

Mi dzywojewódzkie Dru ynowe Mistrzostwa Młodzików 12-13 lat Strefa Lubuska i Dolno l ska  
Nowa Ruda, 22. - 23.3.2019

Konkurencja 7  
22.03.2019 - 17:54

Dziewcz t, 400m dowolny

12 - 13 lat  
Wyniki

Top Times DOZP akt 2019-03-22 2	4:33.36	TRACZYK Justyna	00201	Gorzow Wlkp	17.06.2017
Top Times DOZP akt 2019-03-22 1	4:42.53	ZIEBA Katarzyna	00401	Ostrowiec Sw.	27.06.2009

Punkty: FINA 2018

Pozycja			Rok ur.							Czas	Pkt.	
<b>12 lat</b>												
1.	KOT Emilia		07	TP Zielona Góra						<b>4:56.30</b>	495	
	50m:	33.85	33.85	150m:	1:49.81	38.71	250m:	3:05.91	38.18	350m:	4:21.47	37.16
	100m:	1:11.10	37.25	200m:	2:27.73	37.92	300m:	3:44.31	38.40	400m:	4:56.30	34.83
2.	GŁOWIAK Michalina		07	I sk Wrocław						<b>5:15.45</b>	410	
	50m:	34.23	34.23	150m:	1:54.22	40.46	250m:	3:16.49	41.59	350m:	4:38.18	41.04
	100m:	1:13.76	39.53	200m:	2:34.90	40.68	300m:	3:57.14	40.65	400m:	5:15.45	37.27
3.	GIEWIADA Patrycja		07	Kro nicka Przysa						<b>5:18.62</b>	398	
	50m:	33.76	33.76	150m:	1:53.57	41.04	250m:			350m:		
	100m:	1:12.53	38.77	200m:			300m:			400m:	5:18.62	
4.	JAROS Aleksandra		07	Neptun widnica						<b>5:20.86</b>	390	
	50m:	35.90	35.90	150m:	1:55.95	39.94	250m:	3:17.78	40.80	350m:	4:40.73	41.60
	100m:	1:16.01	40.11	200m:	2:36.98	41.03	300m:	3:59.13	41.35	400m:	5:20.86	40.13
5.	WŁADYCZKA Amelia		07	Koral Wrocław						<b>5:23.45</b>	381	
	50m:	35.42	35.42	150m:	1:56.73	41.78	250m:	3:21.04	42.04	350m:	4:44.59	41.75
	100m:	1:14.95	39.53	200m:	2:39.00	42.27	300m:	4:02.84	41.80	400m:	5:23.45	38.86
6.	PUŁAWSKA Paulina		07	TP Zielona Góra						<b>5:27.20</b>	368	
	50m:	36.02	36.02	150m:	1:58.84	41.84	250m:	3:24.75	43.19	350m:	4:47.62	40.74
	100m:	1:17.00	40.98	200m:	2:41.56	42.72	300m:	4:06.88	42.13	400m:	5:27.20	39.58
7.	DREWNIK Julia		07	JUST SWIM Jelenia Góra						<b>5:32.16</b>	351	
	50m:	37.89	37.89	150m:	2:03.32	43.14	250m:	3:28.03	41.76	350m:	4:51.84	41.80
	100m:	1:20.18	42.29	200m:	2:46.27	42.95	300m:	4:10.04	42.01	400m:	5:32.16	40.32
8.	UTNIK Aleksandra		07	TP Zielona Góra						<b>5:37.88</b>	334	
	50m:	37.14	37.14	150m:	2:02.19	43.51	250m:	3:31.28	45.05	350m:	4:54.89	40.07
	100m:	1:18.68	41.54	200m:	2:46.23	44.04	300m:	4:14.82	43.54	400m:	5:37.88	42.99
9.	ZAKRZEWSKA Natalia		07	Kro nicka Przysa						<b>5:39.76</b>	328	
	50m:	34.70	34.70	150m:	2:01.12	44.06	250m:	3:31.92	45.92	350m:	5:01.11	45.44
	100m:	1:17.06	42.36	200m:	2:46.00	44.88	300m:	4:15.67	43.75	400m:	5:39.76	38.65
10.	SKRZYPIEC Alicja		07	Juvenia Wrocław						<b>5:46.26</b>	310	
	50m:	36.87	36.87	150m:	2:02.56	43.66	250m:	3:32.11	45.15	350m:	5:04.00	45.89
	100m:	1:18.90	42.03	200m:	2:46.96	44.40	300m:	4:18.11	46.00	400m:	5:46.26	42.26
11.	KORDEK Hanna		07	TP Zielona Góra						<b>5:53.21</b>	292	
	50m:	40.42	40.42	150m:	2:10.68	45.66	250m:	3:43.44	46.45	350m:	5:13.04	43.61
	100m:	1:25.02	44.60	200m:	2:56.99	46.31	300m:	4:29.43	45.99	400m:	5:53.21	40.17
12.	WERPACHOWSKA Oliwia		07	TP Zielona Góra						<b>5:53.75</b>	291	
	50m:	39.42	39.42	150m:	2:10.35	45.03	250m:	3:42.89	45.77	350m:	5:13.02	44.76
	100m:	1:25.32	45.90	200m:	2:57.12	46.77	300m:	4:28.26	45.37	400m:	5:53.75	40.73
13.	REDA Jagoda		07	Atol Ole nica						<b>5:53.86</b>	291	
	50m:	38.46	38.46	150m:	2:07.03	44.91	250m:	3:39.66	46.34	350m:	5:12.65	46.46
	100m:	1:22.12	43.66	200m:	2:53.32	46.29	300m:	4:26.19	46.53	400m:	5:53.86	41.21
14.	RAŁOWSKA Oliwia		07	I sk Wrocław						<b>5:55.86</b>	286	
	50m:	37.99	37.99	150m:	2:08.55	46.47	250m:	3:40.99	45.89	350m:	5:12.27	45.14
	100m:	1:22.08	44.09	200m:	2:55.10	46.55	300m:	4:27.13	46.14	400m:	5:55.86	43.59
15.	LIZO Natalia		07	Juvenia Wrocław						<b>5:58.97</b>	278	
	50m:	37.35	37.35	150m:	2:05.96	45.01	250m:	3:37.44	46.26	350m:	5:13.68	48.65
	100m:	1:20.95	43.60	200m:	2:51.18	45.22	300m:	4:25.03	47.59	400m:	5:58.97	45.29

