

Zimowe Mistrzostwa Polski Seniorów i Młodzie owców 19-20 lat w Pływaniu
Pozna , 15- - 18-12-2011

Konkurencja 17
2011-12-16 - 9:15

M czyzn, 400m zmienny

Open
Wyniki Eliminacje

RP 4:03.20 WÓJT, Łukasz 2009-11-14

Punkty: FINA 2011

| Pozycja | | | Rok ur. | | | | | Czas | Pkt. | |
|---------|---------------------------|---------------|---------|-------------------------|-------|-------|---------|----------------|-------|---------------|
| 1. | KLIZA, Mateusz SK | | 94 | Avia widnik | | | | 4:22.10 | 725 | A |
| | 50m: | 28.84 28.84 | 150m: | 1:36.03 | 35.15 | 250m: | 2:46.05 | 35.76 | 350m: | 3:52.58 30.09 |
| | 100m: | 1:00.88 32.04 | 200m: | 2:10.29 | 34.26 | 300m: | 3:22.49 | 36.44 | 400m: | 4:22.10 29.52 |
| 2. | ZACZY SKI, Karol | | 91 | AZS AWF Katowice | | | | 4:23.58 | 713 | A |
| | 50m: | 27.13 27.13 | 150m: | 1:33.66 | 34.74 | 250m: | 2:44.80 | 37.33 | 350m: | 3:53.65 31.12 |
| | 100m: | 58.92 31.79 | 200m: | 2:07.47 | 33.81 | 300m: | 3:22.53 | 37.73 | 400m: | 4:23.58 29.93 |
| 3. | DUBIEL, Adam | | 93 | MTP Lublinianka | | | | 4:23.78 | 711 | A |
| | 50m: | 27.39 27.39 | 150m: | 1:31.07 | 32.07 | 250m: | 2:41.92 | 39.31 | 350m: | 3:53.17 32.11 |
| | 100m: | 59.00 31.61 | 200m: | 2:02.61 | 31.54 | 300m: | 3:21.06 | 39.14 | 400m: | 4:23.78 30.61 |
| 4. | WITKOWSKI, Jan | | 94 | UKS Skarpa Lublin | | | | 4:24.02 | 709 | A |
| | 50m: | 27.60 27.60 | 150m: | 1:33.02 | 33.28 | 250m: | 2:43.97 | 38.51 | 350m: | 3:54.68 32.01 |
| | 100m: | 59.74 32.14 | 200m: | 2:05.46 | 32.44 | 300m: | 3:22.67 | 38.70 | 400m: | 4:24.02 29.34 |
| 5. | MATCZAK, Mateusz | | 89 | AZS-AWF Warszawa | | | | 4:24.13 | 708 | A |
| | 50m: | 27.10 27.10 | 150m: | 1:33.47 | 34.57 | 250m: | 2:44.61 | 37.34 | 350m: | 3:54.29 32.25 |
| | 100m: | 58.90 31.80 | 200m: | 2:07.27 | 33.80 | 300m: | 3:22.04 | 37.43 | 400m: | 4:24.13 29.84 |
| 6. | WÓJT, Łukasz | | 82 | Polski Zwi zek Pływacki | | | | 4:24.15 | 708 | A |
| | 50m: | 28.12 28.12 | 150m: | 1:33.08 | 32.82 | 250m: | 2:42.80 | 37.69 | 350m: | 3:53.35 32.03 |
| | 100m: | 1:00.26 32.14 | 200m: | 2:05.11 | 32.03 | 300m: | 3:21.32 | 38.52 | 400m: | 4:24.15 30.80 |
| 7. | PEŁCZY SKI, Kacper | | 92 | AZS AWF Katowice | | | | 4:24.43 | 706 | A |
| | 50m: | 27.44 27.44 | 150m: | 1:33.94 | 34.77 | 250m: | 2:44.33 | 35.88 | 350m: | 3:53.40 31.74 |
| | 100m: | 59.17 31.73 | 200m: | 2:08.45 | 34.51 | 300m: | 3:21.66 | 37.33 | 400m: | 4:24.43 31.03 |
| 8. | SUZIN, Marcin SK | | 93 | MKS Jordan Kraków | | | | 4:25.51 | 697 | A |
| | 50m: | 28.91 28.91 | 150m: | 1:37.03 | 34.96 | 250m: | 2:46.96 | 36.03 | 350m: | 3:54.88 31.28 |
