

Międzywojewódzkie Drużynowe Mistrzostwa Młodzików 12, 13 lat (strefa lubuska i dolnośląska – I runda)
Nowa Ruda, 23- - 24-3-2018

Konkurencja 7
2018-03-23 - 17:56

Dziewcząt, 400m dowolny

10 - 13 lat
Wyniki

Top Times "Dolnośląski Okręgowy Związek Pływacki" 1ZIEBA Katarzyna POL Ostrowiec Sw. 2009-06-27
Top Times "Dolnośląski Okręgowy Związek Pływacki" 1TRACZYK Justyna POL Gorzów Wlkp 2017-06-17

Punkty: FINA 2017

Pozycja	Rok ur.	Czas	Pkt.
kategoria 12 lat			
1. TRACZYK Anna	06	Juvenia Wrocław	5:04.31 457
50m: 34.71 34.71	150m: 1:52.56 39.73	250m: 3:11.15 39.49	350m: 4:28.41 38.31
100m: 1:12.83 38.12	200m: 2:31.66 39.10	300m: 3:50.10 38.95	400m: 5:04.31 35.90
2. PITY SKA Klara	06	Juvenia Wrocław	5:13.46 418
50m: 34.24 34.24	150m: 1:52.63 40.11	250m: 3:13.62 39.74	350m: 4:34.60 40.24
100m: 1:12.52 38.28	200m: 2:33.88 41.25	300m: 3:54.36 40.74	400m: 5:13.46 38.86
3. JACH Tamara	06	Koral Wrocław	5:17.16 404
50m: 36.41 36.41	150m: 1:57.51 40.72	250m: 3:19.66 40.74	350m: 4:40.21 40.06
100m: 1:16.79 40.38	200m: 2:38.92 41.41	300m: 4:00.15 40.49	400m: 5:17.16 36.95
4. WIDNICKA Kamila	06	Rekin wiebodzię	5:29.43 360
50m:	150m:	250m:	350m:
100m:	200m:	300m:	400m: 5:29.43
5. GRZKA Roksana	06	TP Zielona Góra	5:35.47 341
50m: 37.53 37.53	150m: 2:02.44 43.17	250m: 3:28.06 42.29	350m: 4:54.07 43.13
100m: 1:19.27 41.74	200m: 2:45.77 43.33	300m: 4:10.94 42.88	400m: 5:35.47 41.40
6. BŁACH Amelia	06	Atol Oleśnica	5:35.67 341
50m: 37.37 37.37	150m: 2:02.99 42.92	250m: 3:27.97 41.48	350m: 4:50.02 39.64
100m: 1:20.07 42.70	200m: 2:46.49 43.50	300m: 4:10.38 42.41	400m: 5:35.67 45.65
7. GRELA Amelia	06	TP Zielona Góra	5:42.90 319
50m: 39.14 39.14	150m: 2:08.60 45.17	250m: 3:36.38 44.03	350m: 5:03.96 43.54
100m: 1:23.43 44.29	200m: 2:52.35 43.75	300m: 4:20.42 44.04	400m: 5:42.90 38.94
8. CHODOROWSKA Lena	06	Atol Oleśnica	5:45.42 312
50m: 39.20 39.20	150m: 2:07.05 44.72	250m: 3:35.55 44.51	350m: 5:04.86 44.49
100m: 1:22.33 43.13	200m: 2:51.04 43.99	300m: 4:20.37 44.82	400m: 5:45.42 40.56
9. DA KOWSKA Natalia	06	Juvenia Wrocław	5:45.67 312
50m: 37.76 37.76	150m: 2:03.54 43.46	250m: 3:32.68 44.60	350m: 5:03.05 45.25
100m: 1:20.08 42.32	200m: 2:48.08 44.54	300m: 4:17.80 45.12	400m: 5:45.67 42.62
10. HARTEL MAJA	06	AZS AWF Wrocław	5:48.94 303
50m: 39.11 39.11	150m: 2:07.10 44.82	250m: 3:35.69 44.21	350m: 5:06.27 45.03
100m: 1:22.28 43.17	200m: 2:51.48 44.38	300m: 4:21.24 45.55	400m: 5:48.94 42.67
11. MAZURKIEWICZ Marta	06	Juvenia Wrocław	5:52.84 293
50m: 39.07 39.07	150m: 2:08.01 45.40	250m: 3:40.19 46.04	350m: 5:11.67 45.60
100m: 1:22.61 43.54	200m: 2:54.15 46.14	300m: 4:26.07 45.88	400m: 5:52.84 41.17
12. KURANDA Magdalena	06	Juvenia Wrocław	6:00.52 275
50m: 38.55 38.55	150m: 2:09.29 45.61	250m: 3:42.53 46.59	350m: 5:15.21 46.21
100m: 1:23.68 45.13	200m: 2:55.94 46.65	300m: 4:29.00 46.47	400m: 6:00.52 45.31
13. ZAPORA Agata	06	Just Swim Jelenia Góra	6:03.63 268
50m: 37.25 37.25	150m: 2:08.50 46.30	250m: 3:42.68 47.25	350m: 5:19.01 48.41
100m: 1:22.20 44.95	200m: 2:55.43 46.93	300m: 4:30.60 47.92	400m: 6:03.63 44.62
14. GÓRSKA Amelia	06	Koral Wrocław	6:09.49 255
50m: 39.44 39.44	150m: 2:12.84 46.88	250m: 3:47.88 47.43	350m: 5:22.94 47.34
100m: 1:25.96 46.52	200m: 3:00.45 47.61	300m: 4:35.60 47.72	400m: 6:09.49 46.55



