

Międzywojewódzkie Drużynowe Mistrzostwa Młodzików 12, 13 lat (strefa lubuska i dolnośląska – I runda)
Nowa Ruda, 18- - 19-3-2016

Konkurencja 7
2016-03-18 - 16:45

Dziewcząt, 400m dowolny

12 - 13 lat
Wyniki

Punkty: FINA 2015

Pozycja			Rok ur.							Czas	Pkt.	
kategoria 12 lat												
1.	TRACZYK Justyna		04	AZS AWF Wrocław						4:59.15	481	
	50m:	34.39	34.39	150m:	1:50.67	38.19	250m:	3:07.72	38.63	350m:	4:23.90	38.15
	100m:	1:12.48	38.09	200m:	2:29.09	38.42	300m:	3:45.75	38.03	400m:	4:59.15	35.25
2.	MACIUSZEK Wiktoria		04	CHAMPION SWIMMING Legnica						5:21.22	389	
	50m:	34.59	34.59	150m:	1:56.53	41.15	250m:	3:20.98	42.45	350m:	4:43.68	41.54
	100m:	1:15.38	40.79	200m:	2:38.53	42.00	300m:	4:02.14	41.16	400m:	5:21.22	37.54
3.	KRUPA Milena		04	MKS JUVENIA Wrocław DS						5:21.39	388	
	50m:	35.09	35.09	150m:	1:56.13	41.29	250m:	3:19.66	42.19	350m:	4:42.91	41.65
	100m:	1:14.84	39.75	200m:	2:37.47	41.34	300m:	4:01.26	41.60	400m:	5:21.39	38.48
4.	SOKOŁOWSKA Dominika		04	KS Neptun widnica						5:27.50	367	
	50m:	35.99	35.99	150m:	1:59.46	41.94	250m:	3:23.94	42.33	350m:	4:47.81	42.19
	100m:	1:17.52	41.53	200m:	2:41.61	42.15	300m:	4:05.62	41.68	400m:	5:27.50	39.69
5.	CHRYPLEWICZ Julia		04	KS REKIN wiebodzice						5:34.05	346	
	50m:	36.09	36.09	150m:	1:59.26	42.91	250m:	3:28.27	45.20	350m:	4:56.05	44.37
	100m:	1:16.35	40.26	200m:	2:43.07	43.81	300m:	4:11.68	43.41	400m:	5:34.05	38.00
6.	STRUŻYK Karolina		04	MKS JUVENIA Wrocław DS						5:34.39	344	
	50m:	38.77	38.77	150m:	2:05.37	43.44	250m:	3:30.85	42.50	350m:	4:55.62	42.32
	100m:	1:21.93	43.16	200m:	2:48.35	42.98	300m:	4:13.30	42.45	400m:	5:34.39	38.77
7.	JUNIK Laura		04	MKP ATOL Oleśnica						5:42.92	319	
	50m:	36.91	36.91	150m:	2:02.74	43.92	250m:	3:32.91	45.74	350m:	5:01.82	44.46
	100m:	1:18.82	41.91	200m:	2:47.17	44.43	300m:	4:17.36	44.45	400m:	5:42.92	41.10
8.	ZYS Angelika		04	UKS KORAL Wrocław CH						5:44.48	315	
	50m:	38.48	38.48	150m:	2:07.28	44.33	250m:	3:36.13	44.58	350m:	5:04.63	44.53
	100m:	1:22.95	44.47	200m:	2:51.55	44.27	300m:	4:20.10	43.97	400m:	5:44.48	39.85
9.	KUTYŁO Maria		04	KS REKIN wiebodzice						5:48.11	305	
	50m:	36.29	36.29	150m:	2:03.95	44.83	250m:	3:35.28	46.13	350m:	5:06.83	46.17
	100m:	1:19.12	42.83	200m:	2:49.15	45.20	300m:	4:20.66	45.38	400m:	5:48.11	41.28
10.	GRZEGORCZYŃ Oliwia		04	TOWARZYSTWO PŁYWACKIE Zielona Góra						5:55.92	286	
	50m:	40.27	40.27	150m:	2:08.51	44.24	250m:	3:38.25	44.46	350m:	5:06.45	44.34
	100m:	1:24.27	44.00	200m:	2:53.79	45.28	300m:	4:22.11	43.86	400m:	5:55.92	49.47
11.	DAMU Alicja		04	TOWARZYSTWO PŁYWACKIE Zielona Góra						5:57.31	282	
	50m:	39.31	39.31	150m:	2:11.07	45.66	250m:	3:43.30	45.12	350m:	5:14.65	45.40
	100m:	1:25.41	46.10	200m:	2:58.18	47.11	300m:	4:29.25	45.95	400m:	5:57.31	42.66
12.	SANKOWSKA Karina		04	MKS JUVENIA Wrocław RP						6:05.01	265	
	50m:	39.11	39.11	150m:	2:11.37	47.20	250m:	3:45.50	47.68	350m:	5:19.95	47.49
	100m:	1:24.17	45.06	200m:	2:57.82	46.45	300m:	4:32.46	46.96	400m:	6:05.01	45.06
13.	KAMIŃSKA Julia		04	MKS JUVENIA Wrocław DS						6:11.07	252	
	50m:	39.59	39.59	150m:	2:13.72	48.20	250m:	3:48.69	47.25	350m:	5:24.32	47.54
	100m:	1:25.52	45.93	200m:	3:01.44	47.72	300m:	4:36.78	48.09	400m:	6:11.07	46.75
14.	LIPIEC Martyna		04	UKS KORAL Wrocław CH						6:22.67	230	
	50m:	40.71	40.71	150m:	2:17.50	49.11	250m:	3:57.27	50.27	350m:	5:36.43	49.73
	100m:	1:28.39	47.68	200m:	3:07.00	49.50	300m:	4:46.70	49.43	400m:	6:22.67	46.24
15.	MADEJ Weronika		04	WKS LASK Wrocław WO						6:24.92	226	
	50m:	42.10	42.10	150m:	2:19.07	48.96	250m:	3:58.46	49.53	350m:	5:37.61	49.72
	100m:	1:30.11	48.01	200m:	3:08.93	49.86	300m:	4:47.89	49.43	400m:	6:24.92	47.31
16.	GŁÓWKA Izabela		04	UKS KORAL Wrocław CH						6:28.66	219	
	50m:	41.07	41.07	150m:	3:11.33	1:40.84	250m:	4:53.52	51.17	350m:	6:28.66	44.67
	100m:	1:30.49	49.42	200m:	4:02.35	51.02	300m:	5:43.99	50.47	400m:	6:28.66	

