

VIII Międzynarodowy Mityng Pływacki "Koziołki Pływackie" 2017  
Kdzierzyn-Koźle, 12- - 13-5-2017

Event 9 Girls, 400m Freestyle 12 - 15 years  
2017-05-12 - 16:35 Results

|                  |         |                  |     |              |            |
|------------------|---------|------------------|-----|--------------|------------|
| Rekord Polski 12 | 4:35.51 | Kowalska Agata   | POL | Plock        | 2005-11-19 |
| Rekord Polski 13 | 4:18.09 | Knop Aleksandra  | POL | Ostrowiec Sw | 2016-06-18 |
| Rekord Polski 14 | 4:14.20 | Knop Aleksandra  | POL | Lublin       | 2017-03-04 |
| Rekord Polski 15 | 4:11.12 | Kilijaska Donata | POL | Lodz         | 2010-11-21 |

Points: FINA 2016

| Rank            |                    |               | YB    |                            |       |               |       | Time           | Pts |
|-----------------|--------------------|---------------|-------|----------------------------|-------|---------------|-------|----------------|-----|
| <b>12 years</b> |                    |               |       |                            |       |               |       |                |     |
| 1.              | Mleczek Natalia    |               | 05    | LKS Jednosc 32 Przyszowice |       |               |       | <b>4:56.76</b> | 493 |
|                 | 50m:               | 33.66 33.66   | 150m: | 1:48.11 37.52              | 250m: | 3:03.90 37.82 | 350m: | 4:21.00 38.85  |     |
|                 | 100m:              | 1:10.59 36.93 | 200m: | 2:26.08 37.97              | 300m: | 3:42.15 38.25 | 400m: | 4:56.76 35.76  |     |
| 2.              | Gorszanow Jagoda   |               | 05    | LKS Jednosc 32 Przyszowice |       |               |       | <b>5:14.05</b> | 416 |
|                 | 50m:               | 34.14 34.14   | 150m: | 1:52.12 39.47              | 250m: | 3:12.74 40.59 | 350m: | 4:34.85 40.93  |     |
|                 | 100m:              | 1:12.65 38.51 | 200m: | 2:32.15 40.03              | 300m: | 3:53.92 41.18 | 400m: | 5:14.05 39.20  |     |
| 3.              | Adamus Wiktoria    |               | 05    | KS Gornik Radlin           |       |               |       | <b>5:33.58</b> | 347 |
|                 | 50m:               | 35.70 35.70   | 150m: | 1:58.60 42.33              | 250m: | 3:26.00 43.87 | 350m: | 4:53.92 44.03  |     |
|                 | 100m:              | 1:16.27 40.57 | 200m: | 2:42.13 43.53              | 300m: | 4:09.89 43.89 | 400m: | 5:33.58 39.66  |     |
| 4.              | Gromada Tatiana    |               | 05    | SiKReT Gliwice             |       |               |       | <b>5:37.48</b> | 335 |
|                 | 50m:               | 37.05 37.05   | 150m: | 2:03.25 43.65              | 250m: | 3:31.07 43.95 | 350m: | 4:58.67 42.99  |     |
|                 | 100m:              | 1:19.60 42.55 | 200m: | 2:47.12 43.87              | 300m: | 4:15.68 44.61 | 400m: | 5:37.48 38.81  |     |
| 5.              | Bacler Natalia     |               | 05    | WKS Slask Wroclaw          |       |               |       | <b>6:00.82</b> | 274 |
|                 | 50m:               | 39.27 39.27   | 150m: | 2:09.17 45.92              | 250m: | 3:40.27 45.66 | 350m: | 5:15.01 47.48  |     |
|                 | 100m:              | 1:23.25 43.98 | 200m: | 2:54.61 45.44              | 300m: | 4:27.53 47.26 | 400m: | 6:00.82 45.81  |     |
| 6.              | Pajak Julia        |               | 05    | MKS Zryw Opole             |       |               |       | <b>6:03.79</b> | 267 |
|                 | 50m:               | 40.02 40.02   | 150m: | 2:10.99 45.93              | 250m: | 3:44.94 46.89 | 350m: | 5:18.02 46.60  |     |
|                 | 100m:              | 1:25.06 45.04 | 200m: | 2:58.05 47.06              | 300m: | 4:31.42 46.48 | 400m: | 6:03.79 45.77  |     |
| 7.              | Radochonska Oliwia |               | 05    | WKS Slask Wroclaw          |       |               |       | <b>6:11.70</b> | 251 |
