

Wiosenne Zawody Pływackie
Białystok, 30.3.2019

Konkurencja 12
30.03.2019 - 12:00

M czynn, 400m dowolny

13 lat i starsi
Wyniki

Punkty: FINA 2016

Pozycja			Rok ur.					Czas	Pkt.			
15 lat i starsi												
1.	KOSI	SKI Filip	04	Mi dzyszkolny UKS „Olimpijczy				4:07.16	633			
	50m:	28.56	28.56	150m:	1:31.09	31.01	250m:	2:34.18	31.32	350m:	3:37.45	31.89
	100m:	1:00.08	31.52	200m:	2:02.86	31.77	300m:	3:05.56	31.38	400m:	4:07.16	29.71
2.	ZAWADZKI	Dominik	03	MKP Wodnik Bielsk Podlaski				4:24.69	515			
	50m:	29.18	29.18	150m:	1:36.40	34.32	250m:	2:44.42	33.99	350m:	3:52.51	33.42
	100m:	1:02.08	32.90	200m:	2:10.43	34.03	300m:	3:19.09	34.67	400m:	4:24.69	32.18
3.	KOWALEWSKI	Paweł	03	MKS Juwenia Białystok				4:27.58	499			
	50m:	31.96	31.96	150m:	1:41.13	34.34	250m:	2:49.14	33.48	350m:	3:56.38	33.13
	100m:	1:06.79	34.83	200m:	2:15.66	34.53	300m:	3:23.25	34.11	400m:	4:27.58	31.20
4.	JAKUBOWSKI	Kacper	04	MKS Juwenia Białystok				4:34.99	459			
	50m:	32.85	32.85	150m:	1:43.28	35.37	250m:	2:52.39	34.36	350m:	4:01.53	34.17
	100m:	1:07.91	35.06	200m:	2:18.03	34.75	300m:	3:27.36	34.97	400m:	4:34.99	33.46
5.	BIRK	Bartosz	04	Mi dzyszkolny UKS „Olimpijczy				4:41.60	428			
	50m:	31.77	31.77	150m:	1:42.14	35.60	250m:	2:55.14	37.02	350m:	4:07.81	35.94
	100m:	1:06.54	34.77	200m:	2:18.12	35.98	300m:	3:31.87	36.73	400m:	4:41.60	33.79
6.	PYTEL	Julian	04	MKS Juwenia Białystok				4:42.49	424			
	50m:	32.37	32.37	150m:	1:44.23	36.25	250m:	2:55.35	35.40	350m:	4:07.86	36.56
	100m:	1:07.98	35.61	200m:	2:19.95	35.72	300m:	3:31.30	35.95	400m:	4:42.49	34.63
7.	OSTASZEWSKI	Maciej	04	SP „Na Fali" przy MOSiR w Mi				4:56.64	366			
	50m:	32.49	32.49	150m:	1:45.33	37.22	250m:	3:01.32	38.75	350m:	4:21.17	40.00
	100m:	1:08.11	35.62	200m:	2:22.57	37.24	300m:	3:41.17	39.85	400m:	4:56.64	35.47
8.	MAKAR	Marcin	00	Mi dzyszkolny UKS „Olimpijczy				4:58.03	361			
	50m:	36.46	36.46	150m:	1:52.12	37.74	250m:	3:06.37	37.05	350m:	4:21.64	37.47
	100m:	1:14.38	37.92	200m:	2:29.32	37.20	300m:	3:44.17	37.80	400m:	4:58.03	36.39
9.	BOROWSKI	Kacper	02	Mi dzyszkolny UKS „Olimpijczy				5:04.70	338			
	50m:	34.75	34.75	150m:	1:50.97	38.35	250m:	3:08.48	38.92	350m:	4:27.26	39.10
	100m:	1:12.62	37.87	200m:	2:29.56	38.59	300m:	3:48.16	39.68	400m:	5:04.70	37.44
10.	MALINOWSKI	Dawid	04	MKS Juwenia Białystok				5:05.32	335			
	50m:	33.84	33.84	150m:	1:47.85	38.16	250m:	3:09.01	41.05	350m:	4:28.85	39.15
	100m:	1:09.69	35.85	200m:	2:27.96	40.11	300m:	3:49.70	40.69	400m:	5:05.32	36.47
13 - 14 lat												
1.	TRUCHAN	Patryk	05	Mi dzyszkolny UKS „Olimpijczy				5:03.31	342			
	50m:	32.42	32.42	150m:	1:48.88	39.15	250m:	3:07.33	39.30	350m:	4:25.33	38.90
	100m:	1:09.73	37.31	200m:	2:28.03	39.15	300m:	3:46.43	39.10	400m:	5:03.31	37.98
2.	KOCHA	SKI Paweł	06	MKS Juwenia Białystok				5:09.41	322			
	50m:	34.68	34.68	150m:	1:53.99	40.63	250m:	3:14.77	39.55	350m:	4:33.88	38.37
	100m:	1:13.36	38.68	200m:	2:35.22	41.23	300m:	3:55.51	40.74	400m:	5:09.41	35.53
3.	MILLER	Hubert	05	Mi dzyszkolny UKS „Olimpijczy				5:18.26	296			
	50m:	35.63	35.63	150m:	1:57.74	41.33	250m:	3:18.98	40.92	350m:	4:39.80	39.97
	100m:	1:16.41	40.78	200m:	2:38.06	40.32	300m:	3:59.83	40.85	400m:	5:18.26	38.46
4.	WOJCZULIS	Jakub	05	Mi dzyszkolny UKS „Olimpijczy				5:27.48	272			
	50m:	35.00	35.00	150m:	1:58.39	42.12	250m:	3:21.29	41.15	350m:	4:47.81	43.40
	100m:	1:16.27	41.27	200m:	2:40.14	41.75	300m:	4:04.41	43.12	400m:	5:27.48	39.67
5.	SZMAJDA	Nikodem	06	Mi dzyszkolny UKS „Olimpijczy				5:28.19	270			
	50m:	36.92	36.92	150m:	2:02.19	43.66	250m:	3:28.50	43.25	350m:	4:50.44	40.69
	100m:	1:18.53	41.61	200m:	2:45.25	43.06	300m:	4:09.75	41.25	400m:	5:28.19	37.75
6.	WIELOCH	Igor	05	Mi dzyszkolny UKS „Olimpijczy				5:47.19	228			
	50m:	37.21	37.21	150m:	2:04.50	44.47	250m:	3:34.95	44.98	350m:	5:04.42	43.45
	100m:	1:20.03	42.82	200m:	2:49.97	45.47	300m:	4:20.97	46.02	400m:	5:47.19	42.77