

Główne Mistrzostwa Województwa Lubelskiego  
Puławy, 22- - 23-6-2013

Konkurencja 18  
2013-06-22 - 16:08

M czynn, 400m dowolny

12 lat i starsi  
Wyniki

TOP LOZP Open	3:57.56	witkowski Jan	01003	Ostrowiec Sw.	2012
TOP LOZP 12	4:45.31	witkowski Jan	01003	Krasnik	2006
TOP LOZP 13	4:29.39	Wiak Jakub	00503	Oswiecim	2008
TOP LOZP 14	4:11.78	Hołub Jan	00303	Debica	2010
TOP LOZP 15	4:10.01	Hołub Jan	00303	Oswiecim	2011
TOP LOZP 16	4:02.81	Kliza Mateusz	00303	Gorzow Wlkp.	2010
TOP LOZP 17	4:03.55	Kliza Mateusz	00303	Warsaw	2011
TOP LOZP 18	3:57.56	witkowski Jan	01003	Ostrowiec Sw.	2012

Punkty: FINA 2013

Pozycja	Rok ur.		Czas	Pkt.	100m	200m	300m	400m
<b>Młodzik</b>								
1.	00	Wiórko Dawid Orka Zamo	<b>5:17.11</b>	334	1:13.06	1:22.15	1:22.26	1:19.64
		50m: 1:13.06 100m: 1:13.06	150m: 2:35.21 200m: 2:35.21	250m: 3:57.47 300m: 3:57.47	350m: 5:17.11 400m: 5:17.11			
2.	00	Masiak Mateusz Fala Kra nik	<b>5:21.97</b>	319	1:15.65	1:23.32	1:23.36	1:19.64
		50m: 1:15.65 100m: 1:15.65	150m: 2:38.97 200m: 2:38.97	250m: 4:02.33 300m: 4:02.33	350m: 5:21.97 400m: 5:21.97			
3.	01	Koncki Bartłomiej Wisła Puławy	<b>5:47.66</b>	253	1:24.36	1:30.46	1:28.00	1:24.84
		50m: 1:24.36 100m: 1:24.36	150m: 2:54.82 200m: 2:54.82	250m: 4:22.82 300m: 4:22.82	350m: 5:47.66 400m: 5:47.66			
4.	01	Pranagal Jakub Avia widnik	<b>5:48.99</b>	250	1:24.74	1:32.28	1:29.37	1:22.60
		50m: 1:24.74 100m: 1:24.74	150m: 2:57.02 200m: 2:57.02	250m: 4:26.39 300m: 4:26.39	350m: 5:48.99 400m: 5:48.99			
5.	01	Dados Aleksander Wisła Puławy	<b>6:09.46</b>	211	1:26.94	1:35.74	1:35.28	1:31.50
		50m: 1:26.94 100m: 1:26.94	150m: 3:02.68 200m: 3:02.68	250m: 4:37.96 300m: 4:37.96	350m: 6:09.46 400m: 6:09.46			
<b>Junior</b>								
1.	98	Zapalski Konrad Fala Kra nik	<b>4:25.08</b>	572	1:01.96	1:07.29	1:08.50	1:07.33
		50m: 1:01.96 100m: 1:01.96	150m: 2:09.25 200m: 2:09.25	250m: 3:17.75 300m: 3:17.75	350m: 4:25.08 400m: 4:25.08			
2.	99	Prószynski Igor Fala Kra nik	<b>4:32.08</b>	529	1:05.35	1:09.02	1:09.84	1:07.87
		50m: 1:05.35 100m: 1:05.35	150m: 2:14.37 200m: 2:14.37	250m: 3:24.21 300m: 3:24.21	350m: 4:32.08 400m: 4:32.08			
3.	98	Bujak Kacper Lublinianka	<b>4:32.82</b>	524	1:04.90	1:09.73	1:10.34	1:07.85
		50m: 1:04.90 100m: 1:04.90	150m: 2:14.63 200m: 2:14.63	250m: 3:24.97 300m: 3:24.97	350m: 4:32.82 400m: 4:32.82			
4.	98	Lis Patryk Avia widnik	<b>4:33.21</b>	522	1:04.36	1:10.30	1:10.92	1:07.63
		50m: 1:04.36 100m: 1:04.36	150m: 2:14.66 200m: 2:14.66	250m: 3:25.58 300m: 3:25.58	350m: 4:33.21 400m: 4:33.21			
5.	98	muda Paweł Lublinianka	<b>4:33.65</b>	520	1:03.77	1:10.38	1:11.07	1:08.43
		50m: 1:03.77 100m: 1:03.77	150m: 2:14.15 200m: 2:14.15	250m: 3:25.22 300m: 3:25.22	350m: 4:33.65 400m: 4:33.65			
6.	99	Bryła Kamil Lublinianka	<b>4:37.71</b>	497	1:05.69	1:10.93	1:10.18	1:10.91
		50m: 1:05.69 100m: 1:05.69	150m: 2:16.62 200m: 2:16.62	250m: 3:26.80 300m: 3:26.80	350m: 4:37.71 400m: 4:37.71			
7.	98	Czerniak Konrad Skarpa Lublin	<b>4:42.87</b>	470	1:06.19	1:12.29	1:13.43	1:10.96
		50m: 1:06.19 100m: 1:06.19	150m: 2:18.48 200m: 2:18.48	250m: 3:31.91 300m: 3:31.91	350m: 4:42.87 400m: 4:42.87			
8.	99	Małyska Bartosz Skarpa Lublin	<b>4:54.38</b>	417	1:11.82	1:15.72	1:15.20	1:11.64
		50m: 1:11.82 100m: 1:11.82	150m: 2:27.54 200m: 2:27.54	250m: 3:42.74 300m: 3:42.74	350m: 4:54.38 400m: 4:54.38			
9.	99	Grabek Filip Lublinianka	<b>4:55.41</b>	413	1:09.63	1:15.35	1:15.71	1:14.72
		50m: 1:09.63 100m: 1:09.63	150m: 2:24.98 200m: 2:24.98	250m: 3:40.69 300m: 3:40.69	350m: 4:55.41 400m: 4:55.41			
10.	99	Drzewiecki Dawid Lublinianka	<b>5:07.91</b>	365	1:10.96	1:20.56	1:22.17	1:14.22
		50m: 1:10.96 100m: 1:10.96	150m: 2:31.52 200m: 2:31.52	250m: 3:53.69 300m: 3:53.69	350m: 5:07.91 400m: 5:07.91			
11.	99	Krawiec Maciej Fala Kra nik	<b>5:08.86</b>	361	1:14.51	1:20.06	1:19.51	1:14.78
		50m: 1:14.51 100m: 1:14.51	150m: 2:34.57 200m: 2:34.57	250m: 3:54.08 300m: 3:54.08	350m: 5:08.86 400m: 5:08.86			

