

Zimowe Mistrzostwa Okręgu 2013
Nowa Ruda, 13 - 14-12-2013

Konkurencja 6 Mężczyzn, 400m zmienny 11 lat i starsi
2013-12-13 - 12:05 Wyniki

Top Times DOZP Open	4:15.30	ZACZY SKI Karol	00601	Poznan	2013-11-30
Top Times DOZP - 11	6:02.42	OKUPNIK Jakub	00601	Nowa Ruda	2009-12-19
Top Times DOZP 12	5:10.50	WERTEPNY Damian	02201	Nowa Ruda	2008-12-13
Top Times DOZP 13	4:47.72	WERTEPNY Damian	02201	Gorzow Wlkp.	2009-12-12
Top Times DOZP 14	4:41.28	SZUBA Michał	00601	Nowa Ruda - Slupiec	2007-12-15
Top Times DOZP 15	4:26.43	KU WIK Maciej	00601	Poznan	2011-12-16
Top Times DOZP 16	4:26.57	KU WIK Maciej	00601	Debica	2012-03-16
Top Times DOZP 17	4:19.33	NACHTMAN Mateusz	00601	Ostrowiec Sw.	2012-12-20
Top Times DOZP 18	4:18.62	KUBKOWSKI Bartłomiej	00601	Poznan	2013-11-30
Top Times DOZP 19 +	4:15.30	ZACZY SKI Karol	00601	Poznan	2013-11-30

Punkty: FINA 2012

Pozycja Rok ur. Czas Pkt.

11-12 lat

1. DRZYZGA Damian	01	KS OSIR Bielawa	6:19.20	239
50m: 36.85 36.85	150m: 2:14.09	48.53	250m: 3:54.98	53.40
100m: 1:25.56 48.71	200m: 3:01.58	47.49	300m: 4:49.79	54.81
			350m: 5:35.64	45.85
			400m: 6:19.20	43.56

13-15 lat

1. WAWRYCA Szymon	98	MUKP Just Swim Jelenia Góra	4:46.47	555
50m: 31.19 31.19	150m: 1:46.95	39.00	250m: 3:00.73	36.65
100m: 1:07.95 36.76	200m: 2:24.08	37.13	300m: 3:39.60	38.87
			350m: 4:13.28	33.68
			400m: 4:46.47	33.19
2. TUREK Maksymilian	98	WKS I sk Wrocław DP	4:51.62	526
50m: 30.13 30.13	150m: 1:43.93	39.80	250m: 3:03.84	40.88
100m: 1:04.13 34.00	200m: 2:22.96	39.03	300m: 3:45.05	41.21
			350m: 4:18.92	33.87
			400m: 4:51.62	32.70
3. MASŁOWSKI Mateusz	98	WKS I sk Wrocław DP	4:52.94	519
50m: 31.27 31.27	150m: 1:47.10	39.26	250m: 3:07.19	42.32
100m: 1:07.84 36.57	200m: 2:24.87	37.77	300m: 3:49.40	42.21
			350m: 4:22.38	32.98
			400m: 4:52.94	30.56
4. POTOCKI Daniel	98	WKS I sk Wrocław DP	5:00.51	481
50m: 29.44 29.44	150m: 1:43.31	39.25	250m: 3:07.68	46.35
100m: 1:04.06 34.62	200m: 2:21.33	38.02	300m: 3:54.10	46.42
			350m: 4:28.08	33.98
			400m: 5:00.51	32.43
5. WIEWIÓRKA Daniel	00	KS OSIR Bielawa	5:36.10	344
50m: 32.15 32.15	150m: 1:53.82	43.26	250m: 3:24.07	47.07
100m: 1:10.56 38.41	200m: 2:37.00	43.18	300m: 4:13.14	49.07
			350m: 4:55.53	42.39
			400m: 5:36.10	40.57

DYSKW. OKUPNIK Jakub	98	WKS I sk Wrocław DP	4:53.23	
<i>O4 - Start wykonany przed sygnałem (przedwczesny start)</i>				
50m: 28.78 28.78	150m: 1:42.37	39.19	250m: 3:04.98	44.33
100m: 1:03.18 34.40	200m: 2:20.65	38.28	300m: 3:48.96	43.98
			350m: 4:22.83	33.87
			400m: 4:53.23	30.40

16 lat i starsi

1. WERTEPNY Damian	96	UKS Shark Rudna	4:33.22	640
50m: 28.65 28.65	150m: 1:35.48	33.51	250m: 2:48.86	40.48
100m: 1:01.97 33.32	200m: 2:08.38	32.90	300m: 3:29.29	40.43
			350m: 4:01.34	32.05
			400m: 4:33.22	31.88
2. SALIK Jakub	96	MKS Juvenia Wrocław RP	4:40.21	593
50m: 29.81 29.81	150m: 1:40.39	36.96	250m: 2:54.50	38.06
100m: 1:03.43 33.62	200m: 2:16.44	36.05	300m: 3:33.20	38.70
			350m: 4:06.80	33.60
			400m: 4:40.21	33.41
3. DRZYZGA Oskar		WKS I sk Wrocław DP	4:44.68	566
50m: 28.69 28.69	150m: 1:40.50	38.47	250m: 2:58.93	39.59
100m: 1:02.03 33.34	200m: 2:19.34	38.84	300m: 3:39.55	40.62
			350m: 4:12.71	33.16
			400m: 4:44.68	31.97

