



Letnie Mistrzostwa Polski w Pływaniu Juniorów Młodszych 16 lat
Opole, 14. - 16.7.2017

Event 12 Boys, 400m Medley 16 years
14.07.2017 - 18:35 Results Finals

Rekord Polski Open	4:12.28	Mateusz Matczak	POL	Belgrade (SRB)	11.07.2009
Rekord Polski 16	4:26.91	Jan Kałusowski	POL	Ostrowiec Sw	15.07.2016

Points: FINA 2016

Rank			YB					Time	Pts
Final A									
1.	Albert Warzocha		01	UKS CITYZEN Poznan				4:32.53	716
	50m: 29.28	29.28	150m: 1:38.64	35.91	250m: 2:52.55	38.29	350m: 4:02.11	30.33	
	100m: 1:02.73	33.45	200m: 2:14.26	35.62	300m: 3:31.78	39.23	400m: 4:32.53	30.42	
2.	Mateusz Dubas		01	AZS AWF Katowice				4:34.74	699
	50m: 28.81	28.81	150m: 1:38.58	35.53	250m: 2:51.83	37.48	350m: 4:02.88	32.33	
	100m: 1:03.05	34.24	200m: 2:14.35	35.77	300m: 3:30.55	38.72	400m: 4:34.74	31.86	
3.	Kamil Sacha		01	CSIR MOS Dabrowa Gornicza				4:35.55	692
	50m: 29.21	29.21	150m: 1:38.87	35.80	250m: 2:53.74	38.96	350m: 4:05.00	31.82	
	100m: 1:03.07	33.86	200m: 2:14.78	35.91	300m: 3:33.18	39.44	400m: 4:35.55	30.55	
4.	Kordian Barusinski		01	UKS G-8 Bielany				4:38.92	668
	50m: 28.91	28.91	150m: 1:39.09	36.33	250m: 2:54.88	39.99	350m: 4:08.18	33.14	
	100m: 1:02.76	33.85	200m: 2:14.89	35.80	300m: 3:35.04	40.16	400m: 4:38.92	30.74	
5.	Jakub Zaremba		01	WKS Slask Wroclaw				4:39.21	666
	50m: 29.41	29.41	150m: 1:39.13	35.65	250m: 2:55.10	40.06	350m: 4:08.15	32.25	
	100m: 1:03.48	34.07	200m: 2:15.04	35.91	300m: 3:35.90	40.80	400m: 4:39.21	31.06	
6.	Przemyslaw Suchanski		01	MKS Park Wodny Tarnowskie Gory				4:46.80	614
	50m: 30.16	30.16	150m: 1:42.64	35.63	250m: 2:58.43	41.39	350m: 4:13.83	33.27	
	100m: 1:07.01	36.85	200m: 2:17.04	34.40	300m: 3:40.56	42.13	400m: 4:46.80	32.97	
7.	Mateusz Gluszkowski		01	UKS CITYZEN Poznan				4:47.53	609
	50m: 30.16	30.16	150m: 1:43.36	37.63	250m: 3:01.53	42.06	350m: 4:17.41	31.71	
	100m: 1:05.73	35.57	200m: 2:19.47	36.11	300m: 3:45.70	44.17	400m: 4:47.53	30.12	
	Igor Wilejto		01	Dwojka Tczew				4:47.53	609
	50m: 29.77	29.77	150m: 1:42.70	37.36	250m: 3:01.02	41.85	350m: 4:17.38	33.59	
	100m: 1:05.34	35.57	200m: 2:19.17	36.47	300m: 3:43.79	42.77	400m: 4:47.53	30.15	
9.	Sami Elgalal		01	UKS SP 149 Lodz				4:48.72	602
	50m: 29.08	29.08	150m: 1:41.99	37.82	250m: 3:01.62	42.10	350m: 4:17.05	32.82	
	100m: 1:04.17	35.09	200m: 2:19.52	37.53	300m: 3:44.23	42.61	400m: 4:48.72	31.67	
10.	Marcel Guzy		01	DOKiS SP Vega Dobrodzien				4:48.91	601
	50m: 30.51	30.51	150m: 1:44.04	37.08	250m: 3:00.15	37.34	350m: 4:14.58	33.93	
	100m: 1:06.96	36.45	200m: 2:22.81	38.77	300m: 3:40.65	40.50	400m: 4:48.91	34.33	
Final B									
11.	Antoni Solarzski		01	KS Warta Poznan				4:48.34	604
	50m: 30.42	30.42	150m: 1:44.11	38.68	250m: 3:01.82	39.71	350m: 4:16.27	33.59	
	100m: 1:05.43	35.01	200m: 2:22.11	38.00	300m: 3:42.68	40.86	400m: 4:48.34	32.07	
12.	Filip Muc		01	CSIR MOS Dabrowa Gornicza				4:52.43	579
	50m: 30.52	30.52	150m: 1:45.07	38.18	250m: 3:03.66	41.20	350m: 4:19.32	33.45	
	100m: 1:06.89	36.37	200m: 2:22.46	37.39	300m: 3:45.87	42.21	400m: 4:52.43	33.11	
13.	Artur Grzybowski		01	Znicz Koszalin				4:54.82	565
	50m: 29.85	29.85	150m: 1:43.87	38.71	250m: 3:04.89	42.20	350m: 4:23.63	34.84	
	100m: 1:05.16	35.31	200m: 2:22.69	38.82	300m: 3:48.79	43.90	400m: 4:54.82	31.19	





