

Międzywojewódzkie Drużynowe Mistrzostwa Młodzików 12, 13 lat (strefa lubuska i dolnośląska – I runda)
Nowa Ruda, 20- - 21-3-2015

Konkurencja 7
2015-03-20 - 18:10

Dziewcząt, 400m dowolny

12 - 13 lat
Wyniki

Punkty: FINA 2014

Pozycja	Rok ur.	Czas	Pkt.
kategoria 12 lat			
1. OBAJTEK Aleksandra	03	5:16.59	406
50m: 35.31 35.31	150m: 1:54.14 40.23	250m: 3:15.06 40.49	350m: 4:36.90 40.83
100m: 1:13.91 38.60	200m: 2:34.57 40.43	300m: 3:56.07 41.01	400m: 5:16.59 39.69
2. MO DZAN Milena	03	5:36.85	337
50m: 36.62 36.62	150m: 2:01.34 43.72	250m: 3:28.64 43.39	350m: 4:57.88 44.50
100m: 1:17.62 41.00	200m: 2:45.25 43.91	300m: 4:13.38 44.74	400m: 5:36.85 38.97
3. KLONOWSKA Martyna	03	5:37.54	335
50m: 36.87 36.87	150m: 2:00.20 42.46	250m: 3:27.02 43.69	350m: 4:55.52 44.11
100m: 1:17.74 40.87	200m: 2:43.33 43.13	300m: 4:11.41 44.39	400m: 5:37.54 42.02
4. WCLEWSKA Aleksandra	03	5:38.48	332
50m: 37.51 37.51	150m: 2:01.05 42.22	250m: 3:27.74 43.27	350m: 4:55.72 43.94
100m: 1:18.83 41.32	200m: 2:44.47 43.42	300m: 4:11.78 44.04	400m: 5:38.48 42.76
5. MACIOŁA Maja	03	5:42.51	321
50m: 38.15 38.15	150m: 2:04.46 43.40	250m: 3:32.96 44.62	350m: 5:01.35 44.05
100m: 1:21.06 42.91	200m: 2:48.34 43.88	300m: 4:17.30 44.34	400m: 5:42.51 41.16
6. HANISZ Nina	03	5:47.52	307
50m: 37.37 37.37	150m: 2:04.29 44.20	250m: 3:35.06 45.69	350m: 5:04.90 44.05
100m: 1:20.09 42.72	200m: 2:49.37 45.08	300m: 4:20.85 45.79	400m: 5:47.52 42.62
7. AMROZIK Iga	03	5:47.71	306
50m: 39.03 39.03	150m: 2:06.14 43.39	250m: 3:33.78 43.12	350m: 5:03.59 43.43
100m: 1:22.75 43.72	200m: 2:50.66 44.52	300m: 4:20.16 46.38	400m: 5:47.71 44.12
8. PAWŁOWSKA Anita	03	5:51.07	298
50m: 38.40 38.40	150m: 2:07.41 45.17	250m: 3:38.83 46.28	350m: 5:09.67 44.53
100m: 1:22.24 43.84	200m: 2:52.55 45.14	300m: 4:25.14 46.31	400m: 5:51.07 41.40
9. SAWICKA Anna	03	5:51.69	296
50m: 37.01 37.01	150m: 2:06.58 45.89	250m: 3:37.32 45.22	350m: 5:05.10 43.44
100m: 1:20.69 43.68	200m: 2:52.10 45.52	300m: 4:21.66 44.34	400m: 5:51.69 46.59
10. HAJDUK Oliwia	03	5:54.88	288
50m: 38.79 38.79	150m: 2:11.86 47.07	250m: 3:45.18 46.06	350m: 5:15.25 44.18
100m: 1:24.79 46.00	200m: 2:59.12 47.26	300m: 4:31.07 45.89	400m: 5:54.88 39.63
11. WOJTCZAK Natalia	03	5:57.46	282
50m: 40.62 40.62	150m: 2:12.18 46.47	250m: 3:45.73 47.13	350m: 5:14.72 46.46
100m: 1:25.71 45.09	200m: 2:58.60 46.42	300m: 4:33.33 47.60	400m: 5:57.46
12. BIELIK Sandra	03	5:57.91	281
50m: 39.66 39.66	150m: 2:09.26 45.95	250m: 3:41.57 46.89	350m: 5:14.72 46.46
100m: 1:23.31 43.65	200m: 2:54.68 45.42	300m: 4:28.26 46.69	400m: 5:57.91 43.19
13. TURKOWSKA Aleksandra	03	5:59.78	276
50m: 38.78 38.78	150m: 2:09.82 46.88	250m: 3:45.66 47.86	350m: 5:18.86 45.29
100m: 1:22.94 44.16	200m: 2:57.80 47.98	300m: 4:33.57 47.91	400m: 5:59.78 40.92
14. WROSKA Alicja	03	6:09.66	255
50m: 39.04 39.04	150m: 2:13.66 47.91	250m: 3:51.33 49.17	350m: 5:28.84 48.74
100m: 1:25.75 46.71	200m: 3:02.16 48.50	300m: 4:40.10 48.77	400m: 6:09.66 40.82
15. OSTROWSKA Maja	03	6:10.23	254
50m: 41.68 41.68	150m: 2:15.40 47.53	250m: 3:52.29 48.65	350m: 5:26.42 45.88
100m: 1:27.87 46.19	200m: 3:03.64 48.24	300m: 4:40.54 48.25	400m: 6:10.23 43.81
16. PRUCHNIK Roksana	03	6:10.56	253
50m: 39.74 39.74	150m: 2:14.07 47.97	250m: 3:50.53 48.64	350m: 5:27.18 48.54
100m: 1:26.10 46.36	200m: 3:01.89 47.82	300m: 4:38.64 48.11	400m: 6:10.56 43.38
17. WESOŁOWSKA Martyna	03	6:13.52	247
50m: 41.31 41.31	150m: 2:17.10 48.73	250m: 3:54.41 49.08	350m: 5:31.67 48.43
100m: 1:28.37 47.06	200m: 3:05.33 48.23	300m: 4:43.24 48.83	400m: 6:13.52 41.85