Międzywojewódzkie Drużynowe Mistrzostwa Młodzików 12, 13 lat (strefa lubuska i dolnośląska – I runda)
Nowa Ruda, 23- - 24-3-2018

Konkurencja 7, Dziewcząt, 400m dowolny, kategoria 12 lat

Pozycja	Imię i nazwisko		Rok ur.	Klub		Czas		Pkt.
15.	WOLAK Amelia		06	Atol Oleśnica		6:10.77		253
	50m:		150m:	250m:	350m:	5:29.43	48.96	
	100m:	1:27.24	200m:	300m:	400m:	6:10.77	41.34	
16.	WZOREK Michalina		06	I sk Wrocław		6:13.80		246
	50m:	41.23 41.23	150m:	2:16.59 48.47	250m:	3:53.42 48.34	350m:	5:30.11 48.35
	100m:	1:28.12 46.89	200m:	3:05.08 48.49	300m:	4:41.76 48.34	400m:	6:13.80 43.69
17.	MIKOŁAJCZYK Oliwia		06	I sk Wrocław		6:15.62		243
	50m:	40.83 40.83	150m:	2:14.72 47.81	250m:	3:51.70 48.66	350m:	
	100m:	1:26.91 46.08	200m:	3:03.04 48.32	300m:	4:41.33 49.63	400m:	6:15.62
18.	JOJKO Greta		06	Just Swim Jelenia Góra		6:19.93		235
	50m:	39.07 39.07	150m:	2:15.24 48.88	250m:	3:54.85 49.79	350m:	5:34.96 49.88
	100m:	1:26.36 47.29	200m:	3:05.06 49.82	300m:	4:45.08 50.23	400m:	6:19.93 44.97
19.	KOŁODYŃSKA Daria		06	Juvenia Wrocław		6:25.15		225
	50m:	37.95 37.95	150m:	2:14.30 49.07	250m:	3:53.38 50.23	350m:	
	100m:	1:25.23 47.28	200m:	3:03.15 48.85	300m:	4:43.69 50.31	400m:	6:25.15
20.	TERKA Karolina		06	Atol Oleśnica		6:34.18		210
	50m:	42.65 42.65	150m:	2:23.11 51.81	250m:	4:06.41 51.44	350m:	5:49.85 50.63
	100m:	1:31.30 48.65	200m:	3:14.97 51.86	300m:	4:59.22 52.81	400m:	6:34.18 44.33
21.	WOJTACZKA Weronika		06	Just Swim Jelenia Góra		6:36.27		207
	50m:	39.49 39.49	150m:	2:18.76 51.53	250m:	4:03.24 51.63	350m:	5:48.41 53.64
	100m:	1:27.23 47.74	200m:	3:11.61 52.85	300m:	4:54.77 51.53	400m:	6:36.27 47.86
22.	CHAŁUPCZAK Amelia		06	Koral Wrocław		6:45.79		193
	50m:	43.02 43.02	150m:	2:25.30 52.32	250m:	4:11.28 53.08	350m:	5:59.06 53.88
	100m:	1:32.98 49.96	200m:	3:18.20 52.90	300m:	5:05.18 53.90	400m:	6:45.79 46.73
23.	GOŁĘBIEWSKA Maja		06	Just Swim Jelenia Góra		7:04.97		168
	50m:	51.34 51.34	150m:	2:55.80 1:02.57	250m:	4:00.35	350m:	6:06.03 1:04.06
	100m:	1:53.23 1:01.89	200m:		300m:	5:01.97 1:01.62	400m:	7:04.97 58.94
24.	POPRAWA Zofia		06	Koral Wrocław		7:06.14		166
	50m:	45.82 45.82	150m:	2:34.19 55.88	250m:	4:25.97 56.12	350m:	6:17.32 55.48
	100m:	1:38.31 52.49	200m:	3:29.85 55.66	300m:	5:21.84 55.87	400m:	7:06.14 48.82
25.	GÓRKA Oliwia		06	Just Swim Jelenia Góra		7:19.02		152
	50m:	44.16 44.16	150m:	2:36.08 57.10	250m:	4:31.99 58.50	350m:	6:27.28 56.71
	100m:	1:38.98 54.82	200m:	3:33.49 57.41	300m:	5:30.57 58.58	400m:	7:19.02 51.74
DYSKW.	ARBACZEWSKA Alicja		06	Juvenia Wrocław		6:10.97		
	O-2							
	50m:	41.21 41.21	150m:	2:14.86 47.73	250m:	4:38.58 48.32	350m:	
	100m:	1:27.13 45.92	200m:	3:50.26 1:35.40	300m:	5:27.03 48.45	400m:	6:10.97

