

Konkurencja 19

Mężczyzn, 400m dowolny

Open

26.11.2023 - 10:20

Wyniki

Rekord Opolszczyzny Open	4:00.38	Kempa Mikołaj	00207	Gorzów Wlkp	11.03.2017
Rekord Opolszczyzny 19 +	4:12.14	Kempa Mikołaj	00207	Bochnia	03.02.2018
Rekord Opolszczyzny 18	4:00.38	Kempa Mikołaj	00207	Gorzów Wlkp	11.03.2017
Rekord Opolszczyzny 17	4:01.18	Kempa Mikołaj	00207	Olsztyn	15.12.2016
Rekord Opolszczyzny 16	4:04.64	Kempa Mikołaj	00207	Lublin	17.12.2015
Rekord Opolszczyzny 15	4:02.18	Roman Mateusz	00107	Strzelce Opolskie	20.11.2015
Rekord Opolszczyzny 14	4:16.35	Kempa Mikołaj	00207	Kędzierzyn-Koźle	29.11.2013
Rekord Opolszczyzny 13	4:29.14	Kempa Mikołaj	00207	Oświęcim	22.12.2012
Rekord Opolszczyzny 12	4:41.06	Nowak Radosław	00407	Kędzierzyn	19.12.2009
Rekord Opolszczyzny - 11	5:11.53	Maystrenko Michał	00107	Opole	23.06.2014

Punkty: FINA 2023

Pozycja Rok ur. Czas Pkt.

Dzieci 11 lat i młodsi

1. Kubik Franciszek	37.54	37.54	150m: 2:03.85	12	Swim Team MOSiR Kędzierzyn-Koźle	5:37.65	248
50m:	37.54	37.54	44.16	250m:	3:30.71	43.27	42.78
100m:	1:19.69	42.15	2:47.44	300m:	4:14.28	43.57	40.59
2. Lecht Jeremiasz	38.33	38.33	150m: 2:04.42	12	Swim Team MOSiR Kędzierzyn-Koźle	5:38.73	246
50m:	38.33	38.33	44.41	250m:	3:31.33	43.62	42.69
100m:	1:20.01	41.68	2:47.71	300m:	4:14.18	42.85	41.86

Młodzik 12-13 lat

1. Synowiec Szymon	31.25	31.25	150m: 1:41.41	10	UKS „Omega” Olkusz	4:35.09	459
50m:	31.25	31.25	35.76	250m:	2:52.53	35.06	35.13
100m:	1:05.65	34.40	2:17.47	300m:	3:27.14	34.61	32.82
2. Steier Michał	31.61	31.61	150m: 1:44.29	10	Swim Team MOSiR Kędzierzyn-Koźle	4:44.63	414
50m:	31.61	31.61	36.45	250m:	2:59.15	36.86	35.93
100m:	1:07.84	36.23	2:22.29	300m:	3:35.42	36.27	33.28
3. Witkowski Wojciech	33.29	33.29	150m: 1:47.14	10	UKS DELFIN Krapkowice	5:01.16	350
50m:	33.29	33.29	37.49	250m:	3:04.37	38.67	39.47
100m:	1:09.65	36.36	2:25.70	300m:	3:43.78	39.41	37.91
4. Jurczyk Borys	38.59	38.59	150m: 2:04.96	10	UKS Kronos Strzelce Opolskie	5:30.59	264
50m:	38.59	38.59	44.29	250m:	3:31.53	43.20	38.09
100m:	1:20.67	42.08	2:48.33	300m:	4:14.22	42.69	38.28
5. Watzlaw Patryk	40.93	40.93	150m: 2:15.41	11	UKS DELFIN Krapkowice	6:10.60	187
50m:	40.93	40.93	47.91	250m:	3:51.22	47.44	46.38
100m:	1:27.50	46.57	3:03.78	300m:	4:39.40	48.18	44.82
6. Donajski Stanisław	40.17	40.17	150m: 2:15.23	11	Swim Team MOSiR Kędzierzyn-Koźle	6:26.34	165
50m:	40.17	40.17	48.56	250m:	3:55.38	50.43	48.73
100m:	1:26.67	46.50	3:04.95	300m:	4:46.42	51.04	51.19

