

Zimowe Mistrzostwa Województwa Lubelskiego 12 lat i starsi
Puławy, 3. - 4.12.2011

Konkurencja 12
2011-12-03 - 12:11

M czynn, 400m zmienny

Open
Wyniki

TOP LOZP Open	4:20.92	WITKOWSKI, Jan	SKLUB	Puławy	2011-03-18
TOP LOZP 12	5:17.16	KLIZA, Mateusz	AVSWI	Puławy	2006-12-09
TOP LOZP 13	4:55.03	CERTA, Maciej	WIPUL	Zamosc	2004-11-06
TOP LOZP 14	4:39.64	KLIZA, Mateusz	AVSWI	Puławy	2008-12-06
TOP LOZP 15	4:33.90	KLIZA, Mateusz	AVSWI	Kozienice	2009-01-10
TOP LOZP 16	4:20.95	WITKOWSKI, Jan	SKLUB	Szczecin	2010-12-02

Punkty: FINA 2010

Pozycja					Rok ur.					Czas	Pkt.
Młodzik											
1.	LIS, Patryk				98	Avia widnik				5:18.06	415
	50m:	32.88	32.88	150m:		250m:		350m:		5:18.06	
	100m:	1:10.52	37.64	200m:	2:34.77	300m:	4:06.51	400m:			
2.	PRÓSZYNSKI, Igor				99	Fala Kra nik				5:23.37	395
	50m:	34.81	34.81	150m:		250m:		350m:		5:23.37	
	100m:	1:15.34	40.53	200m:	2:36.28	300m:	4:11.85	400m:			
3.	PRZEGON, Michał				98	Orka Zamo				5:32.38	363
	50m:	34.10	34.10	150m:		250m:		350m:		5:32.38	
	100m:	1:15.00	40.90	200m:	2:40.69	300m:	4:15.72	400m:			
4.	BUJAK, Kacper				98	MTP Lublinianka				5:33.36	360
	50m:	36.44	36.44	150m:		250m:		350m:		5:33.36	
	100m:	1:18.48	42.04	200m:	2:42.26	300m:	4:19.84	400m:			
5.	GAJEWSKI, Jakub				99	Fala Kra nik				5:45.20	324
	50m:	36.17	36.17	150m:		250m:		350m:		5:45.20	
	100m:	1:19.64	43.47	200m:	2:48.55	300m:	4:28.10	400m:			
6.	CIE LIK, Jakub				99	UKS 51 Lublin				5:48.24	316
	50m:	38.74	38.74	150m:		250m:		350m:		5:48.24	
	100m:	1:27.68	48.94	200m:	2:52.09	300m:	4:30.10	400m:			
7.	GRZESZCZYK, Kacper				99	Trójka Puławy				6:09.53	264
	50m:	41.50	41.50	150m:		250m:		350m:		6:09.53	
	100m:	1:30.83	49.33	200m:	3:03.30	300m:	4:40.73	400m:			
8.	PTASZY SKI, Adam				99	Avia widnik				6:12.39	258
	50m:	37.88	37.88	150m:		250m:		350m:		6:12.39	
	100m:	1:26.58	48.70	200m:	3:00.51	300m:	4:48.52	400m:			
9.	WIÓRKO, Patryk				98	Orka Zamo				6:38.06	211
	50m:	40.44	40.44	150m:		250m:		350m:		6:38.06	
	100m:	1:36.76	56.32	200m:	3:15.01	300m:	4:59.82	400m:			
Junior											
1.	RUTKOWSKI, Krzysztof				96	MTP Lublinianka				4:41.44	599
	50m:	30.12	30.12	150m:		250m:		350m:		4:41.44	
	100m:	1:05.03	34.91	200m:	2:22.22	300m:	3:39.06	400m:			
2.	BISZKONT, Damian				96	Avia widnik				4:54.49	523
	50m:	31.02	31.02	150m:		250m:		350m:		4:54.49	
	100m:	1:06.41	35.39	200m:	2:21.78	300m:	3:46.08	400m:			
3.	GRABCZAK, Dawid				97	Wisła Puławy				4:57.68	506
	50m:	32.31	32.31	150m:		250m:		350m:		4:57.68	
	100m:	1:11.36	39.05	200m:	2:26.36	300m:	3:49.55	400m:			
4.	SZUTKO, Mateusz				97	ak Biała Podlaska				5:05.84	466
	50m:	32.51	32.51	150m:		250m:		350m:		5:05.84	
	100m:	1:11.29	38.78	200m:	2:21.23	300m:	4:00.01	400m:			
5.	SOROKA, Krzysztof				96	Skarpa Lublin				5:14.74	428
	50m:	32.26	32.26	150m:		250m:		350m:		5:14.74	
	100m:	1:09.50	37.24	200m:	2:32.66	300m:	4:02.92	400m:			

