

K dzierzyn-Ko le 25-26 listopada 2023

Konkurencja 18

Kobiet, 400m dowolny

Open

26.11.2023 - 10:05

Wyniki

Rekord Opolszczyzny Open	4:10.27	Zukowska Paula	00107	Szczecin	03.12.2010
Rekord Opolszczyzny 19 +	4:28.04	Kami ska Aleksandra	00107	Lodz	13.11.2011
Rekord Opolszczyzny 18	4:13.49	Zukowska Paula	00107	Pulawy	19.03.2011
Rekord Opolszczyzny 17	4:10.27	Zukowska Paula	00107	Szczecin	03.12.2010
Rekord Opolszczyzny 16	4:10.52	Zukowska Paula	00107	Gorzow Wielkopolski	28.11.2009
Rekord Opolszczyzny 15	4:17.35	Zukowska Paula	00107	Gorzow Wlkp.	29.11.2008
Rekord Opolszczyzny 14	4:27.81	Rakowska Marta	01507	Ostrowiec	19.12.2020
Rekord Opolszczyzny 13	4:30.17	Rakowska Marta	00407	Oswiecim	15.06.2019
Rekord Opolszczyzny 12	4:39.21	Rakowska Marta	00407	Kedzierzyn-Kozle	08.12.2018
Rekord Opolszczyzny - 11	4:43.74	Rakowska Marta	00407	Kedzierzyn-Kozle	09.12.2017

Punkty: FINA 2023

Pozycja

Rok ur.

Czas

Pkt.

Młodzik 12-13 lat

1.	Matyjasek Olga			10	Swim Team MOSiR K dzierzyn-Ko le				4:50.66	503		
	50m:	32.84	32.84	150m:	1:47.71	37.59	250m:	3:02.60	36.91	350m:	4:11.72	32.87
	100m:	1:10.12	37.28	200m:	2:25.69	37.98	300m:	3:38.85	36.25	400m:	4:50.66	38.94
2.	Emerling Diana			10	Swim Team MOSiR K dzierzyn-Ko le				4:52.62	493		
	50m:	33.00	33.00	150m:	1:46.45	37.24	250m:	3:01.32	36.75	350m:	4:17.20	37.78
	100m:	1:09.21	36.21	200m:	2:24.57	38.12	300m:	3:39.42	38.10	400m:	4:52.62	35.42
3.	Artwik Hanna			10	KP Aqua-Swim Nysa				5:35.43	327		
	50m:	38.02	38.02	150m:	2:02.67	43.12	250m:	3:28.52	42.54	350m:	4:54.62	42.55
	100m:	1:19.55	41.53	200m:	2:45.98	43.31	300m:	4:12.07	43.55	400m:	5:35.43	40.81
4.	Pianka Emilia			10	UKS Junior Kluczbork				5:38.29	319		
	50m:	36.30	36.30	150m:	2:01.02	43.45	250m:	3:28.02	43.83	350m:	4:57.02	45.26
	100m:	1:17.57	41.27	200m:	2:44.19	43.17	300m:	4:11.76	43.74	400m:	5:38.29	41.27
5.	Sado Jagoda			11	Swim Team MOSiR K dzierzyn-Ko le				5:47.99	293		
	50m:	39.38	39.38	150m:	2:07.74	44.66	250m:	3:35.71	43.92	350m:	5:04.81	43.63
	100m:	1:23.08	43.70	200m:	2:51.79	44.05	300m:	4:21.18	45.47	400m:	5:47.99	43.18
6.	Wójt Julia			11	Swim Team MOSiR K dzierzyn-Ko le				5:58.50	268		
	50m:	39.17	39.17	150m:	2:07.44	44.86	250m:	3:39.51	46.39	350m:	5:12.76	46.49
	100m:	1:22.58	43.41	200m:	2:53.12	45.68	300m:	4:26.27	46.76	400m:	5:58.50	45.74

Junior Młodszy 14 lat

1.	Ku aj Lena			09	Swim Team MOSiR K dzierzyn-Ko le				5:09.19	418		
	50m:	33.62	33.62	150m:	1:47.83	37.78	250m:	3:03.55	37.34	350m:	4:27.00	42.99
	100m:	1:10.05	36.43	200m:	2:26.21	38.38	300m:	3:44.01	40.46	400m:	5:09.19	42.19

Junior 15-16 lat

1.	Fartuszy ska Weronika			08	UKS Junior Kluczbork				4:43.50	543		
	50m:	32.59	32.59	150m:	1:43.22	35.59	250m:	2:56.35	36.76	350m:	4:08.98	35.98
	100m:	1:07.63	35.04	200m:	2:19.59	36.37	300m:	3:33.00	36.65	400m:	4:43.50	34.52

