

OTWARTE LETNIE MISTRZOSTWA DOLNEGO LASKA
Wrocław, 28. - 29.5.2022

Medaliści wg konkurencji, Mężczyźni

Wszystkie konkurencje

| | | | JUNIOR MŁODSZY | | |
|-------------------|----------------------|---|----------------|-----|----------------|
| 1. 100m dowolny | | | | | |
| 1. | KASZUBOWSKI Borys | 08 KS WANKAN Legnica | 56.96 | 558 | 13,5 |
| 2. | WOJTOWICZ Alan | 08 UKP "Na Fali" | 57.62 | 539 | 12,7 |
| 3. | TWARÓG Mateusz | 08 UKS "Krońska Przysta" | 58.17 | 524 | 12,0 |
| 1. 100m dowolny | | | | | JUNIOR |
| 1. | OKO Jakub | 07 Gminny Klub Pływacki 7 Zdrój Trzebnica | 58.74 | 509 | 9,0 |
| 2. | CIGAŁA Remigiusz | 07 KS JUST SWIM Jelenia Góra | 59.33 | 494 | 8,2 |
| 3. | SAROWSKI Bartosz | 07 KS WANKAN Legnica | 1:00.01 | 477 | 7,4 |
| 1. 100m dowolny | | | | | SENIOR |
| 1. | KOPACKI Wiktor | 98 UKS Moana Smolec | 50.54 | 799 | 15,3 |
| 2. | MISIAK Szymon | 05 UKS Shark Rudna | 51.87 | 739 | 16,3 |
| 3. | KOVALOV Arsenii | 04 UKRAINA (Opole) | 51.95 | 736 | 14,9 |
| 1. 100m dowolny | | | | | Start PK |
| 1. | SADEK Franciszek | 09 MKS Juvenia Wrocław | 1:01.07 | 453 | 10,9 |
| 2. | JASIŃSKI Jakub | 09 UKS KORAL Wrocław | 1:01.56 | 442 | 10,3 |
| 3. | CZYCZERSKI Iwo | 09 UKS KORAL Wrocław | 1:04.61 | 382 | 6,6 |
| 3. 50m klasyczny | | | | | JUNIOR MŁODSZY |
| 1. | RADZIKOWSKI Szymon | 08 WKS I sk | 32.80 | 495 | 12,7 |
| 2. | PARZY Mikołaj | 08 MKP Szczecin | 34.50 | 425 | 9,0 |
| 3. | KOVALCHUK Bohdan | 08 UKS Delfinek Legnica | 35.08 | 404 | 7,7 |
| 3. 50m klasyczny | | | | | JUNIOR |
| 1. | SKRZYPIEC Szymon | 07 Swim Team MOSiR Kędzierzyn-Koźle | 31.98 | 534 | 13,3 |
| 2. | PEREMICKI Aleksander | 07 UKS PATOMSWIM Bogatynia | 32.17 | 524 | 12,9 |
| 3. | OKO Mateusz | 07 UKP „TORPEDA” Oleśnica | 32.26 | 520 | 12,7 |
| 3. 50m klasyczny | | | | | SENIOR |
| 1. | LISOVETS Volodymyr | 04 UKRAINA (Opole) | 28.52 | 753 | 17,4 |
| 2. | CEBULA Oskar | 03 WKS I sk | 29.23 | 699 | 13,4 |
| 3. | SZCZUTKOWSKI Robert | 98 KS AZS AWF Wrocław | 29.28 | 696 | 13,2 |
| 3. 50m klasyczny | | | | | Start PK |
| 1. | ZALCMAN Karol | 09 UKS Shark Rudna | 38.87 | 297 | 2,4 |
| 2. | CZYCZERSKI Iwo | 09 UKS KORAL Wrocław | 39.15 | 291 | 1,8 |
| 5. 200m motylkowy | | | | | JUNIOR MŁODSZY |
| 1. | TWARÓG Mateusz | 08 UKS "Krońska Przysta" | 2:20.28 | 491 | 12,3 |

OTWARTE LETNIE MISTRZOSTWA DOLNEGO L SKA
Wrocław, 28. - 29.5.2022

| 5. 200m motylkowy | | | | | | JUNIOR |
|-------------------|------------------|----|---------------------|----------------|-----|--------|
| 1. | BORKOWSKI Marcel | 07 | KS Neptun widnica | 2:15.21 | 549 | 12,8 |
| 2. | POR BA Krzysztof | 07 | WKS I sk | 2:32.56 | 382 | 3,5 |
| 3. | ROSI SKI Mikołaj | 07 | MKS Juvenia Wrocław | 2:36.73 | 352 | 1,3 |

| 5. 200m motylkowy | | | | | | SENIOR |
|-------------------|-------------------|----|-----------------------|----------------|-----|--------|
| 1. | GRUDZI SKI Karol | 06 | MKS Juvenia Wrocław | 2:12.68 | 581 | 12,7 |
| 2. | TKACH Mykola | 05 | UKRAINA (Opole) | 2:13.14 | 575 | 11,2 |
| 3. | ZIELI SKI Mateusz | 05 | MKS Płetval Polkowice | 2:19.52 | 499 | 7,7 |

| 5. 200m motylkowy | | | | | | Start PK |
|-------------------|---------------|----|--------------------------|----------------|-----|----------|
| 1. | BORY Wojciech | 09 | LKS Jedno 32 Przyszowice | 2:37.07 | 350 | 6,5 |
| 2. | CICHO Patryk | 09 | KS Neptun widnica | 2:44.25 | 306 | 3,0 |

| 7. 200m zmienny | | | | | | JUNIOR MŁODSZY |
|-----------------|--------------------|----|--------------------------------|----------------|-----|----------------|
| 1. | RADZIKOWSKI Szymon | 08 | WKS I sk | 2:25.66 | 479 | 10,8 |
| 2. | RUMIAN Szymon | 08 | MKS Park Wodny Tarnowskie Góry | 2:33.49 | 409 | 6,8 |
| 3. | SMOSZNA Wiktor | 08 | MKS Juvenia Wrocław | 2:38.70 | 370 | 4,2 |

| 7. 200m zmienny | | | | | | JUNIOR |
|-----------------|--------------------|----|----------------------------------|----------------|-----|--------|
| 1. | SKRZYPIEC Szymon | 07 | Swim Team MOSiR K dzierzyn-Ko le | 2:23.30 | 503 | 9,6 |
| 2. | KONOPKO Mateusz | 07 | LKS Jedno 32 Przyszowice | 2:30.25 | 436 | 6,0 |
| 3. | MICHALCZUK Bartosz | 07 | MKS Juvenia Wrocław | 2:31.68 | 424 | 5,2 |

| 7. 200m zmienny | | | | | | SENIOR |
|-----------------|-------------------|----|---------------------|----------------|-----|--------|
| 1. | FRANKOWSKI Miłosz | 05 | MKS Juvenia Wrocław | 2:13.38 | 624 | 13,2 |
| 2. | MISIAK Szymon | 05 | UKS Shark Rudna | 2:15.67 | 593 | 11,9 |
| 3. | SYSOIEV Andrii | 06 | UKRAINA (Opole) | 2:16.07 | 588 | 12,7 |

| 7. 200m zmienny | | | | | | Start PK |
|-----------------|---------------|----|--------------------------|----------------|-----|----------|
| 1. | BORY Wojciech | 09 | LKS Jedno 32 Przyszowice | 2:35.77 | 391 | 7,9 |

| 9. 100m grzbietowy | | | | | | JUNIOR MŁODSZY |
|--------------------|-------------------|----|----------------------|----------------|-----|----------------|
| 1. | PAWŁOWSKI Kornel | 08 | MKP „Atoł” Ole nica | 1:04.99 | 507 | 12,2 |
| 2. | KASZUBOWSKI Borys | 08 | KS WANKAN Legnica | 1:07.72 | 448 | 9,2 |
| 3. | KULETA Dominik | 08 | UKS Delfinek Legnica | 1:12.07 | 372 | 4,3 |

| 9. 100m grzbietowy | | | | | | JUNIOR |
|--------------------|---------------|----|------------------------|----------------|-----|--------|
| 1. | OKO Wojciech | 07 | UKP „TORPEDA” Ole nica | 1:00.91 | 616 | 14,9 |
| 2. | FISCHER Leon | 07 | MKS Juvenia Wrocław | 1:06.08 | 483 | 9,0 |
| 3. | SKOWRON Jakub | 07 | UKS Delfinek Legnica | 1:08.68 | 430 | 6,0 |