|                 | 50m:               | 39.53 39.53   | 150m: | 2:11.75 46.89              | 250m: | 3:51.10 49.97 | 350m: | 5:28.28 48.99  |     |
|                 | 100m:              | 1:24.86 45.33 | 200m: | 3:01.13 49.38              | 300m: | 4:39.29 48.19 | 400m: | 6:11.70 43.42  |     |
| 8.              | Buk Matylda        |               | 05    | WKS Slask Wroclaw          |       |               |       | <b>6:11.83</b> | 250 |
|                 | 50m:               | 39.24 39.24   | 150m: | 2:12.23 47.38              | 250m: | 3:47.43 47.40 | 350m: | 5:24.74 48.52  |     |
|                 | 100m:              | 1:24.85 45.61 | 200m: | 3:00.03 47.80              | 300m: | 4:36.22 48.79 | 400m: | 6:11.83 47.09  |     |
| 9.              | Sklińska Maria     |               | 05    | WKS Slask Wroclaw          |       |               |       | <b>6:24.57</b> | 226 |
|                 | 50m:               | 41.67 41.67   | 150m: | 2:19.74 49.64              | 250m: | 3:59.88 50.32 | 350m: | 5:38.46 47.94  |     |
|                 | 100m:              | 1:30.10 48.43 | 200m: | 3:09.56 49.82              | 300m: | 4:50.52 50.64 | 400m: | 6:24.57 46.11  |     |
|                 | Smyczek Aleksandra |               | 05    | MMKS Kdzierzyn-Kozle       |       |               |       | <b>6:24.57</b> | 226 |
|                 | 50m:               | 40.89 40.89   | 150m: | 2:17.93 49.55              | 250m: | 3:58.26 50.98 | 350m: | 5:38.51 50.51  |     |
|                 | 100m:              | 1:28.38 47.49 | 200m: | 3:07.28 49.35              | 300m: | 4:48.00 49.74 | 400m: | 6:24.57 46.06  |     |
| <b>13 years</b> |                    |               |       |                            |       |               |       |                |     |
| 1.              | Traczyk Justyna    |               | 04    | AZS-AWF Wroclaw            |       |               |       | <b>4:43.37</b> | 566 |
|                 | 50m:               | 32.21 32.21   | 150m: | 1:43.21 35.83              | 250m: | 2:56.38 36.84 | 350m: | 4:08.81 36.29  |     |
|                 | 100m:              | 1:07.38 35.17 | 200m: | 2:19.54 36.33              | 300m: | 3:32.52 36.14 | 400m: | 4:43.37 34.56  |     |
| 2.              | Bocian Roksana     |               | 04    | LKS Jednosc 32 Przyszowice |       |               |       | <b>4:43.40</b> | 566 |
|                 | 50m:               | 32.51 32.51   | 150m: | 1:43.95 35.92              | 250m: | 2:56.56 36.27 | 350m: | 4:09.15 36.18  |     |
|                 | 100m:              | 1:08.03 35.52 | 200m: | 2:20.29 36.34              | 300m: | 3:32.97 36.41 | 400m: | 4:43.40 34.25  |     |
| 3.              | Browarska Emilia   |               | 04    | LKS Jednosc 32 Przyszowice |       |               |       | <b>4:48.15</b> | 539 |
|                 | 50m:               | 33.00 33.00   | 150m: | 1:45.98 36.77              | 250m: | 2:59.12 36.52 | 350m: | 4:13.00 36.90  |     |
|                 | 100m:              | 1:09.21 36.21 | 200m: | 2:22.60 36.62              | 300m: | 3:36.10 36.98 | 400m: | 4:48.15 35.15  |     |
| 4.              | Wolny Natalia      |               | 04    | LKS Jednosc 32 Przyszowice |       |               |       | <b>4:56.47</b> | 494 |
|                 | 50m:               | 32.97 32.97   | 150m: | 1:47.06 37.58              | 250m: | 3:02.20 37.86 | 350m: | 4:19.84 39.28  |     |
|                 | 100m:              | 1:09.48 36.51 | 200m: | 2:24.34 37.28              | 300m: | 3:40.56 38.36 | 400m: | 4:56.47 36.63  |     |
| 5.              | Smolarek Alina     |               | 04    | LKS Jednosc 32 Przyszowice |       |               |       | <b>5:11.30</b> | 427 |
|                 | 50m:               | 34.39 34.39   | 150m: | 1:51.70 39.02              | 250m: | 3:10.24 39.37 | 350m: | 4:31.17 40.85  |     |
|                 | 100m:              | 1:12.68 38.29 | 200m: | 2:30.87 39.17              | 300m: | 3:50.32 40.08 | 400m: | 5:11.30 40.13  |     |

