

Ogólnopolski Sprawdzian Wytrzymałość i Wszechstronność Stylowej dzieci 11-12 letnich  
Wrocław, 18.11.2022r.

Konkurencja 1  
18.11.2022 - 10:00

Dziewcząt, 200m zmienny

9 - 11 lat  
Wyniki

Punkty: FINA 2022

Pozycja	Rok ur.		Czas	Pkt.	50m	100m	150m	200m	
<b>11 lat</b>									
1.	11	BIAŁEK Emilia	MKS Juwenia Wrocław	<b>2:56.41</b>	329	35.09	46.30	54.26	40.76
2.	11	BURANDT Hanna	KS "Swimmers I za"	<b>2:57.53</b>	323	38.17	44.81	55.39	39.16
3.	11	SZŁABOWICZ Emilia	WKS I sk	<b>2:58.56</b>	317	37.23	45.27	53.45	42.61
4.	11	KOZHUKHAR Mariia	MKS Juwenia Wrocław	<b>3:01.16</b>	304	38.74	47.18	53.74	41.50
5.	11	TRAM Hanna	MKS Juwenia Wrocław	<b>3:01.97</b>	300	39.47	48.85	54.06	39.59
6.	11	RÓ NICKA Aleksandra	Kp Harpun Osiecznica	<b>3:02.29</b>	298	38.85	47.01	58.36	38.07
7.	11	STRAP Blanka	MKS Juwenia Wrocław	<b>3:05.61</b>	282	41.52	51.07	50.28	42.74
8.	11	KAMI SKA Julia	MKS Juwenia Wrocław	<b>3:05.95</b>	281	41.46	49.21	51.70	43.58
9.	11	KWIATKOWSKA Emilia	UKS KORAL Wrocław	<b>3:08.22</b>	271	37.52	47.65	57.63	45.42
10.	11	TYMI SKA Adrianna	WKS I sk	<b>3:10.35</b>	262	39.46	48.46	58.04	44.39
11.	11	BŁOCH Lena	UKS KORAL Wrocław	<b>3:10.53</b>	261	41.40	49.63	55.66	43.84
12.	11	DONIECKA Natalia	UKS "Kro nicka Przysła "	<b>3:11.70</b>	256	43.13	50.29	57.34	40.94
13.	11	KRAUS Otylia	KS Neptun widnica	<b>3:11.71</b>	256	44.01	49.45	55.43	42.82
14.	11	GROCKA Laura	MKS Juwenia Wrocław	<b>3:11.73</b>	256			53.89	41.25
15.	11	TULSKA Aleksandra	UKS „HS” Team Kryty Base	<b>3:11.84</b>	256	41.51	52.10	54.34	43.89
16.	11	SHEPTUN Anna	MKS Juwenia Wrocław	<b>3:14.02</b>	247	41.69	51.01	55.48	45.84
17.	11	URBA SKA Aleksandra	MKS Juwenia Wrocław	<b>3:14.92</b>	244	41.73	52.84	58.32	42.03
18.	11	JERZYK Carmen	UKS „SZAFIR” Wałbrzych	<b>3:18.55</b>	231	43.30	49.48	1:01.21	44.56
19.	11	DANIELAK Antonina	WKS I sk	<b>3:19.07</b>	229			56.13	44.65
20.	11	MA CZYK Emilia	KS "Swimmers I za"	<b>3:21.94</b>	219	41.27	52.04	1:01.71	46.92
21.	11	SUCHAR Aleksandra	WKS I sk	<b>3:23.74</b>	213	49.40	49.04	1:00.70	44.60
22.	11	HURSZTYN Helena	UKS KORAL Wrocław	<b>3:24.15</b>	212	46.19	55.58	56.58	45.80
23.	11	WOJTERA Kinga	WKS I sk	<b>3:26.54</b>	205	50.43	49.88	57.39	48.84
24.	11	KARNICKA Emilia	MKS Juwenia Wrocław	<b>3:27.19</b>	203	44.73	55.31	59.49	47.66
25.	11	HANUSZKO Natalia	MKS Juwenia Wrocław	<b>3:28.36</b>	200	47.73	55.71	58.00	46.92
26.	11	SZAŁAJ Hanna	UKS KORAL Wrocław	<b>3:29.37</b>	197	47.17	57.35	57.14	47.71
27.	11	J DRO Zuzanna	MKS Juwenia Wrocław	<b>3:31.24</b>	191	48.55	54.40	58.96	49.33
28.	11	TRUSZKOWSKA Ada	KS "Swimmers I za"	<b>3:31.41</b>	191	44.23	54.44	1:04.53	48.21
29.	11	MANKIEWICZ Rita	WKS I sk	<b>3:32.74</b>	187	54.39	52.42	57.28	48.65
30.	11	CHUDY Gabriela	WKS I sk	<b>3:37.43</b>	176	54.91	52.03	1:02.31	48.18
31.	11	BUSHTRIUK Daria	UKS KORAL Wrocław	<b>3:37.95</b>	174	48.41	59.76	1:06.04	43.74
32.	11	BELEY Mariya	MKS Juwenia Wrocław	<b>3:38.34</b>	173			55.66	49.28
33.	11	ADAMEK Joanna	UKS RAPID Wrocław	<b>3:38.71</b>	172	49.74	1:00.15	1:00.45	48.37
34.	11	BARTU Magdalena	Kp Harpun Osiecznica	<b>3:38.74</b>	172	53.45	56.02	59.42	49.85
35.	11	TELEGO Liwia	UKS KORAL Wrocław	<b>3:39.68</b>	170	56.01	54.55	58.99	50.13
36.	11	NAJDEWSKA Maria	KS JUST SWIM Jelenia Gór	<b>3:41.01</b>	167	52.52	55.93	1:02.29	50.27
37.	11	OCH DZAN Apolonia	MKS Juwenia Wrocław	<b>3:41.52</b>	166	55.74	53.29	59.13	53.36
38.	11	MIGIELSKA Joanna	MKS Juwenia Wrocław	<b>3:42.48</b>	164	52.15	56.86	1:06.05	47.42
39.	11	MARCINIAK Maja	WKS I sk	<b>3:43.71</b>	161	54.75	55.34	1:01.47	52.15
40.	11	WIECZOREK Alicja	UKS KORAL Wrocław	<b>3:44.35</b>	160	57.95	1:00.48	57.26	48.66
41.	11	KUCYPERA Hanna	WKS I sk	<b>3:47.89</b>	152	56.19	58.87	1:02.18	50.65
42.	11	BAŁAZ Amelia	UKS RAPID Wrocław	<b>3:48.24</b>	152	49.14	1:01.28	1:06.95	50.87
43.	11	JAREMA Ada	Kp Harpun Osiecznica	<b>3:48.52</b>	151	50.24	58.81	1:05.90	53.57
44.	11	ROMANOWSKA Patrycja	MKS Juwenia Wrocław	<b>3:50.11</b>	148	52.58	59.20	1:06.64	51.69
45.	11	RUDNICKA Zuzanna	UKS RAPID Wrocław	<b>3:51.94</b>	145	53.52	59.47	1:02.05	56.90
46.	11	GÓRA Wiktoria	UKS RAPID Wrocław	<b>3:54.35</b>	140	54.76	1:02.43	1:03.20	53.96
47.	11	PIEKARZ Natalia	UKS RAPID Wrocław	<b>3:58.96</b>	132	57.86	1:03.00	1:03.74	54.36
48.	11	J DRZEJAK Nadia	UKS RAPID Wrocław	<b>4:02.83</b>	126	58.89	1:02.37	1:05.81	55.76
49.	11	PAWLIK Alicja	UKS KORAL Wrocław	<b>4:14.27</b>	110	53.64	1:09.10	1:08.26	1:03.27
DYSKW.	11	MACDONALD Eve	WKS I sk						
		M-10							
DYSKW.	11	GARGOL Lena	MKS Juwenia Wrocław						
		K-15 (125M)							

Ogólnopolski Sprawdzian Wytrzymałość i Wszechstronność Stylowej dzieci 11-12 letnich  
Wrocław, 18.11.2022r.

Konkurencja 1, Dziewcząt, 200m zmienny, 11 lat

Pozycja	Rok ur.		Czas	Pkt.	50m	100m	150m	200m
DYSKW. KITA Milena Z-3, G-8	11	MKS Juwenia Wrocław						
DYSKW. ŁYSZAK Liliana ZM-7, ZM10	11	MKS Juwenia Wrocław						
DYSKW. GRANAS Apolonia O-1	11	UKS KORAL Wrocław						

9-10 lat PK

1. NOSAL Lena	12	MKS Juwenia Wrocław	<b>2:53.82</b>	344	35.60	44.67	53.61	39.94
2. DZIUBI SKA-GAŁKOWSKA12L.	12	WKS I sk	<b>3:13.13</b>	251	47.68	48.83	54.05	42.57
3. WERESZCZY SKA Lila	12	WKS I sk	<b>3:13.80</b>	248	45.20			40.80
4. SMOLIS Oliwia	12	MKS Juwenia Wrocław	<b>3:47.01</b>	154	50.95	57.90	1:06.62	51.54
5. BEBEL Luiza	12	MKS Juwenia Wrocław	<b>3:47.67</b>	153	55.66	57.71	1:04.07	50.23
6. CEGIEŁKA Liliana	12	MKS Juwenia Wrocław	<b>3:48.85</b>	150	52.81	57.77	1:08.55	49.72
7. PAWŁOWSKA Maja	12	MKS Juwenia Wrocław	<b>4:02.55</b>	126	56.30	1:03.80	1:13.14	49.31

Konkurencja 2  
18.11.2022 - 10:36

Chłopców, 200m zmienny

9 - 11 lat  
Wyniki

Punkty: FINA 2022

Pozycja	Rok ur.		Czas	Pkt.	50m	100m	150m	200m
11 lat								
1. ZIEMBICKI Borys	11	MKS Juwenia Wrocław	<b>2:49.43</b>	270	35.70	44.05	51.99	37.69
2. SKOWRON Tymoteusz	11	UKS KORAL Wrocław	<b>2:50.89</b>	264	35.48	44.72	51.09	39.60
3. KOWALCZYK Kamil	11	MKS Juwenia Wrocław	<b>2:58.85</b>	230	36.75	46.96	56.37	38.77
4. WOLNY Dariusz	11	KS "Swimmers I za"	<b>3:06.13</b>	204	46.89	43.93	54.07	41.24
5. MISIEWICZ Brajan	11	MKS Juwenia Wrocław	<b>3:06.65</b>	202	39.33	48.67	57.90	40.75
6. WANIK Alan	11	WKS I sk	<b>3:06.88</b>	201	40.54	48.86	55.68	41.80
7. BOBYK Karol	11	WKS I sk	<b>3:10.24</b>	191	43.99	48.00	56.72	41.53
8. MARHARA Denis	11	MKS Juwenia Wrocław	<b>3:13.35</b>	182	42.04	51.12	55.47	44.72
9. BIGAJ J drzej	11	MKS Juwenia Wrocław	<b>3:15.06</b>	177	41.83	49.60	59.43	44.20
10. CZAJA Gabriel	11	MKS Juwenia Wrocław	<b>3:15.60</b>	176	39.71	50.83	1:00.46	44.60
11. HUDZIAK Rafał	11	WKS I sk	<b>3:18.15</b>	169	47.53	1:48.36		
12. BASIAK Bartłomiej	11	UKS KORAL Wrocław	<b>3:18.27</b>	169	45.92	50.49	55.16	46.70
13. KŁAK Adam	11	MKS Juwenia Wrocław	<b>3:18.45</b>	168	47.57	50.55	57.19	43.14
14. TURBA SKI Bartosz	11	WKS I sk	<b>3:22.37</b>	158	48.82	49.64	57.57	46.34
15. WO NY Julian	11	KS JUST SWIM Jelenia Góra	<b>3:22.52</b>	158	47.57	48.67	1:04.57	41.71
16. TARNOWSKI Filip	11	WKS I sk	<b>3:23.38</b>	156	45.32	50.57	57.99	49.50
17. KLIMOWICZ Grzegorz	11	MKS Juwenia Wrocław	<b>3:27.01</b>	148	44.66	53.50	1:01.70	47.15
18. GARKUN Kirill	11	MKS Juwenia Wrocław	<b>3:27.15</b>	148	46.27	54.40	59.47	47.01
19. SERHIENKO Yevhenij	11	MKS Juwenia Wrocław	<b>3:29.85</b>	142	47.67	53.98	1:04.59	43.61
20. WOJNIAK Michał	11	MKS Juwenia Wrocław	<b>3:31.34</b>	139	52.71	49.51	1:03.11	46.01
21. GUZEK Wojciech	11	UKS KORAL Wrocław	<b>3:31.96</b>	138	45.76	57.22	58.67	50.31
22. SKOWRONEK Antoni	11	UKS KORAL Wrocław	<b>3:32.53</b>	137	49.83	56.58	57.72	48.40
23. STASIAK Maksymilian	11	MKS Juwenia Wrocław	<b>3:36.63</b>	129	50.61	56.41	1:03.79	45.82
24. RYBAK Maciej	11	MKS Juwenia Wrocław	<b>3:37.16</b>	128	52.38	54.62	1:02.87	47.29
25. BARTOSZKO Maciej	11	UKS KORAL Wrocław	<b>3:41.59</b>	121	57.81	54.25	1:02.15	47.38
26. HERDA Igor	11	WKS I sk	<b>3:42.31</b>	119			1:03.47	48.77
27. CLARK WARD Matthew	11	WKS I sk	<b>3:43.94</b>	117	54.33	55.55	1:04.00	50.06
28. JANUCHTA Maksymilian	11	WKS I sk	<b>3:48.09</b>	111	54.83	51.84	1:08.31	53.11
29. CHYRYK Artur	11	WKS I sk	<b>3:53.47</b>	103	54.74	59.21	1:07.05	52.47
30. GOŁ BIEWSKI Oskar	11	MKS Juwenia Wrocław	<b>3:54.96</b>	101	55.77	1:01.45	59.43	58.31
31. ZHURA Matavyi	11	UKS KORAL Wrocław	<b>3:57.58</b>	98	57.03	56.19	1:02.30	1:02.06
32. FRANK Kazimierz	11	MKS Juwenia Wrocław	<b>4:00.38</b>	94	58.12	1:02.81	1:06.01	53.44

Ogólnopolski Sprawdzian Wytrzymało ci i Wszechstronno ci Stylowej dzieci 11-12 letnich  
Wrocław, 18.11.2022r.

Konkurencja 2, Chłopców, 200m zmienny, 11 lat

Pozycja	Rok ur.	Czas	Pkt.	50m	100m	150m	200m
33. ADAMCZYK Alexander	11 UKS KORAL Wrocław	<b>4:11.42</b>	82	1:02.28	1:01.21	1:02.04	1:05.89
DYSKW. PANASZEK Piotr	11 Kp Harpun Osiecznica						
O-1							
DYSKW. GAWRO SKI Mateusz	11 WKS I sk						
O-1							
DYSKW. KOPACZ Maciej	11 WKS I sk						
G-4							
DYSKW. ZUBCZY SKI Aleksander	11 WKS I sk						
K-5, K-6							
DYSKW. CENDRO Mateusz	11 WKS I sk						
K-16							
DYSKW. PUCHAŁA Jakub	11 MKS Juwenia Wrocław						
M-4							
DYSKW. JANIACZYK Antoni	11 MKS Juwenia Wrocław						
M-8, G-8							
DYSKW. SROKA Jakub	11 MKS Juwenia Wrocław						
G-8, M-10							
DYSKW. SZALAST Piotr	11 MKS Juwenia Wrocław						
M-10							
DYSKW. WASILEWSKI Michał	11 UKS KORAL Wrocław						
Z-3, K-15							
DYSKW. BROVCHENKO Andrii	11 UKS KORAL Wrocław						
Z-3, K-15							

9-10 lat PK

1. SVIDERSKYI Roman	12 WKS I sk	<b>3:13.16</b>	182	42.57	52.71	56.16	41.72
2. DZIEDZIC Tomasz	12 UKS KORAL Wrocław	<b>3:15.11</b>	177	44.43	49.01	57.79	43.88
3. JANKOWSKI Ksawery	12 MKS Juwenia Wrocław	<b>3:15.19</b>	177	41.95	50.90	58.38	43.96
4. DZVAIRO Piotr	12 MKS Juwenia Wrocław	<b>3:36.03</b>	130	49.27	56.19	1:02.57	48.00
5. FLISI SKI Tymoteusz	12 MKS Juwenia Wrocław	<b>3:48.13</b>	110	48.79	1:01.13	1:06.54	51.67
PK SADEK Franciszek	09 MKS Juwenia Wrocław	<b>2:30.41</b>	387	32.64	38.85	44.66	34.26

Konkurencja 3

18.11.2022 - 11:04

Dziewcz t, 200m zmienny

12 lat  
Wyniki

Punkty: FINA 2022

Pozycja	Rok ur.	Czas	Pkt.	50m	100m	150m	200m
1. KO LAK Hanna	10 UKS „HS” Team Kryty Base	<b>2:35.26</b>	483	33.18	40.49	44.90	36.69
2. JAWORSKA Aleksandra	10 WKS I sk	<b>2:39.00</b>	450	35.10	39.90	49.22	34.78
3. NOSAL Nela	10 WKS I sk	<b>2:39.19</b>	448	36.85	43.20	42.00	37.14
4. BERDECHOWSKA Martyna	10 WKS I sk	<b>2:39.67</b>	444	34.92	41.54	48.09	35.12
5. SHEPTUN Kateryna	10 MKS Juwenia Wrocław	<b>2:41.15</b>	432	35.03	41.94	46.24	37.94
6. PI TEK Nadia	10 WKS I sk	<b>2:45.36</b>	400	36.47	42.30	46.86	39.73
7. MICHAEL Emma	10 CSiR MOS w D browie Gór	<b>2:45.50</b>	399	36.02	44.56	47.95	36.97
8. GŁOWACKA Julia	10 MKS Juwenia Wrocław	<b>2:47.62</b>	384	36.00	44.95	47.77	38.90
9. HARTWIG Michalina	10 WKS I sk	<b>2:48.82</b>	376	35.82	43.03	51.79	38.18
10. JABŁO SKA Martyna	10 MKS Juwenia Wrocław	<b>2:49.14</b>	373	35.63	43.90	52.67	36.94
11. STANKOWSKA Jagoda	10 UKS „HS” Team Kryty Base	<b>2:51.89</b>	356	35.51	43.84	50.24	42.30
12. LIPIEC Nina	10 UKS KORAL Wrocław	<b>2:52.70</b>	351	37.18	46.20	49.04	40.28
13. K SKA Klara	10 WKS I sk	<b>2:53.06</b>	349	37.22	43.26	53.04	39.54

Ogólnopolski Sprawdzian Wytrzymało ci i Wszechstronno ci Stylowej dzieci 11-12 letnich  
Wrocław, 18.11.2022r.