OTWARTE LETNIE MISTRZOSTWA DOLNEGO L SKA
Wrocław, 28. - 29.5.2022

| 9. 100m grzbietowy | | | | | | SENIOR |
|--------------------|------------------|----|--|----------------|-----|--------|
| 1. | STASZAK Wiktor | 04 | WKS I sk | 1:00.43 | 631 | 12,0 |
| 2. | SINKOWSKI Szymon | 05 | Gminny Klub Pływacki 7 Zdrój Trzebnica | 1:04.03 | 531 | 8,6 |
| 3. | PUKAS Mikołaj | 06 | MKS Juwenia Wrocław | 1:10.27 | 401 | 2,6 |

| 9. 100m grzbietowy | | | | | | Start PK |
|--------------------|------------------|----|----------------------|----------------|-----|----------|
| 1. | NAWOJCZYK Michał | 09 | UKS Delfinek Legnica | 1:05.56 | 494 | 14,3 |
| 2. | ZALCMAN Karol | 09 | UKS Shark Rudna | 1:10.82 | 392 | 8,7 |
| 3. | SADEK Franciszek | 09 | MKS Juwenia Wrocław | 1:12.08 | 372 | 7,3 |

| 11. 4 x 100m zmienny | | | | | | SENIOR |
|----------------------|--|--|--|----------------|-----|--------|
| 1. | WKS I sk 1 | | WKS I sk | 4:10.05 | 565 | |
| 2. | Gminny Klub Pływacki 7 Zdrój Trzebnica 1 | | Gminny Klub Pływacki 7 Zdrój Trzebnica | 4:40.83 | 399 | |
| 3. | UKS „SZAFIR” Wałbrzych 1 | | UKS „SZAFIR” Wałbrzych | 4:50.99 | 358 | |

| 13. 200m dowolny | | | | | | JUNIOR MŁODSZY |
|------------------|------------------|----|------------------------|----------------|-----|----------------|
| 1. | TWARÓG Mateusz | 08 | UKS "Krońska Przysta " | 2:07.88 | 507 | 11,6 |
| 2. | WOJTOWICZ Alan | 08 | UKP "Na Fali" | 2:11.29 | 468 | 9,7 |
| 3. | ROZMETANYK Semen | 08 | UKRAINA (Opole) | 2:16.18 | 420 | 6,9 |

| 13. 200m dowolny | | | | | | JUNIOR |
|------------------|------------------|----|--|----------------|-----|--------|
| 1. | BORKOWSKI Marcel | 07 | KS Neptun widnica | 2:08.49 | 500 | 8,9 |
| 2. | OKO Jakub | 07 | Gminny Klub Pływacki 7 Zdrój Trzebnica | 2:09.79 | 485 | 8,1 |
| 3. | SAROWSKI Bartosz | 07 | KS WANKAN Legnica | 2:16.10 | 420 | 4,4 |

| 13. 200m dowolny | | | | | | SENIOR |
|------------------|-----------------------|----|-----------------|----------------|-----|--------|
| 1. | STRILETSKII Oleksandr | 05 | UKRAINA (Opole) | 1:53.38 | 728 | 16,3 |
| 2. | ZINKOWSKII Nestor | 05 | UKRAINA (Opole) | 1:54.59 | 705 | 15,6 |
| 3. | TARASOV Yevgen | 06 | UKRAINA (Opole) | 1:57.42 | 655 | 14,7 |

| 13. 200m dowolny | | | | | | Start PK |
|------------------|----------------|----|--------------------------|----------------|-----|----------|
| 1. | BORY Wojciech | 09 | LKS Jedno 32 Przeszowice | 2:16.39 | 418 | 9,6 |
| 2. | JASI SKI Jakub | 09 | UKS KORAL Wrocław | 2:20.19 | 385 | 7,5 |
| 3. | CICHO Patryk | 09 | KS Neptun widnica | 2:23.83 | 356 | 5,5 |

| 15. 100m klasyczny | | | | | | JUNIOR MŁODSZY |
|--------------------|------------------|----|--------------------------------|----------------|-----|----------------|
| 1. | PARZY Mikołaj | 08 | MKP Szczecin | 1:16.41 | 412 | 8,2 |
| 2. | RUMIAN Szymon | 08 | MKS Park Wodny Tarnowskie Góry | 1:17.07 | 401 | 7,6 |
| 3. | KOVALCHUK Bohdan | 08 | UKS Delfinek Legnica | 1:20.49 | 352 | 4,1 |

| 15. 100m klasyczny | | | | | | JUNIOR |
|--------------------|----------------------|----|----------------------------------|----------------|-----|--------|
| 1. | OKO Mateusz | 07 | UKP „TORPEDA” Oleńska | 1:11.00 | 514 | 12,6 |
| 2. | PEREMICKI Aleksander | 07 | UKS PATOMSWIM Bogatynia | 1:13.67 | 460 | 9,9 |
| 3. | SKRZYPIEC Szymon | 07 | Swim Team MOSiR Kędzierzyn-Koźle | 1:14.05 | 453 | 9,5 |

OTWARTE LETNIE MISTRZOSTWA DOLNEGO LASKA
Wrocław, 28. - 29.5.2022

| 15. 100m klasyczny | | | | | | SENIOR |
|---------------------|--------------------|----|--|----------------|-----|----------------|
| 1. | LISOVETS Volodymyr | 04 | UKRAINA (Opole) | 1:03.44 | 720 | 16,3 |
| 2. | SZWEDZKI Dawid | 94 | WKS I sk | 1:04.54 | 684 | 12,8 |
| 3. | LONG Bryar | 97 | USA | 1:05.81 | 645 | 11,4 |
| 15. 100m klasyczny | | | | | | Start PK |
| 1. | CZYCZERSKI Iwo | 09 | UKS KORAL Wrocław | 1:26.32 | 286 | 1,0 |
| 17. 50m motylkowy | | | | | | JUNIOR MŁODSZY |
| 1. | KASZUBOWSKI Borys | 08 | KS WANKAN Legnica | 27.38 | 538 | 14,2 |
| 2. | PAWŁOWSKI Kornel | 08 | MKP „Atol” Ole nica | 28.32 | 486 | 11,7 |
| 3. | TWARÓG Mateusz | 08 | UKS "Kro nicka Przysta " | 29.34 | 437 | 9,1 |
| 17. 50m motylkowy | | | | | | JUNIOR |
| 1. | POR BA Krzysztof | 07 | WKS I sk | 27.39 | 537 | 12,3 |
| 2. | BORKOWSKI Marcel | 07 | KS Neptun widnica | 28.42 | 481 | 9,6 |
| 3. | SKRZYPIEC Szymon | 07 | Swim Team MOSiR K dzierzyn-Ko le | 29.06 | 450 | 7,9 |
| 17. 50m motylkowy | | | | | | SENIOR |
| 1. | MAKOWSKI Bartosz | 96 | MKS Juvenia Wrocław | 24.73 | 730 | 14,3 |
| 2. | MISIAK Szymon | 05 | UKS Shark Rudna | 24.98 | 708 | 16,7 |
| 3. | KOVALOV Arsenii | 04 | UKRAINA (Opole) | 25.01 | 706 | 15,6 |
| 17. 50m motylkowy | | | | | | Start PK |
| 1. | ZALCMAN Karol | 09 | UKS Shark Rudna | 30.55 | 387 | 8,9 |
| 2. | SADEK Franciszek | 09 | MKS Juvenia Wrocław | 31.93 | 339 | 5,5 |
| 3. | JASI SKI Jakub | 09 | UKS KORAL Wrocław | 32.86 | 311 | 3,2 |
| 19. 200m grzbietowy | | | | | | JUNIOR MŁODSZY |
| 1. | PAWŁOWSKI Kornel | 08 | MKP „Atol” Ole nica | 2:22.74 | 482 | 11,5 |
| 2. | KULETA Dominik | 08 | UKS Delfinek Legnica | 2:34.09 | 383 | 5,7 |
| 3. | PAKUŁA Patryk | 08 | UKS Shark Rudna | 2:42.68 | 325 | 1,3 |
| 19. 200m grzbietowy | | | | | | JUNIOR |
| 1. | OKO Wojciech | 07 | UKP „TORPEDA” Ole nica | 2:14.39 | 577 | 13,9 |
| 2. | FISCHER Leon | 07 | MKS Juvenia Wrocław | 2:21.92 | 490 | 9,9 |
| 3. | MAJDA SKI Borys | 07 | MKP Szczecin | 2:27.25 | 439 | 7,1 |
| 19. 200m grzbietowy | | | | | | SENIOR |
| 1. | SINKOWSKI Szymon | 05 | Gminny Klub Pływacki 7 Zdrój Trzebnica | 2:24.53 | 464 | 6,2 |
| 2. | PUKAS Mikołaj | 06 | MKS Juvenia Wrocław | 2:32.14 | 398 | 3,0 |
| 3. | TOMALIK Aleksander | 06 | Gminny Klub Pływacki 7 Zdrój Trzebnica | 2:34.78 | 378 | 1,6 |