Główne Mistrzostwa Województwa Lubelskiego  
Puławy, 22- - 23-6-2013

Konkurencja 18, Chłopców, 400m dowolny, Junior

Pozycja	Rok ur.	Czas	Pkt.	100m	200m	300m	400m
12. Kitka Jakub 50m: 100m: 1:11.33	99 Orka Zamo	<b>5:09.26</b>	360	1:11.33	1:19.38	1:20.01	1:18.54
	150m: 200m: 2:30.71	250m: 300m: 3:50.72		350m: 400m: 5:09.26			
13. S dław Wiktor 50m: 100m: 1:14.31	99 Orka Zamo	<b>5:09.62</b>	359	1:14.31	1:19.49	1:19.61	1:16.21
	150m: 200m: 2:33.80	250m: 300m: 3:53.41		350m: 400m: 5:09.62			
14. Wawrzy czak Alan 50m: 100m: 1:13.70	99 Skarpa Lublin	<b>5:12.80</b>	348	1:13.70	1:20.85	1:20.25	1:18.00
	150m: 200m: 2:34.55	250m: 300m: 3:54.80		350m: 400m: 5:12.80			
15. Pra mo Filip 50m: 100m: 1:16.28	99 Skarpa Lublin	<b>5:20.14</b>	324	1:16.28	1:21.65	1:22.18	1:20.03
	150m: 200m: 2:37.93	250m: 300m: 4:00.11		350m: 400m: 5:20.14			
16. Chałat Stanisław 50m: 100m: 1:16.34	99 Skarpa Lublin	<b>5:21.70</b>	320	1:16.34	1:24.16	1:21.45	1:19.75
	150m: 200m: 2:40.50	250m: 300m: 4:01.95		350m: 400m: 5:21.70			
17. Kawalec Lech 50m: 100m: 1:14.19	99 Orka Zamo	<b>5:22.89</b>	316	1:14.19	1:23.03	1:25.25	1:20.42
	150m: 200m: 2:37.22	250m: 300m: 4:02.47		350m: 400m: 5:22.89			
18. wi to Filip 50m: 100m: 1:19.60	99 Skarpa Lublin	<b>5:24.43</b>	312	1:19.60	1:24.56	1:23.13	1:17.14
	150m: 200m: 2:44.16	250m: 300m: 4:07.29		350m: 400m: 5:24.43			

