

Zimowe Mistrzostwa Województwa Łódzkiego pod patronatem Burmistrza Rawy Mazowieckiej
Rawy Mazowiecka, 4- - 5-2-2017

Konkurencja 17
2017-02-04 - 17:12

Kobiet, 400m dowolny

12 lat i starsi
Wyniki

Punkty: FINA 2016

Pozycja			Rok ur.							Czas	Pkt.
1.	Krauze Alicja		01	MAL WOPR Malbork						4:29.14	661
	50m:	32.18 32.18	150m:	1:40.82	34.19	250m:	2:48.95	33.93	350m:	3:56.62	33.50
	100m:	1:06.63 34.45	200m:	2:15.02	34.20	300m:	3:23.12	34.17	400m:	4:29.14	32.52
2.	Skibiak Klaudia		02	Dwójka Morena Gda sk						4:29.41	659
	50m:	31.37 31.37	150m:	1:39.48	34.13	250m:	2:47.85	34.02	350m:	3:56.32	34.38
	100m:	1:05.35 33.98	200m:	2:13.83	34.35	300m:	3:21.94	34.09	400m:	4:29.41	33.09
3.	Pi ko Natalia SŁ		02	MKS Jedyńka Łód						4:29.74	657
	50m:	32.14 32.14	150m:	1:40.29	33.92	250m:	2:48.70	33.95	350m:	3:56.98	34.05
	100m:	1:06.37 34.23	200m:	2:14.75	34.46	300m:	3:22.93	34.23	400m:	4:29.74	32.76
4.	Cynarska Weronika		03	IUKS Muszelka Warszawa						4:31.78	642
	50m:	32.30 32.30	150m:	1:40.94	34.16	250m:	2:49.75	34.58	350m:	3:58.18	34.07
	100m:	1:06.78 34.48	200m:	2:15.17	34.23	300m:	3:24.11	34.36	400m:	4:31.78	33.60
5.	D browska Wiktoria		03	UKS JAGIELLONKA Warszawa						4:33.27	632
	50m:	32.35 32.35	150m:	1:41.67	34.79	250m:	2:50.66	34.65	350m:	3:59.82	34.28
	100m:	1:06.88 34.53	200m:	2:16.01	34.34	300m:	3:25.54	34.88	400m:	4:33.27	33.45
6.	Mikołajczyk Maja		04	UKS SP 149 Łód						4:38.72	595
	50m:	32.38 32.38	150m:	1:42.58	35.31	250m:	2:54.31	35.83	350m:	4:04.80	34.76
	100m:	1:07.27 34.89	200m:	2:18.48	35.90	300m:	3:30.04	35.73	400m:	4:38.72	33.92
7.	Bednarek Zuzanna		01	MKS Jedyńka Łód						4:40.82	582
	50m:	32.01 32.01	150m:	1:40.97	34.80	250m:	2:51.44	35.35	350m:	4:04.30	36.43
	100m:	1:06.17 34.16	200m:	2:16.09	35.12	300m:	3:27.87	36.43	400m:	4:40.82	36.52
8.	Ziemacka Julia		03	IUKS Muszelka Warszawa						4:41.89	575
	50m:	32.66 32.66	150m:	1:42.45	35.25	250m:	2:53.95	35.88	350m:	4:06.35	36.47
	100m:	1:07.20 34.54	200m:	2:18.07	35.62	300m:	3:29.88	35.93	400m:	4:41.89	35.54
9.	Ulicka Alicja		01	UKS NAWA Skierniewice						4:45.32	555
	50m:		150m:	1:45.29	36.42	250m:	2:57.63	36.31	350m:	4:10.10	36.28
	100m:	1:08.87	200m:	2:21.32	36.03	300m:	3:33.82	36.19	400m:	4:45.32	35.22
10.	Badzian Natalia		03	IUKS Muszelka Warszawa						4:47.00	545
	50m:	33.30 33.30	150m:	1:45.30	36.13	250m:	2:57.89	36.30	350m:	4:10.76	36.51
	100m:	1:09.17 35.87	200m:	2:21.59	36.29	300m:	3:34.25	36.36	400m:	4:47.00	36.24
11.	Wrzesi ska Wiktoria		04	UKS 190 Łód						4:49.64	530
	50m:	35.15 35.15	150m:	1:49.28	36.88	250m:	3:02.17	36.03	350m:	4:14.90	36.07
	100m:	1:12.40 37.25	200m:	2:26.14	36.86	300m:	3:38.83	36.66	400m:	4:49.64	34.74
12.	Mikołajczyk Julia		01	UKS 190 Łód						4:53.65	509
	50m:	33.89 33.89	150m:	1:46.82	37.06	250m:	3:00.96	36.89	350m:	4:16.22	37.43
	100m:	1:09.76 35.87	200m:	2:24.07	37.25	300m:	3:38.79	37.83	400m:	4:53.65	37.43
13.	Witek Oliwia		04	UKS SP 149 Łód						4:57.52	489
	50m:	35.02 35.02	150m:	1:50.94	37.92	250m:	3:06.71	37.66	350m:	4:22.11	37.50
	100m:	1:13.02 38.00	200m:	2:29.05	38.11	300m:	3:44.61	37.90	400m:	4:57.52	35.41
14.	Grzelczyk Natalia SŁ		02	MKS Jedyńka Łód						4:58.17	486
	50m:	33.67 33.67	150m:	1:48.19	37.89	250m:	3:04.44	38.38	350m:	4:21.88	38.28
	100m:	1:10.30 36.63	200m:	2:26.06	37.87	300m:	3:43.60	39.16	400m:	4:58.17	36.29
15.	Wi ckowska Wiktoria		02	UKS JAGIELLONKA Warszawa						4:58.45	485
	50m:	34.66 34.66	150m:	1:51.73	38.43	250m:	3:08.46	38.94	350m:	4:23.79	37.96
	100m:	1:13.30 38.64	200m:	2:29.52	37.79	300m:	3:45.83	37.37	400m:	4:58.45	34.66
16.	Ciesielska Natalia		03	UKS SP 149 Łód						4:59.11	481
	50m:	34.87 34.87	150m:	1:49.95	37.97	250m:	3:06.40	38.07	350m:	4:22.31	37.68
	100m:	1:11.98 37.11	200m:	2:28.33	38.38	300m:	3:44.63	38.23	400m:	4:59.11	36.80
17.	Orłowska Zuzanna		02	UKS NAWA Skierniewice						5:00.68	474
	50m:	34.52 34.52	150m:	1:50.07	37.90	250m:	3:06.00	37.93	350m:	4:22.54	38.49
	100m:	1:12.17 37.65	200m:	2:28.07	38.00	300m:	3:44.05	38.05	400m:	5:00.68	38.14

