

OTWARTE LETNIE MISTRZOSTWA DOLNEGO L SKA
Wrocław, 28. - 29.5.2022

Konkurencja 25
29.05.2022 - 9:00

Mężczyzn, 400m dowolny

13 - 50 lat
Wyniki

Punkty: FINA 2022

Pozycja	Rok ur.	Czas	Pkt.	100m	200m	300m	400m
JUNIOR MŁODSZY							
1. PIÓRKOWSKI Adrian	08	4:33.37	521	1:06.44	1:10.27	1:09.69	1:06.97
50m: 31.86	31.86	150m: 1:41.49	35.05	250m: 2:51.07	34.36	350m: 4:00.52	34.12
100m: 1:06.44	34.58	200m: 2:16.71	35.22	300m: 3:26.40	35.33	400m: 4:33.37	32.85
2. WOJTOWICZ Alan	08	4:38.47	493	1:04.85	1:11.75	1:14.07	1:07.80
50m: 30.67	30.67	150m: 1:40.25	35.40	250m: 2:53.77	37.17	350m: 4:06.48	35.81
100m: 1:04.85	34.18	200m: 2:16.60	36.35	300m: 3:30.67	36.90	400m: 4:38.47	31.99
3. SMOSZNA Wiktor	08	4:51.96	428	1:08.11	1:14.40	1:15.66	1:13.79
50m: 31.81	31.81	150m: 1:44.96	36.85	250m: 3:00.42	37.91	350m: 4:15.54	37.37
100m: 1:08.11	36.30	200m: 2:22.51	37.55	300m: 3:38.17	37.75	400m: 4:51.96	36.42
4. PAKUŁA Patryk	08	4:55.42	413	1:09.75	1:16.82	1:15.60	1:13.25
50m: 32.76	32.76	150m: 1:47.44	37.69	250m: 3:04.53	37.96	350m: 4:19.62	37.45
100m: 1:09.75	36.99	200m: 2:26.57	39.13	300m: 3:42.17	37.64	400m: 4:55.42	35.80
5. KAUC Franciszek	08	5:02.71	384	1:08.86	1:19.45	1:19.30	1:15.10
50m: 31.55	31.55	150m: 1:48.30	39.44	250m: 3:07.71	39.40	350m: 4:26.46	38.85
100m: 1:08.86	37.31	200m: 2:28.31	40.01	300m: 3:47.61	39.90	400m: 5:02.71	36.25
6. STEFURAK Julian	08	5:03.09	382	1:09.19	1:17.34	1:17.92	1:18.64
50m: 32.59	32.59	150m: 1:47.90	38.71	250m: 3:05.36	38.83	350m: 4:24.47	40.02
100m: 1:09.19	36.60	200m: 2:26.53	38.63	300m: 3:44.45	39.09	400m: 5:03.09	38.62
7. BONOWICZ Adam	08	5:06.59	369	1:10.47	1:18.41	1:19.50	1:18.21
50m: 32.89	32.89	150m: 1:49.28	38.81	250m: 3:08.54	39.66	350m: 4:27.23	38.85
100m: 1:10.47	37.58	200m: 2:28.88	39.60	300m: 3:48.38	39.84	400m: 5:06.59	39.36
8. SUSZCZY SKI Konrad	08	5:09.61	359	1:10.07	1:20.26	1:21.57	1:17.71
50m: 32.82	32.82	150m: 1:49.72	39.65	250m: 3:11.17	40.84	350m: 4:31.76	39.86
100m: 1:10.07	37.25	200m: 2:30.33	40.61	300m: 3:51.90	40.73	400m: 5:09.61	37.85
9. KUCHARSKI Kamil	08	5:17.31	333	1:14.27	1:22.87	1:22.22	1:17.95
50m: 35.51	35.51	150m: 1:55.19	40.92	250m: 3:18.84	41.70	350m: 4:39.54	40.18
100m: 1:14.27	38.76	200m: 2:37.14	41.95	300m: 3:59.36	40.52	400m: 5:17.31	37.77

