

OTWARTE LETNIE MISTRZOSTWA DOLNEGO L SKA – VI Memoriał im. Andrzeja Wernera
Wrocław, 28. - 29.5.2021

Konkurencja 26
29.05.2021 - 9:31

Kobiet, 400m dowolny

13 - 95 lat
Wyniki

Punkty: FINA 2021

Pozycja	Rok ur.		Czas	Pkt.	100m	200m	300m	400m	
MŁODZIK									
1.	PIEBIAK Nicola	08	UKP Manta Jelcz-Laskowice	5:01.35	483	1:11.81	1:19.50	1:16.73	1:13.31
	50m: 33.45	33.45	150m: 1:51.80	39.99	250m: 3:09.49	38.18	350m: 4:26.51	38.47	
	100m: 1:11.81	38.36	200m: 2:31.31	39.51	300m: 3:48.04	38.55	400m: 5:01.35	34.84	
2.	ROZIEL Natasza	08	UKS KORAL Wrocław	5:14.67	424	1:14.13	1:20.87	1:22.27	1:17.40
	50m: 35.36	35.36	150m: 1:54.17	40.04	250m: 3:16.03	41.03	350m: 4:37.14	39.87	
	100m: 1:14.13	38.77	200m: 2:35.00	40.83	300m: 3:57.27	41.24	400m: 5:14.67	37.53	
3.	NAPIERALCZYK Martyna	08	WKS I sk	5:18.58	408	1:13.92	1:20.96	1:23.64	1:20.06
	50m: 34.88	34.88	150m: 1:53.88	39.96	250m: 3:16.58	41.70	350m: 4:39.90	41.38	
	100m: 1:13.92	39.04	200m: 2:34.88	41.00	300m: 3:58.52	41.94	400m: 5:18.58	38.68	
4.	WŁODARCZYK Maja	08	UKP Manta Jelcz-Laskowice	5:20.23	402	1:17.10	1:22.68	1:22.90	1:17.55
	50m: 36.82	36.82	150m: 1:58.70	41.60	250m: 3:21.45	41.67	350m: 4:43.09	40.41	
	100m: 1:17.10	40.28	200m: 2:39.78	41.08	300m: 4:02.68	41.23	400m: 5:20.23	37.14	
5.	KOCHA SKA Aleksandra	08	MKS Juvenia Wrocław	5:20.31	402	1:16.46	1:22.66	1:22.79	1:18.40
	50m: 36.53	36.53	150m: 1:57.88	41.42	250m: 3:20.78	41.66	350m: 4:43.03	41.12	
	100m: 1:16.46	39.93	200m: 2:39.12	41.24	300m: 4:01.91	41.13	400m: 5:20.31	37.28	
6.	CHOROSZY Amelia	08	KS JUST SWIM Jelenia Góra	5:25.54	383	1:17.31	1:24.21	1:24.07	1:19.95
	50m: 36.40	36.40	150m: 1:59.41	42.10	250m: 3:23.85	42.33	350m: 4:46.65	41.06	
	100m: 1:17.31	40.91	200m: 2:41.52	42.11	300m: 4:05.59	41.74	400m: 5:25.54	38.89	
7.	PIETRYK Pola	08	KS "Swimmers Centrum I za	5:25.89	381	1:15.25	1:23.29	1:24.66	1:22.69
	50m: 34.88	34.88	150m: 1:56.93	41.68	250m: 3:21.19	42.65	350m: 4:45.90	42.70	
	100m: 1:15.25	40.37	200m: 2:38.54	41.61	300m: 4:03.20	42.01	400m: 5:25.89	39.99	
8.	MISIEWICZ Hanna	08	UKP Manta Jelcz-Laskowice	5:32.25	360	1:18.24	1:26.22	1:25.65	1:22.14
	50m: 35.96	35.96	150m: 2:00.83	42.59	250m: 3:27.79	43.33	350m: 4:52.01	41.90	
	100m: 1:18.24	42.28	200m: 2:44.46	43.63	300m: 4:10.11	42.32	400m: 5:32.25	40.24	
9.	CHOLEWA Zuzanna	08	UKP Manta Jelcz-Laskowice	5:49.51	309	1:20.76	1:30.33	1:30.63	1:27.79
	50m: 37.20	37.20	150m: 2:05.77	45.01	250m: 3:36.45	45.36	350m: 5:07.29	45.57	
	100m: 1:20.76	43.56	200m: 2:51.09	45.32	300m: 4:21.72	45.27	400m: 5:49.51	42.22	

