

Zimowe Mistrzostwa Okręgu Opolskiego
Strzelce Opolskie, 17. - 18.1.2020

Konkurencja 25
18.01.2020 - 11:55

Mężczyźni, 400m dowolny

11 lat i starsi
Wyniki

Punkty: FINA 2018

Pozycja					Rok ur.					Czas	Pkt.
11 - 12 lat											
1.	Moszyk Oskar				08	MMKS K dzierzyn-Ko le				6:06.17	194
	50m:	40.14	40.14	150m:	2:13.27	47.64	250m:	350m:	6:06.17		
	100m:	1:25.63	45.49	200m:			300m:	400m:			
2.	Bylak Dawid				08	DOKiS SP Vega Dobrodzie				6:17.09	178
	50m:	38.88	38.88	150m:	2:15.29	48.48	250m:	350m:	5:30.44	50.18	
	100m:	1:26.81	47.93	200m:	3:03.11	47.82	300m:	400m:	6:17.09	46.65	
13 - 14 lat											
1.	W siki Marek				06	DOKiS SP Vega Dobrodzie				4:56.05	368
	50m:	33.16	33.16	150m:	1:47.27	37.24	250m:	350m:	4:19.30	38.48	
	100m:	1:10.03	36.87	200m:	2:24.77	37.50	300m:	400m:	4:56.05	36.75	
2.	Pukas Mikołaj				06	UKS „KORAL” Wrocław				5:10.76	318
	50m:	33.41	33.41	150m:	1:50.62	39.64	250m:	350m:	4:31.51	40.07	
	100m:	1:10.98	37.57	200m:	2:30.51	39.89	300m:	400m:	5:10.76	39.25	
3.	Borysewicz Patryk				07	DELFIN Krapkowice				5:18.45	296
	50m:	35.55	35.55	150m:	1:58.42	41.57	250m:	350m:	4:41.23	40.34	
	100m:	1:16.85	41.30	200m:	2:40.08	41.66	300m:	400m:	5:18.45	37.22	
4.	Tarapata Bartłomiej				07	UKS Kronos Strzelce				5:28.64	269
	50m:	37.09	37.09	150m:	1:59.04	41.32	250m:	350m:	4:51.73	43.44	
	100m:	1:17.72	40.63	200m:	2:41.15	42.11	300m:	400m:	5:28.64	36.91	
5.	Szczygieł Stanisław				07	Start Opole				5:31.73	261
	50m:	35.25	35.25	150m:	1:58.13	42.67	250m:	350m:	4:47.81	42.85	
	100m:	1:15.46	40.21	200m:	2:40.50	42.37	300m:	400m:	5:31.73	43.92	
6.	Hyla Denis				07	DOKiS SP Vega Dobrodzie				5:36.09	251
	50m:	34.47	34.47	150m:	1:58.22	42.97	250m:	350m:	4:51.72	45.97	
	100m:	1:15.25	40.78	200m:	2:42.00	43.78	300m:	400m:	5:36.09	44.37	
7.	Ma czy ski Filip				07	Start Opole				5:50.36	222
	50m:	38.32	38.32	150m:	2:06.48	44.75	250m:	350m:	5:06.35	45.50	
	100m:	1:21.73	43.41	200m:	2:51.51	45.03	300m:	400m:	5:50.36	44.01	
8.	H bek Antoni				07	UKS Gwiazda Olesno				6:50.79	137
	50m:	43.98	43.98	150m:	2:31.04	53.98	250m:	350m:	6:02.57	52.53	
	100m:	1:37.06	53.08	200m:	3:23.83	52.79	300m:	400m:	6:50.79	48.22	
15 - 16 lat											
1.	Baranek Jakub				04	UKS MOS w Opolu				4:22.45	528
	50m:	29.24	29.24	150m:	1:35.18	33.61	250m:	350m:	3:50.16	33.67	
	100m:	1:01.57	32.33	200m:	2:08.87	33.69	300m:	400m:	4:22.45	32.29	
2.	Górowski Cezary				04	UKS MOS w Opolu				4:31.56	477
	50m:	31.45	31.45	150m:	1:40.23	34.72	250m:	350m:	3:58.25	34.56	
	100m:	1:05.51	34.06	200m:	2:15.24	35.01	300m:	400m:	4:31.56	33.31	
3.	Korpacki Igor				05	UKS MOS w Opolu				6:08.99	190
	50m:	39.28	39.28	150m:	2:11.28	46.00	250m:	350m:	5:23.31	47.78	
	100m:	1:25.28	46.00	200m:	2:59.43	48.15	300m:	400m:	6:08.99	45.68	
17 - 19 lat											
1.	Matyjasek Maciej				02	MMKS K dzierzyn-Ko le				4:10.05	611
	50m:	28.81	28.81	150m:	1:31.84	31.63	250m:	350m:	3:39.17	32.03	
	100m:	1:00.21	31.40	200m:	2:03.31	31.47	300m:	400m:	4:10.05	30.88	

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Strzelce Opolskie, 17. - 18.1.2020

