

Wojewódzka Liga Miast Opolszczyzny Finał
Opole, 25.5.2019

Konkurencja 6
25.05.2019 - 10:50

Mężczyzn, 400m dowolny

13 lat i starsi
Wyniki

Punkty: FINA 2018

Pozycja	Rok ur.	Czas	Pkt.
13 lat			
1. Topolnicki Maksymilian	06	MMKS K dzierzyn-Ko le	4:51.65 385
50m: 31.43 31.43	150m: 1:44.57 36.78	250m: 2:59.66 37.74	350m: 4:14.86 37.09
100m: 1:07.79 36.36	200m: 2:21.92 37.35	300m: 3:37.77 38.11	400m: 4:51.65 36.79
2. Wsik Marek	06	DOKiS Sekcja Pływacka Vega Dobrozi	5:04.91 337
50m: 34.51 34.51	150m: 1:52.68 39.40	250m: 3:11.34 38.32	350m: 4:28.48 37.94
100m: 1:13.28 38.77	200m: 2:33.02 40.34	300m: 3:50.54 39.20	400m: 5:04.91 36.43
3. Wnuk Denis	06	UKS Junior Kluczbork	5:16.85 300
50m: 36.38 36.38	150m: 1:59.84 42.41	250m: 3:20.89 40.30	350m: 4:40.36 38.56
100m: 1:17.43 41.05	200m: 2:40.59 40.75	300m: 4:01.80 40.91	400m: 5:16.85 36.49
4. Laskowski Szymon	06	UKS Junior Kluczbork	5:20.59 290
50m: 36.11 36.11	150m: 1:57.83 41.59	250m: 3:21.85 41.94	350m: 4:42.92 40.50
100m: 1:16.24 40.13	200m: 2:39.91 42.08	300m: 4:02.42 40.57	400m: 5:20.59 37.67
5. Kandziora Dominik	06	UKS "5 plus 1" Opole	5:36.74 250
50m: 38.30 38.30	150m: 2:03.82 43.22	250m: 3:30.80 43.51	350m: 4:57.72 43.00
100m: 1:20.60 42.30	200m: 2:47.29 43.47	300m: 4:14.72 43.92	400m: 5:36.74 39.02
6. Kalla Maksymilian	06	UKS "5 plus 1" Opole	5:40.09 243
50m: 36.37 36.37	150m: 2:02.23 43.83	250m: 3:31.61 45.10	350m: 5:00.01 43.90
100m: 1:18.40 42.03	200m: 2:46.51 44.28	300m: 4:16.11 44.50	400m: 5:40.09 40.08
7. Kandziora Sebastian	06	UKS "5 plus 1" Opole	5:54.18 215
50m: 38.40 38.40	150m: 2:08.80 46.31	250m: 3:42.54 47.36	350m: 5:14.99 45.95
100m: 1:22.49 44.09	200m: 2:55.18 46.38	300m: 4:29.04 46.50	400m: 5:54.18 39.19
8. Niedwiecki Roch	06	Start Opole	6:00.34 204
50m: 38.81 38.81	150m: 2:11.05 46.75	250m: 3:44.00 46.45	350m: 5:15.75 45.92
100m: 1:24.30 45.49	200m: 2:57.55 46.50	300m: 4:29.83 45.83	400m: 6:00.34 44.59
