

OSWiWS dzieci 11/12 lat w pływaniu (STREFA WROCLAWSKA) I
Wrocław, 25- - 26-11-2015

Konkurencja 3
2015-11-26 - 9:00

Dziewcz t, 400m dowolny

11 lat
Wyniki

Punkty: FINA 2014

Pozycja			Rok ur.					Czas	Pkt.		
1.	TRACZYK Justyna		04	Azs-Awf Wrocław				5:17.32	403		
	50m:	34.41 34.41	150m:	1:54.56	40.95	250m:	3:17.22	41.71	350m:	4:39.04	41.17
	100m:	1:13.61 39.20	200m:	2:35.51	40.95	300m:	3:57.87	40.65	400m:	5:17.32	38.28
2.	SIKORSKA Oliwia		04	MKS Juvenia Wrocław				5:28.90	362		
	50m:	35.46 35.46	150m:	1:58.06	40.67	250m:	3:23.28	43.21	350m:	4:48.77	42.59
	100m:	1:17.39 41.93	200m:	2:40.07	42.01	300m:	4:06.18	42.90	400m:	5:28.90	40.13
3.	SOKOŁOWSKA Dominika		04	KS Neptun widnica				5:30.61	356		
	50m:	36.01 36.01	150m:	1:58.50	42.20	250m:	3:28.22	47.11	350m:	4:50.43	41.99
	100m:	1:16.30 40.29	200m:	2:41.11	42.61	300m:	4:08.44	40.22	400m:	5:30.61	40.18
4.	KRUPA Milena		04	MKS Juvenia Wrocław				5:34.01	346		
	50m:	36.49 36.49	150m:	2:00.89	42.64	250m:	3:27.87	43.12	350m:	4:53.28	42.75
	100m:	1:18.25 41.76	200m:	2:44.75	43.86	300m:	4:10.53	42.66	400m:	5:34.01	40.73
5.	MACIUSZEK Wiktoria		04	Ks Champion Swimming Legnica				5:39.07	330		
	50m:	37.26 37.26	150m:	2:02.95	43.57	250m:	3:31.68	44.81	350m:	5:00.48	42.71
	100m:	1:19.38 42.12	200m:	2:46.87	43.92	300m:	4:17.77	46.09	400m:	5:39.07	38.59
6.	BOROWIAK Justyna		04	MKS Juvenia Wrocław				5:43.60	317		
	50m:	36.83 36.83	150m:	2:03.79	44.32	250m:	3:32.69	44.12	350m:	5:01.94	44.11
	100m:	1:19.47 42.64	200m:	2:48.57	44.78	300m:	4:17.83	45.14	400m:	5:43.60	41.66
7.	CHRYPLEWICZ Julia		04	KS REKIN wiebodzice				5:45.98	311		
	50m:	38.77 38.77	150m:	2:06.51	44.53	250m:	3:36.12	44.74	350m:	5:04.93	43.66
	100m:	1:21.98 43.21	200m:	2:51.38	44.87	300m:	4:21.27	45.15	400m:	5:45.98	41.05
8.	STRU YK Karolina		04	MKS Juvenia Wrocław				5:53.62	291		
	50m:	38.30 38.30	150m:	2:09.06	46.11	250m:	3:41.45	46.52	350m:	5:07.32	41.65
