

Zimowe Mistrzostwa Okręgu 2012
Nowa Ruda, 7- - 8-12-2012

Konkurencja 5
2012-12-07 - 10:45

Mężczyzn, 400m zmienny

10 lat i starsi
Wyniki

Punkty: FINA 2010

Pozycja			Rok ur.					Czas	Pkt.			
Młodzicy												
1.	WIEWIÓRKA Daniel		00	MUKS Aquarius Bielawa				6:10.28	263			
	50m:	35.29	35.29	150m:	2:07.95	49.76	250m:	3:48.04	53.27	350m:	5:27.74	44.43
	100m:	1:18.19	42.90	200m:	2:54.77	46.82	300m:	4:43.31	55.27	400m:	6:10.28	42.54
Junior												
1.	DRZYŻGA OSKAR		98	WKS I sk Wrocław				5:00.94	490			
	50m:	31.41	31.41	150m:	1:47.08	39.19	250m:	3:09.22	43.74	350m:	4:28.29	35.40
	100m:	1:07.89	36.48	200m:	2:25.48	38.40	300m:	3:52.89	43.67	400m:	5:00.94	32.65
2.	WAWRYCA Szymon		98	MUKP Just Swim Jelenia Góra				5:01.03	489			
	50m:	33.79	33.79	150m:	1:54.09	39.89	250m:	3:10.47	38.18	350m:	4:27.25	36.64
	100m:	1:14.20	40.41	200m:	2:32.29	38.20	300m:	3:50.61	40.14	400m:	5:01.03	33.78
3.	TUREK MAKSYMILIAN		98	WKS I sk Wrocław				5:03.72	476			
	50m:	31.39	31.39	150m:	1:48.23	40.06	250m:	3:09.76	42.73	350m:	4:29.35	36.14
	100m:	1:08.17	36.78	200m:	2:27.03	38.80	300m:	3:53.21	43.45	400m:	5:03.72	34.37
4.	OKUPNIK JAKUB		98	WKS I sk Wrocław				5:05.05	470			
	50m:	30.03	30.03	150m:	1:46.07	40.76	250m:	3:09.87	45.52	350m:	4:30.72	35.20
	100m:	1:05.31	35.28	200m:	2:24.35	38.28	300m:	3:55.52	45.65	400m:	5:05.05	34.33
5.	SZCZUTKOWSKI ROBERT		98	WKS I sk Wrocław				5:09.49	450			
	50m:	34.57	34.57	150m:	1:54.24	39.55	250m:	3:13.60	41.13	350m:	4:33.16	37.63
	100m:	1:14.69	40.12	200m:	2:32.47	38.23	300m:	3:55.53	41.93	400m:	5:09.49	36.33
6.	CWALINA PIOTR		98	WKS I sk Wrocław				5:12.01	439			
	50m:	32.28	32.28	150m:	1:49.19	40.29	250m:	3:15.00	46.20	350m:	4:37.44	35.93
	100m:	1:08.90	36.62	200m:	2:28.80	39.61	300m:	4:01.51	46.51	400m:	5:12.01	34.57
7.	GAWRON Oskar		99	WKS I sk Wrocław				5:21.88	400			
	50m:	33.38	33.38	150m:	1:58.84	42.96	250m:	3:23.49	43.57	350m:	4:46.13	37.72
	100m:	1:15.88	42.50	200m:	2:39.92	41.08	300m:	4:08.41	44.92	400m:	5:21.88	35.75
16 lat i starsi												
1.	WERTEPNY Damian		96	UKS Shark Rudna				4:37.79	623			
	50m:	29.07	29.07	150m:	1:36.43	34.38	250m:	2:49.42	39.38	350m:	4:04.64	34.39
	100m:	1:02.05	32.98	200m:	2:10.04	33.61	300m:	3:30.25	40.83	400m:	4:37.79	33.15
2.	SALIK Jakub		96	MKS Juvenia Wrocław				4:46.65	567			
	50m:	29.28	29.28	150m:	1:39.11	36.97	250m:	2:54.41	39.56	350m:	4:10.14	35.55
	100m:	1:02.14	32.86	200m:	2:14.85	35.74	300m:	3:34.59	40.18	400m:	4:46.65	36.51