Zimowe Mistrzostwa Województwa Łódzkiego pod patronatem Burmistrza Rawy Mazowieckiej
Rawa Mazowiecka, 4- - 5-2-2017

Konkurencja 17, Kobiet, 400m dowolny, 12 lat i starsi

Pozycja			Rok ur.					Czas	Pkt.		
18.	Marcinkowska Maja		05	UKS SP 149 Łód				5:01.70	469		
	50m:	35.91 35.91	150m:	1:52.29	38.21	250m:	3:08.45	38.06	350m:	4:24.83	38.09
	100m:	1:14.08 38.17	200m:	2:30.39	38.10	300m:	3:46.74	38.29	400m:	5:01.70	36.87
19.	Maciaszczyk Weronika		04	UKS SP 149 Łód				5:06.78	446		
	50m:	36.80 36.80	150m:	1:55.21	39.30	250m:	3:12.73	38.65	350m:	4:29.57	38.05
	100m:	1:15.91 39.11	200m:	2:34.08	38.87	300m:	3:51.52	38.79	400m:	5:06.78	37.21
20.	Pruszy ska Wiktoria		03	UKS JAGIELLONKA Warszawa				5:07.79	442		
	50m:	34.50 34.50	150m:	1:52.66	39.43	250m:	3:12.43	40.33	350m:	4:29.73	38.51
	100m:	1:13.23 38.73	200m:	2:32.10	39.44	300m:	3:51.22	38.79	400m:	5:07.79	38.06
21.	Błaszczyc Weronika		02	UKS Junior Kluczbork				5:08.07	441		
	50m:	34.64 34.64	150m:	1:50.98	38.69	250m:	3:09.47	39.60	350m:	4:28.80	39.80
	100m:	1:12.29 37.65	200m:	2:29.87	38.89	300m:	3:49.00	39.53	400m:	5:08.07	39.27
22.	Liwowska Maria		03	UKS "Pi tka" Konstantinów Łódz				5:11.56	426		
	50m:	34.98 34.98	150m:			250m:	3:13.03	40.14	350m:	4:33.66	40.36
	100m:	1:13.90 38.92	200m:	2:32.89		300m:	3:53.30	40.27	400m:	5:11.56	37.90
23.	Tamborek Kinga		04	UKS JAGIELLONKA Warszawa				5:12.06	424		
	50m:	35.09 35.09	150m:	1:55.04	39.99	250m:	3:14.16	39.55	350m:	4:33.83	39.61
	100m:	1:15.05 39.96	200m:	2:34.61	39.57	300m:	3:54.22	40.06	400m:	5:12.06	38.23
24.	Haładyn Kamila		04	UKS 190 Łód				5:12.24	423		
	50m:	35.67 35.67	150m:	1:54.24	39.99	250m:	3:15.41	40.44	350m:	4:35.01	39.82
	100m:	1:14.25 38.58	200m:	2:34.97	40.73	300m:	3:55.19	39.78	400m:	5:12.24	37.23
25.	Potemka Justyna		04	TP Olimpijczyk Aleksandrów				5:13.81	417		
	50m:	36.14 36.14	150m:	1:56.22	40.43	250m:	3:16.75	40.23	350m:	4:36.09	39.08
	100m:	1:15.79 39.65	200m:	2:36.52	40.30	300m:	3:57.01	40.26	400m:	5:13.81	37.72
26.	Biernacka Maja		04	MKS Jedynka Łód				5:14.29	415		
	50m:	34.94 34.94	150m:	1:54.85	40.04	250m:	3:15.18	40.17	350m:	4:35.73	39.89
