

Event 12 Open
18.06.2022 - 11:10 Results

Men, 400m Medley

Rekord Opolszczyzny 4:30.95 Stachura Maciej 00107 Ostrowiec Sw. 22.05.2009

Points: FINA 2021

Rank			YB					Time	Pts	
12 - 13 years										
1.	Wrobel Michal		10	Uks "Aqua Team Mikolow"				5:51.84	332	
	50m:	39.00 39.00	150m:	2:10.82	45.08	250m:	3:45.89	51.80	350m:	5:17.01 40.10
	100m:	1:25.74 46.74	200m:	2:54.09	43.27	300m:	4:36.91	51.02	400m:	5:51.84 34.83
2.	Kaczmarczyk Mieszko		09	DOKiS SP Vega Dobrodzien				5:56.48	320	
	50m:	37.85 37.85	150m:	2:10.54	47.09	250m:	3:46.14	51.25	350m:	5:17.94 40.74
	100m:	1:23.45 45.60	200m:	2:54.89	44.35	300m:	4:37.20	51.06	400m:	5:56.48 38.54
3.	Kosiarek Mateusz		10	WKS Slask				6:20.63	262	
	50m:	41.23 41.23	150m:	2:19.92	47.70	250m:	4:01.04	54.73	350m:	5:40.74 42.22
	100m:	1:32.22 50.99	200m:	3:06.31	46.39	300m:	4:58.52	57.48	400m:	6:20.63 39.89
14 years										
1.	Smoszna Wiktor		08	MKS Juvenia Wroclaw				5:32.90	392	
	50m:	35.17 35.17	150m:	2:02.38	44.04	250m:	3:32.26	48.44	350m:	4:56.89 36.50
	100m:	1:18.34 43.17	200m:	2:43.82	41.44	300m:	4:20.39	48.13	400m:	5:32.90 36.01
2.	Cwirko Michal		08	UKS DELFIN Krapkowice				5:35.03	385	
	50m:	35.38 35.38	150m:	2:02.47	44.34	250m:	3:32.86	47.51	350m:	4:59.12 38.70
	100m:	1:18.13 42.75	200m:	2:45.35	42.88	300m:	4:20.42	47.56	400m:	5:35.03 35.91
3.	Prus Adam		08	Seksja Plywacka Meduza Pajeczno				5:36.03	382	
	50m:	38.36 38.36	150m:	2:08.32	45.85	250m:	3:38.18	45.51	350m:	5:02.63 39.44
	100m:	1:22.47 44.11	200m:	2:52.67	44.35	300m:	4:23.19	45.01	400m:	5:36.03 33.40
4.	Wasztyl Kacper		08	UKS MOS w Opolu				5:39.44	370	
	50m:	34.94 34.94	150m:	2:01.97	46.46	250m:	3:31.06	44.50	350m:	5:00.66 43.43
	100m:	1:15.51 40.57	200m:	2:46.56	44.59	300m:	4:17.23	46.17	400m:	5:39.44 38.78
5.	Moszyk Oskar		08	Swim Team MOSiR Kedzierzyn-Kozle				6:14.82	275	
	50m:	40.40 40.40	150m:	2:17.05	47.02	250m:	3:59.78	55.86	350m:	5:35.31 40.13
	100m:	1:30.03 49.63	200m:	3:03.92	46.87	300m:	4:55.18	55.40	400m:	6:14.82 39.51
15 - 16 years										
1.	Wasik Marek		06	DOKiS SP Vega Dobrodzien				5:28.83	407	
	50m:	34.68 34.68	150m:	2:03.12	45.13	250m:	3:31.34	45.80	350m:	4:52.96 36.24
	100m:	1:17.99 43.31	200m:	2:45.54	42.42	300m:	4:16.72	45.38	400m:	5:28.83 35.87
17 - 18 years										
1.	Frankowski Milosz		05	MKS Juvenia Wroclaw				4:52.26	580	
	50m:	30.18 30.18	150m:	1:44.45	39.50	250m:	3:03.47	40.70	350m:	4:19.13 33.79
	100m:	1:04.95 34.77	200m:	2:22.77	38.32	300m:	3:45.34	41.87	400m:	4:52.26 33.13
2.	Gohla Kamil		05	Swim Team MOSiR Kedzierzyn-Kozle				5:01.68	528	
	50m:	29.28 29.28	150m:	1:45.62	42.64	250m:	3:07.45	41.68	350m:	4:26.68 36.72
	100m:	1:02.98 33.70	200m:	2:25.77	40.15	300m:	3:49.96	42.51	400m:	5:01.68 35.00
3.	Zaba Mateusz		05	UKS MOS w Opolu				5:12.83	473	
	50m:	31.83 31.83	150m:	1:51.64	42.25	250m:	3:15.53	43.07	350m:	4:37.52 37.46
	100m:	1:09.39 37.56	200m:	2:32.46	40.82	300m:	4:00.06	44.53	400m:	5:12.83 35.31

