

Ogólnopolski sprawdzian wytrzymało ci i wszechstronno ci stylowej dzieci 11-12 letnich
Wrocław, 18.11.2022

Konkurencja 6
18.11.2022 - 12:36

Chłopców, 400m dowolny

9 - 11 lat
Wyniki

Punkty: FINA 2022

Pozycja			Rok ur.					Czas	Pkt.
11 lat									
1.	ZIEMBICKI Borys		11	MKS Juvenia Wrocław				5:27.80	271
	50m:	35.26 35.26	150m:	1:59.46 42.83	250m:	3:23.07 42.12	350m:	4:47.66 41.78	
	100m:	1:16.63 41.37	200m:	2:40.95 41.49	300m:	4:05.88 42.81	400m:	5:27.80 40.14	
2.	KOWALCZYK Kamil		11	MKS Juvenia Wrocław				5:28.96	268
	50m:	35.34 35.34	150m:	1:58.82 41.65	250m:	3:22.89 42.57	350m:	4:47.40 41.99	
	100m:	1:17.17 41.83	200m:	2:40.32 41.50	300m:	4:05.41 42.52	400m:	5:28.96 41.56	
3.	GAWRO SKI Mateusz		11	WKS I sk				5:37.66	248
	50m:	36.59 36.59	150m:	2:02.42 44.34	250m:	3:30.29 43.46	350m:	4:58.38 43.84	
	100m:	1:18.08 41.49	200m:	2:46.83 44.41	300m:	4:14.54 44.25	400m:	5:37.66 39.28	
4.	SKOWRON Tymoteusz		11	UKS KORAL Wrocław				5:44.81	233
	50m:	38.80 38.80	150m:	2:09.54 46.06	250m:	3:39.39 44.59	350m:	5:06.96 42.47	
	100m:	1:23.48 44.68	200m:	2:54.80 45.26	300m:	4:24.49 45.10	400m:	5:44.81 37.85	
5.	WANIK Alan		11	WKS I sk				5:57.59	209
	50m:	39.57 39.57	150m:	2:10.62 46.55	250m:	3:43.35 46.49	350m:	5:14.42 45.57	
	100m:	1:24.07 44.50	200m:	2:56.86 46.24	300m:	4:28.85 45.50	400m:	5:57.59 43.17	
6.	BOBYK Karol		11	WKS I sk				5:57.85	208
	50m:	40.21 40.21	150m:	2:12.34 46.44	250m:	3:43.97 45.43	350m:	5:15.38 45.71	
	100m:	1:25.90 45.69	200m:	2:58.54 46.20	300m:	4:29.67 45.70	400m:	5:57.85 42.47	
7.	WOLNY Dariusz		11	KS "Swimmers I za"				6:04.77	197
	50m:	40.52 40.52	150m:	2:13.47 46.98	250m:	3:47.92 47.13	350m:	5:24.12 47.68	
	100m:	1:26.49 45.97	200m:	3:00.79 47.32	300m:	4:36.44 48.52	400m:	6:04.77 40.65	
8.	MISIEWICZ Brajan		11	MKS Juvenia Wrocław				6:09.91	188
	50m:	39.21 39.21	150m:	2:59.80 46.82	250m:	6:09.74 2:22.37	350m:		
	100m:	2:12.98 1:33.77	200m:	3:47.37 47.57	300m:		400m:	6:09.91	
9.	HUDZIAK Rafał		11	WKS I sk				6:11.36	186
	50m:	37.78 37.78	150m:	2:16.17 50.91	250m:	3:53.25 47.78	350m:	5:27.22 45.90	
	100m:	1:25.26 47.48	200m:	3:05.47 49.30	300m:	4:41.32 48.07	400m:	6:11.36 44.14	
10.	BIGAJ J drzej		11	MKS Juvenia Wrocław				6:11.68	186
	50m:	41.45 41.45	150m:	2:17.95 48.76	250m:	3:54.61 48.01	350m:	5:28.97 47.09	
	100m:	1:29.19 47.74	200m:	3:06.60 48.65	300m:	4:41.88 47.27	400m:	6:11.68 42.71	
11.	KOPACZ Maciej		11	WKS I sk				6:13.29	183
	50m:	40.81 40.81	150m:	2:13.36 45.72	250m:	3:47.58 46.39	350m:	5:24.42 48.67	
	100m:	1:27.64 46.83	200m:	3:01.19 47.83	300m:	4:35.75 48.17	400m:	6:13.29 48.87	
12.	MARHARA Denis		11	MKS Juvenia Wrocław				6:20.32	173
	50m:	41.49 41.49	150m:	2:17.79 47.96	250m:	3:55.63 49.13	350m:	5:34.24 49.27	
	100m:	1:29.83 48.34	200m:	3:06.50 48.71	300m:	4:44.97 49.34	400m:	6:20.32 46.08	
13.	CZAJA Gabriel		11	MKS Juvenia Wrocław				6:23.64	169
	50m:	40.70 40.70	150m:	2:18.75 49.65	250m:	3:57.53 49.98	350m:	5:36.74 49.19	
	100m:	1:29.10 48.40	200m:	3:07.55 48.80	300m:	4:47.55 50.02	400m:	6:23.64 46.90	
14.	SERHIENKO Yevhenij		11	MKS Juvenia Wrocław				6:25.37	167
	50m:	44.72 44.72	150m:	2:23.28 50.22	250m:	4:01.50 49.71	350m:	5:37.40 48.35	
	100m:	1:33.06 48.34	200m:	3:11.79 48.51	300m:	4:49.05 47.55	400m:	6:25.37 47.97	
15.	KLIMOWICZ Grzegorz		11	MKS Juvenia Wrocław				6:26.13	166
	50m:	45.44 45.44	150m:	2:23.99 49.26	250m:	4:01.93 49.16	350m:	5:40.24 48.91	
	100m:	1:34.73 49.29	200m:	3:12.77 48.78	300m:	4:51.33 49.40	400m:	6:26.13 45.89	
16.	KŁAK Adam		11	MKS Juvenia Wrocław				6:34.18	156
	50m:	43.38 43.38	150m:	2:22.82 50.96	250m:	4:05.30 51.42	350m:	5:47.16 50.70	
	100m:	1:31.86 48.48	200m:	3:13.88 51.06	300m:	4:56.46 51.16	400m:	6:34.18 47.02	

