

Zimowe Mistrzostwa Województwa Lubelskiego 12 lat i starsi
Puławy, 3. - 4.12.2011

Konkurencja 18
2011-12-03 - 15:58

M czynn, 400m dowolny

Open
Wyniki

TOP LOZP Open	3:54.98	DUBIEL, Adam	LULUB	Puławy	2011-03-19
TOP LOZP 12	4:39.41	WITKOWSKI, Jan	SKLUB	Puławy	2006-12-09
TOP LOZP 13	4:21.60	HOŁUB, Jan	AVSWI	Puławy	2009-12-05
TOP LOZP 14	4:06.55	HOŁUB, Jan	AVSWI	Puławy	2010-12-11
TOP LOZP 15	4:00.22	WITKOWSKI, Jan	SKLUB	Zamosc	2009-10-17
TOP LOZP 16	3:59.15	KLIZA, Mateusz	AVSWI	Lublin	2010-04-10

Punkty: FINA 2010

Pozycja					Rok ur.					Czas	Pkt.
Młodzik											
1.	LIS, Patryk				98	Avia widnik				4:31.54	481
	50m:	30.96	30.96	150m:	250m:	350m:	400m:	4:31.54			
	100m:	1:04.62	33.66	200m:	300m:	3:24.38					
2.	ZAPALSKI, Konrad				98	Fala Kra nik				4:37.22	452
	50m:	31.04	31.04	150m:	250m:	350m:	400m:	4:37.22			
	100m:	1:04.80	33.76	200m:	300m:	3:26.22					
3.	PRÓSZYNSKI, Igor				99	Fala Kra nik				4:41.00	434
	50m:	32.00	32.00	150m:	250m:	350m:	400m:	4:41.00			
	100m:	1:07.54	35.54	200m:	300m:	3:30.41					
4.	MUDA, Paweł				98	MTP Lublinianka				4:41.74	430
	50m:	31.50	31.50	150m:	250m:	350m:	400m:	4:41.74			
	100m:	1:06.05	34.55	200m:	300m:	3:31.07					
5.	ZIELI SKI, Jarosław				98	Skarpa Lublin				4:43.48	422
	50m:	31.50	31.50	150m:	250m:	350m:	400m:	4:43.48			
	100m:	1:06.07	34.57	200m:	300m:	3:31.77					
6.	BUJAK, Kacper				98	MTP Lublinianka				4:46.38	410
	50m:	32.19	32.19	150m:	250m:	350m:	400m:	4:46.38			
	100m:	1:08.50	36.31	200m:	300m:	3:34.54					
7.	URBANIAK, Przemysław				98	Wisła Puławy				4:48.16	402
	50m:	30.67	30.67	150m:	250m:	350m:	400m:	4:48.16			
	100m:	1:06.14	35.47	200m:	300m:	3:34.42					
8.	GAJEWSKI, Jakub				99	Fala Kra nik				4:58.25	363
	50m:	33.25	33.25	150m:	250m:	350m:	400m:	4:58.25			
	100m:	1:10.88	37.63	200m:	300m:	3:42.19					
9.	CZERNIAK, Konrad				98	Skarpa Lublin				5:01.87	350
	50m:	33.08	33.08	150m:	250m:	350m:	400m:	5:01.87			
	100m:	1:11.45	38.37	200m:	300m:	3:46.33					
10.	JANKOWSKI, Mikołaj				98	Delfinek Łuków				5:11.56	318
	50m:	34.16	34.16	150m:	250m:	350m:	400m:	5:11.56			
	100m:	1:11.19	37.03	200m:	300m:	4:32.10					
11.	BOGUSZEWSKI, Maciej				98	Skarpa Lublin				5:13.22	313
	50m:	35.12	35.12	150m:	250m:	350m:	400m:	5:13.22			
	100m:	1:14.28	39.16	200m:	300m:	3:55.12					
12.	PARTYKA, Norbert				98	Skarpa Lublin				5:16.33	304
	50m:	36.33	36.33	150m:	250m:	350m:	400m:	5:16.33			
	100m:	1:16.88	40.55	200m:	300m:	4:00.30					
13.	SZUMSKI, Bartłomiej				98	Skarpa Lublin				5:26.49	276
	50m:	37.24	37.24	150m:	250m:	350m:	400m:	5:26.49			
	100m:	1:18.30	41.06	200m:	300m:	4:06.44					
14.	MAŁYSKA, Bartosz				99	Skarpa Lublin				5:29.92	268
	50m:	36.81	36.81	150m:	250m:	350m:	400m:	5:29.92			
	100m:	1:18.85	42.04	200m:	300m:	4:07.20					
15.	KITKA, Jakub				99	Orka Zamo				5:32.42	262
	50m:	35.64	35.64	150m:	250m:	350m:	400m:	5:32.42			
	100m:	1:16.17	40.53	200m:	300m:	4:07.68					