Międzywojewódzkie Drużynowe Mistrzostwa Młodzików 12, 13 lat (strefa lubuska i dolnośląska – I runda)
Nowa Ruda, 18- - 19-3-2016

Konkurencja 7, Dziewcząt, 400m dowolny, kategoria 12 lat

Pozycja				Rok ur.					Czas	Pkt.		
17.	GOLDMAN Dorota			04	Uks Delfinek Legnica Pir				6:30.75	216		
	50m:	42.80	42.80	150m:	2:24.42	51.45	250m:	4:06.60	51.00	350m:	5:46.03	49.41
	100m:	1:32.97	50.17	200m:	3:15.60	51.18	300m:	4:56.62	50.02	400m:	6:30.75	44.72
18.	WITECKA Nina			04	UKS KORAL Wrocław CH				6:45.93	192		
	50m:	42.92	42.92	150m:	2:27.40	53.15	250m:	4:13.27	52.85	350m:	5:57.24	51.01
	100m:	1:34.25	51.33	200m:	3:20.42	53.02	300m:	5:06.23	52.96	400m:	6:45.93	48.69
19.	TOMCZAK Marlena			04	UKS KORAL Wrocław CH				7:12.00	159		
	50m:	45.05	45.05	150m:	2:40.41	57.41	250m:	4:32.71	55.67	350m:		
	100m:	1:43.00	57.95	200m:	3:37.04	56.63	300m:	5:26.03	53.32	400m:	7:12.00	
20.	WOJTASIK Wiktoria			04	Uks Delfinek Legnica Pir				7:21.96	149		
	50m:	45.89	45.89	150m:	2:37.93	57.24	250m:	4:33.64	58.42	350m:	6:29.10	57.69
	100m:	1:40.69	54.80	200m:	3:35.22	57.29	300m:	5:31.41	57.77	400m:	7:21.96	52.86