JUNIOR

1. BORKOWSKI Marcel	07	4:32.07	529	1:03.43	1:10.16	1:10.34	1:08.14
50m: 30.37	30.37	150m: 1:38.00	34.57	250m: 2:48.58	34.99	350m: 3:59.07	35.14
100m: 1:03.43	33.06	200m: 2:13.59	35.59	300m: 3:23.93	35.35	400m: 4:32.07	33.00
2. MAJDA SKI Borys	07	4:33.21	522	1:03.85	1:08.77	1:10.59	1:10.00
50m: 30.25	30.25	150m: 1:38.31	34.46	250m: 2:47.35	34.73	350m: 3:58.93	35.72
100m: 1:03.85	33.60	200m: 2:12.62	34.31	300m: 3:23.21	35.86	400m: 4:33.21	34.28
3. OKO Jakub	07	4:33.42	521	1:04.78	1:08.81	1:10.16	1:09.67
50m: 30.38	30.38	150m: 1:39.01	34.23	250m: 2:48.19	34.60	350m: 3:58.98	35.23
100m: 1:04.78	34.40	200m: 2:13.59	34.58	300m: 3:23.75	35.56	400m: 4:33.42	34.44
4. KONOPKO Mateusz	07	4:45.58	457	1:06.46	1:14.35	1:14.08	1:10.69
50m: 30.98	30.98	150m: 1:43.58	37.12	250m: 2:58.23	37.42	350m: 4:11.39	36.50
100m: 1:06.46	35.48	200m: 2:20.81	37.23	300m: 3:34.89	36.66	400m: 4:45.58	34.19
5. DRZYCIMSKI Maciej	07	4:48.78	442	1:08.06	1:14.65	1:13.68	1:12.39
50m: 32.13	32.13	150m: 1:45.52	37.46	250m: 2:59.49	36.78	350m: 4:13.66	37.27
100m: 1:08.06	35.93	200m: 2:22.71	37.19	300m: 3:36.39	36.90	400m: 4:48.78	35.12
6. SZCZYGIEŁ Stanisław	07	4:50.29	435	1:09.68	1:14.01	1:14.93	1:11.67
50m: 32.74	32.74	150m: 1:46.66	36.98	250m: 3:01.73	38.04	350m: 4:14.08	35.46
100m: 1:09.68	36.94	200m: 2:23.69	37.03	300m: 3:38.62	36.89	400m: 4:50.29	36.21
7. KASPRZAK Krystian	07	4:54.51	417	1:07.51	1:17.68	1:17.05	1:12.27
50m: 30.41	30.41	150m: 1:46.18	38.67	250m: 3:03.78	38.59	350m: 4:19.27	37.03
100m: 1:07.51	37.10	200m: 2:25.19	39.01	300m: 3:42.24	38.46	400m: 4:54.51	35.24

OTWARTE LETNIE MISTRZOSTWA DOLNEGO L SKA
Wrocław, 28. - 29.5.2022

Konkurencja 25, Chłopców, 400m dowolny, JUNIOR

Pozycja	Rok ur.	Czas	Pkt.	100m	200m	300m	400m
8. K DZIA Adam	07	MKS Juvenia Wrocław	4:55.07 414	1:09.33	1:15.63	1:17.08	1:13.03
50m: 32.44	32.44	150m: 1:47.03	37.70	250m: 3:03.54	38.58	350m: 4:19.97	37.93
100m: 1:09.33	36.89	200m: 2:24.96	37.93	300m: 3:42.04	38.50	400m: 4:55.07	35.10
9. KASIANENKO Dmytro	07	MKS Dziewi tka Dzier oniów	4:57.54 404	1:07.28	1:17.05	1:17.06	1:16.15
50m: 31.09	31.09	150m: 1:45.81	38.53	250m: 3:03.14	38.81	350m: 4:20.60	39.21
100m: 1:07.28	36.19	200m: 2:24.33	38.52	300m: 3:41.39	38.25	400m: 4:57.54	36.94
10. KOZDROWSKI Maciej	07	WKS I sk	4:59.87 395	1:10.23	1:17.16	1:17.67	1:14.81
50m: 32.55	32.55	150m: 1:48.59	38.36	250m: 3:06.39	39.00	350m: 4:22.85	37.79
100m: 1:10.23	37.68	200m: 2:27.39	38.80	300m: 3:45.06	38.67	400m: 4:59.87	37.02
11. MICHALCZUK Bartosz	07	MKS Juvenia Wrocław	5:09.03 361	1:13.60	1:21.85	1:21.89	1:11.69
50m: 34.12	34.12	150m: 1:54.23	40.63	250m: 3:16.26	40.81	350m: 4:32.57	35.23
100m: 1:13.60	39.48	200m: 2:35.45	41.22	300m: 3:57.34	41.08	400m: 5:09.03	36.46