OTWARTE LETNIE MISTRZOSTWA DOLNEGO L SKA
Wrocław, 28. - 29.5.2022

| | | | | | | |
|----------------------|--|----|--|-----------------|-----|----------------|
| 19. 200m grzbietowy | | | | | | Start PK |
| 1. | NAWOJCZYK Michał | 09 | UKS Delfinek Legnica | 2:22.21 | 487 | 14,6 |
| 2. | BORY Wojciech | 09 | LKS Jedno 32 Przyszowice | 2:31.64 | 402 | 9,9 |
| 3. | ZALCMAN Karol | 09 | UKS Shark Rudna | 2:35.81 | 370 | 7,9 |
| 21. 1500m dowolny | | | | | | JUNIOR MŁODSZY |
| 1. | PIÓRKOWSKI Adrian | 08 | MKP Szczecin | 17:42.93 | 550 | 13,0 |
| 2. | SMOSZNA Wiktor | 08 | MKS Juvenia Wrocław | 19:27.70 | 415 | 5,9 |
| 3. | BONOWICZ Adam | 08 | UKS KORAL Wrocław | 20:08.04 | 374 | 3,2 |
| 21. 1500m dowolny | | | | | | JUNIOR |
| 1. | OKO Jakub | 07 | Gminny Klub Pływacki 7 Zdrój Trzebnica | 18:07.53 | 513 | 9,6 |
| 2. | KOZDROWSKI Maciej | 07 | WKS I sk | 19:38.96 | 403 | 3,3 |
| 3. | K DZIA Adam | 07 | MKS Juvenia Wrocław | 19:39.21 | 403 | 3,3 |
| 21. 1500m dowolny | | | | | | SENIOR |
| 1. | WO NY Maksym | 05 | MKS Juvenia Wrocław | 17:26.37 | 576 | 9,7 |
| 2. | GRUDZI SKI Karol | 06 | MKS Juvenia Wrocław | 18:25.21 | 489 | 6,7 |
| 3. | MAKAREWICZ Filip | 06 | KP Aquapark W growiec | 19:09.93 | 434 | 3,5 |
| 21. 1500m dowolny | | | | | | Start PK |
| 1. | MARYJOWSKI Marcin | 09 | UKS "Kro nicka Przysta " | 18:44.18 | 465 | 11,2 |
| 23. 4 x 100m dowolny | | | | | | JUNIOR MŁODSZY |
| 1. | UKS KORAL Wrocław 1 | | UKS KORAL Wrocław | 4:15.96 | 397 | |
| 23. 4 x 100m dowolny | | | | | | SENIOR |
| 1. | WKS I sk 1 | | WKS I sk | 3:41.93 | 610 | |
| 2. | Gminny Klub Pływacki 7 Zdrój Trzebnica 1 | | Gminny Klub Pływacki 7 Zdrój Trzebnica | 4:02.89 | 465 | |
| 3. | MKP „Atol” Ole nica 1 | | MKP „Atol” Ole nica | 4:04.17 | 458 | |
| 25. 400m dowolny | | | | | | JUNIOR MŁODSZY |
| 1. | PIÓRKOWSKI Adrian | 08 | MKP Szczecin | 4:33.37 | 521 | 11,6 |
| 2. | WOJTOWICZ Alan | 08 | UKP "Na Fali" | 4:38.47 | 493 | 10,2 |
| 3. | SMOSZNA Wiktor | 08 | MKS Juvenia Wrocław | 4:51.96 | 428 | 6,6 |
| 25. 400m dowolny | | | | | | JUNIOR |
| 1. | BORKOWSKI Marcel | 07 | KS Neptun widnica | 4:32.07 | 529 | 9,6 |
| 2. | MAJDA SKI Borys | 07 | MKP Szczecin | 4:33.21 | 522 | 9,3 |
| 3. | OKO Jakub | 07 | Gminny Klub Pływacki 7 Zdrój Trzebnica | 4:33.42 | 521 | 9,3 |

OTWARTE LETNIE MISTRZOSTWA DOLNEGO LASKA
Wrocław, 28. - 29.5.2022

| 25. 400m dowolny | | | | | SENIOR | |
|------------------|-----------------------|----|-------------------|----------------|--------|------|
| 1. | STRILETSKII Oleksandr | 05 | UKRAINA (Opole) | 4:02.73 | 745 | 15,8 |
| 2. | JACKOWSKI Tomasz | 02 | KS Neptun widnica | 4:12.26 | 663 | 10,1 |
| 3. | SZAREK Jan | 06 | WKS I sk | 4:15.56 | 638 | 13,2 |

| 25. 400m dowolny | | | | | Start PK | |
|------------------|-------------------|----|--------------------|----------------|----------|-----|
| 1. | CICHO Patryk | 09 | KS Neptun widnica | 5:01.68 | 388 | 6,3 |
| 2. | PALUSZKIEWICZ Jan | 09 | UPKS Wodnik Rawicz | 5:07.09 | 368 | 4,9 |
| 3. | CZYCZERSKI Iwo | 09 | UKS KORAL Wrocław | 5:09.62 | 359 | 4,2 |

| 27. 50m dowolny | | | | | JUNIOR MŁODSZY | |
|-----------------|-------------------|----|---------------------|--------------|----------------|------|
| 1. | KASZUBOWSKI Borys | 08 | KS WANKAN Legnica | 25.96 | 522 | 13,5 |
| 2. | WOJTOWICZ Alan | 08 | UKP "Na Fali" | 25.97 | 521 | 13,5 |
| 3. | PAWŁOWSKI Kornel | 08 | MKP „Atoł” Ole nica | 26.63 | 484 | 11,7 |

| 27. 50m dowolny | | | | | JUNIOR | |
|-----------------|------------------|----|---------------------------|--------------|--------|------|
| 1. | OKO Wojciech | 07 | UKP „TORPEDA” Ole nica | 25.00 | 585 | 14,1 |
| 2. | POR BA Krzysztof | 07 | WKS I sk | 26.25 | 505 | 10,5 |
| 3. | CIGAŁA Remigiusz | 07 | KS JUST SWIM Jelenia Góra | 26.41 | 496 | 10,1 |