9. Dbski Szymon	06	MMKS K dzierzyn-Ko le	6:01.05 203
50m: 38.02 38.02	150m: 2:08.09 45.75	250m: 3:41.88 46.92	350m: 5:16.94 47.46
100m: 1:22.34 44.32	200m: 2:54.96 46.87	300m: 4:29.48 47.60	400m: 6:01.05 44.11
10. Smtek Marek	06	MMKS K dzierzyn-Ko le	6:08.14 191
50m: 40.40 40.40	150m: 2:14.31 47.68	250m: 3:50.12 48.15	350m: 5:25.75 47.52
100m: 1:26.63 46.23	200m: 3:01.97 47.66	300m: 4:38.23 48.11	400m: 6:08.14 42.39
11. Kuterski Szymon	06	MMKS K dzierzyn-Ko le	6:11.02 187
50m: 36.96 36.96	150m: 2:11.58 48.09	250m: 3:48.12 49.08	350m: 5:23.32 46.86
100m: 1:23.49 46.53	200m: 2:59.04 47.46	300m: 4:36.46 48.34	400m: 6:11.02 47.70
12. Smtek Rafał	06	MMKS K dzierzyn-Ko le	6:13.47 183
50m: 40.38 40.38	150m: 2:14.39 47.82	250m: 3:50.48 47.76	350m: 5:26.72 47.58
100m: 1:26.57 46.19	200m: 3:02.72 48.33	300m: 4:39.14 48.66	400m: 6:13.47 46.75
13. Włodarczyk Alex	06	UKS MOS w Opolu	6:15.40 180
50m: 40.08 40.08	150m: 2:15.01 47.28	250m: 3:53.33 49.59	350m: 5:31.05 48.76
100m: 1:27.73 47.65	200m: 3:03.74 48.73	300m: 4:42.29 48.96	400m: 6:15.40 44.35
14. Grzybowski Jakub	06	MMKS K dzierzyn-Ko le	6:24.87 167
50m: 39.55 39.55	150m: 2:15.22 50.12	250m: 3:56.18 50.24	350m: 5:38.86 50.88
100m: 1:25.10 45.55	200m: 3:05.94 50.72	300m: 4:47.98 51.80	400m: 6:24.87 46.01
15. Pientka Rafał	06	UKS Kronos Strzelce Opolskie	6:31.99 158
50m: 41.33 41.33	150m: 2:21.17 51.33	250m: 4:04.60 51.84	350m: 5:47.68 52.23
100m: 1:29.84 48.51	200m: 3:12.76 51.59	300m: 4:55.45 50.85	400m: 6:31.99 44.31
16. Deneka Jan	06	MMKS K dzierzyn-Ko le	6:32.20 158
50m: 41.56 41.56	150m: 2:21.17 51.33	250m: 4:06.77 51.84	350m: 5:50.50 51.53
100m: 1:30.88 49.32	200m: 3:12.76 51.59	300m: 4:58.97 52.20	400m: 6:32.20 41.70
17. Pietrzyk Dawid	06	LUKS „WINNER” Zdieszowice	6:34.02 156
50m: 41.52 41.52	150m: 2:18.48 50.92	250m: 4:01.46 51.76	350m: 5:44.75 51.02
100m: 1:27.56 46.04	200m: 3:09.70 51.22	300m: 4:53.73 52.27	400m: 6:34.02 49.27