Zimowe Mistrzostwa Województwa Lubelskiego 12 lat i starsi
Puławy, 3. - 4.12.2011

Konkurencja 18, Chłopców, 400m dowolny, Młodzik

Pozycja					Rok ur.					Czas	Pkt.
16.	SKIBA, Kamil				98	Skarpa Lublin				5:39.30	246
	50m:	37.31	37.31	150m:		250m:		350m:			
	100m:	1:21.08	43.77	200m:	2:49.34	300m:	4:16.57	400m:	5:39.30		
17.	PRANAGAL, Sebastian				98	Avia widnik				5:41.92	240
	50m:	41.44	41.44	150m:		250m:		350m:			
	100m:	1:25.61	44.17	200m:	2:51.57	300m:	4:18.25	400m:	5:41.92		
18.	S DŁAK, Wiktor				99	Orka Zamo				5:41.95	240
	50m:	37.92	37.92	150m:		250m:		350m:			
	100m:	1:20.82	42.90	200m:	2:50.10	300m:	4:17.76	400m:	5:41.95		
19.	SYKUT, Paweł				98	Trójka Puławy				5:43.45	237
	50m:	37.32	37.32	150m:		250m:		350m:			
	100m:	1:21.22	43.90	200m:	2:50.28	300m:	4:20.12	400m:	5:43.45		
20.	CHAŁAT, Stanisław				99	Skarpa Lublin				5:43.97	236
	50m:	37.81	37.81	150m:		250m:		350m:			
	100m:	1:21.62	43.81	200m:	2:49.58	300m:	4:18.78	400m:	5:43.97		

Junior

1.	HOŁUB, Jan				96	Avia widnik				4:04.40	659
	50m:	28.49	28.49	150m:		250m:		350m:			
	100m:	1:00.21	31.72	200m:	2:01.86	300m:	3:03.48	400m:	4:04.40		
2.	RUTKOWSKI, Krzysztof				96	MTP Lublinianka				4:13.55	590
	50m:	28.65	28.65	150m:		250m:		350m:			
	100m:	59.88	31.23	200m:	2:03.34	300m:	3:08.62	400m:	4:13.55		
3.	LIS, Przemysław				96	Avia widnik				4:18.22	559
	50m:	29.04	29.04	150m:		250m:		350m:			
	100m:	1:01.26	32.22	200m:	2:06.92	300m:	3:13.46	400m:	4:18.22		
4.	GRABCZAK, Dawid				97	Wisła Puławy				4:20.60	544
	50m:	29.16	29.16	150m:		250m:		350m:			
	100m:	1:01.41	32.25	200m:	2:08.31	300m:	3:15.41	400m:	4:20.60		
5.	GRZYWA, Karol				97	Fala Kra nik				4:24.67	519
	50m:	28.29	28.29	150m:		250m:		350m:			
	100m:	1:00.78	32.49	200m:	2:08.10	300m:	3:16.14	400m:	4:24.67		
6.	RODEK, Arkadiusz				96	MTP Lublinianka				4:25.73	513
	50m:	29.70	29.70	150m:		250m:		350m:			
	100m:	1:02.93	33.23	200m:	2:10.88	300m:	3:19.16	400m:	4:25.73		
7.	GRZYB, Dominik				97	Huragan Mi dzyrzec Podlaski				4:33.41	471 SC 1
	50m:	30.20	30.20	150m:		250m:		350m:			
	100m:	1:04.42	34.22	200m:	2:14.87	300m:	3:25.65	400m:	4:33.41		
8.	SOLA, Kornel				97	Fala Kra nik				4:33.41	471 SC 2
	50m:	30.14	30.14	150m:		250m:		350m:			
	100m:	1:04.07	33.93	200m:	2:14.26	300m:	3:24.98	400m:	4:33.41		
9.	SZUTKO, Mateusz				97	ak Biała Podlaska				4:33.52	470
	50m:	30.48	30.48	150m:		250m:		350m:			
	100m:	1:04.95	34.47	200m:	2:15.65	300m:	3:25.76	400m:	4:33.52		
10.	SOROKA, Krzysztof				96	Skarpa Lublin				4:39.68	440
	50m:	31.98	31.98	150m:		250m:		350m:			
	100m:	1:06.83	34.85	200m:	2:17.47	300m:	3:29.34	400m:	4:39.68		
11.	BARTNIK, Mateusz				96	UKS 23 Lublin				4:44.11	420
	50m:	32.99	32.99	150m:		250m:		350m:			
	100m:	1:08.61	35.62	200m:	2:20.51	300m:	3:32.70	400m:	4:44.11		
12.	MICHALSKI, Batrosz				96	UKS 23 Lublin				4:44.46	418
	50m:	30.84	30.84	150m:		250m:		350m:			
	100m:	1:05.42	34.58	200m:	2:17.71	300m:	3:31.41	400m:	4:44.46		