Open

1.	Fartuszy ska Weronika			08	UKS Junior Kluczbork				4:43.50	543		
	50m:	32.59	32.59	150m:	1:43.22	35.59	250m:	2:56.35	36.76	350m:	4:08.98	35.98
	100m:	1:07.63	35.04	200m:	2:19.59	36.37	300m:	3:33.00	36.65	400m:	4:43.50	34.52
2.	Matyjasek Olga			10	Swim Team MOSiR K dzierzyn-Ko le				4:50.66	503		
	50m:	32.84	32.84	150m:	1:47.71	37.59	250m:	3:02.60	36.91	350m:	4:11.72	32.87
	100m:	1:10.12	37.28	200m:	2:25.69	37.98	300m:	3:38.85	36.25	400m:	4:50.66	38.94
3.	Emerling Diana			10	Swim Team MOSiR K dzierzyn-Ko le				4:52.62	493		
	50m:	33.00	33.00	150m:	1:46.45	37.24	250m:	3:01.32	36.75	350m:	4:17.20	37.78
	100m:	1:09.21	36.21	200m:	2:24.57	38.12	300m:	3:39.42	38.10	400m:	4:52.62	35.42
4.	Ku aj Lena			09	Swim Team MOSiR K dzierzyn-Ko le				5:09.19	418		
	50m:	33.62	33.62	150m:	1:47.83	37.78	250m:	3:03.55	37.34	350m:	4:27.00	42.99
	100m:	1:10.05	36.43	200m:	2:26.21	38.38	300m:	3:44.01	40.46	400m:	5:09.19	42.19
5.	Artwik Hanna			10	KP Aqua-Swim Nysa				5:35.43	327		
	50m:	38.02	38.02	150m:	2:02.67	43.12	250m:	3:28.52	42.54	350m:	4:54.62	42.55
	100m:	1:19.55	41.53	200m:	2:45.98	43.31	300m:	4:12.07	43.55	400m:	5:35.43	40.81

K dzierzyn-Ko le 25-26 listopada 2023

Konkurencja 18, Kobiet, 400m dowolny, Open

Pozycja				Rok ur.						Czas	Pkt.	
6.	Pianka Emilia			10	UKS Junior Kluczborok					5:38.29	319	
	50m:	36.30	36.30	150m:	2:01.02	43.45	250m:	3:28.02	43.83	350m:	4:57.02	45.26
	100m:	1:17.57	41.27	200m:	2:44.19	43.17	300m:	4:11.76	43.74	400m:	5:38.29	41.27
7.	Sado Jaqoda			11	Swim Team MOSiR K dzierzyn-Ko le					5:47.99	293	
	50m:	39.38	39.38	150m:	2:07.74	44.66	250m:	3:35.71	43.92	350m:	5:04.81	43.63
	100m:	1:23.08	43.70	200m:	2:51.79	44.05	300m:	4:21.18	45.47	400m:	5:47.99	43.18
8.	Wójt Julia			11	Swim Team MOSiR K dzierzyn-Ko le					5:58.50	268	
	50m:	39.17	39.17	150m:	2:07.44	44.86	250m:	3:39.51	46.39	350m:	5:12.76	46.49
	100m:	1:22.58	43.41	200m:	2:53.12	45.68	300m:	4:26.27	46.76	400m:	5:58.50	45.74

OOZP Młodzik 12-13 lat

1.	Matyjasek Olga			10	Swim Team MOSiR K dzierzyn-Ko le					4:50.66	503	
	50m:	32.84	32.84	150m:	1:47.71	37.59	250m:	3:02.60	36.91	350m:	4:11.72	32.87
	100m:	1:10.12	37.28	200m:	2:25.69	37.98	300m:	3:38.85	36.25	400m:	4:50.66	38.94
2.	Emerling Diana			10	Swim Team MOSiR K dzierzyn-Ko le					4:52.62	493	
	50m:	33.00	33.00	150m:	1:46.45	37.24	250m:	3:01.32	36.75	350m:	4:17.20	37.78
	100m:	1:09.21	36.21	200m:	2:24.57	38.12	300m:	3:39.42	38.10	400m:	4:52.62	35.42
3.	Artwik Hanna			10	KP Aqua-Swim Nysa					5:35.43	327	
	50m:	38.02	38.02	150m:	2:02.67	43.12	250m:	3:28.52	42.54	350m:	4:54.62	42.55
	100m:	1:19.55	41.53	200m:	2:45.98	43.31	300m:	4:12.07	43.55	400m:	5:35.43	40.81
4.	Pianka Emilia			10	UKS Junior Kluczborok					5:38.29	319	
	50m:	36.30	36.30	150m:	2:01.02	43.45	250m:	3:28.02	43.83	350m:	4:57.02	45.26
	100m:	1:17.57	41.27	200m:	2:44.19	43.17	300m:	4:11.76	43.74	400m:	5:38.29	41.27
5.	Sado Jagoda			11	Swim Team MOSiR K dzierzyn-Ko le					5:47.99	293	
	50m:	39.38	39.38	150m:	2:07.74	44.66	250m:	3:35.71	43.92	350m:	5:04.81	43.63
	100m:	1:23.08	43.70	200m:	2:51.79	44.05	300m:	4:21.18	45.47	400m:	5:47.99	43.18
6.	Wójt Julia			11	Swim Team MOSiR K dzierzyn-Ko le					5:58.50	268	
	50m:	39.17	39.17	150m:	2:07.44	44.86	250m:	3:39.51	46.39	350m:	5:12.76	46.49
	100m:	1:22.58	43.41	200m:	2:53.12	45.68	300m:	4:26.27	46.76	400m:	5:58.50	45.74