| 27. 50m dowolny | | | | | SENIOR | |
|-----------------|----------------|----|------------------|--------------|--------|------|
| 1. | KOPACKI Wiktor | 98 | UKS Moana Smolec | 23.49 | 705 | 13,9 |
| 2. | MISIAK Szymon | 05 | UKS Shark Rudna | 23.51 | 703 | 16,7 |
| 3. | CHUPKA Patryk | 05 | WKS I sk | 23.88 | 671 | 15,7 |

| 27. 50m dowolny | | | | | Start PK | |
|-----------------|------------------|----|----------------------|--------------|----------|------|
| 1. | NAWOJCZYK Michał | 09 | UKS Delfinek Legnica | 27.07 | 460 | 13,1 |
| 2. | SADEK Franciszek | 09 | MKS Juwenia Wrocław | 27.24 | 452 | 12,6 |
| 3. | CZUB Władimir | 09 | WKS I sk | 27.50 | 439 | 11,9 |

| 29. 200m klasyczny | | | | | JUNIOR MŁODSZY | |
|--------------------|--------------------|----|----------------------|----------------|----------------|------|
| 1. | RADZIKOWSKI Szymon | 08 | WKS I sk | 2:38.00 | 508 | 12,2 |
| 2. | KOVALCHUK Bohdan | 08 | UKS Delfinek Legnica | 2:59.54 | 346 | 2,3 |
| 3. | SUJAK Filip | 08 | UKS KORAL Wrocław | 3:12.10 | 282 | |

| 29. 200m klasyczny | | | | | JUNIOR | |
|--------------------|----------------------|----|---------------------------|----------------|--------|------|
| 1. | OKO Mateusz | 07 | UKP „TORPEDA” Ole nica | 2:36.92 | 519 | 11,4 |
| 2. | PEREMICKI Aleksander | 07 | UKS PATOMSWIM Bogatynia | 2:45.29 | 444 | 7,5 |
| 3. | PA KA Oliwier | 07 | UKP Manta Jelcz-Laskowice | 3:11.38 | 286 | |

| 29. 200m klasyczny | | | | | SENIOR | |
|--------------------|--------------------|----|-----------------|----------------|--------|------|
| 1. | LISOVETS Volodymyr | 04 | UKRAINA (Opole) | 2:19.42 | 740 | 15,4 |
| 2. | LONG Bryar | 97 | USA | 2:24.14 | 669 | 11,2 |
| 3. | KOVALCHUK Tymofii | 06 | UKRAINA (Opole) | 2:27.29 | 627 | 14,1 |

OTWARTE LETNIE MISTRZOSTWA DOLNEGO LASKA
Wrocław, 28. - 29.5.2022

| 31. 100m motylkowy | | | JUNIOR MŁODSZY | | | |
|--------------------|-------------------|----|--------------------------|----------------|-----|------|
| 1. | KASZUBOWSKI Borys | 08 | KS WANKAN Legnica | 1:01.87 | 510 | 12,9 |
| 2. | TWARÓG Mateusz | 08 | UKS "Kro nicka Przysła " | 1:05.06 | 439 | 9,2 |
| 3. | ROZMETANYK Semen | 08 | UKRAINA (Opole) | 1:08.05 | 383 | 5,7 |

| 31. 100m motylkowy | | | JUNIOR | | | |
|--------------------|------------------|----|---------------------------|----------------|-----|------|
| 1. | BORKOWSKI Marcel | 07 | KS Neptun widnica | 1:00.81 | 537 | 11,7 |
| 2. | POR BA Krzysztof | 07 | WKS I sk | 1:03.99 | 461 | 7,9 |
| 3. | CIGAŁA Remigiusz | 07 | KS JUST SWIM Jelenia Góra | 1:05.97 | 421 | 5,5 |

| 31. 100m motylkowy | | | SENIOR | | | |
|--------------------|------------------|----|---------------------|--------------|-----|------|
| 1. | MISIAK Szymon | 05 | UKS Shark Rudna | 57.43 | 638 | 14,2 |
| 2. | SOKYRKA Bohdan | 04 | UKRAINA (Opole) | 58.16 | 614 | 12,0 |
| 3. | GRUDZI SKI Karol | 06 | MKS Juvenia Wrocław | 59.89 | 562 | 11,8 |

| 31. 100m motylkowy | | | Start PK | | | |
|--------------------|---------------|----|-------------------|----------------|-----|-----|
| 1. | CZUB Władimir | 09 | WKS I sk | 1:07.30 | 396 | 9,6 |
| 2. | CICHO Patryk | 09 | KS Neptun widnica | 1:11.70 | 328 | 4,7 |
| 3. | ZALCMAN Karol | 09 | UKS Shark Rudna | 1:13.63 | 302 | 2,5 |

| 33. 50m grzbietowy | | | JUNIOR MŁODSZY | | | |
|--------------------|-------------------|----|---------------------|--------------|-----|------|
| 1. | KASZUBOWSKI Borys | 08 | KS WANKAN Legnica | 29.49 | 525 | 14,0 |
| 2. | PAWŁOWSKI Kornel | 08 | MKP „Atoł” Ole nica | 29.64 | 517 | 13,7 |
| 3. | MAKOWIECKI Antoni | 08 | UKS KORAL Wrocław | 31.61 | 426 | 9,0 |

| 33. 50m grzbietowy | | | JUNIOR | | | |
|--------------------|------------------|----|------------------------|--------------|-----|------|
| 1. | OKO Wojciech | 07 | UKP „TORPEDA” Ole nica | 28.05 | 610 | 15,4 |
| 2. | FISCHER Leon | 07 | MKS Juvenia Wrocław | 30.61 | 470 | 9,1 |
| 3. | SAROWSKI Bartosz | 07 | KS WANKAN Legnica | 31.80 | 419 | 6,2 |

| 33. 50m grzbietowy | | | SENIOR | | | |
|--------------------|------------------|----|---------------------|--------------|-----|------|
| 1. | STASZAK Wiktor | 04 | WKS I sk | 28.02 | 612 | 11,9 |
| 2. | MAKOWSKI Bartosz | 96 | MKS Juvenia Wrocław | 28.09 | 608 | 9,6 |
| 3. | MOSIAK Mikołaj | 03 | MKP „Atoł” Ole nica | 29.20 | 541 | 6,6 |

| 33. 50m grzbietowy | | | Start PK | | | |
|--------------------|------------------|----|----------------------|--------------|-----|------|
| 1. | NAWOJCZYK Michał | 09 | UKS Delfinek Legnica | 29.97 | 500 | 15,4 |
| 2. | ZALCMAN Karol | 09 | UKS Shark Rudna | 31.80 | 419 | 11,2 |
| 3. | SADEK Franciszek | 09 | MKS Juvenia Wrocław | 32.93 | 377 | 8,6 |

| 35. 4 x 200m dowolny | | | JUNIOR MŁODSZY | | | |
|----------------------|---------------------|--|-------------------|----------------|-----|--|
| 1. | UKS KORAL Wrocław 1 | | UKS KORAL Wrocław | 9:34.26 | 387 | |

35. 4 x 200m dowolny

SENIOR

1. MKS „Jedenastka” 1

MKS „Jedenastka”

