

Otwarte Letnie Mistrzostwa Dolno I skiego OZP
WROCLAW, 1- - 2-6-2013

Konkurencja 25
2013-06-02 - 11:15

Kobiet, 400m dowolny

14 lat i starsi
Wyniki

Punkty: FINA 2012

Pozycja	Rok ur.			Czas	Pkt.	100m	200m	300m	400m
junior młodszy									
1.	FILIPEK, Jagoda	99	WKS I sk Wrocław	4:52.14	548	1:07.57	1:15.67	1:16.46	1:12.44
	50m: 31.63	31.63	150m: 1:44.73	37.16	250m: 3:01.15	37.91	350m: 4:16.96	37.26	
	100m: 1:07.57	35.94	200m: 2:23.24	38.51	300m: 3:39.70	38.55	400m: 4:52.14	35.18	
2.	WLEZIE, Gabriela	98	KS AZS AWF Wrocław	4:52.16	548	1:08.14	1:15.18	1:16.50	1:12.34
	50m: 32.11	32.11	150m: 1:45.21	37.07	250m: 3:01.49	38.17	350m: 4:17.40	37.58	
	100m: 1:08.14	36.03	200m: 2:23.32	38.11	300m: 3:39.82	38.33	400m: 4:52.16	34.76	
3.	SMAGA, Anna	98	WKS I sk Wrocław	4:52.54	546	1:09.53	1:15.12	1:15.21	1:12.68
	50m: 32.85	32.85	150m: 1:46.84	37.31	250m: 3:02.24	37.59	350m: 4:16.52	36.66	
	100m: 1:09.53	36.68	200m: 2:24.65	37.81	300m: 3:39.86	37.62	400m: 4:52.54	36.02	
4.	STAWARZ, Sandra	98	WKS I sk Wrocław	4:55.67	529	1:10.74	1:18.45	1:14.08	1:12.40
	50m: 33.83	33.83	150m: 1:49.19	38.45	250m: 3:06.12	36.93	350m: 4:20.25	36.98	
	100m: 1:10.74	36.91	200m: 2:29.19	40.00	300m: 3:43.27	37.15	400m: 4:55.67	35.42	
5.	DYKIJ, Dominika	98	WKS I sk Wrocław	4:57.99	516	1:09.15	1:16.82	1:16.31	1:15.71
	50m: 32.94	32.94	150m: 1:47.09	37.94	250m: 3:04.44	38.47	350m: 4:20.08	37.80	
	100m: 1:09.15	36.21	200m: 2:25.97	38.88	300m: 3:42.28	37.84	400m: 4:57.99	37.91	
6.	ZAJ C, Oliwia	98	MKS Juvenia Wrocław	5:02.10	496	1:11.92	1:17.75	1:17.21	1:15.22
	50m: 33.68	33.68	150m: 1:50.48	38.56	250m: 3:07.83	38.16	350m: 4:24.90	38.02	
	100m: 1:11.92	38.24	200m: 2:29.67	39.19	300m: 3:46.88	39.05	400m: 5:02.10	37.20	
7.	SADOWSKA, Klaudia	99	WKS I sk Wrocław	5:06.39	475	1:11.72	1:18.17	1:18.92	1:17.58
	50m: 33.74	33.74	150m: 1:50.31	38.59	250m: 3:09.01	39.12	350m: 4:28.26	39.45	
	100m: 1:11.72	37.98	200m: 2:29.89	39.58	300m: 3:48.81	39.80	400m: 5:06.39	38.13	
8.	KRZYWAK, Maria	99	UKP"TORPEDA"Olesnica	5:14.83	438	1:13.63	1:19.67	1:21.80	1:19.73
	50m: 34.72	34.72	150m: 1:53.33	39.70	250m: 3:12.84	39.54	350m: 4:35.00	39.90	
	100m: 1:13.63	38.91	200m: 2:33.30	39.97	300m: 3:55.10	42.26	400m: 5:14.83	39.83	
9.	PATOŁA, Anna	99	MKS Piast Głogów	5:21.11	413	1:12.99	1:22.37	1:24.00	1:21.75
	50m: 34.18	34.18	150m: 1:53.96	40.97	250m: 3:17.74	42.38	350m: 4:40.75	41.39	
	100m: 1:12.99	38.81	200m: 2:35.36	41.40	300m: 3:59.36	41.62	400m: 5:21.11	40.36	
10.	SZADEJ, Dominika	98	MKS Piast Głogów	5:35.20	363	1:16.12	1:24.87	1:27.73	1:26.48
	50m: 35.71	35.71	150m: 1:57.48	41.36	250m: 3:24.24	43.25	350m: 4:52.11	43.39	
	100m: 1:16.12	40.41	200m: 2:40.99	43.51	300m: 4:08.72	44.48	400m: 5:35.20	43.09	
junior									
1.	JASEK, Alicja	97	WKS I sk Wrocław	4:40.74	618	1:06.76	1:11.81	1:11.73	1:10.44
	50m: 32.12	32.12	150m: 1:42.52	35.76	250m: 2:54.30	35.73	350m: 4:06.02	35.72	
	100m: 1:06.76	34.64	200m: 2:18.57	36.05	300m: 3:30.30	36.00	400m: 4:40.74	34.72	
2.	CEKAŁA, Aleksandra	97	MKS Juvenia Wrocław	4:58.20	515	1:09.82	1:16.17	1:17.14	1:15.07
	50m: 32.93	32.93	150m: 1:47.57	37.75	250m: 3:04.39	38.40	350m: 4:21.22	38.09	
	100m: 1:09.82	36.89	200m: 2:25.99	38.42	300m: 3:43.13	38.74	400m: 4:58.20	36.98	
3.	ROMANOWICZ, Anna	97	Uks Shark Rudna	5:06.31	475	1:12.67	1:17.87	1:18.54	1:17.23
	50m: 34.49	34.49	150m: 1:51.09	38.42	250m: 3:09.41	38.87	350m: 4:27.84	38.76	
	100m: 1:12.67	38.18	200m: 2:30.54	39.45	300m: 3:49.08	39.67	400m: 5:06.31	38.47	
18 lat i starsi									
1.	BERNAT, Aleksandra	90	Ks Warta Poznan	4:29.18	701	1:02.82	1:08.15	1:09.62	1:08.59
	50m: 29.93	29.93	150m: 1:36.62	33.80	250m: 2:45.69	34.72	350m: 3:55.66	35.07	
	100m: 1:02.82	32.89	200m: 2:10.97	34.35	300m: 3:20.59	34.90	400m: 4:29.18	33.52	
2.	PO AROWSZCZYK, Beat	91	MKS Juvenia Wrocław	4:39.80	624	1:05.43	1:09.94	1:11.83	1:12.60
	50m: 31.55	31.55	150m: 1:40.04	34.61	250m: 2:50.85	35.48	350m: 4:03.73	36.53	
	100m: 1:05.43	33.88	200m: 2:15.37	35.33	300m: 3:27.20	36.35	400m: 4:39.80	36.07	