Wojewódzka Liga Miast Opolszczyzny Finał
Opole, 25.5.2019

Konkurencja 6, Chłopców, 400m dowolny, 13 lat

Pozycja					Rok ur.					Czas	Pkt.	
18.	Pietrzyk Mateusz				06	LUKS „WINNER” Zdzeszowice				6:50.60	138	
	50m:	41.85	41.85	150m:	250m:	4:15.69	350m:	6:02.04	52.59			
	100m:	1:33.35	51.50	200m:	300m:	5:09.45	53.76	400m:	6:50.60	48.56		
14 lat												
1.	Kania Kamil				05	MMKS K dzierzyn-Ko le				4:39.50	437	
	50m:	31.08	31.08	150m:	1:40.81	35.44	250m:	2:52.38	36.00	350m:	4:04.28	35.97
	100m:	1:05.37	34.29	200m:	2:16.38	35.57	300m:	3:28.31	35.93	400m:	4:39.50	35.22
2.	Gohla Kamil				05	MMKS K dzierzyn-Ko le				4:45.67	410	
	50m:	31.92	31.92	150m:	1:45.42	37.08	250m:	2:59.98	37.24	350m:	4:11.65	35.67
	100m:	1:08.34	36.42	200m:	2:22.74	37.32	300m:	3:35.98	36.00	400m:	4:45.67	34.02
3.	aba Mateusz				05	UKS MOS w Opolu				4:46.00	408	
	50m:	32.63	32.63	150m:	1:45.55	36.84	250m:	2:59.42	36.96	350m:	4:12.45	35.90
	100m:	1:08.71	36.08	200m:	2:22.46	36.91	300m:	3:36.55	37.13	400m:	4:46.00	33.55
4.	Piechowski Jakub				05	UKS Junior Kluczbork				4:53.11	379	
	50m:	31.95	31.95	150m:	1:45.33	36.93	250m:	3:00.15	37.67	350m:	4:15.88	37.21
	100m:	1:08.40	36.45	200m:	2:22.48	37.15	300m:	3:38.67	38.52	400m:	4:53.11	37.23
5.	Leszczy ski Maciej				05	MMKS K dzierzyn-Ko le				4:53.98	376	
	50m:	31.34	31.34	150m:	1:45.83	38.15	250m:	3:01.19	37.88	350m:	4:16.89	38.09
	100m:	1:07.68	36.34	200m:	2:23.31	37.48	300m:	3:38.80	37.61	400m:	4:53.98	37.09
6.	Bie ko Krzysztof				05	Stowarzyszenie Hobby Sport				4:56.15	368	
	50m:	34.05	34.05	150m:	1:50.58	38.12	250m:	3:06.65	38.13	350m:	4:22.17	36.85
	100m:	1:12.46	38.41	200m:	2:28.52	37.94	300m:	3:45.32	38.67	400m:	4:56.15	33.98
7.	Nowakowski Krzysztof				05	LUKS „WINNER” Zdzeszowice				5:16.79	300	
	50m:	34.71	34.71	150m:	1:55.05	40.51	250m:	3:16.03	40.41	350m:	4:39.63	41.69
	100m:	1:14.54	39.83	200m:	2:35.62	40.57	300m:	3:57.94	41.91	400m:	5:16.79	37.16
8.	Sosnowski Oliwier				05	UKS "5 plus 1" Opole				5:22.26	285	
	50m:	36.57	36.57	150m:	1:59.17	42.01	250m:	3:22.10	41.46	350m:	4:44.23	40.59
	100m:	1:17.16	40.59	200m:	2:40.64	41.47	300m:	4:03.64	41.54	400m:	5:22.26	38.03
9.	Kasperkiewicz Filip				05	UKS MOS w Opolu				5:29.68	266	
	50m:	34.39	34.39	150m:	1:56.52	41.92	250m:	3:21.64	42.43	350m:	4:48.44	43.89
	100m:	1:14.60	40.21	200m:	2:39.21	42.69	300m:	4:04.55	42.91	400m:	5:29.68	41.24
10.	Barnu Michał				05	MMKS K dzierzyn-Ko le				5:32.09	261	
	50m:	36.39	36.39	150m:	2:01.63	42.88	250m:	3:27.54	43.62	350m:	4:52.78	42.75
	100m:	1:18.75	42.36	200m:	2:43.92	42.29	300m:	4:10.03	42.49	400m:	5:32.09	39.31
11.	Janicki Bartosz				05	UKS MOS w Opolu				5:38.31	246	
	50m:	35.01	35.01	150m:	1:59.69	43.33	250m:	3:27.59	44.20	350m:	4:55.15	43.28
	100m:	1:16.36	41.35	200m:	2:43.39	43.70	300m:	4:11.87	44.28	400m:	5:38.31	43.16
12.	Pasternak Tomasz				05	UKS "5 plus 1" Opole				5:52.29	218	
	50m:	38.12	38.12	150m:	2:06.95	45.40	250m:	3:39.70	46.69	350m:	5:12.28	46.77
	100m:	1:21.55	43.43	200m:	2:53.01	46.06	300m:	4:25.51	45.81	400m:	5:52.29	40.01
13.	Janicki Marek				05	Uks Gwiazda Olesno				5:53.86	215	
	50m:	38.71	38.71	150m:	2:06.78	45.05	250m:	3:40.20	46.80	350m:	5:13.05	46.27
	100m:	1:21.73	43.02	200m:	2:53.40	46.62	300m:	4:26.78	46.58	400m:	5:53.86	40.81
14.	Morawiec Pascal				05	LUKS „WINNER” Zdzeszowice				6:05.69	195	
	50m:	40.57	40.57	150m:	2:13.04	47.32	250m:	3:49.42	48.13	350m:	5:25.54	48.20
	100m:	1:25.72	45.15	200m:	3:01.29	48.25	300m:	4:37.34	47.92	400m:	6:05.69	40.15
15.	Korpacki Igor				05	UKS MOS w Opolu				6:24.28	168	
	50m:	40.87	40.87	150m:	2:20.57	51.18	250m:	4:00.86	49.89	350m:	5:41.57	51.48
	100m:	1:29.39	48.52	200m:	3:10.97	50.40	300m:	4:50.09	49.23	400m:	6:24.28	42.71