Konkurencja 3, Dziewcz t, 200m zmienny, 12 lat

Pozycja	Rok ur.		Czas	Pkt.	50m	100m	150m	200m	
14.	ZHYTENKO Viktoriya	10	MKS Juvenia Wrocław	<b>2:56.33</b>	330	37.76	45.97	50.32	42.28
15.	KOZŁOWSKA Milena	10	KS JUST SWIM Jelenia Góra	<b>2:56.46</b>	329	39.37	44.31	50.53	42.25
16.	SZKLENNIK Lena	10	MKS Juvenia Wrocław	<b>2:57.46</b>	323	38.25	46.96	51.54	40.71
17.	GLASGALL Zuzanna	10	UKS KORAL Wrocław	<b>2:57.68</b>	322	36.73	47.46	52.22	41.27
18.	KOZI SKA Łucja	10	WKS I sk	<b>2:57.89</b>	321	36.19	43.85	57.00	40.85
19.	DRACHUK Uliana	10	KS JUST SWIM Jelenia Góra	<b>2:57.95</b>	321	38.13	45.28	55.51	39.03
20.	MIELCZAREK Oliwia	10	UKS KORAL Wrocław	<b>2:59.83</b>	311	38.22	46.78	53.09	41.74
21.	KAMI SKA Małgorzata	10	UKS "Kro nicka Przysła "	<b>3:00.29</b>	308	39.92	46.63	55.83	37.91
22.	POR BA Martyna	10	UKS „HS" Team Kryty Base	<b>3:01.39</b>	303	40.41	47.57	52.92	40.49
23.	KARAPETYAN Luiza	10	MKS Juvenia Wrocław	<b>3:01.99</b>	300	41.84	47.21	50.28	42.66
24.	FIE KO Wiktoria	10	MKS Juvenia Wrocław	<b>3:02.16</b>	299	41.39	49.04	49.39	42.34
25.	SZAŁAJ Zuzanna	10	UKS KORAL Wrocław	<b>3:02.51</b>	297	41.10	48.77	50.03	42.61
26.	ŁADO Natalia	10	UKS KORAL Wrocław	<b>3:04.46</b>	288	37.91	47.50	54.59	44.46
27.	PASTUSZKA Maja	10	UKS KORAL Wrocław	<b>3:04.98</b>	285	42.03	49.10	49.94	43.91
28.	KISZCZAK Małgorzata	10	MKS Juvenia Wrocław	<b>3:05.42</b>	283	42.20	48.78	54.00	40.44
29.	BAŁABUCH Aleksandra	10	WKS I sk	<b>3:05.51</b>	283	39.23	49.82	54.10	42.36
30.	KLIMCZAK Natalia	10	MKS Juvenia Wrocław	<b>3:06.17</b>	280	46.01	48.69	52.63	38.84
31.	KOPKA Liwia	10	UKS KORAL Wrocław	<b>3:08.17</b>	271	40.05	50.73	53.01	44.38
32.	ZAGDA SKA Jagoda	10	MKS Juvenia Wrocław	<b>3:08.89</b>	268	42.74	48.78	54.84	42.53
33.	STRZELECKA Julia	10	UKS KORAL Wrocław	<b>3:08.94</b>	268	40.90	48.34	56.77	42.93
34.	WINCZURA Estera	10	UKS KORAL Wrocław	<b>3:11.59</b>	257	41.17	48.30	57.31	44.81
35.	HOLDYS Gabriela	10	KS Neptun widnica	<b>3:11.76</b>	256	42.82	49.18	57.50	42.26
36.	SZEBYSTY Hanna	10	MKS Juvenia Wrocław	<b>3:12.48</b>	253	44.69	51.01	53.10	43.68
37.	STRASZKO Olga	10	WKS I sk	<b>3:13.76</b>	248	44.28	50.51	55.22	43.75
38.	PIOTROWSKA Nadia	10	UKS KORAL Wrocław	<b>3:15.31</b>	242	44.60	51.14	55.08	44.49
39.	NIEMIEC Marta	10	WKS I sk	<b>3:17.01</b>	236	41.47	49.30	1:01.52	44.72
40.	CZEREP Magdalena	10	WKS I sk	<b>3:17.37</b>	235	47.02	49.72	54.93	45.70
41.	MAZUR Weronika	10	MKS Juvenia Wrocław	<b>3:20.84</b>	223	45.81	50.41	57.22	47.40
42.	NABORCZYK Julia	10	MKS Juvenia Wrocław	<b>3:23.02</b>	216	43.25	57.11	1:00.05	42.61
43.	ALKHATIB Maison	10	MKS Juvenia Wrocław	<b>3:23.53</b>	214	50.21	50.50	58.38	44.44
44.	SIKORA Natalia	10	UKS KORAL Wrocław	<b>3:26.64</b>	205	44.83	57.60	56.69	47.52
45.	STURMA Amelia	10	MKS Juvenia Wrocław	<b>3:27.29</b>	203	48.38	49.80	1:00.09	49.02
46.	RYNDAK Julia	10	MKS Juvenia Wrocław	<b>3:28.00</b>	201	48.39	51.37	1:00.02	48.22
47.	POLITACHA Emilia	10	UKS KORAL Wrocław	<b>3:29.40</b>	197	49.43	56.87	58.30	44.80
48.	KACZOROWSKA Emilia	10	WKS I sk	<b>3:34.69</b>	182	49.86	54.48	1:00.37	49.98
49.	NOWAK Michalina	10	UKS KORAL Wrocław	<b>3:37.05</b>	176	46.27	1:01.52	58.56	50.70
50.	DUŁAWSKA Lena	10	WKS I sk	<b>3:42.77</b>	163	52.26	54.48	1:05.01	51.02
51.	NOWAK Maja	10	UKS KORAL Wrocław	<b>3:44.52</b>	159	49.51	56.27	1:06.99	51.75
52.	SZYBOWSKA Hanna	10	MKS Juvenia Wrocław	<b>4:08.59</b>	117	55.67	1:06.41	1:02.93	1:03.58
DYSKW.	KOVALENKO Polina Z-3, M-4	10	MKS Juvenia Wrocław						
DYSKW.	SKAWI SKA Lena G-3, Z-3	10	WKS I sk						
DYSKW.	CZAJKOWSKA Patrycja	10	UKS KORAL Wrocław						



Ogólnopolski Sprawdzian Wytrzymałość ci i Wszechstronno ci Stylowej dzieci 11-12 letnich  
Wrocław, 18.11.2022r.

Konkurencja 4  
18.11.2022 - 11:32

Chłopców, 200m zmienny

12 lat  
Wyniki

Punkty: FINA 2022

Pozycja	Rok ur.		Czas	Pkt.	50m	100m	150m	200m	
1.	KOTKIEWICZ Igor	10	MKS Juwenia Wrocław	<b>2:33.93</b>	361	31.88	37.69	47.99	36.37
2.	WERESZCZY SKI Igor	10	WKS I sk	<b>2:34.69</b>	355	35.85	39.82	44.86	34.16
3.	KOSIAREK Mateusz	10	WKS I sk	<b>2:38.47</b>	331	33.73	40.49	49.12	35.13
4.	KRUPI SKI Leon	10	MKS Juwenia Wrocław	<b>2:42.51</b>	307	34.90	42.89	47.51	37.21
5.	LEWCZUK Jakub	10	KS "Swimmers I za"	<b>2:45.17</b>	292	36.79	42.91	46.75	38.72
6.	PAWLAK Oliwier	10	WKS I sk	<b>2:48.00</b>	277	37.87	44.56	47.48	38.09
7.	D BICKI Marcel	10	WKS I sk	<b>2:49.25</b>	271	35.34	44.71	52.61	36.59
8.	TRUSEWICZ Nikodem	10	KS JUST SWIM Jelenia Gór	<b>2:52.19</b>	258	39.09	42.92	52.82	37.36
9.	KOSENDA Seweryn	10	WKS I sk	<b>2:54.28</b>	248	42.33	47.29	47.23	37.43
10.	CHWA CIK Wiktor	10	WKS I sk	<b>2:54.67</b>	247	38.46	44.96	52.11	39.14
11.	I YCKI Mateusz	10	MKS Juwenia Wrocław	<b>2:54.93</b>	246	38.49	46.32	51.84	38.28
12.	TRUSEWICZ Konstanty	10	KS JUST SWIM Jelenia Gór	<b>2:55.94</b>	241	40.30	44.71	51.66	39.27
13.	ŁUKAWSKI Emanuel	10	KS "Swimmers I za"	<b>2:57.08</b>	237	37.46	44.94	53.76	40.92
14.	PIWOWARSKI Patryk	10	MKS Juwenia Wrocław	<b>2:57.92</b>	233	42.05	44.68	52.96	38.23
15.	KALETA Bartłomiej	10	WKS I sk	<b>2:58.15</b>	233	42.18	46.40	49.47	40.10
16.	KOCZERGA Jakub	10	MKS Juwenia Wrocław	<b>2:59.56</b>	227	39.51	42.73	56.86	40.46
17.	LIPI SKI Bartosz	10	WKS I sk	<b>3:00.80</b>	222	39.80	44.85	58.20	37.95
18.	SZYMCZAK Dawid	10	UKS KORAL Wrocław	<b>3:00.81</b>	222	42.69	47.02	51.18	39.92
19.	KRYNICKI Tymoteusz	10	KS JUST SWIM Jelenia Gór	<b>3:01.44</b>	220	39.42	46.86	55.87	39.29
20.	MAGIEREK Wojciech	10	MKS Juwenia Wrocław	<b>3:01.52</b>	220	40.06	47.59	53.13	40.74
21.	PAJEK Krzysztof	10	UKS KORAL Wrocław	<b>3:03.73</b>	212	40.52	49.26	53.18	40.77
22.	KOZI SKI Aleksander	10	WKS I sk	<b>3:06.04</b>	204	42.59	46.15	54.04	43.26
23.	SZYMA SKI Bartłomiej	10	MKS Juwenia Wrocław	<b>3:09.91</b>	192	39.61	51.29	56.85	42.16
24.	TODEK Franciszek	10	UKS KORAL Wrocław	<b>3:11.26</b>	188	40.13	48.05	1:01.84	41.24
25.	WŁOCH Wiktor	10	UKS KORAL Wrocław	<b>3:11.49</b>	187	40.93	50.45	55.78	44.33
26.	JASI SKI Oliwier	10	UKS KORAL Wrocław	<b>3:15.47</b>	176	44.73	52.52	52.37	45.85
27.	WALCZAK Dominik	10	WKS I sk	<b>3:15.58</b>	176	49.54	48.75	54.40	42.89
28.	DUKIEWICZ Oliwier	10	MKS Juwenia Wrocław	<b>3:16.50</b>	173	42.64	50.63	1:01.73	41.50
29.	FELBINGER Igor	10	UKS KORAL Wrocław	<b>3:20.56</b>	163	43.30	52.30	59.17	45.79
30.	SANKOWSKI Bartosz	10	WKS I sk	<b>3:21.07</b>	162	44.85	52.35	55.57	48.30
31.	SMOLI SKI Jan	10	MKS Juwenia Wrocław	<b>3:22.15</b>	159	48.46	50.53	59.84	43.32
32.	KWAK Karol	10	UKS KORAL Wrocław	<b>3:25.23</b>	152	44.41	54.59	56.90	49.33
33.	JU KIEWICZ Maciej	10	UKS KORAL Wrocław	<b>3:26.80</b>	148	45.88	52.35	1:01.58	46.99
34.	MAKOWCZY SKI Dawid	10	UKS KORAL Wrocław	<b>3:27.79</b>	146	47.63	53.50	1:03.18	43.48
35.	KAWCZY SKI Maurycy	10	UKS KORAL Wrocław	<b>3:28.74</b>	144	44.76	53.87	1:05.20	44.91
36.	BAZAN Adam	10	UKS KORAL Wrocław	<b>3:34.75</b>	133	46.13	1:01.30	1:00.70	46.62
37.	KOT Kryspin	10	UKS KORAL Wrocław	<b>3:35.59</b>	131	46.47	55.00	1:04.56	49.56
38.	GRZEBYK Borys	10	UKS KORAL Wrocław	<b>3:36.78</b>	129	51.91	55.52	1:01.39	47.96
39.	RYBCZAK Michał	10	MKS Juwenia Wrocław	<b>3:38.22</b>	126	48.24	54.86	1:07.19	47.93
40.	PRZYCHODZE Kacper	10	UKS RAPID Wrocław	<b>3:59.00</b>	96	56.59	1:02.69	1:05.49	54.23
41.	WITA Krzysztof	10	UKS KORAL Wrocław	<b>3:59.18</b>	96	1:00.23	57.33	1:12.18	49.44
DYSKW.	JO CZYK Nikodem	10	WKS I sk						
	<i>z-8, g-8</i>								
DYSKW.	LEWANDOWSKI Jacek	10	WKS I sk						
	<i>Z-3, K-16</i>								
DYSKW.	TURAJSKI Szymon	10	MKS Juwenia Wrocław						
	<i>K-4</i>								
DYSKW.	MIGIELSKI Jakub	10	MKS Juwenia Wrocław						
	<i>Z-3, K-15</i>								
DYSKW.	ECKARDT Wiktor	10	UKS KORAL Wrocław						
	<i>K-16</i>								

Ogólnopolski Sprawdzian Wytrzymałość i Wszechstronno ci Stylowej dzieci 11-12 letnich  
Wrocław, 18.11.2022r.

Konkurencja 5  
18.11.2022 - 11:56

Dziewcz t, 400m dowolny

9 - 11 lat  
Wyniki

Punkty: FINA 2022

Pozycja			Rok ur.					Czas	Pkt.
<b>11 lat</b>									
1.	BURANDT Hanna		11	KS "Swimmers I za"				<b>5:32.88</b>	347
	50m: 37.50	37.50	150m: 2:03.27	43.02	250m: 3:29.39	43.18	350m: 4:55.38	43.03	
	100m: 1:20.25	42.75	200m: 2:46.21	42.94	300m: 4:12.35	42.96	400m: 5:32.88	37.50	
2.	RÓ NICKA Aleksandra		11	Kp Harpun Osiecznica				<b>5:35.54</b>	338
	50m: 37.24	37.24	150m: 2:01.71	42.85	250m: 3:30.03	44.90	350m: 4:57.64	43.58	
	100m: 1:18.86	41.62	200m: 2:45.13	43.42	300m: 4:14.06	44.03	400m: 5:35.54	37.90	
3.	SZŁABOWICZ Emilia		11	WKS I sk				<b>5:39.18</b>	328
	50m: 35.39	35.39	150m: 2:00.35	44.35	250m: 3:29.61	44.19	350m: 4:59.20	45.19	
	100m: 1:16.00	40.61	200m: 2:45.42	45.07	300m: 4:14.01	44.40	400m: 5:39.18	39.98	
4.	KRAUS Otylia		11	KS Neptun widnica				<b>5:39.37</b>	327
	50m: 38.44	38.44	150m: 2:03.13	42.92	250m: 3:29.92	42.19	350m: 4:59.64	46.49	
	100m: 1:20.21	41.77	200m: 2:47.73	44.60	300m: 4:13.15	43.23	400m: 5:39.37	39.73	
5.	DONIECKA Natalia		11	UKS "Kro nicka Przysta "				<b>5:40.29</b>	324
	50m: 36.29	36.29	150m: 2:02.44	43.80	250m: 3:31.46	45.08	350m: 4:59.33	44.25	
	100m: 1:18.64	42.35	200m: 2:46.38	43.94	300m: 4:15.08	43.62	400m: 5:40.29	40.96	
6.	TRAM Hanna		11	MKS Juvenia Wrocław				<b>5:44.34</b>	313
	50m: 37.25	37.25	150m: 2:03.28	43.30	250m: 3:31.71	43.58	350m: 5:00.32	43.99	
	100m: 1:19.98	42.73	200m: 2:48.13	44.85	300m: 4:16.33	44.62	400m: 5:44.34	44.02	
7.	BIAŁEK Emilia		11	MKS Juvenia Wrocław				<b>5:44.40</b>	313
	50m: 36.25	36.25	150m: 2:04.00	44.66	250m: 3:34.34	45.24	350m: 5:03.11	44.03	
	100m: 1:19.34	43.09	200m: 2:49.10	45.10	300m: 4:19.08	44.74	400m: 5:44.40	41.29	
8.	KOZHUKHAR Mariia		11	MKS Juvenia Wrocław				<b>5:48.60</b>	302
	50m: 38.49	38.49	150m: 2:07.87	44.36	250m: 3:38.20	45.18	350m: 5:06.77	44.27	
	100m: 1:23.51	45.02	200m: 2:53.02	45.15	300m: 4:22.50	44.30	400m: 5:48.60	41.83	
9.	GROCKA Laura		11	MKS Juvenia Wrocław				<b>5:55.70</b>	284
	50m: 39.26	39.26	150m: 2:10.29	45.48	250m: 3:40.97	45.14	350m: 5:12.06	45.81	
	100m: 1:24.81	45.55	200m: 2:55.83	45.54	300m: 4:26.25	45.28	400m: 5:55.70	43.64	
10.	BŁOCH Lena		11	UKS KORAL Wrocław				<b>5:55.74</b>	284
	50m: 38.74	38.74	150m: 2:10.08	46.65	250m: 3:41.52	45.62	350m: 5:09.53	42.37	
	100m: 1:23.43	44.69	200m: 2:55.90	45.82	300m: 4:27.16	45.64	400m: 5:55.74	46.21	
11.	KWIATKOWSKA Emilia		11	UKS KORAL Wrocław				<b>5:56.73</b>	281
	50m: 37.37	37.37	150m: 2:04.80	44.88	250m:		350m: 5:10.21	46.82	
	100m: 1:19.92	42.55	200m: 2:50.64	45.84	300m: 4:23.39		400m: 5:56.73	46.52	
12.	TYMI SKA Adrianna		11	WKS I sk				<b>5:58.70</b>	277
	50m: 41.11	41.11	150m: 2:13.39	46.32	250m: 3:46.65	46.77	350m: 5:17.28	44.20	
	100m: 1:27.07	45.96	200m: 2:59.88	46.49	300m: 4:33.08	46.43	400m: 5:58.70	41.42	
13.	STRAP Blanka		11	MKS Juvenia Wrocław				<b>5:58.81</b>	277
	50m: 38.38	38.38	150m: 2:09.85	47.37	250m: 3:42.01	46.25	350m: 5:10.80	46.14	
	100m: 1:22.48	44.10	200m: 2:55.76	45.91	300m: 4:24.66	42.65	400m: 5:58.81	48.01	
14.	KAMI SKA Julia		11	MKS Juvenia Wrocław				<b>6:04.88</b>	263
	50m: 38.66	38.66	150m: 2:11.29	46.71	250m: 3:45.81	47.58	350m: 5:19.73	47.70	
	100m: 1:24.58	45.92	200m: 2:58.23	46.94	300m: 4:32.03	46.22	400m: 6:04.88	45.15	
15.	JERZYK Carmen		11	UKS „SZAFIR” Wałbrzych				<b>6:21.97</b>	229
	50m: 41.42	41.42	150m: 2:17.72	48.92	250m: 3:55.92	49.51	350m: 5:32.80	48.09	
	100m: 1:28.80	47.38	200m: 3:06.41	48.69	300m: 4:44.71	48.79	400m: 6:21.97	49.17	
16.	URBA SKA Aleksandra		11	MKS Juvenia Wrocław				<b>6:24.80</b>	224
	50m: 40.85	40.85	150m: 2:19.34	49.79	250m: 3:58.64	49.51	350m: 5:36.69	48.68	
	100m: 1:29.55	48.70	200m: 3:09.13	49.79	300m: 4:48.01	49.37	400m: 6:24.80	48.11	