JUNIOR MŁODSZY

1.	GIEWIADA Patrycja	07	UKS "Kro nicka Przysza "	4:49.47	545	1:08.31	1:16.06	1:14.74	1:10.36
	50m: 31.62	31.62	150m: 1:46.33	38.02	250m: 3:01.85	37.48	350m: 4:15.56	36.45	
	100m: 1:08.31	36.69	200m: 2:24.37	38.04	300m: 3:39.11	37.26	400m: 4:49.47	33.91	
2.	WŁADYCZKA Amelia	07	MKS Juvenia Wrocław	4:57.93	499	1:09.09	1:16.96	1:18.43	1:13.45
	50m: 32.33	32.33	150m: 1:47.49	38.40	250m: 3:05.22	39.17	350m: 4:21.74	37.26	
	100m: 1:09.09	36.76	200m: 2:26.05	38.56	300m: 3:44.48	39.26	400m: 4:57.93	36.19	
3.	JAROS Aleksandra	07	KS Neptun widnica	5:01.82	480	1:11.42	1:16.60	1:18.65	1:15.15
	50m: 33.30	33.30	150m: 1:49.28	37.86	250m: 3:07.51	39.49	350m: 4:25.63	38.96	
	100m: 1:11.42	38.12	200m: 2:28.02	38.74	300m: 3:46.67	39.16	400m: 5:01.82	36.19	
4.	JA NIECKA Paulina	07	UKS MOS w Opolu	5:06.31	460	1:11.82	1:18.54	1:18.80	1:17.15
	50m: 33.66	33.66	150m: 1:51.16	39.34	250m: 3:09.77	39.41	350m: 4:28.33	39.17	
	100m: 1:11.82	38.16	200m: 2:30.36	39.20	300m: 3:49.16	39.39	400m: 5:06.31	37.98	
5.	LASZCZAK Aleksandra	07	UKP Manta Jelcz-Laskowice	5:11.97	435	1:11.55	1:19.09	1:21.29	1:20.04
	50m: 33.30	33.30	150m: 1:50.84	39.29	250m: 3:11.01	40.37	350m: 4:33.16	41.23	
	100m: 1:11.55	38.25	200m: 2:30.64	39.80	300m: 3:51.93	40.92	400m: 5:11.97	38.81	
6.	LEWICKA Hanna	07	UKS „HS” Team Kryty Basen	5:28.95	371	1:15.95	1:24.73	1:25.79	1:22.48
	50m: 35.60	35.60	150m: 1:57.67	41.72	250m: 3:23.47	42.79	350m: 4:48.77	42.30	
	100m: 1:15.95	40.35	200m: 2:40.68	43.01	300m: 4:06.47	43.00	400m: 5:28.95	40.18	
7.	NIEDZIELSKA Milena	07	KS JUST SWIM Jelenia Góra	5:48.10	313	1:19.83	1:30.57	1:31.69	1:26.01
	50m: 37.09	37.09	150m: 2:04.72	44.89	250m: 3:36.91	46.51	350m: 5:06.92	44.83	
	100m: 1:19.83	42.74	200m: 2:50.40	45.68	300m: 4:22.09	45.18	400m: 5:48.10	41.18	

OTWARTE LETNIE MISTRZOSTWA DOLNEGO L SKA – VI Memoriał im. Andrzeja Wernera
Wrocław, 28. - 29.5.2021

Konkurencja 26, Dziewcz t, 400m dowolny, JUNIOR MŁODSZY

Pozycja	Rok ur.	Imię i Nazwisko	Club	Czas	Pkt.	100m	200m	300m	400m
8.	07	ŁATA Martyna	UKS KORAL Wrocław	6:06.06	269	1:23.38	1:34.03	1:36.02	1:32.63
		50m: 38.64	38.64	150m: 2:09.92	46.54	250m: 3:45.54	48.13	350m: 5:21.27	47.84
		100m: 1:23.38	44.74	200m: 2:57.41	47.49	300m: 4:33.43	47.89	400m: 6:06.06	44.79

