

X Międzynarodowe Zawody w Pływaniu "Koziołki Pływackie"  
Kędzierzyn, 10. - 11.5.2019

Event 10 Men, 400m Freestyle 11 years and older  
10.05.2019 - 19:00 Results

Points: FINA 2018

Rank			YB					Time	Pts			
<b>11 years</b>												
1.	Marcin Michalczyk		08	Gminny Klub Pływacki 7 Zdroj T				<b>5:33.47</b>	257			
	50m:	38.29	38.29	150m:	2:01.62	42.03	250m:	3:28.37	43.39	350m:	4:53.80	42.33
	100m:	1:19.59	41.30	200m:	2:44.98	43.36	300m:	4:11.47	43.10	400m:	5:33.47	39.67
2.	Lukasz Rutkowski		08	TP Olimpijczyk Aleksandrow Lod				<b>5:53.39</b>	216			
	50m:	37.95	37.95	150m:	2:06.59	45.61	250m:	3:37.74	46.09	350m:	5:08.84	46.06
	100m:	1:20.98	43.03	200m:	2:51.65	45.06	300m:	4:22.78	45.04	400m:	5:53.39	44.55
3.	Kacper Wasztyl		08	UKS "5 plus 1" Opole				<b>5:56.37</b>	211			
	50m:	40.04	40.04	150m:	2:12.56	46.45	250m:	3:45.66	45.75	350m:	5:16.77	43.90
	100m:	1:26.11	46.07	200m:	2:59.91	47.35	300m:	4:32.87	47.21	400m:	5:56.37	39.60
4.	Jakub Jakobczak		08	TP Olimpijczyk Aleksandrow Lod				<b>6:03.31</b>	199			
	50m:	41.13	41.13	150m:	2:15.09	46.95	250m:	3:47.65	46.15	350m:	5:19.10	45.60
	100m:	1:28.14	47.01	200m:	3:01.50	46.41	300m:	4:33.50	45.85	400m:	6:03.31	44.21
5.	Oskar Moszyk		08	MMKS Kędzierzyn-Kozle				<b>6:30.69</b>	160			
	50m:	42.97	42.97	150m:	2:21.19	49.52	250m:	4:02.50	50.36	350m:	5:43.28	50.19
	100m:	1:31.67	48.70	200m:	3:12.14	50.95	300m:	4:53.09	50.59	400m:	6:30.69	47.41
6.	Maksymilian Kubiak		08	UKS „SPORTOWIEC” Oborniki				<b>6:35.14</b>	154			
	50m:	40.68	40.68	150m:	2:17.58	49.85	250m:	4:01.00	52.24	350m:	5:43.62	50.79
	100m:	1:27.73	47.05	200m:	3:08.76	51.18	300m:	4:52.83	51.83	400m:	6:35.14	51.52
7.	Bartosz Martyna		08	Start Opole				<b>6:45.59</b>	143			
	50m:	43.17	43.17	150m:	2:25.90	51.41	250m:	4:11.70	52.37	350m:	5:56.49	52.09
	100m:	1:34.49	51.32	200m:	3:19.33	53.43	300m:	5:04.40	52.70	400m:	6:45.59	49.10
8.	Bartosz Jaskula		08	Start Opole				<b>6:47.70</b>	141			
	50m:	43.02	43.02	150m:	2:31.69	54.93	250m:	4:14.09	51.28	350m:	5:54.95	49.41
	100m:	1:36.76	53.74	200m:	3:22.81	51.12	300m:	5:05.54	51.45	400m:	6:47.70	52.75
9.	Mikołaj Gladecki		08	UKS „SPORTOWIEC” Oborniki				<b>6:53.13</b>	135			
	50m:	42.86	42.86	150m:	2:29.64	54.87	250m:	4:15.35	52.14	350m:	5:57.17	53.14
	100m:	1:34.77	51.91	200m:	3:23.21	53.57	300m:	5:04.03	48.68	400m:	6:53.13	55.96
<b>12 years</b>												
1.	Maciej Grychtol		07	UKS „MANTA” Kochlowice Ruda				<b>5:33.87</b>	256			
	50m:	36.60	36.60	150m:	1:59.81	42.14	250m:	3:29.26	44.06	350m:	4:54.65	41.74
	100m:	1:17.67	41.07	200m:	2:45.20	45.39	300m:	4:12.91	43.65	400m:	5:33.87	39.22
2.	Kacper Antczak		07	TP Olimpijczyk Aleksandrow Lod				<b>5:54.43</b>	214			
	50m:	39.98	39.98	150m:	2:10.26	45.56	250m:	3:40.20	44.99	350m:		
	100m:	1:24.70	44.72	200m:	2:55.21	44.95	300m:	4:25.52	45.32	400m:	5:54.43	
3.	Filip Manczyński		07	Start Opole				<b>6:27.81</b>	163			
	50m:	41.53	41.53	150m:	2:18.58	48.81	250m:	3:58.73	50.94	350m:	5:39.09	48.92
	100m:	1:29.77	48.24	200m:	3:07.79	49.21	300m:	4:50.17	51.44	400m:	6:27.81	48.72
4.	Bartosz Asman		07	MMKS Kędzierzyn-Kozle				<b>6:33.31</b>	157			
	50m:	41.01	41.01	150m:	2:20.79	51.20	250m:	4:03.45	51.61	350m:	5:45.85	49.35
	100m:	1:29.59	48.58	200m:	3:11.84	51.05	300m:	4:56.50	53.05	400m:	6:33.31	47.46
DSQ	Piotr Struszczyk		07	TP Olimpijczyk Aleksandrow Lod								
	<i>O 1 - Pływak wystartował po komendzie na miejsca i zaj ciu pozycji nieruchomej, a przed sygnałem startu.</i>											