Ogólnopolski Sprawdzian Wytrzymałość i Wszecstronno ci Stylowej dzieci 11-12 letnich  
Wrocław, 18.11.2022r.

Konkurencja 5, Dziewcz t, 400m dowolny, 11 lat

Pozycja			Rok ur.					Czas	Pkt.		
17.	SHEPTUN Anna		11	MKS Juvenia Wrocław				<b>6:31.08</b>	213		
	50m:	44.47 44.47	150m:	2:25.37	51.18	250m:	4:06.86	51.09	350m:	5:46.44	49.39
	100m:	1:34.19 49.72	200m:	3:15.77	50.40	300m:	4:57.05	50.19	400m:	6:31.08	44.64
18.	SUCHAR Aleksandra		11	WKS I sk				<b>6:31.31</b>	213		
	50m:	43.19 43.19	150m:	2:23.99	51.42	250m:	4:03.71	49.22	350m:	5:42.34	48.80
	100m:	1:32.57 49.38	200m:	3:14.49	50.50	300m:	4:53.54	49.83	400m:	6:31.31	48.97
19.	DANIELAK Antonina		11	WKS I sk				<b>6:32.16</b>	212		
	50m:	44.18 44.18	150m:	2:25.68	50.80	250m:	4:06.37	50.21	350m:	5:46.54	48.64
	100m:	1:34.88 50.70	200m:	3:16.16	50.48	300m:	4:57.90	51.53	400m:	6:32.16	45.62
20.	KARNICKA Emilia		11	MKS Juvenia Wrocław				<b>6:37.50</b>	203		
	50m:	44.61 44.61	150m:	2:25.49	50.82	250m:	4:07.66	51.21	350m:	5:49.11	50.15
	100m:	1:34.67 50.06	200m:	3:16.45	50.96	300m:	4:58.96	51.30	400m:	6:37.50	48.39
21.	BUSHTRIUK Daria		11	UKS KORAL Wrocław				<b>6:40.03</b>	199		
	50m:	43.53 43.53	150m:	2:25.62	52.12	250m:	4:10.92	52.65	350m:	5:55.87	52.09
	100m:	1:33.50 49.97	200m:	3:18.27	52.65	300m:	5:03.78	52.86	400m:	6:40.03	44.16
22.	HANUSZKO Natalia		11	MKS Juvenia Wrocław				<b>6:41.08</b>	198		
	50m:	42.69 42.69	150m:	2:21.93	51.38	250m:	4:05.22	51.77	350m:	5:50.31	52.91
	100m:	1:30.55 47.86	200m:	3:13.45	51.52	300m:	4:57.40	52.18	400m:	6:41.08	50.77
23.	J DRO Zuzanna		11	MKS Juvenia Wrocław				<b>6:44.40</b>	193		
	50m:	45.05 45.05	150m:	2:27.63	51.59	250m:	4:12.29	52.18	350m:	5:57.69	52.50
	100m:	1:36.04 50.99	200m:	3:20.11	52.48	300m:	5:05.19	52.90	400m:	6:44.40	46.71
24.	MA CZYK Emilia		11	KS "Swimmers I za"				<b>6:45.48</b>	191		
	50m:	43.71 43.71	150m:	2:27.64	52.84	250m:	4:12.66	51.50	350m:	5:58.07	52.53
	100m:	1:34.80 51.09	200m:	3:21.16	53.52	300m:	5:05.54	52.88	400m:	6:45.48	47.41
25.	KUCYPERA Hanna		11	WKS I sk				<b>6:46.65</b>	190		
	50m:	43.75 43.75	150m:	2:24.85	51.33	250m:	4:10.84	53.26	350m:	5:57.24	53.26
	100m:	1:33.52 49.77	200m:	3:17.58	52.73	300m:	5:03.98	53.14	400m:	6:46.65	49.41
26.	SZAŁAJ Hanna		11	UKS KORAL Wrocław				<b>6:47.81</b>	188		
	50m:	45.14 45.14	150m:	2:30.07	52.11	250m:	4:16.35	52.93	350m:	6:00.83	51.99
	100m:	1:37.96 52.82	200m:	3:23.42	53.35	300m:	5:08.84	52.49	400m:	6:47.81	46.98
27.	KITA Milena		11	MKS Juvenia Wrocław				<b>6:49.87</b>	185		
	50m:	42.12 42.12	150m:	2:26.05	53.15	250m:	4:11.11	52.97	350m:	5:57.58	52.53
	100m:	1:32.90 50.78	200m:	3:18.14	52.09	300m:	5:05.05	53.94	400m:	6:49.87	52.29
28.	NAJDEWSKA Maria		11	KS JUST SWIM Jelenia Góra				<b>6:52.69</b>	182		
	50m:	41.11 41.11	150m:	2:21.14	51.62	250m:	4:08.56	54.20	350m:	6:04.18	1:00.99
	100m:	1:29.52 48.41	200m:	3:14.36	53.22	300m:	5:03.19	54.63	400m:	6:52.69	48.51
29.	BARTU Magdalena		11	Kp Harpun Osiecznica				<b>6:52.93</b>	181		
	50m:	43.32 43.32	150m:	2:28.45	53.93	250m:	4:17.46	54.96	350m:	6:07.83	55.80
	100m:	1:34.52 51.20	200m:	3:22.50	54.05	300m:	5:12.03	54.57	400m:	6:52.93	45.10
30.	WOJTERA Kinga		11	WKS I sk				<b>6:53.48</b>	181		
	50m:	45.14 45.14	150m:	2:29.13	53.19	250m:	4:15.95	53.25	350m:	6:02.81	53.40
	100m:	1:35.94 50.80	200m:	3:22.70	53.57	300m:	5:09.41	53.46	400m:	6:53.48	50.67
31.	HURSZTYN Helena		11	UKS KORAL Wrocław				<b>6:58.60</b>	174		
	50m:	44.37 44.37	150m:	2:29.51	53.27	250m:	4:17.94	54.31	350m:	6:05.10	53.13
	100m:	1:36.24 51.87	200m:	3:23.63	54.12	300m:	5:11.97	54.03	400m:	6:58.60	53.50
32.	GRANAS Apolonia		11	UKS KORAL Wrocław				<b>6:59.09</b>	173		
	50m:	42.67 42.67	150m:	2:30.75	55.90	250m:	4:22.32	56.67	350m:	6:10.44	53.95
	100m:	1:34.85 52.18	200m:	3:25.65	54.90	300m:	5:16.49	54.17	400m:	6:59.09	48.65
33.	TRUSZKOWSKA Ada		11	KS "Swimmers I za"				<b>6:59.25</b>	173		
	50m:	44.56 44.56	150m:	2:30.74	54.67	250m:	4:18.03	53.45	350m:	6:07.81	54.26
	100m:	1:36.07 51.51	200m:	3:24.58	53.84	300m:	5:13.55	55.52	400m:	6:59.25	51.44

Ogólnopolski Sprawdzian Wytrzymałość i Wszechstronno ci Stylowej dzieci 11-12 letnich  
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Konkurencja 5, Dziewcz t, 400m dowolny, 11 lat

Pozycja			Rok ur.				Czas		Pkt.
34.	CHUDY Gabriela		11	WKS I sk			<b>6:59.33</b>	173	
	50m: 48.59	48.59	150m: 2:37.74	54.57	250m: 4:25.58	54.28	350m:		
	100m: 1:43.17	54.58	200m: 3:31.30	53.56	300m: 5:18.74	53.16	400m: 6:59.33		
35.	WIECZOREK Alicja		11	UKS KORAL Wrocław			<b>7:03.71</b>	168	
	50m: 46.10	46.10	150m: 2:34.93	55.10	250m: 4:24.87	55.03	350m: 6:12.43	52.96	
	100m: 1:39.83	53.73	200m: 3:29.84	54.91	300m: 5:19.47	54.60	400m: 7:03.71	51.28	
36.	ADAMEK Joanna		11	UKS RAPID Wrocław			<b>7:05.87</b>	165	
	50m: 46.10	46.10	150m: 2:35.30	56.19	250m:		350m: 6:15.08	54.01	
	100m: 1:39.11	53.01	200m:		300m: 5:21.07		400m: 7:05.87	50.79	
37.	TELEGO Liwia		11	UKS KORAL Wrocław			<b>7:13.40</b>	157	
	50m: 44.84	44.84	150m: 2:34.94	56.30	250m: 4:27.51	56.17	350m: 6:20.51	55.84	
	100m: 1:38.64	53.80	200m: 3:31.34	56.40	300m: 5:24.67	57.16	400m: 7:13.40	52.89	
38.	ŁYSZAK Liliana		11	MKS Juvenia Wrocław			<b>7:15.87</b>	154	
	50m: 48.38	48.38	150m: 2:36.37	54.80	250m: 4:30.31	56.31	350m: 6:22.71	55.74	
	100m: 1:41.57	53.19	200m: 3:34.00	57.63	300m: 5:26.97	56.66	400m: 7:15.87	53.16	
39.	JAREMA Ada		11	Kp Harpun Osiecznica			<b>7:19.12</b>	151	
	50m: 46.52	46.52	150m: 2:39.07	57.09	250m: 4:33.14	56.91	350m: 6:26.10	55.99	
	100m: 1:41.98	55.46	200m: 3:36.23	57.16	300m: 5:30.11	56.97	400m: 7:19.12	53.02	
40.	MIGIELSKA Joanna		11	MKS Juvenia Wrocław			<b>7:19.76</b>	150	
	50m: 48.44	48.44	150m: 2:39.84	55.93	250m: 4:32.84	56.25	350m: 6:23.91	54.66	
	100m: 1:43.91	55.47	200m: 3:36.59	56.75	300m: 5:29.25	56.41	400m: 7:19.76	55.85	
41.	OCH DZAN Apolonia		11	MKS Juvenia Wrocław			<b>7:23.51</b>	146	
	50m: 47.56	47.56	150m: 2:41.51	57.75	250m: 4:36.72	57.06	350m: 6:30.90	55.59	
	100m: 1:43.76	56.20	200m: 3:39.66	58.15	300m: 5:35.31	58.59	400m: 7:23.51	52.61	
42.	GÓRA Wiktoria		11	UKS RAPID Wrocław			<b>7:30.67</b>	139	
	50m: 49.04	49.04	150m: 2:40.63	57.13	250m: 4:38.04	59.82	350m: 6:35.39	58.62	
	100m: 1:43.50	54.46	200m: 3:38.22	57.59	300m: 5:36.77	58.73	400m: 7:30.67	55.28	
43.	BELEY Mariya		11	MKS Juvenia Wrocław			<b>7:30.81</b>	139	
	50m: 53.09	53.09	150m: 2:47.69	56.74	250m: 4:43.39	57.67	350m: 6:40.00	58.35	
	100m: 1:50.95	57.86	200m: 3:45.72	58.03	300m: 5:41.65	58.26	400m: 7:30.81	50.81	
44.	RUDNICKA Zuzanna		11	UKS RAPID Wrocław			<b>7:30.93</b>	139	
	50m: 49.72	49.72	150m: 2:44.60	58.77	250m: 4:43.93	58.55	350m: 6:40.90	58.01	
	100m: 1:45.83	56.11	200m: 3:45.38	1:00.78	300m: 5:42.89	58.96	400m: 7:30.93	50.03	
45.	BAŁAZ Amelia		11	UKS RAPID Wrocław			<b>7:35.82</b>	135	
	50m: 43.24	43.24	150m: 2:36.36	58.65	250m: 4:37.21	1:01.15	350m: 6:39.27	1:01.04	
	100m: 1:37.71	54.47	200m: 3:36.06	59.70	300m: 5:38.23	1:01.02	400m: 7:35.82	56.55	
46.	ROMANOWSKA Patrycja		11	MKS Juvenia Wrocław			<b>7:42.99</b>	128	
	50m: 45.09	45.09	150m: 2:42.19	1:00.16	250m: 4:39.04	58.54	350m: 6:45.26	1:02.30	
	100m: 1:42.03	56.94	200m: 3:40.50	58.31	300m: 5:42.96	1:03.92	400m: 7:42.99	57.73	
47.	TULSKA Aleksandra		11	UKS „HS” Team Kryty Basen Kłodzko			<b>7:53.13</b>	120	
	50m: 40.76	40.76	150m: 2:18.05	49.63	250m: 3:57.17	49.10	350m: 6:18.72	43.29	
	100m: 1:28.42	47.66	200m: 3:08.07	50.02	300m: 5:35.43	1:38.26	400m: 7:53.13	1:34.41	
	PIEKARZ Natalia		11	UKS RAPID Wrocław			<b>7:53.13</b>	120	
	50m: 50.76	50.76	150m: 2:52.58	1:01.92	250m: 4:58.49	1:02.37	350m: 6:59.23	58.81	
	100m: 1:50.66	59.90	200m: 3:56.12	1:03.54	300m: 6:00.42	1:01.93	400m: 7:53.13	53.90	
49.	GARGOL Lena		11	MKS Juvenia Wrocław			<b>8:04.83</b>	112	
	50m: 47.91	47.91	150m: 2:49.60	1:02.30	250m: 4:57.31	1:04.10	350m: 7:05.62	1:04.25	
	100m: 1:47.30	59.39	200m: 3:53.21	1:03.61	300m: 6:01.37	1:04.06	400m: 8:04.83	59.21	
50.	J DRZEJAK Nadia		11	UKS RAPID Wrocław			<b>8:09.48</b>	109	
	50m: 56.68	56.68	150m: 3:02.92	1:03.62	250m: 5:09.51	1:03.59	350m: 7:14.22	1:02.42	
	100m: 1:59.30	1:02.62	200m: 4:05.92	1:03.00	300m: 6:11.80	1:02.29	400m: 8:09.48	55.26	





Ogólnopolski Sprawdzian Wytrzymałość i Wszechstronno ci Stylowej dzieci 11-12 letnich  
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Konkurencja 5, Dziewcz t, 400m dowolny, 11 lat