kategoria 13 lat

1.	OBĄJTEK Aleksandra			03	KS REKIN wiebodzi				4:46.36	549		
	50m:	32.44	32.44	150m:	1:43.75	35.80	250m:	2:56.89	36.94	350m:	4:11.27	37.39
	100m:	1:07.95	35.51	200m:	2:19.95	36.20	300m:	3:33.88	36.99	400m:	4:46.36	35.09
2.	HELLAK Emilia			03	WKS L SK Wrocław PO				4:59.56	479		
	50m:	34.66	34.66	150m:	1:50.29	38.34	250m:	3:06.68	38.11	350m:	4:23.97	38.59
	100m:	1:11.95	37.29	200m:	2:28.57	38.28	300m:	3:45.38	38.70	400m:	4:59.56	35.59
3.	HAJDUK Oliwia			03	MKP ATOL Oleśnica				5:06.83	446		
	50m:	33.90	33.90	150m:	1:51.51	38.77	250m:	3:10.37	39.80	350m:	4:29.19	38.96
	100m:	1:12.74	38.84	200m:	2:30.57	39.06	300m:	3:50.23	39.86	400m:	5:06.83	37.64
4.	DUTKOWIAK Aleksandra			03	WKS L SK Wrocław PO				5:08.02	441		
	50m:	34.26	34.26	150m:	1:53.19	39.85	250m:	3:12.39	39.41	350m:	4:30.89	39.27
	100m:	1:13.34	39.08	200m:	2:32.98	39.79	300m:	3:51.62	39.23	400m:	5:08.02	37.13
5.	SKRZYPIEC Nika			03	MKS JUVENIA Wrocław RP				5:09.35	435		
	50m:	34.98	34.98	150m:	1:52.99	39.35	250m:	3:12.50	39.56	350m:	4:31.56	39.52
	100m:	1:13.64	38.66	200m:	2:32.94	39.95	300m:	3:52.04	39.54	400m:	5:09.35	37.79
6.	SZCZEPAN Emilia			03	MKS JUVENIA Wrocław AB				5:15.48	410		
	50m:	34.83	34.83	150m:	1:54.67	40.63	250m:	3:15.56	40.56	350m:	4:36.93	40.65
	100m:	1:14.04	39.21	200m:	2:35.00	40.33	300m:	3:56.28	40.72	400m:	5:15.48	38.55
7.	MUCHA Zofia			03	MKS JUVENIA Wrocław AB				5:17.63	402		
	50m:	37.26	37.26	150m:	1:57.04	39.82	250m:	3:17.28	39.89	350m:	4:39.24	41.18
	100m:	1:17.22	39.96	200m:	2:37.39	40.35	300m:	3:58.06	40.78	400m:	5:17.63	38.39
8.	SKIBA Oliwia			03	TOWARZYSTWO PŁYWACKIE Zielona Góra				5:18.50	399		
	50m:	34.77	34.77	150m:	1:54.68	40.29	250m:	3:15.72	40.48	350m:	4:37.07	40.65
	100m:	1:14.39	39.62	200m:	2:35.24	40.56	300m:	3:56.42	40.70	400m:	5:18.50	41.43
9.	WOJAKIEWICZ Matylda			03	AZS AWF Wrocław				5:23.43	381		
	50m:	36.07	36.07	150m:	1:56.77	40.82	250m:	3:18.68	41.29	350m:	4:43.09	42.16
	100m:	1:15.95	39.88	200m:	2:37.39	40.62	300m:	4:00.93	42.25	400m:	5:23.43	40.34
10.	SAWICKA Anna			03	TOWARZYSTWO PŁYWACKIE Zielona Góra				5:30.80	356		
	50m:	36.03	36.03	150m:	1:58.88	41.65	250m:	3:23.75	42.86	350m:	4:49.50	42.54
	100m:	1:17.23	41.20	200m:	2:40.89	42.01	300m:	4:06.96	43.21	400m:	5:30.80	41.30
11.	JAROCKA Kamila			03	MKS JUVENIA Wrocław AB				5:31.44	354		
	50m:	36.35	36.35	150m:	2:01.49	43.14	250m:	3:27.37	42.76	350m:	4:51.95	41.37
	100m:	1:18.35	42.00	200m:	2:44.61	43.12	300m:	4:10.58	43.21	400m:	5:31.44	39.49
12.	ZGAIŁSKA Anna			03	TOWARZYSTWO PŁYWACKIE Zielona Góra				5:34.02	346		
	50m:	37.61	37.61	150m:	2:01.33	42.46	250m:	3:26.41	42.66	350m:	4:51.92	43.12
	100m:	1:18.87	41.26	200m:	2:43.75	42.42	300m:	4:08.80	42.39	400m:	5:34.02	42.10

