

Otwarte Letnie Mistrzostwa Okręgu Opolskiego w Pływaniu 2023
Opole, 20. - 21.5.2023Event 12
20.05.2023 - 12:35

Men, 400m Medley

Open
Results

Points: FINA 2023

Rank	YB	Time	Pts	100m	200m	300m	400m		
12 - 13 years									
1.	Wrobel Michal	10	UKS Aqua Team Mikolow	5:38.71	373	1:20.27	1:27.25	1:38.65	1:12.54
	50m: 35.52	35.52	150m: 2:04.37	44.10	250m: 3:36.64	49.12	350m: 5:03.70	37.53	
	100m: 1:20.27	44.75	200m: 2:47.52	43.15	300m: 4:26.17	49.53	400m: 5:38.71	35.01	
2.	Oleksiuk Markiiian	10	UKS „Nowy Klub Plywacki”	5:39.52	370	1:18.33	1:26.66	1:41.24	1:13.29
	50m: 34.65	34.65	150m: 2:03.93	45.60	250m: 3:35.25	50.26	350m: 5:04.23	38.00	
	100m: 1:18.33	43.68	200m: 2:44.99	41.06	300m: 4:26.23	50.98	400m: 5:39.52	35.29	
3.	Krzakala Dominik	10	UKS „MANTA” Kochlowice	6:07.33	292	1:26.25	1:33.62	1:47.26	1:20.20
	50m: 39.54	39.54	150m: 2:13.18	46.93	250m: 3:52.98	53.11	350m: 5:28.13	41.00	
	100m: 1:26.25	46.71	200m: 2:59.87	46.69	300m: 4:47.13	54.15	400m: 6:07.33	39.20	
4.	Khoch Vitalii-Ariiel	11	SK "Elit"	6:19.17	265	1:31.97	1:40.42	1:41.45	1:25.33
	50m: 41.14	41.14	150m: 2:22.84	50.87	250m: 4:02.17	49.78	350m: 5:36.63	42.79	
	100m: 1:31.97	50.83	200m: 3:12.39	49.55	300m: 4:53.84	51.67	400m: 6:19.17	42.54	
14 years									
1.	Gohla Amadeus	09	Swim Team MOSiR Kedzierzy	5:45.60	351	1:16.44	1:33.46	1:39.99	1:15.71
	50m: 34.52	34.52	150m: 2:04.84	48.40	250m: 3:39.65	49.75	350m: 5:07.99	38.10	
	100m: 1:16.44	41.92	200m: 2:49.90	45.06	300m: 4:29.89	50.24	400m: 5:45.60	37.61	
2.	Kaczmarczyk Mieszko	09	DOKiS SP Vega Dobrodzien	5:55.02	324	1:20.74	1:29.36	1:45.83	1:19.09
	50m: 35.92	35.92	150m: 2:05.77	45.03	250m: 3:43.45	53.35	350m: 5:15.34	39.41	
	100m: 1:20.74	44.82	200m: 2:50.10	44.33	300m: 4:35.93	52.48	400m: 5:55.02	39.68	
15 - 16 years									
1.	Skrzypiec Szymon	07	Swim Team MOSiR Kedzierzy	5:06.70	502	1:04.93	1:21.66	1:24.86	1:15.25
	50m: 29.63	29.63	150m: 1:46.03	41.10	250m: 3:07.94	41.35	350m: 4:29.57	38.12	
	100m: 1:04.93	35.30	200m: 2:26.59	40.56	300m: 3:51.45	43.51	400m: 5:06.70	37.13	
2.	Vlasiuk Oleksandr	08	SK "Elit"	5:17.38	453	1:08.64	1:22.50	1:32.74	1:13.50
	50m: 31.41	31.41	150m: 1:50.65	42.01	250m: 3:15.29	44.15	350m: 4:41.26	37.38	
	100m: 1:08.64	37.23	200m: 2:31.14	40.49	300m: 4:03.88	48.59	400m: 5:17.38	36.12	
17 - 18 years									
1.	Topolnicki Maksymilian	06	UKS MOS w Opolu	4:58.65	544	1:05.29	1:19.60	1:24.80	1:08.96
	50m: 29.44	29.44	150m: 1:45.57	40.28	250m: 3:06.59	41.70	350m: 4:24.90	35.21	
	100m: 1:05.29	35.85	200m: 2:24.89	39.32	300m: 3:49.69	43.10	400m: 4:58.65	33.75	
Open									
1.	Topolnicki Maksymilian	06	UKS MOS w Opolu	4:58.65	544	1:05.29	1:19.60	1:24.80	1:08.96
	50m: 29.44	29.44	150m: 1:45.57	40.28	250m: 3:06.59	41.70	350m: 4:24.90	35.21	
	100m: 1:05.29	35.85	200m: 2:24.89	39.32	300m: 3:49.69	43.10	400m: 4:58.65	33.75	
2.	Skrzypiec Szymon	07	Swim Team MOSiR Kedzierzy	5:06.70	502	1:04.93	1:21.66	1:24.86	1:15.25
	50m: 29.63	29.63	150m: 1:46.03	41.10	250m: 3:07.94	41.35	350m: 4:29.57	38.12	
	100m: 1:04.93	35.30	200m: 2:26.59	40.56	300m: 3:51.45	43.51	400m: 5:06.70	37.13	
3.	Vlasiuk Oleksandr	08	SK "Elit"	5:17.38	453	1:08.64	1:22.50	1:32.74	1:13.50
	50m: 31.41	31.41	150m: 1:50.65	42.01	250m: 3:15.29	44.15	350m: 4:41.26	37.38	
	100m: 1:08.64	37.23	200m: 2:31.14	40.49	300m: 4:03.88	48.59	400m: 5:17.38	36.12	
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	50m: 35.52	35.52	150m: 2:04.37	44.10	250m: 3:36.64	49.12	350m: 5:03.70	37.53	
	100m: 1:20.27	44.75	200m: 2:47.52	43.15	300m: 4:26.17	49.53	400m: 5:38.71	35.01	