Pozycja			Rok ur.					Czas	Pkt.
51.	PAWLIK Alicja		11	UKS KORAL Wrocław				<b>8:16.41</b>	104
	50m:	52.24 52.24	150m:	2:57.07 1:03.65	250m:	5:05.58 1:04.86	350m:	7:13.80 1:04.04	
	100m:	1:53.42 1:01.18	200m:	4:00.72 1:03.65	300m:	6:09.76 1:04.18	400m:	8:16.41 1:02.61	
9-10 lat PK									
1.	NOSAL Lena		12	MKS Juvenia Wrocław				<b>5:41.21</b>	322
	50m:	39.73 39.73	150m:	2:09.53 44.55	250m:	3:37.73 44.41	350m:	5:02.68 42.24	
	100m:	1:24.98 45.25	200m:	2:53.32 43.79	300m:	4:20.44 42.71	400m:	5:41.21 38.53	
2.	WERESZCZY SKA Lila		12	WKS I sk				<b>5:57.03</b>	281
	50m:	40.37 40.37	150m:	2:11.64 46.20	250m:	3:44.92 46.38	350m:	5:15.58 43.80	
	100m:	1:25.44 45.07	200m:	2:58.54 46.90	300m:	4:31.78 46.86	400m:	5:57.03 41.45	
3.	DZIUBI SKA-GAŁKOWSKA Laura		12	WKS I sk				<b>6:14.55</b>	243
	50m:	42.24 42.24	150m:	2:19.24 49.64	250m:	3:57.49 48.26	350m:	5:33.13 46.53	
	100m:	1:29.60 47.36	200m:	3:09.23 49.99	300m:	4:46.60 49.11	400m:	6:14.55 41.42	
4.	BEBEL Luiza		12	MKS Juvenia Wrocław				<b>7:10.26</b>	160
	50m:	45.81 45.81	150m:	2:37.46 55.17	250m:	4:26.16 54.48	350m:	6:16.66 54.32	
	100m:	1:42.29 56.48	200m:	3:31.68 54.22	300m:	5:22.34 56.18	400m:	7:10.26 53.60	
5.	CEGIEŁKA Liliana		12	MKS Juvenia Wrocław				<b>7:34.64</b>	136
	50m:	48.15 48.15	150m:	2:41.50 56.35	250m:	4:37.94 57.90	350m:	6:36.41 59.50	
	100m:	1:45.15 57.00	200m:	3:40.04 58.54	300m:	5:36.91 58.97	400m:	7:34.64 58.23	
6.	SMOLIS Oliwia		12	MKS Juvenia Wrocław				<b>7:41.45</b>	130
	50m:	48.86 48.86	150m:	2:46.70 1:01.07	250m:	4:48.57 1:00.80	350m:	6:45.76 58.24	
	100m:		200m:	3:47.77 1:01.07	300m:	5:47.52 58.95	400m:	7:41.45 55.69	
7.	PAWŁOWSKA Maja		12	MKS Juvenia Wrocław				<b>7:48.80</b>	124
	50m:	52.35 52.35	150m:	2:52.26 1:00.31	250m:	4:53.67 58.50	350m:	6:54.56 1:00.20	
	100m:	1:51.95 59.60	200m:	3:55.17 1:02.91	300m:	5:54.36 1:00.69	400m:	7:48.80 54.24	

Konkurencja 6  
18.11.2022 - 12:36

Chłopców, 400m dowolny

9 - 11 lat  
Wyniki

Punkty: FINA 2022

Pozycja			Rok ur.					Czas	Pkt.
11 lat									
1.	ZIEMBICKI Borys		11	MKS Juvenia Wrocław				<b>5:27.80</b>	271
	50m:	35.26 35.26	150m:	1:59.46 42.83	250m:	3:23.07 42.12	350m:	4:47.66 41.78	
	100m:	1:16.63 41.37	200m:	2:40.95 41.49	300m:	4:05.88 42.81	400m:	5:27.80 40.14	
2.	KOWALCZYK Kamil		11	MKS Juvenia Wrocław				<b>5:28.96</b>	268
	50m:	35.34 35.34	150m:	1:58.82 41.65	250m:	3:22.89 42.57	350m:	4:47.40 41.99	
	100m:	1:17.17 41.83	200m:	2:40.32 41.50	300m:	4:05.41 42.52	400m:	5:28.96 41.56	
3.	GAWRO SKI Mateusz		11	WKS I sk				<b>5:37.66</b>	248
	50m:	36.59 36.59	150m:	2:02.42 44.34	250m:	3:30.29 43.46	350m:	4:58.38 43.84	
	100m:	1:18.08 41.49	200m:	2:46.83 44.41	300m:	4:14.54 44.25	400m:	5:37.66 39.28	
4.	SKOWRON Tymoteusz		11	UKS KORAL Wrocław				<b>5:44.81</b>	233
	50m:	38.80 38.80	150m:	2:09.54 46.06	250m:	3:39.39 44.59	350m:	5:06.96 42.47	
	100m:	1:23.48 44.68	200m:	2:54.80 45.26	300m:	4:24.49 45.10	400m:	5:44.81 37.85	
5.	WANIK Alan		11	WKS I sk				<b>5:57.59</b>	209
	50m:	39.57 39.57	150m:	2:10.62 46.55	250m:	3:43.35 46.49	350m:	5:14.42 45.57	
	100m:	1:24.07 44.50	200m:	2:56.86 46.24	300m:	4:28.85 45.50	400m:	5:57.59 43.17	
6.	BOBYK Karol		11	WKS I sk				<b>5:57.85</b>	208
	50m:	40.21 40.21	150m:	2:12.34 46.44	250m:	3:43.97 45.43	350m:	5:15.38 45.71	
	100m:	1:25.90 45.69	200m:	2:58.54 46.20	300m:	4:29.67 45.70	400m:	5:57.85 42.47	

Ogólnopolski Sprawdzian Wytrzymałość i Wszecstronno ci Stylowej dzieci 11-12 letnich  
Wrocław, 18.11.2022r.

Konkurencja 6, Chłopców, 400m dowolny, 11 lat

Pozycja			Rok ur.					Czas	Pkt.
7.	WOLNY Dariusz		11	KS "Swimmers I za"				<b>6:04.77</b>	197
	50m:	40.52 40.52	150m:	2:13.47 46.98	250m:	3:47.92 47.13	350m:	5:24.12 47.68	
	100m:	1:26.49 45.97	200m:	3:00.79 47.32	300m:	4:36.44 48.52	400m:	6:04.77 40.65	
8.	MISIEWICZ Brajan		11	MKS Juvenia Wrocław				<b>6:09.91</b>	188
	50m:	39.21 39.21	150m:	2:59.80 46.82	250m:	6:09.74 2:22.37	350m:		
	100m:	2:12.98 1:33.77	200m:	3:47.37 47.57	300m:		400m:	6:09.91	
9.	HUDZIAK Rafał		11	WKS I sk				<b>6:11.36</b>	186
	50m:	37.78 37.78	150m:	2:16.17 50.91	250m:	3:53.25 47.78	350m:	5:27.22 45.90	
	100m:	1:25.26 47.48	200m:	3:05.47 49.30	300m:	4:41.32 48.07	400m:	6:11.36 44.14	
10.	BIGAJ J drzej		11	MKS Juvenia Wrocław				<b>6:11.68</b>	186
	50m:	41.45 41.45	150m:	2:17.95 48.76	250m:	3:54.61 48.01	350m:	5:28.97 47.09	
	100m:	1:29.19 47.74	200m:	3:06.60 48.65	300m:	4:41.88 47.27	400m:	6:11.68 42.71	
11.	KOPACZ Maciej		11	WKS I sk				<b>6:13.29</b>	183
	50m:	40.81 40.81	150m:	2:13.36 45.72	250m:	3:47.58 46.39	350m:	5:24.42 48.67	
	100m:	1:27.64 46.83	200m:	3:01.19 47.83	300m:	4:35.75 48.17	400m:	6:13.29 48.87	
12.	MARHARA Denis		11	MKS Juvenia Wrocław				<b>6:20.32</b>	173
	50m:	41.49 41.49	150m:	2:17.79 47.96	250m:	3:55.63 49.13	350m:	5:34.24 49.27	
	100m:	1:29.83 48.34	200m:	3:06.50 48.71	300m:	4:44.97 49.34	400m:	6:20.32 46.08	
13.	CZAJA Gabriel		11	MKS Juvenia Wrocław				<b>6:23.64</b>	169
	50m:	40.70 40.70	150m:	2:18.75 49.65	250m:	3:57.53 49.98	350m:	5:36.74 49.19	
	100m:	1:29.10 48.40	200m:	3:07.55 48.80	300m:	4:47.55 50.02	400m:	6:23.64 46.90	
14.	SERHIENKO Yevhenij		11	MKS Juvenia Wrocław				<b>6:25.37</b>	167
	50m:	44.72 44.72	150m:	2:23.28 50.22	250m:	4:01.50 49.71	350m:	5:37.40 48.35	
	100m:	1:33.06 48.34	200m:	3:11.79 48.51	300m:	4:49.05 47.55	400m:	6:25.37 47.97	
15.	KLIMOWICZ Grzegorz		11	MKS Juvenia Wrocław				<b>6:26.13</b>	166
	50m:	45.44 45.44	150m:	2:23.99 49.26	250m:	4:01.93 49.16	350m:	5:40.24 48.91	
	100m:	1:34.73 49.29	200m:	3:12.77 48.78	300m:	4:51.33 49.40	400m:	6:26.13 45.89	
16.	KŁAK Adam		11	MKS Juvenia Wrocław				<b>6:34.18</b>	156
	50m:	43.38 43.38	150m:	2:22.82 50.96	250m:	4:05.30 51.42	350m:	5:47.16 50.70	
	100m:	1:31.86 48.48	200m:	3:13.88 51.06	300m:	4:56.46 51.16	400m:	6:34.18 47.02	
	BASIAK Bartłomiej		11	UKS KORAL Wrocław				<b>6:34.18</b>	156
	50m:	41.01 41.01	150m:	2:20.44 51.90	250m:	4:04.02 51.95	350m:	5:46.39 50.35	
	100m:	1:28.54 47.53	200m:	3:12.07 51.63	300m:	4:56.04 52.02	400m:	6:34.18 47.79	
18.	SZALAST Piotr		11	MKS Juvenia Wrocław				<b>6:34.47</b>	155
	50m:	43.31 43.31	150m:	2:21.85 50.10	250m:	4:04.63 51.65	350m:	5:44.09 50.47	
	100m:	1:31.75 48.44	200m:	3:12.98 51.13	300m:	4:53.62 48.99	400m:	6:34.47 50.38	
19.	WO NY Julian		11	KS JUST SWIM Jelenia Góra				<b>6:40.56</b>	148
	50m:	39.07 39.07	150m:	2:07.42 44.60	250m:	3:38.92 46.02	350m:	5:08.38 45.38	
	100m:	1:22.82 43.75	200m:	2:52.90 45.48	300m:	4:23.00 44.08	400m:	6:40.56 1:32.18	
20.	TARNOWSKI Filip		11	WKS I sk				<b>6:41.44</b>	147
	50m:	43.77 43.77	150m:	2:26.81 51.35	250m:	4:09.51 50.91	350m:	5:52.81 51.40	
	100m:	1:35.46 51.69	200m:	3:18.60 51.79	300m:	5:01.41 51.90	400m:	6:41.44 48.63	
21.	WOJNIAK Michał		11	MKS Juvenia Wrocław				<b>6:42.86</b>	146
	50m:	44.51 44.51	150m:	2:25.30 50.88	250m:	4:08.31 51.78	350m:	5:51.47 51.83	
	100m:	1:34.42 49.91	200m:	3:16.53 51.23	300m:	4:59.64 51.33	400m:	6:42.86 51.39	
22.	GARKUN Kirill		11	MKS Juvenia Wrocław				<b>6:44.94</b>	144
	50m:	41.38 41.38	150m:	2:27.16 54.55	250m:	4:12.23 52.40	350m:	5:56.12 52.21	
	100m:	1:32.61 51.23	200m:	3:19.83 52.67	300m:	5:03.91 51.68	400m:	6:44.94 48.82	
23.	KUMALA Dawid		11	UKS KORAL Wrocław				<b>6:45.39</b>	143
	50m:	44.71 44.71	150m:	2:26.43 51.75	250m:	4:12.88 53.95	350m:	6:00.21 53.58	
	100m:	1:34.68 49.97	200m:	3:18.93 52.50	300m:	5:06.63 53.75	400m:	6:45.39 45.18	

Ogólnopolski Sprawdzian Wytrzymałość ci i Wszecstronno ci Stylowej dzieci 11-12 letnich  
Wrocław, 18.11.2022r.

Konkurencja 6, Chłopców, 400m dowolny, 11 lat

Pozycja			Rok ur.					Czas	Pkt.		
24.	BARTOSZKO Maciej		11	UKS KORAL Wrocław				<b>6:48.13</b>	140		
	50m:	42.68 42.68	150m:	2:25.00	51.86	250m:	4:10.99	52.98	350m:	5:57.44	52.87
	100m:	1:33.14 50.46	200m:	3:18.01	53.01	300m:	5:04.57	53.58	400m:	6:48.13	50.69
25.	RYBAK Maciej		11	MKS Juvenia Wrocław				<b>6:50.63</b>	138		
	50m:	44.33 44.33	150m:	2:29.44	52.98	250m:	4:18.57	54.17	350m:	5:58.69	48.61
	100m:	1:36.46 52.13	200m:	3:24.40	54.96	300m:	5:10.08	51.51	400m:	6:50.63	51.94
26.	GUZEK Wojciech		11	UKS KORAL Wrocław				<b>6:54.97</b>	133		
	50m:	44.76 44.76	150m:	2:30.01	53.24	250m:	4:18.92	54.13	350m:	6:05.28	53.72
	100m:	1:36.77 52.01	200m:	3:24.79	54.78	300m:	5:11.56	52.64	400m:	6:54.97	49.69
27.	STASIAK Maksymilian		11	MKS Juvenia Wrocław				<b>6:55.66</b>	133		
	50m:	44.77 44.77	150m:	2:31.16	53.97	250m:	4:19.16	53.22	350m:	6:05.94	53.14
	100m:	1:37.19 52.42	200m:	3:25.94	54.78	300m:	5:12.80	53.64	400m:	6:55.66	49.72
28.	SKOWRONEK Antoni		11	UKS KORAL Wrocław				<b>6:57.58</b>	131		
	50m:	44.00 44.00	150m:	2:29.63	53.21	250m:	4:18.33	55.08	350m:	6:06.51	54.99
	100m:	1:36.42 52.42	200m:	3:23.25	53.62	300m:	5:11.52	53.19	400m:	6:57.58	51.07
29.	PANASZEK Piotr		11	Kp Harpun Osiecznica				<b>7:03.38</b>	125		
	50m:	46.38 46.38	150m:	2:34.15	54.45	250m:	4:22.49	53.92	350m:	6:11.44	54.02
	100m:	1:39.70 53.32	200m:	3:28.57	54.42	300m:	5:17.42	54.93	400m:	7:03.38	51.94
30.	PUCHAŁA Jakub		11	MKS Juvenia Wrocław				<b>7:08.87</b>	121		
	50m:	48.37 48.37	150m:	2:38.36	55.31	250m:	4:29.53	55.36	350m:	6:17.83	53.68
	100m:	1:43.05 54.68	200m:	3:34.17	55.81	300m:	5:24.15	54.62	400m:	7:08.87	51.04
31.	CHYRYK Artur		11	WKS I sk				<b>7:22.94</b>	110		
	50m:	45.20 45.20	150m:	2:31.89	53.46	250m:	4:25.43	58.00	350m:	6:25.96	59.76
	100m:	1:38.43 53.23	200m:	3:27.43	55.54	300m:	5:26.20	1:00.77	400m:	7:22.94	56.98
32.	CLARK WARD Matthew		11	WKS I sk				<b>7:24.23</b>	109		
	50m:	47.43 47.43	150m:	2:40.35	56.33	250m:	4:36.41	57.98	350m:	6:32.76	58.46
	100m:	1:44.02 56.59	200m:	3:38.43	58.08	300m:	5:34.30	57.89	400m:	7:24.23	51.47
33.	JANIACZYK Antoni		11	MKS Juvenia Wrocław				<b>7:28.86</b>	105		
	50m:	47.17 47.17	150m:	2:41.09	58.66	250m:	4:37.81	56.18	350m:	6:34.03	58.75
	100m:	1:42.43 55.26	200m:	3:41.63	1:00.54	300m:	5:35.28	57.47	400m:	7:28.86	54.83
34.	WASILEWSKI Michał		11	UKS KORAL Wrocław				<b>7:29.59</b>	105		
	50m:	50.11 50.11	150m:	2:46.56	57.91	250m:	4:39.95	55.08	350m:	6:34.87	56.80
	100m:	1:48.65 58.54	200m:	3:44.87	58.31	300m:	5:38.07	58.12	400m:	7:29.59	54.72
35.	SROKA Jakub		11	MKS Juvenia Wrocław				<b>7:37.26</b>	100		
	50m:	48.47 48.47	150m:	2:42.09	57.37	250m:	4:40.82	59.65	350m:	6:41.53	1:02.03
	100m:	1:44.72 56.25	200m:	3:41.17	59.08	300m:	5:39.50	58.68	400m:	7:37.26	55.73
36.	ZUBCZY SKI Aleksander		11	WKS I sk				<b>7:45.43</b>	94		
	50m:	49.85 49.85	150m:	2:51.07	1:01.17	250m:	4:53.57	1:03.11	350m:	6:51.99	59.91
	100m:	1:49.90 1:00.05	200m:	3:50.46	59.39	300m:	5:52.08	58.51	400m:	7:45.43	53.44
37.	BROVCHENKO Andrii		11	UKS KORAL Wrocław				<b>7:47.31</b>	93		
	50m:	49.84 49.84	150m:	2:48.08	1:00.62	250m:	4:52.46	1:02.88	350m:	6:51.68	57.76
	100m:	1:47.46 57.62	200m:	3:49.58	1:01.50	300m:	5:53.92	1:01.46	400m:	7:47.31	55.63
38.	GOŁ BIEWSKI Oskar		11	MKS Juvenia Wrocław				<b>8:03.04</b>	84		
	50m:	51.48 51.48	150m:	2:54.20	1:01.89	250m:	4:58.64	1:02.39	350m:	6:58.79	57.60
	100m:	1:52.31 1:00.83	200m:	3:56.25	1:02.05	300m:	6:01.19	1:02.55	400m:	8:03.04	1:04.25
39.	FRANK Kazimierz		11	MKS Juvenia Wrocław				<b>8:09.37</b>	81		
	50m:	54.04 54.04	150m:	2:58.11	1:02.02	250m:	5:07.34	1:05.13	350m:	7:15.27	1:02.84
	100m:	1:56.09 1:02.05	200m:	4:02.21	1:04.10	300m:	6:12.43	1:05.09	400m:	8:09.37	54.10
40.	ADAMCZYK Alexander		11	UKS KORAL Wrocław				<b>8:55.70</b>	62		
	50m:	54.45 54.45	150m:	3:11.42	1:09.16	250m:	5:33.14	1:11.23	350m:	7:50.80	1:07.63
	100m:	2:02.26 1:07.81	200m:	4:21.91	1:10.49	300m:	6:43.17	1:10.03	400m:	8:55.70	1:04.90

Ogólnopolski Sprawdzian Wytrzymałość i Wszechstronno ci Stylowej dzieci 11-12 letnich  
Wrocław, 18.11.2022r.

