

Ogólnopolski sprawdzian wytrzymało ci i wszechstronno ci stylowej dzieci 11-12 letnich  
Wrocław, 26.11.2020

Konkurencja 4  
2020.11.26 - 12:00

Chłopców, 400m dowolny

11 lat  
Wyniki

Punkty: FINA 2020

Pozycja			Rok ur.					Czas	Pkt.
1.	MARYJOWSKI Marcin	09	UKS "Kro nicka Przysta "					<b>5:10.63</b>	319
	50m: 34.46 34.46	150m: 1:52.97	39.94	250m: 3:13.62	40.65	350m: 4:34.31	40.19		
	100m: 1:13.03 38.57	200m: 2:32.97	40.00	300m: 3:54.12	40.50	400m: 5:10.63	36.32		
2.	SADEK Franciszek	09	MKS Juvenia Wrocław					<b>5:20.39</b>	290
	50m: 34.81 34.81	150m: 1:54.64	40.45	250m: 3:17.73	42.07	350m: 4:41.18	40.53		
	100m: 1:14.19 39.38	200m: 2:35.66	41.02	300m: 4:00.65	42.92	400m: 5:20.39	39.21		
3.	WIRKO Dominik	09	DELFIN Krapkowice					<b>5:32.00</b>	261
	50m: 36.02 36.02	150m: 2:01.79	43.17	250m: 3:29.33	43.47	350m: 4:54.35	41.30		
	100m: 1:18.62 42.60	200m: 2:45.86	44.07	300m: 4:13.05	43.72	400m: 5:32.00	37.65		
4.	PRZYBYŁEK Wiktor	09	DELFIN Krapkowice					<b>5:32.40</b>	260
	50m: 35.87 35.87	150m: 1:59.51	42.60	250m: 3:25.26	42.70	350m: 4:49.15	40.63		
	100m: 1:16.91 41.04	200m: 2:42.56	43.05	300m: 4:08.52	43.26	400m: 5:32.40	43.25		
5.	YZA SKI Alan	09	HS Team Kryty Basen Kłodzko					<b>5:33.49</b>	257
	50m: 38.10 38.10	150m: 2:06.95	44.57	250m: 3:33.42	42.55	350m: 4:55.93	42.58		
	100m: 1:22.38 44.28	200m: 2:50.87	43.92	300m: 4:13.35	39.93	400m: 5:33.49	37.56		
6.	MATUSIAK Kajetan	09	UKS "Kro nicka Przysta "					<b>5:34.03</b>	256
	50m: 36.06 36.06	150m: 2:01.47	43.40	250m: 3:29.78	43.62	350m: 4:56.53	42.51		
	100m: 1:18.07 42.01	200m: 2:46.16	44.69	300m: 4:14.02	44.24	400m: 5:34.03	37.50		
7.	ZALCMAN Karol	09	UKS Shark Rudna					<b>5:35.41</b>	253
	50m: 37.13 37.13	150m: 2:03.04	43.36	250m: 3:29.82	43.61	350m: 4:56.18	42.89		
	100m: 1:19.68 42.55	200m: 2:46.21	43.17	300m: 4:13.29	43.47	400m: 5:35.41	39.23		
8.	CZYCZERSKI Iwo	09	UKS „KORAL” Wrocław					<b>5:53.47</b>	216
	50m: 39.03 39.03	150m: 2:07.40	45.02	250m: 3:37.18	44.51	350m: 5:07.05	44.68		
	100m: 1:22.38 43.35	200m: 2:52.67	45.27	300m: 4:22.37	45.19	400m: 5:53.47	46.42		
9.	GROMALA Bartosz	09	DELFIN Krapkowice					<b>6:03.76</b>	198
	50m: 41.03 41.03	150m: 2:14.81	47.49	250m: 3:49.37	46.51	350m: 5:21.45	45.72		
	100m: 1:27.32 46.29	200m: 3:02.86	48.05	300m: 4:35.73	46.36	400m: 6:03.76	42.31		
10.	NAWOJCZYK Michał	09	UKS DELFINEK Legnica spr					<b>6:15.45</b>	180
	50m: 43.37 43.37	150m: 2:18.31	48.89	250m: 3:55.36	47.41	350m: 5:30.11	46.53		
	100m: 1:29.42 46.05	200m: 3:07.95	49.64	300m: 4:43.58	48.22	400m: 6:15.45	45.34		
11.	TRZESZCZ Wojciech	09	UKS „KORAL” Wrocław					<b>6:16.98</b>	178
	50m: 41.69 41.69	150m: 2:17.76	48.51	250m: 3:54.07	48.34	350m: 5:31.77	48.89		
	100m: 1:29.25 47.56	200m: 3:05.73	47.97	300m: 4:42.88	48.81	400m: 6:16.98	45.21		
12.	KACZMARCZYK Mieszko	09	DOKiS SP Vega Dobrodzie					<b>6:20.97</b>	172
	50m: 42.98 42.98	150m: 2:19.97	48.72	250m: 3:57.37	48.46	350m: 5:34.36	48.90		
	100m: 1:31.25 48.27	200m: 3:08.91	48.94	300m: 4:45.46	48.09	400m: 6:20.97	46.61		
13.	YŁKIEWICZ Tymon	09	KS JUST SWIM Jelenia Góra					<b>6:22.77</b>	170
	50m: 40.28 40.28	150m: 2:12.55	47.62	250m: 3:54.24	51.74	350m: 5:35.74	50.70		
	100m: 1:24.93 44.65	200m: 3:02.50	49.95	300m: 4:45.04	50.80	400m: 6:22.77	47.03		
14.	ZAKRAWACZ Adrian	09	GKP 7 Zdrój Trzebnica					<b>6:23.16</b>	169
	50m: 44.76 44.76	150m: 2:24.96	50.53	250m: 4:02.31	48.13	350m: 5:40.23	48.51		
	100m: 1:34.43 49.67	200m: 3:14.18	49.22	300m: 4:51.72	49.41	400m: 6:23.16	42.93		
15.	GRABI SKI Szymon	09	KS JUST SWIM Jelenia Góra					<b>6:25.62</b>	166
	50m: 42.43 42.43	150m: 2:21.80	49.96	250m: 4:02.01	50.60	350m: 5:34.66	43.88		
	100m: 1:31.84 49.41	200m: 3:11.41	49.61	300m: 4:50.78	48.77	400m: 6:25.62	50.96		
16.	BO YK Mikołaj	09	MKS Juvenia Wrocław					<b>6:29.27</b>	162
	50m: 41.98 41.98	150m: 2:21.50	50.39	250m: 4:02.10	49.92	350m: 5:43.19	49.90		
	100m: 1:31.11 49.13	200m: 3:12.18	50.68	300m: 4:53.29	51.19	400m: 6:29.27	46.08		
17.	OTWINOWSKI Miłosz	09	UKS „KORAL” Wrocław					<b>6:30.47</b>	160
	50m: 40.95 40.95	150m: 2:24.38	52.05	250m: 4:06.25	51.22	350m: 5:47.38	50.65		
	100m: 1:32.33 51.38	200m: 3:15.03	50.65	300m: 4:56.73	50.48	400m: 6:30.47	43.09		