kategoria 13 lat

1.	KRZYWDA Amelia		05	Koral Wrocław		4:52.93		513
	50m:		150m:	1:44.04 36.89	250m:		350m:	
	100m:	1:07.15	200m:	2:21.61 37.57	300m:		400m:	4:52.93
2.	KSIĄŻKA Dominika		05	Just Swim Jelenia Góra		5:03.73		460
	50m:	33.04 33.04	150m:	1:49.79 38.98	250m:	3:08.25 39.05	350m:	4:26.28 38.77
	100m:	1:10.81 37.77	200m:	2:29.20 39.41	300m:	3:47.51 39.26	400m:	5:03.73 37.45



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Konkurencja 7, Dziewcząt, 400m dowolny, kategoria 13 lat

Pozycja		Rok ur.			Czas	Pkt.
3.	L. GA Maja	05	Neptun	widnica	5:04.38	457
	50m: 33.14 33.14		150m: 1:48.99 38.41	250m: 3:07.66 39.53	350m: 4:26.76 39.15	
	100m: 1:10.58 37.44		200m: 2:28.13 39.14	300m: 3:47.61 39.95	400m: 5:04.38 37.62	
4.	MAKUSZEWSKA Maja	05	Juvenia	Wrocław	5:06.12	449
	50m: 33.07 33.07		150m: 1:49.55 38.71	250m: 3:08.69 39.69	350m: 4:28.32 39.41	
	100m: 1:10.84 37.77		200m: 2:29.00 39.45	300m: 3:48.91 40.22	400m: 5:06.12 37.80	
5.	BATÓG Dominika	05	Szafir	Wałbrzych	5:09.77	433
	50m: 33.56 33.56		150m: 1:48.92 38.28	250m: 3:09.54 40.35	350m: 4:31.33 40.43	
	100m: 1:10.64 37.08		200m: 2:29.19 40.27	300m: 3:50.90 41.36	400m: 5:09.77 38.44	
6.	MALACZEWSKA Malwina	05	Koral	Wrocław	5:14.29	415
	50m: 34.41 34.41		150m: 1:53.92 40.40	250m: 3:15.56 41.07	350m: 4:37.03 40.08	
	100m: 1:13.52 39.11		200m: 2:34.49 40.57	300m: 3:56.95 41.39	400m: 5:14.29 37.26	
7.	KAMIENIARZ Kinga	05	Koral	Wrocław	5:17.11	404
	50m: 33.77 33.77		150m: 1:55.82 42.20	250m: 3:18.69 41.67	350m: 4:40.62 40.69	
	100m: 1:13.62 39.85		200m: 2:37.02 41.20	300m: 3:59.93 41.24	400m: 5:17.11 36.49	
8.	MIKŁOS Julia	05	Juvenia	Wrocław	5:17.64	402
	50m:		150m:	250m:	350m:	
	100m:		200m:	300m:	400m: 5:17.64	
9.	MARCZY SKA Eliza	05	I sk	Wrocław	5:18.34	399
	50m: 34.68 34.68		150m: 1:54.07 40.40	250m: 3:15.70 41.38	350m: 4:37.54 41.34	
