



Otwarty Wielki Finał Mini Grand Prix Opolszczyzny 2023, Opole, 17.6.2023

Event 12 Men, 400m Medley 12 years and older
02.06.2024 - 11:10 Results

| | | | | | |
|--------------------------|---------|-----------------|-------|-------------------------|------------|
| Rekord Opolszczyzny Open | 4:30.95 | Stachura Maciej | 00107 | Ostrowiec Sw. | 22.05.2009 |
| Rekord Opolszczyzny 19 + | 4:38.77 | Stachura Maciej | 00107 | Gliwice | 04.06.2010 |
| Rekord Opolszczyzny 18 | 4:30.95 | Stachura Maciej | 00107 | Ostrowiec Sw. | 22.05.2009 |
| Rekord Opolszczyzny 17 | 4:32.67 | Stachura Maciej | 00107 | Ostrowiec Sw. | 04.04.2008 |
| Rekord Opolszczyzny 16 | 4:37.12 | Kempa Mikołaj | 00207 | Debica | 10.07.2015 |
| Rekord Opolszczyzny 15 | 4:43.43 | Kempa Mikołaj | 00207 | Gliwice | 18.07.2014 |
| Rekord Opolszczyzny 14 | 4:48.21 | Kempa Mikołaj | 00207 | Gorzow Wlkp | 05.07.2013 |
| Rekord Opolszczyzny 13 | 5:31.88 | Badura Jonasz | 00407 | Opole | 10.06.2016 |
| Rekord Opolszczyzny 12 | 6:33.57 | Rybol Micheal | 00407 | Zielona Gora - Drzonkow | 25.06.2017 |

Points: FINA 2023

Rank YB Time Pts 100m 200m 300m 400m
13 years

| | | | | | | | | | |
|------------------|---------|------------------------------|----------------|-------|---------------|---------|--|--|--|
| 1. Antonow Jakub | 11 | UKS "Klub Plywacki Delfin Pr | 7:32.97 | 155 | 4:30.85 | 2:05.76 | | | |
| 50m: 1:02.45 | 1:02.45 | 150m: 3:24.46 | 250m: 5:31.18 | 350m: | | | | | |
| 100m: 4:30.85 | 3:28.40 | 200m: 6:36.61 | 3:12.15 | 300m: | 400m: 7:32.97 | | | | |

14 years

| | | | | | | | | |
|------------------|-------|---------------------------|----------------|---------------|---------|---------------|---------|---------|
| 1. Tupko Jakub | 10 | UKS DELFIN Krapkowice | 5:27.79 | 411 | 1:11.00 | 1:28.35 | 1:34.19 | 1:14.25 |
| 50m: 31.89 | 31.89 | 150m: 1:57.19 | 46.19 | 250m: 3:26.21 | 46.86 | 350m: 4:53.35 | 39.81 | |
| 100m: 1:11.00 | 39.11 | 200m: 2:39.35 | 42.16 | 300m: 4:13.54 | 47.33 | 400m: 5:27.79 | 34.44 | |
| 2. Steier Michal | 10 | Swim Team MOSiR Kedzierzy | 5:42.40 | 361 | 1:20.84 | 1:29.20 | 1:38.37 | 1:13.99 |
| 50m: 38.99 | 38.99 | 150m: 2:05.84 | 45.00 | 250m: 3:39.76 | 49.72 | 350m: 5:06.87 | 38.46 | |
| 100m: 1:20.84 | 41.85 | 200m: 2:50.04 | 44.20 | 300m: 4:28.41 | 48.65 | 400m: 5:42.40 | 35.53 | |