| | 100m: | 1:02.07 33.16 | 200m: | 2:10.93 | 33.90 | 300m: | 3:23.60 | 36.64 | 400m: | 4:25.51 30.63 |
| 9. | CZARNOTA, Mateusz | | 91 | UKP Unia O wi cim | | | | 4:26.87 | 687 | A |
| | 50m: | 29.11 29.11 | 150m: | 1:37.66 | 35.15 | 250m: | 2:48.79 | 37.08 | 350m: | 3:56.84 30.46 |
| | 100m: | 1:02.51 33.40 | 200m: | 2:11.71 | 34.05 | 300m: | 3:26.38 | 37.59 | 400m: | 4:26.87 30.03 |
| 10. | KUSWIK, Maciej SWR | | 96 | WKS I sk Wrocław | | | | 4:27.64 | 681 | A |
| | 50m: | 27.83 27.83 | 150m: | 1:34.33 | 34.63 | 250m: | 2:47.42 | 38.78 | 350m: | 3:57.96 31.12 |
| | 100m: | 59.70 31.87 | 200m: | 2:08.64 | 34.31 | 300m: | 3:26.84 | 39.42 | 400m: | 4:27.64 29.68 |
| 11. | KUBKOWSKI, Bartłomiej SWR | | 95 | WKS I sk Wrocław | | | | 4:27.98 | 678 | R |
| | 50m: | 28.31 28.31 | 150m: | 1:35.35 | 34.28 | 250m: | 2:47.75 | 38.56 | 350m: | 3:57.97 31.08 |
| | 100m: | 1:01.07 32.76 | 200m: | 2:09.19 | 33.84 | 300m: | 3:26.89 | 39.14 | 400m: | 4:27.98 30.01 |
| 12. | WIEK, Kacper | | 95 | MKS Polonia Warszawa | | | | 4:28.00 | 678 | R |
| | 50m: | 28.44 28.44 | 150m: | 1:36.46 | 34.55 | 250m: | 2:49.45 | 38.51 | 350m: | 3:59.38 30.95 |
| | 100m: | 1:01.91 33.47 | 200m: | 2:10.94 | 34.48 | 300m: | 3:28.43 | 38.98 | 400m: | 4:28.00 28.62 |
| 13. | KRZYWIECKI, Tomasz | | 89 | MKP Szczecin | | | | 4:28.90 | 671 | |
| | 50m: | 27.90 27.90 | 150m: | 1:35.06 | 35.43 | 250m: | 2:47.87 | 38.42 | 350m: | 3:58.28 31.61 |
| | 100m: | 59.63 31.73 | 200m: | 2:09.45 | 34.39 | 300m: | 3:26.67 | 38.80 | 400m: | 4:28.90 30.62 |
| 14. | NACHTMAN, Mateusz SK | | 95 | WKS I sk Wrocław | | | | 4:28.98 | 671 | |
| | 50m: | 28.62 28.62 | 150m: | 1:37.47 | 35.78 | 250m: | 2:49.50 | 36.89 | 350m: | 3:59.80 32.01 |
| | 100m: | 1:01.69 33.07 | 200m: | 2:12.61 | 35.14 | 300m: | 3:27.79 | 38.29 | 400m: | 4:28.98 29.18 |
| 15. | KSI EK, Michał SK | | 93 | MKS Jordan Kraków | | | | 4:29.10 | 670 | |
| | 50m: | 28.17 28.17 | 150m: | 1:35.78 | 35.11 | 250m: | 2:47.29 | 37.65 | 350m: | 3:57.61 32.09 |
| | 100m: | 1:00.67 32.50 | 200m: | 2:09.64 | 33.86 | 300m: | 3:25.52 | 38.23 | 400m: | 4:29.10 31.49 |
| 16. | KROGULSKI, Filip SO | | 96 | UKP Unia O wi cim | | | | 4:29.39 | 668 | |
| | 50m: | 28.32 28.32 | 150m: | 1:34.94 | 34.23 | 250m: | 2:47.05 | 39.04 | 350m: | 3:58.04 31.51 |
| | 100m: | 1:00.71 32.39 | 200m: | 2:08.01 | 33.07 | 300m: | 3:26.53 | 39.48 | 400m: | 4:29.39 31.35 |
| 17. | BAŁABUCH, Krystian SO | | 95 | BOSiR Brzesko | | | | 4:30.20 | 662 | |
| | 50m: | 28.75 28.75 | 150m: | 1:37.42 | 35.10 | 250m: | 2:49.08 | 37.49 | 350m: | 3:59.23 31.87 |
| | 100m: | 1:02.32 33.57 | 200m: | 2:11.59 | 34.17 | 300m: | 3:27.36 | 38.28 | 400m: | 4:30.20 30.97 |