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Event 10, Men, 400m Freestyle

13 years

1.	Dawid Malik		06	UKS „MANTA” Kochlowice Ruda	<b>4:41.55</b>	428
	50m: 31.76	31.76	150m: 1:42.00	35.64	250m: 2:53.96	36.28
	100m: 1:06.36	34.60	200m: 2:17.68	35.68	300m: 3:30.64	36.68
					350m: 4:07.15	36.51
					400m: 4:41.55	34.40
2.	Lukasz Lata		06	"Sikret" Gliwice	<b>4:46.48</b>	406
	50m: 32.66	32.66	150m: 1:45.49	37.01	250m: 2:59.49	37.07
	100m: 1:08.48	35.82	200m: 2:22.42	36.93	300m: 3:35.95	36.46
					350m: 4:12.62	36.67
					400m: 4:46.48	33.86
3.	Lukasz Gorgosz		06	UKS Aquatica Pawlowice	<b>4:49.52</b>	394
	50m: 31.75	31.75	150m: 1:44.80	36.92	250m: 2:59.58	37.47
	100m: 1:07.88	36.13	200m: 2:22.11	37.31	300m: 3:37.41	37.83
					350m: 4:15.04	37.63
					400m: 4:49.52	34.48
4.	Jakub Pawlaczyk		06	UKS „MANTA” Kochlowice Ruda	<b>5:01.83</b>	347
	50m: 33.34	33.34	150m: 1:49.12	38.28	250m: 3:07.10	39.12
	100m: 1:10.84	37.50	200m: 2:27.98	38.86	300m: 3:46.37	39.27
					350m: 4:25.22	38.85
					400m: 5:01.83	36.61
5.	Wojciech Krzakala		06	UKS „MANTA” Kochlowice Ruda	<b>5:02.13</b>	346
	50m: 34.49	34.49	150m: 1:50.39	38.28	250m: 3:08.45	39.69
	100m: 1:12.11	37.62	200m: 2:28.76	38.37	300m: 3:47.38	38.93
					350m: 4:24.74	37.36
					400m: 5:02.13	37.39
6.	Piotr Slazak		06	TP Olimpijczyk Aleksandrow Lod	<b>5:05.88</b>	334
	50m: 33.69	33.69	150m: 1:51.34	39.40	250m: 3:11.13	39.91
	100m: 1:11.94	38.25	200m: 2:31.22	39.88	300m: 3:50.53	39.40
					350m: 4:28.36	37.83
					400m: 5:05.88	37.52
7.	Jakub Melkowski		06	UKS „MANTA” Kochlowice Ruda	<b>5:06.28</b>	332
	50m: 34.93	34.93	150m: 1:52.12	39.24	250m: 3:10.95	39.69
	100m: 1:12.88	37.95	200m: 2:31.26	39.14	300m: 3:49.59	38.64
					350m: 4:29.40	39.81
					400m: 5:06.28	36.88
8.	Wojciech Wypior		06	UKS „MANTA” Kochlowice Ruda	<b>5:22.17</b>	285
	50m: 36.40	36.40	150m: 1:57.67	41.02	250m: 3:20.67	41.40
	100m: 1:16.65	40.25	200m: 2:39.27	41.60	300m: 4:02.05	41.38
					350m: 4:43.24	41.19
					400m: 5:22.17	38.93
9.	Stanislaw Sobczak		06	TP Olimpijczyk Aleksandrow Lod	<b>5:22.43</b>	285
	50m: 37.29	37.29	150m: 2:00.65	41.40	250m: 3:21.50	40.56
	100m: 1:19.25	41.96	200m: 2:40.94	40.29	300m: 4:02.77	41.27
					350m: 4:43.05	40.28
					400m: 5:22.43	39.38
10.	Roch Niedzwiecki		06	Start Opole	<b>6:18.12</b>	176
	50m: 38.97	38.97	150m: 2:13.50	48.19	250m: 3:52.21	49.59
	100m: 1:25.31	46.34	200m: 3:02.62	49.12	300m: 4:40.81	48.60
					350m: 5:30.36	49.55
					400m: 6:18.12	47.76