Mi dzywojewódzkie Dru ynowe Mistrzostwa Młodzików 12-13 lat Strefa Lubuska i Dolno l ska  
Nowa Ruda, 22. - 23.3.2019

Konkurencja 7, Dziewcz t, 400m dowolny, 12 lat

Pozycja				Rok ur.					Czas	Pkt.		
16.	KONIECZNA Wiktoria			07	Piastr Głogów				<b>6:00.81</b>	274		
	50m:	40.62	40.62	150m:	2:11.06	46.01	250m:	3:45.60	47.28	350m:	5:20.31	46.60
	100m:	1:25.05	44.43	200m:	2:58.32	47.26	300m:	4:33.71	48.11	400m:	6:00.81	40.50
17.	TOBOŁA Kaja			07	Juwenia Wrocław				<b>6:04.19</b>	267		
	50m:	39.41	39.41	150m:	2:12.77	47.53	250m:	3:46.70	46.73	350m:		
	100m:	1:25.24	45.83	200m:	2:59.97	47.20	300m:	4:33.40	46.70	400m:	6:04.19	
18.	OMELANOWICZ Natalia			07	l sk Wrocław				<b>6:06.14</b>	262		
	50m:	39.25	39.25	150m:	2:09.85	46.15	250m:	3:44.76	47.79	350m:	5:17.38	
	100m:	1:23.70	44.45	200m:	2:56.97	47.12	300m:			400m:	6:06.14	48.76
19.	KOWALICZEK Hanna			07	TP Zielona Góra				<b>6:07.43</b>	260		
	50m:	37.15	37.15	150m:	2:06.66	45.50	250m:			350m:		
	100m:	1:21.16	44.01	200m:	2:53.80	47.14	300m:			400m:	6:07.43	
20.	BRACISZEWICZ Hanna			07	Atol Ole nica				<b>6:07.97</b>	258		
	50m:	40.52	40.52	150m:	2:14.51	47.92	250m:	3:50.21	47.83	350m:	5:25.88	47.81
	100m:	1:26.59	46.07	200m:	3:02.38	47.87	300m:	4:38.07	47.86	400m:	6:07.97	42.09
21.	RUTA Jagoda			07	HARPUN Osiecznica				<b>6:13.47</b>	247		
	50m:	41.09	41.09	150m:	2:16.50	48.01	250m:	3:52.76	48.29	350m:	5:30.18	47.99
	100m:	1:28.49	47.40	200m:	3:04.47	47.97	300m:	4:42.19	49.43	400m:	6:13.47	43.29
22.	WI DER Milena			07	l sk Wrocław				<b>6:15.76</b>	243		
	50m:	41.82	41.82	150m:	2:17.18	47.53	250m:	3:52.98	47.31	350m:	5:29.42	47.16
	100m:	1:29.65	47.83	200m:	3:05.67	48.49	300m:	4:42.26	49.28	400m:	6:15.76	46.34
23.	J DRUCH Maja			07	JUST SWIM Jelenia Góra				<b>6:18.86</b>	237		
	50m:	38.60	38.60	150m:	2:14.10	49.77	250m:	3:53.04	49.83	350m:	5:33.44	50.16
	100m:	1:24.33	45.73	200m:	3:03.21	49.11	300m:	4:43.28	50.24	400m:	6:18.86	45.42
24.	SZULMANOWICZ Alicja			07	Juwenia Wrocław				<b>6:23.49</b>	228		