JUNIOR

1.	06	RAKOWSKA Marta	UKS MOS w Opolu	4:41.29	594	1:07.88	1:12.83	1:12.11	1:08.47
		50m: 31.97	31.97	150m: 1:44.26	36.38	250m: 2:56.81	36.10	350m: 4:08.24	35.42
		100m: 1:07.88	35.91	200m: 2:20.71	36.45	300m: 3:32.82	36.01	400m: 4:41.29	33.05
2.	06	TRACZYK Anna	MKS Juvenia Wrocław	4:46.23	563	1:07.42	1:13.83	1:14.31	1:10.67
		50m: 31.90	31.90	150m: 1:44.38	36.96	250m: 2:58.28	37.03	350m: 4:11.74	36.18
		100m: 1:07.42	35.52	200m: 2:21.25	36.87	300m: 3:35.56	37.28	400m: 4:46.23	34.49
3.	06	CHŁ D Zuzanna	UKS MOS w Opolu	4:48.24	552	1:08.07	1:13.07	1:13.08	1:14.02
		50m: 32.13	32.13	150m: 1:44.33	36.26	250m: 2:57.37	36.23	350m: 4:11.54	37.32
		100m: 1:08.07	35.94	200m: 2:21.14	36.81	300m: 3:34.22	36.85	400m: 4:48.24	36.70
4.	06	SZWABI KA Alicja	UKP „TORPEDA” Ole nica	4:50.26	540	1:09.21	1:14.92	1:14.52	1:11.61
		50m: 32.77	32.77	150m: 1:46.81	37.60	250m: 3:01.63	37.50	350m: 4:15.80	37.15
		100m: 1:09.21	36.44	200m: 2:24.13	37.32	300m: 3:38.65	37.02	400m: 4:50.26	34.46
5.	06	WIDNICKA Kamila	KS Neptun widnica	4:58.38	497	1:09.85	1:17.17	1:17.17	1:14.19
		50m: 32.76	32.76	150m: 1:48.32	38.47	250m: 3:05.75	38.73	350m: 4:23.06	38.87
		100m: 1:09.85	37.09	200m: 2:27.02	38.70	300m: 3:44.19	38.44	400m: 4:58.38	35.32
6.	06	NOWALI SKA Julia	KS JUST SWIM Jelenia Góra	5:01.44	482	1:11.65	1:18.45	1:17.69	1:13.65
		50m: 33.65	33.65	150m: 1:51.28	39.63	250m: 3:09.02	38.92	350m: 4:26.16	38.37
		100m: 1:11.65	38.00	200m: 2:30.10	38.82	300m: 3:47.79	38.77	400m: 5:01.44	35.28
7.	06	SZCZEPANIAK Marta	UKS KORAL Wrocław	5:19.28	406	1:15.54	1:23.57	1:22.40	1:17.77
		50m: 35.80	35.80	150m: 1:57.32	41.78	250m: 3:20.84	41.73	350m: 4:41.84	40.33
		100m: 1:15.54	39.74	200m: 2:39.11	41.79	300m: 4:01.51	40.67	400m: 5:19.28	37.44
8.	06	MAZURKIEWICZ Marta	MKS Juvenia Wrocław	5:20.70	400	1:14.20	1:22.59	1:23.28	1:20.63
		50m: 34.59	34.59	150m: 1:55.22	41.02	250m: 3:18.08	41.29	350m: 4:41.29	41.22
		100m: 1:14.20	39.61	200m: 2:36.79	41.57	300m: 4:00.07	41.99	400m: 5:20.70	39.41
9.	06	NIEDZIELSKA Marta	KS JUST SWIM Jelenia Góra	5:34.94	351	1:17.19	1:26.34	1:27.84	1:23.57
		50m: 35.91	35.91	150m: 2:00.14	42.95	250m: 3:27.51	43.98	350m: 4:54.49	43.12
		100m: 1:17.19	41.28	200m: 2:43.53	43.39	300m: 4:11.37	43.86	400m: 5:34.94	40.45
10.	06	GOŁ BIEWSKA Maja	KS JUST SWIM Jelenia Góra	5:41.37	332	1:19.37	1:28.72	1:28.21	1:25.07
		50m: 36.91	36.91	150m: 2:03.75	44.38	250m: 3:32.68	44.59	350m: 5:00.11	43.81
		100m: 1:19.37	42.46	200m: 2:48.09	44.34	300m: 4:16.30	43.62	400m: 5:41.37	41.26