Konkurencja 25, Mężczyźni, 400m dowolny, 17 - 19 lat

Pozycja			Rok ur.						Czas	Pkt.
2.	Szwiec Jakub		03 UKS MOS w Opolu						4:29.79	486
	50m:	32.75 32.75	150m:	1:41.37 34.07	250m:	2:49.47 33.82	350m:	3:57.22 33.79		
	100m:	1:07.30 34.55	200m:	2:15.65 34.28	300m:	3:23.43 33.96	400m:	4:29.79 32.57		
11 lat i starsi										
1.	Matyjasek Maciej		02 MMKS K dzierzyn-Ko le						4:10.05	611
	50m:	28.81 28.81	150m:	1:31.84 31.63	250m:	2:35.09 31.78	350m:	3:39.17 32.03		
	100m:	1:00.21 31.40	200m:	2:03.31 31.47	300m:	3:07.14 32.05	400m:	4:10.05 30.88		
2.	Baranek Jakub		04 UKS MOS w Opolu						4:22.45	528
	50m:	29.24 29.24	150m:	1:35.18 33.61	250m:	2:42.64 33.77	350m:	3:50.16 33.67		
	100m:	1:01.57 32.33	200m:	2:08.87 33.69	300m:	3:16.49 33.85	400m:	4:22.45 32.29		
3.	Szwiec Jakub		03 UKS MOS w Opolu						4:29.79	486
	50m:	32.75 32.75	150m:	1:41.37 34.07	250m:	2:49.47 33.82	350m:	3:57.22 33.79		
	100m:	1:07.30 34.55	200m:	2:15.65 34.28	300m:	3:23.43 33.96	400m:	4:29.79 32.57		
4.	Górowski Cezary		04 UKS MOS w Opolu						4:31.56	477
	50m:	31.45 31.45	150m:	1:40.23 34.72	250m:	2:49.66 34.42	350m:	3:58.25 34.56		
	100m:	1:05.51 34.06	200m:	2:15.24 35.01	300m:	3:23.69 34.03	400m:	4:31.56 33.31		
5.	Wasiak Marek		06 DOKiS SP Vega Dobrodzie						4:56.05	368
	50m:	33.16 33.16	150m:	1:47.27 37.24	250m:	3:02.66 37.89	350m:	4:19.30 38.48		
	100m:	1:10.03 36.87	200m:	2:24.77 37.50	300m:	3:40.82 38.16	400m:	4:56.05 36.75		
6.	Pukas Mikołaj		06 UKS „KORAL” Wrocław						5:10.76	318
	50m:	33.41 33.41	150m:	1:50.62 39.64	250m:	3:10.82 40.31	350m:	4:31.51 40.07		
	100m:	1:10.98 37.57	200m:	2:30.51 39.89	300m:	3:51.44 40.62	400m:	5:10.76 39.25		
7.	Borysewicz Patryk		07 DELFIN Krapkowice						5:18.45	296
	50m:	35.55 35.55	150m:	1:58.42 41.57	250m:	3:19.42 39.34	350m:	4:41.23 40.34		
	100m:	1:16.85 41.30	200m:	2:40.08 41.66	300m:	4:00.89 41.47	400m:	5:18.45 37.22		
8.	Tarapata Bartłomiej		07 UKS Kronos Strzelce						5:28.64	269
	50m:	37.09 37.09	150m:	1:59.04 41.32	250m:	3:24.29 43.14	350m:	4:51.73 43.44		
	100m:	1:17.72 40.63	200m:	2:41.15 42.11	300m:	4:08.29 44.00	400m:	5:28.64 36.91		
9.	Szczygieł Stanisław		07 Start Opole						5:31.73	261
	50m:	35.25 35.25	150m:	1:58.13 42.67	250m:	3:23.18 42.68	350m:	4:47.81 42.85		
	100m:	1:15.46 40.21	200m:	2:40.50 42.37	300m:	4:04.96 41.78	400m:	5:31.73 43.92		
10.	Hyla Denis		07 DOKiS SP Vega Dobrodzie						5:36.09	251
	50m:	34.47 34.47	150m:	1:58.22 42.97	250m:	3:24.33 42.33	350m:	4:51.72 45.97		
	100m:	1:15.25 40.78	200m:	2:42.00 43.78	300m:	4:05.75 41.42	400m:	5:36.09 44.37		
11.	Maciszewski Filip		07 Start Opole						5:50.36	222
	50m:	38.32 38.32	150m:	2:06.48 44.75	250m:	3:36.11 44.60	350m:	5:06.35 45.50		
	100m:	1:21.73 43.41	200m:	2:51.51 45.03	300m:	4:20.85 44.74	400m:	5:50.36 44.01		
12.	Moszyk Oskar		08 MMKS K dzierzyn-Ko le						6:06.17	194
	50m:	40.14 40.14	150m:	2:13.27 47.64	250m:		350m:			
	100m:	1:25.63 45.49	200m:		300m:		400m:	6:06.17		
13.	Korpacz Igor		05 UKS MOS w Opolu						6:08.99	190
	50m:	39.28 39.28	150m:	2:11.28 46.00	250m:	3:47.03 47.60	350m:	5:23.31 47.78		
	100m:	1:25.28 46.00	200m:	2:59.43 48.15	300m:	4:35.53 48.50	400m:	6:08.99 45.68		
14.	Bylak Dawid		08 DOKiS SP Vega Dobrodzie						6:17.09	178
	50m:	38.88 38.88	150m:	2:15.29 48.48	250m:	3:51.97 48.86	350m:	5:30.44 50.18		
	100m:	1:26.81 47.93	200m:	3:03.11 47.82	300m:	4:40.26 48.29	400m:	6:17.09 46.65		
15.	Hobek Antoni		07 UKS Gwiazda Olesno						6:50.79	137
	50m:	43.98 43.98	150m:	2:31.04 53.98	250m:	4:17.06 53.23	350m:	6:02.57 52.53		
	100m:	1:37.06 53.08	200m:	3:23.83 52.79	300m:	5:10.04 52.98	400m:	6:50.79 48.22		