



Letnie Mistrzostwa Polski w Pływaniu Juniorów Młodszych 16 lat
Opole, 14. - 16.7.2017

Event 11 Girls, 400m Medley 16 years
14.07.2017 - 10:55 Results Prelim

Rekord Polski Open	4:36.95	BARANOWSKA, Katarzyna	POL	Beijing (CHN)	09.08.2008
Rekord Polski 16	4:48.17	CZOPEK, Agnieszka	POL	Moskwa (RUS)	26.07.1980

Points: FINA 2016

Rank	YB	Time	Pts	100m	200m	300m	400m
1.	HALICKA, Lidia 01	WKS Slask Wroclaw	5:10.32 647 A	1:08.09	1:18.80	1:26.34	1:17.09
	50m: 31.75 31.75	150m: 1:48.32 40.23	250m: 3:09.24	42.35	350m: 4:32.61 39.38		
	100m: 1:08.09 36.34	200m: 2:26.89 38.57	300m: 3:53.23	43.99	400m: 5:10.32 37.71		
2.	WEGRZYNOWSKA, A. 01	WKS Slask Wroclaw	5:11.01 642 A	1:10.67	1:20.46	1:30.56	1:09.32
	50m: 32.92 32.92	150m: 1:51.68 41.01	250m: 3:16.59	45.46	350m: 4:37.65 35.96		
	100m: 1:10.67 37.75	200m: 2:31.13 39.45	300m: 4:01.69	45.10	400m: 5:11.01 33.36		
3.	RUTKOWSKA, Agnieszka 01	TP SKALAR Slupsk	5:12.88 631 A	1:11.81	1:21.52	1:27.70	1:11.85
	50m: 33.31 33.31	150m: 1:53.46 41.65	250m: 3:17.12	43.79	350m: 4:37.94 36.91		
	100m: 1:11.81 38.50	200m: 2:33.33 39.87	300m: 4:01.03	43.91	400m: 5:12.88 34.94		
4.	COCHOR, Izabela 01	UKS Ostrobramska Warszawa	5:13.44 628 A	1:10.40	1:19.42	1:29.10	1:14.52
	50m: 32.36 32.36	150m: 1:50.47 40.07	250m: 3:13.55	43.73	350m: 4:36.76 37.84		
	100m: 1:10.40 38.04	200m: 2:29.82 39.35	300m: 3:58.92	45.37	400m: 5:13.44 36.68		
5.	PISKORZ, Aleksandra 01	UKS WODNIK Siemianowice	5:15.17 617 A	1:12.31	1:20.09	1:27.97	1:14.80
	50m: 33.68 33.68	150m: 1:53.38 41.07	250m: 3:16.31	43.91	350m: 4:37.88 37.51		
	100m: 1:12.31 38.63	200m: 2:32.40 39.02	300m: 4:00.37	44.06	400m: 5:15.17 37.29		
6.	WETT, Oliwia SOL 01	MTP Kormoran Olsztyn	5:16.22 611 A	1:09.78	1:23.56	1:30.30	1:12.58
	50m: 32.68 32.68	150m: 1:52.11 42.33	250m: 3:17.48	44.14	350m: 4:40.55 36.91		
	100m: 1:09.78 37.10	200m: 2:33.34 41.23	300m: 4:03.64	46.16	400m: 5:16.22 35.67		
7.	KEMPA, Anna SO 01	MMKS Kedzierzyn-Kozle	5:20.93 585 A	1:13.71	1:25.98	1:27.33	1:13.91
	50m: 34.03 34.03	150m: 1:57.47 43.76	250m: 3:22.86	43.17	350m: 4:44.44 37.42		
	100m: 1:13.71 39.68	200m: 2:39.69 42.22	300m: 4:07.02	44.16	400m: 5:20.93 36.49		
8.	FARYNA, Patrycja 01	TP Zielona Gora	5:22.77 575 A	1:13.62	1:25.43	1:30.05	1:13.67
	50m: 33.82 33.82	150m: 1:57.06 43.44	250m: 3:23.31	44.26	350m: 4:47.10 38.00		
	100m: 1:13.62 39.80	200m: 2:39.05 41.99	300m: 4:09.10	45.79	400m: 5:22.77 35.67		
9.	SMETEK, Wiktoria SR 01	MMKS Kedzierzyn-Kozle	5:22.90 574 A	1:16.56	1:22.71	1:29.75	1:13.88
	50m: 34.78 34.78	150m: 1:58.84 42.28	250m: 3:23.35	44.08	350m: 4:47.17 38.15		
	100m: 1:16.56 41.78	200m: 2:39.27 40.43	300m: 4:09.02	45.67	400m: 5:22.90 35.73		
10.	OSTROWSKA, Kamila 01	CSIR MOS Dabrowa Gornicza	5:23.15 573 ?	1:12.95	1:21.48	1:33.15	1:15.57
	50m: 33.80 33.80	150m: 1:53.87 40.92	250m: 3:21.08	46.65	350m: 4:46.31 38.73		
	100m: 1:12.95 39.15	200m: 2:34.43 40.56	300m: 4:07.58	46.50	400m: 5:23.15 36.84		
	WOJTANEK, Wiktoria 01	UKS GOS Raszyn	5:23.15 573 ?	1:12.06	1:24.01	1:31.48	1:15.60
	50m: 33.02 33.02	150m: 1:54.96 42.90	250m: 3:21.41	45.34	350m: 4:47.60 40.05		
	100m: 1:12.06 39.04	200m: 2:36.07 41.11	300m: 4:07.55	46.14	400m: 5:23.15 35.55		
12.	HOLAK, Marta 01	MUKS Pietnastka Bydgoszcz	5:23.21 572 B	1:12.21	1:23.22	1:34.86	1:12.92
	50m: 33.49 33.49	150m: 1:54.25 42.04	250m: 3:22.75	47.32	350m: 4:48.58 38.29		
	100m: 1:12.21 38.72	200m: 2:35.43 41.18	300m: 4:10.29	47.54	400m: 5:23.21 34.63		
13.	LITWIN, Andrea SK 01	UKS SMS Galicja Krakow	5:23.77 569 B	1:11.31	1:25.73	1:33.19	1:13.54
	50m: 33.01 33.01	150m: 1:55.07 43.76	250m: 3:23.26	46.22	350m: 4:46.65 36.42		
	100m: 1:11.31 38.30	200m: 2:37.04 41.97	300m: 4:10.23	46.97	400m: 5:23.77 37.12		
14.	CIESIUL, Karolina 01	KS Wankan Legnica	5:25.52 560 B	1:13.16	1:20.38	1:37.68	1:14.30
	50m: 33.08 33.08	150m: 1:54.46 41.30	250m: 3:21.37	47.83	350m: 4:48.85 37.63		
	100m: 1:13.16 40.08	200m: 2:33.54 39.08	300m: 4:11.22	49.85	400m: 5:25.52 36.67		
15.	WOLSKA, Karolina 01	MUKS Pietnastka Bydgoszcz	5:30.45 536 B	1:13.36	1:23.48	1:37.05	1:16.56
	50m: 33.25 33.25	150m: 1:55.60 42.24	250m: 3:25.39	48.55	350m: 4:51.14 37.25		
	100m: 1:13.36 40.11	200m: 2:36.84 41.24	300m: 4:13.89	48.50	400m: 5:30.45 39.31		
16.	MANDOK, Klaudia 01	Nowy KP Bielsko-Biala	5:30.98 533 B	1:16.57	1:23.81	1:38.77	1:11.83
	50m: 34.84 34.84	150m: 1:58.83 42.26	250m: 3:28.24	47.86	350m: 4:54.32 35.17		
	100m: 1:16.57 41.73	200m: 2:40.38 41.55	300m: 4:19.15	50.91	400m: 5:30.98 36.66		