	50m:	41.52	41.52	150m:	2:18.32	49.28	250m:	3:57.13	49.50	350m:	5:35.02	48.86
	100m:	1:29.04	47.52	200m:	3:07.63	49.31	300m:	4:46.16	49.03	400m:	6:23.49	48.47
25.	ŁATA Martyna			07	Koral Wrocław				<b>6:24.12</b>	227		
	50m:	41.43	41.43	150m:	2:19.20	49.03	250m:	3:57.94	48.87	350m:	5:36.54	49.53
	100m:	1:30.17	48.74	200m:	3:09.07	49.87	300m:	4:47.01	49.07	400m:	6:24.12	47.58
26.	ANDRZEJEWSKA Lena			07	Koral Wrocław				<b>6:25.22</b>	225		
	50m:	42.36	42.36	150m:	2:19.63	48.77	250m:	3:59.81	50.01	350m:	5:40.89	49.88
	100m:	1:30.86	48.50	200m:	3:09.80	50.17	300m:	4:51.01	51.20	400m:	6:25.22	44.33
27.	SZYMANOWSKA Maja			07	HARPUN Osiecznica				<b>6:33.14</b>	212		
	50m:	42.26	42.26	150m:	2:20.50	50.30	250m:	4:02.57	51.14	350m:	5:43.42	50.27
	100m:	1:30.20	47.94	200m:	3:11.43	50.93	300m:	4:53.15	50.58	400m:	6:33.14	49.72
28.	SZELUK Amelia			07	JUST SWIM Jelenia Góra				<b>6:53.00</b>	183		
	50m:	41.52	41.52	150m:	2:25.15		250m:	4:17.01	57.95	350m:	6:04.43	53.62
	100m:			200m:	3:19.06	53.91	300m:	5:10.81	53.80	400m:	6:53.00	48.57
29.	KRZECKA Weronika			07	HARPUN Osiecznica				<b>7:04.44</b>	168		
	50m:	44.63	44.63	150m:	2:31.07	54.98	250m:	4:22.95	56.65	350m:	6:14.53	54.78
	100m:	1:36.09	51.46	200m:	3:26.30	55.23	300m:	5:19.75	56.80	400m:	7:04.44	49.91
30.	PIGLA Paulina			07	Koral Wrocław				<b>7:10.45</b>	161		
	50m:	48.38	48.38	150m:	2:39.69	55.40	250m:	4:30.93	55.86	350m:	6:21.16	55.49
	100m:	1:44.29	55.91	200m:	3:35.07	55.38	300m:	5:25.67	54.74	400m:	7:10.45	49.29
31.	BIAŁEK Aleksandra			07	Koral Wrocław				<b>7:25.32</b>	146		
	50m:	49.21	49.21	150m:	2:42.56	56.71	250m:	4:36.90	57.69	350m:	6:31.24	56.95
	100m:	1:45.85	56.64	200m:	3:39.21	56.65	300m:	5:34.29	57.39	400m:	7:25.32	54.08
32.	RASIEWICZ Antonina			07	Koral Wrocław				<b>7:48.75</b>	125		
	50m:	51.37	51.37	150m:	2:52.34	1:01.11	250m:	4:55.60	1:02.41	350m:	6:56.24	59.26
	100m:	1:51.23	59.86	200m:	3:53.19	1:00.85	300m:	5:56.98	1:01.38	400m:	7:48.75	52.51