11:02.58

252

Medaliści wg konkurencji, Kobiet

Wszystkie konkurencje

| | | | JUNIOR MŁODSZY | | |
|------------------|----------------------|----|--|----------------|----------------|
| 2. 100m dowolny | | | | | |
| 1. | URAWEL Polina | 08 | MKS Juwenia Wrocław | 1:03.32 | 544 10,2 |
| 2. | PIEBIAK Nicola | 08 | UKP Manta Jelcz-Laskowice | 1:03.51 | 539 10,0 |
| 3. | SPYCHALSKA Dominika | 08 | KP Aquapark W growiec | 1:04.83 | 507 8,4 |
| 2. 100m dowolny | | | | | JUNIOR |
| 1. | WŁADYCZKA Amelia | 07 | MKS Juwenia Wrocław | 1:01.04 | 607 11,8 |
| 2. | GIEWIADA Patrycja | 07 | UKS "Kro nicka Przysa " | 1:01.41 | 597 11,3 |
| 3. | STANEK Magdalena | 07 | UKS SMS Galicja Kraków | 1:02.88 | 556 9,6 |
| 2. 100m dowolny | | | | | SENIOR |
| 1. | DANYLEIKO Anastasiia | 05 | UKRAINA (Opole) | 59.62 | 652 13,0 |
| 2. | KERTY SKA Nadia | 03 | MKS Juwenia Wrocław | 59.73 | 648 11,1 |
| 3. | WIDNICKA Kamila | 06 | MKS Juwenia Wrocław | 1:00.11 | 636 12,6 |
| 2. 100m dowolny | | | | | Start PK |
| 1. | MONGIAŁŁO Zuzanna | 09 | UKS Shark Rudna | 1:05.55 | 490 9,6 |
| 2. | KO CIELNIK Kalina | 09 | UKP "Na Fali" | 1:05.93 | 482 9,1 |
| 3. | EMIER Natalia | 09 | KS Rekin wiebodzice | 1:07.38 | 451 7,5 |
| 4. 50m klasyczny | | | | | JUNIOR MŁODSZY |
| 1. | GACEK Maja | 08 | UKS Shark Rudna | 35.87 | 545 11,9 |
| 2. | PASTUSZKA Aleksandra | 08 | MKS Juwenia Wrocław | 36.41 | 521 10,8 |
| 3. | GORSKA Liliana | 08 | Swim Team MOSiR K dzierzyn-Ko le | 36.73 | 507 10,2 |
| 4. 50m klasyczny | | | | | JUNIOR |
| 1. | SKROK Julia | 07 | WKS I sk | 34.51 | 612 13,4 |
| 2. | TURBA SKA Marta | 07 | WKS I sk | 34.69 | 602 13,1 |
| 3. | POLOK Dominika | 07 | UKS MOS w Opolu | 35.68 | 553 11,0 |
| 4. 50m klasyczny | | | | | SENIOR |
| 1. | BORKOWSKA Inez | 04 | KS Neptun widnica | 34.54 | 610 12,5 |
| 2. | BIELAWNA Julia | 04 | Klub Sportowy Krotosz Krotoszyn | 35.44 | 565 10,6 |
| 3. | MAJCHRZAK Aleksandra | 06 | Gminny Klub Pływacki 7 Zdrój Trzebnica | 35.45 | 564 10,9 |
| 4. 50m klasyczny | | | | | Start PK |
| 1. | DURLIK Aleksandra | 09 | UKS KORAL Wrocław | 40.85 | 369 3,8 |
| 2. | SKROBO Lena | 09 | KS Neptun widnica | 41.08 | 362 3,4 |
| 3. | CIKOTO Zofia | 09 | UKS „SZAFIR” Wałbrzych | 41.52 | 351 2,5 |

OTWARTE LETNIE MISTRZOSTWA DOLNEGO LASKA
Wrocław, 28. - 29.5.2022

| 6. 200m motylkowy | | | | JUNIOR MŁODSZY | | |
|-------------------|-----------------|----|-------------------|----------------|-----|--|
| 1. | ROZIEL Natasza | 08 | UKS KORAL Wrocław | 2:54.52 | 340 | |
| 2. | GRZ DZIEL Zofia | 08 | UKS KORAL Wrocław | 3:17.75 | 233 | |

| 6. 200m motylkowy | | | | JUNIOR | | |
|-------------------|------------------|----|-------------------|----------------|-----|------|
| 1. | GRZESIAK Oliwia | 07 | WKS I sk | 2:29.29 | 543 | 10,5 |
| 2. | MIELNIK Hanna | 07 | UKS MOS w Opolu | 2:29.88 | 536 | 10,3 |
| 3. | JAROS Aleksandra | 07 | KS Neptun widnica | 2:37.98 | 458 | 6,2 |

| 6. 200m motylkowy | | | | SENIOR | | |
|-------------------|--------------------|----|--------------------------|----------------|-----|-----|
| 1. | PITY SKA Klara | 06 | WKS I sk | 2:37.99 | 458 | 5,4 |
| 2. | SKOCZYLAS Milena | 06 | MKS Juvenia Wrocław | 2:39.03 | 449 | 4,9 |
| 3. | ZAKRZEWSKA Barbara | 05 | UKS "Kro nicka Przysta " | 2:52.72 | 350 | |

| 6. 200m motylkowy | | | | Start PK | | |
|-------------------|--------------------|----|---------------------|----------------|-----|--|
| 1. | BOGIELCZYK Natalia | 09 | KS Neptun widnica | 2:59.03 | 314 | |
| 2. | GROCKA Natalia | 09 | MKS Juvenia Wrocław | 3:02.63 | 296 | |

| 8. 200m zmienny | | | | JUNIOR MŁODSZY | | |
|-----------------|----------------------|----|----------------------------------|----------------|-----|------|
| 1. | BA KOWSKA Wiktoria | 08 | UKS MOS w Opolu | 2:35.02 | 538 | 10,3 |
| 2. | PASTUSZKA Aleksandra | 08 | MKS Juvenia Wrocław | 2:36.71 | 521 | 9,5 |
| 3. | GORSKA Liliana | 08 | Swim Team MOSiR K dzierzyn-Ko le | 2:42.34 | 468 | 6,8 |

| 8. 200m zmienny | | | | JUNIOR | | |
|-----------------|-----------------------|----|----------------------------------|----------------|-----|-----|
| 1. | SKRZYPCZAK Natalia | 07 | Swim Team MOSiR K dzierzyn-Ko le | 2:36.84 | 519 | 8,2 |
| 2. | KULAS Anna | 07 | MKS Juvenia Wrocław | 2:44.66 | 449 | 4,4 |
| 3. | GRUSZCZY SKA Wiktoria | 07 | MKS Juvenia Wrocław | 2:49.30 | 413 | 2,1 |

| 8. 200m zmienny | | | | SENIOR | | |
|-----------------|------------------|----|---------------------|----------------|-----|-----|
| 1. | ZAGDA SKA Oliwia | 05 | MKS Juvenia Wrocław | 2:31.47 | 577 | 9,6 |
| 2. | MICHALSKA Julia | 05 | WKS I sk | 2:32.20 | 568 | 9,2 |
| 3. | BORKOWSKA Inez | 04 | KS Neptun widnica | 2:38.14 | 507 | 6,1 |

| 8. 200m zmienny | | | | Start PK | | |
|-----------------|-------------------|----|---------------|----------------|-----|-----|
| 1. | KO CIELNIK Kalina | 09 | UKP "Na Fali" | 2:48.50 | 419 | 5,8 |

| 10. 100m grzbietowy | | | | JUNIOR MŁODSZY | | |
|---------------------|----------------------|----|---------------------------|----------------|-----|-----|
| 1. | NAPIERALCZYK Martyna | 08 | WKS I sk | 1:11.64 | 515 | 9,5 |
| 2. | PIEBIAK Nicola | 08 | UKP Manta Jelcz-Laskowice | 1:13.92 | 469 | 7,2 |
| 3. | JA KOWSKA Julia | 08 | UKS MOS w Opolu | 1:15.52 | 440 | 5,5 |

