

Główne Mistrzostwa Województwa Lubelskiego 2012  
Puławy, 9- - 10-6-2012

Konkurencja 18  
2012-06-09 - 16:01

M czynn, 400m dowolny

12 lat i starsi  
Wyniki

Top LOZP Open	3:57.56	WITKOWSKI, Jan	01003	Ostrowiec Sw.	2012-06-02
Top LOZP 12	4:45.31	WITKOWSKI, Jan	01003	Krasnik	2006-06-17
Top LOZP 13	4:29.39	WIAK, Jakub	00503	Oswiecim	2008-06-26
Top LOZP 14	4:11.78	HOŁUB, Jan	00303	Debica	2010-07-03
Top LOZP 15	4:10.01	HOŁUB, Jan	00303	Oswiecim	2011-07-16

Punkty: FINA 2012

Pozycja	Rok ur.		Czas Pkt.	100m	200m	300m	400m
<b>Młodzik</b>							
1. PRÓSZYNSKI, Igor	99	Fala Kra nik	<b>4:47.48</b> 448	1:09.00	1:13.17	1:13.60	1:11.71
50m:		150m:	250m:	350m:			
100m: 1:09.00		200m: 2:22.17	300m: 3:35.77	400m: 4:47.48			
2. GAJEWSKI, Jakub	99	Fala Kra nik	<b>5:10.59</b> 355	1:14.21	1:19.39	1:19.40	1:17.59
50m:		150m:	250m:	350m:			
100m: 1:14.21		200m: 2:33.60	300m: 3:53.00	400m: 5:10.59			
3. MAZUR, Oskar	99	Fala Kra nik	<b>5:22.33</b> 318	1:14.81	1:21.59	1:23.71	1:22.22
50m:		150m:	250m:	350m:			
100m: 1:14.81		200m: 2:36.40	300m: 4:00.11	400m: 5:22.33			
4. MASIĄK, Mateusz	00	Fala Kra nik	<b>5:43.44</b> 263	1:22.98	1:27.01	1:27.89	1:25.56
50m:		150m:	250m:	350m:			
100m: 1:22.98		200m: 2:49.99	300m: 4:17.88	400m: 5:43.44			
5. MYSZKA, KACPER	00	Trójka Puławy	<b>5:44.52</b> 260	1:23.18	1:29.81	1:30.78	1:20.75
50m:		150m:	250m:	350m:			
100m: 1:23.18		200m: 2:52.99	300m: 4:23.77	400m: 5:44.52			
6. S DŁAK, Wiktor	99	Orka Zamo	<b>5:48.70</b> 251	1:23.29	1:29.79	1:30.28	1:25.34
50m:		150m:	250m:	350m:			
100m: 1:23.29		200m: 2:53.08	300m: 4:23.36	400m: 5:48.70			
7. CEBULA, Michał	99	Sparta Biłgoraj	<b>6:00.76</b> 227	1:23.15	1:33.91	1:34.06	1:29.64
50m:		150m:	250m:	350m:			
100m: 1:23.15		200m: 2:57.06	300m: 4:31.12	400m: 6:00.76			
<b>Junior</b>							
1. GRABCZAK, Dawid	97	Wisła Puławy	<b>4:26.85</b> 560	1:04.03	1:07.91	1:08.75	1:06.16
50m:		150m:	250m:	350m:			
100m: 1:04.03		200m: 2:11.94	300m: 3:20.69	400m: 4:26.85			
2. SOLA, Kornel	97	Fala Kra nik	<b>4:28.56</b> 550	1:04.37	1:09.96	1:07.29	1:06.94
50m:		150m:	250m:	350m:			
100m: 1:04.37		200m: 2:14.33	300m: 3:21.62	400m: 4:28.56			
3. GRZYWA, Karol	97	Fala Kra nik	<b>4:34.82</b> 513	1:03.04	1:10.41	1:09.72	1:11.65
50m:		150m:	250m:	350m:			
100m: 1:03.04		200m: 2:13.45	300m: 3:23.17	400m: 4:34.82			
4. LIS, Patryk	98	Avia widnik	<b>4:38.01</b> 496	1:06.99	1:10.51	1:11.17	1:09.34
50m:		150m:	250m:	350m:			
100m: 1:06.99		200m: 2:17.50	300m: 3:28.67	400m: 4:38.01			
5. ZAPALSKI, Konrad	98	Fala Kra nik	<b>4:41.46</b> 478	1:07.09	1:12.13	1:11.95	1:10.29
50m:		150m:	250m:	350m:			
100m: 1:07.09		200m: 2:19.22	300m: 3:31.17	400m: 4:41.46			
6. MUDA, Paweł	98	Lublinianka	<b>4:42.15</b> 474	1:06.21	1:12.28	1:12.75	1:10.91
50m:		150m:	250m:	350m:			
100m: 1:06.21		200m: 2:18.49	300m: 3:31.24	400m: 4:42.15			
7. SZUTKO, Mateusz	97	ak Biała Podlaska	<b>4:49.55</b> 439	1:06.82	1:13.51	1:13.64	1:15.58
50m:		150m:	250m:	350m:			
100m: 1:06.82		200m: 2:20.33	300m: 3:33.97	400m: 4:49.55			
8. BUJAK, Kacper	98	Lublinianka	<b>4:54.64</b> 416	1:11.02	1:14.78	1:15.47	1:13.37
50m:		150m:	250m:	350m:			
100m: 1:11.02		200m: 2:25.80	300m: 3:41.27	400m: 4:54.64			
9. SYKUT, PAWEŁ	98	Trójka Puławy	<b>5:52.12</b> 244	1:21.47	1:30.83	1:32.34	1:27.48
50m:		150m:	250m:	350m:			
100m: 1:21.47		200m: 2:52.30	300m: 4:24.64	400m: 5:52.12			

