

Zimowe Mistrzostwa Dolnego Śląska 12-latków i 13-latków
Nowa Ruda, 26. - 27.11.2021

Konkurencja 9
2021.11.26 - 17:48

Dziewcząt, 400m dowolny

12 - 13 lat
Wyniki

Punkty: FINA 2021

Pozycja	Rok ur.	Czas	Pkt.	Rud
12 lat				
1. KAMI SKA Zofia	09	5:04.05	455	11,4
50m: 33.46 33.46	150m: 1:49.86 39.16	250m: 3:07.31 39.31	350m: 4:26.46 39.45	
100m: 1:10.70 37.24	200m: 2:28.00 38.14	300m: 3:47.01 39.70	400m: 5:04.05 37.59	
2. GROCKA Natalia	09	5:04.39	453	11,3
50m: 33.66 33.66	150m: 1:52.00 39.33	250m: 3:10.36 38.97	350m: 4:27.74 39.19	
100m: 1:12.67 39.01	200m: 2:31.39 39.39	300m: 3:48.55 38.19	400m: 5:04.39 36.65	
3. BOGIELCZYK Natalia	09	5:07.22	441	10,7
50m: 34.83 34.83	150m: 1:50.85 38.46	250m: 3:08.70 38.97	350m: 4:28.72 40.63	
100m: 1:12.39 37.56	200m: 2:29.73 38.88	300m: 3:48.09 39.39	400m: 5:07.22 38.50	
4. KO CIELNIK Kalina	09	5:16.96	401	8,3
50m: 33.94 33.94	150m: 1:53.06 39.75	250m: 3:14.45 41.15	350m: 4:36.47 41.15	
100m: 1:13.31 39.37	200m: 2:33.30 40.24	300m: 3:55.32 40.87	400m: 5:16.96 40.49	
5. BAWOLSKA Milena	09	5:26.03	369	6,1
50m: 34.18 34.18	150m: 1:53.82 40.62	250m: 3:17.73 42.01	350m: 4:44.21 43.59	
100m: 1:13.20 39.02	200m: 2:35.72 41.90	300m: 4:00.62 42.89	400m: 5:26.03 41.82	
6. K DZIA Hanna	09	5:28.36	361	5,6
50m: 37.85 37.85	150m: 2:02.58 43.13	250m: 3:26.49 41.45	350m: 4:49.71 41.14	
100m: 1:19.45 41.60	200m: 2:45.04 42.46	300m: 4:08.57 42.08	400m: 5:28.36 38.65	
7. VARYVONCHYK Julia	09	5:30.66	354	5,0
50m: 36.47 36.47	150m: 2:00.20 41.45	250m: 3:25.52 42.64	350m: 4:51.40 42.82	
100m: 1:18.75 42.28	200m: 2:42.88 42.68	300m: 4:08.58 43.06	400m: 5:30.66 39.26	
8. WI NIEWSKA Hanna	09	5:37.90	331	3,3
50m: 37.42 37.42	150m: 2:01.93 42.53	250m: 3:28.28 43.43	350m: 4:55.53 44.15	
100m: 1:19.40 41.98	200m: 2:44.85 42.92	300m: 4:11.38 43.10	400m: 5:37.90 42.37	
9. GŁAZ Nina	09	5:48.19	303	
50m: 37.90 37.90	150m: 2:06.42 45.25	250m: 3:37.70 45.33	350m: 5:01.85 41.79	
100m: 1:21.17 43.27	200m: 2:52.37 45.95	300m: 4:20.06 42.36	400m: 5:48.19 46.34	
10. ZAJ CZKOWSKA Daria	09	5:58.91	276	
50m: 39.16 39.16	150m: 2:10.72 46.17	250m: 3:44.22 46.72	350m: 5:17.26 46.20	
100m: 1:24.55 45.39	200m: 2:57.50 46.78	300m: 4:31.06 46.84	400m: 5:58.91 41.65	
11. PNIACZEK Aleksandra	09	6:04.92	263	
50m: 39.00 39.00	150m: 2:10.21 46.59	250m: 3:45.80 48.44	350m: 5:20.92 47.57	
100m: 1:23.62 44.62	200m: 2:57.36 47.15	300m: 4:33.35 47.55	400m: 6:04.92 44.00	
12. BIDOWANIEC Amelia	09	6:05.22	262	
50m: 38.47 38.47	150m: 2:09.55 46.31	250m: 3:43.34 46.39	350m: 5:18.57 47.64	
100m: 1:23.24 44.77	200m: 2:56.95 47.40	300m: 4:30.93 47.59	400m: 6:05.22 46.65	
13. RUDOMINA Laura	09	6:21.95	229	
50m: 40.76 40.76	150m: 2:15.51 47.78	250m: 3:53.61 49.68	350m: 5:33.59 50.92	
100m: 1:27.73 46.97	200m: 3:03.93 48.42	300m: 4:42.67 49.06	400m: 6:21.95 48.36	
14. WILK Natalia	09	6:24.13	225	
50m: 44.99 44.99	150m: 2:26.23 51.84	250m: 4:06.59 50.54	350m: 5:43.57 47.31	
100m: 1:34.39 49.40	200m: 3:16.05 49.82	300m: 4:56.26 49.67	400m: 6:24.13 40.56	
15. SZAREK Nikola	09	6:24.84	224	
50m: 41.91 41.91	150m: 2:19.58 49.87	250m: 3:59.35 49.38	350m: 5:38.43 49.37	
100m: 1:29.71 47.80	200m: 3:09.97 50.39	300m: 4:49.06 49.71	400m: 6:24.84 46.41	
16. WOJDYGA Lena	09	6:32.21	212	
50m: 43.08 43.08	150m: 2:23.80 50.36	250m: 4:06.74 51.64	350m: 5:48.83 48.29	
100m: 1:33.44 50.36	200m: 3:15.10 51.30	300m: 5:00.54 53.80	400m: 6:32.21 43.38	
17. OLEKSY Alicja	09	6:41.24	198	
50m: 42.22 42.22	150m: 2:21.73 51.01	250m: 4:05.50 52.39	350m: 5:51.16 52.82	
100m: 1:30.72 48.50	200m: 3:13.11 51.38	300m: 4:58.34 52.84	400m: 6:41.24 50.08	