	100m: 1:13.67 38.99		200m: 2:34.32 40.25	300m: 3:56.20 40.50	400m: 5:18.34 40.80	
10.	MAKSYMOWICZ Nina	05	Harpun	Osiecznica	5:22.92	383
	50m: 34.08 34.08		150m: 1:51.64 38.82	250m: 3:12.84 40.71	350m: 4:40.32 44.58	
	100m: 1:12.82 38.74		200m: 2:32.13 40.49	300m: 3:55.74 42.90	400m: 5:22.92 42.60	
11.	BANIA Zuzanna	05	I sk	Wrocław	5:32.28	351
	50m: 35.92 35.92		150m: 2:00.20 42.82	250m: 3:24.83 42.22	350m: 4:44.85 37.71	
	100m: 1:17.38 41.46		200m: 2:42.61 42.41	300m: 4:07.14 42.31	400m: 5:32.28 47.43	
12.	CAJZER Emilia	05	Rekin	wiebodzice	5:33.38	348
	50m: 35.83 35.83		150m: 1:59.24 42.41	250m: 3:26.37 43.64	350m: 4:53.05 42.97	
	100m: 1:16.83 41.00		200m: 2:42.73 43.49	300m: 4:10.08 43.71	400m: 5:33.38 40.33	
13.	MAKSYMOWICZ Nadia	05	Harpun	Osiecznica	5:33.50	347
	50m: 35.92 35.92		150m: 2:00.00 42.24	250m: 3:26.11 42.70	350m: 4:52.59 42.76	
	100m: 1:17.76 41.84		200m: 2:43.41 43.41	300m: 4:09.83 43.72	400m: 5:33.50 40.91	
14.	ZAKRZEWSKA Barbara	05	Uks	Krońska Przysa	5:36.71	337
	50m: 38.57 38.57		150m: 2:04.80 43.27	250m: 3:32.87 44.13	350m: 4:58.43 41.64	
	100m: 1:21.53 42.96		200m: 2:48.74 43.94	300m: 4:16.79 43.92	400m: 5:36.71 38.28	
15.	RAKUCKA Urszula	05	Just	Swim Jelenia Góra	5:38.04	333
	50m: 37.23 37.23		150m: 2:03.06 43.65	250m: 3:30.57 43.04	350m: 4:56.74 42.34	
	100m: 1:19.41 42.18		200m: 2:47.53 44.47	300m: 4:14.40 43.83	400m: 5:38.04 41.30	
16.	PAWLAK Patrycja	05	I sk	Wrocław	5:41.32	324
	50m: 38.27 38.27		150m: 2:05.37 44.00	250m: 3:32.86 43.64	350m: 5:00.89 42.90	
	100m: 1:21.37 43.10		200m: 2:49.22 43.85	300m: 4:17.99 45.13	400m: 5:41.32 40.43	
17.	SKLI SKA Maria	05	I sk	Wrocław	5:42.43	321
	50m: 34.40 34.40		150m:	250m:	350m: 5:00.57	
	100m:		200m:	300m:	400m: 5:42.43 41.86	



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Konkurencja 7, Dziewcząt, 400m dowolny, kategoria 13 lat