Konkurencja 6, Chłopców, 400m dowolny, 11 lat

Pozycja			Rok ur.				Czas				Pkt.
41.	ZHURA Matavyi		11 UKS KORAL Wrocław				<b>9:10.03</b>				57
	50m:	54.65 54.65	150m:	3:14.39 1:09.83	250m:	5:40.82 1:12.67	350m:	7:59.11 1:09.01	400m:	9:10.03 1:10.92	
	100m:	2:04.56 1:09.91	200m:	4:28.15 1:13.76	300m:	6:50.10 1:09.28					

9-10 lat PK

1.	DZIEDZIC Tomasz		12 UKS KORAL Wrocław				<b>6:08.82</b>				190
	50m:	40.43 40.43	150m:	2:15.23 47.65	250m:	3:50.69 47.21	350m:	5:26.00 47.04	400m:	6:08.82 42.82	
	100m:	1:27.58 47.15	200m:	3:03.48 48.25	300m:	4:38.96 48.27					
2.	JANKOWSKI Ksawery		12 MKS Juvenia Wrocław				<b>6:24.34</b>				168
	50m:	43.65 43.65	150m:	2:22.45 50.08	250m:	4:01.45 49.72	350m:	5:38.27 47.99	400m:	6:24.34 46.07	
	100m:	1:32.37 48.72	200m:	3:11.73 49.28	300m:	4:50.28 48.83					
3.	DZVAIRO Piotr		12 MKS Juvenia Wrocław				<b>6:27.82</b>				163
	50m:	42.63 42.63	150m:	2:20.91 49.80	250m:	4:00.15 49.49	350m:	5:39.02 49.42	400m:	6:27.82 48.80	
	100m:	1:31.11 48.48	200m:	3:10.66 49.75	300m:	4:49.60 49.45					
4.	SVIDERSKYI Roman		12 WKS I sk				<b>6:39.16</b>				150
	50m:	41.89 41.89	150m:		250m:	4:04.81 52.63	350m:	5:46.14 50.52	400m:	6:39.16 53.02	
	100m:	1:31.20 49.31	200m:	3:12.18	300m:	4:55.62 50.81					
5.	FLISI SKI Tymoteusz		12 MKS Juvenia Wrocław				<b>7:13.81</b>				117
	50m:	47.97 47.97	150m:	2:38.91 55.58	250m:	4:31.96 56.79	350m:	6:23.35 55.18	400m:	7:13.81 50.46	
	100m:	1:43.33 55.36	200m:	3:35.17 56.26	300m:	5:28.17 56.21					

Konkurencja 7  
18.11.2022 - 13:00

Dziewcz t, 800m dowolny

12 lat  
Wyniki

Punkty: FINA 2022

Pozycja			Rok ur.				Czas				Pkt.
1.	BERDECHOWSKA Martyna		10 WKS I sk				<b>10:00.15</b>				509
	50m:	32.46 32.46	250m:	3:03.93 37.75	450m:	5:36.59 37.69	650m:	8:09.61 38.60	800m:	10:00.15 34.63	
	100m:	1:10.03 37.57	300m:	3:42.03 38.10	500m:	6:15.45 38.86	700m:	8:47.68 38.07			
	150m:	1:48.04 38.01	350m:	4:20.51 38.48	550m:	6:53.26 37.81	750m:	9:25.52 37.84			
	200m:	2:26.18 38.14	400m:	4:58.90 38.39	600m:	7:31.01 37.75					
2.	JAWORSKA Aleksandra		10 WKS I sk				<b>10:01.49</b>				506
	50m:	33.71 33.71	250m:	3:06.73 38.53	450m:	5:40.00 37.90	650m:	8:11.58 37.64	800m:	10:01.49 35.53	
	100m:	1:11.42 37.71	300m:	3:44.74 38.01	500m:	6:17.89 37.89	700m:	8:49.24 37.66			
	150m:	1:49.56 38.14	350m:	4:23.48 38.74	550m:	6:55.94 38.05	750m:	9:25.96 36.72			
	200m:	2:28.20 38.64	400m:	5:02.10 38.62	600m:	7:33.94 38.00					
3.	NOSAL Nela		10 WKS I sk				<b>10:05.87</b>				495
	50m:	33.71 33.71	250m:	3:07.02 38.52	450m:	5:39.76 37.57	650m:	8:11.82 38.06	800m:	10:05.87 37.36	
	100m:	1:11.89 38.18	300m:	3:45.01 37.99	500m:	6:17.62 37.86	700m:	8:49.91 38.09			
	150m:	1:50.17 38.28	350m:	4:23.73 38.72	550m:	6:55.89 38.27	750m:	9:28.51 38.60			
	200m:	2:28.50 38.33	400m:	5:02.19 38.46	600m:	7:33.76 37.87					
4.	MICHAEL Emma		10 CSiR MOS w D browie Górnicy				<b>10:14.82</b>				473
	50m:	1:14.30 1:14.30	250m:	3:51.24 39.27	450m:	6:27.21 38.89	650m:	9:01.25 38.33	800m:	10:14.82 35.48	
	100m:	1:53.64 39.34	300m:	4:30.22 38.98	500m:	7:05.71 38.50	700m:	9:39.34 38.09			
	150m:	2:32.80 39.16	350m:	5:09.22 39.00	550m:	7:44.34 38.63	750m:	10:14.82 35.48			
	200m:	3:11.97 39.17	400m:	5:48.32 39.10	600m:	8:22.92 38.58					
5.	KO LAK Hanna		10 UKS „HS” Team Kryty Basen Kłodzko				<b>10:15.35</b>				472
	50m:	31.43 31.43	250m:	3:02.74 38.68	450m:	5:39.52 39.37	650m:	8:16.56 39.42	800m:	10:15.35 39.79	
	100m:	1:07.89 36.46	300m:	3:41.85 39.11	500m:	6:18.66 39.14	700m:	8:56.15 39.59			
	150m:	1:46.06 38.17	350m:	4:21.34 39.49	550m:	6:57.60 38.94	750m:	9:35.56 39.41			
	200m:	2:24.06 38.00	400m:	5:00.15 38.81	600m:	7:37.14 39.54					

Ogólnopolski Sprawdzian Wytrzymałość i Wszeczhronno ci Stylowej dzieci 11-12 letnich  
Wrocław, 18.11.2022r.

Konkurencja 7, Dziewcz t, 800m dowolny, 12 lat

Pozycja			Rok ur.						Czas	Pkt.	
6.	HARTWIG Michalina		10	WKS	I sk					<b>10:42.39</b>	415
	50m:	34.57 34.57	250m:	3:15.16 41.36	450m:	5:59.66 40.47	650m:	8:42.47 40.06			
	100m:	1:13.72 39.15	300m:	3:56.55 41.39	500m:	6:40.37 40.71	700m:	9:23.17 40.70			
	150m:	1:54.12 40.40	350m:	4:38.07 41.52	550m:	7:21.83 41.46	750m:	10:03.48 40.31			
	200m:	2:33.80 39.68	400m:	5:19.19 41.12	600m:	8:02.41 40.58	800m:	10:42.39 38.91			
7.	PI TEK Nadia		10	WKS	I sk					<b>10:49.58</b>	401
	50m:	34.72 34.72	250m:	3:17.32 41.64	450m:	6:03.83 41.52	650m:	8:50.17 40.83			
	100m:	1:14.02 39.30	300m:	3:59.06 41.74	500m:	6:45.54 41.71	700m:	9:31.10 40.93			
	150m:	1:54.73 40.71	350m:	4:40.97 41.91	550m:	7:27.93 42.39	750m:	10:11.12 40.02			
	200m:	2:35.68 40.95	400m:	5:22.31 41.34	600m:	8:09.34 41.41	800m:	10:49.58 38.46			
8.	GŁOWACKA Julia		10	MKS	Juvenia Wrocław					<b>11:00.75</b>	381
	50m:	37.92 37.92	250m:	3:27.15 42.30	450m:	6:14.96 41.56	650m:	9:02.36 41.73			
	100m:	1:20.05 42.13	300m:	4:09.20 42.05	500m:	6:56.81 41.85	700m:	9:43.76 41.40			
	150m:	2:02.93 42.88	350m:	4:51.59 42.39	550m:	7:38.56 41.75	750m:	10:23.84 40.08			
	200m:	2:44.85 41.92	400m:	5:33.40 41.81	600m:	8:20.63 42.07	800m:	11:00.75 36.91			
9.	KAMI SKA Małgorzata		10	UKS	"Kro nicka Przysa "					<b>11:11.09</b>	364
	50m:	38.83 38.83	250m:	3:29.13 42.19	450m:	6:18.04 42.18	650m:	9:06.11 41.96			
	100m:	1:21.08 42.25	300m:	4:11.03 41.90	500m:	6:59.76 41.72	700m:	9:47.83 41.72			
	150m:	2:03.72 42.64	350m:	4:53.45 42.42	550m:	7:41.65 41.89	750m:	10:29.65 41.82			
	200m:	2:46.94 43.22	400m:	5:35.86 42.41	600m:	8:24.15 42.50	800m:	11:11.09 41.44			
10.	SHEPTUN Kateryna		10	MKS	Juvenia Wrocław					<b>11:15.87</b>	356
	50m:	34.27 34.27	250m:	3:24.06 43.49	450m:	6:19.03 44.46	650m:	9:11.88 42.11			
	100m:	1:15.97 41.70	300m:	4:07.70 43.64	500m:	7:02.93 43.90	700m:	9:54.90 43.02			
	150m:	1:58.08 42.11	350m:	4:51.40 43.70	550m:	7:46.13 43.20	750m:	10:36.19 41.29			
	200m:	2:40.57 42.49	400m:	5:34.57 43.17	600m:	8:29.77 43.64	800m:	11:15.87 39.68			
11.	SZKLENNIK Lena		10	MKS	Juvenia Wrocław					<b>11:22.00</b>	347
	50m:	37.29 37.29	250m:	3:30.22 43.46	450m:	6:23.45 42.69	650m:	9:16.21 43.16			
	100m:	1:19.46 42.17	300m:	4:13.96 43.74	500m:	7:07.15 43.70	700m:	9:59.07 42.86			
	150m:	2:03.01 43.55	350m:	4:58.09 44.13	550m:	7:50.25 43.10	750m:	10:41.89 42.82			
	200m:	2:46.76 43.75	400m:	5:40.76 42.67	600m:	8:33.05 42.80	800m:	11:22.00 40.11			
12.	KLIMCZAK Natalia		10	MKS	Juvenia Wrocław					<b>11:23.76</b>	344
	50m:	35.60 35.60	250m:	3:25.39 43.15	450m:	6:20.80 44.25	650m:	9:17.12 43.53			
	100m:	1:17.02 41.42	300m:	4:09.65 44.26	500m:	7:04.33 43.53	700m:	9:59.51 42.39			
	150m:	1:58.90 41.88	350m:	4:53.22 43.57	550m:	7:49.87 45.54	750m:	10:41.14 41.63			
	200m:	2:42.24 43.34	400m:	5:36.55 43.33	600m:	8:33.59 43.72	800m:	11:23.76 42.62			
13.	JABŁO SKA Martyna		10	MKS	Juvenia Wrocław					<b>11:25.30</b>	342
	50m:	37.31 37.31	250m:	3:29.40 42.66	450m:	6:25.80 44.16	650m:	9:18.10 42.44			
	100m:	1:19.53 42.22	300m:	4:13.45 44.05	500m:	7:09.48 43.68	700m:	10:00.71 42.61			
	150m:	2:03.54 44.01	350m:	4:56.73 43.28	550m:	7:53.31 43.83	750m:	10:43.16 42.45			
	200m:	2:46.74 43.20	400m:	5:41.64 44.91	600m:	8:35.66 42.35	800m:	11:25.30 42.14			
14.	KOZŁOWSKA Milena		10	KS	JUST SWIM Jelenia Góra					<b>11:32.55</b>	331
	50m:	35.81 35.81	250m:	3:28.74 44.29	450m:	6:24.97 44.59	650m:	9:21.42 44.18			
	100m:	1:17.42 41.61	300m:	4:12.96 44.22	500m:	7:09.32 44.35	700m:	10:05.58 44.16			
	150m:	2:00.40 42.98	350m:	4:57.14 44.18	550m:	7:53.58 44.26	750m:	10:49.58 44.00			
	200m:	2:44.45 44.05	400m:	5:40.38 43.24	600m:	8:37.24 43.66	800m:	11:32.55 42.97			
15.	DRACHUK Uliana		10	KS	JUST SWIM Jelenia Góra					<b>11:32.67</b>	331
	50m:	37.15 37.15	250m:	3:30.83 43.93	450m:	6:29.28 44.67	650m:	9:26.61 43.76			
	100m:	1:19.97 42.82	300m:	4:15.10 44.27	500m:	7:14.45 45.17	700m:	10:10.03 43.42			
	150m:	2:03.18 43.21	350m:	4:59.68 44.58	550m:	7:58.61 44.16	750m:	10:52.82 42.79			
	200m:	2:46.90 43.72	400m:	5:44.61 44.93	600m:	8:42.85 44.24	800m:	11:32.67 39.85			
16.	SKAWI SKA Lena		10	WKS	I sk					<b>11:33.32</b>	330
	50m:	39.89 39.89	250m:	3:35.04 44.56	450m:	6:32.68 44.89	650m:	9:27.76 43.00			
	100m:	1:21.95 42.06	300m:	4:18.97 43.93	500m:	7:16.60 43.92	700m:	10:10.66 42.90			
	150m:	2:06.82 44.87	350m:	5:03.29 44.32	550m:	8:01.13 44.53	750m:	10:52.76 42.10			
	200m:	2:50.48 43.66	400m:	5:47.79 44.50	600m:	8:44.76 43.63	800m:	11:33.32 40.56			



Ogólnopolski Sprawdzian Wytrzymałość ci i Wszechstronno ci Stylowej dzieci 11-12 letnich  
Wrocław, 18.11.2022r.