Zimowe Mistrzostwa Dolnego I ską 12-latków i 13-latków
Nowa Ruda, 26. - 27.11.2021

Konkurencja 9, Dziewcz t, 400m dowolny, 12 lat

Pozycja			Rok ur.				Czas				Pkt.	Rud
18.	KARAPETYAN Lusya		09				MKS Juvenia Wrocław				7:03.46	168
	50m:	44.57	150m:	2:30.83	54.63	250m:	4:20.41	54.58	350m:	6:12.13	54.12	
	100m:	1:36.20	200m:	3:25.83	55.00	300m:	5:18.01	57.60	400m:	7:03.46	51.33	

13 lat

1.	PIEBIAK Nicola		08				UKP Manta Jelcz-Laskowice				4:47.61	538	12,6
	50m:	31.54	150m:	1:43.00	36.41	250m:	2:57.60	37.55	350m:	4:12.10	37.32		
	100m:	1:06.59	200m:	2:20.05	37.05	300m:	3:34.78	37.18	400m:	4:47.61	35.51		
2.	KOCHA SKA Aleksandra		08				MKS Juvenia Wrocław				4:55.44	496	10,6
	50m:	33.40	150m:	1:47.32	37.56	250m:	3:04.59	38.64	350m:	4:19.75	37.64		
	100m:	1:09.76	200m:	2:25.95	38.63	300m:	3:42.11	37.52	400m:	4:55.44	35.69		
3.	MICHALCZUK Monika		08				Gminny Klub Pływacki 7 Zdrój Trzebnica				4:55.47	496	10,6
	50m:	32.20	150m:	1:45.74	37.60	250m:	3:02.60	38.63	350m:	4:18.65	37.63		
	100m:	1:08.14	200m:	2:23.97	38.23	300m:	3:41.02	38.42	400m:	4:55.47	36.82		
4.	NAPIERALCZYK Martyna		08				WKS I sk				5:12.76	418	6,3
	50m:	37.08	150m:	1:56.49	39.70	250m:	3:14.43	39.18	350m:	4:34.50	40.37		
	100m:	1:16.79	200m:	2:35.25	38.76	300m:	3:54.13	39.70	400m:	5:12.76	38.26		
5.	WŁODARCZYK Maja		08				UKP Manta Jelcz-Laskowice				5:14.14	412	5,9
	50m:	34.63	150m:	1:54.75	40.38	250m:	3:15.16	39.75	350m:	4:36.03	40.08		
	100m:	1:14.37	200m:	2:35.41	40.66	300m:	3:55.95	40.79	400m:	5:14.14	38.11		
6.	PIETRYK Pola		08				KS "Swimmers Centrum I za"				5:15.70	406	5,6
	50m:	32.79	150m:	1:50.44	40.02	250m:	3:11.49	40.69	350m:	4:36.99	42.88		
	100m:	1:10.42	200m:	2:30.80	40.36	300m:	3:54.11	42.62	400m:	5:15.70	38.71		
7.	CHOROSZY Amelia		08				KS JUST SWIM Jelenia Góra				5:16.00	405	5,5
	50m:	34.00	150m:	1:52.09	39.59	250m:	3:14.91	41.80	350m:	4:38.53	40.86		
	100m:	1:12.50	200m:	2:33.11	41.02	300m:	3:57.67	42.76	400m:	5:16.00	37.47		