14 years and older

1.	Jakub Szymczykowski		03	UKS MOS w Opolu	<b>4:17.55</b>	559
	50m: 28.64	28.64	150m: 1:34.27	32.87	250m: 2:41.29	33.20
	100m: 1:01.40	32.76	200m: 2:08.09	33.82	300m: 3:14.76	33.47
					350m: 3:47.15	32.39
					400m: 4:17.55	30.40
2.	Jakub Baranek		04	UKS MOS w Opolu	<b>4:21.50</b>	534
	50m: 29.38	29.38	150m: 1:35.74	33.75	250m: 2:42.88	33.75
	100m: 1:01.99	32.61	200m: 2:09.13	33.39	300m: 3:16.26	33.38
					350m: 3:48.71	32.45
					400m: 4:21.50	32.79
3.	Tomasz Kraczkowski		04	Starachowicki Klub Pływacki BA	<b>4:26.13</b>	507
	50m: 28.98	28.98	150m: 1:35.26	33.67	250m: 2:43.63	34.23
	100m: 1:01.59	32.61	200m: 2:09.40	34.14	300m: 3:18.03	34.40
					350m: 3:52.94	34.91
					400m: 4:26.13	33.19
4.	Jakub Szwiec		03	UKS "5 plus 1" Opole	<b>4:27.72</b>	498
	50m: 31.55	31.55	150m: 1:39.68	33.59	250m: 2:47.49	33.85
	100m: 1:06.09	34.54	200m: 2:13.64	33.96	300m: 3:21.57	34.08
					350m: 3:55.11	33.54
					400m: 4:27.72	32.61
5.	Alex Rytkowski		05	MKS Juvenia Wroclaw	<b>4:48.58</b>	397
	50m: 31.82	31.82	150m: 1:45.01	37.69	250m: 2:59.66	36.71
	100m: 1:07.32	35.50	200m: 2:22.95	37.94	300m: 3:37.40	37.74
					350m: 4:14.04	36.64
					400m: 4:48.58	34.54
6.	Maciej Leszczyński		05	MMKS Kędzierzyn-Kozle	<b>4:49.07</b>	395
	50m: 30.46	30.46	150m: 1:42.22	36.73	250m: 2:56.50	37.10
	100m: 1:05.49	35.03	200m: 2:19.40	37.18	300m: 3:34.63	38.13
					350m: 4:12.36	37.73
					400m: 4:49.07	36.71
7.	Maciej Debicki		04	WKS Slask Wroclaw	<b>4:56.19</b>	367
	50m: 33.07	33.07	150m: 1:47.17	37.46	250m: 3:02.85	37.88
	100m: 1:09.71	36.64	200m: 2:24.97	37.80	300m: 3:41.00	38.15
					350m: 4:19.36	38.36
					400m: 4:56.19	36.83

X Międzynarodowe Zawody w Pływaniu "Koziołki Pływackie"  
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Event 10, Men, 400m Freestyle, 14 years and older

Rank		YB		Time	Pts
DSQ	Mikołaj Adamek	04	Start Opole		
	<i>O 1 - Pływak wystartował po komendzie na miejsca i zajął ciu pozycji nieruchomej, a przed sygnałem startu.</i>				