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Rank	YB				Time	Pts	100m	200m	300m	400m		
17.	MAJEWSKA, Weronika	SR01	UKS Manta Kochlowice		5:37.09	504 B	1:16.37	1:26.01	1:40.61	1:14.10		
	50m:	34.37	34.37	150m:	2:00.19	43.82	250m:	3:31.85	49.47	350m:	5:00.20	37.21
	100m:	1:16.37	42.00	200m:	2:42.38	42.19	300m:	4:22.99	51.14	400m:	5:37.09	36.89
18.	DESZCZKA, Laura	01	MKS Trojka Lodz		5:39.00	496 B	1:18.12	1:24.54	1:37.37	1:18.97		
	50m:	36.24	36.24	150m:	2:00.70	42.58	250m:	3:30.86	48.20	350m:	5:00.26	40.23
	100m:	1:18.12	41.88	200m:	2:42.66	41.96	300m:	4:20.03	49.17	400m:	5:39.00	38.74
19.	RYGIEL, Julia	01	KS Swim2win Krosno		5:45.78	467 B	1:22.02	1:28.55	1:35.85	1:19.36		
	50m:	37.24	37.24	150m:	2:06.51	44.49	250m:	3:37.19	46.62	350m:	5:06.88	40.46
	100m:	1:22.02	44.78	200m:	2:50.57	44.06	300m:	4:26.42	49.23	400m:	5:45.78	38.90
20.	DECHNIK, Anna	01	UKS 3 Wodnik Wolsztyn		5:58.30	420 B	1:26.22	1:33.75	1:36.59	1:21.74		
	50m:	39.32	39.32	150m:	2:13.50	47.28	250m:	3:47.33	47.36	350m:	5:18.48	41.92
	100m:	1:26.22	46.90	200m:	2:59.97	46.47	300m:	4:36.56	49.23	400m:	5:58.30	39.82