	100m:	1:22.95 44.65	200m:	2:54.93	45.87	300m:	4:25.67	44.22	400m:	5:53.62	46.30
9.	KUTYŁO Maria		04	KS REKIN wiebodzice				5:57.79	281		
	50m:	38.76 38.76	150m:	2:09.05	46.46	250m:	3:42.29	46.46	350m:	5:16.50	46.76
	100m:	1:22.59 43.83	200m:	2:55.83	46.78	300m:	4:29.74	47.45	400m:	5:57.79	41.29
10.	POŁE Anna		04	Uks Koral Wrocław				5:58.31	280		
	50m:	37.78 37.78	150m:	2:11.32	47.68	250m:	3:44.53	46.35	350m:	5:15.69	44.66
	100m:	1:23.64 45.86	200m:	2:58.18	46.86	300m:	4:31.03	46.50	400m:	5:58.31	42.62
11.	CZY YCKA Julia		04	Azs-Awf Wrocław				6:04.39	266		
	50m:	39.89 39.89	150m:	2:12.79	47.21	250m:	3:46.34	46.60	350m:	5:21.14	47.25
	100m:	1:25.58 45.69	200m:	2:59.74	46.95	300m:	4:33.89	47.55	400m:	6:04.39	43.25
12.	KRAWCZYK Jagoda		04	MKS Juvenia Wrocław				6:05.00	265		
	50m:	39.02 39.02	150m:	2:12.56	46.75	250m:	3:50.20	48.54	350m:	5:21.64	44.43
	100m:	1:25.81 46.79	200m:	3:01.66	49.10	300m:	4:37.21	47.01	400m:	6:05.00	43.36
13.	SANKOWSKA Karina		04	MKS Juvenia Wrocław				6:10.58	253		
	50m:	42.21 42.21	150m:	2:17.71	48.37	250m:	3:54.82	48.57	350m:	5:27.69	45.02
	100m:	1:29.34 47.13	200m:	3:06.25	48.54	300m:	4:42.67	47.85	400m:	6:10.58	42.89
14.	MROCZKOWSKA Malwina		04	MKS Juvenia Wrocław				6:12.39	249		
	50m:	39.50 39.50	150m:	2:14.17	47.79	250m:	3:51.62	49.24	350m:	5:28.44	47.78
	100m:	1:26.38 46.88	200m:	3:02.38	48.21	300m:	4:40.66	49.04	400m:	6:12.39	43.95
15.	HAŁYS Zuzanna		04	Uks Koral Wrocław				6:13.80	246		
	50m:	39.59 39.59	150m:	2:17.93	49.22	250m:	3:54.80	48.95	350m:	5:30.22	46.81
	100m:	1:28.71 49.12	200m:	3:05.85	47.92	300m:	4:43.41	48.61	400m:	6:13.80	43.58
16.	ZYS Angelika		04	Uks Koral Wrocław				6:14.35	245		
	50m:	42.92 42.92	150m:	2:19.67	47.96	250m:	3:57.35	48.46	350m:	5:32.08	46.41
	100m:	1:31.71 48.79	200m:	3:08.89	49.22	300m:	4:45.67	48.32	400m:	6:14.35	42.27