	100m:	1:14.81 39.87	200m:	2:35.01	40.16	300m:	3:55.84	40.66	400m:	5:14.29	38.56
27.	Rozberg Adrianna		03	UKS "Pi tka" Konstantinów Łódz				5:16.14	408		
	50m:	35.49 35.49	150m:	1:55.13	39.61	250m:	3:15.85	40.31	350m:	4:37.40	40.49
	100m:	1:15.52 40.03	200m:	2:35.54	40.41	300m:	3:56.91	41.06	400m:	5:16.14	38.74
28.	Cencora Zofia		05	UKS 190 Łód				5:23.80	379		
	50m:	36.73 36.73	150m:	1:59.09	41.26	250m:	3:21.13		350m:	4:44.13	41.25
	100m:	1:17.83 41.10	200m:			300m:	4:02.88	41.75	400m:	5:23.80	39.67
29.	Górska Julia		04	UKS NAWA Skierniewice				5:23.84	379		
	50m:	35.36 35.36	150m:	1:57.90	41.13	250m:	3:21.43	41.84	350m:	4:45.22	41.76
	100m:	1:16.77 41.41	200m:	2:39.59	41.69	300m:	4:03.46	42.03	400m:	5:23.84	38.62
30.	Reznier Julia		02	Uks Kapry Armexim Pruszków				5:24.40	377		
	50m:	36.52 36.52	150m:	1:58.01	41.31	250m:	3:20.60	41.85	350m:	4:44.07	41.51
	100m:	1:16.70 40.18	200m:	2:38.75	40.74	300m:	4:02.56	41.96	400m:	5:24.40	40.33
31.	Zaj czkowska Ewa		04	SKS 137 Delfin Łód				5:24.57	377		
	50m:	36.30 36.30	150m:	1:57.47	41.45	250m:	3:22.18	42.50	350m:	4:45.80	41.07
	100m:	1:16.02 39.72	200m:	2:39.68	42.21	300m:	4:04.73	42.55	400m:	5:24.57	38.77
32.	Duban Karolina		04	Uks Kapry Armexim Pruszków				5:26.18	371		
	50m:	36.18 36.18	150m:	1:55.15	39.76	250m:	3:16.34	40.55	350m:	4:35.37	38.74
	100m:	1:15.39 39.21	200m:	2:35.79	40.64	300m:	3:56.63	40.29	400m:	5:26.18	50.81
33.	Sysio Zuzanna		04	MUKS "Wodnik" Łask				5:26.24	371		
	50m:	37.71 37.71	150m:	2:00.52	42.05	250m:	3:25.16	42.79	350m:	4:48.74	41.03
	100m:	1:18.47 40.76	200m:	2:42.37	41.85	300m:	4:07.71	42.55	400m:	5:26.24	37.50
34.	Jakóbczak Wiktoria		04	UKS 190 Łód				5:29.98	358		
	50m:	36.55 36.55	150m:	2:01.76	42.80	250m:	3:26.71	42.18	350m:	4:50.61	41.82
	100m:	1:18.96 42.41	200m:	2:44.53	42.77	300m:	4:08.79	42.08	400m:	5:29.98	39.37
35.	Filipek Wiktoria		05	UKS 190 Łód				5:32.33	351		
	50m:	39.09 39.09	150m:	2:03.66	42.49	250m:	3:28.48	42.06	350m:	4:51.83	41.52
	100m:	1:21.17 42.08	200m:	2:46.42	42.76	300m:	4:10.31	41.83	400m:	5:32.33	40.50