Międzywojewódzkie Drużynowe Mistrzostwa Młodzików 12, 13 lat (strefa lubuska i dolnośląska – I runda)
Nowa Ruda, 18- - 19-3-2016

Konkurencja 7, Dziewcząt, 400m dowolny, kategoria 13 lat

Pozycja			Rok ur.					Czas	Pkt.		
13.	PAWŁOWSKA Anita		03	MKS JUVENIA Wrocław AB				5:35.58	341		
	50m:	35.71 35.71	150m:	1:59.53	42.59	250m:	3:26.92	44.36	350m:	4:53.25	43.64
	100m:	1:16.94 41.23	200m:	2:42.56	43.03	300m:	4:09.61	42.69	400m:	5:35.58	42.33
14.	WESOŁOWSKA Martyna		03	UKS KORAL Wrocław LJ				5:35.92	340		
	50m:	37.13 37.13	150m:	2:01.35	42.79	250m:	3:28.66	44.00	350m:	4:55.97	43.15
	100m:	1:18.56 41.43	200m:	2:44.66	43.31	300m:	4:12.82	44.16	400m:	5:35.92	39.95
15.	KRAWIEC Laura		03	MKS JUVENIA Wrocław AB				5:37.19	336		
	50m:	37.32 37.32	150m:	2:03.24	43.10	250m:	3:30.69	43.88	350m:	4:56.89	42.32
	100m:	1:20.14 42.82	200m:	2:46.81	43.57	300m:	4:14.57	43.88	400m:	5:37.19	40.30
16.	HUMIENNA Idalia		03	MKS JUVENIA Wrocław RP				5:40.61	326		
	50m:	37.52 37.52	150m:	2:04.82	44.12	250m:	3:32.49	43.61	350m:	4:58.22	42.10
	100m:	1:20.70 43.18	200m:	2:48.88	44.06	300m:	4:16.12	43.63	400m:	5:40.61	42.39
17.	KERTY SKA Nadia		03	WKS L SK Wrocław PO				5:50.08	300		
	50m:	41.03 41.03	150m:	2:12.12	45.90	250m:	3:42.00	44.88	350m:	5:11.15	44.86
	100m:	1:26.22 45.19	200m:	2:57.12	45.00	300m:	4:26.29	44.29	400m:	5:50.08	38.93
18.	PRUCHNIK Roksana		03	MKS JUVENIA Wrocław RP				5:53.90	291		
	50m:	37.43 37.43	150m:	2:05.67	45.45	250m:	3:37.74	46.07	350m:	5:10.51	46.05
	100m:	1:20.22 42.79	200m:	2:51.67	46.00	300m:	4:24.46	46.72	400m:	5:53.90	43.39
19.	BIELIK Sandra		03	UKS KORAL Wrocław LJ				5:54.80	288		
	50m:	37.61 37.61	150m:	2:05.91	45.18	250m:	3:38.40	46.13	350m:	5:10.09	45.21
	100m:	1:20.73 43.12	200m:	2:52.27	46.36	300m:	4:24.88	46.48	400m:	5:54.80	44.71
20.	SKRZYPCZAK Kinga		03	MKS JUVENIA Wrocław RP				5:57.99	281		
	50m:	37.47 37.47	150m:	2:07.02	46.28	250m:	3:39.16	46.97	350m:	5:12.20	46.52
	100m:	1:20.74 43.27	200m:	2:52.19	45.17	300m:	4:25.68	46.52	400m:	5:57.99	45.79
21.	MASLEJ Iga		03	MKS JUVENIA Wrocław RP				5:58.36	280		
	50m:	35.85 35.85	150m:	2:03.76	44.65	250m:	3:33.90	44.85	350m:	5:10.82	48.10
	100m:	1:19.11 43.26	200m:	2:49.05	45.29	300m:	4:22.72	48.82	400m:	5:58.36	47.54
22.	MALEC Aleksandra		03	CHAMPION SWIMMING Legnica				6:00.15	276		
	50m:	38.32 38.32	150m:	2:10.44	45.65	250m:	3:42.74	46.23	350m:	5:15.37	45.47
	100m:	1:24.79 46.47	200m:	2:56.51	46.07	300m:	4:29.90	47.16	400m:	6:00.15	44.78
23.	ANDRZEJEWSKA Anna		03	UKS KORAL Wrocław LJ				6:02.85	269		
	50m:	39.97 39.97	150m:	2:13.57	47.84	250m:	3:46.68	46.16	350m:	5:19.44	46.20
	100m:	1:25.73 45.76	200m:	3:00.52	46.95	300m:	4:33.24	46.56	400m:	6:02.85	43.41
24.	KRASI SKA Ada		03	MKS JUVENIA Wrocław RP				6:03.19	269		
	50m:	39.98 39.98	150m:	2:14.15	47.89	250m:	3:48.48	47.15	350m:	5:21.89	46.03
	100m:	1:26.26 46.28	200m:	3:01.33	47.18	300m:	4:35.86	47.38	400m:	6:03.19	41.30
25.	MIECHOWSKA Maria		03	UKS KORAL Wrocław LJ				6:09.00	256		
	50m:	41.82 41.82	150m:	2:14.67	47.02	250m:	3:49.36	47.25	350m:	5:24.75	47.74
	100m:	1:27.65 45.83	200m:	3:02.11	47.44	300m:	4:37.01	47.65	400m:	6:09.00	44.25
26.	SKWARCZEWSKA Kamila		03	UKS Energetyk Zgorzelec				6:09.85	254		
	50m:	40.54 40.54	150m:	2:15.81	49.14	250m:	3:55.50	49.18	350m:	5:28.52	45.62
	100m:	1:26.67 46.13	200m:	3:06.32	50.51	300m:	4:42.90	47.40	400m:	6:09.85	41.33
27.	TRACZUK Katarzyna		03	WKS L SK Wrocław PO				6:10.59	253		
	50m:	40.22 40.22	150m:	2:14.23	46.59	250m:	3:50.14	48.80	350m:	5:24.40	45.30
	100m:	1:27.64 47.42	200m:	3:01.34	47.11	300m:	4:39.10	48.96	400m:	6:10.59	46.19
28.	BABISZEWSKA Weronika		03	MKS JUVENIA Wrocław RP				6:15.26	244		
	50m:	41.21 41.21	150m:	2:18.80	49.29	250m:	3:56.72	49.16	350m:	5:33.24	47.58
	100m:	1:29.51 48.30	200m:	3:07.56	48.76	300m:	4:45.66	48.94	400m:	6:15.26	42.02
29.	KANIA Julia		03	MKS JUVENIA Wrocław RP				6:16.45	241		
	50m:	39.38 39.38	150m:	2:13.22	47.85	250m:	3:51.22	49.98	350m:	5:29.90	48.90
	100m:	1:25.37 45.99	200m:	3:01.24	48.02	300m:	4:41.00	49.78	400m:	6:16.45	46.55