OSWiWS dzieci 11/12 lat w pływaniu (STREFA WROCLAWSKA) I
Wrocław, 25- - 26-11-2015

Konkurencja 3, Dziewcz t, 400m dowolny, 11 lat

Pozycja			Rok ur.					Czas	Pkt.
17.	MADEJ Weronika		04	WKS I sk Wrocław				6:16.86	240
	50m:	40.85 40.85	150m:	2:13.67 46.89	250m:	3:50.60 47.94	350m:	5:28.97 49.31	
	100m:	1:26.78 45.93	200m:	3:02.66 48.99	300m:	4:39.66 49.06	400m:	6:16.86 47.89	
18.	SZAŁAJ Paulina		04	MKS Juvenia Wrocław				6:17.83	239
	50m:	40.03 40.03	150m:	2:14.56 47.72	250m:	3:51.87 49.76	350m:	5:29.95 47.86	
	100m:	1:26.84 46.81	200m:	3:02.11 47.55	300m:	4:42.09 50.22	400m:	6:17.83 47.88	
19.	JUCHA Aleksandra		04	MKS Juvenia Wrocław				6:19.74	235
	50m:	40.51 40.51	150m:	2:13.61 46.48	250m:	3:51.98 49.81	350m:	5:30.62 48.97	
	100m:	1:27.13 46.62	200m:	3:02.17 48.56	300m:	4:41.65 49.67	400m:	6:19.74 49.12	
20.	REKOWSKA Wiktoria		04	MKS Juvenia Wrocław				6:20.94	233
	50m:	39.05 39.05	150m:	2:16.12 49.36	250m:	3:53.81 48.76	350m:	5:31.55 49.52	
	100m:	1:26.76 47.71	200m:	3:05.05 48.93	300m:	4:42.03 48.22	400m:	6:20.94 49.39	
21.	HERMAN Hanna		04	Uks Koral Wrocław				6:22.80	229
	50m:	42.70 42.70	150m:	2:17.70 47.67	250m:	3:56.88 50.30	350m:	5:37.22 50.25	
	100m:	1:30.03 47.33	200m:	3:06.58 48.88	300m:	4:46.97 50.09	400m:	6:22.80 45.58	
22.	KMIECIK Julia		04	MKS Juvenia Wrocław				6:26.18	223
	50m:	44.38 44.38	150m:	2:26.94 49.99	250m:	4:06.31 49.67	350m:	5:41.82 46.61	
	100m:	1:36.95 52.57	200m:	3:16.64 49.70	300m:	4:55.21 48.90	400m:	6:26.18 44.36	
23.	KAMI SKA Julia		04	MKS Juvenia Wrocław				6:30.24	217
	50m:	42.21 42.21	150m:	2:22.14 51.00	250m:	4:04.82 49.61	350m:	5:43.80 49.30	
	100m:	1:31.14 48.93	200m:	3:15.21 53.07	300m:	4:54.50 49.68	400m:	6:30.24 46.44	
24.	LIPIEC Martyna		04	Uks Koral Wrocław				6:31.36	215
	50m:	42.76 42.76	150m:	2:21.93 49.91	250m:	4:02.68 50.74	350m:	5:45.91 51.64	
	100m:	1:32.02 49.26	200m:	3:11.94 50.01	300m:	4:54.27 51.59	400m:	6:31.36 45.45	
25.	WITECKA Nina		04	Uks Koral Wrocław				6:31.83	214
	50m:	42.79 42.79	150m:	2:24.65 51.69	250m:	4:05.65 50.75	350m:	5:47.65 49.65	
	100m:	1:32.96 50.17	200m:	3:14.90 50.25	300m:	4:58.00 52.35	400m:	6:31.83 44.18	
26.	KOSTRZEWI SKA Amelia		04	WKS I sk Wrocław				6:34.67	209
	50m:	42.56 42.56	150m:	2:19.52 49.91	250m:	4:02.60 51.77	350m:	5:44.88 50.21	
	100m:	1:29.61 47.05	200m:	3:10.83 51.31	300m:	4:54.67 52.07	400m:	6:34.67 49.79	
27.	SIKORSKA Ada		04	MKS Juvenia Wrocław				6:34.84	209
	50m:	42.61 42.61	150m:	2:22.30 50.57	250m:	4:05.40 52.18	350m:	5:45.86 49.14	
	100m:	1:31.73 49.12	200m:	3:13.22 50.92	300m:	4:56.72 51.32	400m:	6:34.84 48.98	
28.	STRZELCZYK Klaudia		04	MKS Juvenia Wrocław				6:39.06	202
	50m:	40.08 40.08	150m:	2:19.24 50.53	250m:	4:02.37 51.84	350m:	5:49.45 52.73	
	100m:	1:28.71 48.63	200m:	3:10.53 51.29	300m:	4:56.72 54.35	400m:	6:39.06 49.61	
29.	GOCZLING Katarzyna		04	WKS I sk Wrocław				6:40.36	200
	50m:	42.94 42.94	150m:	2:24.70 51.88	250m:	4:08.75 52.76	350m:	5:51.78 50.80	
	100m:	1:32.82 49.88	200m:	3:15.99 51.29	300m:	5:00.98 52.23	400m:	6:40.36 48.58	
30.	LACH Maja		04	MKS Juvenia Wrocław				6:42.63	197
	50m:	43.44 43.44	150m:	2:25.82 52.14	250m:	4:09.54 51.01	350m:	5:55.49 52.43	
	100m:	1:33.68 50.24	200m:	3:18.53 52.71	300m:	5:03.06 53.52	400m:	6:42.63 47.14	
31.	JASIURA Julia		04	Uks Koral Wrocław				6:44.21	195
	50m:	47.89 47.89	150m:	2:25.93 52.32	250m:	4:11.56 54.20	350m:	5:56.08 51.87	
	100m:	1:33.61 45.72	200m:	3:17.36 51.43	300m:	5:04.21 52.65	400m:	6:44.21 48.13	
32.	JA KIEWICZ Natalia		04	MKS Juvenia Wrocław				6:45.05	194
	50m:	44.06 44.06	150m:	2:24.75 51.51	250m:	4:09.23 52.90	350m:	5:54.67 52.74	
	100m:	1:33.24 49.18	200m:	3:16.33 51.58	300m:	5:01.93 52.70	400m:	6:45.05 50.38	