Zimowe Mistrzostwa Województwa Lubelskiego 12 lat i starsi
Puławy, 3. - 4.12.2011

Konkurencja 18, M czynn, 400m dowolny

Open

1.	DUBIEL, Adam		93	MTP Lublinianka	3:58.66	708
	50m: 27.28	27.28	150m:	250m:	350m:	
	100m: 57.33	30.05	200m: 1:58.93	300m: 2:59.66	400m: 3:58.66	
2.	WIAK, Jakub		95	UKS 23 Lublin	4:03.58	666
	50m: 28.14	28.14	150m:	250m:	350m:	
	100m: 58.50	30.36	200m: 2:00.14	300m: 3:02.37	400m: 4:03.58	
3.	HOŁUB, Jan		96	Avia widnik	4:04.40	659
	50m: 28.49	28.49	150m:	250m:	350m:	
	100m: 1:00.21	31.72	200m: 2:01.86	300m: 3:03.48	400m: 4:04.40	
4.	RUTKOWSKI, Krzysztof		96	MTP Lublinianka	4:13.55	590
	50m: 28.65	28.65	150m:	250m:	350m:	
	100m: 59.88	31.23	200m: 2:03.34	300m: 3:08.62	400m: 4:13.55	
5.	GWIAZDA, Michał		94	Skarpa Lublin	4:16.18	572
	50m: 29.21	29.21	150m:	250m:	350m:	
	100m: 1:01.44	32.23	200m: 2:07.04	300m: 3:12.12	400m: 4:16.18	
6.	LIS, Przemysław		96	Avia widnik	4:18.22	559
	50m: 29.04	29.04	150m:	250m:	350m:	
	100m: 1:01.26	32.22	200m: 2:06.92	300m: 3:13.46	400m: 4:18.22	
7.	GRABCZAK, Dawid		97	Wisła Puławy	4:20.60	544
	50m: 29.16	29.16	150m:	250m:	350m:	
	100m: 1:01.41	32.25	200m: 2:08.31	300m: 3:15.41	400m: 4:20.60	
8.	GRZYWA, Karol		97	Fala Kra nik	4:24.67	519
	50m: 28.29	28.29	150m:	250m:	350m:	
	100m: 1:00.78	32.49	200m: 2:08.10	300m: 3:16.14	400m: 4:24.67	
9.	RODEK, Arkadiusz		96	MTP Lublinianka	4:25.73	513
	50m: 29.70	29.70	150m:	250m:	350m:	
	100m: 1:02.93	33.23	200m: 2:10.88	300m: 3:19.16	400m: 4:25.73	
10.	LEONARCIK, Kuba		94	Wisła Puławy	4:28.54	497
	50m: 28.75	28.75	150m:	250m:	350m:	
	100m: 1:01.25	32.50	200m: 2:08.94	300m: 3:18.20	400m: 4:28.54	
11.	LIS, Patryk		98	Avia widnik	4:31.54	481
	50m: 30.96	30.96	150m:	250m:	350m:	
	100m: 1:04.62	33.66	200m: 2:14.34	300m: 3:24.38	400m: 4:31.54	
12.	BO YM, Adam		94	Avia widnik	4:31.95	478
	50m: 30.09	30.09	150m:	250m:	350m:	
	100m: 1:03.58	33.49	200m: 2:12.91	300m: 3:21.88	400m: 4:31.95	
13.	GRZYB, Dominik		97	Huragan Mi dzyrzec Podlaski	4:33.41	471 SC 1
	50m: 30.20	30.20	150m:	250m:	350m:	
	100m: 1:04.42	34.22	200m: 2:14.87	300m: 3:25.65	400m: 4:33.41	
14.	SOLA, Kornel		97	Fala Kra nik	4:33.41	471 SC 2
	50m: 30.14	30.14	150m:	250m:	350m:	
	100m: 1:04.07	33.93	200m: 2:14.26	300m: 3:24.98	400m: 4:33.41	
15.	SZUTKO, Mateusz		97	ak Biała Podlaska	4:33.52	470
	50m: 30.48	30.48	150m:	250m:	350m:	
	100m: 1:04.95	34.47	200m: 2:15.65	300m: 3:25.76	400m: 4:33.52	
16.	ZAPALSKI, Konrad		98	Fala Kra nik	4:37.22	452
	50m: 31.04	31.04	150m:	250m:	350m:	
	100m: 1:04.80	33.76	200m: 2:15.21	300m: 3:26.22	400m: 4:37.22	
17.	SOROKA, Krzysztof		96	Skarpa Lublin	4:39.68	440
	50m: 31.98	31.98	150m:	250m:	350m:	
	100m: 1:06.83	34.85	200m: 2:17.47	300m: 3:29.34	400m: 4:39.68	
18.	PRÓSZYNSKI, Igor		99	Fala Kra nik	4:41.00	434
	50m: 32.00	32.00	150m:	250m:	350m:	
	100m: 1:07.54	35.54	200m: 2:18.41	300m: 3:30.41	400m: 4:41.00	

Zimowe Mistrzostwa Województwa Lubelskiego 12 lat i starsi
Puławy, 3. - 4.12.2011