Międzywojewódzkie Drużynowe Mistrzostwa Młodzików 12, 13 lat (strefa lubuska i dolnośląska – I runda)
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Konkurencja 7, Dziewcząt, 400m dowolny, kategoria 13 lat

Pozycja				Rok ur.					Czas	Pkt.		
30.	JANICKA Natalia			03	UKS KORAL Wrocław LJ				6:16.60	241		
	50m:	40.93	40.93	150m:	2:15.80	48.61	250m:	3:53.33	49.06	350m:	5:31.16	48.81
	100m:	1:27.19	46.26	200m:	3:04.27	48.47	300m:	4:42.35	49.02	400m:	6:16.60	45.44
PK B	CLER Natalia			05	WKS L SK Wrocław WO				6:43.93	195		
	50m:	45.72	45.72	150m:	2:27.90	51.92	250m:	4:12.20	52.48	350m:	5:55.16	51.73
	100m:	1:35.98	50.26	200m:	3:19.72	51.82	300m:	5:03.43	51.23	400m:	6:43.93	48.77
PK	BUK Matylda			05	WKS L SK Wrocław WO				6:23.72	228		
	50m:	40.21	40.21	150m:	2:16.87	49.56	250m:	3:57.16	49.92	350m:	5:36.92	49.36
	100m:	1:27.31	47.10	200m:	3:07.24	50.37	300m:	4:47.56	50.40	400m:	6:23.72	46.80
PK	MARCZY SKA Eliza			05	WKS L SK Wrocław WO				5:57.63	281		
	50m:	38.69	38.69	150m:	2:09.02	45.37	250m:			350m:		
	100m:	1:23.65	44.96	200m:			300m:			400m:	5:57.63	