SENIOR

1.	04	MRO EK Weronika	MKP Szczecin	4:32.75	651	1:05.32	1:08.81	1:09.43	1:09.19
		50m: 31.44	31.44	150m: 1:39.77	34.45	250m: 2:48.80	34.67	350m: 3:58.87	35.31
		100m: 1:05.32	33.88	200m: 2:14.13	34.36	300m: 3:23.56	34.76	400m: 4:32.75	33.88
2.	05	ZAGDA SKA Oliwia	MKS Juvenia Wrocław	4:37.71	617	1:05.71	1:10.44	1:11.70	1:09.86
		50m: 31.57	31.57	150m: 1:40.80	35.09	250m: 2:52.00	35.85	350m: 4:03.70	35.85
		100m: 1:05.71	34.14	200m: 2:16.15	35.35	300m: 3:27.85	35.85	400m: 4:37.71	34.01
3.	05	SAMORAJ Oliwia	MKS Piaseczno	4:41.76	591	1:06.31	1:11.42	1:12.71	1:11.32
		50m: 31.66	31.66	150m: 1:41.80	35.49	250m: 2:53.67	35.94	350m: 4:07.22	36.78
		100m: 1:06.31	34.65	200m: 2:17.73	35.93	300m: 3:30.44	36.77	400m: 4:41.76	34.54
4.	03	SZWABI SKA Adrianna	UKP „TORPEDA” Ole nica	4:46.44	562	1:06.77	1:12.06	1:14.17	1:13.44
		50m: 31.30	31.30	150m: 1:42.51	35.74	250m: 2:55.56	36.73	350m: 4:10.24	37.24
		100m: 1:06.77	35.47	200m: 2:18.83	36.32	300m: 3:33.00	37.44	400m: 4:46.44	36.20
5.	04	STRU YK Karolina	MKS Juvenia Wrocław	4:48.08	553	1:06.95	1:13.68	1:14.17	1:13.28
		50m: 31.67	31.67	150m: 1:43.56	36.61	250m: 2:57.58	36.95	350m: 4:12.07	37.27
		100m: 1:06.95	35.28	200m: 2:20.63	37.07	300m: 3:34.80	37.22	400m: 4:48.08	36.01
6.	03	MA LEJ Iga	MKS Juvenia Wrocław	4:50.88	537	1:08.35	1:13.83	1:15.05	1:13.65
		50m: 32.24	32.24	150m: 1:45.28	36.93	250m: 2:59.44	37.26	350m: 4:14.49	37.26
		100m: 1:08.35	36.11	200m: 2:22.18	36.90	300m: 3:37.23	37.79	400m: 4:50.88	36.39

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Konkurencja 26, Kobiet, 400m dowolny, SENIOR

Pozycja	Rok ur.		Czas		Pkt.	100m	200m	300m	400m		
7. L GA Maja	05	KS Neptun widnica	4:57.34	502		1:08.95	1:16.22	1:16.69	1:15.48		
50m:	32.32	32.32	150m:	1:46.60	37.65	250m:	3:03.61	38.44	350m:	4:20.23	38.37
100m:	1:08.95	36.63	200m:	2:25.17	38.57	300m:	3:41.86	38.25	400m:	4:57.34	37.11
8. KSI EK Dominika	05	KS JUST SWIM Jelenia Góra	4:57.76	500		1:07.90	1:17.76	1:17.83	1:14.27		
50m:	31.29	31.29	150m:	1:46.59	38.69	250m:	3:04.78	39.12	350m:	4:22.65	39.16
100m:	1:07.90	36.61	200m:	2:25.66	39.07	300m:	3:43.49	38.71	400m:	4:57.76	35.11
9. ZARZECZNA Olga	05	KS Posnania Pozna	5:16.86	415		1:13.50	1:21.71	1:21.13	1:20.52		
50m:	34.39	34.39	150m:	1:54.25	40.75	250m:	3:15.59	40.38	350m:	4:37.03	40.69
100m:	1:13.50	39.11	200m:	2:35.21	40.96	300m:	3:56.34	40.75	400m:	5:16.86	39.83
10. BOCHE SKA Dominika	05	KS Posnania Pozna	5:21.13	399		1:13.61	1:22.62	1:23.72	1:21.18		
50m:	34.36	34.36	150m:	1:54.37	40.76	250m:	3:18.35	42.12	350m:	4:40.50	40.55
100m:	1:13.61	39.25	200m:	2:36.23	41.86	300m:	3:59.95	41.60	400m:	5:21.13	40.63
11. BOCHE SKA Aleksandra	05	UKS "Kro nicka Przysta "	5:45.99	319		1:18.29	1:29.11	1:31.47	1:27.12		
50m:	35.78	35.78	150m:	2:02.90	44.61	250m:	3:32.73	45.33	350m:	5:04.66	45.79
100m:	1:18.29	42.51	200m:	2:47.40	44.50	300m:	4:18.87	46.14	400m:	5:45.99	41.33
12. KONARSKA Natalia	05	UKS Delfinek Legnica	5:46.29	318		1:18.28	1:29.41	1:30.65	1:27.95		
50m:	36.39	36.39	150m:	2:03.01	44.73	250m:	3:33.33	45.64	350m:	5:03.60	45.26
100m:	1:18.28	41.89	200m:	2:47.69	44.68	300m:	4:18.34	45.01	400m:	5:46.29	42.69