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Pozna , 15- - 18-12-2011

Konkurencja 17, M czyzn, 400m zmienny, Eliminacje, Open

| Pozycja | | | Rok ur. | | | | Czas | | | | Pkt. | |
|---------|----------------------|---------------|---------|---------|-------|-------|-----------------------------------|-------|-------|---------|----------------|-----|
| 18. | TWAROWSKI, Jerzy SK | | 95 | | | | MKS Jordan Kraków | | | | 4:31.12 | 655 |
| | 50m: | 27.33 27.33 | 150m: | 1:35.32 | 35.79 | 250m: | 2:49.10 | 39.24 | 350m: | 4:00.12 | 31.69 | |
| | 100m: | 59.53 32.20 | 200m: | 2:09.86 | 34.54 | 300m: | 3:28.43 | 39.33 | 400m: | 4:31.12 | 31.00 | |
| 19. | KUT, Bartosz SK | | 93 | | | | Boby D bica | | | | 4:32.45 | 645 |
| | 50m: | 28.13 28.13 | 150m: | 1:36.91 | 35.94 | 250m: | 2:49.74 | 37.00 | 350m: | 4:00.35 | 32.34 | |
| | 100m: | 1:00.97 32.84 | 200m: | 2:12.74 | 35.83 | 300m: | 3:28.01 | 38.27 | 400m: | 4:32.45 | 32.10 | |
| 20. | PIETRZAK, Dawid | | 97 | | | | MUKS Pi tnastrka Bydgoszcz | | | | 4:35.10 | 627 |
| | 50m: | 28.62 28.62 | 150m: | 1:37.07 | 35.89 | 250m: | 2:52.28 | 40.21 | 350m: | 4:04.38 | 31.67 | |
| | 100m: | 1:01.18 32.56 | 200m: | 2:12.07 | 35.00 | 300m: | 3:32.71 | 40.43 | 400m: | 4:35.10 | 30.72 | |
| 21. | BARAN, Rafał SK | | 93 | | | | MKS Jordan Kraków | | | | 4:36.22 | 619 |
| | 50m: | 27.99 27.99 | 150m: | 1:36.19 | 36.21 | 250m: | 2:51.66 | 39.51 | 350m: | 4:04.18 | 32.07 | |
| | 100m: | 59.98 31.99 | 200m: | 2:12.15 | 35.96 | 300m: | 3:32.11 | 40.45 | 400m: | 4:36.22 | 32.04 | |
| 22. | OSSES, Arkadiusz | | 95 | | | | K.S.Warta | | | | 4:37.27 | 612 |
| | 50m: | 28.79 28.79 | 150m: | 1:36.91 | 35.07 | 250m: | 2:50.69 | 39.14 | 350m: | 4:04.83 | 33.19 | |
| | 100m: | 1:01.84 33.05 | 200m: | 2:11.55 | 34.64 | 300m: | 3:31.64 | 40.95 | 400m: | 4:37.27 | 32.44 | |
| 23. | HULBÓJ, Marcin | | 96 | | | | MKP Szczecin | | | | 4:37.64 | 610 |
| | 50m: | 30.14 30.14 | 150m: | 1:41.27 | 36.84 | 250m: | 2:53.78 | 36.20 | 350m: | 4:05.70 | 34.73 | |
| | 100m: | 1:04.43 34.29 | 200m: | 2:17.58 | 36.31 | 300m: | 3:30.97 | 37.19 | 400m: | 4:37.64 | 31.94 | |
| 24. | KŁOS, Grzegorz SO | | 95 | | | | AZS AWF Katowice | | | | 4:38.08 | 607 |
| | 50m: | 28.91 28.91 | 150m: | 1:37.68 | 36.19 | 250m: | 2:50.94 | 37.77 | 350m: | 4:04.18 | 34.04 | |
| | 100m: | 1:01.49 32.58 | 200m: | 2:13.17 | 35.49 | 300m: | 3:30.14 | 39.20 | 400m: | 4:38.08 | 33.90 | |
| 25. | SKRZYPCZAK, Jakub | | 93 | | | | Ikar Mielec | | | | 4:39.24 | 599 |
| | 50m: | 28.50 28.50 | 150m: | 1:38.13 | 35.43 | 250m: | 2:54.81 | 42.29 | 350m: | 4:08.72 | 32.65 | |
| | 100m: | 1:02.70 34.20 | 200m: | 2:12.52 | 34.39 | 300m: | 3:36.07 | 41.26 | 400m: | 4:39.24 | 30.52 | |
| 26. | SUDENIS, Maciej SR | | 93 | | | | MKS-SMS Victoria Racibórz | | | | 4:41.99 | 582 |
| | 50m: | 28.95 28.95 | 150m: | 1:38.42 | 35.51 | 250m: | 2:54.68 | 40.43 | 350m: | 4:09.98 | 33.66 | |