Międzywojewódzkie Drużynowe Mistrzostwa Młodzików 12, 13 lat (strefa lubuska i dolnośląska – I runda)
Nowa Ruda, 20- - 21-3-2015

Konkurencja 7, Dziewcząt, 400m dowolny, kategoria 12 lat

Pozycja			Rok ur.					Czas	Pkt.
18.	JAROCKA Kamila		03	MKS Juwenia Wrocław			6:15.04	244	
	50m: 40.39	40.39	150m: 2:15.09	47.70	250m: 3:52.53	48.30	350m: 5:31.54	49.76	
	100m: 1:27.39	47.00	200m: 3:04.23	49.14	300m: 4:41.78	49.25	400m: 6:15.04	43.50	
19.	SKIBA Oliwia		03	KORNER Zielona Góra			6:18.51	237	
	50m: 38.89	38.89	150m: 2:13.79	48.78	250m: 3:51.42	49.11	350m: 5:31.44	50.13	
	100m: 1:25.01	46.12	200m: 3:02.31	48.52	300m: 4:41.31	49.89	400m: 6:18.51	47.07	
20.	ZDANOWICZ Klaudia		03	KP "Totis Viribus" wiebodziń			6:18.70	237	
	50m: 40.87	40.87	150m: 2:16.37	48.36	250m: 3:55.61	50.22	350m: 5:33.54	49.09	
	100m: 1:28.01	47.14	200m: 3:05.39	49.02	300m: 4:44.45	48.84	400m: 6:18.70	45.16	
21.	BOSACKA Barbara		03	MKS Juwenia Wrocław			6:18.92	237	
	50m: 41.15	41.15	150m: 2:16.12	48.38	250m: 3:54.19	48.96	350m: 5:30.50	47.83	
	100m: 1:27.74	46.59	200m: 3:05.23	49.11	300m: 4:42.67	48.48	400m: 6:18.92	48.42	
22.	SKWARCZEWSKA Kamila		03	UKS Energetyk Zgorzelec			6:22.24	230	
	50m: 41.38	41.38	150m: 2:19.51	49.48	250m: 3:57.19	48.72	350m: 5:36.12	49.16	
	100m: 1:30.03	48.65	200m: 3:08.47	48.96	300m: 4:46.96	49.77	400m: 6:22.24	46.12	
23.	CHOMIK Aleksandra		03	UKS KORAL Wrocław			6:29.25	218	
	50m: 42.13	42.13	150m: 2:20.93	50.59	250m: 4:02.59	50.58	350m: 5:44.56	50.63	
	100m: 1:30.34	48.21	200m: 3:12.01	51.08	300m: 4:53.93	51.34	400m: 6:29.25	44.69	
24.	MAZURKIEWICZ Beata		03	MKS Juwenia Wrocław			6:29.68	217	
	50m: 42.67	42.67	150m: 2:20.72	50.01	250m: 4:03.57	51.58	350m: 5:42.43	47.86	
	100m: 1:30.71	48.04	200m: 3:11.99	51.27	300m: 4:54.57	51.00	400m: 6:29.68	47.25	
25.	BARAN Magdalena		03	MKS "MARLIN 7" Lubin			6:30.91	215	
	50m: 43.17	43.17	150m: 2:19.79	49.00	250m: 3:58.56	50.21	350m: 5:40.40	51.24	
	100m: 1:30.79	47.62	200m: 3:08.35	48.56	300m: 4:49.16	50.60	400m: 6:30.91	50.51	
26.	PORCZY SKA Emilia		03	UKS KORAL Wrocław			6:32.16	213	