Junior Młodszy 14 lat

1. Smiech Olivier	32.85	32.85	150m: 1:47.27	09	UKS DELFIN Krapkowice	5:01.74	348
50m:	32.85	32.85	37.88	250m:	3:05.30	39.50	40.04
100m:	1:09.39	36.54	2:25.80	300m:	3:44.97	39.67	36.73

Junior 15-16 lat

1. Jendrusch Fabian	32.28	32.28	150m: 1:44.03	07	UKS DELFIN Krapkowice	4:47.31	403
50m:	32.28	32.28	36.46	250m:	2:58.08	37.11	36.96
100m:	1:07.57	35.29	2:20.97	300m:	3:35.29	37.21	35.06

Konkurencja 19, Mężczyźni, 400m dowolny

Open

1. Synowiec Szymon	10	UKS „Omega” Olkusz	4:35.09	459
50m: 31.25	150m: 1:41.41	35.76	250m: 2:52.53	35.06
100m: 1:05.65	200m: 2:17.47	36.06	300m: 3:27.14	34.61
			350m: 4:02.27	35.13
			400m: 4:35.09	32.82
2. Moryl Wojciech	02	KS AZS AGH Kraków	4:41.74	427
50m: 30.32	150m: 1:37.88	34.41	250m: 2:49.96	36.12
100m: 1:03.47	200m: 2:13.84	35.96	300m: 3:27.25	37.29
			350m: 4:04.96	37.71
			400m: 4:41.74	36.78
3. Steier Michał	10	Swim Team MOSiR Kędzierzyn-Koźle	4:44.63	414
50m: 31.61	150m: 1:44.29	36.45	250m: 2:59.15	36.86
100m: 1:07.84	200m: 2:22.29	38.00	300m: 3:35.42	36.27
			350m: 4:11.35	35.93
			400m: 4:44.63	33.28
4. Jendrusch Fabian	07	UKS DELFIN Krapkowitz	4:47.31	403
50m: 32.28	150m: 1:44.03	36.46	250m: 2:58.08	37.11
100m: 1:07.57	200m: 2:20.97	36.94	300m: 3:35.29	37.21
			350m: 4:12.25	36.96
			400m: 4:47.31	35.06
5. Witkowski Wojciech	10	UKS DELFIN Krapkowitz	5:01.16	350
50m: 33.29	150m: 1:47.14	37.49	250m: 3:04.37	38.67
100m: 1:09.65	200m: 2:25.70	38.56	300m: 3:43.78	39.41
			350m: 4:23.25	39.47
			400m: 5:01.16	37.91
6. Smiech Olivier	09	UKS DELFIN Krapkowitz	5:01.74	348
50m: 32.85	150m: 1:47.27	37.88	250m: 3:05.30	39.50
100m: 1:09.39	200m: 2:25.80	38.53	300m: 3:44.97	39.67
			350m: 4:25.01	40.04
			400m: 5:01.74	36.73
7. Jurczyk Borys	10	UKS Kronos Strzelce Opolskie	5:30.59	264
50m: 38.59	150m: 2:04.96	44.29	250m: 3:31.53	43.20
100m: 1:20.67	200m: 2:48.33	43.37	300m: 4:14.22	42.69
			350m: 4:52.31	38.09
			400m: 5:30.59	38.28
8. Kubik Franciszek	12	Swim Team MOSiR Kędzierzyn-Koźle	5:37.65	248
50m: 37.54	150m: 2:03.85	44.16	250m: 3:30.71	43.27
100m: 1:19.69	200m: 2:47.44	43.59	300m: 4:14.28	43.57
			350m: 4:57.06	42.78
			400m: 5:37.65	40.59
9. Lecht Jeremiasz	12	Swim Team MOSiR Kędzierzyn-Koźle	5:38.73	246
50m: 38.33	150m: 2:04.42	44.41	250m: 3:31.33	43.62
100m: 1:20.01	200m: 2:47.71	43.29	300m: 4:14.18	42.85
			350m: 4:56.87	42.69
			400m: 5:38.73	41.86
10. Watzlaw Patryk	11	UKS DELFIN Krapkowitz	6:10.60	187
50m: 40.93	150m: 2:15.41	47.91	250m: 3:51.22	47.44
100m: 1:27.50	200m: 3:03.78	48.37	300m: 4:39.40	48.18
			350m: 5:25.78	46.38
			400m: 6:10.60	44.82
11. Donajski Stanisław	11	Swim Team MOSiR Kędzierzyn-Koźle	6:26.34	165
50m: 40.17	150m: 2:15.23	48.56	250m: 3:55.38	50.43
100m: 1:26.67	200m: 3:04.95	49.72	300m: 4:46.42	51.04
			350m: 5:35.15	48.73
			400m: 6:26.34	51.19