VIII Międzynarodowy Mityng Pływacki "Koziołki Pływackie" 2017  
Kędzierzyn-Koźle, 12- - 13-5-2017

Event 9, Girls, 400m Freestyle, 13 years

| Rank |                    |               | YB    |                           |       |       |         | Time           | Pts   |         |       |
|------|--------------------|---------------|-------|---------------------------|-------|-------|---------|----------------|-------|---------|-------|
| 6.   | Fratczak Matylda   |               | 04    | MKS-SMS Victoria Raciborz |       |       |         | <b>5:12.15</b> | 424   |         |       |
|      | 50m:               | 35.39 35.39   | 150m: | 1:53.87                   | 39.56 | 250m: | 3:14.59 | 40.55          | 350m: | 4:34.48 | 39.22 |
|      | 100m:              | 1:14.31 38.92 | 200m: | 2:34.04                   | 40.17 | 300m: | 3:55.26 | 40.67          | 400m: | 5:12.15 | 37.67 |
| 7.   | Svrckova Kristina  |               | 04    | KPS Nereus Zilina         |       |       |         | <b>5:16.87</b> | 405   |         |       |
|      | 50m:               | 35.83 35.83   | 150m: | 1:55.30                   | 40.07 | 250m: | 3:17.23 | 41.22          | 350m: | 4:38.64 | 40.56 |
|      | 100m:              | 1:15.23 39.40 | 200m: | 2:36.01                   | 40.71 | 300m: | 3:58.08 | 40.85          | 400m: | 5:16.87 | 38.23 |
| 8.   | Goczling Katarzyna |               | 04    | WKS Slask Wroclaw         |       |       |         | <b>5:53.53</b> | 291   |         |       |
|      | 50m:               | 40.00 40.00   | 150m: | 2:10.06                   | 45.44 | 250m: | 3:39.94 | 44.79          | 350m: | 5:10.76 | 45.17 |
|      | 100m:              | 1:24.62 44.62 | 200m: | 2:55.15                   | 45.09 | 300m: | 4:25.59 | 45.65          | 400m: | 5:53.53 | 42.77 |
| 9.   | Muszynska Jagoda   |               | 04    | MMKS Kedzierzyn-Kozle     |       |       |         | <b>5:54.09</b> | 290   |         |       |
|      | 50m:               | 38.69 38.69   | 150m: | 2:07.35                   | 45.10 | 250m: | 3:39.06 | 46.24          | 350m: | 5:10.52 | 45.87 |
|      | 100m:              | 1:22.25 43.56 | 200m: | 2:52.82                   | 45.47 | 300m: | 4:24.65 | 45.59          | 400m: | 5:54.09 | 43.57 |