Open

1. Kliza Mateusz 50m: 100m: 59.36	94 Avia widnik	<b>4:05.93</b>	716	59.36	1:02.41	1:02.82	1:01.34
	150m: 200m: 2:01.77	250m: 300m: 3:04.59		350m: 400m: 4:05.93			
2. Szymula Kamil 50m: 100m: 1:00.94	96 Avia widnik	<b>4:13.00</b>	658	1:00.94	1:04.03	1:03.31	1:04.72
	150m: 200m: 2:04.97	250m: 300m: 3:08.28		350m: 400m: 4:13.00			
3. Lis Przemysław 50m: 100m: 1:02.65	96 Avia widnik	<b>4:23.96</b>	579	1:02.65	1:07.57	1:07.88	1:05.86
	150m: 200m: 2:10.22	250m: 300m: 3:18.10		350m: 400m: 4:23.96			
4. Zapalski Konrad 50m: 100m: 1:01.96	98 Fala Kra nik	<b>4:25.08</b>	572	1:01.96	1:07.29	1:08.50	1:07.33
	150m: 200m: 2:09.25	250m: 300m: 3:17.75		350m: 400m: 4:25.08			
5. Sola Kornel 50m: 100m: 1:03.08	97 Fala Kra nik	<b>4:25.80</b>	567	1:03.08	1:08.35	1:08.01	1:06.36
	150m: 200m: 2:11.43	250m: 300m: 3:19.44		350m: 400m: 4:25.80			
6. rodek Arkadiusz 50m: 100m: 1:04.26	96 Lublinianka	<b>4:31.75</b>	531	1:04.26	1:09.25	1:10.23	1:08.01
	150m: 200m: 2:13.51	250m: 300m: 3:23.74		350m: 400m: 4:31.75			
7. Prószyński Igor 50m: 100m: 1:05.35	99 Fala Kra nik	<b>4:32.08</b>	529	1:05.35	1:09.02	1:09.84	1:07.87
	150m: 200m: 2:14.37	250m: 300m: 3:24.21		350m: 400m: 4:32.08			
8. Grzywa Karol 50m: 100m: 1:04.30	97 Fala Kra nik	<b>4:32.74</b>	525	1:04.30	1:08.90	1:09.73	1:09.81
	150m: 200m: 2:13.20	250m: 300m: 3:22.93		350m: 400m: 4:32.74			
9. Bujak Kacper 50m: 100m: 1:04.90	98 Lublinianka	<b>4:32.82</b>	524	1:04.90	1:09.73	1:10.34	1:07.85
	150m: 200m: 2:14.63	250m: 300m: 3:24.97		350m: 400m: 4:32.82			
10. Lis Patryk 50m: 100m: 1:04.36	98 Avia widnik	<b>4:33.21</b>	522	1:04.36	1:10.30	1:10.92	1:07.63
	150m: 200m: 2:14.66	250m: 300m: 3:25.58		350m: 400m: 4:33.21			
11. muda Paweł 50m: 100m: 1:03.77	98 Lublinianka	<b>4:33.65</b>	520	1:03.77	1:10.38	1:11.07	1:08.43
	150m: 200m: 2:14.15	250m: 300m: 3:25.22		350m: 400m: 4:33.65			
12. Bryła Kamil 50m: 100m: 1:05.69	99 Lublinianka	<b>4:37.71</b>	497	1:05.69	1:10.93	1:10.18	1:10.91
	150m: 200m: 2:16.62	250m: 300m: 3:26.80		350m: 400m: 4:37.71			