Konkurencja 7, Dziewcz t, 800m dowolny, 12 lat

Pozycja			Rok ur.					Czas	Pkt.
17.	ZHYTENKO Viktoriya		10	MKS Juvenia Wrocław				<b>11:33.78</b>	329
	50m:	36.55 36.55	250m:	3:28.80	44.04	450m:	6:25.09 44.39	650m:	9:21.22 43.08
	100m:	1:18.13 41.58	300m:	4:12.68	43.88	500m:	7:09.17 44.08	700m:	10:03.88 42.66
	150m:	2:01.23 43.10	350m:	4:56.53	43.85	550m:	7:53.34 44.17	750m:	10:49.62 45.74
	200m:	2:44.76 43.53	400m:	5:40.70	44.17	600m:	8:38.14 44.80	800m:	11:33.78 44.16
18.	MIELCZAREK Oliwia		10	UKS KORAL Wrocław				<b>11:35.69</b>	327
	50m:	36.62 36.62	250m:	3:30.34	43.97	450m:	6:28.26 44.74	650m:	9:25.79 43.74
	100m:	1:18.44 41.82	300m:	4:14.61	44.27	500m:	7:12.66 44.40	700m:	10:08.75 42.96
	150m:	2:02.06 43.62	350m:	4:59.31	44.70	550m:	7:57.12 44.46	750m:	10:52.42 43.67
	200m:	2:46.37 44.31	400m:	5:43.52	44.21	600m:	8:42.05 44.93	800m:	11:35.69 43.27
19.	ŁADO Natalia		10	UKS KORAL Wrocław				<b>11:37.28</b>	324
	50m:	37.95 37.95	250m:	3:33.35	44.21	450m:	6:32.87 45.13	650m:	9:30.76 44.66
	100m:	1:21.44 43.49	300m:	4:18.02	44.67	500m:	7:17.35 44.48	700m:	10:14.96 44.20
	150m:	2:05.69 44.25	350m:	5:02.78	44.76	550m:	8:01.98 44.63	750m:	10:57.95 42.99
	200m:	2:49.14 43.45	400m:	5:47.74	44.96	600m:	8:46.10 44.12	800m:	11:37.28 39.33
20.	HOŁDYS Gabriela		10	KS Neptun widnica				<b>11:37.48</b>	324
	50m:	39.82 39.82	250m:	3:36.82	44.22	450m:	6:34.65 44.55	650m:	9:31.26 43.94
	100m:	1:24.04 44.22	300m:	4:21.46	44.64	500m:	7:18.75 44.10	700m:	10:15.44 44.18
	150m:	2:07.99 43.95	350m:	5:05.97	44.51	550m:	8:02.84 44.09	750m:	10:58.56 43.12
	200m:	2:52.60 44.61	400m:	5:50.10	44.13	600m:	8:47.32 44.48	800m:	11:37.48 38.92
21.	KOZI SKA Łucja		10	WKS I sk				<b>11:39.29</b>	322
	50m:	38.10 38.10	250m:	3:33.94	44.24	450m:	6:34.11 44.38	650m:	9:31.13 44.67
	100m:	1:20.63 42.53	300m:	4:20.09	46.15	500m:	7:19.09 44.98	700m:	10:15.59 44.46
	150m:	2:05.45 44.82	350m:	5:04.05	43.96	550m:	8:02.04 42.95	750m:	10:58.36 42.77
	200m:	2:49.70 44.25	400m:	5:49.73	45.68	600m:	8:46.46 44.42	800m:	11:39.29 40.93
22.	LIPIEC Nina		10	UKS KORAL Wrocław				<b>11:41.34</b>	319
	50m:	38.02 38.02	250m:	3:32.83	44.49	450m:	6:35.72 46.68	650m:	9:34.35 44.69
	100m:	1:20.61 42.59	300m:	4:17.83	45.00	500m:	7:20.37 44.65	700m:	10:17.96 43.61
	150m:	2:04.61 44.00	350m:	5:02.99	45.16	550m:	8:04.45 44.08	750m:	11:00.89 42.93
	200m:	2:48.34 43.73	400m:	5:49.04	46.05	600m:	8:49.66 45.21	800m:	11:41.34 40.45
23.	STANKOWSKA Jagoda		10	UKS „HS” Team Kryty Basen Kłodzko				<b>11:43.36</b>	316
	50m:	38.00 38.00	250m:	3:32.00	43.64	450m:	6:30.98 44.33	650m:	9:32.30 45.20
	100m:	1:20.30 42.30	300m:	4:16.95	44.95	500m:	7:17.06 46.08	700m:	10:17.97 45.67
	150m:	2:04.33 44.03	350m:	5:01.11	44.16	550m:	8:02.64 45.58	750m:	11:02.96 44.99
	200m:	2:48.36 44.03	400m:	5:46.65	45.54	600m:	8:47.10 44.46	800m:	11:43.36 40.40
24.	SZAŁAJ Zuzanna		10	UKS KORAL Wrocław				<b>11:44.41</b>	315
	50m:	37.91 37.91	250m:	3:32.53	43.85	450m:	6:30.54 44.27	650m:	9:30.71 45.52
	100m:	1:21.18 43.27	300m:	4:16.20	43.67	500m:	7:15.59 45.05	700m:	10:15.89 45.18
	150m:	2:05.09 43.91	350m:	5:01.35	45.15	550m:	7:59.89 44.30	750m:	11:01.29 45.40
	200m:	2:48.68 43.59	400m:	5:46.27	44.92	600m:	8:45.19 45.30	800m:	11:44.41 43.12
25.	K SKA Klara		10	WKS I sk				<b>11:48.66</b>	309
	50m:	38.76 38.76	250m:	3:40.31		450m:	6:40.61 46.02	650m:	9:39.66 44.92
	100m:	1:22.71 43.95	300m:	4:25.02	44.71	500m:	7:25.34 44.73	700m:	10:23.94 44.28
	150m:		350m:	5:09.80	44.78	550m:	8:09.76 44.42	750m:	11:07.91 43.97
	200m:		400m:	5:54.59	44.79	600m:	8:54.74 44.98	800m:	11:48.66 40.75
26.	GLASGALL Zuzanna		10	UKS KORAL Wrocław				<b>11:54.15</b>	302
	50m:	38.71 38.71	250m:	3:36.65	45.02	450m:	6:41.11 46.33	650m:	9:45.52 45.45
	100m:	1:21.99 43.28	300m:	4:22.59	45.94	500m:	7:27.60 46.49	700m:	10:30.85 45.33
	150m:	2:06.59 44.60	350m:	5:09.15	46.56	550m:	8:14.05 46.45	750m:	11:15.48 44.63
	200m:	2:51.63 45.04	400m:	5:54.78	45.63	600m:	9:00.07 46.02	800m:	11:54.15 38.67
27.	POR BA Martyna		10	UKS „HS” Team Kryty Basen Kłodzko				<b>11:56.72</b>	299
	50m:	39.49 39.49	250m:	3:34.68	44.35	450m:	6:36.17 45.07	650m:	9:41.55 47.58
	100m:	1:23.31 43.82	300m:	4:20.52	45.84	500m:	7:21.28 45.11	700m:	10:27.33 45.78
	150m:	2:06.60 43.29	350m:	5:05.63	45.11	550m:	8:07.91 46.63	750m:	11:13.65 46.32
	200m:	2:50.33 43.73	400m:	5:51.10	45.47	600m:	8:53.97 46.06	800m:	11:56.72 43.07

Ogólnopolski Sprawdzian Wytrzymałość i Wszeczhronno ci Stylowej dzieci 11-12 letnich  
Wrocław, 18.11.2022r.

Konkurencja 7, Dziewcz t, 800m dowolny, 12 lat

Pozycja			Rok ur.					Czas	Pkt.
28.	ZAGDA	SKA Jagoda	10	MKS Juwenia Wrocław				<b>12:00.63</b>	294
	50m:	37.53 37.53	250m:	3:37.23 45.58	450m:	6:40.41 46.04	650m:	9:46.15 47.10	
	100m:	1:21.81 44.28	300m:	4:22.04 44.81	500m:	7:26.27 45.86	700m:	10:33.54 47.39	
	150m:	2:07.24 45.43	350m:	5:08.27 46.23	550m:	8:13.11 46.84	750m:	11:19.63 46.09	
	200m:	2:51.65 44.41	400m:	5:54.37 46.10	600m:	8:59.05 45.94	800m:	12:00.63 41.00	
29.	KARAPETYAN	Luiza	10	MKS Juwenia Wrocław				<b>12:05.63</b>	288
	50m:	39.55 39.55	250m:	3:41.35 45.33	450m:	6:47.13 46.50	650m:	9:50.42 45.56	
	100m:	1:24.25 44.70	300m:	4:28.35 47.00	500m:	7:33.24 46.11	700m:	10:36.30 45.88	
	150m:	2:09.98 45.73	350m:	5:14.68 46.33	550m:	8:19.45 46.21	750m:	11:21.73 45.43	
	200m:	2:56.02 46.04	400m:	6:00.63 45.95	600m:	9:04.86 45.41	800m:	12:05.63 43.90	
30.	PASTUSZKA	Maja	10	UKS KORAL Wrocław				<b>12:17.51</b>	274
	50m:	39.66 39.66	250m:	3:46.40 47.33	450m:	6:56.04 46.90	650m:	10:03.61 46.65	
	100m:	1:25.49 45.83	300m:	4:34.21 47.81	500m:	7:43.56 47.52	700m:	10:50.07 46.46	
	150m:	2:12.26 46.77	350m:	5:21.75 47.54	550m:	8:30.19 46.63	750m:	11:35.73 45.66	
	200m:	2:59.07 46.81	400m:	6:09.14 47.39	600m:	9:16.96 46.77	800m:	12:17.51 41.78	
31.	FIE KO	Wiktoria	10	MKS Juwenia Wrocław				<b>12:18.99</b>	272
	50m:	41.23 41.23	250m:	3:48.69 45.79	450m:	6:56.16 47.85	650m:	10:05.32 47.17	
	100m:	1:27.96 46.73	300m:	4:34.67 45.98	500m:	7:43.21 47.05	700m:	10:51.71 46.39	
	150m:	2:15.78 47.82	350m:	5:21.81 47.14	550m:	8:30.69 47.48	750m:	11:37.76 46.05	
	200m:	3:02.90 47.12	400m:	6:08.31 46.50	600m:	9:18.15 47.46	800m:	12:18.99 41.23	
32.	CZEREK	Magdalena	10	WKS I sk				<b>12:30.90</b>	260
	50m:	41.33 41.33	250m:	3:48.72 47.88	450m:	7:00.44 47.97	650m:	10:13.37 48.81	
	100m:	1:26.72 45.39	300m:	4:36.62 47.90	500m:	7:48.78 48.34	700m:	11:01.64 48.27	
	150m:	2:13.74 47.02	350m:	5:24.41 47.79	550m:	8:36.46 47.68	750m:	11:47.50 45.86	
	200m:	3:00.84 47.10	400m:	6:12.47 48.06	600m:	9:24.56 48.10	800m:	12:30.90 43.40	
33.	WINCZURA	Estera	10	UKS KORAL Wrocław				<b>12:36.50</b>	254
	50m:	42.60 42.60	250m:	3:58.47 48.46	450m:	7:11.04 47.35	650m:	10:22.33 48.31	
	100m:	1:31.09 48.49	300m:	4:47.57 49.10	500m:	7:58.84 47.80	700m:	11:10.90 48.57	
	150m:	2:20.88 49.79	350m:	5:34.96 47.39	550m:	8:46.24 47.40	750m:	11:55.87 44.97	
	200m:	3:10.01 49.13	400m:	6:23.69 48.73	600m:	9:34.02 47.78	800m:	12:36.50 40.63	
34.	PIOTROWSKA	Nadia	10	UKS KORAL Wrocław				<b>12:37.49</b>	253
	50m:	41.43 41.43	250m:	3:46.97 46.85	450m:	6:58.26 47.79	650m:	10:12.68 48.22	
	100m:	1:27.08 45.65	300m:	4:33.52 46.55	500m:	7:47.41 49.15	700m:	11:01.36 48.68	
	150m:	2:12.90 45.82	350m:	5:21.38 47.86	550m:	8:36.24 48.83	750m:	11:49.33 47.97	
	200m:	3:00.12 47.22	400m:	6:10.47 49.09	600m:	9:24.46 48.22	800m:	12:37.49 48.16	
35.	KISZCZAK	Małgorzata	10	MKS Juwenia Wrocław				<b>12:44.93</b>	246
	50m:	45.29 45.29	250m:	3:59.92 49.08	450m:	7:15.49 49.20	650m:	10:30.85 48.35	
	100m:	1:33.32 48.03	300m:	4:48.47 48.55	500m:	8:04.42 48.93	700m:	11:18.84 47.99	
	150m:	2:22.01 48.69	350m:	5:37.32 48.85	550m:	8:53.96 49.54	750m:	12:06.49 47.65	
	200m:	3:10.84 48.83	400m:	6:26.29 48.97	600m:	9:42.50 48.54	800m:	12:44.93 38.44	
36.	NIEMIEC	Marta	10	WKS I sk				<b>12:46.62</b>	244
	50m:	40.36 40.36	250m:	3:51.16 48.15	450m:	7:06.87 49.16	650m:	10:23.48 49.31	
	100m:	1:26.97 46.61	300m:	4:39.85 48.69	500m:	7:56.00 49.13	700m:	11:11.93 48.45	
	150m:	2:15.36 48.39	350m:	5:28.98 49.13	550m:	8:44.54 48.54	750m:	12:01.30 49.37	
	200m:	3:03.01 47.65	400m:	6:17.71 48.73	600m:	9:34.17 49.63	800m:	12:46.62 45.32	
37.	STRZELECKA	Julia	10	UKS KORAL Wrocław				<b>12:53.19</b>	238
	50m:	41.27 41.27	250m:	3:54.03 49.49	450m:	7:14.54 50.71	650m:	10:32.05 48.06	
	100m:	1:28.21 46.94	300m:	4:44.11 50.08	500m:	8:04.95 50.41	700m:	11:21.37 49.32	
	150m:	2:16.10 47.89	350m:	5:34.29 50.18	550m:	8:55.25 50.30	750m:	12:08.20 46.83	
	200m:	3:04.54 48.44	400m:	6:23.83 49.54	600m:	9:43.99 48.74	800m:	12:53.19 44.99	
38.	KOPKA	Liwia	10	UKS KORAL Wrocław				<b>12:53.74</b>	237
	50m:	41.72 41.72	250m:	3:58.15 49.29	450m:	7:16.24 49.40	650m:	10:31.91 48.70	
	100m:	1:30.47 48.75	300m:	4:47.45 49.30	500m:	8:05.39 49.15	700m:	11:20.73 48.82	
	150m:	2:19.70 49.23	350m:	5:37.42 49.97	550m:	8:54.16 48.77	750m:	12:08.57 47.84	
	200m:	3:08.86 49.16	400m:	6:26.84 49.42	600m:	9:43.21 49.05	800m:	12:53.74 45.17	

Ogólnopolski Sprawdzian Wytrzymałość i Wszeczhronno ci Stylowej dzieci 11-12 letnich  
Wrocław, 18.11.2022r.

Konkurencja 7, Dziewcz t, 800m dowolny, 12 lat

Pozycja			Rok ur.						Czas	Pkt.	
39.	ALKHATIB Maison		10	MKS Juvenia Wrocław				<b>13:07.06</b>	225		
	50m:	42.43 42.43	250m:	3:57.48	49.36	450m:	7:16.42	50.02	650m:	10:38.57	51.12
	100m:	1:29.28 46.85	300m:	4:46.33	48.85	500m:	8:05.97	49.55	700m:	11:28.98	50.41
	150m:	2:18.56 49.28	350m:	5:36.64	50.31	550m:	8:56.28	50.31	750m:	12:19.23	50.25
	200m:	3:08.12 49.56	400m:	6:26.40	49.76	600m:	9:47.45	51.17	800m:	13:07.06	47.83
40.	STURMA Amelia		10	MKS Juvenia Wrocław				<b>13:20.87</b>	214		
	50m:	43.23 43.23	250m:	4:01.62	50.59	450m:	7:26.03	51.17	650m:	10:49.94	50.90
	100m:	1:31.95 48.72	300m:	4:52.66	51.04	500m:	8:16.72	50.69	700m:	11:41.50	51.56
	150m:	2:21.21 49.26	350m:	5:44.41	51.75	550m:	9:07.70	50.98	750m:	12:32.15	50.65
	200m:	3:11.03 49.82	400m:	6:34.86	50.45	600m:	9:59.04	51.34	800m:	13:20.87	48.72
41.	SIKORA Natalia		10	UKS KORAL Wrocław				<b>13:21.61</b>	213		
	50m:	41.23 41.23	250m:	4:01.16	50.02	450m:	7:25.70	51.07	650m:	10:54.03	51.47
	100m:	1:29.32 48.09	300m:	4:52.63	51.47	500m:	8:17.84	52.14	700m:	11:40.22	46.19
	150m:	2:20.32 51.00	350m:	5:42.28	49.65	550m:	9:10.86	53.02	750m:	12:31.73	51.51
	200m:	3:11.14 50.82	400m:	6:34.63	52.35	600m:	10:02.56	51.70	800m:	13:21.61	49.88
42.	SZEBYSTY Hanna		10	MKS Juvenia Wrocław				<b>13:21.72</b>	213		
	50m:	44.77 44.77	250m:	4:04.86	50.79	450m:	7:27.51	50.51	650m:	10:49.52	50.66
	100m:	1:34.16 49.39	300m:	4:55.36	50.50	500m:	8:17.95	50.44	700m:	11:39.01	49.49
	150m:	2:23.74 49.58	350m:	5:46.36	51.00	550m:	9:07.92	49.97	750m:	12:24.72	45.71
	200m:	3:14.07 50.33	400m:	6:37.00	50.64	600m:	9:58.86	50.94	800m:	13:21.72	57.00
43.	STRASZKO Olga		10	WKS I sk				<b>13:22.89</b>	212		
	50m:	42.46 42.46	250m:	4:02.06	50.88	450m:	8:21.16	52.08	650m:	11:45.62	50.83
	100m:	1:29.98 47.52	300m:	5:45.89	1:43.83	500m:	9:12.48	51.32	700m:	12:35.33	49.71
	150m:	2:20.33 50.35	350m:	6:37.17	51.28	550m:	10:03.82	51.34	750m:	13:22.89	47.56
	200m:	3:11.18 50.85	400m:	7:29.08	51.91	600m:	10:54.79	50.97	800m:	13:22.89	
44.	KACZOROWSKA Emilia		10	WKS I sk				<b>13:24.21</b>	211		
	50m:	42.37 42.37	250m:	4:01.10	50.76	450m:	7:29.83	52.26	650m:	10:58.11	53.22
	100m:	1:29.88 47.51	300m:	4:53.98	52.88	500m:	8:21.87	52.04	700m:	11:47.62	49.51
	150m:	2:19.68 49.80	350m:	5:46.19	52.21	550m:	9:12.40	50.53	750m:	12:37.38	49.76
	200m:	3:10.34 50.66	400m:	6:37.57	51.38	600m:	10:04.89	52.49	800m:	13:24.21	46.83
45.	RYNDAK Julia		10	MKS Juvenia Wrocław				<b>13:27.18</b>	209		
	50m:	44.05 44.05	250m:	4:07.78	51.77	450m:	7:34.11	50.98	650m:	10:58.40	51.35
	100m:	1:34.39 50.34	300m:	4:59.63	51.85	500m:	8:25.03	50.92	700m:	11:50.05	51.65
	150m:	2:25.58 51.19	350m:	5:51.18	51.55	550m:	9:16.13	51.10	750m:	12:40.79	50.74
	200m:	3:16.01 50.43	400m:	6:43.13	51.95	600m:	10:07.05	50.92	800m:	13:27.18	46.39
46.	MAZUR Weronika		10	MKS Juvenia Wrocław				<b>13:56.25</b>	188		
	50m:	43.94 43.94	250m:	4:11.80	52.91	450m:	7:47.15	54.54	650m:	11:20.23	53.80
	100m:	1:33.60 49.66	300m:	5:05.34	53.54	500m:	8:39.79	52.64	700m:	12:14.56	54.33
	150m:	2:26.16 52.56	350m:	5:59.02	53.68	550m:	9:32.58	52.79	750m:	13:08.19	53.63
	200m:	3:18.89 52.73	400m:	6:52.61	53.59	600m:	10:26.43	53.85	800m:	13:56.25	48.06
47.	NABORCZYK Julia		10	MKS Juvenia Wrocław				<b>13:59.96</b>	185		
	50m:	39.71 39.71	250m:			450m:	7:43.41	53.82	650m:	11:21.34	54.50
	100m:	1:29.28 49.57	300m:	5:01.37		500m:	8:38.03	54.62	700m:	12:15.94	54.60
	150m:		350m:	5:54.48	53.11	550m:	9:32.08	54.05	750m:	13:09.83	53.89
	200m:		400m:	6:49.59	55.11	600m:	10:26.84	54.76	800m:	13:59.96	50.13
48.	DUŁAWSKA Lena		10	WKS I sk				<b>14:10.52</b>	179		
	50m:	44.46 44.46	250m:	4:17.88	53.90	450m:	7:55.22	54.15	650m:	11:29.41	53.91
	100m:	1:37.02 52.56	300m:	5:11.78	53.90	500m:	8:48.30	53.08	700m:	12:22.52	53.11
	150m:	2:31.07 54.05	350m:	6:07.18	55.40	550m:	9:41.56	53.26	750m:	13:16.85	54.33
	200m:	3:23.98 52.91	400m:	7:01.07	53.89	600m:	10:35.50	53.94	800m:	14:10.52	53.67
49.	POLITACHA Emilia		10	UKS KORAL Wrocław				<b>14:46.51</b>	158		
	50m:	45.80 45.80	250m:	4:29.42	57.78	450m:	8:18.02	56.81	650m:	12:04.01	55.65
	100m:	1:38.77 52.97	300m:	5:25.88	56.46	500m:	9:14.37	56.35	700m:	12:59.83	55.82
	150m:	2:34.89 56.12	350m:	6:22.81	56.93	550m:	10:11.20	56.83	750m:	13:53.89	54.06
	200m:	3:31.64 56.75	400m:	7:21.21	58.40	600m:	11:08.36	57.16	800m:	14:46.51	52.62

Ogólnopolski Sprawdzian Wytrzymałość i Wszeczhronno ci Stylowej dzieci 11-12 letnich  
Wrocław, 18.11.2022r.