SENIOR

1. STRILETSKII Aleksandr	05	UKRAINA (Opole)	4:02.73 745	57.63	1:01.49	1:02.43	1:01.18
50m:		150m: 1:28.10	30.47	250m: 2:30.27	31.15	350m: 3:32.75	31.20
100m: 57.63		200m: 1:59.12	31.02	300m: 3:01.55	31.28	400m: 4:02.73	29.98
2. JACKOWSKI Tomasz	02	KS Neptun widnica	4:12.26 663	58.76	1:03.01	1:04.66	1:05.83
50m:		150m: 1:29.81	31.05	250m: 2:33.74	31.97	350m: 3:39.62	33.19
100m: 58.76		200m: 2:01.77	31.96	300m: 3:06.43	32.69	400m: 4:12.26	32.64
3. SZAREK Jan	06	WKS I sk	4:15.56 638	1:01.38	1:06.58	1:05.09	1:02.51
50m:		150m: 1:34.21	32.83	250m: 2:40.48	32.52	350m: 3:44.85	31.80
100m: 1:01.38		200m: 2:07.96	33.75	300m: 3:13.05	32.57	400m: 4:15.56	30.71
4. WO NY Maksym	05	MKS Juvenia Wrocław	4:20.31 604	59.93	1:06.68	1:06.82	1:06.88
50m:		150m: 1:32.72	32.79	250m: 2:39.61	33.00	350m: 3:47.57	34.14
100m: 59.93		200m: 2:06.61	33.89	300m: 3:13.43	33.82	400m: 4:20.31	32.74
5. DYRDA Michał	06	MKS Juvenia Wrocław	4:36.04 506	1:02.88	1:09.02	1:12.25	1:11.89
50m:		150m: 1:37.25	34.37	250m: 2:47.53	35.63	350m: 4:00.08	35.93
100m: 1:02.88		200m: 2:11.90	34.65	300m: 3:24.15	36.62	400m: 4:36.04	35.96
6. MAKAREWICZ Filip	06	KP Aquapark W growiec	4:46.32 454	1:08.46	1:14.97	1:14.45	1:08.44
50m: 32.05	32.05	150m: 1:46.16	37.70	250m: 3:01.29	37.86	350m: 4:12.95	35.07
100m: 1:08.46	36.41	200m: 2:23.43	37.27	300m: 3:37.88	36.59	400m: 4:46.32	33.37
7. PUKAS Mikołaj	06	MKS Juvenia Wrocław	5:02.74 384	1:09.92	1:17.14	1:19.05	1:16.63
50m: 33.04	33.04	150m: 1:48.08	38.16	250m: 3:06.59	39.53	350m: 4:25.48	39.37
100m: 1:09.92	36.88	200m: 2:27.06	38.98	300m: 3:46.11	39.52	400m: 5:02.74	37.26

DYSKW. STASZAK Wiktor

04 WKS I sk

D2 - Pływak zanurzył się całkowicie w trakcie wy cigu(nz wyj tkiem 15m po starcie lub nawrocie) 5.3

50m:	150m:	250m:	350m:	4:33.42
100m:	200m:	300m:	400m:	

Start PK

1. CICHÓ Patryk	09	KS Neptun widnica	5:01.68 388	1:10.60	1:18.18	1:18.21	1:14.69
50m: 33.06	33.06	150m: 1:49.07	38.47	250m: 3:07.83	39.05	350m: 4:25.47	38.48
100m: 1:10.60	37.54	200m: 2:28.78	39.71	300m: 3:46.99	39.16	400m: 5:01.68	36.21
2. PALUSZKIEWICZ Jan	09	UPKS Wodnik Rawicz	5:07.09 368	1:11.51	1:17.02	1:19.83	1:18.73
50m: 33.89	33.89	150m: 1:49.65	38.14	250m: 3:08.27	39.74	350m: 4:29.18	40.82
100m: 1:11.51	37.62	200m: 2:28.53	38.88	300m: 3:48.36	40.09	400m: 5:07.09	37.91
3. CZYCZERSKI Iwo	09	UKS KORAL Wrocław	5:09.62 359	1:11.53	1:19.76	1:19.90	1:18.43
50m: 33.70	33.70	150m: 1:51.33	39.80	250m: 3:11.13	39.84	350m: 4:31.05	39.86
100m: 1:11.53	37.83	200m: 2:31.29	39.96	300m: 3:51.19	40.06	400m: 5:09.62	38.57