Ogólnopolski sprawdzian wytrzymało ci i wszechstronno ci stylowej dzieci 11-12 letnich  
Wrocław, 26.11.2020

Konkurencja 4, Chłopców, 400m dowolny, 11 lat

Pozycja			Rok ur.					Czas	Pkt.
18.	MOCZULSKI Wiktor		09	MKP ATOL Ole nica				<b>6:31.17</b>	159
	50m:	43.93 43.93	150m:	2:22.94	50.70	250m:	4:04.45 52.06	350m:	5:39.43 46.42
	100m:	1:32.24 48.31	200m:	3:12.39	49.45	300m:	4:53.01 48.56	400m:	6:31.17 51.74
19.	HUDZIAK Bartosz		09	MKS Juvenia Wrocław				<b>6:33.43</b>	157
	50m:	43.04 43.04	150m:	2:21.54	50.85	250m:	4:03.02 51.33	350m:	5:43.22 50.01
	100m:	1:30.69 47.65	200m:	3:11.69	50.15	300m:	4:53.21 50.19	400m:	6:33.43 50.21
20.	BARCZY SKI Oskar		09	KS JUST SWIM Jelenia Góra				<b>6:37.11</b>	152
	50m:	45.83 45.83	150m:	2:27.10	51.47	250m:	4:09.82 50.45	350m:	5:50.24 49.52
	100m:	1:35.63 49.80	200m:	3:19.37	52.27	300m:	5:00.72 50.90	400m:	6:37.11 46.87
21.	ROMA CZUK Kajetan		09	KS JUST SWIM Jelenia Góra				<b>6:40.07</b>	149
	50m:	45.44 45.44	150m:	2:27.52	51.22	250m:	4:11.16 52.43	350m:	5:54.29 51.88
	100m:	1:36.30 50.86	200m:	3:18.73	51.21	300m:	5:02.41 51.25	400m:	6:40.07 45.78
22.	OSTROWSKI Bartosz		09	MKS Juvenia Wrocław				<b>6:42.02</b>	147
	50m:	46.80 46.80	150m:	2:32.76	52.50	250m:	4:14.21 50.32	350m:	5:56.03 50.21
	100m:	1:40.26 53.46	200m:	3:23.89	51.13	300m:	5:05.82 51.61	400m:	6:42.02 45.99
23.	HE Maksymilian		09	MKS Juvenia Wrocław				<b>6:45.01</b>	143
	50m:	43.72 43.72	150m:	2:26.03	52.34	250m:	4:10.56 52.00	350m:	5:55.01 53.95
	100m:	1:33.69 49.97	200m:	3:18.56	52.53	300m:	5:01.06 50.50	400m:	6:45.01 50.00
24.	KARP Bartłomiej		09	KS JUST SWIM Jelenia Góra				<b>6:45.48</b>	143
	50m:	45.67 45.67	150m:	2:29.27	51.59	250m:	4:15.36 53.75	350m:	5:57.85 50.10
	100m:	1:37.68 52.01	200m:	3:21.61	52.34	300m:	5:07.75 52.39	400m:	6:45.48 47.63
25.	STONOGA Maksymilian		09	MKS Juvenia Wrocław				<b>6:46.57</b>	142
	50m:	47.31 47.31	150m:	2:30.49	52.20	250m:	4:15.42 52.65	350m:	5:59.49 51.78
	100m:	1:38.29 50.98	200m:	3:22.77	52.28	300m:	5:07.71 52.29	400m:	6:46.57 47.08
26.	WIKLIK Oliwier		09	KS JUST SWIM Jelenia Góra				<b>6:51.20</b>	137
	50m:	47.47 47.47	150m:	2:30.76	51.91	250m:	4:16.21 52.61	350m:	6:02.73 52.50
