

Event 20 Men, 400m Freestyle Open Results
18.06.2022 - 16:20

Rekord Opolszczyzny 4:11.09 Kot Maciej 00307 Oławiecim 18.07.2009

Points: FINA 2021

Rank			YB					Time	Pts			
11 years and younger												
1.	Wisniewski Michal		11	UKS DELFIN Krapkowice				6:33.18	175			
	50m:	150m:		250m:	350m:	400m:	6:33.18					
	100m:	200m:		300m:								
2.	Pretor Dawid		11	UKS DELFIN Krapkowice				7:51.71	101			
	50m:	150m:		250m:	350m:	400m:	7:51.71					
	100m:	200m:		300m:								
12 - 13 years												
1.	Cwirko Dominik		09	UKS DELFIN Krapkowice				4:56.26	409			
	50m:	31.67	31.67	150m:	1:46.21	38.33	250m:	3:03.85	39.03	350m:	4:21.26	38.54
	100m:	1:07.88	36.21	200m:	2:24.82	38.61	300m:	3:42.72	38.87	400m:	4:56.26	35.00
2.	Wiszniewski Tymoteusz		10	LKS Jednosc 32 Przyszowice				4:58.38	401			
	50m:	33.89	33.89	150m:			250m:			350m:		
	100m:			200m:			300m:			400m:	4:58.38	
3.	Konopko Michal		10	Uks "Aqua Team Mikołow"				5:04.42	377			
	50m:	33.23	33.23	150m:			250m:			350m:		
	100m:			200m:			300m:			400m:	5:04.42	
4.	Kaleta Michal		09	Seksja Plywacka Meduza Pajeczno				5:16.05	337			
	50m:	34.87	34.87	150m:	1:55.79	41.15	250m:	3:17.58	40.33	350m:	4:41.02	41.16
	100m:	1:14.64	39.77	200m:	2:37.25	41.46	300m:	3:59.86	42.28	400m:	5:16.05	35.03
5.	Koza Kamil		09	DOKiS SP Vega Dobrodzien				5:41.47	267			
	50m:	39.56	39.56	150m:	2:07.33	44.07	250m:	3:38.21	44.99	350m:	5:04.01	40.87
	100m:	1:23.26	43.70	200m:	2:53.22	45.89	300m:	4:23.14	44.93	400m:	5:41.47	37.46
6.	Wloch Szymon		09	DOKiS SP Vega Dobrodzien				5:41.59	267			
	50m:	38.47	38.47	150m:	2:05.73	44.25	250m:	3:35.43	43.59	350m:	5:04.50	43.69
	100m:	1:21.48	43.01	200m:	2:51.84	46.11	300m:	4:20.81	45.38	400m:	5:41.59	37.09
7.	Smiech Olivier		09	UKS DELFIN Krapkowice				5:58.87	230			
	50m:			150m:			250m:			350m:		
	100m:			200m:			300m:			400m:	5:58.87	
8.	Myszkiewicz Pawel		10	LKS Jednosc 32 Przyszowice				6:04.76	219			
	50m:	40.76	40.76	150m:	2:13.09	46.91	250m:			350m:		
	100m:	1:26.18	45.42	200m:	3:00.17	47.08	300m:	4:33.78		400m:	6:04.76	
14 years												
1.	Wojtowicz Alan		08	UKP "Na Fali"				4:33.91	518			
	50m:	29.20	29.20	150m:			250m:			350m:		
	100m:			200m:			300m:			400m:	4:33.91	
2.	Smoszna Wiktor		08	MKS Juvenia Wroclaw				4:42.12	474			
	50m:	31.54	31.54	150m:			250m:			350m:		
	100m:			200m:			300m:			400m:	4:42.12	
3.	Zogala Piotr		08	LKS Jednosc 32 Przyszowice				4:45.26	459			
	50m:	32.57	32.57	150m:			250m:			350m:		
	100m:			200m:			300m:			400m:	4:45.26	

Event 20, Boys, 400m Freestyle, 14 years

Rank			YB					Time	Pts			
4.	Wroblewski Pawel		08	LKS Jednosc 32 Przyszowice				5:07.46	366			
	50m:	34.68	34.68	150m:	1:52.11	38.83	250m:	3:10.89	39.37	350m:	4:29.94	39.31
	100m:	1:13.28	38.60	200m:	2:31.52	39.41	300m:	3:50.63	39.74	400m:	5:07.46	37.52
5.	Moszyk Oskar		08	Swim Team MOSiR Kedzierzyn				5:11.89	351			
	50m:	35.26	35.26	150m:	1:54.35	39.72	250m:	3:13.84	39.60	350m:	4:33.54	39.63
	100m:	1:14.63	39.37	200m:	2:34.24	39.89	300m:	3:53.91	40.07	400m:	5:11.89	38.35

