

XXII Ogólnopolskie Zawody Integracyjne w pływaniu
Wrocław, 28- - 29-5-2016

Konkurencja 12
2016-05-28 - 13:45

M czyzn, 400m dowolny

Open
Wyniki

Punkty: FINA 2015

Pozycja					Rok ur.						Czas	FINA	IPC
1.	BARTNIK, Mateusz				96	Start Lublin					4:38.30	443	729
	50m:	31.93	31.93	150m:	1:41.06	34.72	250m:	2:51.75	35.41	350m:	4:03.14	35.68	
	100m:	1:06.34	34.41	200m:	2:16.34	35.28	300m:	3:27.46	35.71	400m:	4:38.30	35.16	
2.	HREHOROWICZ, Igor					Start Wrocław					4:40.40	433	585
	50m:	32.51	32.51	150m:	1:43.61	35.85	250m:	2:56.25	36.45	350m:	4:06.46	35.30	
	100m:	1:07.76	35.25	200m:	2:19.80	36.19	300m:	3:31.16	34.91	400m:	4:40.40	33.94	
3.	WIERASZKA, Hubert				04	TOWARZYSTWO PŁYWACKIE Zielona					5:00.90	350	
	50m:	34.07	34.07	150m:	1:51.04	39.09	250m:	3:08.53	38.34	350m:	4:25.57	38.31	
	100m:	1:11.95	37.88	200m:	2:30.19	39.15	300m:	3:47.26	38.73	400m:	5:00.90	35.33	
4.	BUCZKOWSKI, Tomasz				04	TOWARZYSTWO PŁYWACKIE Zielona					5:01.49	348	
	50m:	34.48	34.48	150m:	1:51.49	39.25	250m:	3:08.25	37.42	350m:	4:26.50	38.78	
	100m:	1:12.24	37.76	200m:	2:30.83	39.34	300m:	3:47.72	39.47	400m:	5:01.49	34.99	
5.	BAWOLSKI, Kornel				04	TOWARZYSTWO PŁYWACKIE Zielona					5:10.59	319	
	50m:	34.76	34.76	150m:	1:52.77	39.64	250m:	3:12.32	39.42	350m:	4:32.45	39.97	
	100m:	1:13.13	38.37	200m:	2:32.90	40.13	300m:	3:52.48	40.16	400m:	5:10.59	38.14	
6.	GRZYB, Patryk				04	TOWARZYSTWO PŁYWACKIE Zielona					5:24.07	280	
	50m:	37.20	37.20	150m:	2:00.53	41.44	250m:	3:23.43	41.18	350m:	4:45.47	40.91	
	100m:	1:19.09	41.89	200m:	2:42.25	41.72	300m:	4:04.56	41.13	400m:	5:24.07	38.60	
7.	JAWOR, Patryk				01	START KATOWICE					6:09.87	188	255
	50m:	38.21	38.21	150m:	2:12.31	48.68	250m:	3:49.98	49.62	350m:	5:23.28	47.18	
	100m:	1:23.63	45.42	200m:	3:00.36	48.05	300m:	4:36.10	46.12	400m:	6:09.87	46.59	
8.	PRUSINOWSKI, Robert				01	START KATOWICE					6:47.89	140	232
	50m:	39.98	39.98	150m:	2:16.44	48.50	250m:	4:03.81	53.33	350m:	5:54.28	55.77	
	100m:	1:27.94	47.96	200m:	3:10.48	54.04	300m:	4:58.51	54.70	400m:	6:47.89	53.61	
9.	ZARBSKI, Tomasz				00	START KATOWICE					7:03.14	126	208
	50m:	44.35	44.35	150m:	2:23.64	50.96	250m:	4:11.85	55.09	350m:	6:07.08	58.09	
	100m:	1:32.68	48.33	200m:	3:16.76	53.12	300m:	5:08.99	57.14	400m:	7:03.14	56.06	
10.	NIEMANN, Damian					Start Wrocław					7:22.16	110	234
	50m:	50.14	50.14	150m:	2:39.31	55.57	250m:	4:31.38	55.88	350m:	6:21.28	54.68	
	100m:	1:43.74	53.60	200m:	3:35.50	56.19	300m:	5:26.60	55.22	400m:	7:22.16	1:00.88	
11.	TOMCZYK, Marcin				03	BLACK AQUA Kro nice					7:31.38	103	
	50m:	45.06	45.06	150m:	2:39.35	57.99	250m:	4:36.15	58.87	350m:	6:34.93	59.44	
	100m:	1:41.36	56.30	200m:	3:37.28	57.93	300m:	5:35.49	59.34	400m:	7:31.38	56.45	