OOZP Dzieci 11 lat i młodszy

1. Kubik Franciszek	12	Swim Team MOSiR Kędzierzyn-Koźle	5:37.65	248
50m: 37.54	150m: 2:03.85	44.16	250m: 3:30.71	43.27
100m: 1:19.69	200m: 2:47.44	43.59	300m: 4:14.28	43.57
			350m: 4:57.06	42.78
			400m: 5:37.65	40.59
2. Lecht Jeremiasz	12	Swim Team MOSiR Kędzierzyn-Koźle	5:38.73	246
50m: 38.33	150m: 2:04.42	44.41	250m: 3:31.33	43.62
100m: 1:20.01	200m: 2:47.71	43.29	300m: 4:14.18	42.85
			350m: 4:56.87	42.69
			400m: 5:38.73	41.86

OOZP Młodzik 12-13 lat

1. Steier Michał	10	Swim Team MOSiR Kędzierzyn-Koźle	4:44.63	414
50m: 31.61	150m: 1:44.29	36.45	250m: 2:59.15	36.86
100m: 1:07.84	200m: 2:22.29	38.00	300m: 3:35.42	36.27
			350m: 4:11.35	35.93
			400m: 4:44.63	33.28
2. Witkowski Wojciech	10	UKS DELFIN Krapkowitz	5:01.16	350
50m: 33.29	150m: 1:47.14	37.49	250m: 3:04.37	38.67
100m: 1:09.65	200m: 2:25.70	38.56	300m: 3:43.78	39.41
			350m: 4:23.25	39.47
			400m: 5:01.16	37.91
3. Jurczyk Borys	10	UKS Kronos Strzelce Opolskie	5:30.59	264
50m: 38.59	150m: 2:04.96	44.29	250m: 3:31.53	43.20
100m: 1:20.67	200m: 2:48.33	43.37	300m: 4:14.22	42.69
			350m: 4:52.31	38.09
			400m: 5:30.59	38.28
4. Watzlaw Patryk	11	UKS DELFIN Krapkowitz	6:10.60	187
50m: 40.93	150m: 2:15.41	47.91	250m: 3:51.22	47.44
100m: 1:27.50	200m: 3:03.78	48.37	300m: 4:39.40	48.18
			350m: 5:25.78	46.38
			400m: 6:10.60	44.82
5. Donajski Stanisław	11	Swim Team MOSiR Kędzierzyn-Koźle	6:26.34	165
50m: 40.17	150m: 2:15.23	48.56	250m: 3:55.38	50.43
100m: 1:26.67	200m: 3:04.95	49.72	300m: 4:46.42	51.04
			350m: 5:35.15	48.73
			400m: 6:26.34	51.19

Konkurencja 19, M czynn, 400m dowolny

OOZP Junior Młodszy 14 lat

1. Smiech Olivier				09	UKS DELFIN Krapkowice					5:01.74	348
50m:	32.85	32.85	150m:	1:47.27	37.88	250m:	3:05.30	39.50	350m:	4:25.01	40.04
100m:	1:09.39	36.54	200m:	2:25.80	38.53	300m:	3:44.97	39.67	400m:	5:01.74	36.73