| | 100m: | 1:02.91 33.96 | 200m: | 2:14.25 | 35.83 | 300m: | 3:36.32 | 41.64 | 400m: | 4:41.99 | 32.01 | |
| 27. | GALON, Michał SZG | | 95 | | | | Astromal Akwawit Leszno | | | | 4:42.28 | 580 |
| | 50m: | 28.27 28.27 | 150m: | 1:38.44 | 36.84 | 250m: | 2:52.83 | 38.96 | 350m: | 4:08.33 | 35.56 | |
| | 100m: | 1:01.60 33.33 | 200m: | 2:13.87 | 35.43 | 300m: | 3:32.77 | 39.94 | 400m: | 4:42.28 | 33.95 | |
| 28. | KAMI SKI, Szymon | | 92 | | | | MKS Juvenia Wrocław | | | | 4:48.04 | 546 |
| | 50m: | 29.91 29.91 | 150m: | 1:40.31 | 35.93 | 250m: | 2:57.29 | 42.09 | 350m: | 4:14.34 | 34.61 | |
| | 100m: | 1:04.38 34.47 | 200m: | 2:15.20 | 34.89 | 300m: | 3:39.73 | 42.44 | 400m: | 4:48.04 | 33.70 | |
| 29. | RADUCKI, Arkadiusz | | 97 | | | | K.S. Warta Pozna | | | | 4:49.04 | 540 |
| | 50m: | 30.39 30.39 | 150m: | 1:44.03 | 37.37 | 250m: | 3:01.94 | 41.56 | 350m: | 4:16.58 | 33.10 | |
| | 100m: | 1:06.66 36.27 | 200m: | 2:20.38 | 36.35 | 300m: | 3:43.48 | 41.54 | 400m: | 4:49.04 | 32.46 | |
| 30. | CHUPKA, Radosław | | 96 | | | | UKS "GIM 92 Ursynów" Warszawa | | | | 4:50.39 | 533 |
| | 50m: | 29.25 29.25 | 150m: | 1:39.01 | 35.28 | 250m: | 2:58.33 | 43.87 | 350m: | 4:17.32 | 35.57 | |
| | 100m: | 1:03.73 34.48 | 200m: | 2:14.46 | 35.45 | 300m: | 3:41.75 | 43.42 | 400m: | 4:50.39 | 33.07 | |
| 31. | MO CICKI, JAN | | 96 | | | | Tp Olimpijczyk Aleksandrów Łódzki | | | | 4:53.20 | 518 |
| | 50m: | 29.94 29.94 | 150m: | 1:41.75 | 36.65 | 250m: | 3:00.59 | 43.07 | 350m: | 4:20.38 | 35.77 | |
| | 100m: | 1:05.10 35.16 | 200m: | 2:17.52 | 35.77 | 300m: | 3:44.61 | 44.02 | 400m: | 4:53.20 | 32.82 | |
| 32. | KAMINIARZ, Jakub | | 96 | | | | Astromal Akwawit Leszno | | | | 4:53.81 | 514 |
| | 50m: | 31.97 31.97 | 150m: | 1:48.18 | 39.14 | 250m: | 3:06.18 | 40.13 | 350m: | 4:21.15 | 35.09 | |
| | 100m: | 1:09.04 37.07 | 200m: | 2:26.05 | 37.87 | 300m: | 3:46.06 | 39.88 | 400m: | 4:53.81 | 32.66 | |
| 33. | MARCINIAK, Konrad | | 95 | | | | Posnania Pozna | | | | 4:56.43 | 501 |
| | 50m: | 31.28 31.28 | 150m: | 1:46.88 | 39.31 | 250m: | 3:06.43 | 40.73 | 350m: | 4:22.78 | 35.01 | |
| | 100m: | 1:07.57 36.29 | 200m: | 2:25.70 | 38.82 | 300m: | 3:47.77 | 41.34 | 400m: | 4:56.43 | 33.65 | |
| 34. | STOLARSKI, MARCIN | | 96 | | | | Uks,, oliborz" Warszawa | | | | 4:59.15 | 487 |
| | 50m: | 31.33 31.33 | 150m: | 1:49.00 | 40.16 | 250m: | 3:09.04 | 41.21 | 350m: | 4:25.52 | 35.17 | |
| | 100m: | 1:08.84 37.51 | 200m: | 2:27.83 | 38.83 | 300m: | 3:50.35 | 41.31 | 400m: | 4:59.15 | 33.63 | |
| 35. | KO CIELNIAK, Bartosz | | 93 | | | | Klub Sportowy "Rekin" wiebodzice | | | | 5:04.77 | 461 |
| | 50m: | 30.28 30.28 | 150m: | 1:46.07 | 40.58 | 250m: | 3:08.66 | 44.54 | 350m: | 4:29.92 | 36.30 | |
| | 100m: | 1:05.49 35.21 | 200m: | 2:24.12 | 38.05 | 300m: | 3:53.62 | 44.96 | 400m: | 5:04.77 | 34.85 | |