Konkurencja 7, Dziewcz t, 400m dowolny

13 lat

1.	JANISZEWSKA Natalia	06	I sk Wrocław	<b>4:47.37</b>	543
	50m: 31.74 31.74	150m: 1:42.31 35.91	250m: 2:56.65 37.60	350m: 4:11.64 37.42	
	100m: 1:06.40 34.66	200m: 2:19.05 36.74	300m: 3:34.22 37.57	400m: 4:47.37 35.73	
2.	TRACZYK Anna	06	Juvenia Wrocław	<b>4:49.04</b>	534
	50m: 32.48 32.48	150m: 1:44.77 36.92	250m: 2:59.07 37.30	350m: 4:13.30 37.31	
	100m: 1:07.85 35.37	200m: 2:21.77 37.00	300m: 3:35.99 36.92	400m: 4:49.04 35.74	
3.	GR ZKA Roksana	06	TP Zielona Góra	<b>4:51.70</b>	519
	50m: 32.46 32.46	150m: 1:45.12 37.15	250m: 3:00.41 37.52	350m: 4:15.21 37.56	
	100m: 1:07.97 35.51	200m: 2:22.89 37.77	300m: 3:37.65 37.24	400m: 4:51.70 36.49	
4.	SOBASZEK Anna	06	Szafir Wałbrzych	<b>4:53.10</b>	512
	50m: 33.40 33.40	150m: 1:48.31 37.87	250m: 3:04.01 37.73	350m: 4:17.72 36.62	
	100m: 1:10.44 37.04	200m: 2:26.28 37.97	300m: 3:41.10 37.09	400m: 4:53.10 35.38	
5.	JACH Tamara	06	Koral Wrocław	<b>4:59.04</b>	482
	50m: 33.14 33.14	150m: 1:47.96 37.91	250m: 3:04.91 38.55	350m: 4:21.76 38.03	
	100m: 1:10.05 36.91	200m: 2:26.36 38.40	300m: 3:43.73 38.82	400m: 4:59.04 37.28	
6.	LECHOWSKA Magdalena	06	Juvenia Wrocław	<b>5:06.46</b>	448
	50m: 33.08 33.08	150m: 1:49.83 39.44	250m: 3:09.71 40.02	350m: 4:28.28 39.19	
	100m: 1:10.39 37.31	200m: 2:29.69 39.86	300m: 3:49.09 39.38	400m: 5:06.46 38.18	
7.	WIDNICKA Kamila	06	Rekin wiebodzice	<b>5:06.92</b>	446
	50m: 33.94 33.94	150m: 1:52.14 39.69	250m: 3:11.28 39.38	350m: 4:29.98 39.24	
	100m: 1:12.45 38.51	200m: 2:31.90 39.76	300m: 3:50.74 39.46	400m: 5:06.92 36.94	
8.	BAWOLSKA Liwia	06	Koral Wrocław	<b>5:07.80</b>	442
	50m: 33.43 33.43	150m: 1:51.16 39.87	250m: 3:11.48 39.83	350m: 4:31.01 39.76	
	100m: 1:11.29 37.86	200m: 2:31.65 40.49	300m: 3:51.25 39.77	400m: 5:07.80 36.79	
9.	SZWABI KA Alicja	06	TORPEDA Ole nica	<b>5:13.51</b>	418
