

Event 11 Open
18.06.2022 - 11:05 Results
Women, 400m Medley

Rekord Opolszczyzny 4:50.40 Zukowska Paula 00107 Ostrowiec Sw. 22.05.2009

Points: FINA 2021

Rank			YB					Time	Pts
12 - 13 years									
1.	Mlotek Hanna		09	DOKiS SP Vega Dobrodzien				5:36.48	496
	50m: 34.51	34.51	150m: 1:58.52	43.11	250m: 3:30.80	50.33	350m: 4:58.19	39.71	
	100m: 1:15.41	40.90	200m: 2:40.47	41.95	300m: 4:18.48	47.68	400m: 5:36.48	38.29	
2.	Grocka Natalia		09	MKS Juvenia Wroclaw				5:57.30	414
	50m: 37.83	37.83	150m: 2:11.81	45.77	250m: 3:47.41	50.95	350m: 5:18.85	38.97	
	100m: 1:26.04	48.21	200m: 2:56.46	44.65	300m: 4:39.88	52.47	400m: 5:57.30	38.45	
3.	Wisniewska Julia		10	UKS DELFIN Krapkowice				8:05.91	164
	50m: 50.58	50.58	150m: 2:59.08	1:03.13	250m: 5:09.10	1:07.44	350m: 7:10.37	56.94	
	100m: 1:55.95	1:05.37	200m: 4:01.66	1:02.58	300m: 6:13.43	1:04.33	400m: 8:05.91	55.54	
4.	Bielec Emilia		10	UKS DELFIN Krapkowice				8:22.02	149
	50m: 1:00.37	1:00.37	150m: 3:14.33	1:02.51	250m: 5:20.27	1:07.66	350m: 7:26.07	55.81	
	100m: 2:11.82	1:11.45	200m: 4:12.61	58.28	300m: 6:30.26	1:09.99	400m: 8:22.02	55.95	
14 years									
1.	Fartuszynska Weronika		08	UKS Junior Kluczbork				5:42.80	469
	50m: 38.76	38.76	150m: 2:09.06	46.21	250m: 3:42.14	48.08	350m: 5:08.78	37.95	
	100m: 1:22.85	44.09	200m: 2:54.06	45.00	300m: 4:30.83	48.69	400m: 5:42.80	34.02	
2.	Gorska Liliana		08	Swim Team MOSiR Kedzierzyn-Kozle				5:43.11	467
	50m: 37.32	37.32	150m: 2:06.06	45.32	250m: 3:36.65	46.09	350m: 5:05.88	41.85	
	100m: 1:20.74	43.42	200m: 2:50.56	44.50	300m: 4:24.03	47.38	400m: 5:43.11	37.23	
15 - 16 years									
1.	Rakowska Marta		06	DOKiS SP Vega Dobrodzien				5:14.62	606
	50m: 33.57	33.57	150m: 1:53.25	41.09	250m: 3:18.37	45.47	350m: 4:39.94	36.83	
	100m: 1:12.16	38.59	200m: 2:32.90	39.65	300m: 4:03.11	44.74	400m: 5:14.62	34.68	
2.	Skrzypczak Natalia		07	Swim Team MOSiR Kedzierzyn-Kozle				5:26.93	540
	50m: 35.95	35.95	150m: 2:00.64	42.59	250m: 3:26.61	45.27	350m: 4:50.85	38.85	
	100m: 1:18.05	42.10	200m: 2:41.34	40.70	300m: 4:12.00	45.39	400m: 5:26.93	36.08	
Open									
1.	Rakowska Marta		06	DOKiS SP Vega Dobrodzien				5:14.62	606
	50m: 33.57	33.57	150m: 1:53.25	41.09	250m: 3:18.37	45.47	350m: 4:39.94	36.83	
	100m: 1:12.16	38.59	200m: 2:32.90	39.65	300m: 4:03.11	44.74	400m: 5:14.62	34.68	
2.	Skrzypczak Natalia		07	Swim Team MOSiR Kedzierzyn-Kozle				5:26.93	540
	50m: 35.95	35.95	150m: 2:00.64	42.59	250m: 3:26.61	45.27	350m: 4:50.85	38.85	
	100m: 1:18.05	42.10	200m: 2:41.34	40.70	300m: 4:12.00	45.39	400m: 5:26.93	36.08	
3.	Mlotek Hanna		09	DOKiS SP Vega Dobrodzien				5:36.48	496
	50m: 34.51	34.51	150m: 1:58.52	43.11	250m: 3:30.80	50.33	350m: 4:58.19	39.71	
	100m: 1:15.41	40.90	200m: 2:40.47	41.95	300m: 4:18.48	47.68	400m: 5:36.48	38.29	
4.	Fartuszynska Weronika		08	UKS Junior Kluczbork				5:42.80	469
	50m: 38.76	38.76	150m: 2:09.06	46.21	250m: 3:42.14	48.08	350m: 5:08.78	37.95	
	100m: 1:22.85	44.09	200m: 2:54.06	45.00	300m: 4:30.83	48.69	400m: 5:42.80	34.02	



LETNIE MISTRZOSTWA OKRĘGU OPOLSKIEGO W PŁYWANIU 2022



Letnie Mistrzostwa Okręgu Opolskiego w Pływaniu
Opole, 18. - 19.6.2022

Event 11, Women, 400m Medley, Open

Rank					YB					Time	Pts	
5.	Gorska Liliana				08	Swim Team MOSiR Kedzierzyn-Kozle				5:43.11	467	
	50m:	37.32	37.32	150m:	2:06.06	45.32	250m:	3:36.65	46.09	350m:	5:05.88	41.85
	100m:	1:20.74	43.42	200m:	2:50.56	44.50	300m:	4:24.03	47.38	400m:	5:43.11	37.23
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	100m:	1:26.04	48.21	200m:	2:56.46	44.65	300m:	4:39.88	52.47	400m:	5:57.30	38.45
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	50m:	50.58	50.58	150m:	2:59.08	1:03.13	250m:	5:09.10	1:07.44	350m:	7:10.37	56.94
	100m:	1:55.95	1:05.37	200m:	4:01.66	1:02.58	300m:	6:13.43	1:04.33	400m:	8:05.91	55.54
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	50m:	1:00.37	1:00.37	150m:	3:14.33	1:02.51	250m:	5:20.27	1:07.66	350m:	7:26.07	55.81
	100m:	2:11.82	1:11.45	200m:	4:12.61	58.28	300m:	6:30.26	1:09.99	400m:	8:22.02	55.95