

Konkurencja 11
25.11.2023 - 17:30

Kobiet, 400m zmienny

Open
Wyniki

Rekord Opolyszczyny Open	4:43.75	Zukowska Paula	00107	Władysławowo	30.01.2009
Rekord Opolyszczyny 19 +	4:52.55	Kamińska Aleksandra	00107	Poznań	18.12.2011
Rekord Opolyszczyny 18	4:44.66	Zukowska Paula	00107	Poznań	18.12.2011
Rekord Opolyszczyny 17	4:44.65	Zukowska Paula	00107	Opole	13.03.2010
Rekord Opolyszczyny 16	4:43.75	Zukowska Paula	00107	Władysławowo	30.01.2009
Rekord Opolyszczyny 15	4:51.01	Zukowska Paula	00107	Potsdam (GER)	18.10.2008
Rekord Opolyszczyny 14	4:55.37	Rakowska Marta	01507	Ostrowiec	18.12.2020
Rekord Opolyszczyny 13	5:15.96	Rakowska Marta	00407	Opole	12.10.2019
Rekord Opolyszczyny 12	5:13.09	Rakowska Marta	00407	Kędzierzyn-Koźle	09.12.2018
Rekord Opolyszczyny - 11	5:54.89	Jainta Sara	00407	Kędzierzyn-Koźle	09.12.2018

Punkty: FINA 2023

Pozycja Rok ur. Czas Pkt.

Młodzik 13 lat

1. Matyjasek Olga	10	Swim Team MOSiR Kędzierzyn-Koźle	5:18.97	534
50m: 33.63	41.47	250m: 3:21.72	45.71	350m: 4:45.14
100m: 1:14.52	2:36.01	40.02	44.85	400m: 5:18.97
150m: 33.63	41.47	250m: 3:21.72	45.71	350m: 4:45.14
200m: 40.89	40.02	300m: 4:06.57	44.85	400m: 5:18.97
2. Gaca Izabela	10	Swim Team MOSiR Kędzierzyn-Koźle	5:30.82	479
50m: 36.21	39.39	250m: 3:27.21	48.08	350m: 4:54.00
100m: 1:19.93	2:39.13	39.81	48.00	400m: 5:30.82
150m: 36.21	39.39	250m: 3:27.21	48.08	350m: 4:54.00
200m: 43.72	39.81	300m: 4:15.21	48.00	400m: 5:30.82

Junior Młodszy 14 lat

1. Lewandowska Ada	09	Champion Tomaszów Maz.	5:20.01	529
50m: 31.57	40.70	250m: 3:17.04	45.05	350m: 4:43.54
100m: 1:10.43	2:31.99	40.86	47.31	400m: 5:20.01
150m: 31.57	40.70	250m: 3:17.04	45.05	350m: 4:43.54
200m: 38.86	40.86	300m: 4:04.35	47.31	400m: 5:20.01

Junior 15-16 lat

1. Fartuszyńska Weronika	08	UKS Junior Kluczbork	5:21.65	521
50m: 37.45	41.97	250m: 3:24.59	44.66	350m: 4:47.12
100m: 1:17.32	2:39.93	40.64	47.17	400m: 5:21.65
150m: 37.45	41.97	250m: 3:24.59	44.66	350m: 4:47.12
200m: 39.87	40.64	300m: 4:11.76	47.17	400m: 5:21.65

Junior Starszy 17-18 lat

1. Gawlik Jagoda	06	UKS Huragan SP45 Sosnowiec	5:32.10	474
50m: 33.42	42.20	250m: 3:25.49	48.85	350m: 4:54.82
100m: 1:11.31	2:36.64	43.13	50.02	400m: 5:32.10
150m: 33.42	42.20	250m: 3:25.49	48.85	350m: 4:54.82
200m: 37.89	43.13	300m: 4:15.51	50.02	400m: 5:32.10