Zimowe Mistrzostwa Województwa Lubelskiego 12 lat i starsi
Puławy, 3. - 4.12.2011

Konkurencja 12, Chłopców, 400m zmienny, Junior

Pozycja	Rok ur.				Czas	Pkt.
6.	ADAMCZYK, Hubert				5:31.93	365
	50m: 34.86	34.86	150m:	250m:	350m:	
	100m: 1:16.36	41.50	200m: 2:44.33	300m: 4:17.83	400m: 5:31.93	
Open						
1.	WIAK, Jakub				4:38.08	621
	50m: 29.28	29.28	150m:	250m:	350m:	
	100m: 1:03.73	34.45	200m: 2:15.00	300m: 3:37.09	400m: 4:38.08	
2.	RUTKOWSKI, Krzysztof				4:41.44	599
	50m: 30.12	30.12	150m:	250m:	350m:	
	100m: 1:05.03	34.91	200m: 2:22.22	300m: 3:39.06	400m: 4:41.44	
3.	BISZKONT, Damian				4:54.49	523
	50m: 31.02	31.02	150m:	250m:	350m:	
	100m: 1:06.41	35.39	200m: 2:21.78	300m: 3:46.08	400m: 4:54.49	
4.	GRABCZAK, Dawid				4:57.68	506
	50m: 32.31	32.31	150m:	250m:	350m:	
	100m: 1:11.36	39.05	200m: 2:26.36	300m: 3:49.55	400m: 4:57.68	
5.	SZUTKO, Mateusz				5:05.84	466
	50m: 32.51	32.51	150m:	250m:	350m:	
	100m: 1:11.29	38.78	200m: 2:21.23	300m: 4:00.01	400m: 5:05.84	
6.	SOROKA, Krzysztof				5:14.74	428
	50m: 32.26	32.26	150m:	250m:	350m:	
	100m: 1:09.50	37.24	200m: 2:32.66	300m: 4:02.92	400m: 5:14.74	
7.	LIS, Patryk				5:18.06	415
	50m: 32.88	32.88	150m:	250m:	350m:	
	100m: 1:10.52	37.64	200m: 2:34.77	300m: 4:06.51	400m: 5:18.06	
8.	PRÓSZYNSKI, Igor				5:23.37	395
	50m: 34.81	34.81	150m:	250m:	350m:	
	100m: 1:15.34	40.53	200m: 2:36.28	300m: 4:11.85	400m: 5:23.37	
9.	ADAMCZYK, Hubert				5:31.93	365
	50m: 34.86	34.86	150m:	250m:	350m:	
	100m: 1:16.36	41.50	200m: 2:44.33	300m: 4:17.83	400m: 5:31.93	
10.	PRZEGON, Michał				5:32.38	363
	50m: 34.10	34.10	150m:	250m:	350m:	
	100m: 1:15.00	40.90	200m: 2:40.69	300m: 4:15.72	400m: 5:32.38	
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	50m: 36.44	36.44	150m:	250m:	350m:	
	100m: 1:18.48	42.04	200m: 2:42.26	300m: 4:19.84	400m: 5:33.36	
12.	GAJEWSKI, Jakub				5:45.20	324
	50m: 36.17	36.17	150m:	250m:	350m:	
	100m: 1:19.64	43.47	200m: 2:48.55	300m: 4:28.10	400m: 5:45.20	
13.	CIELIK, Jakub				5:48.24	316
	50m: 38.74	38.74	150m:	250m:	350m:	
	100m: 1:27.68	48.94	200m: 2:52.09	300m: 4:30.10	400m: 5:48.24	
14.	GRZESZCZYK, Kacper				6:09.53	264
	50m: 41.50	41.50	150m:	250m:	350m:	
	100m: 1:30.83	49.33	200m: 3:03.30	300m: 4:40.73	400m: 6:09.53	
15.	PTASZYŃSKI, Adam				6:12.39	258
	50m: 37.88	37.88	150m:	250m:	350m:	
	100m: 1:26.58	48.70	200m: 3:00.51	300m: 4:48.52	400m: 6:12.39	
16.	WIÓRKO, Patryk				6:38.06	211
	50m: 40.44	40.44	150m:	250m:	350m:	
	100m: 1:36.76	56.32	200m: 3:15.01	300m: 4:59.82	400m: 6:38.06	