OTWARTE LETNIE MISTRZOSTWA DOLNEGO L SKA
Wrocław, 28. - 29.5.2022

| | | | | | | |
|----------------------|-----------------------------|----|---------------------------|----------------|----------------|------|
| 10. 100m grzbietowy | | | | | JUNIOR | |
| 1. | STANEK Magdalena | 07 | UKS SMS Galicja Kraków | 1:08.32 | 594 | 12,2 |
| 2. | PALLUTH Aleksandra | 07 | KP Aquapark W growiec | 1:13.36 | 480 | 6,8 |
| 3. | GÓRNY Maja | 07 | WKS I sk | 1:15.34 | 443 | 4,7 |
| 10. 100m grzbietowy | | | | | SENIOR | |
| 1. | KO CIELNIAK Aleksandra | 02 | UKS Shark Rudna | 1:03.89 | 727 | 14,2 |
| 2. | STRU YK Karolina | 04 | MKS Juvenia Wrocław | 1:08.28 | 595 | 10,6 |
| 3. | TRACZYK Anna | 06 | MKS Juvenia Wrocław | 1:09.15 | 573 | 11,0 |
| 10. 100m grzbietowy | | | | | Start PK | |
| 1. | MONGIAŁŁO Zuzanna | 09 | UKS Shark Rudna | 1:15.78 | 435 | 6,9 |
| 2. | DYGAS Anastazja | 09 | UKS Delfinek Legnica | 1:18.79 | 387 | 3,9 |
| 3. | WAJSBERG Hanna | 09 | KS Rekin wiebodzice | 1:19.88 | 372 | 2,7 |
| 12. 4 x 100m zmienny | | | | | JUNIOR MŁODSZY | |
| 1. | UKS KORAL Wrocław 1 | | UKS KORAL Wrocław | 5:17.49 | 382 | |
| 2. | UKP Manta Jelcz-Laskowice 1 | | UKP Manta Jelcz-Laskowice | 5:21.96 | 366 | |
| 3. | KS Neptun widnica 2 | | KS Neptun widnica | 5:35.20 | 324 | |
| 12. 4 x 100m zmienny | | | | | JUNIOR | |
| 1. | UKS „SZAFIR” Wałbrzych 1 | | UKS „SZAFIR” Wałbrzych | 5:36.07 | 322 | |
| 12. 4 x 100m zmienny | | | | | SENIOR | |
| 1. | WKS I sk 1 | | WKS I sk | 4:34.00 | 594 | |
| 2. | KS Neptun widnica 1 | | KS Neptun widnica | 4:49.09 | 506 | |
| 3. | UKS "Kro nicka Przysza " 1 | | UKS "Kro nicka Przysza " | 4:56.40 | 469 | |
| 14. 200m dowolny | | | | | JUNIOR MŁODSZY | |
| 1. | BA KOWSKA Wiktoria | 08 | UKS MOS w Opolu | 2:18.73 | 540 | 9,3 |
| 2. | PIEBIAK Nicola | 08 | UKP Manta Jelcz-Laskowice | 2:20.50 | 519 | 8,3 |
| 3. | URAWEL Polina | 08 | MKS Juvenia Wrocław | 2:20.83 | 516 | 8,2 |
| 14. 200m dowolny | | | | | JUNIOR | |
| 1. | GRZESIAK Oliwia | 07 | WKS I sk | 2:14.07 | 598 | 10,8 |
| 2. | GIEWIADA Patrycja | 07 | UKS "Kro nicka Przysza " | 2:14.84 | 588 | 10,3 |
| 3. | R CZKOWSKA Maja | 07 | LKS Jedno 32 Przyszowice | 2:17.72 | 552 | 8,8 |
| 14. 200m dowolny | | | | | SENIOR | |
| 1. | WIDNICKA Kamila | 06 | MKS Juvenia Wrocław | 2:09.13 | 669 | 12,8 |
| 2. | CHŁ D Zuzanna | 06 | UKS MOS w Opolu | 2:10.48 | 649 | 12,1 |
| 3. | DUTKOWIAK Aleksandra | 03 | WKS I sk | 2:11.60 | 632 | 9,9 |

OTWARTE LETNIE MISTRZOSTWA DOLNEGO L SKA
Wrocław, 28. - 29.5.2022

| | | | | | | |
|--------------------|-------------------------|----|-----------------------------------|----------------|----------------|------|
| 14. 200m dowolny | | | | | Start PK | |
| 1. | GROCKA Natalia | 09 | MKS Juwenia Wrocław | 2:23.97 | 483 | 8,5 |
| 2. | EMIER Natalia | 09 | KS Rekin wiebodzice | 2:28.78 | 437 | 5,9 |
| 3. | BOGIELCZYK Natalia | 09 | KS Neptun widnica | 2:28.92 | 436 | 5,9 |
| 16. 100m klasyczny | | | | | JUNIOR MŁODSZY | |
| 1. | GACEK Maja | 08 | UKS Shark Rudna | 1:18.89 | 537 | 11,3 |
| 2. | PASTUSZKA Aleksandra | 08 | MKS Juwenia Wrocław | 1:20.34 | 508 | 10,0 |
| 3. | GORSKA Liliana | 08 | Swim Team MOSiR K dzierzyn-Ko le | 1:20.54 | 504 | 9,8 |
| 16. 100m klasyczny | | | | | JUNIOR | |
| 1. | SKROK Julia | 07 | WKS I sk | 1:16.93 | 579 | 11,6 |
| 2. | MIELNIK Hanna | 07 | UKS MOS w Opolu | 1:17.06 | 576 | 11,5 |
| 3. | TURBA SKA Marta | 07 | WKS I sk | 1:19.25 | 529 | 9,4 |
| 16. 100m klasyczny | | | | | SENIOR | |
| 1. | BORKOWSKA Inez | 04 | KS Neptun widnica | 1:15.54 | 611 | 11,6 |
| 2. | KARCZMARCZYK Aleksandra | 06 | WKS I sk | 1:19.65 | 521 | 8,5 |
| 3. | RADZIWON Adrianna | 06 | UKS Delfinek Legnica | 1:21.76 | 482 | 6,5 |
| 16. 100m klasyczny | | | | | Start PK | |
| 1. | DURLIK Aleksandra | 09 | UKS KORAL Wrocław | 1:31.54 | 343 | 1,3 |
| 2. | BIDOWANIEC Amelia | 09 | UKS „HS” Team Kryty Basen Kłodzko | 1:33.74 | 320 | |
| 3. | SKROBO Lena | 09 | KS Neptun widnica | 1:34.00 | 317 | |
| 18. 50m motylkowy | | | | | JUNIOR MŁODSZY | |
| 1. | KOCHA SKA Aleksandra | 08 | KS SWIM-ART Wrocław | 31.52 | 465 | 9,6 |
| 2. | BORYCZKA Amelia | 08 | UPKS Wodnik Rawicz | 31.65 | 459 | 9,3 |
| 3. | MICHAŁOWSKA Adrianna | 08 | MKS Juwenia Wrocław | 31.90 | 449 | 8,7 |
| 18. 50m motylkowy | | | | | JUNIOR | |
| 1. | GRZESIAK Oliwia | 07 | WKS I sk | 30.60 | 508 | 9,9 |
| 2. | WIERZBICKA Maria | 07 | UKS „HS” Team Kryty Basen Kłodzko | 31.80 | 453 | 7,0 |
| 3. | SKROK Julia | 07 | WKS I sk | 32.00 | 444 | 6,5 |
| 18. 50m motylkowy | | | | | SENIOR | |
| 1. | KO CIELNIAK Aleksandra | 02 | UKS Shark Rudna | 27.42 | 707 | 15,1 |
| 2. | MICHALSKA Julia | 05 | WKS I sk | 29.58 | 563 | 11,6 |
| 3. | GAJDOWSKA Agnieszka | 95 | KS Rekin wiebodzice | 30.18 | 530 | 8,1 |
| 18. 50m motylkowy | | | | | Start PK | |
| 1. | BOGIELCZYK Natalia | 09 | KS Neptun widnica | 34.24 | 363 | 4,5 |
| 2. | DYGAS Anastazja | 09 | UKS Delfinek Legnica | 34.34 | 360 | 4,2 |
| 3. | EMIER Natalia | 09 | KS Rekin wiebodzice | 35.74 | 319 | |