OOZP Junior Młodszy 14 lat

1.	Ku aj Lena			09	Swim Team MOSiR K dzierzyn-Ko le					5:09.19	418	
	50m:	33.62	33.62	150m:	1:47.83	37.78	250m:	3:03.55	37.34	350m:	4:27.00	42.99
	100m:	1:10.05	36.43	200m:	2:26.21	38.38	300m:	3:44.01	40.46	400m:	5:09.19	42.19

OOZP Junior 15-16 lat

1.	Fartuszy ska Weronika			08	UKS Junior Kluczborok					4:43.50	543	
	50m:	32.59	32.59	150m:	1:43.22	35.59	250m:	2:56.35	36.76	350m:	4:08.98	35.98
	100m:	1:07.63	35.04	200m:	2:19.59	36.37	300m:	3:33.00	36.65	400m:	4:43.50	34.52

OOZP Open

1.	Fartuszy ska Weronika			08	UKS Junior Kluczborok					4:43.50	543	
	50m:	32.59	32.59	150m:	1:43.22	35.59	250m:	2:56.35	36.76	350m:	4:08.98	35.98
	100m:	1:07.63	35.04	200m:	2:19.59	36.37	300m:	3:33.00	36.65	400m:	4:43.50	34.52
2.	Matyjasek Olga			10	Swim Team MOSiR K dzierzyn-Ko le					4:50.66	503	
	50m:	32.84	32.84	150m:	1:47.71	37.59	250m:	3:02.60	36.91	350m:	4:11.72	32.87
	100m:	1:10.12	37.28	200m:	2:25.69	37.98	300m:	3:38.85	36.25	400m:	4:50.66	38.94
3.	Emerling Diana			10	Swim Team MOSiR K dzierzyn-Ko le					4:52.62	493	
	50m:	33.00	33.00	150m:	1:46.45	37.24	250m:	3:01.32	36.75	350m:	4:17.20	37.78
	100m:	1:09.21	36.21	200m:	2:24.57	38.12	300m:	3:39.42	38.10	400m:	4:52.62	35.42
4.	Ku aj Lena			09	Swim Team MOSiR K dzierzyn-Ko le					5:09.19	418	
	50m:	33.62	33.62	150m:	1:47.83	37.78	250m:	3:03.55	37.34	350m:	4:27.00	42.99
	100m:	1:10.05	36.43	200m:	2:26.21	38.38	300m:	3:44.01	40.46	400m:	5:09.19	42.19
5.	Artwik Hanna			10	KP Aqua-Swim Nysa					5:35.43	327	
	50m:	38.02	38.02	150m:	2:02.67	43.12	250m:	3:28.52	42.54	350m:	4:54.62	42.55
	100m:	1:19.55	41.53	200m:	2:45.98	43.31	300m:	4:12.07	43.55	400m:	5:35.43	40.81
6.	Pianka Emilia			10	UKS Junior Kluczborok					5:38.29	319	
	50m:	36.30	36.30	150m:	2:01.02	43.45	250m:	3:28.02	43.83	350m:	4:57.02	45.26
	100m:	1:17.57	41.27	200m:	2:44.19	43.17	300m:	4:11.76	43.74	400m:	5:38.29	41.27

K dzierzyn-Ko le 25-26 listopada 2023

Konkurencja 18, Kobiet, 400m dowolny, OOZP Open

Pozycja	Rok ur.								Czas	Pkt.	
7. Sado Jaqoda	11 Swim Team MOSiR K dzierzyn-Ko le								5:47.99	293	
50m:	39.38	39.38	150m:	2:07.74	44.66	250m:	3:35.71	43.92	350m:	5:04.81	43.63
100m:	1:23.08	43.70	200m:	2:51.79	44.05	300m:	4:21.18	45.47	400m:	5:47.99	43.18
8. Wójt Julia	11 Swim Team MOSiR K dzierzyn-Ko le								5:58.50	268	
50m:	39.17	39.17	150m:	2:07.44	44.86	250m:	3:39.51	46.39	350m:	5:12.76	46.49
100m:	1:22.58	43.41	200m:	2:53.12	45.68	300m:	4:26.27	46.76	400m:	5:58.50	45.74