	50m: 43.00	43.00	150m: 2:22.67	50.72	250m: 4:04.74	50.42	350m: 5:43.54	48.55	
	100m: 1:31.95	48.95	200m: 3:14.32	51.65	300m: 4:54.99	50.25	400m: 6:32.16	48.62	
27.	SKRZYPCZAK Kinga		03	MKS Juwenia Wrocław			6:32.73	212	
	50m: 41.82	41.82	150m: 2:21.25	51.08	250m: 4:01.67	51.03	350m:		
	100m: 1:30.17	48.35	200m: 3:10.64	49.39	300m: 4:51.39	49.72	400m: 6:32.73		
28.	KRAWIEC Laura		03	MKS Juwenia Wrocław			6:32.92	212	
	50m: 41.65	41.65	150m: 2:21.58	50.54	250m: 4:02.91	50.45	350m: 5:44.04	49.74	
	100m: 1:31.04	49.39	200m: 3:12.46	50.88	300m: 4:54.30	51.39	400m: 6:32.92	48.88	
29.	CHOJCAN Maria		03	MKS Juwenia Wrocław			6:32.98	212	
	50m: 41.81	41.81	150m: 2:22.38	50.96	250m: 4:05.03	51.15	350m: 5:45.45	50.09	
	100m: 1:31.42	49.61	200m: 3:13.88	51.50	300m: 4:55.36	50.33	400m: 6:32.98	47.53	
30.	MA LEJ Iga		03	MKS Juwenia Wrocław			6:35.25	208	
	50m: 40.11	40.11	150m: 2:21.03	51.73	250m: 4:03.76	50.76	350m: 5:45.46	50.37	
	100m: 1:29.30	49.19	200m: 3:13.00	51.97	300m: 4:55.09	51.33	400m: 6:35.25	49.79	
31.	FIUTA Aleksandra		03	MKS Juwenia Wrocław			6:42.08	198	
	50m: 45.57	45.57	150m: 2:26.86	51.16	250m: 4:09.25	51.13	350m: 5:52.61	51.56	
	100m: 1:35.70	50.13	200m: 3:18.12	51.26	300m: 5:01.05	51.80	400m: 6:42.08	49.47	
32.	MIECHOWSKA Maria		03	UKS KORAL Wrocław			6:42.79	197	
	50m: 44.25	44.25	150m: 2:26.22	52.33	250m: 4:10.08	51.22	350m: 5:51.67	49.60	
	100m: 1:33.89	49.64	200m: 3:18.86	52.64	300m: 5:02.07	51.99	400m: 6:42.79	51.12	
33.	BABISZEWSKA Weronika		03	MKS Juwenia Wrocław			6:50.97	185	
	50m: 45.10	45.10	150m: 2:30.45	52.96	250m: 4:15.83	52.61	350m: 5:58.06	49.44	
	100m: 1:37.49	52.39	200m: 3:23.22	52.77	300m: 5:08.62	52.79	400m: 6:50.97	52.91	
34.	KANIA Julia		03	MKS Juwenia Wrocław			6:52.22	184	
	50m: 43.73	43.73	150m: 2:27.62	52.27	250m: 4:13.36	53.08	350m: 6:01.20	54.23	
	100m: 1:35.35	51.62	200m: 3:20.28	52.66	300m: 5:06.97	53.61	400m: 6:52.22	51.02	
35.	ANDRZEJEWSKA Anna		03	UKS KORAL Wrocław			7:06.61	166	
	50m: 47.43	47.43	150m: 2:36.26	55.27	250m: 4:28.97	56.84	350m: 6:17.22	52.48	
	100m: 1:40.99	53.56	200m: 3:32.13	55.87	300m: 5:24.74	55.77	400m: 7:06.61	49.39	