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Rank					YB					Time	Pts	
14.	Mateusz Wamka				01	MUKS Pietnastka Bydgoszcz				4:55.64	561	
	50m:	30.28	30.28	150m:	1:44.10	38.37	250m:	3:03.74	42.55	350m:	4:22.63	35.62
	100m:	1:05.73	35.45	200m:	2:21.19	37.09	300m:	3:47.01	43.27	400m:	4:55.64	33.01
15.	Bogdan SO Rogulin				01	Unia Oswiecim				4:56.26	557	
	50m:	29.92	29.92	150m:	1:46.43	40.81	250m:	3:05.98	39.58	350m:	4:22.93	35.40
	100m:	1:05.62	35.70	200m:	2:26.40	39.97	300m:	3:47.53	41.55	400m:	4:56.26	33.33
16.	Kamil Wozniak				01	KS Wisla Pulawy				4:56.44	556	
	50m:	30.21	30.21	150m:	1:45.89	40.86	250m:	3:08.52	43.08	350m:	4:25.65	33.61
	100m:	1:05.03	34.82	200m:	2:25.44	39.55	300m:	3:52.04	43.52	400m:	4:56.44	30.79
17.	Damian Kaminski				01	Znicz Koszalin				4:56.47	556	
	50m:	29.95	29.95	150m:	1:44.86	39.21	250m:	3:06.92	43.64	350m:	4:23.99	33.48
	100m:	1:05.65	35.70	200m:	2:23.28	38.42	300m:	3:50.51	43.59	400m:	4:56.47	32.48
18.	Bartłomiej Koncki				01	KS Wisla Pulawy				4:57.57	550	
	50m:	31.37	31.37	150m:	1:46.07	38.50	250m:	3:06.90	42.99	350m:	4:24.90	35.02
	100m:	1:07.57	36.20	200m:	2:23.91	37.84	300m:	3:49.88	42.98	400m:	4:57.57	32.67
19.	Marcel Sadlo				01	CSIR MOS Dabrowa Gornicza				4:59.53	539	
	50m:	29.18	29.18	150m:	1:41.87	38.61	250m:	3:03.52	43.24	350m:	4:24.29	35.83
	100m:	1:03.26	34.08	200m:	2:20.28	38.41	300m:	3:48.46	44.94	400m:	4:59.53	35.24
20.	Igor Wolinski				01	MKP Szczecin				5:08.86	492	
	50m:	30.90	30.90	150m:	1:47.25	40.60	250m:	3:12.64	46.19	350m:	4:34.09	35.48
	100m:	1:06.65	35.75	200m:	2:26.45	39.20	300m:	3:58.61	45.97	400m:	5:08.86	34.77