Ogólnopolski sprawdzian wytrzymało ci i wszechstronno ci stylowej dzieci 11-12 letnich
Wrocław, 18.11.2022

Konkurencja 6, Chłopców, 400m dowolny, 11 lat

Pozycja			Rok ur.					Czas	Pkt.		
16.	BASIAK Bartłomiej		11	UKS KORAL Wrocław				6:34.18	156		
	50m:	41.01 41.01	150m:	2:20.44	51.90	250m:	4:04.02	51.95	350m:	5:46.39	50.35
	100m:	1:28.54 47.53	200m:	3:12.07	51.63	300m:	4:56.04	52.02	400m:	6:34.18	47.79
18.	SZALAST Piotr		11	MKS Juvenia Wrocław				6:34.47	155		
	50m:	43.31 43.31	150m:	2:21.85	50.10	250m:	4:04.63	51.65	350m:	5:44.09	50.47
	100m:	1:31.75 48.44	200m:	3:12.98	51.13	300m:	4:53.62	48.99	400m:	6:34.47	50.38
19.	WO NY Julian		11	KS JUST SWIM Jelenia Góra				6:40.56	148		
	50m:	39.07 39.07	150m:	2:07.42	44.60	250m:	3:38.92	46.02	350m:	5:08.38	45.38
	100m:	1:22.82 43.75	200m:	2:52.90	45.48	300m:	4:23.00	44.08	400m:	6:40.56	1:32.18
20.	TARNOWSKI Filip		11	WKS I sk				6:41.44	147		
	50m:	43.77 43.77	150m:	2:26.81	51.35	250m:	4:09.51	50.91	350m:	5:52.81	51.40
	100m:	1:35.46 51.69	200m:	3:18.60	51.79	300m:	5:01.41	51.90	400m:	6:41.44	48.63
21.	WOJNIAK Michał		11	MKS Juvenia Wrocław				6:42.86	146		
	50m:	44.51 44.51	150m:	2:25.30	50.88	250m:	4:08.31	51.78	350m:	5:51.47	51.83
	100m:	1:34.42 49.91	200m:	3:16.53	51.23	300m:	4:59.64	51.33	400m:	6:42.86	51.39
22.	GARKUN Kirill		11	MKS Juvenia Wrocław				6:44.94	144		
	50m:	41.38 41.38	150m:	2:27.16	54.55	250m:	4:12.23	52.40	350m:	5:56.12	52.21
	100m:	1:32.61 51.23	200m:	3:19.83	52.67	300m:	5:03.91	51.68	400m:	6:44.94	48.82
23.	KUMALA Dawid		11	UKS KORAL Wrocław				6:45.39	143		
	50m:	44.71 44.71	150m:	2:26.43	51.75	250m:	4:12.88	53.95	350m:	6:00.21	53.58
	100m:	1:34.68 49.97	200m:	3:18.93	52.50	300m:	5:06.63	53.75	400m:	6:45.39	45.18
24.	BARTOSZKO Maciej		11	UKS KORAL Wrocław				6:48.13	140		
	50m:	42.68 42.68	150m:	2:25.00	51.86	250m:	4:10.99	52.98	350m:	5:57.44	52.87
	100m:	1:33.14 50.46	200m:	3:18.01	53.01	300m:	5:04.57	53.58	400m:	6:48.13	50.69