Mi dzywojewództkie Dru ynowe Mistrzostwa Młodzików 12, 13 lat (strefa lubuska i dolno l ska– I runda)
Nowa Ruda, 20- - 21-3-2015

Konkurencja 7, Dziewcz t, 400m dowolny, kategoria 12 lat

Pozycja	Rok ur.	Mks	Czas	Pkt.
36. WINIARSKA Joanna	03	Mks Rokita Brzeg Dolny	7:32.15	139
50m: 48.77 48.77	150m: 3:42.26 1:55.84	250m: 5:38.64 57.98	350m:	
100m: 1:46.42 57.65	200m: 4:40.66 58.40	300m: 6:36.57 57.93	400m: 7:32.15	
37. GACEK Martyna	03	Mks Rokita Brzeg Dolny	7:35.86	136
50m: 46.81 46.81	150m: 2:42.24 59.35	250m: 4:41.67 1:00.55	350m: 6:40.29	59.35
100m: 1:42.89 56.08	200m: 3:41.12 58.88	300m: 5:40.94 59.27	400m: 7:35.86	55.57
NIE UK. RYCERZ Kinga	03	Mks Rokita Brzeg Dolny		

kategoria 13 lat

1. ZAWADZKA Hanna	02	KS REKIN wiebodzice	4:58.78	483
50m: 33.22 33.22	150m: 1:50.05 38.74	250m: 3:06.64 38.06	350m: 4:22.70	37.77
100m: 1:11.31 38.09	200m: 2:28.58 38.53	300m: 3:44.93 38.29	400m: 4:58.78	36.08
2. ŁUCZAK Dominika	02	KORNER Zielona Góra	5:13.40	419
50m: 36.86 36.86	150m: 1:57.92 40.70	250m: 3:19.33 40.34	350m: 4:37.72	39.14
100m: 1:17.22 40.36	200m: 2:38.99 41.07	300m: 3:58.58 39.25	400m: 5:13.40	35.68
3. KŁUSEK Maria	02	UKS DELFINEK Legnica	5:18.26	400
50m: 34.22 34.22	150m: 1:54.89 40.69	250m: 3:18.31 42.16	350m: 4:41.75	41.75
100m: 1:14.20 39.98	200m: 2:36.15 41.26	300m: 4:00.00 41.69	400m: 5:18.26	36.51
4. RERAK Gabriela	02	UKS KORAL Wrocław	5:20.33	392
50m: 34.46 34.46	150m: 1:55.31 40.86	250m: 3:18.41 41.92	350m: 4:41.61	41.49
100m: 1:14.45 39.99	200m: 2:36.49 41.18	300m: 4:00.12 41.71	400m: 5:20.33	38.72
5. ZDANOWICZ Hanna	02	Mkp Atol Olesnica	5:22.52	384
50m: 34.96 34.96	150m: 1:56.29 41.59	250m: 3:19.97 42.13	350m: 4:43.74	41.61
100m: 1:14.70 39.74	200m: 2:37.84 41.55	300m: 4:02.13 42.16	400m: 5:22.52	38.78
6. PALONKA Zuzanna	02	WKS L SK Wrocław	5:24.38	377
50m: 36.07 36.07	150m: 1:56.11 40.40	250m: 3:19.76 41.61	350m: 4:43.95	42.58
100m: 1:15.71 39.64	200m: 2:38.15 42.04	300m: 4:01.37 41.61	400m: 5:24.38	40.43
7. KOHL Oliwia	02	MKS Juvenia Wrocław	5:27.97	365
50m: 36.17 36.17	150m: 1:59.27 42.07	250m: 3:22.83 42.01	350m: 4:47.98	42.86
100m: 1:17.20 41.03	200m: 2:40.82 41.55	300m: 4:05.12 42.29	400m: 5:27.97	39.99
8. FRANKÓW Agnieszka	02	KS SVIDA widnica	5:29.49	360
50m: 36.67 36.67	150m: 1:59.97 42.68	250m: 3:25.34 42.97	350m: 4:48.29	40.57
100m: 1:17.29 40.62	200m: 2:42.37 42.40	300m: 4:07.72 42.38	400m: 5:29.49	41.20
9. MAZIAR Alicja	02	KS REKIN wiebodzice	5:29.94	359
50m: 36.46 36.46	150m: 2:00.63 42.74	250m: 3:26.11 42.47	350m: 4:50.53	41.70
100m: 1:17.89 41.43	200m: 2:43.64 43.01	300m: 4:08.83 42.72	400m: 5:29.94	39.41
10. FIJOŁ Patrycja	02	MKS "MARLIN 7" Lubin	5:30.18	358
50m: 37.40 37.40	150m: 2:00.19 41.78	250m: 3:25.47 42.53	350m: 4:50.50	42.47
100m: 1:18.41 41.01	200m: 2:42.94 42.75	300m: 4:08.03 42.56	400m: 5:30.18	39.68
11. SOCZOMSKA Pola	02	MKS Juvenia Wrocław	5:31.27	354
50m: 37.05 37.05	150m: 2:00.73 41.98	250m: 3:25.22 42.44	350m: 4:50.28	42.83
100m: 1:18.75 41.70	200m: 2:42.78 42.05	300m: 4:07.45 42.23	400m: 5:31.27	40.99
12. PROCE Marta	02	KS REKIN wiebodzice	5:35.23	342
50m: 37.31 37.31	150m: 2:01.75 42.97	250m: 3:27.41 42.81	350m: 4:53.19	43.36
100m: 1:18.78 41.47	200m: 2:44.60 42.85	300m: 4:09.83 42.42	400m: 5:35.23	42.04
13. ŁABU Tola	02	KORNER Zielona Góra	5:37.52	335
50m: 37.99 37.99	150m: 2:03.88 43.39	250m: 3:31.40 43.97	350m: 4:57.50	43.11
100m: 1:20.49 42.50	200m: 2:47.43 43.55	300m: 4:14.39 42.99	400m: 5:37.52	40.02
14. BOBI SKA Alicja	02	UKS KORAL Wrocław	5:42.62	320
50m: 37.31 37.31	150m: 2:02.56 43.27	250m: 3:30.45 44.12	350m: 4:59.60	44.95
100m: 1:19.29 41.98	200m: 2:46.33 43.77	300m: 4:14.65 44.20	400m: 5:42.62	43.02
15. L ZAK Michalina	02	WKS L SK Wrocław	5:54.29	290
50m: 39.55 39.55	150m: 2:06.86 43.80	250m: 3:37.37 45.61	350m: 5:09.95	46.30
100m: 1:23.06 43.51	200m: 2:51.76 44.90	300m: 4:23.65 46.28	400m: 5:54.29	44.34