Zimowe Mistrzostwa Polski Seniorów i Młodzieńców 19-20 lat w Pływaniu
Poznań, 15-18-12-2011

Konkurencja 17, Mężczyźni, 400m zmienny, Eliminacje, Open

| Pozycja | Rok ur. | | | | | | | | Czas | Pkt. | | |
|---------|------------------------|---------|-------|-------|----------------------|-------|-------|---------|----------------|-------|---------|-------|
| 36. | JARASZKIEWICZ, Bartosz | | | 96 | Poznań Poznań | | | | 5:05.15 | 459 | | |
| | 50m: | 32.00 | 32.00 | 150m: | 1:47.37 | 37.38 | 250m: | 3:09.35 | 44.93 | 350m: | 4:30.69 | 35.66 |
| | 100m: | 1:09.99 | 37.99 | 200m: | 2:24.42 | 37.05 | 300m: | 3:55.03 | 45.68 | 400m: | 5:05.15 | 34.46 |
| 37. | NIECZYPOROWSKI, Łukasz | | | 97 | K.S. Warta Poznań | | | | 5:21.48 | 393 | | |
| | 50m: | 31.99 | 31.99 | 150m: | 1:50.99 | 41.41 | 250m: | 3:15.18 | 43.67 | 350m: | 4:40.84 | 40.88 |
| | 100m: | 1:09.58 | 37.59 | 200m: | 2:31.51 | 40.52 | 300m: | 3:59.96 | 44.78 | 400m: | 5:21.48 | 40.64 |
| DYSKW. | G SIOR, Patryk | | | 94 | MKS Polonia Warszawa | | | | | | | |
| | <i>K-11</i> | | | | | | | | | | | |
| | 50m: | 28.43 | 28.43 | 150m: | 1:36.32 | 34.88 | 250m: | 2:50.63 | 39.42 | 350m: | 4:03.81 | 32.74 |
| | 100m: | 1:01.44 | 33.01 | 200m: | 2:11.21 | 34.89 | 300m: | 3:31.07 | 40.44 | 400m: | | |