Główne Mistrzostwa Województwa Lubelskiego 2012  
Puławy, 9- - 10-6-2012

Konkurencja 18, Chłopców, 400m dowolny, Junior

Pozycja	Rok ur.	Czas	Pkt.	100m	200m	300m	400m
10. SKUBA, Marcin	98 Orka Zamo	<b>6:05.83</b>	217	1:23.08	1:33.77	1:35.58	1:33.40
50m:	150m:	250m:			350m:		
100m: 1:23.08	200m: 2:56.85	300m: 4:32.43			400m: 6:05.83		
<b>Open</b>							
1. DUBIEL, Adam	93 Lublinianka	<b>4:07.07</b>	706	1:00.28	1:04.16	1:03.16	59.47
50m:	150m:	250m:			350m:		
100m: 1:00.28	200m: 2:04.44	300m: 3:07.60			400m: 4:07.07		
2. KLIZA, Mateusz	94 Avia widnik	<b>4:07.14</b>	706	1:00.11	1:03.43	1:02.43	1:01.17
50m:	150m:	250m:			350m:		
100m: 1:00.11	200m: 2:03.54	300m: 3:05.97			400m: 4:07.14		
3. WIAK, Jakub	95 Olimpijczyk 23 Lublin	<b>4:11.92</b>	666	1:01.11	1:04.00	1:03.84	1:02.97
50m:	150m:	250m:			350m:		
100m: 1:01.11	200m: 2:05.11	300m: 3:08.95			400m: 4:11.92		
4. SZYMULA, Kamil	96 Avia widnik	<b>4:20.31</b>	604	1:03.15	1:06.32	1:05.69	1:05.15
50m:	150m:	250m:			350m:		
100m: 1:03.15	200m: 2:09.47	300m: 3:15.16			400m: 4:20.31		
5. GRABCZAK, Dawid	97 Wisła Puławy	<b>4:26.85</b>	560	1:04.03	1:07.91	1:08.75	1:06.16
50m:	150m:	250m:			350m:		
100m: 1:04.03	200m: 2:11.94	300m: 3:20.69			400m: 4:26.85		
6. RUTKOWSKI, Krzysztof	96 Lublinianka	<b>4:28.03</b>	553	1:03.66	1:08.39	1:08.61	1:07.37
50m:	150m:	250m:			350m:		
100m: 1:03.66	200m: 2:12.05	300m: 3:20.66			400m: 4:28.03		
7. SOLA, Kornel	97 Fala Kra nik	<b>4:28.56</b>	550	1:04.37	1:09.96	1:07.29	1:06.94
50m:	150m:	250m:			350m:		
100m: 1:04.37	200m: 2:14.33	300m: 3:21.62			400m: 4:28.56		
8. GRZYWA, Karol	97 Fala Kra nik	<b>4:34.82</b>	513	1:03.04	1:10.41	1:09.72	1:11.65
50m:	150m:	250m:			350m:		
100m: 1:03.04	200m: 2:13.45	300m: 3:23.17			400m: 4:34.82		
9. LIS, Patryk	98 Avia widnik	<b>4:38.01</b>	496	1:06.99	1:10.51	1:11.17	1:09.34
50m:	150m:	250m:			350m:		
100m: 1:06.99	200m: 2:17.50	300m: 3:28.67			400m: 4:38.01		
10. ZAPALSKI, Konrad	98 Fala Kra nik	<b>4:41.46</b>	478	1:07.09	1:12.13	1:11.95	1:10.29
50m:	150m:	250m:			350m:		
100m: 1:07.09	200m: 2:19.22	300m: 3:31.17			400m: 4:41.46		
11. MUDA, Paweł	98 Lublinianka	<b>4:42.15</b>	474	1:06.21	1:12.28	1:12.75	1:10.91
50m:	150m:	250m:			350m:		
100m: 1:06.21	200m: 2:18.49	300m: 3:31.24			400m: 4:42.15		
12. DOMARADZKI, Bartosz	96 Avia widnik	<b>4:45.50</b>	457	1:07.22	1:12.51	1:13.09	1:12.68
50m:	150m:	250m:			350m:		
100m: 1:07.22	200m: 2:19.73	300m: 3:32.82			400m: 4:45.50		
13. PRÓSZYNSKI, Igor	99 Fala Kra nik	<b>4:47.48</b>	448	1:09.00	1:13.17	1:13.60	1:11.71
50m:	150m:	250m:			350m:		
100m: 1:09.00	200m: 2:22.17	300m: 3:35.77			400m: 4:47.48		
14. SZUTKO, Mateusz	97 ak Biała Podlaska	<b>4:49.55</b>	439	1:06.82	1:13.51	1:13.64	1:15.58
50m:	150m:	250m:			350m:		
100m: 1:06.82	200m: 2:20.33	300m: 3:33.97			400m: 4:49.55		
15. BUJAK, Kacper	98 Lublinianka	<b>4:54.64</b>	416	1:11.02	1:14.78	1:15.47	1:13.37
50m:	150m:	250m:			350m:		
100m: 1:11.02	200m: 2:25.80	300m: 3:41.27			400m: 4:54.64		
16. GAJEWSKI, Jakub	99 Fala Kra nik	<b>5:10.59</b>	355	1:14.21	1:19.39	1:19.40	1:17.59
50m:	150m:	250m:			350m:		
100m: 1:14.21	200m: 2:33.60	300m: 3:53.00			400m: 5:10.59		
17. MARZEC, Mateusz	95 Avia widnik	<b>5:15.06</b>	340	1:12.12	1:20.74	1:21.57	1:20.63
50m:	150m:	250m:			350m:		
100m: 1:12.12	200m: 2:32.86	300m: 3:54.43			400m: 5:15.06		
18. MAZUR, Oskar	99 Fala Kra nik	<b>5:22.33</b>	318	1:14.81	1:21.59	1:23.71	1:22.22
50m:	150m:	250m:			350m:		
100m: 1:14.81	200m: 2:36.40	300m: 4:00.11			400m: 5:22.33		