Główne Mistrzostwa Województwa Lubelskiego  
Puławy, 22- - 23-6-2013

Konkurencja 18, M czynn, 400m dowolny, Open

Pozycja	Rok ur.	Czas	Pkt.	100m	200m	300m	400m
13. Czerniak Konrad 50m: 100m: 1:06.19	98 Skarpa Lublin 150m: 200m: 2:18.48	<b>4:42.87</b> 250m: 300m: 3:31.91	470	1:06.19	1:12.29	1:13.43	1:10.96
14. Komosa Mateusz 50m: 100m: 1:07.47	95 Avia widnik 150m: 200m: 2:23.41	<b>4:46.46</b> 250m: 300m: 3:36.04	453	1:07.47	1:15.94	1:12.63	1:10.42
15. Bartnik Mateusz 50m: 100m: 1:08.72	96 Olimpijczyk 23 Lublin 150m: 200m: 2:21.42	<b>4:47.16</b> 250m: 300m: 3:34.59	450	1:08.72	1:12.70	1:13.17	1:12.57
16. Małyska Bartosz 50m: 100m: 1:11.82	99 Skarpa Lublin 150m: 200m: 2:27.54	<b>4:54.38</b> 250m: 300m: 3:42.74	417	1:11.82	1:15.72	1:15.20	1:11.64
17. Grabek Filip 50m: 100m: 1:09.63	99 Lublinianka 150m: 200m: 2:24.98	<b>4:55.41</b> 250m: 300m: 3:40.69	413	1:09.63	1:15.35	1:15.71	1:14.72
18. Mazur Andrzej 50m: 100m: 1:08.23	95 Avia widnik 150m: 200m: 2:28.84	<b>5:05.60</b> 250m: 300m: 3:49.64	373	1:08.23	1:20.61	1:20.80	1:15.96
19. Drzewiecki Dawid 50m: 100m: 1:10.96	99 Lublinianka 150m: 200m: 2:31.52	<b>5:07.91</b> 250m: 300m: 3:53.69	365	1:10.96	1:20.56	1:22.17	1:14.22
20. Krawiec Maciej 50m: 100m: 1:14.51	99 Fala Kra nik 150m: 200m: 2:34.57	<b>5:08.86</b> 250m: 300m: 3:54.08	361	1:14.51	1:20.06	1:19.51	1:14.78
21. Kitka Jakub 50m: 100m: 1:11.33	99 Orka Zamo 150m: 200m: 2:30.71	<b>5:09.26</b> 250m: 300m: 3:50.72	360	1:11.33	1:19.38	1:20.01	1:18.54
22. S dław Wiktor 50m: 100m: 1:14.31	99 Orka Zamo 150m: 200m: 2:33.80	<b>5:09.62</b> 250m: 300m: 3:53.41	359	1:14.31	1:19.49	1:19.61	1:16.21
23. Wawrzy czak Alan 50m: 100m: 1:13.70	99 Skarpa Lublin 150m: 200m: 2:34.55	<b>5:12.80</b> 250m: 300m: 3:54.80	348	1:13.70	1:20.85	1:20.25	1:18.00
24. Wiórko Dawid 50m: 100m: 1:13.06	00 Orka Zamo 150m: 200m: 2:35.21	<b>5:17.11</b> 250m: 300m: 3:57.47	334	1:13.06	1:22.15	1:22.26	1:19.64
25. Pra mo Filip 50m: 100m: 1:16.28	99 Skarpa Lublin 150m: 200m: 2:37.93	<b>5:20.14</b> 250m: 300m: 4:00.11	324	1:16.28	1:21.65	1:22.18	1:20.03
26. Chałat Stanisław 50m: 100m: 1:16.34	99 Skarpa Lublin 150m: 200m: 2:40.50	<b>5:21.70</b> 250m: 300m: 4:01.95	320	1:16.34	1:24.16	1:21.45	1:19.75
27. Masiak Mateusz 50m: 100m: 1:15.65	00 Fala Kra nik 150m: 200m: 2:38.97	<b>5:21.97</b> 250m: 300m: 4:02.33	319	1:15.65	1:23.32	1:23.36	1:19.64
28. Kawalec Lech 50m: 100m: 1:14.19	99 Orka Zamo 150m: 200m: 2:37.22	<b>5:22.89</b> 250m: 300m: 4:02.47	316	1:14.19	1:23.03	1:25.25	1:20.42
29. wi to Filip 50m: 100m: 1:19.60	99 Skarpa Lublin 150m: 200m: 2:44.16	<b>5:24.43</b> 250m: 300m: 4:07.29	312	1:19.60	1:24.56	1:23.13	1:17.14
30. Koncki Bartłomiej 50m: 100m: 1:24.36	01 Wisła Puławy 150m: 200m: 2:54.82	<b>5:47.66</b> 250m: 300m: 4:22.82	253	1:24.36	1:30.46	1:28.00	1:24.84
31. Pranagal Jakub 50m: 100m: 1:24.74	01 Avia widnik 150m: 200m: 2:57.02	<b>5:48.99</b> 250m: 300m: 4:26.39	250	1:24.74	1:32.28	1:29.37	1:22.60
32. Dados Aleksander 50m: 100m: 1:26.94	01 Wisła Puławy 150m: 200m: 3:02.68	<b>6:09.46</b> 250m: 300m: 4:37.96	211	1:26.94	1:35.74	1:35.28	1:31.50