	50m: 34.81 34.81	150m: 1:54.52 41.02	250m: 3:14.77 40.04	350m: 4:35.94 40.11	
	100m: 1:13.50 38.69	200m: 2:34.73 40.21	300m: 3:55.83 41.06	400m: 5:13.51 37.57	
10.	BŁACH Amelia	06	Atol Ole nica	<b>5:20.79</b>	390
	50m: 36.17 36.17	150m: 1:59.21 41.63	250m: 3:22.23 41.86	350m: 4:43.66 40.71	
	100m: 1:17.58 41.41	200m: 2:40.37 41.16	300m: 4:02.95 40.72	400m: 5:20.79 37.13	
11.	MAZURKIEWICZ Marta	06	Juvenia Wrocław	<b>5:26.97</b>	368
	50m: 36.55 36.55	150m: 1:59.55 42.10	250m: 3:24.00 42.30	350m: 4:48.36 41.86	
	100m: 1:17.45 40.90	200m: 2:41.70 42.15	300m: 4:06.50 42.50	400m: 5:26.97 38.61	
12.	GRELA Amelia	06	TP Zielona Góra	<b>5:30.16</b>	358
	50m: 37.00 37.00	150m: 2:01.58 42.49	250m: 3:26.63 42.28	350m: 4:51.58 42.49	
	100m: 1:19.09 42.09	200m: 2:44.35 42.77	300m: 4:09.09 42.46	400m: 5:30.16 38.58	
13.	TERKA Karolina	06	Atol Ole nica	<b>5:32.95</b>	349
	50m: 36.43 36.43	150m: 2:01.10 43.50	250m: 3:27.32 42.96	350m: 4:53.45 43.31	
	100m: 1:17.60 41.17	200m: 2:44.36 43.26	300m: 4:10.14 42.82	400m: 5:32.95 39.50	
14.	ZAPORA Agata	06	JUST SWIM Jelenia Góra	<b>5:38.18</b>	333
	50m: 36.34 36.34	150m: 2:02.30 43.57	250m: 3:29.34 43.90	350m: 4:58.20 44.32	
	100m: 1:18.73 42.39	200m: 2:45.44 43.14	300m: 4:13.88 44.54	400m: 5:38.18 39.98	
15.	WOLAK Amelia	06	Atol Ole nica	<b>5:38.43</b>	332
	50m: 36.45 36.45	150m: 2:02.63 44.02	250m: 3:30.76 44.06	350m: 4:59.80 44.29	
	100m: 1:18.61 42.16	200m: 2:46.70 44.07	300m: 4:15.51 44.75	400m: 5:38.43 38.63	
16.	KIENIK Joanna	06	I sk Wrocław	<b>5:38.77</b>	331
	50m: 38.45 38.45	150m: 2:04.81 44.09	250m: 3:32.87 43.78	350m: 4:58.98 42.89	
	100m: 1:20.72 42.27	200m: 2:49.09 44.28	300m: 4:16.09 43.22	400m: 5:38.77 39.79	
17.	WO NIAK Ewa	06	7 Zdrój Trzebnica	<b>5:45.27</b>	313
	50m: 36.81 36.81	150m: 2:05.01 44.66	250m: 3:34.12 44.16	350m: 4:58.66 42.89	
	100m: 1:20.35 43.54	200m: 2:49.96 44.95	300m: 5:03.97 44.95	400m: 5:45.27 41.29	