15 - 16 years

1.	Szarek Jan		06	WKS Slask				4:21.83	593			
	50m:	28.79	28.79	150m:			250m:		350m:			
	100m:	1:01.71	32.92	200m:			300m:		400m:	4:21.83		
2.	Okon Jakub		07	Gminny Klub Plywacki 7 Zdroj Trzebnica				4:29.70	543			
	50m:	30.14	30.14	150m:			250m:		350m:			
	100m:			200m:			300m:		400m:	4:29.70		
3.	Pliszka Jakub		06	MKS Dziewiatka Dzierzoniow				4:36.31	505			
	50m:			150m:			250m:		350m:			
	100m:			200m:			300m:		400m:	4:36.31		
4.	Wasik Marek		06	DOKiS SP Vega Dobrodzien				4:43.76	466			
	50m:	30.40	30.40	150m:			250m:		350m:			
	100m:			200m:			300m:		400m:	4:43.76		
5.	Pukas Mikolaj		06	MKS Juvenia Wroclaw				5:00.74	391			
	50m:	33.01	33.01	150m:	1:49.74	39.26	250m:	3:07.56	39.15	350m:	4:24.58	38.17
	100m:	1:10.48	37.47	200m:	2:28.41	38.67	300m:	3:46.41	38.85	400m:	5:00.74	36.16
6.	Kozdrowski Maciej		07	WKS Slask				5:08.62	362			
	50m:	33.64	33.64	150m:			250m:		350m:			
	100m:			200m:			300m:		400m:	5:08.62		
7.	Jendrusch Fabian		07	UKS DELFIN Krapkowice				5:39.13	273			
	50m:	37.98	37.98	150m:	2:04.26	43.75	250m:	3:34.67	45.54	350m:	5:02.46	43.21
	100m:	1:20.51	42.53	200m:	2:49.13	44.87	300m:	4:19.25	44.58	400m:	5:39.13	36.67

17 - 18 years

1.	Piechowski Jakub		05	UKS Junior Kluczbork				4:24.45	576		
	50m:	29.36	29.36	150m:			250m:		350m:		
	100m:	1:02.43	33.07	200m:			300m:		400m:	4:24.45	

Open

1.	Szarek Jan		06	WKS Slask				4:21.83	593		
	50m:	28.79	28.79	150m:			250m:		350m:		
	100m:	1:01.71	32.92	200m:			300m:		400m:	4:21.83	
2.	Piechowski Jakub		05	UKS Junior Kluczbork				4:24.45	576		
	50m:	29.36	29.36	150m:			250m:		350m:		
	100m:	1:02.43	33.07	200m:			300m:		400m:	4:24.45	
3.	Okon Jakub		07	Gminny Klub Plywacki 7 Zdroj Trzebnica				4:29.70	543		
	50m:	30.14	30.14	150m:			250m:		350m:		
	100m:			200m:			300m:		400m:	4:29.70	