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Wrocław, 25- - 26-11-2015

Konkurencja 3, Dziewcz t, 400m dowolny, 11 lat

Pozycja			Rok ur.					Czas	Pkt.
33.	GŁÓWKA Izabela		04	Uks Koral Wrocław				6:45.28	193
	50m:	42.48 42.48	150m:	2:26.56 52.09	250m:	4:12.30 53.47	350m:	5:56.26 51.58	
	100m:	1:34.47 51.99	200m:	3:18.83 52.27	300m:	5:04.68 52.38	400m:	6:45.28 49.02	
34.	SZAJNA Magdalena		04	Redeco Wrocław				6:50.04	187
	50m:	40.10 40.10	150m:	2:21.05 51.57	250m:	4:09.49 54.31	350m:	6:00.29 55.74	
	100m:	1:29.48 49.38	200m:	3:15.18 54.13	300m:	5:04.55 55.06	400m:	6:50.04 49.75	
35.	GOLDMAN Dorota		04	Uks Delfinek Legnica				6:53.16	182
	50m:	43.68 43.68	150m:	2:27.75 53.17	250m:	4:14.75 54.35	350m:	6:02.40 53.78	
	100m:	1:34.58 50.90	200m:	3:20.40 52.65	300m:	5:08.62 53.87	400m:	6:53.16 50.76	
36.	KOWALCZYK Zuzanna		04	Uks Koral Wrocław				6:53.30	182
	50m:	46.44 46.44	150m:	2:32.04 52.75	250m:	4:17.20 52.71	350m:	6:02.79 52.36	
	100m:	1:39.29 52.85	200m:	3:24.49 52.45	300m:	5:10.43 53.23	400m:	6:53.30 50.51	
37.	KUCYPERA Iga		04	WKS I sk Wrocław				6:58.11	176
	50m:	45.31 45.31	150m:	2:32.69 54.77	250m:	4:20.47 53.12	350m:	6:07.07 51.27	
	100m:	1:37.92 52.61	200m:	3:27.35 54.66	300m:	5:15.80 55.33	400m:	6:58.11 51.04	
38.	SANETRA Julia		04	MKS Juvenia Wrocław				7:04.97	168
	50m:	48.41 48.41	150m:	2:35.45 53.77	250m:	4:24.64 54.80	350m:	6:13.78 54.77	
	100m:	1:41.68 53.27	200m:	3:29.84 54.39	300m:	5:19.01 54.37	400m:	7:04.97 51.19	
39.	DZIUBA Agnieszka		04	MKS Juvenia Wrocław				7:08.97	163
	50m:	45.54 45.54	150m:	2:30.47 53.23	250m:	4:22.04 55.69	350m:	6:14.80 56.30	
	100m:	1:37.24 51.70	200m:	3:26.35 55.88	300m:	5:18.50 56.46	400m:	7:08.97 54.17	
40.	WOJTUSIK Julia		04	Uks Delfinek Legnica				7:09.50	162
	50m:	44.64 44.64	150m:	2:35.06 56.21	250m:	4:26.94 56.18	350m:	6:21.45 58.78	
