



Letnie Mistrzostwa Polski w Pływaniu Juniorów Młodszych 16 lat
Opole, 14. - 16.7.2017

Event 19 Girls, 400m Freestyle 16 years
15.07.2017 - 17:25 Results Finals

Rekord Polski Open	4:04.23	Jedrzejczak Otylia	POL	Melbourne (AUS)	25.03.2007
Rekord Polski 16	4:12.62	Zukowska Paula	POL	Doha (QAT)	09.12.2009

Points: FINA 2016

Rank			YB					Time	Pts
Final A									
1.	Kossakowska Dominika		01	SiKReT Gliwice				4:22.81	746
	50m:	30.42	30.42	150m:	1:36.78	33.36	250m:	2:44.02	33.33
	100m:	1:03.42	33.00	200m:	2:10.69	33.91	300m:	3:17.96	33.94
							400m:	4:22.81	31.84
2.	Piechota Karolina		01	UKS 190 Lodz				4:26.45	715
	50m:	31.24	31.24	150m:	1:38.49	33.87	250m:	2:45.85	33.59
	100m:	1:04.62	33.38	200m:	2:12.26	33.77	300m:	3:19.69	33.84
							400m:	4:26.45	33.38
3.	Zaborowicz Julia		01	KS Gornik Sosnowiec				4:27.52	707
	50m:	31.03	31.03	150m:	1:38.87	34.41	250m:	2:47.53	34.30
	100m:	1:04.46	33.43	200m:	2:13.23	34.36	300m:	3:22.21	34.68
							400m:	4:27.52	31.35
4.	Wegrzynowska Aleksandra		01	WKS Slask Wroclaw				4:30.00	688
	50m:	30.44	30.44	150m:	1:38.44	34.16	250m:	2:47.31	34.32
	100m:	1:04.28	33.84	200m:	2:12.99	34.55	300m:	3:22.26	34.95
							400m:	4:30.00	33.21
5.	Krauze Alicja		01	Mal Wopr				4:33.44	662
	50m:	31.57	31.57	150m:	1:40.45	34.67	250m:	2:50.42	35.09
	100m:	1:05.78	34.21	200m:	2:15.33	34.88	300m:	3:25.25	34.83
							400m:	4:33.44	33.50
6.	Nita Daria		01	KS Korona Krakow				4:35.96	644
	50m:	31.31	31.31	150m:	1:39.43	34.62	250m:	2:50.01	35.49
	100m:	1:04.81	33.50	200m:	2:14.52	35.09	300m:	3:25.44	35.43
							400m:	4:35.96	35.09
7.	Juzwicka Zuzanna		01	MKS Trojka Lodz				4:38.48	627
	50m:	32.12	32.12	150m:	1:42.04	35.05	250m:	2:52.39	35.00
	100m:	1:06.99	34.87	200m:	2:17.39	35.35	300m:	3:28.01	35.62
							400m:	4:38.48	34.91
8.	Kosinska Dominika		01	AZS AWF Katowice				4:39.63	619
	50m:	32.82	32.82	150m:	1:43.91	35.45	250m:	2:55.51	35.74
	100m:	1:08.46	35.64	200m:	2:19.77	35.86	300m:	3:31.31	35.80
							400m:	4:39.63	33.11
9.	Włodarczyk Agnieszka		01	MUKS Pietnastka Bydgoszcz				4:41.89	604
	50m:	32.37	32.37	150m:	1:43.64	36.21	250m:	2:56.54	36.71
	100m:	1:07.43	35.06	200m:	2:19.83	36.19	300m:	3:32.57	36.03
							400m:	4:41.89	33.54
10.	Gorzynik Aleksandra		01	KS Swim2win Krosno				4:43.24	596
	50m:	33.21	33.21	150m:	1:44.92	35.75	250m:	2:57.66	36.24
	100m:	1:09.17	35.96	200m:	2:21.42	36.50	300m:	3:34.15	36.49
							400m:	4:43.24	33.76
Final B									
11.	Lysakowska Julia		01	KU AZS UMCS Lublin				4:35.91	644
	50m:	32.51	32.51	150m:	1:41.43	34.81	250m:	2:50.93	34.78
	100m:	1:06.62	34.11	200m:	2:16.15	34.72	300m:	3:25.99	35.06
							400m:	4:35.91	34.59
12.	Stepinska Natalia		01	KS Korona Krakow				4:42.21	602
	50m:	32.47	32.47	150m:	1:44.12	36.19	250m:	2:56.72	35.97
	100m:	1:07.93	35.46	200m:	2:20.75	36.63	300m:	3:33.07	36.35
							400m:	4:42.21	34.02
13.	Serafin Magdalena		01	UKS SMS Galicja Krakow				4:45.12	584
	50m:	32.29	32.29	150m:	1:43.71	36.15	250m:	2:56.40	36.19
	100m:	1:07.56	35.27	200m:	2:20.21	36.50	300m:	3:33.38	36.98
							400m:	4:45.12	35.18





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Rank					YB					Time	Pts	
14.	Ciesiul Karolina				01	KS Wankan Legnica				4:45.46	582	
	50m:	32.97	32.97	150m:	1:44.71	36.25	250m:	2:58.14	36.77	350m:	4:10.97	36.28
	100m:	1:08.46	35.49	200m:	2:21.37	36.66	300m:	3:34.69	36.55	400m:	4:45.46	34.49
15.	Bilska Natalia SG				01	UKS Zabianka Gdansk				4:47.03	572	
	50m:	33.51	33.51	150m:	1:46.07	36.43	250m:	2:59.28	35.95	350m:	4:12.67	36.04
	100m:	1:09.64	36.13	200m:	2:23.33	37.26	300m:	3:36.63	37.35	400m:	4:47.03	34.36
16.	Mandok Klaudia				01	Nowy KP Bielsko-Biala				4:51.56	546	
	50m:	33.18	33.18	150m:	1:47.08	37.37	250m:	3:02.11	37.18	350m:	4:16.61	36.44
	100m:	1:09.71	36.53	200m:	2:24.93	37.85	300m:	3:40.17	38.06	400m:	4:51.56	34.95
17.	Jeziorna Julia				01	WKS Slask Wroclaw				4:52.54	541	
	50m:	33.14	33.14	150m:	1:47.63	37.69	250m:	3:02.09	37.28	350m:	4:16.99	37.53
	100m:	1:09.94	36.80	200m:	2:24.81	37.18	300m:	3:39.46	37.37	400m:	4:52.54	35.55
18.	Szebesczyk Hanna				01	WKS Slask Wroclaw				4:53.75	534	
	50m:	32.92	32.92	150m:	1:45.81	36.89	250m:	3:00.84	37.48	350m:	4:16.91	37.89
	100m:	1:08.92	36.00	200m:	2:23.36	37.55	300m:	3:39.02	38.18	400m:	4:53.75	36.84
19.	Majewska Weronika SR				01	UKS Manta Kochlowice				4:54.42	530	
	50m:	33.31	33.31	150m:	1:47.45	37.30	250m:	3:03.63	38.17	350m:	4:18.44	36.73
	100m:	1:10.15	36.84	200m:	2:25.46	38.01	300m:	3:41.71	38.08	400m:	4:54.42	35.98
20.	Dudziak Agata				01	UKS 3 Wodnik Wolsztyn				4:57.70	513	
	50m:	33.21	33.21	150m:	1:48.61	38.41	250m:	3:05.06	38.36	350m:	4:21.64	38.22
	100m:	1:10.20	36.99	200m:	2:26.70	38.09	300m:	3:43.42	38.36	400m:	4:57.70	36.06