Event 20, Men, 400m Freestyle, Open

Rank					YB					Time	Pts	
4.	Wojtowicz Alan				08	UKP "Na Fali"				4:33.91	518	
	50m:	29.20	29.20	150m:		250m:		350m:				
	100m:			200m:		300m:		400m:	4:33.91			
5.	Pliszka Jakub				06	MKS Dziewiatka Dzierzoniow				4:36.31	505	
	50m:			150m:		250m:		350m:				
	100m:			200m:		300m:		400m:	4:36.31			
6.	Smoszna Wiktor				08	MKS Juvenia Wroclaw				4:42.12	474	
	50m:	31.54	31.54	150m:		250m:		350m:				
	100m:			200m:		300m:		400m:	4:42.12			
7.	Wasik Marek				06	DOKiS SP Vega Dobrodzien				4:43.76	466	
	50m:	30.40	30.40	150m:		250m:		350m:				
	100m:			200m:		300m:		400m:	4:43.76			
8.	Zogala Piotr				08	LKS Jednosc 32 Przyszowice				4:45.26	459	
	50m:	32.57	32.57	150m:		250m:		350m:				
	100m:			200m:		300m:		400m:	4:45.26			
9.	Cwirko Dominik				09	UKS DELFIN Krapkowice				4:56.26	409	
	50m:	31.67	31.67	150m:	1:46.21	38.33	250m:	3:03.85	39.03	350m:	4:21.26	38.54
	100m:	1:07.88	36.21	200m:	2:24.82	38.61	300m:	3:42.72	38.87	400m:	4:56.26	35.00
10.	Wiszniewski Tymoteusz				10	LKS Jednosc 32 Przyszowice				4:58.38	401	
	50m:	33.89	33.89	150m:		250m:		350m:				
	100m:			200m:		300m:		400m:	4:58.38			
11.	Pukas Mikolaj				06	MKS Juvenia Wroclaw				5:00.74	391	
	50m:	33.01	33.01	150m:	1:49.74	39.26	250m:	3:07.56	39.15	350m:	4:24.58	38.17
	100m:	1:10.48	37.47	200m:	2:28.41	38.67	300m:	3:46.41	38.85	400m:	5:00.74	36.16
12.	Konopko Michal				10	Uks "Aqua Team Mikolow"				5:04.42	377	
	50m:	33.23	33.23	150m:		250m:		350m:				
	100m:			200m:		300m:		400m:	5:04.42			
13.	Wroblewski Pawel				08	LKS Jednosc 32 Przyszowice				5:07.46	366	
	50m:	34.68	34.68	150m:	1:52.11	38.83	250m:	3:10.89	39.37	350m:	4:29.94	39.31
	100m:	1:13.28	38.60	200m:	2:31.52	39.41	300m:	3:50.63	39.74	400m:	5:07.46	37.52
14.	Kozdrowski Maciej				07	WKS Slask				5:08.62	362	
	50m:	33.64	33.64	150m:		250m:		350m:				
	100m:			200m:		300m:		400m:	5:08.62			
15.	Moszyk Oskar				08	Swim Team MOSiR Kedzierzyn				5:11.89	351	
	50m:	35.26	35.26	150m:	1:54.35	39.72	250m:	3:13.84	39.60	350m:	4:33.54	39.63
	100m:	1:14.63	39.37	200m:	2:34.24	39.89	300m:	3:53.91	40.07	400m:	5:11.89	38.35
16.	Kaletka Michal				09	Sekcja Plywacka Meduza Pajeczno				5:16.05	337	
	50m:	34.87	34.87	150m:	1:55.79	41.15	250m:	3:17.58	40.33	350m:	4:41.02	41.16
	100m:	1:14.64	39.77	200m:	2:37.25	41.46	300m:	3:59.86	42.28	400m:	5:16.05	35.03
17.	Jendrusch Fabian				07	UKS DELFIN Krapkowice				5:39.13	273	
	50m:	37.98	37.98	150m:	2:04.26	43.75	250m:	3:34.67	45.54	350m:	5:02.46	43.21
	100m:	1:20.51	42.53	200m:	2:49.13	44.87	300m:	4:19.25	44.58	400m:	5:39.13	36.67
18.	Koza Kamil				09	DOKiS SP Vega Dobrodzien				5:41.47	267	
	50m:	39.56	39.56	150m:	2:07.33	44.07	250m:	3:38.21	44.99	350m:	5:04.01	40.87
	100m:	1:23.26	43.70	200m:	2:53.22	45.89	300m:	4:23.14	44.93	400m:	5:41.47	37.46
19.	Wloch Szymon				09	DOKiS SP Vega Dobrodzien				5:41.59	267	
	50m:	38.47	38.47	150m:	2:05.73	44.25	250m:	3:35.43	43.59	350m:	5:04.50	43.69
	100m:	1:21.48	43.01	200m:	2:51.84	46.11	300m:	4:20.81	45.38	400m:	5:41.59	37.09



LETNIE MISTRZOSTWA OKRĘGU OPOLSKIEGO W PŁYWANIU 2022



Letnie Mistrzostwa Okręgu Opolskiego w Pływaniu
Opole, 18. - 19.6.2022

Event 20, Men, 400m Freestyle, Open

Rank		YB		Time	Pts
20.	Smiech Olivier	09	UKS DELFIN Krapkowice	5:58.87	230
	50m:	150m:	250m:	350m:	
	100m:	200m:	300m:	400m:	
				5:58.87	
21.	Myszkiewicz Pawel	10	LKS Jednosc 32 Przyszowice	6:04.76	219
	50m: 40.76 40.76	150m: 2:13.09	46.91 250m:	350m:	
	100m: 1:26.18 45.42	200m: 3:00.17	47.08 300m: 4:33.78	400m:	
				6:04.76	
22.	Wisniewski Michal	11	UKS DELFIN Krapkowice	6:33.18	175
	50m:	150m:	250m:	350m:	
	100m:	200m:	300m:	400m:	
				6:33.18	
23.	Pretor Dawid	11	UKS DELFIN Krapkowice	7:51.71	101
	50m:	150m:	250m:	350m:	
	100m:	200m:	300m:	400m:	
				7:51.71	