OOZP Junior 15-16 lat

1. Jendrusch Fabian				07	UKS DELFIN Krapkowice					4:47.31	403
50m:	32.28	32.28	150m:	1:44.03	36.46	250m:	2:58.08	37.11	350m:	4:12.25	36.96
100m:	1:07.57	35.29	200m:	2:20.97	36.94	300m:	3:35.29	37.21	400m:	4:47.31	35.06

OOZP Open

1. Steier Michał				10	Swim Team MOSiR Kędzierzyn-Koźle					4:44.63	414
50m:	31.61	31.61	150m:	1:44.29	36.45	250m:	2:59.15	36.86	350m:	4:11.35	35.93
100m:	1:07.84	36.23	200m:	2:22.29	38.00	300m:	3:35.42	36.27	400m:	4:44.63	33.28
2. Jendrusch Fabian				07	UKS DELFIN Krapkowice					4:47.31	403
50m:	32.28	32.28	150m:	1:44.03	36.46	250m:	2:58.08	37.11	350m:	4:12.25	36.96
100m:	1:07.57	35.29	200m:	2:20.97	36.94	300m:	3:35.29	37.21	400m:	4:47.31	35.06
3. Witkowski Wojciech				10	UKS DELFIN Krapkowice					5:01.16	350
50m:	33.29	33.29	150m:	1:47.14	37.49	250m:	3:04.37	38.67	350m:	4:23.25	39.47
100m:	1:09.65	36.36	200m:	2:25.70	38.56	300m:	3:43.78	39.41	400m:	5:01.16	37.91
4. Smiech Olivier				09	UKS DELFIN Krapkowice					5:01.74	348
50m:	32.85	32.85	150m:	1:47.27	37.88	250m:	3:05.30	39.50	350m:	4:25.01	40.04
100m:	1:09.39	36.54	200m:	2:25.80	38.53	300m:	3:44.97	39.67	400m:	5:01.74	36.73
5. Jurczyk Borys				10	UKS Kronos Strzelce Opolskie					5:30.59	264
50m:	38.59	38.59	150m:	2:04.96	44.29	250m:	3:31.53	43.20	350m:	4:52.31	38.09
100m:	1:20.67	42.08	200m:	2:48.33	43.37	300m:	4:14.22	42.69	400m:	5:30.59	38.28
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50m:	37.54	37.54	150m:	2:03.85	44.16	250m:	3:30.71	43.27	350m:	4:57.06	42.78
100m:	1:19.69	42.15	200m:	2:47.44	43.59	300m:	4:14.28	43.57	400m:	5:37.65	40.59
7. Lecht Jeremiasz				12	Swim Team MOSiR Kędzierzyn-Koźle					5:38.73	246
50m:	38.33	38.33	150m:	2:04.42	44.41	250m:	3:31.33	43.62	350m:	4:56.87	42.69
100m:	1:20.01	41.68	200m:	2:47.71	43.29	300m:	4:14.18	42.85	400m:	5:38.73	41.86
8. Watzlaw Patryk				11	UKS DELFIN Krapkowice					6:10.60	187
50m:	40.93	40.93	150m:	2:15.41	47.91	250m:	3:51.22	47.44	350m:	5:25.78	46.38
100m:	1:27.50	46.57	200m:	3:03.78	48.37	300m:	4:39.40	48.18	400m:	6:10.60	44.82
9. Donajski Stanisław				11	Swim Team MOSiR Kędzierzyn-Koźle					6:26.34	165
50m:	40.17	40.17	150m:	2:15.23	48.56	250m:	3:55.38	50.43	350m:	5:35.15	48.73
100m:	1:26.67	46.50	200m:	3:04.95	49.72	300m:	4:46.42	51.04	400m:	6:26.34	51.19