Wojewódzka Liga Miast Opolszczyzny Finał
Opole, 25.5.2019

Konkurencja 6, M czynn, 400m dowolny

15 lat i starsi

1.	Guzy Marcel		01	DOKiS Sekcja Pływacka Vega Dobro	4:16.38	567
	50m: 29.04	29.04	150m: 1:34.66	33.11	250m: 2:40.19	32.32
	100m: 1:01.55	32.51	200m: 2:07.87	33.21	300m: 3:12.35	32.16
					350m: 3:44.55	32.20
					400m: 4:16.38	31.83
2.	Szymczykowski Jakub		03	UKS MOS w Opolu	4:17.33	561
	50m: 29.26	29.26	150m: 1:35.05	32.95	250m: 2:41.53	32.90
	100m: 1:02.10	32.84	200m: 2:08.63	33.58	300m: 3:14.52	32.99
					350m: 3:46.86	32.34
					400m: 4:17.33	30.47
3.	Podgórski Patryk		03	UKS MOS w Opolu	4:23.45	522
	50m: 30.14	30.14	150m: 1:35.62	33.23	250m: 2:42.84	33.74
	100m: 1:02.39	32.25	200m: 2:09.10	33.48	300m: 3:16.85	34.01
					350m: 3:50.85	34.00
					400m: 4:23.45	32.60
4.	Baranek Jakub		04	UKS MOS w Opolu	4:24.42	517
	50m: 29.65	29.65	150m: 1:36.39	33.79	250m: 2:44.84	34.25
	100m: 1:02.60	32.95	200m: 2:10.59	34.20	300m: 3:18.76	33.92
					350m: 3:52.43	33.67
					400m: 4:24.42	31.99
5.	Szwiec Jakub		03	UKS "5 plus 1" Opole	4:28.33	494
	50m: 30.73	30.73	150m: 1:38.07	33.93	250m: 2:47.01	34.67
	100m: 1:04.14	33.41	200m: 2:12.34	34.27	300m: 3:21.38	34.37
					350m: 3:55.69	34.31
					400m: 4:28.33	32.64
6.	Moryl Wojciech		02	MMKS K dzierzyn-Ko le	4:31.30	478
	50m: 29.95	29.95	150m: 1:37.66	34.08	250m: 2:47.47	35.35
	100m: 1:03.58	33.63	200m: 2:12.12	34.46	300m: 3:22.55	35.08
					350m: 3:57.33	34.78
					400m: 4:31.30	33.97
7.	Górowski Cezary		04	UKS MOS w Opolu	4:53.20	379
	50m: 32.78	32.78	150m: 1:47.17	37.67	250m: 3:03.67	38.26
	100m: 1:09.50	36.72	200m: 2:25.41	38.24	300m: 3:40.74	37.07
					350m: 4:18.24	37.50
					400m: 4:53.20	34.96
8.	Osowski Wojciech		04	MMKS K dzierzyn-Ko le	4:59.22	356
	50m: 31.33	31.33	150m: 1:46.59	38.58	250m: 3:04.48	38.73
	100m: 1:08.01	36.68	200m: 2:25.75	39.16	300m: 3:44.04	39.56
					350m: 4:22.89	38.85
					400m: 4:59.22	36.33
9.	Adamek Mikołaj		04	Start Opole	5:08.98	324
	50m: 34.53	34.53	150m: 1:51.38	38.95	250m: 3:09.72	39.01
	100m: 1:12.43	37.90	200m: 2:30.71	39.33	300m: 3:49.13	39.41
					350m: 4:28.90	39.77
					400m: 5:08.98	40.08
10.	Wr czycki Marcin		04	MMKS K dzierzyn-Ko le	5:22.16	285
	50m: 34.58	34.58	150m: 1:54.49	40.82	250m: 3:18.52	42.63
	100m: 1:13.67	39.09	200m: 2:35.89	41.40	300m: 4:01.18	42.66
					350m: 4:42.72	41.54
					400m: 5:22.16	39.44
11.	Pientka Michał		04	UKS Kronos Strzelce Opolskie	6:07.00	193
	50m: 39.08	39.08	150m: 2:07.90	45.56	250m: 3:42.88	47.42
	100m: 1:22.34	43.26	200m: 2:55.46	47.56	300m: 4:31.74	48.86
					350m: 5:19.89	48.15
					400m: 6:07.00	47.11
12.	Paluch Nikodem		04	UKS Kronos Strzelce Opolskie	6:28.06	163
	50m: 36.72	36.72	150m: 2:11.19	49.48	250m: 3:52.73	52.38
	100m: 1:21.71	44.99	200m: 3:00.35	49.16	300m: 4:42.67	49.94
					350m: 5:35.07	52.40
					400m: 6:28.06	52.99
13.	Wierzchowiec Paweł		04	Stowarzyszenie Hobby Sport	6:30.28	160
	50m: 42.33	42.33	150m: 2:21.36	50.40	250m: 4:04.15	51.57
	100m: 1:30.96	48.63	200m: 3:12.58	51.22	300m: 4:55.46	51.31
					350m: 5:47.33	51.87
					400m: 6:30.28	42.95
14.	Zaj czkowski Rafał		04	UKS MOS w Opolu	6:33.79	156
	50m: 38.36	38.36	150m: 2:17.59	50.63	250m: 3:59.96	52.05
	100m: 1:26.96	48.60	200m: 3:07.91	50.32	300m: 4:54.85	54.89
					350m: 5:48.73	53.88
					400m: 6:33.79	45.06