25.	RYBAK Maciej		11	MKS Juvenia Wrocław				6:50.63	138		
	50m:	44.33 44.33	150m:	2:29.44	52.98	250m:	4:18.57	54.17	350m:	5:58.69	48.61
	100m:	1:36.46 52.13	200m:	3:24.40	54.96	300m:	5:10.08	51.51	400m:	6:50.63	51.94
26.	GUZEK Wojciech		11	UKS KORAL Wrocław				6:54.97	133		
	50m:	44.76 44.76	150m:	2:30.01	53.24	250m:	4:18.92	54.13	350m:	6:05.28	53.72
	100m:	1:36.77 52.01	200m:	3:24.79	54.78	300m:	5:11.56	52.64	400m:	6:54.97	49.69
27.	STASIAK Maksymilian		11	MKS Juvenia Wrocław				6:55.66	133		
	50m:	44.77 44.77	150m:	2:31.16	53.97	250m:	4:19.16	53.22	350m:	6:05.94	53.14
	100m:	1:37.19 52.42	200m:	3:25.94	54.78	300m:	5:12.80	53.64	400m:	6:55.66	49.72
28.	SKOWRONEK Antoni		11	UKS KORAL Wrocław				6:57.58	131		
	50m:	44.00 44.00	150m:	2:29.63	53.21	250m:	4:18.33	55.08	350m:	6:06.51	54.99
	100m:	1:36.42 52.42	200m:	3:23.25	53.62	300m:	5:11.52	53.19	400m:	6:57.58	51.07
29.	PANASZEK Piotr		11	Kp Harpun Osiecznica				7:03.38	125		
	50m:	46.38 46.38	150m:	2:34.15	54.45	250m:	4:22.49	53.92	350m:	6:11.44	54.02
	100m:	1:39.70 53.32	200m:	3:28.57	54.42	300m:	5:17.42	54.93	400m:	7:03.38	51.94
30.	PUCHAŁA Jakub		11	MKS Juvenia Wrocław				7:08.87	121		
	50m:	48.37 48.37	150m:	2:38.36	55.31	250m:	4:29.53	55.36	350m:	6:17.83	53.68
	100m:	1:43.05 54.68	200m:	3:34.17	55.81	300m:	5:24.15	54.62	400m:	7:08.87	51.04
31.	CHYRYK Artur		11	WKS I sk				7:22.94	110		
	50m:	45.20 45.20	150m:	2:31.89	53.46	250m:	4:25.43	58.00	350m:	6:25.96	59.76
	100m:	1:38.43 53.23	200m:	3:27.43	55.54	300m:	5:26.20	1:00.77	400m:	7:22.94	56.98
32.	CLARK WARD Matthew		11	WKS I sk				7:24.23	109		
	50m:	47.43 47.43	150m:	2:40.35	56.33	250m:	4:36.41	57.98	350m:	6:32.76	58.46
	100m:	1:44.02 56.59	200m:	3:38.43	58.08	300m:	5:34.30	57.89	400m:	7:24.23	51.47
33.	JANIACZYK Antoni		11	MKS Juvenia Wrocław				7:28.86	105		
	50m:	47.17 47.17	150m:	2:41.09	58.66	250m:	4:37.81	56.18	350m:	6:34.03	58.75
	100m:	1:42.43 55.26	200m:	3:41.63	1:00.54	300m:	5:35.28	57.47	400m:	7:28.86	54.83