Konkurencja 7, Dziewcz t, 800m dowolny, 12 lat

Pozycja			Rok ur.					Czas	Pkt.		
50.	NOWAK Michalina		10	UKS KORAL Wrocław				<b>14:53.59</b>	154		
	50m:	44.91 44.91	250m:	4:26.65	57.83	450m:	8:15.42	56.80	650m:	12:03.23	57.06
	100m:	1:37.23 52.32	300m:	5:24.71	58.06	500m:	9:12.49	57.07	700m:	13:00.63	57.40
	150m:	2:31.57 54.34	350m:	6:21.69	56.98	550m:	10:09.36	56.87	750m:	13:58.02	57.39
	200m:	3:28.82 57.25	400m:	7:18.62	56.93	600m:	11:06.17	56.81	800m:	14:53.59	55.57
51.	NOWAK Maja		10	UKS KORAL Wrocław				<b>15:02.68</b>	149		
	50m:	48.16 48.16	250m:	4:36.74	59.68	450m:	8:31.35	58.38	650m:	12:21.01	56.47
	100m:	1:42.78 54.62	300m:	5:36.16	59.42	500m:	9:29.61	58.26	700m:	13:17.56	56.55
	150m:	2:40.00 57.22	350m:	6:34.08	57.92	550m:	10:26.42	56.81	750m:	14:12.26	54.70
	200m:	3:37.06 57.06	400m:	7:32.97	58.89	600m:	11:24.54	58.12	800m:	15:02.68	50.42
52.	SZYBOWSKA Hanna		10	MKS Juvenia Wrocław				<b>16:50.90</b>	106		
	50m:	49.05 49.05	250m:	5:06.09	1:05.87	450m:	9:25.46	1:05.08	650m:	13:44.44	1:03.76
	100m:	1:51.29 1:02.24	300m:	6:11.63	1:05.54	500m:	10:31.32	1:05.86	700m:	14:47.62	1:03.18
	150m:	2:55.52 1:04.23	350m:	7:15.50	1:03.87	550m:	11:36.03	1:04.71	750m:	15:51.12	1:03.50
	200m:	4:00.22 1:04.70	400m:	8:20.38	1:04.88	600m:	12:40.68	1:04.65	800m:	16:50.90	59.78
53.	KOVALENKO Polina		10	MKS Juvenia Wrocław				<b>17:55.60</b>	88		
	50m:	56.38 56.38	250m:	5:27.16	1:09.26	450m:	10:01.85	1:09.81	650m:	14:34.46	1:07.20
	100m:	2:02.07 1:05.69	300m:	6:36.47	1:09.31	500m:	11:11.21	1:09.36	700m:	15:41.84	1:07.38
	150m:	3:10.88 1:08.81	350m:	7:44.31	1:07.84	550m:	12:19.96	1:08.75	750m:	16:49.33	1:07.49
	200m:	4:17.90 1:07.02	400m:	8:52.04	1:07.73	600m:	13:27.26	1:07.30	800m:	17:55.60	1:06.27

Konkurencja 8  
18.11.2022 - 14:04

Chłopców, 800m dowolny

12 lat  
Wyniki

Punkty: FINA 2022

Pozycja			Rok ur.					Czas	Pkt.		
1.	KOSIAREK Mateusz		10	WKS I sk				<b>9:43.69</b>	438		
	50m:	32.67 32.67	250m:	3:00.79	37.11	450m:	5:28.88	36.70	650m:	7:56.52	36.80
	100m:	1:09.67 37.00	300m:	3:38.10	37.31	500m:	6:06.05	37.17	700m:	8:33.13	36.61
	150m:	1:46.11 36.44	350m:	4:15.57	37.47	550m:	6:43.03	36.98	750m:	9:09.50	36.37
	200m:	2:23.68 37.57	400m:	4:52.18	36.61	600m:	7:19.72	36.69	800m:	9:43.69	34.19
2.	WERESZCZY SKI Igor		10	WKS I sk				<b>9:50.42</b>	423		
	50m:	32.20 32.20	250m:	3:01.78	37.81	450m:	5:32.98	37.74	650m:	8:03.32	37.39
	100m:	1:09.05 36.85	300m:	3:39.66	37.88	500m:	6:10.68	37.70	700m:	8:40.48	37.16
	150m:	1:46.56 37.51	350m:	4:17.74	38.08	550m:	6:48.40	37.72	750m:	9:17.28	36.80
	200m:	2:23.97 37.41	400m:	4:55.24	37.50	600m:	7:25.93	37.53	800m:	9:50.42	33.14
3.	KOTKIEWICZ Igor		10	MKS Juvenia Wrocław				<b>10:10.99</b>	382		
	50m:	31.53 31.53	250m:	3:08.28	39.67	450m:	5:44.91	39.20	650m:	8:21.72	38.66
	100m:	1:09.69 38.16	300m:	3:47.58	39.30	500m:	6:24.26	39.35	700m:	8:59.91	38.19
	150m:	1:49.13 39.44	350m:	4:26.63	39.05	550m:	7:03.96	39.70	750m:	9:38.13	38.22
	200m:	2:28.61 39.48	400m:	5:05.71	39.08	600m:	7:43.06	39.10	800m:	10:10.99	32.86
4.	D BICKI Marcel		10	WKS I sk				<b>10:29.96</b>	348		
	50m:	35.23 35.23	250m:	3:14.59	40.13	450m:	5:54.19	39.47	650m:	8:33.56	39.36
	100m:	1:14.38 39.15	300m:	3:54.31	39.72	500m:	6:34.63	40.44	700m:	9:13.44	39.88
	150m:	1:54.49 40.11	350m:	4:34.78	40.47	550m:	7:14.44	39.81	750m:	9:52.85	39.41
	200m:	2:34.46 39.97	400m:	5:14.72	39.94	600m:	7:54.20	39.76	800m:	10:29.96	37.11
5.	KRUPI SKI Leon		10	MKS Juvenia Wrocław				<b>10:52.15</b>	314		
	50m:	34.30 34.30	250m:	4:02.23	41.39	450m:	6:47.58	40.42	650m:	9:33.22	41.74
	100m:	1:15.09 40.79	300m:	4:43.70	41.47	500m:	7:29.20	41.62	700m:	10:14.93	41.71
	150m:	1:57.07 41.98	350m:	5:25.36	41.66	550m:	8:10.21	41.01	750m:	10:52.28	37.35
	200m:	3:20.84 1:23.77	400m:	6:07.16	41.80	600m:	8:51.48	41.27	800m:	10:52.15	
6.	TRUSEWICZ Nikodem		10	KS JUST SWIM Jelenia Góra				<b>10:53.10</b>	312		
	50m:	34.80 34.80	250m:	3:22.71	42.43	450m:	6:10.29	41.25	650m:	8:57.64	41.54
	100m:	1:15.64 40.84	300m:	4:04.21	41.50	500m:	6:52.69	42.40	700m:	9:39.02	41.38
	150m:	1:58.21 42.57	350m:	4:45.93	41.72	550m:	7:34.05	41.36	750m:	10:18.62	39.60
	200m:	2:40.28 42.07	400m:	5:29.04	43.11	600m:	8:16.10	42.05	800m:	10:53.10	34.48

Ogólnopolski Sprawdzian Wytrzymałość ci i Wszeczhronno ci Stylowej dzieci 11-12 letnich  
Wrocław, 18.11.2022r.

Konkurencja 8, Chłopców, 800m dowolny, 12 lat

Pozycja			Rok ur.					Czas	Pkt.
7.	TRUSEWICZ Konstanty		10	KS JUST SWIM Jelenia Góra				<b>10:54.46</b>	311
	50m:	35.33 35.33	250m:	3:21.52	41.69	450m:	6:10.37 41.90	650m:	8:57.84 41.98
	100m:	1:15.93 40.60	300m:	4:04.15	42.63	500m:	6:52.10 41.73	700m:	9:38.57 40.73
	150m:	1:58.31 42.38	350m:	4:45.81	41.66	550m:	7:33.94 41.84	750m:	10:18.53 39.96
	200m:	2:39.83 41.52	400m:	5:28.47	42.66	600m:	8:15.86 41.92	800m:	10:54.46 35.93
8.	LEWCZUK Jakub		10	KS "Swimmers I za"				<b>10:54.59</b>	310
	50m:	35.69 35.69	250m:	3:21.39	41.19	450m:	6:07.55 40.82	650m:	8:51.95 41.41
	100m:	1:16.72 41.03	300m:	4:02.95	41.56	500m:	6:47.97 40.42	700m:	9:34.31 42.36
	150m:	1:58.32 41.60	350m:	4:44.29	41.34	550m:	7:29.60 41.63	750m:	10:15.76 41.45
	200m:	2:40.20 41.88	400m:	5:26.73	42.44	600m:	8:10.54 40.94	800m:	10:54.59 38.83
9.	LEWANDOWSKI Jacek		10	WKS I sk				<b>10:58.12</b>	305
	50m:	36.85 36.85	250m:	3:22.93	42.15	450m:	6:08.92 40.64	650m:	8:54.16 40.75
	100m:	1:17.92 41.07	300m:	4:05.22	42.29	500m:	6:50.00 41.08	700m:	9:35.81 41.65
	150m:	1:59.25 41.33	350m:	4:47.18	41.96	550m:	7:31.57 41.57	750m:	10:16.83 41.02
	200m:	2:40.78 41.53	400m:	5:28.28	41.10	600m:	8:13.41 41.84	800m:	10:58.12 41.29
10.	LIPI SKI Bartosz		10	WKS I sk				<b>11:03.24</b>	298
	50m:	38.09 38.09	250m:	3:26.80	42.45	450m:	6:15.51 41.64	650m:	9:02.36 41.18
	100m:	1:20.09 42.00	300m:	4:08.87	42.07	500m:	6:57.34 41.83	700m:	9:43.54 41.18
	150m:	2:02.23 42.14	350m:	4:51.58	42.71	550m:	7:39.02 41.68	750m:	10:24.84 41.30
	200m:	2:44.35 42.12	400m:	5:33.87	42.29	600m:	8:21.18 42.16	800m:	11:03.24 38.40
11.	JO CZYK Nikodem		10	WKS I sk				<b>11:07.87</b>	292
	50m:	36.50 36.50	250m:	3:27.00	42.50	450m:	6:17.28 41.72	650m:	9:06.33 42.11
	100m:	1:19.01 42.51	300m:	4:10.39	43.39	500m:	6:59.42 42.14	700m:	9:47.60 41.27
	150m:	2:00.84 41.83	350m:	4:53.36	42.97	550m:	7:42.28 42.86	750m:	10:28.85 41.25
	200m:	2:44.50 43.66	400m:	5:35.56	42.20	600m:	8:24.22 41.94	800m:	11:07.87 39.02
12.	CHWA CIK Wiktor		10	WKS I sk				<b>11:10.25</b>	289
	50m:	36.91 36.91	250m:	3:27.33	42.57	450m:	6:18.02 42.33	650m:	9:49.55 1:24.09
	100m:	1:18.99 42.08	300m:	4:09.85	42.52	500m:	7:01.62 43.60	700m:	10:30.87 41.32
	150m:	2:01.95 42.96	350m:	4:53.28	43.43	550m:	7:43.50 41.88	750m:	11:09.90 39.03
	200m:	2:44.76 42.81	400m:	5:35.69	42.41	600m:	8:25.46 41.96	800m:	11:10.25 0.35
13.	KOSENDA Seweryn		10	WKS I sk				<b>11:16.91</b>	281
	50m:	38.97 38.97	250m:	3:28.70	42.71	450m:	6:20.29 42.38	650m:	9:14.29 43.90
	100m:	1:20.68 41.71	300m:	4:11.66	42.96	500m:	7:03.68 43.39	700m:	9:56.98 42.69
	150m:	2:03.33 42.65	350m:	4:54.64	42.98	550m:	7:47.39 43.71	750m:	10:38.71 41.73
	200m:	2:45.99 42.66	400m:	5:37.91	43.27	600m:	8:30.39 43.00	800m:	11:16.91 38.20
14.	KRYNICKI Tymoteusz		10	KS JUST SWIM Jelenia Góra				<b>11:19.26</b>	278
	50m:	39.59 39.59	250m:	3:30.92	42.95	450m:	6:25.87 43.79	650m:	9:17.09 41.48
	100m:	1:21.29 41.70	300m:	4:15.00	44.08	500m:	7:09.16 43.29	700m:	9:58.81 41.72
	150m:	2:04.71 43.42	350m:	4:58.61	43.61	550m:	7:53.15 43.99	750m:	10:40.84 42.03
	200m:	2:47.97 43.26	400m:	5:42.08	43.47	600m:	8:35.61 42.46	800m:	11:19.26 38.42
15.	KALETA Bartłomiej		10	WKS I sk				<b>11:25.80</b>	270
	50m:	37.62 37.62	250m:	3:30.93	43.65	450m:	6:24.59 43.15	650m:	9:18.30 43.68
	100m:	1:20.52 42.90	300m:	4:14.44	43.51	500m:	7:07.78 43.19	700m:	10:01.73 43.43
	150m:	2:03.97 43.45	350m:	4:58.21	43.77	550m:	7:51.24 43.46	750m:	10:44.68 42.95
	200m:	2:47.28 43.31	400m:	5:41.44	43.23	600m:	8:34.62 43.38	800m:	11:25.80 41.12
16.	PAWLAK Oliwier		10	WKS I sk				<b>11:30.47</b>	264
	50m:	37.57 37.57	250m:	3:31.45	43.78	450m:	6:28.02 44.08	650m:	9:24.81 43.44
	100m:	1:20.80 43.23	300m:	4:15.51	44.06	500m:	7:12.80 44.78	700m:	10:09.40 44.59
	150m:	2:04.59 43.79	350m:	4:59.68	44.17	550m:	7:57.33 44.53	750m:	10:51.80 42.40
	200m:	2:47.67 43.08	400m:	5:43.94	44.26	600m:	8:41.37 44.04	800m:	11:30.47 38.67
17.	I YCKI Mateusz		10	MKS Juvenia Wrocław				<b>11:42.52</b>	251
	50m:	37.19 37.19	250m:	3:33.22	44.29	450m:	6:31.53 44.51	650m:	9:31.51 44.61
	100m:	1:20.83 43.64	300m:	4:18.03	44.81	500m:	7:16.48 44.95	700m:	10:16.65 45.14
	150m:	2:04.13 43.30	350m:	5:02.17	44.14	550m:	8:01.05 44.57	750m:	11:01.33 44.68
	200m:	2:48.93 44.80	400m:	5:47.02	44.85	600m:	8:46.90 45.85	800m:	11:42.52 41.19



Ogólnopolski Sprawdzian Wytrzymałość i Wszeczhronno ci Stylowej dzieci 11-12 letnich  
Wrocław, 18.11.2022r.