Pozycja			Rok ur.					Czas	Pkt.
18.	MARCINOWSKA Julia		05	Piaś Głogów				5:46.84	309
	50m:	36.83 36.83	150m:	2:02.94 44.25	250m:	3:33.03 45.12	350m:	5:03.87 45.85	
	100m:	1:18.69 41.86	200m:	2:47.91 44.97	300m:	4:18.02 44.99	400m:	5:46.84 42.97	
19.	ZOSUŁ Aleksandra		05	Koral Wrocław				5:48.33	305
	50m:	39.33 39.33	150m:	2:08.80 44.88	250m:	3:38.50 44.90	350m:	5:07.93 44.11	
	100m:	1:23.92 44.59	200m:	2:53.60 44.80	300m:	4:23.82 45.32	400m:	5:48.33 40.40	
20.	DROD Joanna		05	DELFINEK Legnica				5:52.83	293
	50m:	38.07 38.07	150m:	2:09.32 46.55	250m:	3:41.62 45.88	350m:	5:11.36 43.85	
	100m:	1:22.77 44.70	200m:	2:55.74 46.42	300m:	4:27.51 45.89	400m:	5:52.83 41.47	
21.	WIKAŁA Malwina		05	Just Swim Jelenia Góra				5:55.13	287
	50m:	40.09 40.09	150m:	2:10.79 45.97	250m:	3:42.09 45.27	350m:	5:12.24 44.57	
	100m:	1:24.82 44.73	200m:	2:56.82 46.03	300m:	4:27.67 45.58	400m:	5:55.13 42.89	
22.	DUDEK Justyna		05	Just Swim Jelenia Góra				5:56.11	285
	50m:	41.04 41.04	150m:	2:12.24 46.25	250m:	3:43.11 45.21	350m:	5:14.12 45.28	
	100m:	1:25.99 44.95	200m:	2:57.90 45.66	300m:	4:28.84 45.73	400m:	5:56.11 41.99	
23.	WITECKA Olga		05	Koral Wrocław				5:56.90	283
	50m:	38.72 38.72	150m:	2:09.35 45.86	250m:	3:41.32 45.77	350m:	5:14.87 46.89	
	100m:	1:23.49 44.77	200m:	2:55.55 46.20	300m:	4:27.98 46.66	400m:	5:56.90 42.03	
24.	FILIPIAK Kinga		05	Uks Krońska Przysa				5:57.73	281
	50m:	39.79 39.79	150m:	2:11.14 45.95	250m:	3:42.29 45.19	350m:	5:13.41 45.20	
	100m:	1:25.19 45.40	200m:	2:57.10 45.96	300m:	4:28.21 45.92	400m:	5:57.73 44.32	
25.	KOWALEWICZ Maja		05	Koral Wrocław				6:07.76	259
	50m:	40.08 40.08	150m:	2:12.54 47.01	250m:	3:48.89 48.42	350m:	5:24.92 47.70	
	100m:	1:25.53 45.45	200m:	3:00.47 47.93	300m:	4:37.22 48.33	400m:	6:07.76 42.84	
26.	PTASZYŃSKA Julia		05	Piaś Głogów				6:18.05	238
	50m:	41.73 41.73	150m:	2:14.63 46.98	250m:	3:53.52 50.29	350m:	5:31.70 48.35	
	100m:	1:27.65 45.92	200m:	3:03.23 48.60	300m:	4:43.35 49.83	400m:	6:18.05 46.35	
27.	BOCHEŃSKA Aleksandra		05	Uks Krońska Przysa				6:35.82	207
	50m:	45.22 45.22	150m:	2:25.23 51.04	250m:	4:09.05 51.58	350m:	5:49.17 48.05	
	100m:	1:34.19 48.97	200m:	3:17.47 52.24	300m:	5:01.12 52.07	400m:	6:35.82 46.65	
28.	CICHOSZ Maria		05	I sk Wrocław				6:37.43	205
	50m:	41.65 41.65	150m:	2:19.57 49.37	250m:	4:02.91 51.92	350m:	5:48.24 53.03	
	100m:	1:30.20 48.55	200m:	3:10.99 51.42	300m:	4:55.21 52.30	400m:	6:37.43 49.19	
PK	GŁOWIAK Michałina		07	I sk Wrocław				5:44.41	315
	50m:	37.63 37.63	150m:	2:06.50 45.58	250m:	3:36.50 45.47	350m:	5:04.52 43.40	
	100m:	1:20.92 43.29	200m:	2:51.03 44.53	300m:	4:21.12 44.62	400m:	5:44.41 39.89	

