



Otwarty Wielki Finał Mini Grand Prix Opolszczyzny 2023, Opole, 17.6.2023

Event 11 Women, 400m Medley 12 years and older  
 02.06.2024 - 11:05 Results

Rekord Opolszczyzny Open	4:50.40	Zukowska Paula	00107	Ostrowiec Sw.	22.05.2009
Rekord Opolszczyzny 19 +	4:51.69	Zukowska Paula	00107	Sabadell (ESP)	04.03.2012
Rekord Opolszczyzny 18	5:02.19	Zukowska Paula	00107	Warsaw	22.07.2011
Rekord Opolszczyzny 17	4:51.48	Zukowska Paula	00107	Gliwice	04.06.2010
Rekord Opolszczyzny 16	4:50.40	Zukowska Paula	00107	Ostrowiec Sw.	22.05.2009
Rekord Opolszczyzny 15	5:00.83	Zukowska Paula	00107	Gorzow Wlkp.	11.07.2008
Rekord Opolszczyzny 14	5:07.08	Zukowska Paula	00207	Debica	13.04.2007
Rekord Opolszczyzny 13	5:18.56	Rakowska Marta	00407	Opole	07.06.2019
Rekord Opolszczyzny 12	5:34.84	Rakowska Marta	00407	Lublin	17.02.2018

Points: FINA 2023

Rank	YB	Time	Pts	100m	200m	300m	400m
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13 years

1. Wojcik Maja	11	UKS „Huragan” przy SP nr 456:15.54	356i	1:30.66	1:36.70	1:43.41	1:24.77
50m: 39.54	39.54	150m: 2:19.79	49.13	250m: 3:57.66	50.30	350m: 5:34.09	43.32
100m: 1:30.66	51.12	200m: 3:07.36	47.57	300m: 4:50.77	53.11	400m: 6:15.54	41.45
2. Bebas Lena	11	Swim Team MOSiR Kedzierzy6:28.18	323	1:30.09	1:40.07	1:53.99	1:24.03
50m: 39.10	39.10	150m: 2:20.91	50.82	250m: 4:06.63	56.47	350m: 5:46.78	42.63
100m: 1:30.09	50.99	200m: 3:10.16	49.25	300m: 5:04.15	57.52	400m: 6:28.18	41.40

14 years

1. Sulkowska Oliwia	10	UKS Junior Kluczbork	6:19.35	346	1:26.91	1:36.37	1:52.98	1:23.09
50m: 40.22	40.22	150m: 2:16.14	49.23	250m: 3:59.09	55.81	350m: 5:39.07	42.81	
100m: 1:26.91	46.69	200m: 3:03.28	47.14	300m: 4:56.26	57.17	400m: 6:19.35	40.28	

15 years and older

1. Fartuszynska Weronika	08	UKS Junior Kluczbork	5:43.52	466	1:18.37	1:29.19	1:37.18	1:18.78
50m: 35.68	35.68	150m: 2:03.32	44.95	250m: 3:34.58	47.02	350m: 5:04.30	39.56	
100m: 1:18.37	42.69	200m: 2:47.56	44.24	300m: 4:24.74	50.16	400m: 5:43.52	39.22	