Zimowe Mistrzostwa Województwa Łódzkiego pod patronatem Burmistrza Rawy Mazowieckiej
Rawy Mazowiecka, 4- - 5-2-2017

Konkurencja 17, Kobiet, 400m dowolny, 12 lat i starsi

Pozycja					Rok ur.					Czas	Pkt.	
36.	widerska Zuzanna				04	UKS "Pi tka" Konstantinów Łódz				5:37.35	335	
	50m:	37.27	37.27	150m:	2:03.86	43.68	250m:	3:30.54	43.40	350m:	4:57.27	42.82
	100m:	1:20.18	42.91	200m:	2:47.14	43.28	300m:	4:14.45	43.91	400m:	5:37.35	40.08
37.	Kaczanowska Maja				05	TP Olimpijczyk Aleksandrów				5:43.45	318	
	50m:	38.42	38.42	150m:			250m:			350m:	5:01.63	43.29
	100m:	1:21.32	42.90	200m:			300m:	4:18.34		400m:	5:43.45	41.82
38.	Bujnowicz Laura				03	UKS "Pi tka" Konstantinów Łódz				5:45.16	313	
	50m:	35.43	35.43	150m:			250m:	3:31.73	45.85	350m:		
	100m:	1:16.04	40.61	200m:	2:45.88		300m:	4:17.40	45.67	400m:	5:45.16	
39.	Jarzy ska Gabriela				05	MUKS "Wodnik" Łask				5:54.31	289	
	50m:	38.79	38.79	150m:	2:07.98	45.71	250m:	3:41.03	47.05	350m:	5:08.33	43.09
	100m:	1:22.27	43.48	200m:	2:53.98	46.00	300m:	4:25.24	44.21	400m:	5:54.31	45.98
40.	Jawor Sandra				05	MKS Trójka Łód				5:55.85	286	
	50m:	41.19	41.19	150m:	2:12.05	45.99	250m:	3:44.11	46.70	350m:	5:14.73	45.66
	100m:	1:26.06	44.87	200m:	2:57.41	45.36	300m:	4:29.07	44.96	400m:	5:55.85	41.12
41.	Klimczak Julia				04	UKS "Pi tka" Konstantinów Łódz				6:09.11	256	
	50m:	42.33	42.33	150m:	2:16.71	46.73	250m:	3:52.05	48.03	350m:	5:25.86	46.90
	100m:	1:29.98	47.65	200m:	3:04.02	47.31	300m:	4:38.96	46.91	400m:	6:09.11	43.25
42.	Dulka Kinga				05	MKS Trójka Łód				6:21.84	231	
	50m:	42.19	42.19	150m:	2:18.95	48.17	250m:	3:56.37	48.32	350m:	5:35.52	48.99
	100m:	1:30.78	48.59	200m:	3:08.05	49.10	300m:	4:46.53	50.16	400m:	6:21.84	46.32
43.	Pecyna Weronika				04	Pływak Tomaszów Maz				6:52.10	184	
	50m:	42.19	42.19	150m:			250m:	4:11.70	54.99	350m:	6:01.08	55.58
	100m:	1:31.98	49.79	200m:	3:16.71		300m:	5:05.50	53.80	400m:	6:52.10	51.02
DYSKW.	Szl k Katarzyna				02	TP Olimpijczyk Aleksandrów				4:32.68		
	04											
	50m:	31.84	31.84	150m:	1:40.91	34.66	250m:	2:50.35	34.58	350m:	3:59.67	34.53
	100m:	1:06.25	34.41	200m:	2:15.77	34.86	300m:	3:25.14	34.79	400m:	4:32.68	33.01