Konkurencja 8, Chłopców, 800m dowolny, 12 lat

Pozycja			Rok ur.						Czas	Pkt.
18.	KOZI SKI Aleksander	10	WKS	I sk				<b>11:55.34</b>	238	
	50m: 38.13 38.13	250m: 3:39.33	45.36	450m: 6:43.12	44.98	650m: 9:44.72	44.24			
	100m: 1:22.21 44.08	300m: 4:25.76	46.43	500m: 7:29.05	45.93	700m: 10:29.28	44.56			
	150m: 2:08.44 46.23	350m: 5:13.12	47.36	550m: 8:15.69	46.64	750m: 11:13.50	44.22			
	200m: 2:53.97 45.53	400m: 5:58.14	45.02	600m: 9:00.48	44.79	800m: 11:55.34	41.84			
19.	PIWOWARSKI Patryk	10	MKS	Juvenia Wrocław				<b>11:56.44</b>	237	
	50m: 38.72 38.72	250m: 3:38.83	45.39	450m: 6:42.15	46.27	650m: 9:44.43	44.99			
	100m: 1:22.97 44.25	300m: 4:24.09	45.26	500m: 7:27.59	45.44	700m: 10:29.56	45.13			
	150m: 2:08.09 45.12	350m: 5:10.25	46.16	550m: 8:13.53	45.94	750m: 11:14.96	45.40			
	200m: 2:53.44 45.35	400m: 5:55.88	45.63	600m: 8:59.44	45.91	800m: 11:56.44	41.48			
20.	ŁUKAWSKI Emanuel	10	KS "Swimmers	I za"				<b>11:57.47</b>	236	
	50m: 37.64 37.64	250m: 3:39.53	46.17	450m: 6:42.60	45.36	650m: 9:45.13	45.37			
	100m: 1:21.48 43.84	300m: 4:25.78	46.25	500m: 7:27.97	45.37	700m: 10:30.52	45.39			
	150m: 2:06.91 45.43	350m: 5:11.38	45.60	550m: 8:13.60	45.63	750m: 11:16.16	45.64			
	200m: 2:53.36 46.45	400m: 5:57.24	45.86	600m: 8:59.76	46.16	800m: 11:57.47	41.31			
21.	MAGIEREK Wojciech	10	MKS	Juvenia Wrocław				<b>12:02.09</b>	231	
	50m: 38.84 38.84	250m: 3:40.76	45.63	450m: 6:47.66	46.00	650m: 9:52.36	45.71			
	100m: 1:23.48 44.64	300m: 4:27.44	46.68	500m: 7:34.88	47.22	700m: 10:36.55	44.19			
	150m: 2:09.35 45.87	350m: 5:14.46	47.02	550m: 8:19.77	44.89	750m: 11:22.15	45.60			
	200m: 2:55.13 45.78	400m: 6:01.66	47.20	600m: 9:06.65	46.88	800m: 12:02.09	39.94			
22.	SZYMCZAK Dawid	10	UKS KORAL	Wrocław				<b>12:05.93</b>	227	
	50m: 38.45 38.45	250m: 3:41.45	46.11	450m: 6:48.31	45.95	650m: 9:51.31	45.09			
	100m: 1:23.51 45.06	300m: 4:27.92	46.47	500m: 7:34.48	46.17	700m: 10:37.51	46.20			
	150m: 2:09.23 45.72	350m: 5:15.13	47.21	550m: 8:20.24	45.76	750m: 11:22.70	45.19			
	200m: 2:55.34 46.11	400m: 6:02.36	47.23	600m: 9:06.22	45.98	800m: 12:05.93	43.23			
23.	SMOLI SKI Jan	10	MKS	Juvenia Wrocław				<b>12:06.90</b>	226	
	50m: 40.50 40.50	250m: 3:43.87	46.72	450m: 6:51.75	47.21	650m: 9:58.94	47.29			
	100m: 1:25.21 44.71	300m: 4:31.22	47.35	500m: 7:39.21	47.46	700m: 10:42.76	43.82			
	150m: 2:10.81 45.60	350m: 5:17.93	46.71	550m: 8:25.39	46.18	750m: 11:27.16	44.40			
	200m: 2:57.15 46.34	400m: 6:04.54	46.61	600m: 9:11.65	46.26	800m: 12:06.90	39.74			
24.	KOCZERGA Jakub	10	MKS	Juvenia Wrocław				<b>12:11.92</b>	222	
	50m: 37.07 37.07	250m: 3:39.31	47.31	450m: 6:49.26	47.89	650m: 9:59.07	47.10			
	100m: 1:20.91 43.84	300m: 4:26.83	47.52	500m: 7:37.09	47.83	700m: 10:45.90	46.83			
	150m: 2:06.62 45.71	350m: 5:14.06	47.23	550m: 8:25.56	48.47	750m: 11:33.89	47.99			
	200m: 2:52.00 45.38	400m: 6:01.37	47.31	600m: 9:11.97	46.41	800m: 12:11.92	38.03			
25.	SZYMA SKI Bartłomiej	10	MKS	Juvenia Wrocław				<b>12:34.20</b>	203	
	50m: 39.91 39.91	250m: 3:54.64	48.65	450m: 7:09.39	49.74	650m: 10:18.25	46.81			
	100m: 1:26.59 46.68	300m: 4:42.93	48.29	500m: 7:57.23	47.84	700m: 11:06.59	48.34			
	150m: 2:16.33 49.74	350m: 5:31.03	48.10	550m: 8:44.58	47.35	750m: 11:53.31	46.72			
	200m: 3:05.99 49.66	400m: 6:19.65	48.62	600m: 9:31.44	46.86	800m: 12:34.20	40.89			
26.	WALCZAK Dominik	10	WKS	I sk				<b>12:34.25</b>	203	
	50m: 39.99 39.99	250m: 3:50.69	47.88	450m: 7:04.51	48.54	650m: 10:16.89	47.13			
	100m: 1:26.46 46.47	300m: 4:38.51	47.82	500m: 7:52.78	48.27	700m: 11:05.08	48.19			
	150m: 2:13.87 47.41	350m: 5:27.12	48.61	550m: 8:41.97	49.19	750m: 11:52.67	47.59			
	200m: 3:02.81 48.94	400m: 6:15.97	48.85	600m: 9:29.76	47.79	800m: 12:34.25	41.58			
27.	TODEK Franciszek	10	UKS KORAL	Wrocław				<b>12:50.11</b>	190	
	50m: 38.71 38.71	250m: 3:56.61	51.36	450m: 7:17.42	50.13	650m: 10:31.26	48.40			
	100m: 1:25.62 46.91	300m: 4:47.05	50.44	500m: 8:05.77	48.35	700m: 11:19.66	48.40			
	150m: 2:15.43 49.81	350m: 5:37.59	50.54	550m: 8:54.66	48.89	750m: 12:06.56	46.90			
	200m: 3:05.25 49.82	400m: 6:27.29	49.70	600m: 9:42.86	48.20	800m: 12:50.11	43.55			
28.	PAJEK Krzysztof	10	UKS KORAL	Wrocław				<b>12:54.69</b>	187	
	50m: 39.73 39.73	250m: 3:52.69	49.60	450m: 7:13.40	50.08	650m: 10:30.83	49.65			
	100m: 1:26.90 47.17	300m: 4:43.06	50.37	500m: 8:03.89	50.49	700m: 11:20.47	49.64			
	150m: 2:14.83 47.93	350m: 5:32.69	49.63	550m: 8:53.10	49.21	750m: 12:09.92	49.45			
	200m: 3:03.09 48.26	400m: 6:23.32	50.63	600m: 9:41.18	48.08	800m: 12:54.69	44.77			

Ogólnopolski Sprawdzian Wytrzymałość i Wszechstronno ci Stylowej dzieci 11-12 letnich  
Wrocław, 18.11.2022r.

Konkurencja 8, Chłopców, 800m dowolny, 12 lat

Pozycja			Rok ur.				Czas				Pkt.	
29.	DUKIEWICZ Oliwier		10				MKS Juvenia Wrocław				<b>13:08.80</b>	177
	50m:	43.01	43.01	250m:	4:00.63	49.16	450m:	7:24.91	51.03	650m:	10:46.31	50.76
	100m:	1:32.17	49.16	300m:	4:50.67	50.04	500m:	8:15.63	50.72	700m:	11:37.37	51.06
	150m:	2:21.56	49.39	350m:	5:42.48	51.81	550m:	9:06.58	50.95	750m:	12:27.33	49.96
	200m:	3:11.47	49.91	400m:	6:33.88	51.40	600m:	9:55.55	48.97	800m:	13:08.80	41.47
30.	SANKOWSKI Bartosz		10				WKS I sk				<b>13:14.07</b>	174
	50m:	40.16	40.16	250m:	4:47.39	1:41.98	450m:	8:12.31	51.19	650m:	11:36.61	51.18
	100m:	1:26.54	46.38	300m:	5:39.80	52.41	500m:	9:03.28	50.97	700m:	12:26.84	50.23
	150m:	2:15.60	49.06	350m:	6:30.29	50.49	550m:	9:54.49	51.21	750m:	13:13.98	47.14
	200m:	3:05.41	49.81	400m:	7:21.12	50.83	600m:	10:45.43	50.94	800m:	13:14.07	0.09
31.	JASI SKI Oliwier		10				UKS KORAL Wrocław				<b>13:18.54</b>	171
	50m:	41.48	41.48	250m:	3:58.83	50.80	450m:	7:23.20	51.81	650m:	10:48.41	51.17
	100m:	1:29.20	47.72	300m:	4:49.18	50.35	500m:	8:14.20	51.00	700m:	11:40.18	51.77
	150m:	2:18.64	49.44	350m:	5:41.13	51.95	550m:	9:06.53	52.33	750m:	12:30.35	50.17
	200m:	3:08.03	49.39	400m:	6:31.39	50.26	600m:	9:57.24	50.71	800m:	13:18.54	48.19
32.	WŁOCH Wiktor		10				UKS KORAL Wrocław				<b>13:20.78</b>	169
	50m:	42.58	42.58	250m:	4:02.83	51.00	450m:	7:27.99	51.60	650m:	10:54.17	50.51
	100m:	1:30.73	48.15	300m:	4:53.63	50.80	500m:	8:20.12	52.13	700m:	11:45.83	51.66
	150m:	2:20.63	49.90	350m:	5:45.11	51.48	550m:	9:11.83	51.71	750m:	12:34.29	48.46
	200m:	3:11.83	51.20	400m:	6:36.39	51.28	600m:	10:03.66	51.83	800m:	13:20.78	46.49
33.	FELBINGER Igor		10				UKS KORAL Wrocław				<b>13:25.85</b>	166
	50m:	42.12	42.12	250m:	4:00.97	51.61	450m:			650m:	10:50.63	51.03
	100m:	1:30.03	47.91	300m:	4:52.25	51.28	500m:	8:18.65		700m:	11:44.84	54.21
	150m:	2:19.68	49.65	350m:	5:43.90	51.65	550m:	9:10.02	51.37	750m:	12:36.20	51.36
	200m:	3:09.36	49.68	400m:	6:35.87	51.97	600m:	9:59.60	49.58	800m:	13:25.85	49.65
34.	ECKARDT Wiktor		10				UKS KORAL Wrocław				<b>13:39.53</b>	158
	50m:	43.30	43.30	250m:	4:12.46	53.60	450m:	7:45.97	52.43	650m:	11:12.39	49.28
	100m:	1:33.89	50.59	300m:	5:04.74	52.28	500m:	8:39.07	53.10	700m:	11:59.13	46.74
	150m:	2:24.88	50.99	350m:	5:58.50	53.76	550m:	9:31.59	52.52	750m:	12:51.67	52.54
	200m:	3:18.86	53.98	400m:	6:53.54	55.04	600m:	10:23.11	51.52	800m:	13:39.53	47.86
35.	JU KIEWICZ Maciej		10				UKS KORAL Wrocław				<b>13:49.41</b>	152
	50m:	42.74	42.74	250m:	4:11.28	52.43	450m:	7:44.47	53.73	650m:	11:19.02	52.99
	100m:	1:32.92	50.18	300m:	5:03.53	52.25	500m:	8:37.83	53.36	700m:	12:11.76	52.74
	150m:	2:25.24	52.32	350m:	5:57.66	54.13	550m:	9:33.04	55.21	750m:	13:04.09	52.33
	200m:	3:18.85	53.61	400m:	6:50.74	53.08	600m:	10:26.03	52.99	800m:	13:49.41	45.32
36.	GRZEBYK Borys		10				UKS KORAL Wrocław				<b>14:01.45</b>	146
	50m:	44.69	44.69	250m:	4:18.40	54.21	450m:	7:57.40	55.02	650m:	11:33.99	53.58
	100m:	1:36.18	51.49	300m:	5:12.47	54.07	500m:	8:51.97	54.57	700m:	12:26.07	52.08
	150m:	2:30.57	54.39	350m:	6:07.78	55.31	550m:	9:46.21	54.24	750m:	13:17.62	51.55
	200m:	3:24.19	53.62	400m:	7:02.38	54.60	600m:	10:40.41	54.20	800m:	14:01.45	43.83
37.	MAKOWCZY SKI Dawid		10				UKS KORAL Wrocław				<b>14:04.90</b>	144
	50m:	43.42	43.42	250m:	4:16.09	53.24	450m:	7:53.78	54.15	650m:	11:31.06	54.73
	100m:	1:35.56	52.14	300m:	5:09.94	53.85	500m:	8:48.68	54.90	700m:	12:25.36	54.30
	150m:	2:28.72	53.16	350m:	6:03.98	54.04	550m:	9:42.63	53.95	750m:	13:18.36	53.00
	200m:	3:22.85	54.13	400m:	6:59.63	55.65	600m:	10:36.33	53.70	800m:	14:04.90	46.54
38.	BAZAN Adam		10				UKS KORAL Wrocław				<b>14:13.74</b>	140
	50m:	46.37	46.37	250m:	4:22.27	56.13	450m:	7:57.28	55.30	650m:	11:35.83	54.47
	100m:	1:38.61	52.24	300m:	5:14.54	52.27	500m:	8:51.28	54.00	700m:	12:31.74	55.91
	150m:	2:32.38	53.77	350m:	6:06.21	51.67	550m:	9:45.47	54.19	750m:	13:27.58	55.84
	200m:	3:26.14	53.76	400m:	7:01.98	55.77	600m:	10:41.36	55.89	800m:	14:13.74	46.16
39.	KWAK Karol		10				UKS KORAL Wrocław				<b>14:14.72</b>	139
	50m:	44.47	44.47	250m:	4:20.61	54.89	450m:	7:58.27	54.98	650m:	11:37.44	55.21
	100m:	1:37.79	53.32	300m:	5:14.13	53.52	500m:	8:53.45	55.18	700m:	12:32.81	55.37
	150m:	2:32.15	54.36	350m:	6:07.69	53.56	550m:	9:47.09	53.64	750m:	13:26.82	54.01
	200m:	3:25.72	53.57	400m:	7:03.29	55.60	600m:	10:42.23	55.14	800m:	14:14.72	47.90

Ogólnopolski Sprawdzian Wytrzymało ci i Wszechstronno ci Stylowej dzieci 11-12 letnich  
Wrocław, 18.11.2022r.

Konkurencja 8, Chłopców, 800m dowolny, 12 lat

Pozycja			Rok ur.				Czas				Pkt.	
<b>40.</b>	<b>MIGIELSKI Jakub</b>		<b>10</b>				<b>MKS Juvenia Wrocław</b>				<b>14:20.10</b>	<b>137</b>
	50m:	44.19 44.19	250m:	4:21.74	55.53	450m:	8:02.39	56.66	650m:	11:38.80	53.78	
	100m:	1:36.99 52.80	300m:	5:16.09	54.35	500m:	8:56.90	54.51	700m:	12:33.01	54.21	
	150m:	2:31.60 54.61	350m:	6:10.04	53.95	550m:	9:50.96	54.06	750m:	13:26.34	53.33	
	200m:	3:26.21 54.61	400m:	7:05.73	55.69	600m:	10:45.02	54.06	800m:	14:20.10	53.76	
<b>41.</b>	<b>KAWCZY SKI Maurycy</b>		<b>10</b>				<b>UKS KORAL Wrocław</b>				<b>14:22.60</b>	<b>135</b>
	50m:	45.04 45.04	250m:	4:22.85	54.74	450m:	8:01.89	54.85	650m:	11:40.43	54.33	
	100m:	1:38.40 53.36	300m:	5:18.28	55.43	500m:	8:56.11	54.22	700m:	12:35.23	54.80	
	150m:	2:32.66 54.26	350m:	6:13.21	54.93	550m:	9:51.84	55.73	750m:	13:29.28	54.05	
	200m:	3:28.11 55.45	400m:	7:07.04	53.83	600m:	10:46.10	54.26	800m:	14:22.60	53.32	
<b>42.</b>	<b>PRZYCHODZE Kacper</b>		<b>10</b>				<b>UKS RAPID Wrocław</b>				<b>14:32.71</b>	<b>131</b>
	50m:	45.18 45.18	250m:	4:24.08	56.30	450m:	8:08.67	56.67	650m:	11:50.46	55.16	
	100m:	1:36.94 51.76	300m:	5:19.83	55.75	500m:	9:04.75	56.08	700m:	12:46.24	55.78	
	150m:	2:32.02 55.08	350m:	6:15.42	55.59	550m:	10:00.13	55.38	750m:	13:41.47	55.23	
	200m:	3:27.78 55.76	400m:	7:12.00	56.58	600m:	10:55.30	55.17	800m:	14:32.71	51.24	
<b>43.</b>	<b>TURAJSKI Szymon</b>		<b>10</b>				<b>MKS Juvenia Wrocław</b>				<b>15:35.73</b>	<b>106</b>
	50m:	47.04 47.04	250m:	4:38.37	1:00.39	450m:	8:38.00	1:00.04	650m:	12:37.79	1:00.80	
	100m:	1:41.50 54.46	300m:	5:37.76	59.39	500m:	9:37.70	59.70	700m:	13:40.25	1:02.46	
	150m:	2:38.76 57.26	350m:	6:37.97	1:00.21	550m:	10:36.96	59.26	750m:	14:39.87	59.62	
	200m:	3:37.98 59.22	400m:	7:37.96	59.99	600m:	11:36.99	1:00.03	800m:	15:35.73	55.86	
<b>44.</b>	<b>KOT Kryspin</b>		<b>10</b>				<b>UKS KORAL Wrocław</b>				<b>15:40.95</b>	<b>104</b>
	50m:	47.18 47.18	250m:	4:34.73	59.10	450m:	8:40.35	1:02.26	650m:	12:44.42	1:01.45	
	100m:	1:42.22 55.04	300m:	5:34.81	1:00.08	500m:	9:40.96	1:00.61	700m:	13:44.95	1:00.53	
	150m:	2:38.74 56.52	350m:	6:35.85	1:01.04	550m:	10:42.11	1:01.15	750m:	14:43.98	59.03	
	200m:	3:35.63 56.89	400m:	7:38.09	1:02.24	600m:	11:42.97	1:00.86	800m:	15:40.95	56.97	
<b>45.</b>	<b>WITA Krzysztof</b>		<b>10</b>				<b>UKS KORAL Wrocław</b>				<b>16:03.95</b>	<b>97</b>
	50m:	50.12 50.12	250m:	4:55.94	1:03.39	450m:	9:07.46		650m:	13:13.28	1:00.54	
	100m:	1:46.96 56.84	300m:	5:56.80	1:00.86	500m:	10:12.30	1:04.84	700m:	14:12.13	58.85	
	150m:	2:49.74 1:02.78	350m:	7:01.59	1:04.79	550m:	11:14.89	1:02.59	750m:	15:10.07	57.94	
	200m:	3:52.55 1:02.81	400m:			600m:	12:12.74	57.85	800m:	16:03.95	53.88	