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Wrocław, 18.11.2022

Konkurencja 6, Chłopców, 400m dowolny, 11 lat

Pozycja			Rok ur.					Czas	Pkt.
34.	WASILEWSKI Michał		11	UKS KORAL Wrocław				7:29.59	105
	50m:	50.11 50.11	150m:	2:46.56 57.91	250m:	4:39.95 55.08	350m:	6:34.87 56.80	
	100m:	1:48.65 58.54	200m:	3:44.87 58.31	300m:	5:38.07 58.12	400m:	7:29.59 54.72	
35.	SROKA Jakub		11	MKS Juvenia Wrocław				7:37.26	100
	50m:	48.47 48.47	150m:	2:42.09 57.37	250m:	4:40.82 59.65	350m:	6:41.53 1:02.03	
	100m:	1:44.72 56.25	200m:	3:41.17 59.08	300m:	5:39.50 58.68	400m:	7:37.26 55.73	
36.	ZUBCZY SKI Aleksander		11	WKS I sk				7:45.43	94
	50m:	49.85 49.85	150m:	2:51.07 1:01.17	250m:	4:53.57 1:03.11	350m:	6:51.99 59.91	
	100m:	1:49.90 1:00.05	200m:	3:50.46 59.39	300m:	5:52.08 58.51	400m:	7:45.43 53.44	
37.	BROVCHENKO Andrii		11	UKS KORAL Wrocław				7:47.31	93
	50m:	49.84 49.84	150m:	2:48.08 1:00.62	250m:	4:52.46 1:02.88	350m:	6:51.68 57.76	
	100m:	1:47.46 57.62	200m:	3:49.58 1:01.50	300m:	5:53.92 1:01.46	400m:	7:47.31 55.63	
38.	GOŁ BIEWSKI Oskar		11	MKS Juvenia Wrocław				8:03.04	84
	50m:	51.48 51.48	150m:	2:54.20 1:01.89	250m:	4:58.64 1:02.39	350m:	6:58.79 57.60	
	100m:	1:52.31 1:00.83	200m:	3:56.25 1:02.05	300m:	6:01.19 1:02.55	400m:	8:03.04 1:04.25	
39.	FRANK Kazimierz		11	MKS Juvenia Wrocław				8:09.37	81
	50m:	54.04 54.04	150m:	2:58.11 1:02.02	250m:	5:07.34 1:05.13	350m:	7:15.27 1:02.84	
	100m:	1:56.09 1:02.05	200m:	4:02.21 1:04.10	300m:	6:12.43 1:05.09	400m:	8:09.37 54.10	
40.	ADAMCZYK Alexander		11	UKS KORAL Wrocław				8:55.70	62
	50m:	54.45 54.45	150m:	3:11.42 1:09.16	250m:	5:33.14 1:11.23	350m:	7:50.80 1:07.63	
	100m:	2:02.26 1:07.81	200m:	4:21.91 1:10.49	300m:	6:43.17 1:10.03	400m:	8:55.70 1:04.90	
41.	ZHURA Matavyi		11	UKS KORAL Wrocław				9:10.03	57
	50m:	54.65 54.65	150m:	3:14.39 1:09.83	250m:	5:40.82 1:12.67	350m:	7:59.11 1:09.01	
	100m:	2:04.56 1:09.91	200m:	4:28.15 1:13.76	300m:	6:50.10 1:09.28	400m:	9:10.03 1:10.92	

9-10 lat PK

1.	DZIEDZIC Tomasz		12	UKS KORAL Wrocław				6:08.82	190
	50m:	40.43 40.43	150m:	2:15.23 47.65	250m:	3:50.69 47.21	350m:	5:26.00 47.04	
	100m:	1:27.58 47.15	200m:	3:03.48 48.25	300m:	4:38.96 48.27	400m:	6:08.82 42.82	
2.	JANKOWSKI Ksawery		12	MKS Juvenia Wrocław				6:24.34	168
	50m:	43.65 43.65	150m:	2:22.45 50.08	250m:	4:01.45 49.72	350m:	5:38.27 47.99	
	100m:	1:32.37 48.72	200m:	3:11.73 49.28	300m:	4:50.28 48.83	400m:	6:24.34 46.07	
3.	DZVAIRO Piotr		12	MKS Juvenia Wrocław				6:27.82	163
	50m:	42.63 42.63	150m:	2:20.91 49.80	250m:	4:00.15 49.49	350m:	5:39.02 49.42	
	100m:	1:31.11 48.48	200m:	3:10.66 49.75	300m:	4:49.60 49.45	400m:	6:27.82 48.80	
4.	SVIDERSKYI Roman		12	WKS I sk				6:39.16	150
	50m:	41.89 41.89	150m:		250m:	4:04.81 52.63	350m:	5:46.14 50.52	
	100m:	1:31.20 49.31	200m:	3:12.18	300m:	4:55.62 50.81	400m:	6:39.16 53.02	
5.	FLISI SKI Tymoteusz		12	MKS Juvenia Wrocław				7:13.81	117
	50m:	47.97 47.97	150m:	2:38.91 55.58	250m:	4:31.96 56.79	350m:	6:23.35 55.18	
	100m:	1:43.33 55.36	200m:	3:35.17 56.26	300m:	5:28.17 56.21	400m:	7:13.81 50.46	