	100m:	1:38.85 54.21	200m:	3:30.76 55.70	300m:	5:22.67 55.73	400m:	7:09.50 48.05	
41.	GAŁ ZA Julia		04	Uks Delfinek Legnica				7:15.34	156
	50m:	44.81 44.81	150m:	2:35.02 56.31	250m:	4:28.41 56.92	350m:	6:21.20 56.02	
	100m:	1:38.71 53.90	200m:	3:31.49 56.47	300m:	5:25.18 56.77	400m:	7:15.34 54.14	
42.	KURLETO Aleksandra		04	Uks Delfinek Legnica				7:18.80	152
	50m:	44.87 44.87	150m:	2:37.45 58.21	250m:	4:35.81 59.16	350m:	6:20.34 47.04	
	100m:	1:39.24 54.37	200m:	3:36.65 59.20	300m:	5:33.30 57.49	400m:	7:18.80 58.46	
43.	TOMCZAK Marlena		04	Uks Koral Wrocław				7:24.14	147
	50m:	46.19 46.19	150m:	2:40.25 56.81	250m:	4:36.12 58.67	350m:	6:29.18 55.23	
	100m:	1:43.44 57.25	200m:	3:37.45 57.20	300m:	5:33.95 57.83	400m:	7:24.14 54.96	
44.	KRAJEWSKA Paulina		04	MKS Juvenia Wrocław				7:36.60	135
	50m:	49.69 49.69	150m:	2:47.28 59.68	250m:	4:47.47 1:00.28	350m:	6:46.96 58.50	
	100m:	1:47.60 57.91	200m:	3:47.19 59.91	300m:	5:48.46 1:00.99	400m:	7:36.60 49.64	
45.	PASZKIEWICZ Hanna		04	MKS Juvenia Wrocław				7:38.84	133
	50m:	48.74 48.74	150m:	2:48.18 1:01.28	250m:	4:46.78 1:00.80	350m:	6:44.94 59.17	
	100m:	1:46.90 58.16	200m:	3:45.98 57.80	300m:	5:45.77 58.99	400m:	7:38.84 53.90	
46.	WOJTASIK Wiktoria		04	Uks Delfinek Legnica				7:42.08	130
	50m:	45.34 45.34	150m:	2:42.65 1:01.11	250m:	4:45.49 1:01.41	350m:	6:43.88 59.86	
	100m:	1:41.54 56.20	200m:	3:44.08 1:01.43	300m:	5:44.02 58.53	400m:	7:42.08 58.20	
47.	MIERZWA Aleksandra		04	Uks Koral Wrocław				7:42.13	130
	50m:	48.91 48.91	150m:	2:45.47 58.82	250m:	4:46.10 1:00.62	350m:	6:47.82 1:00.47	
	100m:	1:46.65 57.74	200m:	3:45.48 1:00.01	300m:	5:47.35 1:01.25	400m:	7:42.13 54.31	
48.	KOSIOROWSKA Zofia		04	Uks Delfinek Legnica				8:23.90	100
	50m:	48.64 48.64	150m:	2:54.92 1:05.36	250m:	5:07.76 1:06.34	350m:	7:21.07 1:06.91	
	100m:	1:49.56 1:00.92	200m:	4:01.42 1:06.50	300m:	6:14.16 1:06.40	400m:	8:23.90 1:02.83	