14 - 15 years

|     |                         |               |       |                           |       |       |         |                |       |         |       |
|-----|-------------------------|---------------|-------|---------------------------|-------|-------|---------|----------------|-------|---------|-------|
| 1.  | Zarembik Katarzyna SR   |               | 02    | MKS-SMS Victoria Raciborz |       |       |         | <b>4:33.19</b> | 632   |         |       |
|     | 50m:                    | 30.50 30.50   | 150m: | 1:37.94                   | 34.29 | 250m: | 2:48.44 | 35.50          | 350m: | 4:00.04 | 35.86 |
|     | 100m:                   | 1:03.65 33.15 | 200m: | 2:12.94                   | 35.00 | 300m: | 3:24.18 | 35.74          | 400m: | 4:33.19 | 33.15 |
| 2.  | Wojtaszewska Paulina SR |               | 03    | MKS-SMS Victoria Raciborz |       |       |         | <b>4:39.30</b> | 592   |         |       |
|     | 50m:                    | 31.41 31.41   | 150m: | 1:41.28                   | 35.45 | 250m: | 2:53.05 | 36.26          | 350m: | 4:05.59 | 36.03 |
|     | 100m:                   | 1:05.83 34.42 | 200m: | 2:16.79                   | 35.51 | 300m: | 3:29.56 | 36.51          | 400m: | 4:39.30 | 33.71 |
| 3.  | Fuks Aleksandra         |               | 03    | MUKS Gilus Gilowice       |       |       |         | <b>4:39.62</b> | 589   |         |       |
|     | 50m:                    | 31.92 31.92   | 150m: | 1:41.64                   | 35.39 | 250m: | 2:53.45 | 36.05          | 350m: | 4:05.83 | 36.13 |
|     | 100m:                   | 1:06.25 34.33 | 200m: | 2:17.40                   | 35.76 | 300m: | 3:29.70 | 36.25          | 400m: | 4:39.62 | 33.79 |
| 4.  | Wygnał Maja SR          |               | 03    | MKS-SMS Victoria Raciborz |       |       |         | <b>4:45.26</b> | 555   |         |       |
|     | 50m:                    | 32.01 32.01   | 150m: | 1:43.78                   | 36.21 | 250m: | 2:56.20 | 36.39          | 350m: | 4:09.65 | 36.89 |
|     | 100m:                   | 1:07.57 35.56 | 200m: | 2:19.81                   | 36.03 | 300m: | 3:32.76 | 36.56          | 400m: | 4:45.26 | 35.61 |
| 5.  | Kasprowicz Marta SR     |               | 03    | MKS-SMS Victoria Raciborz |       |       |         | <b>4:56.42</b> | 495   |         |       |
|     | 50m:                    | 33.63 33.63   | 150m: | 1:47.26                   | 37.38 | 250m: | 3:03.15 | 37.95          | 350m: | 4:19.24 | 38.08 |
|     | 100m:                   | 1:09.88 36.25 | 200m: | 2:25.20                   | 37.94 | 300m: | 3:41.16 | 38.01          | 400m: | 4:56.42 | 37.18 |
| 6.  | Rygiel Oliwia           |               | 02    | UKS Junior Kluczbork      |       |       |         | <b>4:56.80</b> | 493   |         |       |
|     | 50m:                    | 32.93 32.93   | 150m: | 1:47.33                   | 37.76 | 250m: | 3:03.43 | 38.23          | 350m: | 4:20.63 | 38.07 |
|     | 100m:                   | 1:09.57 36.64 | 200m: | 2:25.20                   | 37.87 | 300m: | 3:42.56 | 39.13          | 400m: | 4:56.80 | 36.17 |
| 7.  | Drazyk Natalia SR       |               | 02    | MKS-SMS Victoria Raciborz |       |       |         | <b>5:00.18</b> | 476   |         |       |
|     | 50m:                    | 33.43 33.43   | 150m: | 1:48.36                   | 37.90 | 250m: | 3:04.73 | 37.93          | 350m: | 4:22.58 | 39.16 |
|     | 100m:                   | 1:10.46 37.03 | 200m: | 2:26.80                   | 38.44 | 300m: | 3:43.42 | 38.69          | 400m: | 5:00.18 | 37.60 |
| 8.  | Budzińska Paulina       |               | 03    | MMKS Kedzierzyn-Kozle     |       |       |         | <b>5:01.39</b> | 471   |         |       |
|     | 50m:                    | 35.35 35.35   | 150m: | 1:52.85                   | 38.71 | 250m: | 3:09.45 | 37.65          | 350m: | 4:25.03 | 37.38 |
|     | 100m:                   | 1:14.14 38.79 | 200m: | 2:31.80                   | 38.95 | 300m: | 3:47.65 | 38.20          | 400m: | 5:01.39 | 36.36 |
| 9.  | Poznakowska Wiktoria SR |               | 03    | MKS-SMS Victoria Raciborz |       |       |         | <b>5:04.13</b> | 458   |         |       |
|     | 50m:                    | 34.81 34.81   | 150m: | 1:50.85                   | 38.64 | 250m: | 3:08.56 | 38.74          | 350m: | 4:26.38 | 38.88 |
|     | 100m:                   | 1:12.21 37.40 | 200m: | 2:29.82                   | 38.97 | 300m: | 3:47.50 | 38.94          | 400m: | 5:04.13 | 37.75 |
| 10. | Dobrowolska Natalia SR  |               | 03    | MKS-SMS Victoria Raciborz |       |       |         | <b>5:12.89</b> | 421   |         |       |
|     | 50m:                    | 35.44 35.44   | 150m: | 1:53.42                   | 39.50 | 250m: | 3:12.99 | 40.26          | 350m: | 4:33.31 | 39.96 |
|     | 100m:                   | 1:13.92 38.48 | 200m: | 2:32.73                   | 39.31 | 300m: | 3:53.35 | 40.36          | 400m: | 5:12.89 | 39.58 |
| 11. | Bialik Karolina SR      |               | 03    | MKS-SMS Victoria Raciborz |       |       |         | <b>5:25.34</b> | 374   |         |       |
|     | 50m:                    | 37.07 37.07   | 150m: | 1:58.30                   | 40.70 | 250m: | 3:21.06 | 40.91          | 350m: | 4:44.69 | 41.75 |
|     | 100m:                   | 1:17.60 40.53 | 200m: | 2:40.15                   | 41.85 | 300m: | 4:02.94 | 41.88          | 400m: | 5:25.34 | 40.65 |