Mi dzywojewódzkie Dru ynowe Mistrzostwa Młodzików 12-13 lat Strefa Lubuska i Dolno l ska  
Nowa Ruda, 22. - 23.3.2019

Konkurencja 7, Dziewcz t, 400m dowolny, 13 lat

Pozycja				Rok ur.						Czas	Pkt.
18.	PIECUCH Oliwia			06	Koral Wrocław					<b>5:48.99</b>	303
	50m:	39.33	39.33	150m:	2:07.48	250m:	3:37.41	45.69	350m:		
	100m:			200m:	2:51.72	44.24	300m:	4:22.61	45.20	400m:	5:48.99
19.	GÓRSKA Amelia			06	Koral Wrocław					<b>5:53.98</b>	290
	50m:	37.65	37.65	150m:	2:08.36	46.38	250m:	3:40.31	45.87	350m:	5:10.96
	100m:	1:21.98	44.33	200m:	2:54.44	46.08	300m:	4:26.05	45.74	400m:	5:53.98
20.	WOJTACZKA Weronika			06	JUST SWIM Jelenia Góra					<b>5:58.25</b>	280
	50m:	39.38	39.38	150m:	2:10.69	46.82	250m:	3:44.52	46.59	350m:	5:16.90
	100m:	1:23.87	44.49	200m:	2:57.93	47.24	300m:	4:31.88	47.36	400m:	5:58.25
21.	WILISOWSKA Zuzanna			06	l sk Wrocław					<b>5:58.37</b>	280
	50m:	39.29	39.29	150m:		250m:	3:43.66	47.11	350m:	5:16.13	46.03
	100m:	1:24.05	44.76	200m:	2:56.55	300m:	4:30.10	46.44	400m:	5:58.37	42.24
22.	JO KO Greta			06	JUST SWIM Jelenia Góra					<b>5:59.31</b>	278
	50m:	39.16	39.16	150m:	2:11.41	46.60	250m:	3:44.26	47.42	350m:	5:17.81
	100m:	1:24.81	45.65	200m:	2:56.84	45.43	300m:	4:31.16	46.90	400m:	5:59.31
23.	ARBACZEWSKA Alicja			06	Juvenia Wrocław					<b>6:00.14</b>	276
	50m:	40.99	40.99	150m:	2:14.22	47.23	250m:	3:47.58	47.20	350m:	5:18.76
	100m:	1:26.99	46.00	200m:	3:00.38	46.16	300m:	4:33.61	46.03	400m:	6:00.14
24.	MAJCHRZAK Aleksandra			06	7 Zdrój Trzebnica					<b>6:06.58</b>	261
	50m:	38.00	38.00	150m:	2:10.57	46.69	250m:	3:46.37	48.05	350m:	5:21.86
	100m:	1:23.88	45.88	200m:	2:58.32	47.75	300m:	4:33.90	47.53	400m:	6:06.58
25.	PIOTROWSKA Maja			06	l sk Wrocław					<b>6:08.79</b>	257
	50m:	42.76	42.76	150m:	2:16.35	46.64	250m:			350m:	5:23.38
	100m:	1:29.71	46.95	200m:	3:03.58	47.23	300m:			400m:	6:08.79
26.	OLE Julia			06	Atol Ole nica					<b>6:09.11</b>	256
	50m:	39.83	39.83	150m:	2:10.40	45.56	250m:	3:45.42	47.99	350m:	5:23.52
	100m:	1:24.84	45.01	200m:	2:57.43	47.03	300m:	4:33.68	48.26	400m:	6:09.11
27.	LAZOPOULOS Monika			06	Juvenia Wrocław					<b>6:11.41</b>	251
	50m:	39.33	39.33	150m:	2:10.49	46.29	250m:	3:45.73	47.93	350m:	5:22.37
	100m:	1:24.20	44.87	200m:	2:57.80	47.31	300m:	4:34.20	48.47	400m:	6:11.41
28.	GOŁ BIEWSKA Maja			06	JUST SWIM Jelenia Góra					<b>6:22.13</b>	231
	50m:	40.74	40.74	150m:	2:20.67	50.96	250m:	4:02.12	51.31	350m:	5:38.61
	100m:	1:29.71	48.97	200m:	3:10.81	50.14	300m:	4:52.28	50.16	400m:	6:22.13
29.	CHAŁUPCZAK Amelia			06	Koral Wrocław					<b>6:24.13</b>	227
	50m:	41.72	41.72	150m:	2:16.23	48.46	250m:	3:56.65	50.57	350m:	5:37.03
	100m:	1:27.77	46.05	200m:	3:06.08	49.85	300m:	4:47.32	50.67	400m:	6:24.13
30.	GÓRKA Oliwia			06	JUST SWIM Jelenia Góra					<b>7:15.18</b>	156
	50m:	44.46	44.46	150m:	2:27.49	52.12	250m:	4:12.52	51.75	350m:	6:44.85
	100m:	1:35.37	50.91	200m:	3:20.77	53.28	300m:	5:04.67	52.15	400m:	7:15.18
PK	MARCZY SKA Eliza			05	l sk Wrocław					<b>4:56.50</b>	494
	50m:	33.67	33.67	150m:	1:48.27	37.91	250m:	3:05.00	38.53	350m:	4:21.59
	100m:	1:10.36	36.69	200m:	2:26.47	38.20	300m:	3:43.61	38.61	400m:	4:56.50
PK	B CLER Natalia			05	l sk Wrocław					<b>5:13.68</b>	417
	50m:	35.16	35.16	150m:	1:53.77	39.84	250m:	3:14.22	40.35	350m:	4:34.82
	100m:	1:13.93	38.77	200m:	2:33.87	40.10	300m:	3:54.59	40.37	400m:	5:13.68
PK	GOCZLING Katarzyna			04	l sk Wrocław					<b>5:16.10</b>	408
	50m:	34.15	34.15	150m:	1:53.12	40.25	250m:	3:14.31	40.45	350m:	4:35.99
	100m:	1:12.87	38.72	200m:	2:33.86	40.74	300m:	3:54.95	40.64	400m:	5:16.10