OTWARTE LETNIE MISTRZOSTWA DOLNEGO L SKA
Wrocław, 28. - 29.5.2022

| 20. 200m grzbietowy | | | | JUNIOR MŁODSZY | | |
|---------------------|----------------------|----|--|----------------|-----|------|
| 1. | NAPIERALCZYK Martyna | 08 | WKS I sk | 2:32.53 | 528 | 10,5 |
| 2. | JA KOWSKA Julia | 08 | UKS MOS w Opolu | 2:39.91 | 458 | 7,0 |
| 3. | MICHALCZUK Monika | 08 | Gminny Klub Pływacki 7 Zdrój Trzebnica | 2:48.05 | 395 | 3,0 |

| 20. 200m grzbietowy | | | | JUNIOR | | |
|---------------------|--------------------|----|----------------------------------|----------------|-----|-----|
| 1. | STANEK Magdalena | 07 | UKS SMS Galicja Kraków | 2:33.18 | 522 | 8,9 |
| 2. | SKRZYPCZAK Natalia | 07 | Swim Team MOSiR K dzierzyn-Ko le | 2:36.66 | 488 | 7,2 |
| 3. | L GA Natalia | 07 | KS Neptun widnica | 2:38.84 | 468 | 6,1 |

| 20. 200m grzbietowy | | | | SENIOR | | |
|---------------------|-------------------|----|------------------------|----------------|-----|------|
| 1. | TRACZYK Anna | 06 | MKS Juvenia Wrocław | 2:22.66 | 646 | 13,6 |
| 2. | SZWABI KA Alicja | 06 | UKP „TORPEDA” Ole nica | 2:29.69 | 559 | 10,1 |
| 3. | TUSZY SKA Matylda | 05 | AZS AWF Katowice | 2:31.16 | 543 | 8,9 |

| 20. 200m grzbietowy | | | | Start PK | | |
|---------------------|-------------------|----|---------------------|----------------|-----|-----|
| 1. | MONGIAŁŁO Zuzanna | 09 | UKS Shark Rudna | 2:43.02 | 433 | 7,4 |
| 2. | K DZIA Hanna | 09 | MKS Juvenia Wrocław | 2:47.54 | 399 | 5,2 |
| 3. | WAJSBERG Hanna | 09 | KS Rekin wiebodzice | 2:52.11 | 368 | 3,1 |

| 22. 800m dowolny | | | | JUNIOR MŁODSZY | | |
|------------------|----------------------|----|---------------------|-----------------|-----|-----|
| 1. | BA KOWSKA Wiktoria | 08 | UKS MOS w Opolu | 10:06.17 | 511 | 8,8 |
| 2. | ROZIEL Natasza | 08 | UKS KORAL Wrocław | 10:55.54 | 404 | 2,7 |
| 3. | KOCHA SKA Aleksandra | 08 | KS SWIM-ART Wrocław | 11:02.06 | 392 | 1,8 |

| 22. 800m dowolny | | | | JUNIOR | | |
|------------------|---------------------|----|--------------------------|----------------|-----|------|
| 1. | MAŁOLEPSZA Weronika | 07 | MKP Szczecin | 9:38.88 | 587 | 11,4 |
| 2. | R CZKOWSKA Maja | 07 | LKS Jedno 32 Przyszowice | 9:39.74 | 584 | 11,3 |
| 3. | WŁADYCZKA Amelia | 07 | MKS Juvenia Wrocław | 9:50.81 | 552 | 9,9 |

| 22. 800m dowolny | | | | SENIOR | | |
|------------------|--------------------|----|--------------------------|-----------------|-----|------|
| 1. | WIDNICKA Kamila | 06 | MKS Juvenia Wrocław | 9:28.92 | 618 | 11,8 |
| 2. | L GA Maja | 05 | KS Neptun widnica | 10:00.99 | 524 | 7,5 |
| 3. | ZAKRZEWSKA Barbara | 05 | UKS "Kro nicka Przysta " | 11:02.11 | 392 | |

| 22. 800m dowolny | | | | Start PK | | |
|------------------|-------------------|----|---------------------|-----------------|-----|-----|
| 1. | GROCKA Natalia | 09 | MKS Juvenia Wrocław | 10:32.95 | 449 | 7,9 |
| 2. | KO CIELNIK Kalina | 09 | UKP "Na Fali" | 10:49.27 | 416 | 5,9 |
| 3. | K DZIA Hanna | 09 | MKS Juvenia Wrocław | 11:11.27 | 376 | 3,3 |

| 24. 4 x 100m dowolny | | | | JUNIOR MŁODSZY | | |
|----------------------|---------------------|--|-------------------|----------------|-----|--|
| 1. | UKS KORAL Wrocław 1 | | UKS KORAL Wrocław | 4:42.99 | 406 | |
| 2. | KS Neptun widnica 2 | | KS Neptun widnica | 5:00.46 | 339 | |

OTWARTE LETNIE MISTRZOSTWA DOLNEGO L SKA
Wrocław, 28. - 29.5.2022

| | | | | | | |
|----------------------|----------------------------|----|---------------------------|----------------|-----|----------------|
| 24. 4 x 100m dowolny | | | | | | SENIOR |
| 1. | WKS I sk 1 | | WKS I sk | 4:10.40 | 587 | |
| 2. | UKS "Kro nicka Przysta " 1 | | UKS "Kro nicka Przysta " | 4:22.57 | 509 | |
| 3. | KS Neptun widnica 1 | | KS Neptun widnica | 4:24.61 | 497 | |
| 26. 400m dowolny | | | | | | JUNIOR MŁODSZY |
| 1. | BA KOWSKA Wiktoria | 08 | UKS MOS w Opolu | 4:52.67 | 527 | 9,5 |
| 2. | NAPIERALCZYK Martyna | 08 | WKS I sk | 5:05.38 | 464 | 6,2 |
| 3. | KOCHA SKA Aleksandra | 08 | KS SWIM-ART Wrocław | 5:12.02 | 435 | 4,5 |
| 26. 400m dowolny | | | | | | JUNIOR |
| 1. | R CZKOWSKA Maja | 07 | LKS Jedno 32 Przyszowice | 4:42.64 | 585 | 10,8 |
| 2. | MAŁOLEPSZA Weronika | 07 | MKP Szczecin | 4:47.98 | 553 | 9,4 |
| 3. | JAROS Aleksandra | 07 | KS Neptun widnica | 4:56.04 | 509 | 7,3 |
| 26. 400m dowolny | | | | | | SENIOR |
| 1. | TRACZYK Anna | 06 | MKS Juwenia Wrocław | 4:37.77 | 616 | 11,4 |
| 2. | ZAGDA SKA Oliwia | 05 | MKS Juwenia Wrocław | 4:41.47 | 592 | 10,2 |
| 3. | WIDNICKA Kamila | 06 | MKS Juwenia Wrocław | 4:46.57 | 561 | 9,1 |
| 26. 400m dowolny | | | | | | Start PK |
| 1. | GROCKA Natalia | 09 | MKS Juwenia Wrocław | 5:07.90 | 452 | 7,5 |
| 2. | KO CIELNIK Kalina | 09 | UKP "Na Fali" | 5:09.97 | 443 | 7,0 |
| 3. | BOGIELCZYK Natalia | 09 | KS Neptun widnica | 5:09.98 | 443 | 7,0 |
| 28. 50m dowolny | | | | | | JUNIOR MŁODSZY |
| 1. | PIEBIAK Nicola | 08 | UKP Manta Jelcz-Laskowice | 28.51 | 572 | 12,2 |
| 2. | URAWEL Polina | 08 | MKS Juwenia Wrocław | 28.91 | 548 | 11,2 |
| 3. | BORYCZKA Amelia | 08 | UPKS Wodnik Rawicz | 29.41 | 521 | 9,9 |
| 28. 50m dowolny | | | | | | JUNIOR |
| 1. | GIEWIADA Patrycja | 07 | UKS "Kro nicka Przysta " | 28.10 | 597 | 11,9 |
| 2. | WŁADYCZKA Amelia | 07 | MKS Juwenia Wrocław | 28.14 | 595 | 11,8 |
| 3. | STANEK Magdalena | 07 | UKS SMS Galicja Kraków | 28.80 | 555 | 10,1 |
| 28. 50m dowolny | | | | | | SENIOR |
| 1. | DANYLEIKO Anastasiia | 05 | UKRAINA (Opole) | 27.29 | 652 | 13,5 |
| 2. | KERTY SKA Nadia | 03 | MKS Juwenia Wrocław | 27.52 | 636 | 11,0 |
| 3. | CHODOROWSKA Lena | 06 | MKP „Atol” Ole nica | 27.59 | 631 | 13,1 |
| 28. 50m dowolny | | | | | | Start PK |
| 1. | MONGIAŁŁO Zuzanna | 09 | UKS Shark Rudna | 30.20 | 481 | 9,3 |
| 2. | WAJSBERG Hanna | 09 | KS Rekin wiebodzice | 31.04 | 443 | 7,2 |
| 3. | DURLIK Aleksandra | 09 | UKS KORAL Wrocław | 31.13 | 439 | 6,9 |