Open

1. Matyjasek Olga	10	Swim Team MOSiR Kędzierzyn-Koźle	5:18.97	534
50m: 33.63	41.47	250m: 3:21.72	45.71	350m: 4:45.14
100m: 1:14.52	2:36.01	40.02	44.85	400m: 5:18.97
150m: 33.63	41.47	250m: 3:21.72	45.71	350m: 4:45.14
200m: 40.89	40.02	300m: 4:06.57	44.85	400m: 5:18.97
2. Lewandowska Ada	09	Champion Tomaszów Maz.	5:20.01	529
50m: 31.57	40.70	250m: 3:17.04	45.05	350m: 4:43.54
100m: 1:10.43	2:31.99	40.86	47.31	400m: 5:20.01
150m: 31.57	40.70	250m: 3:17.04	45.05	350m: 4:43.54
200m: 38.86	40.86	300m: 4:04.35	47.31	400m: 5:20.01
3. Fartuszyńska Weronika	08	UKS Junior Kluczbork	5:21.65	521
50m: 37.45	41.97	250m: 3:24.59	44.66	350m: 4:47.12
100m: 1:17.32	2:39.93	40.64	47.17	400m: 5:21.65
150m: 37.45	41.97	250m: 3:24.59	44.66	350m: 4:47.12
200m: 39.87	40.64	300m: 4:11.76	47.17	400m: 5:21.65
4. Gaca Izabela	10	Swim Team MOSiR Kędzierzyn-Koźle	5:30.82	479
50m: 36.21	39.39	250m: 3:27.21	48.08	350m: 4:54.00
100m: 1:19.93	2:39.13	39.81	48.00	400m: 5:30.82
150m: 36.21	39.39	250m: 3:27.21	48.08	350m: 4:54.00
200m: 43.72	39.81	300m: 4:15.21	48.00	400m: 5:30.82
5. Gawlik Jagoda	06	UKS Huragan SP45 Sosnowiec	5:32.10	474
50m: 33.42	42.20	250m: 3:25.49	48.85	350m: 4:54.82
100m: 1:11.31	2:36.64	43.13	50.02	400m: 5:32.10
150m: 33.42	42.20	250m: 3:25.49	48.85	350m: 4:54.82
200m: 37.89	43.13	300m: 4:15.51	50.02	400m: 5:32.10

Konkurencja 11, Kobiet, 400m zmienny

OOZP Młodzik 13 lat

1. Matyjasek Olga			10	Swim Team MOSiR Kędzierzyn-Koźle	5:18.97	534	
50m: 33.63	33.63	150m: 1:55.99	41.47	250m: 3:21.72	45.71	350m: 4:45.14	38.57
100m: 1:14.52	40.89	200m: 2:36.01	40.02	300m: 4:06.57	44.85	400m: 5:18.97	33.83
2. Gaca Izabela			10	Swim Team MOSiR Kędzierzyn-Koźle	5:30.82	479	
50m: 36.21	36.21	150m: 1:59.32	39.39	250m: 3:27.21	48.08	350m: 4:54.00	38.79
100m: 1:19.93	43.72	200m: 2:39.13	39.81	300m: 4:15.21	48.00	400m: 5:30.82	36.82

OOZP Junior 15-16 lat

1. Fartuszyńska Weronika			08	UKS Junior Kluczbork	5:21.65	521	
50m: 37.45	37.45	150m: 1:59.29	41.97	250m: 3:24.59	44.66	350m: 4:47.12	35.36
100m: 1:17.32	39.87	200m: 2:39.93	40.64	300m: 4:11.76	47.17	400m: 5:21.65	34.53

OOZP Open

1. Matyjasek Olga			10	Swim Team MOSiR Kędzierzyn-Koźle	5:18.97	534	
50m: 33.63	33.63	150m: 1:55.99	41.47	250m: 3:21.72	45.71	350m: 4:45.14	38.57
100m: 1:14.52	40.89	200m: 2:36.01	40.02	300m: 4:06.57	44.85	400m: 5:18.97	33.83
2. Fartuszyńska Weronika			08	UKS Junior Kluczbork	5:21.65	521	
50m: 37.45	37.45	150m: 1:59.29	41.97	250m: 3:24.59	44.66	350m: 4:47.12	35.36
100m: 1:17.32	39.87	200m: 2:39.93	40.64	300m: 4:11.76	47.17	400m: 5:21.65	34.53
3. Gaca Izabela			10	Swim Team MOSiR Kędzierzyn-Koźle	5:30.82	479	
50m: 36.21	36.21	150m: 1:59.32	39.39	250m: 3:27.21	48.08	350m: 4:54.00	38.79
100m: 1:19.93	43.72	200m: 2:39.13	39.81	300m: 4:15.21	48.00	400m: 5:30.82	36.82