	100m:	1:38.85 51.38	200m:	3:23.60	52.84	300m:	5:10.23 54.02	400m:	6:51.20 48.47
27.	KOZA Kamil		09	DOKiS SP Vega Dobrodzie				<b>6:53.91</b>	134
	50m:	47.31 47.31	150m:	2:32.91	52.79	250m:	4:18.56 53.09	350m:	6:03.75 52.35
	100m:	1:40.12 52.81	200m:	3:25.47	52.56	300m:	5:11.40 52.84	400m:	6:53.91 50.16
28.	KLIN Franciszek		09	Ks Just Swim Jelenia Góra				<b>6:58.86</b>	130
	50m:	48.62 48.62	150m:	2:33.44	52.21	250m:	4:21.15 53.21	350m:	6:08.81 52.68
	100m:	1:41.23 52.61	200m:	3:27.94	54.50	300m:	5:16.13 54.98	400m:	6:58.86 50.05
29.	HULYTSKYI Yaroslav		09	MKS Juvenia Wrocław				<b>7:03.41</b>	125
	50m:	46.74 46.74	150m:	2:33.61	53.57	250m:	4:21.54 54.74	350m:	6:10.30 54.37
	100m:	1:40.04 53.30	200m:	3:26.80	53.19	300m:	5:15.93 54.39	400m:	7:03.41 53.11
30.	SZYMA SKI Mikołaj		09	MKS Juvenia Wrocław				<b>7:06.69</b>	123
	50m:	41.46 41.46	150m:	2:19.92	50.59	250m:	4:02.92 51.04	350m:	5:40.28 47.46
	100m:	1:29.33 47.87	200m:	3:11.88	51.96	300m:	4:52.82 49.90	400m:	7:06.69 1:26.41
31.	ST PIE Szymon		09	UKS Energetyk Zgorzelec				<b>7:07.27</b>	122
	50m:	39.73 39.73	150m:	2:27.49	55.35	250m:	4:21.42 55.67	350m:	6:13.62 57.72
	100m:	1:32.14 52.41	200m:	3:25.75	58.26	300m:	5:15.90 54.48	400m:	7:07.27 53.65
32.	I KIEWICZ Jan		09	MKS Juvenia Wrocław				<b>7:23.64</b>	109
	50m:	48.08 48.08	150m:	2:41.67	57.51	250m:	4:37.29 58.43	350m:	6:32.46 58.45
	100m:	1:44.16 56.08	200m:	3:38.86	57.19	300m:	5:34.01 56.72	400m:	7:23.64 51.18
33.	PANFIL Jakub		09	UKS Energetyk Zgorzelec				<b>7:26.88</b>	107
	50m:	43.90 43.90	150m:	2:38.58	58.77	250m:	4:34.88 59.34	350m:	6:34.83 1:00.20
	100m:	1:39.81 55.91	200m:	3:35.54	56.96	300m:	5:34.63 59.75	400m:	7:26.88 52.05
34.	CHORBOTOWICZ Tomasz		09	UKS Energetyk Zgorzelec				<b>7:28.66</b>	105
	50m:	49.39 49.39	150m:	2:41.25	55.60	250m:	4:35.93 57.62	350m:	6:33.76 59.75
	100m:	1:45.65 56.26	200m:	3:38.31	57.06	300m:	5:34.01 58.08	400m:	7:28.66 54.90
35.	ZAPORA Igor		09	KS JUST SWIM Jelenia Góra				<b>7:40.00</b>	98
	50m:	51.15 51.15	150m:	2:47.07	57.82	250m:	4:45.87 59.67	350m:	6:44.52 58.47
	100m:	1:49.25 58.10	200m:	3:46.20	59.13	300m:	5:46.05 1:00.18	400m:	7:40.00 55.48