Konkurencja 18, M czynn, 400m dowolny, Open

Pozycja					Rok ur.					Czas	Pkt.
19.	MUDA, Paweł				98	MTP Lublinianka				4:41.74	430
	50m:	31.50	31.50	150m:		250m:		350m:			
	100m:	1:06.05	34.55	200m:	2:18.89	300m:	3:31.07	400m:	4:41.74		
20.	ZIELI SKI, Jarosław				98	Skarpa Lublin				4:43.48	422
	50m:	31.50	31.50	150m:		250m:		350m:			
	100m:	1:06.07	34.57	200m:	2:17.90	300m:	3:31.77	400m:	4:43.48		
21.	BARTNIK, Mateusz				96	UKS 23 Lublin				4:44.11	420
	50m:	32.99	32.99	150m:		250m:		350m:			
	100m:	1:08.61	35.62	200m:	2:20.51	300m:	3:32.70	400m:	4:44.11		
22.	MICHALSKI, Bartosz				96	UKS 23 Lublin				4:44.46	418
	50m:	30.84	30.84	150m:		250m:		350m:			
	100m:	1:05.42	34.58	200m:	2:17.71	300m:	3:31.41	400m:	4:44.46		
23.	BUJAK, Kacper				98	MTP Lublinianka				4:46.38	410
	50m:	32.19	32.19	150m:		250m:		350m:			
	100m:	1:08.50	36.31	200m:	2:21.05	300m:	3:34.54	400m:	4:46.38		
24.	URBANIAK, Przemysław				98	Wisła Puławy				4:48.16	402
	50m:	30.67	30.67	150m:		250m:		350m:			
	100m:	1:06.14	35.47	200m:	2:19.20	300m:	3:34.42	400m:	4:48.16		
25.	GAJEWSKI, Jakub				99	Fala Kra nik				4:58.25	363
	50m:	33.25	33.25	150m:		250m:		350m:			
	100m:	1:10.88	37.63	200m:	2:27.07	300m:	3:42.19	400m:	4:58.25		
26.	CZERNAK, Konrad				98	Skarpa Lublin				5:01.87	350
	50m:	33.08	33.08	150m:		250m:		350m:			
	100m:	1:11.45	38.37	200m:	2:29.98	300m:	3:46.33	400m:	5:01.87		
27.	JANKOWSKI, Mikołaj				98	Delfinek Łuków				5:11.56	318
	50m:	34.16	34.16	150m:		250m:		350m:			
	100m:	1:11.19	37.03	200m:	2:31.41	300m:	4:32.10	400m:	5:11.56		
28.	BOGUSZEWSKI, Maciej				98	Skarpa Lublin				5:13.22	313
	50m:	35.12	35.12	150m:		250m:		350m:			