Międzywojewódzkie Drużynowe Mistrzostwa Młodzików 12, 13 lat (strefa lubuska i dolnośląska – I runda)
Nowa Ruda, 20- - 21-3-2015

Konkurencja 7, Dziewcząt, 400m dowolny, kategoria 13 lat

Pozycja				Rok ur.					Czas	Pkt.		
16.	LEWICKA Oliwia			02	KS REKIN	wiebożyzice			5:56.26	285		
	50m:	39.18	39.18	150m:	2:08.19	45.17	250m:	3:40.06	46.08	350m:	5:11.51	45.55
	100m:	1:23.02	43.84	200m:	2:53.98	45.79	300m:	4:25.96	45.90	400m:	5:56.26	44.75
17.	TATARZY SKA Agata			02	WKS L SK	Wrocław			5:57.38	282		
	50m:	39.34	39.34	150m:	2:10.82	46.08	250m:	3:43.51	45.75	350m:	5:14.67	45.75
	100m:	1:24.74	45.40	200m:	2:57.76	46.94	300m:	4:28.92	45.41	400m:	5:57.38	42.71
18.	OLEJNIK Inga			02	MKS Juwenia	Wrocław			5:59.64	277		
	50m:	40.09	40.09	150m:	2:11.38	46.30	250m:	3:44.31	46.35	350m:	5:17.63	46.44
	100m:	1:25.08	44.99	200m:	2:57.96	46.58	300m:	4:31.19	46.88	400m:	5:59.64	42.01
19.	PRZECZEK Adrianna			02	MKS Juwenia	Wrocław			6:09.61	255		
	50m:	40.10	40.10	150m:	2:13.71	47.20	250m:	3:48.22	46.92	350m:	5:24.23	48.39
	100m:	1:26.51	46.41	200m:	3:01.30	47.59	300m:	4:35.84	47.62	400m:	6:09.61	45.38
20.	SZPAK Urszula			02	Mkp Atol	Olesnica			6:13.59	247		
	50m:	39.85	39.85	150m:	2:13.88	48.69	250m:	3:49.96	48.27	350m:	5:27.93	49.19
	100m:	1:25.19	45.34	200m:	3:01.69	47.81	300m:	4:38.74	48.78	400m:	6:13.59	45.66