: 16:19.55 1:10.84		
	300m: 3:24.20 1:10.01		700m: 8:04.91 1:10.16		1100m: 12:46.73 1:10.08		1500m: 17:27.14 1:07.59		
	400m: 4:34.32 1:10.12		800m: 9:15.18 1:10.27		1200m: 13:57.75 1:11.02				