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1.	Frankowski Milosz	05	MKS Juvenia Wrocław	4:52.26	580
	50m: 30.18 30.18	150m: 1:44.45 39.50	250m: 3:03.47 40.70	350m: 4:19.13 33.79	
	100m: 1:04.95 34.77	200m: 2:22.77 38.32	300m: 3:45.34 41.87	400m: 4:52.26 33.13	
2.	Gohla Kamil	05	Swim Team MOSiR Kedzierzyn-Kozle	5:01.68	528
	50m: 29.28 29.28	150m: 1:45.62 42.64	250m: 3:07.45 41.68	350m: 4:26.68 36.72	
	100m: 1:02.98 33.70	200m: 2:25.77 40.15	300m: 3:49.96 42.51	400m: 5:01.68 35.00	
3.	Zaba Mateusz	05	UKS MOS w Opolu	5:12.83	473
	50m: 31.83 31.83	150m: 1:51.64 42.25	250m: 3:15.53 43.07	350m: 4:37.52 37.46	
	100m: 1:09.39 37.56	200m: 2:32.46 40.82	300m: 4:00.06 44.53	400m: 5:12.83 35.31	
4.	Wasik Marek	06	DOKiS SP Vega Dobrodzien	5:28.83	407
	50m: 34.68 34.68	150m: 2:03.12 45.13	250m: 3:31.34 45.80	350m: 4:52.96 36.24	
	100m: 1:17.99 43.31	200m: 2:45.54 42.42	300m: 4:16.72 45.38	400m: 5:28.83 35.87	
5.	Smoszna Wiktor	08	MKS Juvenia Wrocław	5:32.90	392
	50m: 35.17 35.17	150m: 2:02.38 44.04	250m: 3:32.26 48.44	350m: 4:56.89 36.50	
	100m: 1:18.34 43.17	200m: 2:43.82 41.44	300m: 4:20.39 48.13	400m: 5:32.90 36.01	
6.	Cwirko Michał	08	UKS DELFIN Krapkowice	5:35.03	385
	50m: 35.38 35.38	150m: 2:02.47 44.34	250m: 3:32.86 47.51	350m: 4:59.12 38.70	
	100m: 1:18.13 42.75	200m: 2:45.35 42.88	300m: 4:20.42 47.56	400m: 5:35.03 35.91	
7.	Prus Adam	08	Sekcja Pływacka Meduza Pajeczno	5:36.03	382
	50m: 38.36 38.36	150m: 2:08.32 45.85	250m: 3:38.18 45.51	350m: 5:02.63 39.44	
	100m: 1:22.47 44.11	200m: 2:52.67 44.35	300m: 4:23.19 45.01	400m: 5:36.03 33.40	
8.	Wasztyl Kacper	08	UKS MOS w Opolu	5:39.44	370
	50m: 34.94 34.94	150m: 2:01.97 46.46	250m: 3:31.06 44.50	350m: 5:00.66 43.43	
	100m: 1:15.51 40.57	200m: 2:46.56 44.59	300m: 4:17.23 46.17	400m: 5:39.44 38.78	
9.	Wróbel Michał	10	Uks "Aqua Team Mikołow"	5:51.84	332
	50m: 39.00 39.00	150m: 2:10.82 45.08	250m: 3:45.89 51.80	350m: 5:17.01 40.10	
	100m: 1:25.74 46.74	200m: 2:54.09 43.27	300m: 4:36.91 51.02	400m: 5:51.84 34.83	
10.	Kaczmarczyk Mieszko	09	DOKiS SP Vega Dobrodzien	5:56.48	320
	50m: 37.85 37.85	150m: 2:10.54 47.09	250m: 3:46.14 51.25	350m: 5:17.94 40.74	
	100m: 1:23.45 45.60	200m: 2:54.89 44.35	300m: 4:37.20 51.06	400m: 5:56.48 38.54	
11.	Moszyk Oskar	08	Swim Team MOSiR Kedzierzyn-Kozle	6:14.82	275
	50m: 40.40 40.40	150m: 2:17.05 47.02	250m: 3:59.78 55.86	350m: 5:35.31 40.13	
	100m: 1:30.03 49.63	200m: 3:03.92 46.87	300m: 4:55.18 55.40	400m: 6:14.82 39.51	
12.	Kosiarek Mateusz	10	WKS Śląsk	6:20.63	262
	50m: 41.23 41.23	150m: 2:19.92 47.70	250m: 4:01.04 54.73	350m: 5:40.74 42.22	
	100m: 1:32.22 50.99	200m: 3:06.31 46.39	300m: 4:58.52 57.48	400m: 6:20.63 39.89	