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Wrocław, 26.11.2020

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Pozycja				Rok ur.					Czas	Pkt.		
36.	GRUBEK Marcel			09	DOKiS SP Vega Dobrodzie				<b>7:43.95</b>	95		
	50m:	51.11	51.11	150m:	2:48.24	1:00.39	250m:	4:50.06	1:00.87	350m:	6:52.27	1:00.92
	100m:	1:47.85	56.74	200m:	3:49.19	1:00.95	300m:	5:51.35	1:01.29	400m:	7:43.95	51.68
PK	KOTKIEWICZ Igor			10	MKS Juvenia Wrocław DS				<b>6:40.66</b>	148		
	50m:	42.29	42.29	150m:	2:25.74	52.79	250m:	4:13.50	54.15	350m:	5:57.40	52.31
	100m:	1:32.95	50.66	200m:	3:19.35	53.61	300m:	5:05.09	51.59	400m:	6:40.66	43.26
PK	KOCZERGA Jakub			10	MKS Juvenia Wrocław DS				<b>6:58.89</b>	130		
	50m:	43.07	43.07	150m:	2:29.19	53.55	250m:	4:17.86	54.66	350m:	6:07.22	54.82
	100m:	1:35.64	52.57	200m:	3:23.20	54.01	300m:	5:12.40	54.54	400m:	6:58.89	51.67
PK	PIWOWARSKI Patryk			10	MKS Juvenia Wrocław DS				<b>7:06.97</b>	122		
	50m:	48.22	48.22	150m:	2:39.00	55.77	250m:	4:30.95	56.41	350m:	6:20.43	53.71
	100m:	1:43.23	55.01	200m:	3:34.54	55.54	300m:	5:26.72	55.77	400m:	7:06.97	46.54
PK	KRUPI SKI Leon			10	MKS Juvenia Wrocław DS				<b>7:16.23</b>	115		
	50m:	43.91	43.91	150m:	2:36.20	56.51	250m:	4:31.65	58.39	350m:	6:24.19	55.96
	100m:	1:39.69	55.78	200m:	3:33.26	57.06	300m:	5:28.23	56.58	400m:	7:16.23	52.04
PK	MAGIEREK Wojciech			10	MKS Juvenia Wrocław DS				<b>7:16.79</b>	114		
	50m:	48.88	48.88	150m:	2:39.73	55.35	250m:	4:33.28	56.31	350m:	6:23.63	55.59
	100m:	1:44.38	55.50	200m:	3:36.97	57.24	300m:	5:28.04	54.76	400m:	7:16.79	53.16