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PK SANKOWSKA Maja	05	MKS Juvenia Wrocław	7:03.77	169	
50m: 43.64 43.64	150m: 2:32.88	55.34 250m: 4:22.02	54.64	350m: 6:10.21	53.96
100m: 1:37.54 53.90	200m: 3:27.38	54.50 300m: 5:16.25	54.23	400m: 7:03.77	53.56
PK MALACZEWSKA Maja	05	Uks Koral Wrocław	6:19.29	236	
50m: 43.20 43.20	150m: 2:20.10	48.19 250m: 3:58.80	49.30	350m: 5:35.28	47.95
100m: 1:31.91 48.71	200m: 3:09.50	49.40 300m: 4:47.33	48.53	400m: 6:19.29	44.01
PK MALACZEWSKA Malwina	05	Uks Koral Wrocław	6:10.61	253	
50m: 41.73 41.73	150m: 2:16.70	48.32 250m: 3:52.56	48.61	350m: 5:25.42	43.49
100m: 1:28.38 46.65	200m: 3:03.95	47.25 300m: 4:41.93	49.37	400m: 6:10.61	45.19
PK SOLARZ Wiktoria	05	Uks Koral Wrocław	7:03.41	169	
50m: 45.20 45.20	150m: 2:31.49	54.02 250m: 4:21.85	55.60	350m: 6:10.05	53.85
100m: 1:37.47 52.27	200m: 3:26.25	54.76 300m: 5:16.20	54.35	400m: 7:03.41	53.36
PK WÓJTOWICZ Natalia	05	Uks Koral Wrocław	6:59.64	174	
50m: 44.28 44.28	150m: 2:30.94	54.21 250m: 4:20.86	55.78	350m: 6:08.47	52.98
100m: 1:36.73 52.45	200m: 3:25.08	54.14 300m: 5:15.49	54.63	400m: 6:59.64	51.17
PK B CLER Natalia	05	WKS I sk Wrocław	6:40.03	201	
50m: 43.80 43.80	150m: 2:25.02	51.65 250m: 4:09.88	51.87	350m: 5:52.27	50.16
100m: 1:33.37 49.57	200m: 3:18.01	52.99 300m: 5:02.11	52.23	400m: 6:40.03	47.76
PK BUK Matylda	05	WKS I sk Wrocław	6:38.71	203	
50m: 44.40 44.40	150m: 2:24.83	51.46 250m: 4:08.16	51.86	350m: 5:51.80	51.60
100m: 1:33.37 48.97	200m: 3:16.30	51.47 300m: 5:00.20	52.04	400m: 6:38.71	46.91
PK KRYSA Amelia	05	WKS I sk Wrocław	6:53.78	182	
50m: 43.62 43.62	150m: 2:29.31	53.15 250m: 4:18.29	54.93	350m: 6:02.00	50.58
100m: 1:36.16 52.54	200m: 3:23.36	54.05 300m: 5:11.42	53.13	400m: 6:53.78	51.78
PK MARCZY SKA Eliza	05	WKS I sk Wrocław	6:05.66	263	
50m: 40.10 40.10	150m: 2:13.22	47.06 250m: 3:47.63	47.06	350m: 6:05.66	1:31.64
100m: 1:26.16 46.06	200m: 3:00.57	47.35 300m: 4:34.02	46.39	400m: 6:05.66	
PK PLUTA Maja	05	WKS I sk Wrocław	6:39.79	201	
50m: 45.13 45.13	150m: 2:24.87	50.59 250m: 4:10.72	53.64	350m: 5:52.94	50.24
100m: 1:34.28 49.15	200m: 3:17.08	52.21 300m: 5:02.70	51.98	400m: 6:39.79	46.85
PK RADOCHO SKA Oliwia	05	WKS I sk Wrocław	6:50.54	186	
50m: 44.46 44.46	150m: 2:27.73	52.16 250m: 4:13.67	52.07	350m: 6:00.52	52.62
100m: 1:35.57 51.11	200m: 3:21.60	53.87 300m: 5:07.90	54.23	400m: 6:50.54	50.02
PK URBANOWICZ Zofia	05	WKS I sk Wrocław	6:51.55	185	
50m: 43.70 43.70	150m: 2:29.94	54.57 250m: 4:16.67	54.51	350m: 6:00.65	52.75
100m: 1:35.37 51.67	200m: 3:22.16	52.22 300m: 5:07.90	51.23	400m: 6:51.55	50.90
PK MAREK Karolina	05	MKS Juvenia Wrocław	6:46.17	192	
50m: 44.27 44.27	150m: 2:37.28	1:01.85 250m: 4:09.87	50.29	350m: 5:55.23	50.95
100m: 1:35.43 51.16	200m: 3:19.58	42.30 300m: 5:04.28	54.41	400m: 6:46.17	50.94