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Event 12, Men, 400m Medley, Open

Rank		YB		Time	Pts	100m	200m	300m	400m
5.	Oleksiuk Markiiian	10	UKS „Nowy Klub Plywacki”	5:39.52	370	1:18.33	1:26.66	1:41.24	1:13.29
	50m: 34.65	34.65	150m: 2:03.93	45.60	250m: 3:35.25	50.26	350m: 5:04.23	38.00	
	100m: 1:18.33	43.68	200m: 2:44.99	41.06	300m: 4:26.23	50.98	400m: 5:39.52	35.29	
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	50m: 34.52	34.52	150m: 2:04.84	48.40	250m: 3:39.65	49.75	350m: 5:07.99	38.10	
	100m: 1:16.44	41.92	200m: 2:49.90	45.06	300m: 4:29.89	50.24	400m: 5:45.60	37.61	
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	50m: 35.92	35.92	150m: 2:05.77	45.03	250m: 3:43.45	53.35	350m: 5:15.34	39.41	
	100m: 1:20.74	44.82	200m: 2:50.10	44.33	300m: 4:35.93	52.48	400m: 5:55.02	39.68	
8.	Krzakala Dominik	10	UKS „MANTA” Kochlowice R	6:07.33	k292	1:26.25	1:33.62	1:47.26	1:20.20
	50m: 39.54	39.54	150m: 2:13.18	46.93	250m: 3:52.98	53.11	350m: 5:28.13	41.00	
	100m: 1:26.25	46.71	200m: 2:59.87	46.69	300m: 4:47.13	54.15	400m: 6:07.33	39.20	
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	100m: 1:31.97	50.83	200m: 3:12.39	49.55	300m: 4:53.84	51.67	400m: 6:19.17	42.54	