8.	MISIEWICZ Hanna		08				UKP Manta Jelcz-Laskowice				5:17.81	398	5,0
	50m:	33.69	150m:	1:54.00	40.57	250m:	3:16.02	41.23	350m:	4:38.93	41.31		
	100m:	1:13.43	200m:	2:34.79	40.79	300m:	3:57.62	41.60	400m:	5:17.81	38.88		
9.	ROZIEL Natasza		08				UKS KORAL Wrocław				5:20.54	388	4,3
	50m:	33.60	150m:	1:50.42	40.10	250m:	3:13.82	41.58	350m:	4:38.82	42.70		
	100m:	1:10.32	200m:	2:32.24	41.82	300m:	3:56.12	42.30	400m:	5:20.54	41.72		
10.	SKOCZYLAS Natalia		08				UKS Energetyk Zgorzelec				5:37.99	331	
	50m:	35.41	150m:	1:58.72	43.24	250m:	3:26.80	44.13	350m:	4:55.95	44.66		
	100m:	1:15.48	200m:	2:42.67	43.95	300m:	4:11.29	44.49	400m:	5:37.99	42.04		
11.	WRONA Natalia		08				KS Neptun widnica				5:44.91	311	
	50m:	36.87	150m:	2:01.65	43.50	250m:	3:29.71	43.39	350m:	5:00.42	44.93		
	100m:	1:18.15	200m:	2:46.32	44.67	300m:	4:15.49	45.78	400m:	5:44.91	44.49		
12.	SADOWSKA Hanna		08				MKS Juvenia Wrocław				5:45.16	311	
	50m:	38.72	150m:	2:04.56	43.39	250m:	3:32.89	44.12	350m:	5:02.31	44.83		
	100m:	1:21.17	200m:	2:48.77	44.21	300m:	4:17.48	44.59	400m:	5:45.16	42.85		
13.	KARCH Nadia		08				KS Rekin wiebodzice				5:47.67	304	
	50m:	37.03	150m:	2:03.57	43.89	250m:	3:35.17	45.19	350m:	5:06.81	45.57		
	100m:	1:19.68	200m:	2:49.98	46.41	300m:	4:21.24	46.07	400m:	5:47.67	40.86		
14.	GRABOWSKA Natalia		08				MKS Juvenia Wrocław				5:58.01	278	
	50m:	36.44	150m:	2:05.09	46.41	250m:	3:36.72	45.97	350m:	5:07.50	44.19		
	100m:	1:18.68	200m:	2:50.75	45.66	300m:	4:23.31	46.59	400m:	5:58.01	50.51		
15.	DREWLA Ameilia		08				MKS Juvenia Wrocław				6:05.69	261	
	50m:	37.47	150m:	2:06.16	45.83	250m:	3:42.40	48.20	350m:	5:19.68	48.59		
	100m:	1:20.33	200m:	2:54.20	48.04	300m:	4:31.09	48.69	400m:	6:05.69	46.01		
16.	STRZELCZYK Bianca		08				MKS Juvenia Wrocław				6:26.30	222	
	50m:	41.19	150m:	2:21.34	47.44	250m:	3:57.26	48.04	350m:	5:35.41	48.76		
	100m:	1:33.90	200m:	3:09.22	47.88	300m:	4:46.65	49.39	400m:	6:26.30	50.89		