Główne Mistrzostwa Województwa Lubelskiego 2012  
Puławy, 9- - 10-6-2012

Konkurencja 18, M czyzn, 400m dowolny, Open

Pozycja	Rok ur.	Czas	Pkt.	100m	200m	300m	400m
19. MASIAK, Mateusz	00 Fala Kra nik	<b>5:43.44</b>	263	1:22.98	1:27.01	1:27.89	1:25.56
50m:	150m:	250m:	350m:				
100m: 1:22.98	200m: 2:49.99	300m: 4:17.88	400m: 5:43.44				
20. MYSZKA, KACPER	00 Trójka Puławy	<b>5:44.52</b>	260	1:23.18	1:29.81	1:30.78	1:20.75
50m:	150m:	250m:	350m:				
100m: 1:23.18	200m: 2:52.99	300m: 4:23.77	400m: 5:44.52				
21. S DŁAK, Wiktor	99 Orka Zamo	<b>5:48.70</b>	251	1:23.29	1:29.79	1:30.28	1:25.34
50m:	150m:	250m:	350m:				
100m: 1:23.29	200m: 2:53.08	300m: 4:23.36	400m: 5:48.70				
22. SYKUT, PAWEŁ	98 Trójka Puławy	<b>5:52.12</b>	244	1:21.47	1:30.83	1:32.34	1:27.48
50m:	150m:	250m:	350m:				
100m: 1:21.47	200m: 2:52.30	300m: 4:24.64	400m: 5:52.12				
23. CEBULA, Michał	99 Sparta Biłgoraj	<b>6:00.76</b>	227	1:23.15	1:33.91	1:34.06	1:29.64
50m:	150m:	250m:	350m:				
100m: 1:23.15	200m: 2:57.06	300m: 4:31.12	400m: 6:00.76				
24. SKUBA, Marcin	98 Orka Zamo	<b>6:05.83</b>	217	1:23.08	1:33.77	1:35.58	1:33.40
50m:	150m:	250m:	350m:				
100m: 1:23.08	200m: 2:56.85	300m: 4:32.43	400m: 6:05.83				
PK JURA, Maciej	96 Jagiellonka Warszawa	<b>4:11.76</b>	667	1:00.58	1:03.37	1:04.71	1:03.10
50m:	150m:	250m:	350m:				
100m: 1:00.58	200m: 2:03.95	300m: 3:08.66	400m: 4:11.76				
PK MACIEJEWSKI, KACPER	99 Muszelka Warszawa	<b>4:59.21</b>	397	1:09.39	1:17.16	1:17.72	1:14.94
50m:	150m:	250m:	350m:				
100m: 1:09.39	200m: 2:26.55	300m: 3:44.27	400m: 4:59.21				
PK B K, PATRYK	99 Muszelka Warszawa	<b>5:12.57</b>	349	1:15.82	1:20.37	1:18.93	1:17.45
50m:	150m:	250m:	350m:				
100m: 1:15.82	200m: 2:36.19	300m: 3:55.12	400m: 5:12.57				