

Wojewódzki Sprawdzian Wszechstronno ci Stylowej i Wytrzymało ci
Opole, 12.10.2019

Konkurencja 17
12.10.2019 - 17:00

Dziewcz t, 400m dowolny

11 lat
Wyniki

Punkty: FINA 2018

Pozycja			Rok ur.					Czas	Pkt.
1.	Drzewiecka Maja		08	MKS Park Wodny Tarnowskie Góry				5:19.70	394
	50m:	35.29 35.29	150m:	1:56.06 40.88	250m:	3:18.80 41.46	350m:	4:41.64 41.18	
	100m:	1:15.18 39.89	200m:	2:37.34 41.28	300m:	4:00.46 41.66	400m:	5:19.70 38.06	
2.	Ba kowska Wiktoria		08	UKS "5 plus 1" Opole				5:26.13	371
	50m:	34.07 34.07	150m:	1:55.89 43.29	250m:	3:17.91 41.12	350m:	4:42.98 42.76	
	100m:	1:12.60 38.53	200m:	2:36.79 40.90	300m:	4:00.22 42.31	400m:	5:26.13 43.15	
3.	Janicka Katarzyna		08	Start Opole				5:32.95	349
	50m:	37.99 37.99	150m:	2:02.74 42.27	250m:	3:27.02 41.31	350m:	4:52.93 42.72	
	100m:	1:20.47 42.48	200m:	2:45.71 42.97	300m:	4:10.21 43.19	400m:	5:32.95 40.02	
4.	Ja kowska Julia		08	MMKS K dzierzyn-Ko le				5:41.01	325
	50m:	37.54 37.54	150m:	2:04.05 43.40	250m:	3:31.65 44.03	350m:	4:58.38 43.13	
	100m:	1:20.65 43.11	200m:	2:47.62 43.57	300m:	4:15.25 43.60	400m:	5:41.01 42.63	
5.	Wnuk Jessika		08	UKS Junior Kluczbork				5:47.08	308
	50m:	40.60 40.60	150m:	2:08.72 44.24	250m:	3:37.54 43.66	350m:	5:05.78 43.80	
	100m:	1:24.48 43.88	200m:	2:53.88 45.16	300m:	4:21.98 44.44	400m:	5:47.08 41.30	
6.	Glapiak Julia		08	Start Opole				5:58.96	278
	50m:	40.44 40.44	150m:	2:12.94 45.52	250m:	3:46.70 47.33	350m:	5:17.78 44.54	
	100m:	1:27.42 46.98	200m:	2:59.37 46.43	300m:	4:33.24 46.54	400m:	5:58.96 41.18	
7.	Solich Martyna		08	DOKiS SP Vega Dobrodzie				6:00.46	275
	50m:	39.84 39.84	150m:	2:11.65 46.20	250m:	3:45.33 46.51	350m:	5:17.27 45.39	
	100m:	1:25.45 45.61	200m:	2:58.82 47.17	300m:	4:31.88 46.55	400m:	6:00.46 43.19	
8.	Kordek Zuzanna		08	MMKS K dzierzyn-Ko le				6:10.98	252
	50m:	39.51 39.51	150m:	2:14.62 49.23	250m:	3:50.88 47.66	350m:	5:28.62 47.76	
	100m:	1:25.39 45.88	200m:	3:03.22 48.60	300m:	4:40.86 49.98	400m:	6:10.98 42.36	
9.	Fartuszy ska Weronika		08	UKS Junior Kluczbork				6:11.03	252
	50m:	42.66 42.66	150m:	2:19.33 48.59	250m:	3:55.10 48.14	350m:	5:29.55 46.27	
	100m:	1:30.74 48.08	200m:	3:06.96 47.63	300m:	4:43.28 48.18	400m:	6:11.03 41.48	
10.	Gorska Liliana		08	MMKS K dzierzyn-Ko le				6:11.97	250
	50m:	41.07 41.07	150m:	2:15.48 47.30	250m:	3:51.61 48.02	350m:	5:25.94 47.52	
	100m:	1:28.18 47.11	200m:	3:03.59 48.11	300m:	4:38.42 46.81	400m:	6:11.97 46.03	
11.	Białek Hanna		08	UKS "5 plus 1" Opole				6:27.24	222
	50m:	45.65 45.65	150m:	2:25.22 50.08	250m:	4:04.33 48.71	350m:	5:40.47 48.56	
	100m:	1:35.14 49.49	200m:	3:15.62 50.40	300m:	4:51.91 47.58	400m:	6:27.24 46.77	
12.	Mierzwi ska Jagoda		08	MMKS K dzierzyn-Ko le				6:30.51	216
	50m:	42.16 42.16	150m:	2:23.36 52.08	250m:	4:04.59 50.66	350m:	5:45.47 50.35	
	100m:	1:31.28 49.12	200m:	3:13.93 50.57	300m:	4:55.12 50.53	400m:	6:30.51 45.04	
13.	Szymt Lidia		08	UKS "5 plus 1" Opole				6:34.01	210
	50m:	42.33 42.33	150m:	2:21.70 50.27	250m:	4:03.20 50.30	350m:	5:43.54 50.47	
	100m:	1:31.43 49.10	200m:	3:12.90 51.20	300m:	4:53.07 49.87	400m:	6:34.01 50.47	
14.	Nowak Julia		08	MMKS K dzierzyn-Ko le				7:24.34	147
	50m:	46.11 46.11	150m:	2:39.14 57.73	250m:	4:35.08 57.40	350m:	6:31.27 59.48	
	100m:	1:41.41 55.30	200m:	3:37.68 58.54	300m:	5:31.79 56.71	400m:	7:24.34 53.07	
15.	Orszak Wiktoria		08	MMKS K dzierzyn-Ko le				7:36.11	135
	50m:	46.89 46.89	150m:	2:43.58 58.84	250m:	4:43.94 59.45	350m:	6:41.25	
	100m:	1:44.74 57.85	200m:	3:44.49 1:00.91	300m:		400m:	7:36.11 54.86	