	100m:	1:14.28	39.16	200m:	2:35.09	300m:	3:55.12	400m:	5:13.22		
29.	PARTYKA, Norbert				98	Skarpa Lublin				5:16.33	304
	50m:	36.33	36.33	150m:		250m:		350m:			
	100m:	1:16.88	40.55	200m:	2:39.52	300m:	4:00.30	400m:	5:16.33		
30.	SZUMSKI, Bartłomiej				98	Skarpa Lublin				5:26.49	276
	50m:	37.24	37.24	150m:		250m:		350m:			
	100m:	1:18.30	41.06	200m:	2:42.84	300m:	4:06.44	400m:	5:26.49		
31.	MAŁYSKA, Bartosz				99	Skarpa Lublin				5:29.92	268
	50m:	36.81	36.81	150m:		250m:		350m:			
	100m:	1:18.85	42.04	200m:	2:43.03	300m:	4:07.20	400m:	5:29.92		
32.	KITKA, Jakub				99	Orka Zamo				5:32.42	262
	50m:	35.64	35.64	150m:		250m:		350m:			
	100m:	1:16.17	40.53	200m:	2:40.86	300m:	4:07.68	400m:	5:32.42		
33.	SKIBA, Kamil				98	Skarpa Lublin				5:39.30	246
	50m:	37.31	37.31	150m:		250m:		350m:			
	100m:	1:21.08	43.77	200m:	2:49.34	300m:	4:16.57	400m:	5:39.30		
34.	PRANAGAL, Sebastian				98	Avia widnik				5:41.92	240
	50m:	41.44	41.44	150m:		250m:		350m:			
	100m:	1:25.61	44.17	200m:	2:51.57	300m:	4:18.25	400m:	5:41.92		
35.	S DŁAK, Wiktor				99	Orka Zamo				5:41.95	240
	50m:	37.92	37.92	150m:		250m:		350m:			
	100m:	1:20.82	42.90	200m:	2:50.10	300m:	4:17.76	400m:	5:41.95		
36.	SYKUT, Paweł				98	Trójka Puławy				5:43.45	237
	50m:	37.32	37.32	150m:		250m:		350m:			
	100m:	1:21.22	43.90	200m:	2:50.28	300m:	4:20.12	400m:	5:43.45		

Zimowe Mistrzostwa Województwa Lubelskiego 12 lat i starsi
Puławy, 3. - 4.12.2011

Konkurencja 18, M czynn, 400m dowolny, Open

Pozycja				Rok ur.				Czas	Pkt.
37.	CHAŁAT, Stanisław			99	Skarpa Lublin			5:43.97	236
	50m:	37.81	37.81	150m:		250m:		350m:	
	100m:	1:21.62	43.81	200m:	2:49.58	300m:	4:18.78	400m:	5:43.97