

XXIII Ogólnopolskich Zawodów Integracyjnych w pływaniu
Wrocław, 20- - 21-5-2017

Konkurencja 11
2017-05-20

M czynn, 400m dowolny

Open
Wyniki

Punkty: FINA 2016

Pozycja			Rok ur.					Czas	FINA	IPC
1.	KARLI	SKI, Patryk	96	KSI START SZCZECIN				4:16.92	563	761
	50m:	28.19 28.19	150m:	2:03.91	1:04.83	250m:	4:16.92	1:06.17	350m:	6:22.94
	100m:	59.08 30.89	200m:	3:10.75	1:06.84	300m:			400m:	4:16.92
2.	KOWALSKI,	Patryk	94	SZANSA START Gda sk				4:22.45	528	714
	50m:	29.62 29.62	150m:	1:34.06	32.08	250m:	2:40.92	33.51	350m:	3:48.74 33.50
	100m:	1:01.98 34.36	200m:	2:07.41	33.35	300m:	3:15.24	34.32	400m:	4:22.45 33.71
3.	HREHOROWICZ,	Igor	02	Start Wrocław				4:35.19	458	619
	50m:	31.60 31.60	150m:	1:41.26	35.07	250m:	2:51.88	35.55	350m:	4:02.38 34.76
	100m:	1:06.19 34.59	200m:	2:16.33	35.07	300m:	3:27.62	35.74	400m:	4:35.19 32.81
4.	WOJNOWSKI,	Damian	03	Iukp Wodnik Police				4:36.13	454	
	50m:	31.23 31.23	150m:	1:41.83	35.19	250m:	2:52.76	35.43	350m:	4:02.81 34.79
	100m:	1:06.64 35.41	200m:	2:17.33	35.50	300m:	3:28.02	35.26	400m:	4:36.13 33.32
5.	CALI	SKI, Aleksy	04	MKS Juvenia Wrocław				4:36.61	451	
	50m:	30.86 30.86	150m:	1:40.91	35.27	250m:	2:52.44	35.65	350m:	4:03.30 35.18
	100m:	1:05.64 34.78	200m:	2:16.79	35.88	300m:	3:28.12	35.68	400m:	4:36.61 33.31
6.	SZYMCZAK,	Szymon	03	MKS Juvenia Wrocław				4:38.28	443	
	50m:		150m:			250m:			350m:	
	100m:		200m:			300m:			400m:	4:38.28
7.	PRUSINOWSKI,	Robert	01	WSSiRN START Katowice				6:51.98	136	214
	50m:	41.50 41.50	150m:	3:17.10	1:45.12	250m:			350m:	
	100m:	1:31.98 50.48	200m:	5:04.87	1:47.77	300m:			400m:	6:51.98
8.	KLICH,	Krystian	99	WSSiRN START Katowice				8:03.60	84	132
	50m:	51.77 51.77	150m:	2:52.01	1:01.87	250m:	4:56.23	1:02.28	350m:	7:00.57 1:01.05
	100m:	1:50.14 58.37	200m:	3:53.95	1:01.94	300m:	5:59.52	1:03.29	400m:	8:03.60 1:03.03
9.	WŁODYKA,	Denis	96	ZSR "START" Zielona Góra				10:20.15	40	85
	50m:	1:08.48 1:08.48	150m:	3:48.85	1:23.78	250m:	6:25.69	1:21.33	350m:	9:05.12 1:18.81
	100m:	2:25.07 1:16.59	200m:	5:04.36	1:15.51	300m:	7:46.31	1:20.62	400m:	10:20.15 1:15.03