OTWARTE LETNIE MISTRZOSTWA DOLNEGO L SKA
Wrocław, 28. - 29.5.2022

| | | | | JUNIOR MŁODSZY | | |
|-------------------------|----|--|----------------|----------------|------|----------------|
| 30. 200m klasyczny | | | | | | |
| 1. PASTUSZKA Aleksandra | 08 | MKS Juvenia Wrocław | 2:47.85 | 567 | 12,4 | |
| 2. GACEK Maja | 08 | UKS Shark Rudna | 2:50.38 | 542 | 11,3 | |
| 3. GORSKA Liliana | 08 | Swim Team MOSiR K dzierzyn-Ko le | 2:55.74 | 494 | 9,0 | |
| 30. 200m klasyczny | | | | | | JUNIOR |
| 1. MIELNIK Hanna | 07 | UKS MOS w Opolu | 2:46.06 | 585 | 11,8 | |
| 2. POLOK Dominika | 07 | UKS MOS w Opolu | 2:52.92 | 518 | 8,8 | |
| 3. CISŁOWICZ Kinga | 07 | KS Neptun widnica | 2:55.17 | 499 | 7,8 | |
| 30. 200m klasyczny | | | | | | SENIOR |
| 1. BORKOWSKA Inez | 04 | KS Neptun widnica | 2:43.24 | 616 | 11,4 | |
| 2. RADZIWON Adrianna | 06 | UKS Delfinek Legnica | 2:59.64 | 462 | 4,8 | |
| 3. MAJCHRZAK Aleksandra | 06 | Gminny Klub Pływacki 7 Zdrój Trzebnica | 3:07.32 | 408 | 1,4 | |
| 30. 200m klasyczny | | | | | | Start PK |
| 1. SKROBO Lena | 09 | KS Neptun widnica | 3:14.32 | 365 | 2,5 | |
| 2. KUDAREWSKA Anika | 09 | KS Neptun widnica | 3:23.15 | 319 | | |
| 3. BIDOWANIEC Amelia | 09 | UKS „HS” Team Kryty Basen Kłodzko | 3:23.64 | 317 | | |
| 32. 100m motylkowy | | | | | | JUNIOR MŁODSZY |
| 1. MICHAŁOWSKA Adrianna | 08 | MKS Juvenia Wrocław | 1:12.08 | 456 | 6,6 | |
| 2. GARBA Ró a | 08 | UKS „SZAFIR” Wałbrzych | 1:14.67 | 410 | 3,8 | |
| 3. ROZIEL Natasza | 08 | UKS KORAL Wrocław | 1:16.28 | 384 | 2,1 | |
| 32. 100m motylkowy | | | | | | JUNIOR |
| 1. GRZESIAK Oliwia | 07 | WKS I sk | 1:08.62 | 528 | 9,2 | |
| 2. JAROS Aleksandra | 07 | KS Neptun widnica | 1:13.76 | 425 | 3,6 | |
| 3. KULAS Anna | 07 | MKS Juvenia Wrocław | 1:13.90 | 423 | 3,4 | |
| 32. 100m motylkowy | | | | | | SENIOR |
| 1. SKOCZYLAS Milena | 06 | MKS Juvenia Wrocław | 1:08.93 | 521 | 8,1 | |
| 2. PITY SKA Klara | 06 | WKS I sk | 1:10.15 | 494 | 6,8 | |
| 3. SENCHII Ksenia | 06 | UKRAINA (Opole) | 1:12.85 | 441 | 3,8 | |
| 32. 100m motylkowy | | | | | | Start PK |
| 1. EMIER Natalia | 09 | KS Rekin wiebodzice | 1:23.87 | 289 | | |
| 2. GROCKA Natalia | 09 | MKS Juvenia Wrocław | 1:24.13 | 286 | | |
| 3. BOGIELCZYK Natalia | 09 | KS Neptun widnica | 1:24.77 | 280 | | |
| 34. 50m grzbietowy | | | | | | JUNIOR MŁODSZY |
| 1. URAWEL Polina | 08 | MKS Juvenia Wrocław | 32.49 | 572 | 11,7 | |
| 2. PIEBIAK Nicola | 08 | UKP Manta Jelcz-Laskowice | 33.53 | 520 | 9,4 | |
| 3. NAPIERALCZYK Martyna | 08 | WKS I sk | 33.70 | 513 | 9,0 | |

OTWARTE LETNIE MISTRZOSTWA DOLNEGO LASKA
Wrocław, 28. - 29.5.2022

| 34. 50m grzbietowy | | | | | JUNIOR | |
|--------------------|--------------------|----|------------------------|--------------|--------|------|
| 1. | STANEK Magdalena | 07 | UKS SMS Galicja Kraków | 31.26 | 642 | 13,5 |
| 2. | WŁADYCZKA Amelia | 07 | MKS Juvenia Wrocław | 32.76 | 558 | 10,1 |
| 3. | PALLUTH Aleksandra | 07 | KP Aquapark W growiec | 33.30 | 531 | 8,9 |

| 34. 50m grzbietowy | | | | | SENIOR | |
|--------------------|--------------------|----|---------------------|--------------|--------|------|
| 1. | MACIUSZEK Wiktoria | 04 | KS SWIM-ART Wrocław | 30.81 | 671 | 13,1 |
| 2. | MALACZEWSKA Maja | 05 | MKS Juvenia Wrocław | 31.91 | 604 | 10,7 |
| 3. | CHODOROWSKA Lena | 06 | MKP „Atol” Ole nica | 31.92 | 603 | 11,6 |

| 34. 50m grzbietowy | | | | | Start PK | |
|--------------------|-------------------|----|----------------------|--------------|----------|-----|
| 1. | MONGIAŁŁO Zuzanna | 09 | UKS Shark Rudna | 34.66 | 471 | 8,3 |
| 2. | DYGAS Anastazja | 09 | UKS Delfinek Legnica | 35.50 | 438 | 6,4 |
| 3. | WAJSBERG Hanna | 09 | KS Rekin wiebodzice | 36.04 | 419 | 5,2 |

| 36. 4 x 200m dowolny | | | | JUNIOR MŁODSZY | |
|----------------------|-----------------------------|--|---------------------------|-----------------|-----|
| 1. | UKP Manta Jelcz-Laskowice 1 | | UKP Manta Jelcz-Laskowice | 10:20.04 | 409 |
| 2. | UKS KORAL Wrocław 1 | | UKS KORAL Wrocław | 10:30.81 | 388 |

| 36. 4 x 200m dowolny | | | | SENIOR | |
|----------------------|----------------------------|--|--------------------------|-----------------|-----|
| 1. | KS Neptun widnica 1 | | KS Neptun widnica | 9:36.40 | 509 |
| 2. | UKS "Kro nicka Przysta " 1 | | UKS "Kro nicka Przysta " | 10:03.77 | 443 |